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The effect of seed source, light during germination, and cold-moist stratification on seed germination in three species of *Echinacea* for organic production

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Abstract

Organic production of one of the most popular botanical supplements, *Echinacea*, continues to expand in the U.S. *Echinacea* seeds typically show a high degree of dormancy that can be broken by ethephon or gibberelic acid (GA), but these methods are currently disallowed in organic production. In order to determine the efficacy of non-chemical seed treatments, we evaluated the effect of varying seed source and supplying light, with and without cold-moist stratification, on seed germination of the three most important medicinal species of *Echinacea*, *E. angustifolia* DC, *E. purpurea* (L) Moench, and *E. pallida* (Nutt.) Nutt. Treatments included cold-moist stratification under 24 h light, 24 h dark, and 16/8 h light/dark to break seed dormancy. We found that germination was greater in the *E. purpurea* and *E. pallida* seeds from a commercial organic seed source compared to a public germplasm source. When seeds were not cold-moist stratified, 16–24 h light increased germination in *E. angustifolia* only. *Echinacea angustifolia*, *E. purpurea*, and *E. pallida* seeds that were cold-moist stratified under 16–24 h of light for 4 wk had a significantly greater percentage and rate of germination compared to seeds germinated in the dark. Therefore, cold-moist stratification under light conditions is recommended as a method to break seed dormancy and increase germination rates in organic production of *Echinacea*.

Market sales of *Echinacea*-derived supplements reached more than \$39 million in the U.S. in 1998 (Coltrain, 2001). Traditionally, *Echinacea* has been used to treat the common cold, coughs, bronchitis, upper respiratory infections, and some inflammatory conditions (Percival, 2000). *Echinacea* roots and leaves have also been reported to stimulate the immune system and assist in wound healing (Schulthess et al., 1991). The increase in consumption of botanical supplements has paralleled the growing importance of organic herb production in the U.S., which has increased from 2448 ha in 1997 to 5910 ha in 2001 (USDA-ERS, 2005). Organic production of medicinal herbs is governed by a set of rules (USDA-AMS, 2005) that prescribes avoidance of synthetic chemicals, commonly used to increase seed germination. Non-chemical, alternative seed treatments have been cited as a research need by organic producers (Walz, 2003).

Commercial production of *Echinacea* is traditionally seed-based, with seed source and seed quality reported to affect germination of *E. purpurea* (Hassel et al., 2004; Li, 1998; Wartidiningsih and Geneve, 1994) and *E. angustifolia* (Hassel et al., 2004), but not *E. pallida* (Hassel et al., 2004). There has been extensive experimentation on chemical, environmental and mechanical methods, such as scarification and seed priming, to break

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Echinacea and other species' seed dormancy (Feghahati and Reese, 1994; Pill and Haynes, 1996; Samfield et al., 1991; Steadman, 2004; Wees, 2004; Yamauchi et al., 2004) in order to synchronize emergence rates and improve seedling production efficiency. Ethephon pre-treatment in conjunction with cold-moist stratification provided optimum Echinacea seed germination (Sari et al., 1999), while GA (Feghahati and Reese, 1994; Macchia et al., 2001) and BA (6-benzylaminopurine) were found to be effective treatments for *E. angustifolia* (Chuanren et al., 2004). Qu et al. (2004) found that *E. pallida* and *E. angustifolia* seeds treated with ethephon under dark conditions had similar or greater germination percentages than seeds germinated with light.

While pre-chilling treatments alone increased both percentage and rate of germination in *E. angustifolia* (Feghahati and Reese, 1994; Macchia et al., 2001), cold-moist stratification increased Echinacea germination rates compared to seeds under a dry-cold treatment (Steadman, 2004; Wartidiningsih et al., 1994). Humidity during the stratification period appeared to be an important factor in releasing seeds from dormancy, as Echinacea germination was increased to 80% with cold-moist stratification compared to 1% in dry, cold-treated seeds (Shalaby et al., 1997). Yamauchi et al. (2004) found that *Arabidopsis* seeds stratified at 4 °C for 48 h exhibited increased levels of *AtGA3ox*, a cold-inducible BA biosynthesis gene directly involved in GA metabolism. Regarding ideal periods for cold-moist stratification, Chuanren et al. (2004) obtained optimum germination of *E. angustifolia* seeds at 18 days, while Baskin et al. (1992) recommended two to twelve weeks. Four weeks was adequate to break dormancy in *E. purpurea* (Bratcher et al., 1993); thus, the general recommendation for breaking seed dormancy in *Echinacea* spp. is 4–6 weeks of cold-moist stratification (Li, 1998).

The light-mediated phytochrome system was also found to be involved in regulation of GA biosynthesis in some seeds (Yamauchi et al., 2004). The effect of light was associated with the increase of mRNA in GA-3-oxidase, the enzyme that catalyzes the final steps of the biosynthetic pathway of bioactive GA (Yamaguchi and Kamiya, 2001). Light following pre-chilling did not affect germination in Echinacea (Wartidiningsih and Geneve, 1994) but Macchia et al. (2001) found that *E. angustifolia* seed germination was increased with a pre-chilling treatment in darkness when ethephon was not used. When ethephon was used in conjunction with a pre-chilling treatment, however, *E. angustifolia* seed germination was enhanced by providing light (Feghahati and Reese, 1994; Macchia et al., 2001). Baskin et al. (1992) also obtained higher rates of *E. angustifolia* germination when light was used with pre-chilling. No information on the effect of light during cold-moist stratification is available for *E. purpurea* and *E. pallida*.

Because synthetic chemicals are disallowed in organic production (USDA-AMS, 2005), seed germination without synthetic inputs is considered an important issue for organic Echinacea producers. Here we evaluated the effect of seed source, light during germination, and light during cold-moist-stratification on *E. angustifolia*, *E. purpurea*, and *E. pallida* seed germination. Methods developed from this research could provide useful guidelines for organic herb producers and others interested in non-chemical methods for improving seed germination.

Materials and Methods

Three experiments were conducted to examine the effects of non-chemical methods for increasing seed germination in Echinacea. Three species of *Echinacea* (*E. angustifolia* DC, *E. purpurea* (L.) Moench, and *E. pallida* (Nutt.) Nutt. were evaluated in each experiment. Seeds were obtained from two sources: Johnny's Selected Seeds (Albion, Maine), an organic seed company, and the North Central Regional Plant Introduction Station (NCRPIS) in Ames, Iowa. The cultivars and seed lots of the species obtained from Johnny's Seeds were *E. angustifolia* (Lot 17882), *E. pallida* (Lot 16481), and *E. purpurea* (Lot 19096). The Plant Introduction

Station accession numbers and seed lots were *E. angustifolia* var. *angustifolia* PI 631285 (Lot 00ncai01), *E. pallida* PI 631293 (Lot 00ncai01), and *E. purpurea* PI 631307 (Lot 00ncai01). Seeds were placed in 100 × 15-mm Petri dishes containing two pieces of Whatman filter paper. Filter paper was soaked with deionized water before the experiment started as described in previous research (Wartidiningsih and Geneve, 1994). Each Petri dish contained 50 seeds and represented one replicate of each of the treatments. In each experiment, each treatment had three replicates. The three experiments were conducted in 2003 and repeated in 2004.

Experiment 1: Effect of seed source on germination

The objective of this experiment was to determine if greater Echinacea seed germination occurs in seeds from a commercial organic seed source compared to a regional public germplasm source. Because organic seed is required wherever commercially available in certified organic operations (USDA-AMS, 2005), seeds from Johnny's Selected Seeds (Albion, Maine) were compared with seeds from the North Central Regional Plant Introduction Station (Ames, Iowa) in this study. Eighteen Petri dishes containing 50 seeds each were placed in a growth chamber at 25 °C under 16/8 h light/dark conditions with cool-white fluorescent lamps providing a light intensity of 32 $\mu\text{mol} \cdot \text{m}^{-2} \cdot \text{s}^{-1}$. Because maximum seed germination of Echinacea had been shown to occur nine days following the stratification period (Li, 1998; Shalaby et al., 1997), germination was determined by counting the number of germinated seeds on days 3 and 10 after initiation of the experiment. Seeds were considered germinated if at least 2 mm of radicle had emerged.

Experiment 2: Light conditions during germination

A second experiment was conducted to evaluate the effect of light on seed germination of seeds without cold-moist stratification to determine if light alone could enhance germination. Seeds (Johnny's Selected Seeds, Albion, Maine) that had not been stratified were used for these experiments. For this experiment, Petri dishes containing 50 seeds each of the three Echinacea species were placed in a growth chamber at 25 °C, with cool-white fluorescent lamps providing a light intensity of 32 $\mu\text{mol} \cdot \text{m}^{-2} \cdot \text{s}^{-1}$, under the following treatments: 24 h of light, 24 h of darkness, and 16/8 h light/dark. A total of 1,350 seeds in 27 Petri dishes were evaluated in this experiment. Seeds were considered germinated if at least 2 mm of radicle was present.

Experiment 3: Light during cold-moist stratification

In order to evaluate the effect of light during cold-moist stratification, 27 Petri dishes containing 50 seeds each were kept at 4 °C in a growth chamber for 4 wk under the following treatments: 24 h of light, 24 h of dark, and 16/8 h light/dark. Cool-white fluorescent lamps provided a light intensity of 32 $\mu\text{mol} \cdot \text{m}^{-2} \cdot \text{s}^{-1}$ in the light periods during cold-moist stratification. Humidity was checked daily and water was added with a squeezable bottle as needed. After 4 wk of cold-moist stratification, Petri dishes were transferred to a growth chamber to observe seed germination. During the seed germination period, the temperature was 25 °C and light intensity was the same as during the cold-moist stratification period. Light was supplied for 16 h during this phase of the experiment based on the results of Experiment 2. A control treatment was included to compare germination in conditions without stratification. Seeds in the control treatment included the three Echinacea species that were not stratified. The control treatment was placed in the growth chamber under temperatures of 25 °C and 16 h of light. Germination was determined by counting the number of seeds with 2 mm or more of radicle growth.

Experiment design and data analysis

The first set of experiments (Experiments 1–3) was conducted from 10 February–22 March 2003, and the second set of experiments from 25 May–4 July 2004. A completely randomized design with three replicates of each treatment was used for each of the three experiments. Seed

germination was evaluated with the general linear model procedure of the Statistical Analysis System®, and Fisher's test was used for mean treatment separation (SAS Institute, 2001).

Results and Discussion

Experiment 1: The effect of seed source on seed germination

Because of similar results in the 2003 and 2004 experiments ($P = 0.5474$), data were combined into a single analysis for this discussion. Seed source greatly affected the percentage of *E. purpurea* and *E. pallida* seed that germinated (Table 1). Germination was not observed on day 3 (data not presented), but by day 10, *E. purpurea* and *E. pallida* seeds from the commercial organic source exhibited higher percentages of germination compared to seeds from the regional public germplasm source (Table 1). *Echinacea angustifolia* germination, however, was equivalent between seed sources (Table 1). Germination, ranging from 66–71%, was statistically equivalent among the three species from the commercial organic seed source (Table 1), while *E. angustifolia* germination was greater than *E. purpurea* and *E. pallida* in public germplasm seeds (Table 1). *Echinacea purpurea* germination had been reported to be greater than *E. angustifolia* in previous studies (Shalaby et al., 1997), but in this study, *E. purpurea* and *E. angustifolia* germination rates were equivalent, with germination rates in *E. angustifolia* from both seed sources averaging 67%.

As previously shown, seed source affected germination rates in *E. purpurea* (Wartidiningsih and Geneve, 1994) but contrary to the results of Hassel et al. (2004), seed source also affected germination of *E. pallida* in our study. Because NCRPIS' objectives include producing sufficient quantities of seeds to conserve specific plant populations and to make seeds freely available to the research community (Widrechner and McKeown, 2002), *Echinacea* plant and subsequent seed selection consisted of an unbiased, random collection of all individuals representing a single population of native plant material. The seeds from the NCRPIS were provided specifically for this research with the populations selected based on viability and other information in the germplasm database. The commercial source selects seeds on an annual basis and maintains specific germination criteria for commercial production purposes. With native *Echinacea* populations, the age of the mother plant (Hassel et al., 2004), environmental conditions during the growing season, seed dormancy, and seed lot storage time (Wartidiningsih and Geneve, 1994) also affect subsequent seed germination. Thus, the percentage of dormant seeds in NCRPIS seed lots may have been greater than in the commercial organic source. However, many growers prefer local ecotype seeds from regional germplasm collections and this study confirms that germination from public seed sources may be considerably more variable than from a commercial organic seed source.

Experiment 2: The effect of light during germination of non-stratified seeds

In determining the effect of light conditions on germination of non-stratified *Echinacea* seeds, we found a differential response among the three *Echinacea* species ($P = 0.001$) by day 10 (germination did not commence until after day 3, as previously observed). Germination of *E. angustifolia* increased by 10% under 16 or 24 h of light compared to dark conditions, while *E. purpurea* germination was 7% greater under dark conditions (Fig. 1). *Echinacea pallida* germination was equivalent under light and dark conditions (Fig. 1).

This study suggested that *Echinacea* species show different levels of seed dormancy. These results are in concurrence with Yamauchi et al. (2004), where non-stratified seeds exposed for short periods of time to red light increased transcription levels of genes related to GA metabolism and seed germination. Thus, if cold-moist stratification is not feasible, light should be provided to *E. angustifolia* to improve germination rates.

Experiment 3: The effect of light during cold-moist stratification

Germination rate and percentage of seeds germinated were improved by supplying light during cold-moist stratification of *E. angustifolia*, *E. purpurea*, and *E. pallida*. Enhancement of percentage and rate of seed germination in the three species of *Echinacea* was observed on day 3 (Fig. 2A) after the 4-wk stratification period ($P = 0.0012$) and on day 10 ($P = 0.0029$) (Fig. 2B). Overall germination rate was highest (82%) on the third day after the 4-wk cold-moist stratification period in seeds that were exposed to 24 h of light during the stratification period. The germination rate of seeds in the control treatment (ambient conditions) was only 21% on day 3 (Fig. 2A). Although the percentage of control seeds that germinated increased by day 10 to 72%, the greatest uniformity of seed germination occurred in the treatments receiving light for 16 or 24 h. By day 10, control seed germination was comparable to cold-moist stratified seeds under dark conditions (72%), but 10% less than the germination obtained in cold-moist stratified seeds under 16 or 24 h of light (Fig. 2B). This result is important for organic producers because, with the low cost of placing seeds in a refrigerated storage unit and providing water and light, greater uniformity in seedling emergence and subsequent synchronized transplanting, flowering, and harvest can be achieved.

There were no differences in germination rates between *E. pallida* and *E. purpurea* seeds exposed to light during cold-moist stratification (Fig.3). Light conditions, on average, increased germination rates among all *Echinacea* species by 10% (Fig.3). The greatest germination percentage (88%) was obtained in *E. pallida* seeds under 24 h of light or 16/8 h light/dark conditions during cold-moist stratification. Seeds of *E. angustifolia* that were under 24 h of darkness during this period showed the lowest percentage of germination (64%), which was $\approx 10\%$ less than seeds that had been exposed to light for 24 h during cold-moist stratification (Fig. 3).

As demonstrated by others, cold-moist stratification was shown in this experiment to be an effective method to break seed dormancy in *E. purpurea* (Bratcher et al., 1993; Wartidiningsih et al., 1994) and in *E. angustifolia* (Baskin et al., 1992; Macchia et al., 2001). Our results, unlike those reported by Macchia et al. (2001), demonstrated a positive effect from light during the cold-moist-stratification period. Germination percentages greater than 70% for all species of *Echinacea* were obtained after 4 wk of cold-moist stratification under 16–24 h of light. This rate is comparable to that obtained by Baskin et al. (1992) for *E. angustifolia* after 8 wk of cold-stratification. Based on our results, the time required to break seed dormancy may be reduced by up to 4 wk by supplying light during the cold-moist stratification period. As suggested by Yamauchi et al. (2004), light and cold temperature may have a synergetic effect on seed germination, with temperature being the most important factor to activate genes associated with GA metabolism. Based on Hilhorts (1998) hypothesis, when light is supplied during the stratification period, the germination process is accelerated, as seen in our experiments.

Cold-moist stratification not only increased the percentage of germinating seeds in this experiment, but also germination rate, as previously reported by Wartidiningsih et al. (1994). Seeds treated with low temperature and light began to germinate 48 h after the treatments, compared to untreated seeds which germinated on day 6. Germination was increased to levels comparable to those obtained when ethephon and cold treatments were applied at the same time (Feghahati and Reese, 1994) and resulted in a high percentage of seeds that germinated at the same time, which favors uniformity in plant size and time to transplanting. The germination percentages and rates were also similar to those obtained when seeds were primed (Samfield et al., 1991; Pill et al., 1994). In addition, seed source had a significant effect on *E. pallida* and *E. purpurea* seed germination.

In conclusion, based on these experiments, cold-moist stratification at 4 °C for 4 wk under 16–24 hr of light served as an effective, alternative method for breaking *Echinacea* seed dormancy that does not require extensive expertise or special equipment (Wartidiningsih et al., 1994). While germination of *Echinacea* has generally been reported in a lower range, we observed that seeds of the three most medicinally important *Echinacea* species from the commercial organic seed source had germination rates in the range of 66–82% in this study. Therefore, cold-moist stratification of commercial organic seeds under light conditions is recommended for optimal organic *Echinacea* production.

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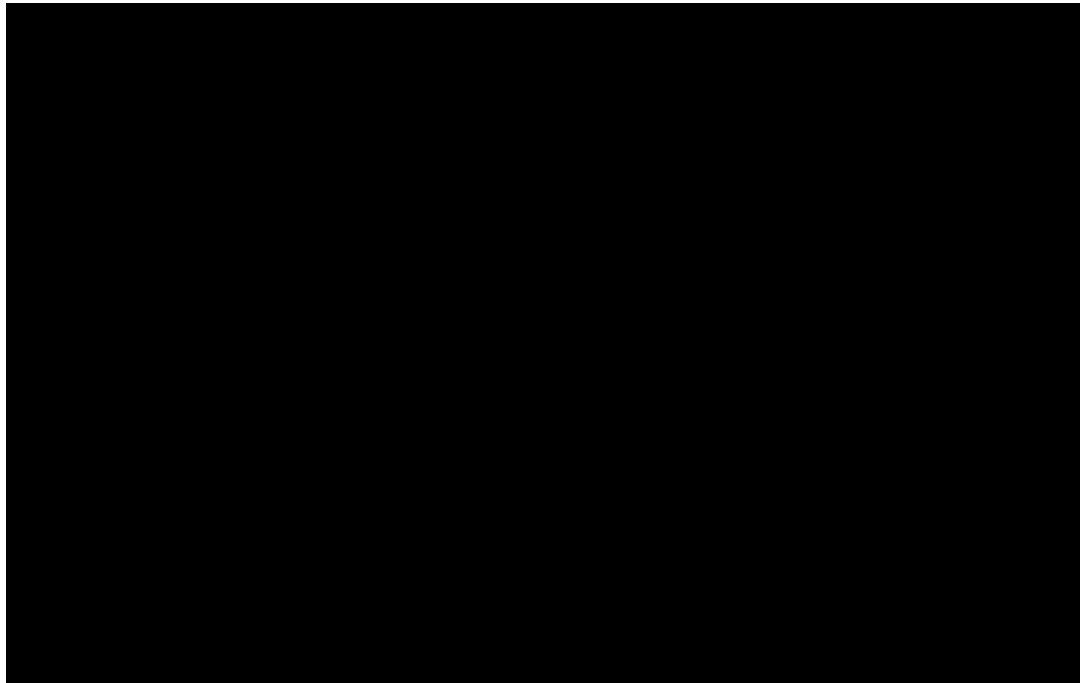





Figure 1. Effect of light during germination of non-stratified *E. angustifolia*, *E. pallida*, and *E. purpurea* seeds. Germinated seeds were counted 10 days after initiation of the experiment.

Treatments in were  24 h of dark,  24 h of light, and  16/8 h of light/dark at a constant temperature of 25 °C. Bars represent the standard error of the mean. Bars within each group with different letters are significantly different at $P = 0.05$ according to Fisher's test.

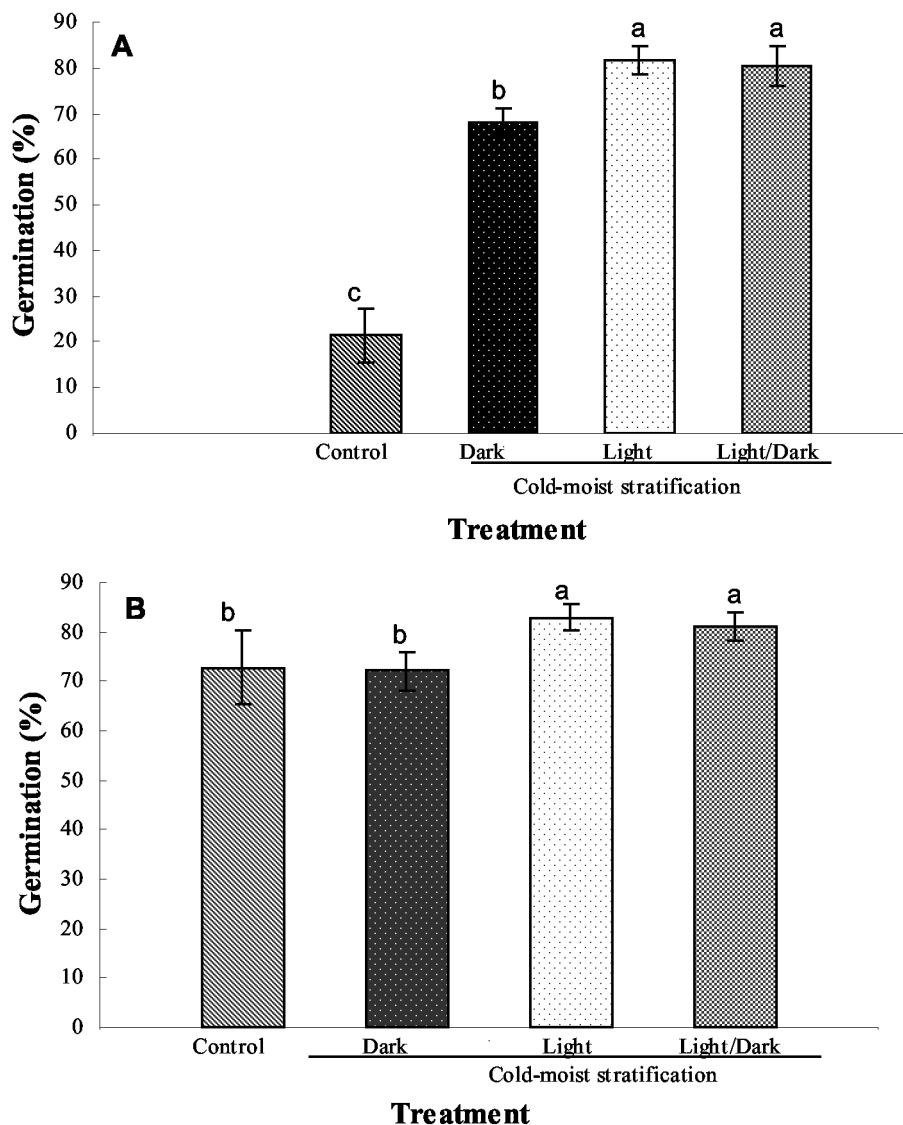






Figure 2. Effect of light during cold-moist stratification on Echinacea (combined *E. angustifolia*, *E. pallida*, and *E. purpurea*) seed germination. The cold-moist stratification treatment consisted

of 4 wk at 4 °C under either  24 h of light,  24 h of dark, or  16/8 h of light/dark. Control treatment  was not cold-moist stratified. Seed germination was conducted under 16/8 h of light/dark at 25 °C and determined (A) at 3 d and (B) 10 days after removal from the stratification treatment. Control represents seeds germinated under 16/8 h of light/dark at 25 °C but with no stratification. Bars represent the standard error of the mean. Bars with different letters are significantly different at $P = 0.05$ according to Fisher's test.

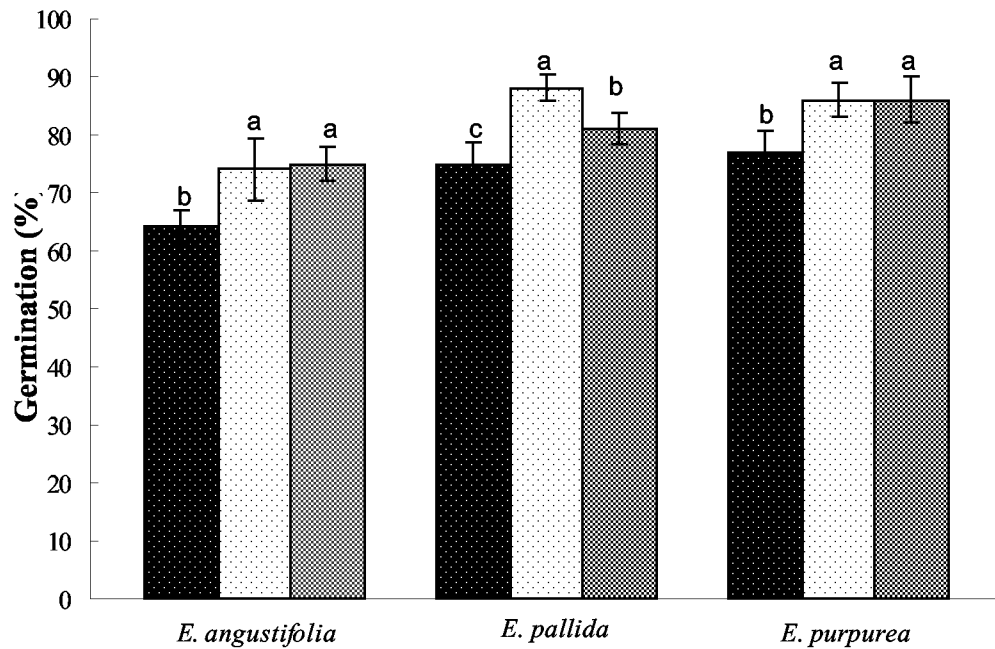





Figure 3. Effect of light during cold-moist stratification on seed germination of *E. angustifolia*, *E. pallida*, and *E. purpurea*. Germination was counted 10 d after removal from the stratification treatment. Treatments during cold-moist stratification were  24 h of dark,  24 h of light, and  16/8 h of light/dark. After the stratification period, seeds were placed to germinate under 16/8 h of light/dark at 25 °C. Bars represent the standard error of the mean. Bars within each group with different letters are significantly different at $P = 0.05$ according to Fisher's test.

Table 1

Seed germination comparison between two seed sources of three *Echinacea* species under 16 h of light when seeds were not cold-moist stratified.

| Seed source | <i>Echinacea</i> spp. | | | Significance: <i>P</i> value ^y |
|---|--|-------------------|--------------------|---|
| | <i>E. angustifolia</i> | <i>E. pallida</i> | <i>E. purpurea</i> | |
| | _____ Germination (%) _____ ^z | | | |
| Commercial organic | 68.2 a ^x | 70.7 a | 66.0 a | <i>NS</i> |
| Public germplasm | 66.2 a | 35.1 b | 20.9 b | < 0.0001 |
| Significance: <i>P</i> value ^w | <i>NS</i> | < 0.0001 | < 0.001 | |

^zGermination was determined by counting the number of germinated seeds on day 10. Seeds were considered germinated if at least 2 mm of radicle were present.

^y*P* values in the last column represent comparisons among the different species within the same seed source.

^xMeans within each column not followed by the same letter are significantly different at *P* = 0.05 according to Fisher's test.

NS Nonsignificant at *P* > 0.05; *P* value stated otherwise.

^w*P* values in the last row represent comparisons between seed sources.