

## A COMPARISON OF THE BIOLOGICAL ACTIVITIES OF FOUR PROSTAGLANDINS

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The biological activities of prostaglandins  $E_1$ ,  $E_2$ ,  $E_3$  and  $F_{1\alpha}$  have been compared. Prostaglandins  $E_1$ ,  $E_2$  and  $E_3$  were qualitatively similar;  $E_1$  and  $E_2$  were about equiactive, but  $E_3$  was less active on all preparations. Prostaglandin  $F_{1\alpha}$  was a less potent vasodilator than  $E_1$  on the cat gastrocnemius muscle blood flow and skin blood flow and a less potent depressor drug on rabbit blood pressure. On the rabbit isolated jejunum  $F_{1\alpha}$  was twice as active as  $E_1$  but on the guinea-pig isolated ileum  $E_1$  was about forty times more active than  $F_{1\alpha}$ . One qualitative difference between these prostaglandins was observed; on the rabbit fallopian tube *in vivo* prostaglandins of the E series decreased both the tone and the peristalsis of the tube whereas prostaglandin  $F_{1\alpha}$  increased tubal tone.

Goldblatt (1933, 1935) and Euler (1934, 1935a) independently described the presence of a substance which contracted smooth muscle and lowered blood pressure and occurred in semen and extracts of prostate glands. The active principle was given the name "prostaglandin" (Euler, 1935b).

More recently Bergström and his colleagues have isolated several different prostaglandins from sheep prostate gland (Bergström & Sjövall, 1960a, b; Bergström, Dressler, Ryhage, Samuelsson & Sjövall, 1962), sheep semen (Bergström, Krabisch & Sjövall, 1960), sheep and pig lung (Bergström, Dressler, Krabisch, Ryhage & Sjövall, 1962) and human semen (Bergström & Samuelsson, 1962).

Six naturally-occurring prostaglandins have been described. Their structures have been elucidated by Bergström and his co-workers (Bergström & Samuelsson, 1962; Bergström *et al.*, 1962a, b). The three prostaglandin E's differ only in the number of double bonds. Reduction of the keto-group in a prostaglandin E can give two isomeric alcohols (Bergström *et al.*, 1962b), those from prostaglandin  $E_1$ , for example, being referred to as  $F_{1\alpha}$  and  $F_{1\beta}$  (Bergström, Ryhage, Samuelsson & Sjövall, 1963).

In the present investigation the actions of four prostaglandins ( $E_1$ ,  $E_2$ ,  $E_3$  and  $F_{1\alpha}$ ) (Fig. 1) have been compared on various biological preparations. Some of these comparisons have been made previously (Bergström, Eliasson, Euler & Sjövall, 1959; Euler & Bergström, unpublished).

### METHODS

*Isolated smooth muscle preparations.* Segments of various organs were suspended in a 4 ml. organ-bath. Longitudinal contractions were recorded isotonically with a frontal-writing lever on



cannulated with fine polyethylene tubing connected to a three-way tap for retrograde intra-arterial injections. Blood flow was maintained by stimulation of the sciatic nerve (3 to 4 V, 0.2 msec duration, 6 shocks/min). Heparin (1,000 U/kg) was injected intravenously and further doses of 500 U/kg were given every 2 hr. Venous outflow was recorded by passing blood from the femoral vein through a Palmer drop-chamber connected to a Gaddum drop-recorder or Thorp impulse-counter, or through a Grass drop-chamber connected to a Grass polygraph, the blood being returned into the jugular vein.

*Cat hind-limb skin blood flow.* The preparation was identical to that used for recording gastrocnemius muscle blood flow, except that the femoral artery and vein were ligated immediately distal to the saphenous vessels, which were left intact.

*Fallopian tubal tone and peristalsis.* Rabbits, weighing 1.5 to 3 kg, were anaesthetized with intraperitoneal urethane (175 mg/kg). The trachea was cannulated. A jugular vein was cannulated for intravenous injections. Blood pressure was recorded from a carotid artery with a Statham transducer. The abdomen was opened with a mid-line incision, the alimentary viscera were displaced to one side and a fallopian tube was identified. A polyethylene cannula was inserted into the uterine end of the tube through an incision in the uterine horn and tied in position, taking care not to occlude tubal blood supply. The cannula was attached to a Statham transducer P23AC, the side-limb of which was connected via polyethylene tubing to a 20 ml. syringe placed in a Palmer slow-injection apparatus.

The perfusion system from syringe to cannula contained Tyrode solution. An inflow rate of 27  $\mu$ l./min was usually adequate to stimulate peristalsis, which was recorded with a suitable pen-writer.

## RESULTS

Prostaglandins  $E_2$ ,  $E_3$  and  $F_{1\alpha}$  were assayed by bracketing against prostaglandin  $E_1$  on eight different biological preparations. The activities expressed relative to prostaglandin  $E_1$  (=1) are shown in Table 1. The threshold doses of prostaglandin  $E_1$  are shown in Table 2.

*Isolated smooth muscle preparations.* Each of the four prostaglandins contracted smooth muscle. In general, prostaglandin  $E_2$  was slightly more active, and prostaglandin  $E_3$  rather less active, than  $E_1$ . Prostaglandin  $F_{1\alpha}$  was twice as active as  $E_1$  on the rabbit jejunum (Fig. 2) but about forty times less active on the guinea-pig ileum (Fig. 3). The guinea-pig ileum, rabbit jejunum and hamster colon were

TABLE 1  
BIOLOGICAL ACTIVITY OF PROSTAGLANDINS  $E_2$ ,  $E_3$  AND  $F_{1\alpha}$  RELATIVE TO PROSTAGLANDIN  $E_1$

Figures represent mean activity ( $\pm$ standard errors) relative to prostaglandin  $E_1$  (=1). Numbers of assays are shown in parentheses. \* In four of five preparations prostaglandin  $F_{1\alpha}$  increased the tone of the fallopian tubes, in contrast to the prostaglandin  $E$ 's which caused relaxation

Preparation	Biological activity of		
	$E_2$	$E_3$	$F_{1\alpha}$
Guinea-pig ileum	1.56 $\pm$ 0.78 (6)	0.23 $\pm$ 0.19 (3)	0.023 $\pm$ 0.013 (4)
Hamster colon	2.75 $\pm$ 1.50 (4)	0.19 $\pm$ 0.14 (4)	0.26 $\pm$ 0.16 (4)
Rabbit jejunum	1.50 $\pm$ 0.50 (3)	0.99 $\pm$ 0.90 (3)	2.22 $\pm$ 1.72 (2)
Rat uterus	1.09 $\pm$ 0.37 (3)	0.31 $\pm$ 0.03 (2)	0.94 $\pm$ 0.75 (4)
Cat gastrocnemius muscle blood flow	0.76 $\pm$ 0.31 (4)	0.53 $\pm$ 0.46 (3)	0.22 (1)
Cat hind limb skin blood flow	0.91 (1)	0.23 (1)	0.22 (1)
Rabbit blood pressure	1.00 $\pm$ 0.00 (4)	0.34 $\pm$ 0.03 (2)	0.075 $\pm$ 0.04 (2)
Rabbit fallopian tube	0.93 $\pm$ 0.08 (4)	0.43 $\pm$ 0.16 (4)	*

TABLE 2  
THRESHOLD DOSES OF PROSTAGLANDIN E<sub>1</sub>

Figures indicate concentrations (in ng/ml.) for the isolated tissues and doses (in µg/kg) for the *in vivo* experiments

Guinea-pig isolated ileum	Contraction	8
Hamster isolated colon	Contraction	12
Rabbit isolated jejunum	Contraction	12
Rat isolated uterus	Contraction	60
Cat gastrocnemius muscle blood flow	Vasodilatation	0.5
Cat skin blood flow	Vasodilatation	0.1
Rabbit blood pressure	Depression	0.6
Rabbit fallopian tube	Inhibition	0.8

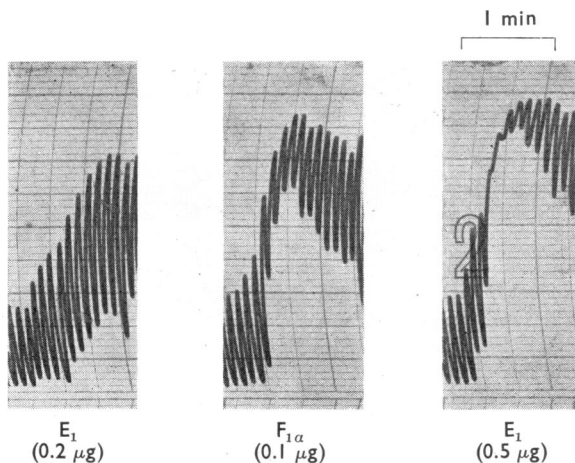


Fig. 2. Contractions of rabbit isolated jejunum, suspended in a 4 ml. organ-bath containing Tyrode solution. Contractions were recorded isometrically with a Grass force-displacement transducer (model FT.03) and recorded on a Grass polygraph. E<sub>1</sub>=prostaglandin E<sub>1</sub>; F<sub>1α</sub>=prostaglandin F<sub>1α</sub>.

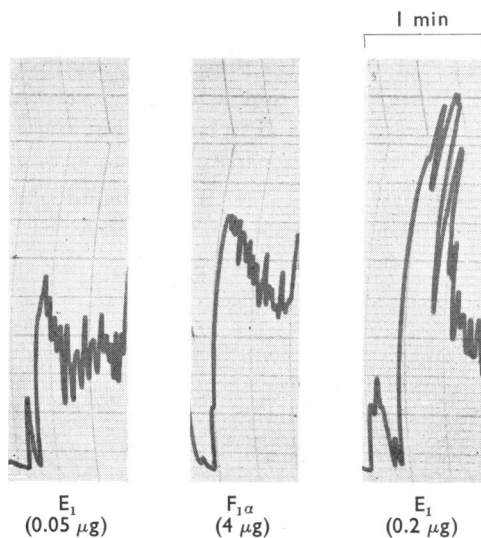


Fig. 3. Contractions of guinea-pig isolated ileum. Records as for Fig. 2.

about equally sensitive to prostaglandin  $E_1$ , responding to a concentration of 8 to 12 ng/ml.

**Blood pressure and blood flow measurements.** Prostaglandins  $E_1$  and  $E_2$  were equiactive in lowering the rabbit blood pressure, and produced a threshold effect in concentrations of 600 ng/kg, but prostaglandin  $E_3$  was less active. Prostaglandin  $F_{1\alpha}$  was fifteen to twenty times less potent than  $E_1$  on the blood pressure. Similarly, on the cat gastrocnemius muscle blood flow and the cat skin blood flow prostaglandins  $E_1$  and  $E_2$  were equiactive, but  $E_3$  and  $F_{1\alpha}$  were less active (Fig. 4).

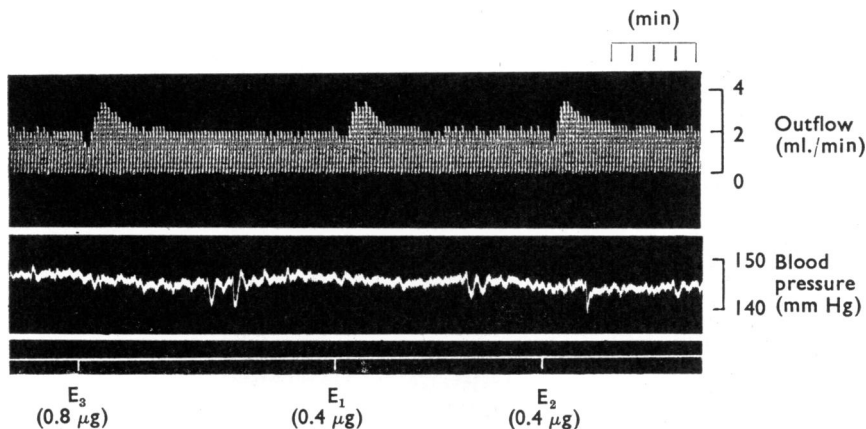


Fig. 4. Cat 3.7 kg, anaesthetized with sodium pentobarbitone (40 mg/kg). Uppermost trace, venous outflow from gastrocnemius muscle recorded with a Thorp impulse counter; middle trace, arterial blood pressure; lowest trace, event marker.  $E_1$ ,  $E_2$  and  $E_3$ =prostaglandins  $E_1$ ,  $E_2$  and  $E_3$  respectively.

**Fallopian tubal tone and peristalsis.** Prostaglandin  $E_1$ , in doses as low as 800 ng/kg, reduced the tone of the rabbit fallopian tube *in vivo* and diminished its peristalsis (Horton, Main & Thompson, 1963). Similar effects were seen with prostaglandins  $E_2$  and  $E_3$ ,  $E_2$  being equiactive with  $E_1$  and  $E_3$  being about half as active. In contrast, prostaglandin  $F_{1\alpha}$  in doses of 5  $\mu$ g/kg increased the tone of the fallopian tubes in four of the five rabbits tested (Fig. 5). In the remaining animal 5  $\mu$ g/kg of  $F_{1\alpha}$  caused a transient reduction in tone and in peristalsis.

#### DISCUSSION

Prostaglandins  $E_1$ ,  $E_2$  and  $E_3$  differ chemically only in their degree of unsaturation, having one, two and three double bonds respectively (Fig. 1). Biologically, they were qualitatively similar and the ratios of activity were very similar on different preparations. In general prostaglandin  $E_2$  was either equiactive to or slightly more active than  $E_1$ , whereas prostaglandin  $E_3$ , which has a double bond in the terminal pentyl group (Bergström *et al.*, 1962b), was less active than  $E_1$  and  $E_2$  on all preparations. On the rabbit jejunum and guinea-pig ileum the ratios are in fairly good agreement

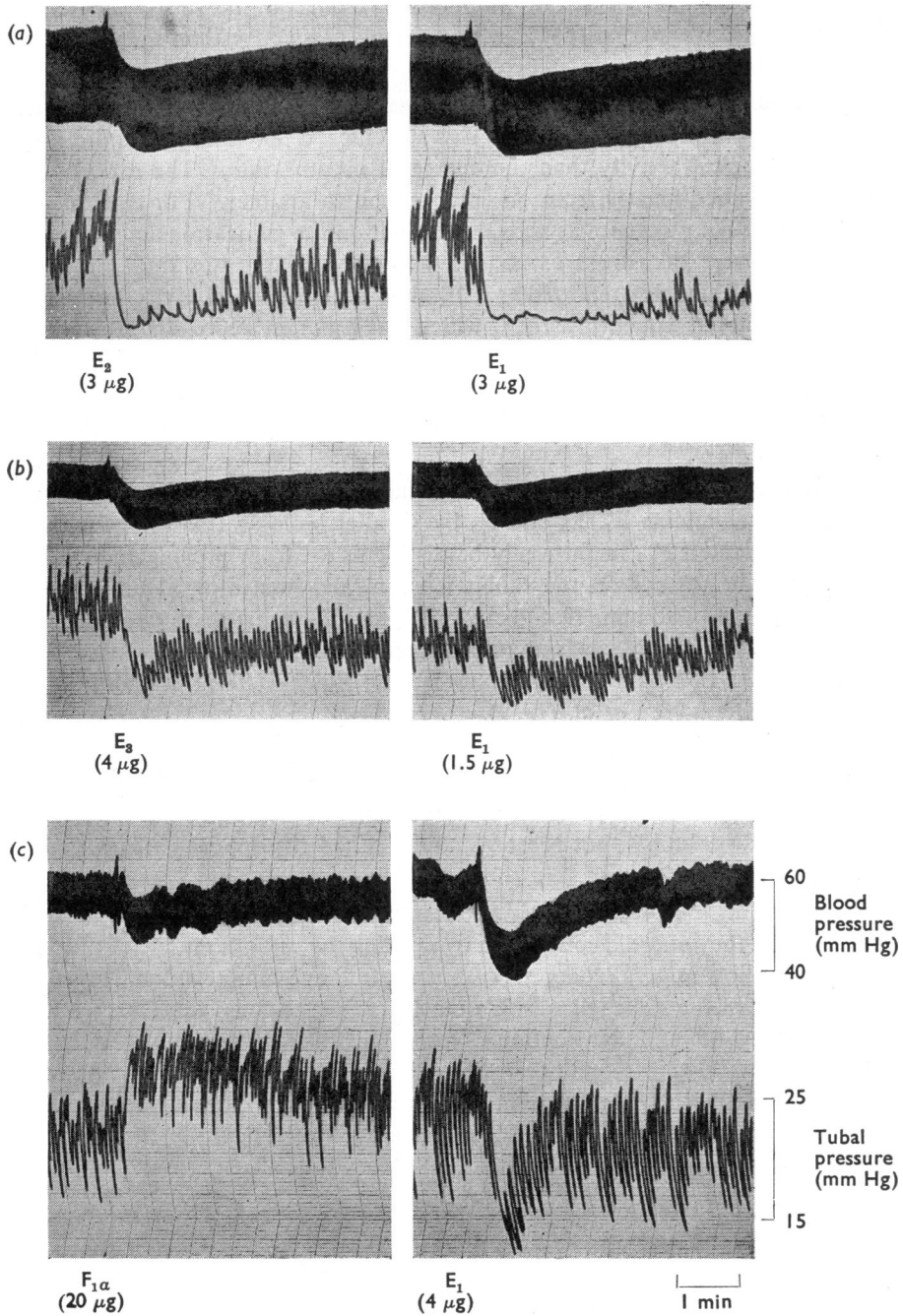


Fig. 5. Records of rabbit blood pressure (upper traces) and intraluminal pressure in a fallopian tube (lower traces). (a), (b) and (c) represent three different experiments.  $E_1$ ,  $E_2$ ,  $E_3$  and  $F_{1\alpha}$  = prostaglandins  $E_1$ ,  $E_2$ ,  $E_3$  and  $F_{1\alpha}$  respectively.

with those of Euler & Bergström (unpublished), but on the rabbit blood pressure Euler & Bergström reported that  $E_2$  was definitely less active than  $E_1$ , whereas in our experiments there was no difference.

Prostaglandin  $F_{1\alpha}$  has a hydroxyl substituent in the cyclopentane ring instead of the keto-group of prostaglandin  $E_1$ . This structural difference has a more profound effect on biological activity than the degree of unsaturation. The ratio of activity of  $F_{1\alpha}$  to  $E_1$  varied greatly from one preparation to another. For example, on the rabbit jejunum  $F_{1\alpha}$  was twice as active as  $E_1$ , but on the guinea-pig ileum it was forty times less active. Bergström *et al.* (1959) found similar ratios for  $E_1$  and  $F_{1\alpha}$  on these tissues. They also reported that  $F_{1\alpha}$  had no depressor activity in doses up to 10  $\mu\text{g}$  in the rabbit, in contrast to  $E_1$  which was a potent depressor substance. We found that each of these prostaglandins lowered rabbit blood pressure although the threshold dose for  $F_{1\alpha}$  (5  $\mu\text{g}/\text{kg}$ ) was approximately ten times that for  $E_1$ . It seems probable that the maximum doses of  $F_{1\alpha}$  used by Bergström *et al.* (1959) were just subthreshold.

It is clear that none of the preparations we have tested are suitable for distinguishing between prostaglandins  $E_1$ ,  $E_2$  and  $E_3$  by parallel biological assay. On the other hand, prostaglandin  $F_{1\alpha}$  might easily be distinguished from prostaglandins of the E series by parallel assays on the rabbit jejunum and guinea-pig ileum. The index of discrimination (Gaddum, 1955) between  $E_1$  and  $F_{1\alpha}$  using these two tissues would be about 100. Similarly, such a combination of tissues might be used to estimate the amounts of  $E_1$  and  $F_{1\alpha}$  in a mixture using Euler's (1948) method, as already suggested by Bergström *et al.* (1959).

Asplund (1947) reported that prostaglandin inhibits tubal peristalsis in the rabbit. This observation has been confirmed using pure prostaglandin  $E_1$  (Horton *et al.*, 1963). In the present investigation prostaglandins  $E_2$  and  $E_3$ , like  $E_1$ , also inhibited tubal tone and peristalsis, but prostaglandin  $F_{1\alpha}$  had the opposite effect, an increase in tubal tone being observed.

Prostaglandins are present in high concentrations in human semen. It has been suggested that they may aid conception by relaxing the smooth muscle of the fallopian tubes, thus allowing easier access of sperm to an ovum (Asplund, 1947). The relaxant effect of the prostaglandin E's on the rabbit fallopian tubes agrees with this hypothesis, but the stimulant action of prostaglandin  $F_{1\alpha}$  does not. It is possible that under physiological conditions prostaglandin  $F_{1\alpha}$  does not reach the tubes, or at least not in sufficiently high concentration to affect their tone, and that the inhibitory effect of prostaglandins  $E_1$  and  $E_2$ , which are more potent, is the predominant physiological response.

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