Urease Assay and Urease-Producing Species of Anaerobes in the Bovine Rumen and Human Feces

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Received for publication 4 November 1976

A growth medium and test were developed for rapid detection of urease in fermentative anaerobic bacteria. Using nonselective rumen fluid roll-tube agar medium and the new test, it was confirmed that Peptostreptococcus productus is often the most numerous urease-forming species in human feces. Also, some fecal strains of Ruminococcus albus, Clostridium innocuum, and Clostridium beijerinckii produced urease. Single strains of Fusobacterium prausnitzii, Coprococcus catus, and Streptococcus mitis that were strongly ureolytic on isolation later lost this ability. Urease activity was also detected in many strains of nonselectively isolated rumen species. They include Succinivibrio dextrinosolvens, Treponema sp., Ruminococcus bromii (not previously known to be present in the rumen), Butyrivibrio sp., Bifidobacterium sp., Bacteroides ruminicola, and P. productus. Most P. productus strains contain urease; however, the uniformity of this feature in the other species noted above is not known. The urease in many of these species was not detected if the growth medium contained 0.2% or more (each) yeast extract and Trypticase.

Production of ammonia via hydrolysis of urea by bacteria in the rumen and large bowel is important in the nitrogen metabolism of animals (29), but as yet there is inadequate documentation concerning the most numerous species of urease-forming bacteria functional in these habitats (see 19, 28, and references therein). Although a very large proportion of the bacteria in the rumen and large bowel are strict anaerobes, few strictly anaerobic ureaseforming species have been documented. The work of Cook (12) suggests that, at least under some conditions in the sheep rumen, a less numerous facultative anaerobe, Streptococcus faecium, may be functional because of the relatively high specific activity of its urease even when grown in environments relatively high in availabile nitrogen. Available nitrogen represses urease formation in many bacteria (21, 22).

In recent studies with a selective isolation technique involving chemically defined anaerobic roll-tube medium containing a small amount of urea as sole nitrogen source, relatively large numbers of the urease-forming anaerobes Selenomonas ruminantium and Peptostreptococcus productus were isolated from the bovine rumen and human feces (19, 28). These species were not previously known to

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include urease-forming strains, probably because the urease was strongly repressed in media containing the high nitrogen levels used in assay procedures with anaerobes (19, 28). Also, many strains of S. ruminantium isolated on nonselective medium do not form urease (19). These studies suggested that urease-forming strains of other anaerobic species may not have been detected either because of their inability to develop large colonies in the chemically defined medium used in primary isolation (19, 28) or because of unsatisfactory assay procedures.

In this paper, we describe a rapid qualitative procedure to detect urease and document its occurrence in many strains of predominant species of strict anaerobes nonselectively isolated from the bovine rumen and human feces.

MATERIALS AND METHODS

The anaerobic techniques for culture, enumeration, and isolation of bacteria were as previously described (2, 11), with exceptions as indicated below. In the rumen fluid-glucose-cellobiose-starch agar roll-tube medium (medium 98-5) used for nonselective enumeration and isolation, the reducing solution was changed from 0.025% each of cysteinehydrochloride- H_2O and $Na_2S \cdot 9H_2O$ added to individual tubes, as used with rumen samples, to 0.05% of cysteine-hydrochloride-H20 added to the medium before tubing when culturing fecal samples (14). Rumen fluid carbohydrate maintenance medium slants were as previously described (11), except that only 1% agar and 0.1% each of glucose, cellobiose, and starch were used.

The composition of the medium for urease detection is shown in Table 1. In its preparation, the pH was adjusted to 6.5 with 2.5 N NaOH after addition of most ingredients. Dithiothreitol was then added, and the medium was brought to volume minus ingredients added after autoclaving. It was then boiled, stoppered, autoclaved, and cooled under anaerobic conditions. Sterile carbonate, filter-sterilized urea, and sulfide solutions were then added, and the medium was aseptically tubed under $CO₂$ in 3.0-ml amounts in rubber-stoppered tubes (13 by ¹⁰⁰ mm) as previously described (2).

Samples of rumen contents for isolation of bacteria were obtained (2 to 5 h after feeding) from two Holstein cows with fistulated rumens, on diets of about 6.8 kg of alfalfa hay and 3.6 kg of grain mixture (15% crude protein). Other rumen samples were collected by stomach tube ² to ⁷ h after feeding cows (dry weight) about 1.9 kg of alfalfa hay, 5.0 to 8.6 kg of corn silage, and 9 to 11 kg of one of three grain mixtures per day. The grain mixture of ration 65 included 95% corn, 1.5% dicalcium phosphate, 2% limestone, 1.2% trace mineralized salt, 0.15% $Na₂SO₄$, vitamin A and D supplement, and no supplementary nitrogen. Grain mixtures for the other two rations were similar, except that of ration 66 included 1.5% urea and that of ration 67 included 10.75% soybean meal (49% crude protein). The total crude protein of the three rations fed was 8.9, 10.8,

TABLE 1. Composition of the culture medium for urease detection

Component	q,
	0.1
Maltose	0.1
Cellobiose	0.1
$Sodium$ lactate	0.1
$Trypticase (BBL) \dots \dots \dots \dots \dots \dots \dots$	0.05
Yeast extract (Difco)	0.05
Mineral solution $3(28)$	5.0
B-vitamin solution (28)	0.5
Hemin solution ^{a}	0.5
Menadione solution ^{δ}	0.1
Volatile fatty acid solution (28)	0.45
Ferrous sulfate solution ^c	0.2
Resazurin solution (0.1%)	0.2
Dithiothreitol solution (1%)	1.0
Sulfide solution (28)	1.0
Urea solution $(1.5 M$ urea-N $)$	3.3
Sodium carbonate solution (8%)	5.0
$CO2$ gas phase	
Distilled water to volume	

^a ⁴ mg of hemin in ⁸⁰ ml of distilled water plus ²⁰ ml of fresh 10% NaOH.

° To an 18- by 150-mm, sterile rubber-stoppered tube, 0.02 g of menadione and 10 ml of absolute ethanol were added, aseptically equilibrated with 100% $CO₂$, and stored in the dark at $4^{\circ}C$.

^e To 100 ml of distilled water, 0.218 g of $FeSO₄·7H₂O$ plus 3 drops of HCl were added. Storage was at room temperature.

and 11.1%. The samples were processed for culture as previously described (11), except that strained fluid samples (ventral rumen) were used and they were not blended. Two fecal samples from each of two 24-year-old humans (one male and one female) on unrestricted diets were collected, processed, and cultured as previously described (14).

Urease-forming strains were detected as follows. Isolated colonies were randomly picked from roll tubes after 3 or 4 days of incubation at 37°C and stabinoculated into the maintenance medium slants (11). When good growth was observed (usually after ¹ day of incubation), a 0.5-ml volume of control medium (the urease detection medium modified by deletion of urea) was anaerobically added and mixed with the growth, and 0.05 ml was then used to inoculate one tube of the control medium and duplicate tubes of the urease detection medium. These were incubated for 72 h along with uninoculated controls. Media inoculated with urease-forming S. ruminantium strain D (19) were included in each test set as a positive control. Bacterial growth was estimated by optical density determinations every ¹⁸ to ²⁴ h at ⁶⁰⁰ nm with ^a Bausch and Lomb Spectronic 20 (fecal strains) or Spectronic 70 (rumen strains). Ammonia production from urea was then determined using a qualitative spot test. About 0.5 ml of culture was placed in a porcelain spot dish with ² drops of ² N NaOH; after mixing, ³ drops of Nessler reagent (27) was added. Ammonia production was recorded on a scale of 0 to $3+$, depending on the amount of color and precipitate that developed as compared to the control without urea. Uninoculated media never contained detectable amounts of ammonia, and small amounts of ammonia were detected in the inoculated control medium (minus urea) in only a few instances.

Urease-producing cultures were grouped on the basis of morphology as seen in Gram stains and in wet mounts of young cultures viewed with the phase-contrast microscope. Cultures representative of the groups were more extensively characterized using methods previously described (18).

RESULTS AND DISCUSSION

Urease detection medium. The medium (Table 1) was developed on the basis of preliminary experiments with strain D of S. ruminantium and strain 1-1 of P. productus (M. A. Wozny, M.S. thesis, University of Illinois, Urbana, 1975) and on the basis of known nutritional requirements of many anaerobic bacteria (see 4 and references therein). The detection of ammonia with the Nessler reagent was more reliable than that by pH indicator (28). The activity of the urease of the two strains (moles of ammonia produced per minute per gram of protein; see Wozny, M.S. thesis, for methods) was depressed two to sixfold by the inclusion of ⁵⁰ mM urea as compared to inclusion of none, but detection of ammonia was best with ⁵⁰ mM or more. Maximum growth occurred with ³ to ⁶ mM urea, whereas ³⁰⁰ mM urea, which is less than the amount used in many assay systems, inhibited growth of strain 1-1. Ammonia production was not detected with strain D if 0.2% each of yeast extract and Trypticase were added to the medium; only a little production was seen with 0.1% each, but at 0 or 0.05% each of yeast extract and Trypticase, ammonia production was not inhibited.

Concerning nutrients required for growth of anaerobes (4), Trypticase (0.05%) was added to provide peptides and amino acids that might be required by some species. Yeast extract (0.05%) was added to provide tetrahydrofolate and other materials required by some anaerobes but not included in the medium as defined ingredients. The volatile acids, heme, menadione, B-vitamins, and carbonate are known requirements of many anaerobes, as are the three different sugars and lactate. Anaerobes such as methanogens or sulfate reducers, which require high levels of $H₂$ or sulfate, would obviously not grow well in this medium.

Numbers of urease-forming bacteria. The total viable counts of bacteria and the proportion of the cultures picked that produced urease are shown in Table 2. As expected from previous results (19, 28), the proportion of urease producers in human feces (mean of 14%) tended to be higher than in the rumen (mean of 5.8% excluding the one high value). Only one rumen sample from one animal contained a large num-

TABLE 2. Total colony counts and percentage of ureolytic bacteria isolated from rumen contents of cows and human feces using a nonselective rumen fluid roll-tube medium

Sample	Ration	Total colony No. of col- Ureolytic counts/g (wet wt)	onies picked	bacteria (9)
Fecal				
W-1	Unrestricted	6.5×10^{10}	52	19.2
$D-1$		5.9×10^{10}	36	22.2
$D-2$		4.2×10^{10}	58	8.6
		3.0×10^{10}	40	7.5
		2.9×10^{10a}	61	13.1
$W-2$		1.2×10^{11}	53	9.4
		1.1×10^{11a}	40	15.0
		1.1×10^{11}	47	19.0
Rumen				
3121°	65	1.8×10^9	50	10
3121	65	9.8×10^{8}	50	14
3022	66	8.4×10^{9}	50	52
2660	66	2.7×10^9	50	6
3022	66	1.1×10^{10}	50	8
2818	66	3.0×10^9	50	6
2778	67	1.8×10^9	50	6
2776	67	1.2×10^9	50	4
2549	Hay-grain	3.4×10^9	75	0
2549	Hay-grain	3.0×10^9	75	0
$2 - 18$	Hay-grain	4.6×10^9	50	4

^a Trypticase (0.2%) was added to the isolation medium.

" Cow number.

ber (i.e., 52% of total bacteria) of urease-forming bacteria. Other samples from the same or other animals on the same diet contained considerably fewer urease formers. The reason for the one sample with high proportion is now known, but all urease-forming strains from this sample were presumptively identified as Succinivibrio dextrinosolvens, a species found sporadically in very high numbers in cattle fed high-grain diets (7). The results suggest that ureolytic bacteria are present in higher numbers and percentages of total viable bacteria in rumens of cattle fed diets 65, 66, and 67 (average of 8% excluding the high value) as compared to a common hay-grain diet (average of 1%). The reason for the difference is unknown, but diets 65, 66, and 67 are relatively highgrain diets and are unusually low in crude protein. It could be that higher proportions of urease-forming bacteria are selected where rumen ammonia concentrations are low, such as when high-energy-low-nitrogen rations are fed (see J. E. Wohlt, J. H. Clark, and F. S. Blaisdell, Am. Dairy Sci. Assoc. Prog., p. 117-118, 1976, for data on animals used in the present study). On the low-nitrogen diets 65 and 67, the numbers of rumen urease formers were similar with either urea or soybean meal as supplemental nitrogen.

Of the urease-forming cultures from human feces, 62% closely resembled P. productus and were not studied further.

The identity and some characteristics of strains studied in detail are shown in Table 3.

The three strains of S. dextrinosolvens studied in detail were selected from 20 presumptively identified strains, which represented isolates from six samples from five cows fed diets 65, 66, and 67 but not those from the haygrain-fed animals. They were typical of the biotypes, fermenting few carbohydrates, i.e., only glucose, maltose, and xylose (8). Fermentation of dextrin and galactose, usually fermented by this type, was not determined.

Two strains of Treponema sp. were isolated from a cow fed ration 66, and the third (strain 7) was isolated from a cow fed hay-grain. They were morphologically identical to rumen strains of Treponema sp. (Borrelia) previously studied (1), except that strain U9 had greater amplitude and a shorter wavelength of coils. They were similar in physiological features to the one strain previously studied (1) in that succinate and acetate were the major fermentation products, but they usually differed in the fermentation of starch, rhamnose, fructose, and lactose. Whether urease formation is typical of rumen or other species of the genus Treponema is not known, but this appears to be the first

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report of urease formation by any spirochete other than Leptospira. Some strains of Leptospira have a urease that is strongly repressed by ammonia (20).

The three strains identified as R uminococcus bromii were representative of five strains isolated from three samples from two cows on diets 65 and 66. Their characteristics were typical of strains of R . bromii isolated from human feces and swine intestine (23). R. bromii was not previously known to include ureolytic strains, and the presence of this species in the rumen was not previously established. However, in retrospect, it now seems highly probable that the $+C-S$ group of gram-positive, long-chained cocci isolated as a small proportion of total isolates from many samples of rumen contents by Bryant and Burkey (5) was R. bromii. Although not studied in detail, these cocci were inactive toward gelatin, xylose, glucose, cellobiose, and cellulose and did not produce H_2S but rapidly hydrolyzed starch.

Seven strains of motile, curved, gram-negative rods formed a group, but three of these strains selected for detailed study represent three separate species. Strains C8, U20, and 36- 18 were isolated from different cows fed diets 65, 66, and 67, respectively, whereas three of the strains not studied in detail came from the same sample as U20 and one came from a sample from another cow fed diet 65. Strain U20 is an unidentified curved rod with monotrichous polar flagellation. It could be assigned to the genus Succinivibrio, but it differs from the presently recognized species in many respects. Strain 36-18 has characteristics that would permit its inclusion in Butyrivibrio fibrisolvens (3) or Eubacterium rectale IIIH (24). Strain C8 appears to be an unidentified species of the genus Butyrivibrio. Similar strains have been isolated from human feces and designated Virginia Polytechnic Institute (VPI) group Butyrivibrio Z (unpublished data). None of these curved rods studied in detail was S. ruminantium, the urease-forming species isolated from the rumen by John et al. (19). In view of the different species designations of the three strains of this group selected for study, the identity of the four strains not studied in detail is conjectural.

Strain 36, representative of three strains isolated from three samples from two cows fed diet 66, appears to be an unknown species of Coprococcus (17).

A single isolate, strain ⁴⁰ from ^a cow on diet 66, was identified as $P.$ productus II (24). This appears to be the first instance of the isolation of this species from the rumen of a mature ruminant, although it is now recognized that the Cl group of John et al. (19) isolated only from rumens of 1-week-old calves belongs to this species.

Strain 28 from a cow fed diet 66 is a typical strain of Bacteroides ruminicola, and strain C40 is a Bifidobacterium sp., similar to B . globosum (26) except in xylose fermentation and quite different from the ruminal urease-producing bifid organism of Gibbons and Doetsch (15).

Among the urease-forming isolates from human feces, the majority of isolates, as expected from previous results (28), were morphologically similar to P . productus and were not studied further. The number of strains of this type were 6, 9, 3, and 16 from samples W-1, W-2, D-1, and D-2 (Table 2), respectively. None of the other urease-forming strains described below were isolated from more than one sample.

Three strains (Table 3) from sample W-2 have characteristics of strains of $Ruminococcus$ albus isolated from human feces (16). The fecal strains are unlike the usual rumen isolates of this species because almost all rumen strains ferment cellulose, and ammonia is essential as the main N source for growth (25). None of the present fecal strains fermented cellulose in the form of Whatman no. ¹ filter paper (9). Also, they grew better than would be expected in the urease detection control medium in which the only source of ammonia is that contaminating the 0.05% each of added Trypticase and yeast extract. The large amount of growth of the fecal $R.$ albus strains in this medium (Table 4) as compared to S. dextrinosolvens, a species that also required ammonia (or urea) as the major nitrogen source (6) , indicates that the fecal R . albus uses N other than ammonia. More research, for example, deoxyribonucleic acid homology studies, should be done to determine whether or not these human fecal strains should continue to be considered R . albus.

Three urease-forming strains of the genus Clostridium were isolated. Strain L3 from sample W-1 is Clostridium beijerinckii. Strain W3, also from sample W-1, is morphologically similar to L3 and is tentatively identified as C. beijerinckii. Strain D6 from sample D-1 is Clostridium innocuum (17).

Single strains of three other species isolated from feces showed strong urease activity on isolation but, contrary to all other urease-forming strains, were negative when retested about 8 months later. The reason for this is not known, but Cook (12) has shown spontaneous loss of an apparently plasmid-coded urease from S. faecium. These strains were identified as Coprococcus catus, Fusobacterium prausnit-

TABLE 4. Production of NH,+ and growth by rumen and fecal ureolytic bacteria when inoculated into the qualitative urease assay medium containing varying levels of Trypticase and yeast extract

^a See Table ³ for description of strains, except for strain D, which is S. ruminantium (19), and strain 1-1, which is P. productus II (28).

^b Urease formation groups; see text.

^c Mean optical density (OD) of duplicate cultures at the end of the incubation period.

^d Trypticase and yeast extract (percentage of each).

zii, and Streptococcus mitis. It seems highly unlikely that the latter species would be of any significance in the bowel of humans.

Urease detection medium with added nitrogen. A further experiment was carried out to determine if urease activity (ammonia production from urea) was undetectable in strains when extra Trypticase and yeast extract were added to the medium, as was the case in S. ruminantium. The strains fit roughly into three groups (Table 4): (i) ammonia production from urea was not detected when increased nitrogen was added (S. ruminantium and 10 other strains); (ii) ammonia production from urea was somewhat depressed with increased nitrogen (six rumen and one fecal strain); and (ii) ammonia production from urea was not depressed with the increased nitrogen used (one rumen and four fecal strains).

The results in Table 4 also show that most species grew very well in the urease detection medium and that very little ammonia was formed by any of these organisms in the medium without urea, even when 0.3% each of

Trypticase and yeast extract was present. Species that did not grow well included R , bromii, which uses only maltose among the energy sources added. (Table 1), and one strain of Treponema sp.; however, even with these, urease activity was easily and repeatedly detected.

General discussion. This study shows that many species of anaerobic bacteria include strains that produce urease and confirms previous evidence (28) that indicated that P. productus is by far the most numerous urease-forming bacterium in the human bowel. The work also suggests that most strains of this species contain urease. Although urease production was shown to occur in strains of other species tested, we do not know if this enzyme is characteristic of the majority of strains in these species; if previously tested at all, methods adequate for detection have probably not usually been used (28).

Based on studies to date, one cannot generalize on the most numerous urease-forming species in the rumen. The study of John et al. (19) suggested that ureolytic S. ruminantium

strains might be quite numerous; however, although there is a small possibility that two or three of the present strains of motile curved rods were S. ruminantium, they were not documented among the strains studied in detail. S. dextrinosolvens is known to be very numerous in some cattle fed high-grain diets, but this species is usually not found in cattle fed other rations. The next most numerous rumen species found was $R.$ bromii, but it is not often a major rumen bacterium.

It seems peculiar that urease-forming strains of R . *bromii*, which usually comprised a much higher proportion of bacteria in human feces than in the rumen (16), were not detected in feces. Perhaps, as is the case with S. ruminantium (19), urease formation is not a feature common to most strains of this species. It would be of interest to determine urease activity of additional strains of all the species identified here.

The biological or ecological significance of the urease present in these bacteria, and especially those in which it is apparently strongly repressed by ammonia or other rapidly used nitrogen sources, is not yet known. Further studies on nitrogen nutrition and metabolism and regulation of urease by representative species of the ecosystems of concern are needed.

ACKNOWLEDGMENTS

This research was supported by U.S. Department of Agriculture grant 35-331, by the Agricultural Experiment Station of the University of Illinois, and by Public Health Service grant 14604 from the National Institute of General Medical Sciences.

The generosity of Jim Wohlt and Jimmy Clark in provision of experimental animals and help in collection of rumen samples from cattle on high-grain diets and the help of Velma Roughton in organization of the manuscript, Jack Althaus in maintenance of strains and other technical assistance, and Richard R. Facklam in identification of streptococci are appreciated.

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