Ahmed M Abu El-Asrar, Sofie Struyf, Abdulrahman A Al-Mosallam, Luc Missotten, Jo Van Damme, Karel Geboes

## Abstract

Backgroundlaims—Chemokines are small peptides which are potent activators and chemoattractants for leucocyte subpopulations. Their action is mediated by a family of seven transmembrane spanning G-protein coupled receptors. The aims of this study were to examine the expression of the chemokine receptors CCR1, CCR3, CCR5, CXCR3, and CXCR4 in the conjunctiva of patients with vernal keratoconjunctivitis (VKC) and to investigate the phenotype of inflammatory cells expressing these chemokine receptors.

*Methods*—Conjunctival biopsy specimens from 16 patients with active VKC, and eight control subjects were studied by immunohistochemical techniques using a panel of monoclonal antibodies directed against human CCR1, CCR3, CCR5, CXCR3, and CXCR4. The phenotype of inflammatory cells expressing chemokine receptors was examined by double immunohistochemistry.

Results-In the normal conjunctiva, few inflammatory cells expressed CXCR3 in five of eight specimens. There was no immunoreactivity for CCR1, CCR3, CCR5, and CXCR4. In VKC specimens, membranous immunoreactivity for CXCR3 was noted on inflammatory cells in all specimens. Compared with control specimens, VKC specimens showed significantly more inflammatory cells expressing CXCR3 (54.3 (SD 34.3) v 3.3 (5.0); p<0.001). Few CCR1<sup>+</sup>, CCR3<sup>+</sup>, CCR3<sup>+</sup>, CCR5<sup>+</sup>, and CXCR4<sup>+</sup> inflammatory cells were observed in only three of 16 specimens. Double immunohistochemistry revealed that all CXCR3 positive inflammatory cells were CD3 positive T lymphocytes and that 61.7% (3.7%) of the infiltrating T lymphocytes were reactive for CXCR3.

*Conclusions*—CXCR3 is the predominant chemokine receptor and is expressed abundantly on T lymphocytes in the conjunctiva of patients with active VKC. These data suggest a potential role for CXCR3 receptors in the regulation of lymphocyte recruitment within conjunctiva of VKC patients. New therapeutic strategies that block CXCR3 may inhibit T lymphocyte recruitment and suppress adverse inflammatory reactions. (Br J Ophthalmol 2001;85:1357–1361)

Vernal keratoconjunctivitis (VKC) is an allergic chronic seasonally exacerbated bilateral external ocular inflammation that primarily affects children and young adults. The disease is characterised by recurrent symptoms of severe itching, photophobia, lacrimation, and discharge.<sup>1</sup> The histopathology of VKC is characterised by infiltration of the conjunctiva by eosinophils, basophils, mast cells, CD4<sup>+</sup> T lymphocytes, monocytes/macrophages, dendritic cells, plasma cells, and B lymphocytes organised as small lymphoid follicles.<sup>2-4</sup> Recently, several studies demonstrated that CD4<sup>+</sup> T lymphocytes in VKC expressed T helper 2 (Th2) type cytokines.<sup>5-8</sup>

The mechanisms governing the recruitment of inflammatory cells to the conjunctiva in VKC are not fully understood. Recently, a family of chemoattractant peptides, termed chemokines, has been recognised to have an important role in normal leucocyte trafficking as well as in leucocyte recruitment during inflammation. These chemokines are grouped into the CXC, CC, C, and CX3C subfamilies on the basis of the arrangement of the conserved cysteine residues. The CXC chemokines further fall into two classes depending on the presence or absence of the glutamateleucine-arginine motif (ELR) in the NH2terminal domain. The specific effects of chemokines are mediated by a family of seven transmembrane spanning G-protein coupled receptors. To date, 18 chemokine receptors have been described: receptors for the CXC chemokines CXCR1-5; the CC chemokines CCR1–11; the receptor for CX3C chemokine CX3CRI; and the C chemokine XCR1.9

In a previous report, we demonstrated increased expression of the CC chemokines, RANTES (regulated upon activation, normal T cell expressed and secreted), eotaxin, monocyte chemotactic protein (MCP)-1, and MCP-3 in the conjunctiva of patients with active VKC.<sup>10</sup> The aims of this study were to examine the in vivo expression of chemokine receptors CCR1, CCR3, CCR5, CXCR3, and

Department of Ophthalmology, College of Medicine, King Saud University, Riyadh, Saudi Arabia A M Abu El-Asrar A A Al-Mosallam

Rega Institute for Medical Research, Laboratory of Molecular Immunology, University of Leuven, Belgium S Struyf J Van Damme

**Department of Ophthalmology** L Missotten

Laboratory of Histochemistry and Cytochemistry, University Hospital St Rafael, University of Leuven, Belgium K Geboes

Correspondence to: Professor Ahmed M Abu El-Asrar, Department of Ophthalmology, King Abdulaziz University Hospital, Airport Road, PO Box 245, Riyadh 11411, Saudi Arabia abuasrar@KSU.edu.sa

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Table 1 Monoclonal antibodies used in this study

Primary antibody	Dilution	Source*
Anti-CCR1 (53504.111)	1:25	R & D Systems
Anti-CCR3 (61828.111)	1:25	R & D Systems
Anti-CCR5 (45531.111)	1:25	R & D Systems
Anti-CXCR3 (49801.111)	1:25	R & D Systems
Anti-CXCR3 (1C6)	1:25	BD Biosciences
Anti-CXCR4 (12G5)	1:25	R & D Systems
Anti-CD3 (UCHT1)	1:400	Dako

\*Location of manufacturers: R & D Systems, Abingdon, UK; BD Biosciences, Franklin Lakes, NJ, USA; Dako A/S, Glostrup, Denmark.

CXCR4 in conjunctival biopsies from patients with active VKC and normal controls and to investigate the phenotype of inflammatory cells expressing chemokine receptors.

## Patients and methods

# PATIENTS

Sixteen consecutive patients with active VKC seen at the outpatient clinic of King Abdulaziz University Hospital were included in the study. The patients were 12 males and four females, with a mean age of 13.2 (SD 2.7, range 10-19) years. The symptoms mentioned by all the patients were itching, redness, photophobia, and tearing. All patients had the limbal form of the disease characterised by broad gelatinous infiltrates of the limbus. Limbal conjunctival biopsy specimens were obtained from each patient. None of the patients was on topical therapy before obtaining the biopsy. In addition, eight limbal conjunctival biopsy specimens were obtained from patients undergoing strabismus surgery without obvious inflammation and served as controls. The controls were from the same age group, and were five males, and three females. This study was approved by

the Research Center, College of Medicine, King Saud University and the patients admitted to the study gave their informed consent.

# IMMUNOHISTOCHEMICAL STAINING

The conjunctival biopsy specimens were immediately snap frozen in Tissue-Tek optimum cutting temperature (OCT) compound (Miles Laboratories, IN, USA) and maintained at -80°C until use. For immunohistochemistry, 5 µm serially cut cryostat sections were dried overnight at room temperature, fixed in absolute acetone for 10 minutes, and then treated with 2% hydrogen peroxide in methanol for 3 minutes to block endogenous peroxidase activity. After rinsing three times in phosphate buffered saline (PBS) at pH 7.2 for 15 minutes, the slides were incubated for 30 minutes with the monoclonal antibodies listed in Table 1. Optimal concentrations of all antibodies used were determined in pilot experiments. After a wash with PBS, the sections were incubated for 30 minutes with EnVision<sup>+</sup>, peroxidase, Mouse (Dako, CA, USA). The slides were washed again with PBS and the reaction product was visualised by incubation for 10 minutes in 0.05M acetate buffer at pH 4.9, containing 0.05% 3-amino-9-ethylcarbazole (Sigma, MO, USA) and 0.01% hydrogen peroxide, resulting in bright red immunoreactive sites. The slides were faintly counterstained with Harris haematoxylin. Finally, the sections were rinsed with distilled water and coverslipped with glycerol.

The monoclonal antibodies used in this study (Table 1) reacted specifically with their corresponding antigens, as judged by FACS analysis using cell lines transfected with



Figure 1 Vernal keratoconjunctivitis. Immunohistochemical staining for CXCR3. Low power (A) ( $\times$ 500) and high power (B) ( $\times$ 1200) views showing membranous immunoreactivity on mononuclear cells (arrows), as well as in the intercellular spaces (arrowheads).

Table 2 Numbers\* of inflammatory cells expressing chemokine receptors in VKC and control specimens

Patient No	CCR1	CCR3	CCR5	CXCR3†	CXCR4
VKC:					
1	6	11	3	120	14
2	0	0	0	50	0
3	0	0	0	45	0
4	0	0	0	40	0
5	0	0	0	17	0
6	0	0	0	24	0
7	0	0	0	125	0
8	0	0	0	28	0
9	0	0	0	91	0
10	0	0	0	31	0
11	0	0	0	31	0
12	0	0	0	52	0
13	9	4	5	30	6
14	0	0	0	28	0
15	7	3	2	87	8
16	0	0	0	70	0
Control:					
1	0	0	0	0	0
2	0	0	0	15	0
3	0	0	0	5	0
4	0	0	0	2	0
5	0	0	0	2	0
6	0	0	0	0	0
7	0	0	0	2	0
8	0	0	0	0	0

VKC = vernal keratoconjunctivitis.

\*Cells counted in an area of  $0.33 \times 0.22$  mm.

†Anti-CXCR3 monoclonal antibody 49801.111.

chemokine receptors CCR1, CCR3, CCR5, CXCR3, and CXCR4 (data not shown) (Struyf *et al*, unpublished data). Omission or substitution of the primary antibody with an irrelevant antibody of the same species were used as negative controls.

## DOUBLE IMMUNOHISTOCHEMISTRY

To examine the phenotype of CXCR3 expressing inflammatory cells, cryostat sections were studied by double immunohistochemistry. Colocalisation studies were performed in three VKC specimens. After rinsing the slides with PBS, they were incubated for 30 minutes with anti-CXCR3 monoclonal antibody 1C6 and rinsed again with PBS. Subsequently, the sections were incubated for 30 minutes with EnVision<sup>+</sup>, peroxidase, Mouse (Dako, CA, USA) and washed again with PBS, and the reaction product was visualised by incubation for 10 minutes in 0.05M acetate buffer at

Figure 2 Vernal keratoconjunctivitis. Double immunohistochemistry for CXCR3 (red), and CD3 (blue). Low power (×500) and high power (×1200) (inset) views showing CXCR3 positive cells coexpressing CD3 marker (arrows).

pH 4.9, containing 0.05% 3-amino-9ethylcarbazole (Sigma) and 0.01% hydrogen peroxide resulting in red immunoreactive staining. Afterwards the sections were rinsed in PBS, washed with distilled water, and incubated for 30 minutes with the second monoclonal antibody to determine cellular phenotype (anti-CD3, Table 1). After a wash with PBS, the sections were incubated for 30 minutes with a biotin labelled rabbit antimouse antibody, followed by a monoclonal anti-biotin-alkaline phosphatase conjugate (Sigma). The blue reaction product was developed using fast blue BB salt (4-benzoylamino-2.5-diethoxybenzene-diazonium chloride) (Sigma) for 5 minutes.

### QUANTITATION

Cells were counted in five representative fields. We used an eyepiece calibrated grid with  $\times 40$  magnification. With this magnification and calibration we counted the cells present in an area of  $0.33 \times 0.22$  mm. For the co-localisation studies, cells expressing both CXCR3 and CD3 were counted and expressed as a percentage of cells expressing CD3.

All data are presented as mean (SD). The Mann-Whitney U test was used to compare the mean numbers of CXCR3 expressing inflammatory cells in VKC specimens versus controls. The differences were considered significant if the p value was <0.05.

#### Results

There was no staining in the negative control slides. In normal conjunctiva, few CXCR3<sup>+</sup> inflammatory cells were identified in the substantia propria in five of eight specimens with the two different anti-CXCR3 monoclonal antibodies 49801.111 and 1C6. There was no immunoreactivity for CCR1, CCR3, CCR5, and CXCR4. In VKC specimens, membranous immunoreactivity for CXCR3 was noted on inflammatory cells in the epithelial and stromal inflammatory infiltrate in all specimens (Fig 1). Both CXCR3 antibodies that we used generated the same labelling pattern on inflammatory cells. Furthermore, CXCR3 staining was observed in the intercellular spaces within the inflammatory infiltrate (Fig 1). Compared with controls, VKC specimens showed statistically significant more CXCR3<sup>+</sup> inflammatory cells (54.3 (SD 34.3) v 3.3 (5.0); p <0.001). Few CCR1<sup>+</sup>, CCR3<sup>+</sup>, CCR5<sup>+</sup>, and CXCR4<sup>+</sup> inflammatory cells were observed in three of 16 specimens. The cell counts are presented in Table 2.

Double immunohistochemistry to confirm the phenotype of CXCR3 positive inflammatory cells indicated that all CXCR3 positive inflammatory cells in the normal conjunction and VKC specimens (Fig 2) expressed the pan-T cell marker CD3. Moreover, the majority of T lymphocytes in the inflammatory infiltrate were reactive for CXCR3 (mean 61.7% (SD 3.7%), n = 3).

### Discussion

In the normal conjunctiva, CXCR3 was expressed on few inflammatory cells, while CCR1, CCR3, CCR5, and CXCR4 were not expressed. Our observations were consistent with previous reports that CXCR3 was expressed on normal human intestinal lymphocytes,<sup>11</sup> and on rare cells in normal skin.<sup>12</sup> It is suggested that CXCR3 may have an important role in lymphocyte localisation within the intestinal mucosa and contribute to the selctive recruitment of lymphocytes to the intestine.<sup>11</sup> Compared with normal conjunctiva, the conjunctiva from patients with active VKC showed statistically significant more CXCR3<sup>+</sup> inflammatory cells. CXCR3 was expressed on the majority of infiltrating T lymphocytes in conjunctiva from patients with active VKC, while CCR1, CCR3, CCR5, and CXCR4 were present on a minority of inflammatory cells in few specimens. CXCR3 is suggested to be a marker for T lymphocytes associated with certain inflammatory reactions and appears to mark subsets of lymphocytes with a capacity for migration to inflammatory sites.<sup>13</sup> CXCR3 has been documented to be expressed on the vast majority of perivascular T lymphocytes in colonic biopsies from patients with ulcerative colitis<sup>13</sup> and Crohn's disease,<sup>14</sup> synovial biopsies from patients with rheumatoid arthritis,13 chronically inflamed vaginal mucosa,<sup>13</sup> skin biopsies from patients with allergic contact dermatitis<sup>12</sup><sup>15</sup> and systemic sclerosis,<sup>14</sup> atherosclerotic lesions,<sup>16</sup> and actively demyelinating multiple sclerosis brain lesions.<sup>17</sup> The high expression of CXCR3 on T cells in VKC conjunctiva might be explained by upregulation by inflammatory cytokines. Recently, Jinguan et al<sup>18</sup> reported that CXCR3 is expressed on CD34<sup>+</sup> haematopoietic progenitors from human cord blood stimulated with granulocyte-macrophage colony stimulating factor (GM-CSF) but not on freshly isolated CD34<sup>+</sup> progenitors.

CXCR3 is selectively expressed on activated T cells. Treatment with interleukin (IL)-2 resulted in cultures of fully responsive, CXCR3 positive T lymphocytes.<sup>13 19 20</sup> Naive T cells expressed only CXCR4 and CCR1, whereas the majority of memory/activated T cells expressed CXCR3 and a small proportion expressed CCR3 and CCR5.<sup>14</sup> <sup>21</sup> <sup>22</sup> These findings suggest that CXCR3 and its ligands may play a unique part in the early stages of T cell activation and recruitment.<sup>22</sup> CXCR3 has been identified as the receptor for three highly potent, inflammatory/inducible ELR negative CXC chemokine agonists, interferon  $\gamma$  (IFN- $\gamma$ ) inducible protein of 10 kDa (IP-10), monokine induced by IFN- $\gamma$  (Mig), and IFN-inducible T cell alpha chemoattractant (I-TAC).<sup>19 23</sup> These chemokines are IFN-y inducible and specifically chemoattract activated T cells through the receptor CXCR3.<sup>19 23</sup> I-TAC was found to be more potent and efficacious than either IP-10 or Mig in its ability to mobilise intracellular calcium and as a chemotactic factor.<sup>23</sup> Recently, the mouse CC chemokine 6Ckine, which is known to chemoattract T cells, has been identified as a new ligand for mouse CXCR3.24 The gene for CXCR3 was localised on human chromosome Xq13, which is in clear contrast with all other chemokine receptor genes, suggesting unique functions for this receptor and its ligands that may lie beyond their established role in T cell dependent immunity.20

CD4<sup>+</sup> T helper (Th) cells, upon antigenic stimulation, differentiate into two distinct subpopulations, each producing its own set of cytokines and mediating separate effector functions.<sup>25</sup> Type 1 Th cells (Th1) produce interleukin (IL)-2, tumour necrosis factor  $\beta$ (TNF- $\beta$ ), and IFN- $\gamma$  and function as effectors of cell mediated immunity. Type 2 Th cells (Th2) produce IL-3, IL-4, IL5, IL-10, IL-13, and GM-CSF which are involved in B cell switching to the production of immunoglobulin E, mast cell proliferation, and eosinophil activation and recruitment. The conjunctiva from patients with active VKC showed dense infiltration by CD4<sup>+</sup> T lymphocytes.<sup>2-4</sup> Recently, several studies demonstrated that CD4<sup>+</sup> T lymphocytes in VKC expressed Th2 type cytokines.<sup>5-8</sup> VKC, therefore, is considered as a model of Th2 cell mediated disorder. Several in vitro studies reported that the CXCR3 receptor is expressed at higher levels on Th1 compared with Th2 clones, supporting the concept that IP-10, Mig, and I-TAC mobilise preferentially Th1 lymphocytes.21 26 However, more recent studies have found that CXCR3 is highly expressed on both Th1 and Th2 oriented memory T cell lines in vitro as well as in both Th1 and Th2 dominated diseases in vivo.12-14 Moreover, immunohistochemistry of VKC conjunctiva showed that CXCR3 immunoreactivity was also detectable in the intercellular spaces. Similar findings were noted in allergic contact dermatitis skin and it was suggested that CXCR3 may be shed by T cells and serves additional findings such as chemokine subtraction from binding to membrane receptor.12

In a previous study, we demonstrated an increase in the expression of RANTES, eotaxin, MCP-1, and MCP-3 in the conjunctiva from patients with VKC compared with control subjects.10 Rather surprisingly, in the present study, their corresponding receptors including CCR1, CCR3, and CCR59 were only expressed on few inflammatory cells in three of 16 VKC specimens. The major chemokine receptor operational in eosinophils is CCR3. This receptor appears to play a central part in allergic responses, since it is not only expressed on eosinophils but also on basophils and Th2 lymphocytes, other cells central in allergic responses.<sup>27-29</sup> CCR3 binds multiple ligands including eotaxin, RANTES, MCP-3, and MCP-4. Of these chemokines, only eotaxin signals exclusively through CCR3.<sup>30 31</sup> Our finding of poor CCR3 expression might be related to blockade of the CCR3 immunoreactive epitope by the CCR3 ligands. In addition, Zimmermann et al32 recently demonstrated that exposure of eosinophils to the CCR3 ligands, eotaxin, and RANTES reduced surface expression of CCR3 due to CCR3 internalisation. RANTES was more potent and induced a longer duration of internalisation than eotaxin. CCR3 internalisation induced by RANTES and eotaxin with subsequent cellular hyporesponsiveness may provide a mechanism for chemokines to halt eosinophil trafficking in vivo since they would no longer be responsive to other chemokine gradients operating through CCR3. In contrast, eosinophils in haematopoietic organs, tissues that do not express eotaxin, would remain responsive to the induction of subsequent chemokine gradients.32

In conclusion, we have established that CXCR3 is expressed abundantly on T lymphocytes in VKC conjunctiva. The expression of CXCR3 suggests its involvement in the regulation of lymphocyte recruitment and that neutralisation of this pathway in vivo may modulate immune cell migration within conjunctiva in VKC patients.

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