5-Aminosalicylic acid prevents oxidant mediated damage of glyceraldehyde-3-phosphate dehydrogenase in colon epithelial cells

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Abstract

Background—Reactive oxygen and nitrogen derived species produced by activated neutrophils have been implicated in the damage of mucosal proteins including the inhibition of glyceraldehyde-3-phosphate dehydrogenase (GAPDH) in the active inflammatory lesion in patients with inflammatory bowel disease (IBD). This study investigated the efficacy of currently used IBD therapeutics to prevent injury mediated by reactive oxygen and nitrogen derived species.

Methods-GAPDH activity of human colon epithelial cells was used as a sensitive indicator of injury produced by reactive oxygen and nitrogen derived species. HCT116 cells (10⁶/ml phosphate buffered saline; 37°C) were incubated in the presence of 5-aminosalicylic acid (5-ASA), 6-mercaptopurine, methylprednisolone, or metronidazole before exposure to H₂O₂, HOCl, or NO in vitro. HCT116 cell GAPDH enzyme activity was determined by standard procedures. Cell free reactions between 5-ASA and HOCl were analysed by spectrophotometry and fluorimetry to characterise the mechanism of oxidant scavenging.

Results-GAPDH activity of HCT116 cells was inhibited by the oxidants tested: the concentration that produced 50% inhibition (IC₅₀) was 44.5 (2.1) μ M for HOCl, 379.8 (21.3) µM for H₂O₂, and 685.8 (103.8) µM for NO (means (SEM)). 5-ASA was the only therapeutic compound tested to show efficacy (p<0.05) against HOCl mediated inhibition of enzyme activity; however, it was ineffective against H_2O_2 and NO mediated inhibition of GAPDH. Methylprednisolone, metronidazole, and the thiol-containing 6-mercaptopurine were ineffective against all oxidants. Studies at ratios of HOCI:5-ASA achievable in the mucosa showed direct scavenging to be the mechanism of protection of GAPDH activity. Mixing 5-ASA and HOCl before addition to the cells resulted in significantly greater protection of GAPDH activity than when HOCl was added to cells preincubated with 5-ASA. The addition of 5-ASA after HOCl exposure did not restore GAPDH activity.

Conclusions—Therapies based on 5-ASA may play a direct role in scavenging the potent neutrophil oxidant HOCl, thereby protecting mucosal GAPDH from oxidative inhibition. These findings suggest that strategies for the further development of new HOCl scavenging compounds may be useful in the treatment of IBD. (*Gut* 1999:44:180–185)

Keywords: 5-aminosalicylic acid; 6-mercaptopurine; prednisolone; metronidazole; oxidants; glyceraldehyde-3-phosphate dehydrogenase

Inflammatory bowel disease (IBD) is characterised by a dense inflammatory cell infiltrate mainly comprising neutrophils (PMNs), macrophages, and lymphocytes. Activated PMNs produce potent reactive oxygen and nitrogen derived species capable of causing tissue injury in the active lesion.1 Direct evidence of a pathogenic role for these reactive species in IBD is suggested by the finding of oxidised protein thiols in colon epithelial cells from the active lesion.² Other indirect evidence includes the depletion of antioxidants from the inflamed mucosal lesion,^{3 4} increased production of oxidants in peripheral blood of patients with IBD, and the efficacy of anti-inflammatory compounds with oxidant scavenger activity in limited clinical trials and in animal models of IBD.⁵⁻⁸

Recent research has focused on the role of oxidant scavenging by 5-aminosalicylic acid (5-ASA) in the treatment of IBD. 5-ASA is able to scavenge hypochlorite (HOCl),9 the most potent oxidant produced by PMNs. 5-ASA also scavenges chloramines,¹⁰ superoxide anion^{11 12} and OH.^{12 13} It also inhibits lipid peroxidation¹⁴ and protects cultured cells from oxidative damage by activated phagocytes.15 Laffafian *et al*¹⁶ have shown that the amine group of 5-ASA is essential to scavenge HOCl. Moreover, the amine group of 5-ASA and 4-aminosalicylic acid is a requirement for therapeutic efficacy in IBD.¹⁷ Small amounts of oxidised 5-ASA have been identified in the faeces of IBD patients with active disease,18 19 strengthening the evidence that 5-ASA may act as a scavenger of oxidants in the intestinal lumen.

Other therapies used currently for IBD may also act as oxidant scavengers. Azathioprine undergoes hepatic cleavage releasing the thiolcontaining 6-mercaptopurine. Inflammatory

Abbreviations used in this paper: IBD,

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inflammatory bowel disease; PMN, neutrophil; 5-ASA, 5-aminosalicylic acid; GAPDH,

glyceraldehyde-3-phosphate dehydrogenase; HBSS,

Hanks balanced salt solution; IC_{50} , concentration that produces 50% inhibition.

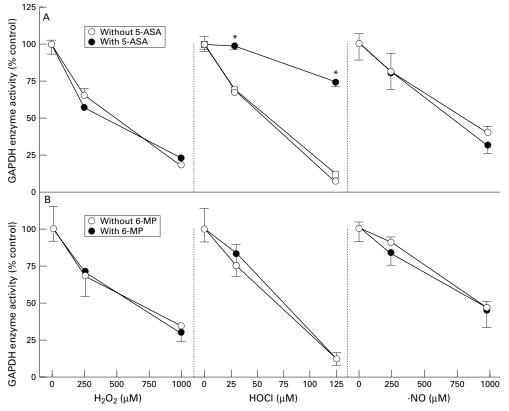


Figure 1 Efficacy of 5-aminosalicylic acid (5-ASA) and 6-mercaptopurine (6-MP) against oxidant mediated inhibition of glyceraldehyde-3-phosphate dehydrogenase (GAPDH) activity. HCT116 cells were exposed to H_1O_3 HOCl, or NO after preincubation (A) in the absence or presence of 5-ASA or incubated with 5-ASA after exposure to HOCl or (B) in the absence or presence of 6-mercaptopurine. Oxidant and therapeutic concentrations were as described in the Materials and methods section. Data represent mean (SEM) (n = 3). *p<0.05 compared with no 5-ASA.

oxidants such as HOCl, chloramines, NO, and H_2O_2 react rapidly with thiols and may also contribute to the decrease in GSH levels found in the inflamed mucosa of IBD patients^{4 20} and in dextran sodium sulphate induced colitis in mice.²¹ The thiol group in 6-mercaptopurine may also offer protection against cellular oxidative injury by providing an alternative thiol target for inflammatory oxidants.

Oxidation of the active site thiol of the glycolytic enzyme glyceraldehyde-3-phosphate dehydrogenase (GAPDH) and subsequent inhibition of enzyme activity were consistent findings in colon epithelial cells purified from the inflamed mucosa of IBD patients, providing a marker of intracellular oxidative injury.² In this paper we compare the efficacy of a range of currently used IBD therapeutic compounds (5-ASA, 6-mercaptopurine, methylprednisolone, and metronidazole) in the prevention of GAPDH inhibition caused by in vitro exposure to HOCl, NO, or H_2O_2 .

Materials and methods

TREATMENT OF HCT116 CELLS WITH THERAPEUTIC COMPOUNDS

HCT116 cells were maintained in RPMI 1640 containing 10% fetal calf serum. Cell suspensions were washed into Hanks balanced salt solution (HBSS), pH 7.4, without phenol red or glucose and preincubated in a shaking water bath for 30 minutes at 37°C with 5-ASA (Fluka Chemie, Buchs, Switzerland), 6-mercaptopurine (Sigma, St Louis, Missouri, USA), methylprednisolone (Solu-Medrol; Upjohn Pty Ltd, Rydalmere, NSW, Australia), or metronidazole (Flagyl; May and Baker Pty Ltd, Sydney, NSW, Australia). The therapeutic compounds were added at a final concentration of 250 μ M for the HOCl treated samples and at 2 mM for the H₂O₂ and NO treated samples such that the final molarity of the therapeutic compound was twice the maximum concentration of oxidant to be used.

Cell preparations were then exposed to various concentrations of HOCl (Merck, Melbourne, Vic, Australia), H₂O₂ (BDH Chemicals, Melbourne, Vic, Australia), or NO (diethylamine NONOate; Cayman Chemical Company, Ann Arbor, Michigan, USA). Stock solutions of oxidants in HBSS, pH 7.4, or phosphate buffered saline, pH 8.5, for diethamine NONOate, were added to 2 ml cell preparations in 100 µl aliquots. Final concentrations were 0, 31.25, and 125 µM HOCl and 0, 250, and 1000 µM for H₂O₂ and NO respectively. The range of oxidant concentrations was selected to produce about 20-90% inhibition of GAPDH enzyme activity. After the 30 minute incubation, cell preparations were washed twice in HBSS to remove unreacted oxidant and therapeutic compound, resuspended in 100 mM Tris/HCl with 0.5 mM EDTA, and assayed for GAPDH.² Cell viability, assessed by trypan blue exclusion after

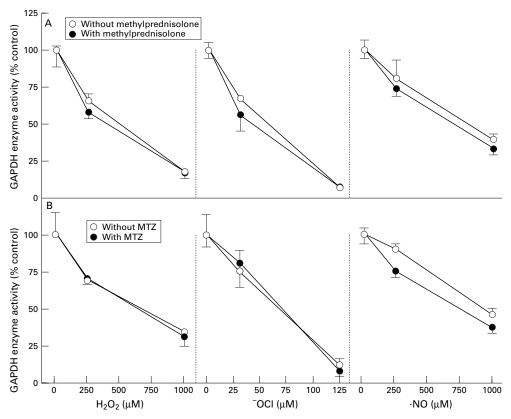


Figure 2 Efficacy of methylprednisolone and metronidazole against oxidant mediated inhibition of glyceraldehyde-3-phosphate dehydrogenase (GAPDH) activity. HCT116 cells were exposed to H_2O_2 , HOCl, or NO after preincubation (A) in the absence or presence of methylprednisolone or (B) in the absence or presence of metronidazole (MTZ). Oxidant and therapeutic concentrations were as described in the Materials and methods section. Data represent mean (SEM) (n = 3).

treatment by each oxidant or drug combination, was always 95% or greater.

GAPDH ACTIVITY

GAPDH activity of cell lysates was determined as described previously²² and adapted for use in HCT116 cells.² Cell lysates (100 µl) were added to a 1 ml reaction mixture containing 10 mM MgCl₂, 200 µM NADH, 2 mM ATP, 5 U/l phosphoglycerate kinase in 100 mM Tris/HCl/ EDTA, pH 8, and preincubated at 37°C for about 10 minutes. The reaction was initiated by the addition of 10 mM 3-phosphoglycerate. Enzyme activity was determined using a Varian Cary 1 UV/visible spectrophotometer to monitor the oxidation of NADH ($\varepsilon_{340} = 6.22 \times 10^3$ M^{-1} cm⁻¹) by the reverse reaction of GAPDH coupled with phosphoglycerate kinase.

REACTION OF 5-ASA WITH HOCI

5-ASA (250 μ M) in HBSS was allowed to react with HOCl in a cell free system for 15 minutes at 37°C with constant agitation using the ratios of HOCl:5-ASA of 0, 0.25, 0.5, 0.75, 1, 1.5, 2, 3, 4, and 5:1. After 15 minutes of incubation, the reaction was stopped by the addition of excess taurine (6.25 mM, five times the maximum HOCl concentration) to scavenge any unreacted HOCl. The absorbance profiles of the reaction products of 5-ASA and HOCl were determined by scanning absorbance from 280 to 900 nm (Varian Cary 1 UV/visible spectrophotometer). The reaction of HOCl and 5-ASA was stopped after 15 minutes of incubation by the addition of 6.25 mM taurine. There was no significant absorbance between 280 and 900 nm of either 6.25 mM taurine or a mixture of 6.25 mM taurine and 1.25 mM HOCl (data not shown). The fluorescence of 250 µM 5-ASA in HBSS after the addition of HOCl (final concentration 250 µM) was continuously monitored for 30 minutes (excitation wavelength 340 nm, emission wavelength 500 nm; Hitachi 3000 fluorimeter, fitted with a magnetic stirrer). To analyse this reaction further, the fluorescence emission scans from 220 to 800 nm (excitation wavelength 340 nm) were determined for the reaction products of 5-ASA and HOCl.

STATISTICAL ANALYSIS

Paired Student's *t* tests were used to assess the statistical significance of the data. Statistical significance was accepted when $p \le 0.05$.

Results

EFFICACY OF THERAPEUTIC AGENTS TOWARD OXIDANT INDUCED INHIBITION OF GAPDH ACTIVITY

The oxidants H_2O_2 , HOCl, and NO induced concentration dependent inhibition of GAPDH activity, with HOCl being about 10-fold more effective than H_2O_2 and NO (figs 1 and 2, open circles), consistent with our earlier observations.² The concentrations producing 50% inhibition of GAPDH (IC₅₀) were

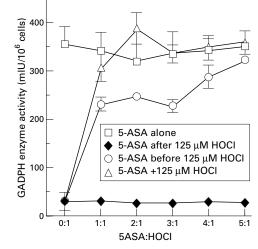


Figure 3 Dose-dependence of 5-aminosalicylic acid (5-ASA) prevention of the inhibition of glyceraldehyde-3-phosphate dehydrogenase (GAPDH) activity mediated by HOCI. HCT116 cells were exposed to increasing ratios of 5-ASA:HOCI according to the following protocol: 5-ASA alone, 5-ASA after exposure to 125 μ M HOCl, 5-ASA before exposure to 125 μ M HOCl, or the spent reaction resulting from the premixing of 5-ASA with 125 μ M HOCl. Data represent mean (SEM) (n = 3).

44.5 (2.1) μ M for HOCl, 379.8 (21.3) μ M for H₂O₂, and 685.8 (103.8) μ M for NO (means (SEM)). To determine the relative oxidant scavenging capacity of each of the therapies, identical ratios of oxidant:therapy were used.

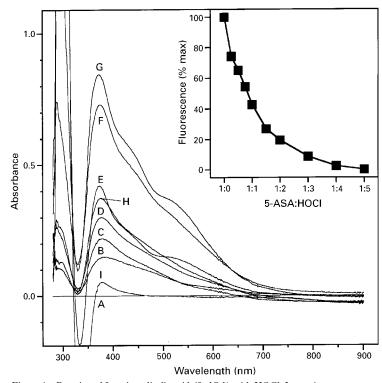


Figure 4 Reaction of 5-aminosalicylic acid (5-ASA) with HOCl. Increasing concentrations of HOCl were allowed to react with 5-ASA as described in the Materials and methods section and differential absorbance spectrums determined. The reference cuvette contained 250 µM 5-ASA in HBSS, and the sample cuvette increasing ratios of 5-ASA:HOCl; 37°C. Absorbance traces of 5-ASA:HOCl were as follows: A, 1:0; B, 1:0.25; C, 1:0.5; D, 1:0.75; E, 1:1; F, 1:2; G, 1:3; H, 1:4; I, 1:5. Insert, 5-ASA fluorescence.

5-ASA AND 6-MERCAPTOPURINE

The presence of low concentrations of 5-ASA protected HCT116 cells against HOCl induced inhibition of GAPDH activity (p<0.05), whereas 5-ASA did not prevent inhibition of GAPDH activity by the myeloperoxidase substrate, H₂O₂, or the NO synthase product, NO, at comparable drug:oxidant ratios (fig 1A). The addition of 5-ASA after the addition of HOCl was also ineffective. At the same drug:oxidant ratios, the exposure of HCT116 cells to oxidants in the presence of the thiol-containing drug 6-mercaptopurine did not result in significant (p>0.05) protection of GAPDH activity, compared with control untreated cells exposed to the same concentrations of oxidant (fig 1B). Accordingly, there was no significant difference in the IC₅₀ value of GAPDH enzyme activity (not shown), except for 5-ASA/HOCl when the IC₅₀ value increased from 44.5 (2.1) to 536.8 (83.2) µM (p<0.05).

METHYLPREDNISOLONE AND METRONIDAZOLE Methylprednisolone and metronidazole added before exposure of HCT116 cells (10^6 /ml) did not prevent the inhibition of GAPDH activity induced by HOCl, NO, or H₂O₂ (fig 2). Neither compound caused a significant difference in the IC₅₀ values of GAPDH activity (not shown).

CONCENTRATION DEPENDENCE OF 5-ASA PROTECTION OF CELLULAR GAPDH FROM OXIDANT MEDIATED INHIBITION

To investigate the mechanism of GAPDH protection further, HCT116 cells were incubated with increasing ratios of 5-ASA:HOCl. The GAPDH activity of control untreated HCT116 cells, 353.80 (37.76) mIU/106 cells, was unaffected by the addition of 5-ASA (fig 3). In the presence of HOCl alone, only 8.5 (5.1)% of enzyme activity remained after 30 minutes of exposure. At a 1:1 ratio of 5-ASA:HOCl, 65.1 (4.3)% of control activity remained and at a ratio of 5:1 there was almost 90% of control GAPDH activity (fig 3). If 5-ASA was added after HOCl, however, no protection against HOCl induced inhibition of GAPDH activity was observed, showing that the mechanism probably involves scavenging rather than regeneration of the inhibited enzyme. When 5-ASA and HOCl were incubated together in HBSS for 30 minutes at 37°C before the addition of the spent reaction mixture to HCT116 cells, considerable protection of GAPDH activity (86.0 7.8)%) was observed at a 5-ASA:HOCl ratio of 1:1. At higher 5-ASA:HOCl ratios, the GAPDH activity was indistinguishable from that of controls (fig 3).

REACTION OF 5-ASA WITH HOCI

In a cell free system, reaction of 5-ASA:HOCl ratios up to 1:1 caused no change to the maximum 5-ASA UV-visible absorbance at 330 nm. There was, however, an HOCl dependent increase in absorbance between 350 and 650 nm that resulted in a yellow-brown reaction product, with the greatest increase at 375 nm which intensified up to a ratio of 1:3 (fig 4).

Analysis of 5-ASA fluorescence spectra at the same 5-ASA:HOCl ratios showed that 5-ASA was consumed (fluorescence decay) rapidly on the addition of HOCl (not shown), consistent with a previous report.9 Coincident with the maximum formation of the yellow-brown reaction product was near complete loss of fluorescence after reaction of 1:3 5-ASA:HOCl (fig 4, insert). The marked decrease in absorption characteristics at >3:1 HOCI:5-ASA ratios indicates that each molecule of 5-ASA is able to scavenge/interact with at least three molecules of HOCl before losing potency and apparently undergoing decomposition reactions (fig 4, traces H and I). HOCl is also able to mediate the decomposition of the structurally similar salicylate and its hydroxylated derivatives with loss of fluorescence.²

Discussion

5-ASA, the active principle in many standard therapies used in the treatment of IBD, was found to be an effective scavenger of HOCl and prevented oxidation and inhibition of GAPDH in colon epithelial HCT116 cells. Little scavenging effect was observed, however, with the relatively weaker oxidants, NO and H₂O₂. The other therapeutic compounds used in IBD, methylprednisolone, metronidazole, and the thiol-containing 6-mercaptopurine, when used at clinically relevant concentrations, did not protect GAPDH activity in HCT116 cells exposed to the oxidants HOCl, NO, and H₂O₂. The mechanism by which 5-ASA protects appears to involve a direct reaction between 5-ASA and HOCl, as 5-ASA added after HOCl treatment of cells was unable to reverse GAPDH inhibition. Furthermore, premixing of 5-ASA and HOCl before their addition to colon epithelial cells quenched the capacity of HOCl to injure GAPDH.

The central role of PMNs in mucosal injury stems from the characteristic extravasation and infiltration of large numbers of cells into the mucosa. Contempary studies using PMN depletion strategies²⁴ and a deeper understanding of the role cytokines play in the recruitment of inflammatory cells from the peripheral circulation^{25 26} confirm this role in tissue injury in the active lesion. PMNs possess a variety of mechanisms capable of initating such injury including the generation of potent oxidants such as HOCl.¹ We have reported recently that the glycolytic enzyme GAPDH became oxidized and lost activity in the inflamed mucosa of patients with IBD, a result that could be mimicked by exposing cells to oxidants in vitro.2 While we were unable to source the oxidant(s) responsible for this oxidation in vivo, the efficacy of HOCl compared with other oxidants, the irreversible nature of the oxidation,²⁷ and the pattern of protein thiol oxidation in patient samples was representative of HOCI/ chloramine rather than H₂O₂/NO. In animal models of inflammation, inflamed tissue contains upwards of 107 PMNs/g tissue, sufficient to yield about 0.6 mM HOCl/h.28 While defences against O_2^{-}/H_2O_2 and the hydroxyl radical (OH) are part of normal homoeostasis with regeneration of GSH and membrane antioxidants by metabolic reducing equivalents, the primary defence against HOCl would involve irreversible reaction with and depletion of GSH and protein thiols. The inability to readily regenerate thiols oxidised by HOCl would compromise other cellular defences to $O_2^{-/}H_2O_2$ or OH for example, an end result that appears to be present in the actively inflamed mucosa of IBD patients^{3 4} and in mice with dextran sulphate induced colitis.²¹

The mechanisms of action of 5-ASA in the inflamed mucosa in vivo have been difficult to elucidate because 5-ASA inhibits multiple inflammatory processes in vitro ranging from the inhibition of cyclo-oxygenase and lipoxygenase pathways to scavenging of inflammatory cell derived oxidants.²⁹ While the inhibitory activities of 5-ASA were observed at high concentrations (6-10 mM), the mucosal concentrations of 5-ASA³⁰ were found to be very much lower (5–400 μ M), comparable with the IC₅₀ for the efficacy of 5-ASA scavenging of oxidants, supporting the scavenging mechanism.²⁹ Scavenging of HOCl was observed here at 5-ASA:HOCl ratios expected in vivo and comparable with those that provided protection of essential thiols on α_1 -antiprotease inhibitor¹³ and cysteine¹⁰ from oxidation by HOCl. HOCl reacts initially with the amino group of 5-ASA to form a short lived chloramine that appeared to spontaneously decompose to 5-nitrososalicylic acid and other species.¹⁶ The formation of a short lived chloramine intermediate may limit oxidative injury, as in previous in vitro studies, we have shown that chloramine T was 8-10-fold less reactive than HOCl in mediating oxidative inhibition of colon epithelial cell GAPDH.² HOCl mediated oxidation of 5-ASA produced a golden-brown reaction product of 5-ASA which was identified as a trimeric species of 5-ASA.^{18 31} While other products have been proposed such as 2,5-dihydroxybenzoate and salicylate,15 their formation has not been substantiated.

5-ASA has been shown to possess potent antioxidant capacity toward the radical and non-radical forms of ferryl haemoglobin (Hb_{IV}) generated by the reaction of H2O2 with HbIII and inhibition of Hb_{IV} mediated lipid peroxidation.14 The electron donation from 5-ASA to the haem moiety would have formed a redox couple with continuous reduction of Hb_{IV} to Hb_{III}, similar to a "peroxidase"-like reaction as for the ferryl myoglobin (H_2O_2 + Mb_{III})/ascorbate,³² glutathione³³ or Mb_{IV} -1,4-naphthoquinone-glutathionyl conjugates.^{34 35} This mechanism could serve as an important sink for H₂O₂ in the inflamed IBD mucosa which has compromised antioxidant defences including decreased total radical scavenging capacity, reduced and total ascorbate, reduced glutathione, urate and ubiquinol-10 compared with paired non-inflamed mucosa.3 4 This deficit is compounded by the significantly lower activities of catalase, glutathione peroxidase, and superoxide dismutase found in the colonic mucosa compared with hepatic activities.³⁶ The scavenging activity of 5-ASA has also been extended to the inhibition of myeloperoxidase. Direct alternative substrate substitution of the aminosalicylate with decomposition of the myeloperoxidase compound I protein free radical species has been shown to prevent oxidation of chloride anions and formation of HOCl.37 Thus 5-ASA may scavenge HOCl directly or indirectly, thereby protecting colon epithelial and lamina propria cells from injury.

The role of NO in causing tissue injury in the inflamed IBD mucosa remains unclear. Certainly, the evidence that NO, and peroxynitrate, are reactive toward thiols including GAPDH, the immunohistochemical evidence of increased expression of inducible NO synthase, and the detection of nitrotyrosine in inflamed lesions is compelling. However, the variable efficacy of inducible NO synthase inhibitors as anti-inflammatory agents and our observation^{2 27} that in vivo oxidation of GAPDH in IBD patients resembles in vitro oxidation by HOCl or a chloramine and appears distinct from oxidation by either NO or H_2O_2 challenges the acceptance of the role of NO in tissue injury. While 5-ASA failed to prevent the loss of GAPDH activity caused by NO, it can protect against NO oxidation of an aromatic amine in a cell free system.38 However, when the amino group is in the 4 position as in 4-ASA, little NO scavenging was observed. Taken together, these findings suggest that, while considerable evidence implicates NO in the pathogenesis of mucosal inflammation in IBD, the scavenging of NO does not appear to be a significant mode of action of 5-ASA.

The results presented here show clearly that 5-ASA scavenges HOCl and is able to prevent GAPDH oxidation and inhibition in a cellular system at 5-ASA:HOCl ratios achievable in vivo. This supports the case for developing new HOCl scavenging compounds directed at conditions involving HOCl mediated injury such as IBD and complement existing therapies used to modulate immune responsiveness.

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