

## PAPERS

## Mucin gene expression in Barrett's oesophagus: an in situ hybridisation and immunohistochemical study

G S Arul, M Moorghen, N Myerscough, D A Alderson, R D Spicer, A P Corfield

### Abstract

**Background and aims**—Mucin genes are expressed in a site specific manner throughout the gastrointestinal tract. Little is known about the expression pattern in the oesophagus. In this study we have investigated MUC gene expression in both the normal oesophagus and specialised intestinal metaplasia (Barrett's oesophagus).

**Patients**—Archived paraffin embedded material from eight specimens of normal oesophagus, 18 Barrett's oesophagus, eight gastric metaplasia, six high grade dysplasia, and six cases of adenocarcinoma were examined for expression of the mucin genes MUC1–6.

**Methods**—Mucin mRNA was detected by in situ hybridisation using [<sup>35</sup>S] dATP labelled oligonucleotide probes. Mucin core protein was detected by immunohistochemistry.

**Results**—Normal oesophagus expressed MUC5B in the submucosal glands and MUC1 and MUC4 in the stratified squamous epithelium. Barrett's oesophagus strongly expressed MUC5AC and MUC3 in the superficial columnar epithelium, MUC2 in the goblet cells, and MUC6 in the glands. In high grade dysplasia and adenocarcinoma there was downregulation of MUC2, MUC3, MUC5AC, and MUC6, but upregulation of MUC1 and MUC4 in half of the specimens examined.

**Conclusions**—Normal oesophagus and Barrett's oesophagus have a novel pattern of mucin gene expression. Barrett's oesophagus expressed the mucins associated with normal gastric epithelium and normal intestinal epithelium. While most mucin genes were downregulated in severely dysplastic and neoplastic tissues, there was upregulation of the membrane bound mucins MUC1 and MUC4. This may prove useful in detecting early signs of progression to adenocarcinoma of the oesophagus.

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Keywords: mucins; mucin gene expression; Barrett's oesophagus

The epithelial lining of the oesophagus is protected and lubricated by a thin layer of mucus that is thought to be secreted by the salivary glands and submucosal glands of the oesophagus.<sup>1,2</sup> The viscoelastic properties of this layer are primarily governed by large molecular weight glycoproteins (mucins).<sup>3</sup> Histochemistry shows that the oesophageal submucosal glands are rich in neutral, sialated, and sulphated mucins.<sup>1</sup> The oesophagus has been shown to increase secretion of mucins from the submucosal glands in response to stimulation by gastric acid.<sup>4,5</sup> Furthermore, Namiot *et al* have shown that oesophageal mucin secretion is significantly reduced in patients with reflux oesophagitis.<sup>5</sup>

Each region of the gastrointestinal tract has characteristic functional requirements and the properties of the mucus produced at each site are adapted to cope with these functions.<sup>3</sup> The mucin gene family (termed MUC1–6) comprises at least seven members, each characterised by variable number tandem repeat domains rich in serine, threonine, and proline which carry the O-linked oligosaccharides characteristic for these high molecular weight glycoproteins.<sup>6,7</sup> These mucins can be divided broadly into two groups: those which are secreted and form extracellular gels (MUC2, MUC5AC, MUC5B, and MUC6),<sup>6</sup> and membrane associated mucins which have membrane anchors and are smaller than the secreted mucins (MUC1,<sup>8</sup> MUC3<sup>9</sup> and MUC4).<sup>10</sup> Mucin genes are expressed throughout the human gastrointestinal tract in a site specific manner.<sup>11</sup> This pattern of expression has been studied for the entire gut with the exception of the oesophagus.

Mucin histochemistry has also been used to investigate metaplastic oesophageal epithelium.<sup>12–17</sup> Barrett's oesophagus is the eponymous term used to describe a condition with malignant potential where the lower oesophagus becomes lined with columnar epithelium as a result of chronic gastro-oesophageal reflux. Although there are three types of columnar epithelium—namely, gastric fundic, junctional

**Abbreviations used in this paper:** DEPC, diethylpyrocarbonate; PAS/AB, periodic acid Schiff/alcian blue; HID/AB, high iron diamine/alcian blue; PBS, phosphate buffered solution.

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cardia-type, and specialised intestinal epithelium,<sup>18</sup>—it is now accepted that adenocarcinoma arises only from the specialised intestinal-type of metaplasia.<sup>19</sup> Risk factors for the development of adenocarcinoma include a long segment of Barrett's oesophagus (greater than 8 cm),<sup>20</sup> the presence of ulceration, and recognition of dysplasia.<sup>21</sup>

Jass first suggested that mucin histochemistry could be used to establish if a pattern of mucin staining in Barrett's oesophagus may be associated with a greater risk of progression to adenocarcinoma.<sup>14</sup> Several authors have suggested that expression of sulphomucin is associated with an increased malignant potential.<sup>12 14 15</sup> However, Rothery found that 74% of biopsies of Barrett's oesophagus had evidence of sulphomucin and thus concluded that detection did not help to identify those at risk of progressing to adenocarcinoma.<sup>16</sup> It has also been claimed that *O*-acetylation is associated with increased risk of malignancy but again this is not clearly established.<sup>17</sup> The lack of consensus for a link between histochemical findings and clinical outcome has meant that histochemistry is not routinely used to assess prognosis.

It is known that the pattern of mucin gene expression may change in the gastrointestinal tract in conjunction with metaplasia, dysplasia, and malignant transformation.<sup>22-24</sup> We wished to investigate if different patterns of MUC gene expression are associated with different stages in the multistep process of carcinogenesis. Therefore, we examined mucin gene expression (presence of mRNA and translated protein product) in the normal, metaplastic, and neoplastic oesophagus.

#### Patients and materials

Archived paraffin embedded sections of histologically corroborated Barrett's oesophagus from a six month period in 1997 were assessed. All endoscopic biopsies of the oesophagus were taken at least 5 cm above the gastro-oesophageal junction.

Eighteen samples had a corroborative diagnosis of Barrett's oesophagus.<sup>25</sup> These were taken from areas of velvety mucosa, endoscopically diagnosed as Barrett's oesophagus, situated at least 5 cm above the gastro-oesophageal junction. Histology showed a specialised-type mucosa characterised by an epithelial lining which included columnar epithelium showing a poorly developed brush border, villous architecture, and goblet cells. In addition, eight samples taken from the normal oesophagus lined by stratified squamous epithelium, eight samples of cardiac-type mucosa from areas identified endoscopically as Barrett's mucosa (henceforth referred to as gastric metaplasia), six cases of high grade dysplasia, and six cases of invasive adenocarcinoma of the lower oesophagus were studied (n=46; median age 68 years (range 34–91), male to female ratio 29:17).

All tissues were treated in a strictly RNAase free manner as previously described.<sup>26</sup> Sections (4 µm) were cut from paraffin embedded archived material using a clean baked micro-

tome and floated onto 0.1% diethylpyrocarbonate (DEPC; Sigma, St Louis, Missouri, USA) in distilled water and mounted on baked Histogrip coated slides.

#### CONTROL SECTIONS

Control tissues taken from gastric fundus, intestinal metaplasia of the stomach, bronchus, salivary gland, ileum, and colon, with previously described MUC gene expression patterns,<sup>11</sup> were included with each batch of sections for histochemistry, immunohistochemistry, and in situ hybridisation.

#### HISTOCHEMISTRY

Tissue sections from each specimen were stained in a standard fashion with haematoxylin and eosin, periodic acid Schiff/alcian blue (PAS/AB), high iron diamine/alcian blue (HID/AB), and mild PAS with and without potassium hydroxide saponification<sup>27</sup> to confirm the diagnosis, localise tissue structures, and assess mucin histochemistry.

#### IMMUNOHISTOCHEMISTRY

##### *Method for MUC2, MUC5AC, MUC5B, and MUC6*

Polyclonal rabbit antimucin antibodies were used. These were LUM2-3 (MUC2),<sup>28</sup> LUM5-1 (MUC5AC),<sup>28</sup> M5B,<sup>29</sup> and GPEP24 (MUC6; supplied by Dr I Carlstedt, Lund University, Lund, Sweden). Tissue sections were deparaffinised through three changes of xylene and then rehydrated through a series of decreasing concentrations of ethanol solutions to distilled water. Antigen retrieval was performed by pressure cooking at 121°C for 120 seconds in 10 mM citrate buffer, pH 6.0, and then left to cool at room temperature for 20 minutes. Sections for MUC2 immunohistochemistry were reduced by incubating at 37°C in a solution of 10 mM dithiothreitol and 10 mM Tris/HCl in distilled water at pH 8.0 for 30 minutes. Endogenous peroxidase activity was blocked in 3% (v/v) hydrogen peroxidase in distilled water for 20 minutes and washed in phosphate buffered solution (PBS) for five minutes. Slides were incubated overnight with the primary antibody (dilution used: LUM2-3 at 1:3000; LUM5-1 at 1:800; M5B at 1:2500, and GPEP24 at 1:1000). Sections were washed three times for five minutes in PBS and incubated with secondary reagent, 1:100 goat antirabbit horseradish peroxidase conjugate (Dako, High Wycombe, Bucks, UK) in PBS for one hour at room temperature. Tissues were washed three times in PBS. Development was in 0.6 mg/ml 3-3 diaminobenzidine/0.03% (v/v) hydrogen peroxide in PBS. Sections were rinsed in water, counterstained with haematoxylin, dehydrated through a series of increasing concentrations of ethanol solutions, and mounted under coverslips.

##### *Method for MUC1 and MUC4*

Monoclonal mouse antimucin antibodies were used. These were BC2 (MUC1)<sup>30</sup> and M4.275 (MUC4).<sup>31</sup> Sections were dewaxed, rehydrated, and pressure cooked as described above. Endogenous peroxidase activity was

blocked by incubating sections in a solution of 20% (v/v) methanolic peroxide, 0.1% sodium azide, and 1% hydrogen peroxide solution for 10 minutes. Non-specific antibody binding was blocked by incubating sections first in 4% commercial non-fat skim milk powder in PBS for 15 minutes and then in 10% normal (non-immune) goat serum for 15 minutes. Primary antibody (dilutions used: BC 2 at 1:400 and M4.275 at 1:200) was applied for one hour followed by three washes of PBS. Secondary biotinylated goat antimouse antibody (Amersham Life Science, Amersham, Bucks, UK) was applied for 30 minutes followed by three washes of PBS. Sections were then incubated with a 1:50 dilution of streptavidin-horseradish peroxidase conjugate (Amersham, UK) in PBS for 30 minutes. Sections were developed in diaminobenzidine solution, counterstained, and mounted as described above. No suitable anti-MUC 3 antibody was available for the study.

#### Negative controls

The primary antibody was omitted as a negative control to test the specificity of the antimucin antibodies for each section.

#### IN SITU HYBRIDISATION

The technique of in situ hybridisation used was first described by Scott-Young *et al* in 1986<sup>32</sup> and modified by Myerscough *et al.*<sup>26</sup> Briefly, tissue sections were deparaffinised in xylene and rehydrated through a series of decreasing concentrations of ethanol solutions to distilled 0.1% DEPC treated water. Sections were digested with proteinase K (Boehringer Mannheim, Lewes, East Sussex, UK) 10 µg/ml in 50 mM Tris/HCl pH 7.5 for 20 minutes at 37°C and rinsed in PBS. Tissues were prehybridised by treatment with 0.1 M triethanolamine, 0.25% (v/v) acetic anhydride in 0.9% (w/v) saline for 10 minutes, and then dehydrated through a series of increasing concentrations of ethanol solutions, delipidated in chloroform, washed in 95% ethanol, and then air dried. Hybridisation was performed by incubating tissue sections with 60 µl of hybridisation buffer (all chemicals from Sigma, St Louis, Missouri, USA, unless otherwise stated), 1 × (v/v) Denhardt's solution (0.02% w/v ficoll (type 400), w/v polyvinylpyrrolidone, 0.02% w/v bovine serum albumin (fraction V), 50% (v/v) deionised formamide, 10% (v/v) dextran sulphate, 60 mM sodium citrate dihydrate, 0.6 M sodium chloride, 0.5 mg/ml sheared salmon sperm DNA, 12.5 0.25 mg/ml yeast tRNA, and 0.1% DEPC) containing 50 mM dithiothreitol and 2×10<sup>5</sup> counts per minute [<sup>35</sup>S] labelled probe. Sections were coverslipped and hybridised for 16 hours at 45°C in a humidity chamber. Slides were then washed several times in saline sodium citrate solution (15 mM sodium citrate, 0.6 M sodium chloride solution, pH 7.0). Slides were finally rinsed and air dried.

Slides were dipped in 40% (v/v) K5 gel emulsion (Kodak, Ilford, UK) with 0.15% (v/v) glycerol in distilled water in a narrow glass chamber for five seconds and dried in air for one hour. Exposure was for three weeks in a

desiccation chamber in the dark at 4°C after which sections were developed, counterstained with Giemsa solution, fixed, and mounted under coverslips.

#### Oligonucleotide probe labelling

Complementary 48-mer DNA oligonucleotide probes to the unique tandem repeat domains of the mucin genes MUC1 to MUC6 were used.<sup>11 26 33 34</sup> The oligonucleotides were 3' end labelled using a terminal deoxynucleotidyltransferase kit (Boehringer Mannheim) with <sup>35</sup>S-deoxy-adenosine triphosphate (Amersham) and were purified with a Quick Nucleotide Removal kit (Qiagen Ltd, Crawley, West Sussex, UK).

#### Negative controls

Controls included: (a) exclusion of probes from hybridisation buffer, (b) RNase (50 µg/ml) pretreatment, (c) competition with 50-fold excess of the unlabelled irrelevant mucin probes, (d) competition with 50 times excess of labelled irrelevant probes, and (e) substitution of mucin probe by β-actin mRNA probe.

#### SCORING

All sections were examined by two independent assessors. Concordance between observers was 90%. When there was disagreement between observers the average was taken. Each section was scored according to the predominant cell type labelled and the intensity of labelling from 0 (no staining) to 3 (strong staining). The results were expressed semi-quantitatively for each histological group as the number of sections positively labelled, the predominant cell type labelled, and the average score of the positively labelled cells.

## Results

### THE NORMAL OESOPHAGUS

Staining with PAS/AB revealed that the submucosal glands of the oesophagus contained a mixture of neutral and acid mucins. HID/AB staining showed that 75% of cells within the submucosal glands contained sulphomucin. There was no evidence of O-acetylation of sialic acid residues on staining by mild PAS with and without saponification.

Results for MUC gene expression in control tissues were similar to previously published data.<sup>11</sup> Results for MUC gene expression were divided into secreted and membrane bound mucins and are shown in tables 1 and 2, respectively. There was excellent correlation between immunohistochemistry and in situ hybridisation results. MUC5B was very strongly and specifically expressed in the oesophageal submucosal glands on both in situ hybridisation and immunohistochemistry (fig 1A, B). In one specimen a gland was noted between the stratified squamous epithelium and the muscularis mucosae that expressed MUC6 but not MUC5B. MUC1 and MUC4 mRNA were found expressed in the mid layer of the stratified squamous epithelium (fig 1C, 1E, respectively). Their relevant protein core was found in the more superficial layers (fig

Table 1 Results for expression of the secreted mucin genes (MUC2, MUC5AC, MUC5B, and MUC6)

Histological diagnosis	n	Age	M:F	MUC2			MUC5AC			MUC5B			MUC6		
				S	G	Gl	S	G	Gl	S	G	Gl	S	G	Gl
In situ hybridisation															
Normal oesophagus	8	73	5:3	-	-	-	-	-	-	-	-	+++ (8/8)	-	-	++ (1/8)
Gastric metaplasia	8	57	4:4	-	-	-	+++ (8/8)	-	++ (8/8)	-	-	-	-	-	+++ (7/8)
Barrett's oesophagus	18	68	11:7	-	+++ (18/18)	-	+++ (17/18)	-	+ (17/18)	-	-	-	-	-	+++ (18/18)
Dysplastic Barrett's oesophagus	6	72	4:2	+ (1/6)	+ (4/6)	-	+ (6/6)	-	+ (6/6)	-	-	-	-	-	+ (5/6)
Adenocarcinoma	6	72	5:1	-	-	-	-	-	-	-	-	-	+	-	- (3/6)
Immunohistochemistry															
Normal oesophagus	8	73	5:3	-	-	-	-	-	-	-	-	+++ (8/8)	-	-	++ (1/8)
Gastric metaplasia	8	57	4:4	-	-	-	+++ (8/8)	-	++ (8/8)	-	-	-	-	-	+++ (8/8)
Barrett's oesophagus	18	68	11:7	-	+++ (18/18)	-	+++ (18/18)	-	++ (18/18)	-	-	-	-	-	+++ (17/18)
Dysplastic Barrett's oesophagus	6	72	4:2	+ (1/6)	+ (3/6)	-	+ (6/6)	-	+ (6/6)	-	-	-	-	-	+ (5/6)
Adenocarcinoma	6	72	5:1	-	-	-	-	-	-	-	-	-	+	-	- (3/6)

S, superficial cell layer; G, goblet cells; Gl, deep glands or crypts.  
Scoring: average intensity of positively labelled cells: +++ strong; ++ moderate; + weak; - absent.  
Values in parentheses denote the number of positively labelled specimens.

1D, F). Labelling of MUC1 was much fainter than that of MUC4 by both in situ hybridisation and immunohistochemistry. MUC4 was also found in duct epithelial cells but not in the secretory epithelial cells within the glands.

#### BARRETT'S OESOPHAGUS

##### Histochemistry

Specialised Barrett's oesophagus had neutral mucins in the glands and superficial columnar cells. Acid mucins were noted in the superficial columnar cells and goblet cells. In particular, 12/18 specimens stained positively for sulphomucin. This occurred mainly in the goblet cells. Four of the six specimens of high grade dysplasia stained for sulphomucin. Only 1/6 adenocarcinomas stained positive for sulphomucin, although in four of these cases there was surrounding intestinal metaplasia that stained positive for sulphomucin. Staining with mild PAS with or without saponification showed that there was no detectable *O*-acetylation of sialic acid residues.

There was no correlation between histochemical staining and mucin gene expression pattern.

##### Secreted mucins

Results of labelling for secreted mucins are shown in table 1. Staining showed excellent correlation between immunohistochemistry and in situ hybridisation.

**MUC2**—There was no MUC2 expression in gastric metaplasia of the oesophagus. Strong MUC2 labelling was noted in the goblet cells in Barrett's oesophagus (fig 2A, B). In the samples showing dysplasia, only 3/6 showed evidence of weak MUC2. There was no MUC2 expression in adenocarcinoma.

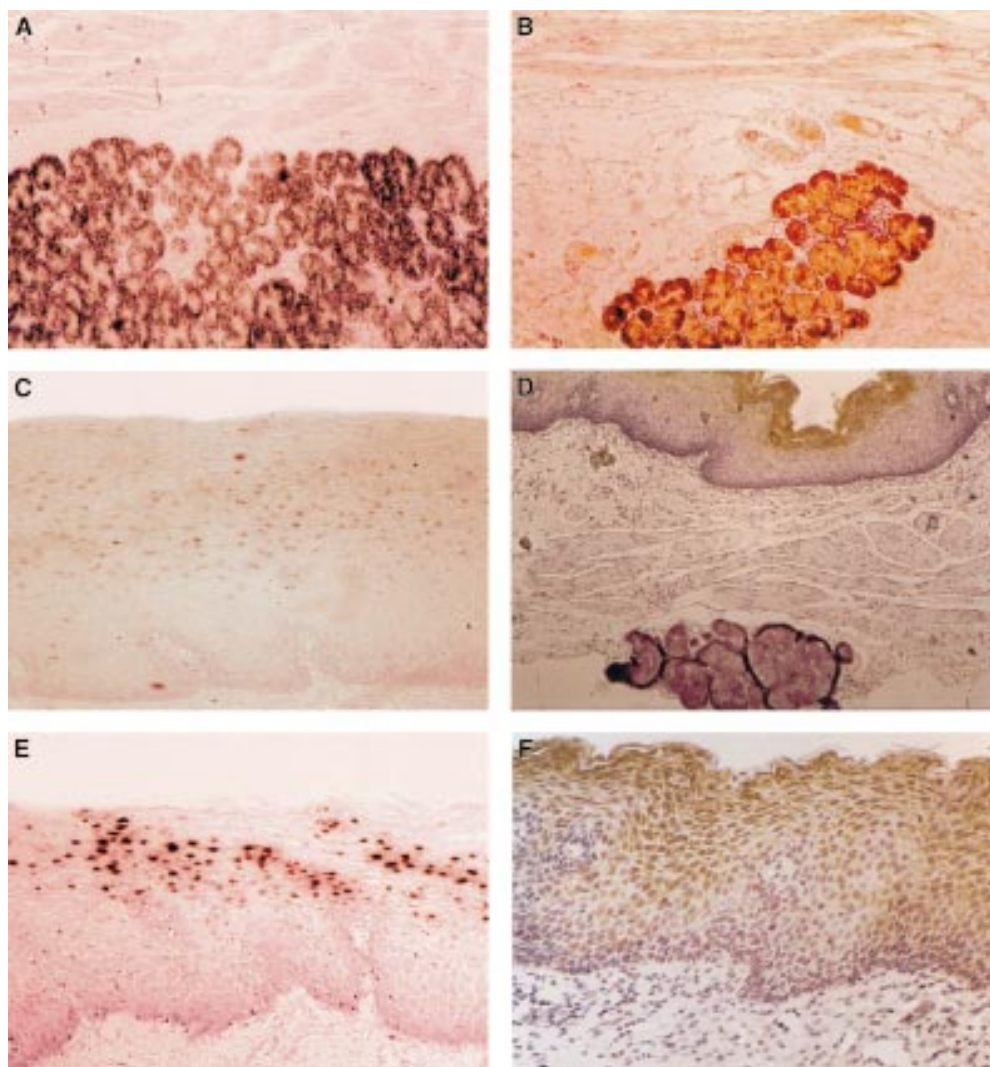
**MUC5AC**—Strong staining of MUC5AC was noted in the columnar epithelium of both gastric metaplasia of the lower oesophagus and in Barrett's oesophagus (fig 2D, E). No MUC5AC was seen in goblet cells. Dysplastic tissues showed mild to moderate MUC5AC

Table 2 Results for expression of the membrane associated mucins MUC1, MUC3, and MUC4

Histological diagnosis	n	MUC1			MUC3			MUC4							
		S	G	Gl	S	G	Gl	S	G	Gl					
In situ hybridisation															
Normal oesophagus	8	+	(7/8)	-	-	-	-	-	++	(8/8)	-	-			
Gastric metaplasia	8	++	(8/8)	-	+	(8/8)	-	-	+	(8/8)	-	+	(8/8)		
Specialised Barrett's oesophagus	18	+	(18/18)	-	+	(3/18)	++	(18/18)	-	-	+	(15/18)	-	+	(15/18)
Dysplastic Barrett's oesophagus	6	++	(3/6)	-	+	(3/6)	+	(4/6)	-	-	++	(3/6)	-	+	(3/6)
Adenocarcinoma	6	++	(4/6)	-	-	-	+	(1/3)	-	-	++	(3/6)	-	-	-
Immunohistochemistry															
Normal oesophagus	8	++	(7/8)	-	-	-	n/a	n/a	n/a	++	(8/8)	-	-	-	-
Gastric metaplasia	8	+	(8/8)	-	+	(8/8)	n/a	n/a	n/a	+	(8/8)	-	+	(8/8)	-
Specialised Barrett's oesophagus	18	+	(10/18)	-	+	(1/18)	n/a	n/a	n/a	+	(17/18)	-	+	(16/18)	-
Dysplastic Barrett's oesophagus	6	++	(3/6)	-	+	(3/6)	n/a	n/a	n/a	++	(3/6)	-	+	(3/6)	-
Adenocarcinoma	6	++	(4/6)	-	-	-	n/a	n/a	n/a	++	(4/6)	-	-	-	-

n/a, not available; S, superficial cell layer; G, goblet cells; Gl, deep glands or crypts.  
Scoring: average intensity of positively labelled cells: +++ strong; ++ moderate; + weak; - absent.  
Values in parentheses denote number of positively labelled specimens.





**Figure 1** Photomicrographs of the normal oesophagus. (A, B) Normal submucosal gland; (C–F) normal stratified squamous epithelium. (A) MUC5B (in situ hybridisation  $\times 200$ ). (B) MUC5B (immunohistochemistry  $\times 200$ ). (C) MUC1 mRNA expressed in the mid layer of the stratified squamous epithelium (in situ hybridisation  $\times 200$ ). (D) MUC1 protein product in the superficial layer of the stratified squamous epithelium but none in the gland (immunohistochemistry  $\times 100$ ). (E) MUC4 mRNA in the mid layer of the stratified squamous epithelium (in situ hybridisation  $\times 200$ ). (F) MUC4 protein product in the superficial layer of the stratified squamous epithelium (immunohistochemistry  $\times 200$ ).

mRNA and protein but invasive adenocarcinoma showed no MUC5AC.

**MUC5B**—MUC5B was not found in any sample of gastric metaplasia, Barrett's oesophagus, or adenocarcinoma on either in situ hybridisation or immunohistochemistry.

**MUC6**—Gastric metaplasia and specialised Barrett's glands expressed MUC6 mRNA and protein in cardiac-type glands at the base of the crypts (fig 2F). There was weak staining of MUC6 in 4/6 dysplastic tissues and in 3/6 cases of adenocarcinoma.

#### Membrane bound mucins

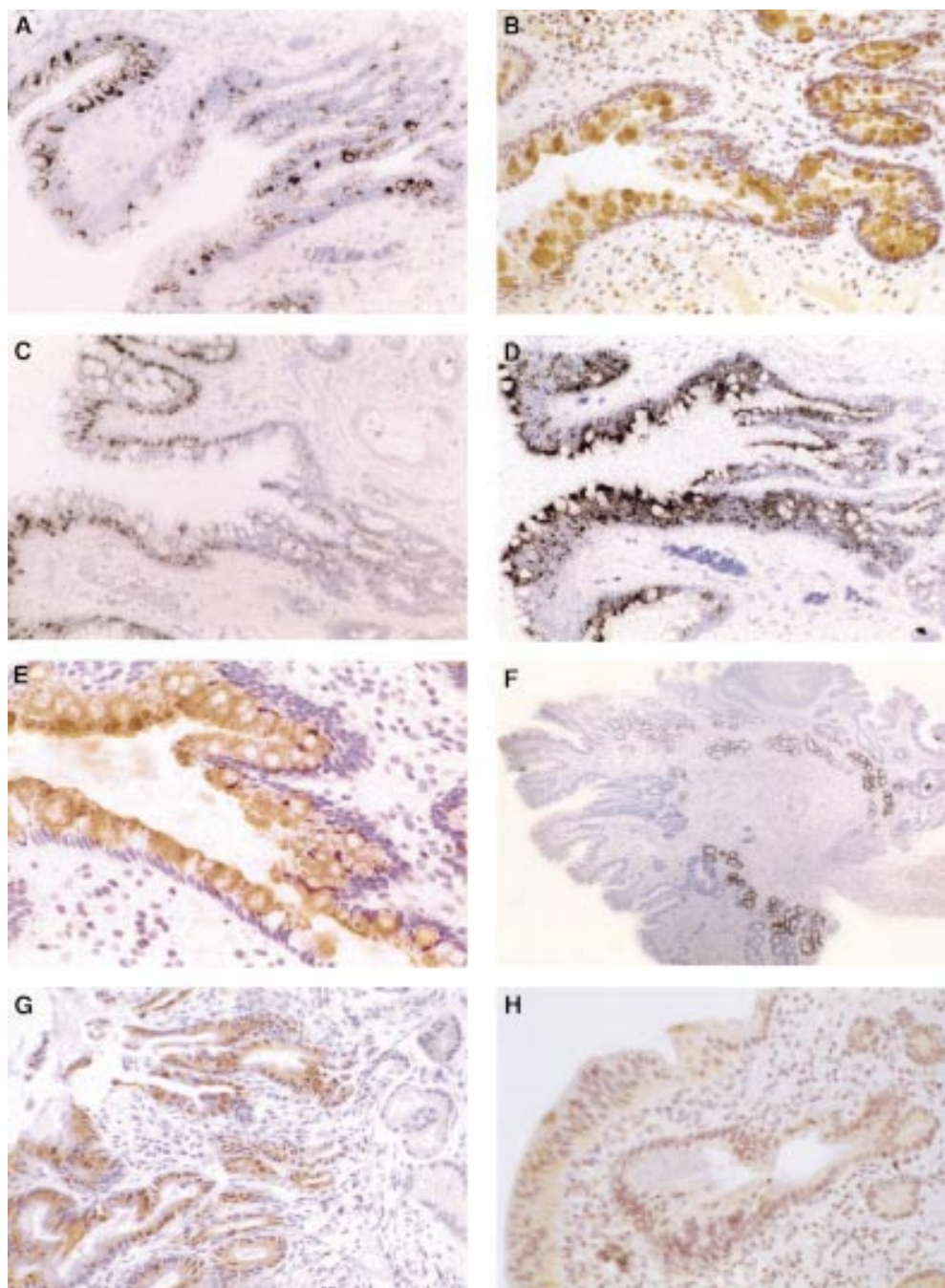
Results of labelling for membrane bound mucins are shown in table 2. Staining showed excellent correlation between immunohistochemistry and in situ hybridisation.

**MUC1**—Mild labelling of MUC1 was associated predominantly in the superficial epithelium of both gastric and specialised intestinal metaplasia. In a small number of specimens labelling was also noted in glands.

MUC1 mRNA expression was demonstrated in all 18 specimens of Barrett's oesophagus but protein product was noted in only 10/18 specimens. There was moderate MUC1 staining in 3/6 sections of high grade dysplasia (fig 2G) and in 4/6 sections of adenocarcinoma found by both in situ hybridisation and immunohistochemistry.

**MUC3**—MUC3 immunohistochemistry was not performed (see methods). In this study MUC 3 was expressed in the superficial columnar cells of specialised intestinal metaplasia (fig 2C) but not in gastric metaplasia of the oesophagus. Dysplastic tissue showed only mild MUC3 expression in 4/6 samples. One case of adenocarcinoma showed mild MUC3 expression.

**MUC4**—Mild MUC4 mRNA and protein was detected in specialised Barrett's epithelium in the basal region of columnar cells of the surface epithelium and in the crypt epithelium. In three sections of Barrett's oesophagus no



**Figure 2** Photomicrographs of Barrett's oesophagus (A–F) and Barrett's oesophagus with high grade dysplasia (G, H). (A) MUC2 mRNA expression in goblet cells (in situ hybridisation  $\times 200$ ). (B) MUC2 protein product in goblet cells (immunohistochemistry  $\times 200$ ). (C) MUC3 mRNA expression in the superficial columnar epithelium (in situ hybridisation  $\times 200$ ). (D) MUC5AC mRNA expression in the columnar epithelium and crypts (in situ hybridisation  $\times 200$ ). (E) MUC5AC protein product in the columnar epithelium and crypts (immunohistochemistry  $\times 200$ ). (F) MUC6 mRNA expression in the columnar epithelium of Barrett's glands (in situ hybridisation  $\times 50$ ). (G) MUC1 protein product in the columnar epithelium of high grade dysplasia (immunohistochemistry  $\times 100$ ). (H) MUC4 protein product in the columnar epithelium of high grade dysplasia (immunohistochemistry  $\times 200$ ).

labelling was seen by in situ hybridisation but was noted with immunohistochemistry. This may be due to the absence of mRNA synthesis or a technical error. In 3/6 cases of dysplasia (fig 2H) and 3/6 cases of adenocarcinoma there was moderate expression of MUC4.

### Discussion

We have described for the first time the profile of currently known mucin genes of normal and Barrett's oesophagus. Both exhibited a unique

pattern of mucin gene expression in the alimentary tract. A strength of the study is that both mRNA expression and translation to protein product were analysed and found to correlate well for mucin gene expression.

We found that MUC5B was the predominant mucin secreted by the submucosal glands of the normal oesophagus. In 1910, Goetsch differentiated between the superficial glands of the lower oesophagus and the true submucosal glands of the oesophagus.<sup>35</sup> We found that the



superficial glands of the lower oesophagus (that is, lying above the muscularis mucosae) expressed only MUC6 but not MUC5B.

MUC5B is also produced by salivary and bronchial glands.<sup>11</sup> Salivary and oesophageal submucosal gland secretions have a common purpose, namely to lubricate the epithelial lining for the passage of luminal contents. It is therefore not surprising to find that they both express MUC5B. This is consistent with evidence from other areas of the alimentary tract that MUC gene expression combined with tissue specific glycosylation is adapted to specific functions.<sup>36</sup> However, the stomach produces MUC5AC and MUC6 to protect its cells from the effects of gastroduodenal refluxate. Assuming that the mucin gene structure is related to its function, it is puzzling that despite 40% of the population describing symptoms of gastro-oesophageal reflux<sup>37,38</sup> the normal oesophagus does not produce the same protective mucin genes as the stomach.

The lining of the oesophagus is stratified squamous epithelium and hence would not be expected to secrete mucin. In 1976, Hopwood *et al* used the PAS stain with diastase digestion and HID/AB to demonstrate that the "intercellular space of the functional cell layer contained neutral and sialic acid-rich mucopolysaccharides".<sup>2</sup> We have shown that the membrane bound mucins, MUC1 and MUC4, are expressed in the stratified squamous epithelium both on in situ hybridisation and immunohistochemistry; their expression in stratified squamous tissues have previously been described in the vagina and cervix.<sup>39</sup>

It is possible that, in some patients, reflux oesophagitis is due to inadequate mucus protection of the epithelium. This is suggested clinically by the finding that certain patients have severe oesophageal damage despite having only mild reflux noted on pH monitoring.<sup>40,41</sup> Furthermore, a significant proportion of patients will fail to achieve complete healing despite the use of powerful antisecretory medication.<sup>42,43</sup> Studies by Namiot *et al* have confirmed that patients with severe reflux oesophagitis have an impaired ability to produce oesophageal mucus.<sup>44</sup> It is not known at present if abnormalities in the mucin gene expression pattern may be responsible for an inadequate mucus barrier. However, now that we have described the mucin genes expressed by the normal oesophagus, it would be interesting to investigate if there is altered expression of the membrane bound mucins MUC1 and MUC4, or the secreted mucin MUC5B in patients with reflux oesophagitis.

Since the first description of the histochemistry of Barrett's oesophagus<sup>14</sup> there have been many attempts to accurately identify whether particular mucin staining patterns are associated with an increased risk of malignancy, with no consensus of opinion.<sup>12,15-17</sup> Our study suggests that cardiac-type gastric mucosa of the lower oesophagus (referred to as gastric metaplasia) has an identical mucin gene profile to normal gastric mucosa—that is, strong expression of MUC5AC in the superficial columnar cells and MUC 6 in the glands with low grade

expression of MUC1 and MUC4. However, in specialised Barrett's oesophagus where the mucosa histologically resembles intestinal mucosa, there is strong expression of MUC2 in the goblet cells and MUC3 in the superficial columnar epithelium (that is, the normal intestinal mucin pattern) and MUC5AC and MUC6 (the gastric mucins). This is a pattern already described for incomplete intestinal metaplasia of the stomach<sup>22,23</sup> and is further evidence that Barrett's oesophagus and incomplete intestinal metaplasia of the stomach are the same condition and represent differentiation into a unique epithelial lineage. We have shown that the normal oesophagus secretes MUC5B, in common with salivary glands, but neither gastric nor intestinal type mucins. Dixon *et al* showed that there was an adherent mucus gel layer of 90 µm thickness present in Barrett's oesophagus that was not present in the normal stratified squamous epithelium.<sup>45</sup> Hence the "metaplastic epithelium" may reflect an adaptive response to new luminal environment. Jankowski suggests that incomplete intestinal-type metaplasia may be a response to reflux of gastroduodenal contents and in particular bile acids.<sup>46</sup> Our studies would support such a theory as Barrett's epithelium produces both MUC5AC and MUC6 associated with protection from gastric acid and MUC2 and MUC3 associated with protection from bile.

Further evidence for Barrett's epithelium having a role in protection and repair comes from studies on trefoil peptides. Hanby and colleagues<sup>47</sup> showed that the trefoil peptides TFF1 and TFF2 (formerly known as pS2 and hSP, respectively) are expressed within Barrett's oesophagus. More recently, Labouvie and colleagues,<sup>48</sup> using immunohistochemistry, showed that TFF1 and MUC5AC are coexpressed in the superficial columnar epithelium of Barrett's oesophagus. The biological functions of the trefoil peptides are not fully understood but there is good evidence that they are associated with mucosal repair and, furthermore, may act synergistically with mucins to protect epithelial tissues.<sup>49-52</sup> Further work is needed to investigate if trefoil peptides interact with the other mucins that this study has shown to be strongly expressed by Barrett's epithelium.

With greater degrees of dysplasia, mucin gene changes continue to occur. The secreted mucin genes MUC2, MUC5AC, and MUC6 were downregulated and expression became more heterogeneous. The membrane bound mucins MUC1 and MUC4 showed a more complicated pattern with upregulation in some cases. Interestingly, MUC3, which has now been shown to be membrane bound<sup>9</sup> responded to dysplastic change by downregulation in the same way as the other "secreted mucins". These changes partly mirror the histological changes associated with dysplasia—that is, reductions in cytoplasmic volume and mucin production. Upregulation of MUC1 and MUC4 found in the dysplastic and neoplastic oesophagus in our study has already

been described in the bronchus, breast, colon, stomach, and pancreas.<sup>23 24 53</sup>

Abnormal expression of oncogenes has also been reported in Barrett's epithelium. These include the tumour suppressor gene p53,<sup>54-56</sup> the proto-oncogene c-erbB-2,<sup>57</sup> and primary cell nuclear antigen.<sup>54</sup> In particular, tumours expressing c-erbB-2 have been associated with a poor five year prognosis and increased tendency to metastasise.<sup>57</sup> In Barrett's oesophagus and adenocarcinoma the c-erbB2 protein is found in the membrane.<sup>57</sup> An interaction has been shown between c-erbB-2 and MUC4 in the rat.<sup>58</sup> It is not known if there is an association between oncogenes and the membrane bound mucins MUC1 and MUC4 in humans. It may also be that mucin expression per se can contribute to increased cell growth and metastatic ability.

We have demonstrated unique mucin gene profiles for the normal oesophagus and Barrett's oesophagus and highlighted interesting potential avenues of future investigation. Further work is necessary to show if a primary abnormality in mucin gene expression of the normal oesophagus may be responsible for some patients developing reflux oesophagitis. With regard to Barrett's oesophagus it is not clear if the mucin gene changes are related to an adaptive response to reflux or reflect the genetic instability associated with a preneoplastic condition. Further investigation may elucidate the pathway of differentiation in the oesophagus that causes squamous epithelium to be replaced by columnar epithelium leading eventually to adenocarcinoma. Prospective studies are required to ascertain if this alteration in mucin gene expression can be used to detect those patients with Barrett's oesophagus at the risk of progression to dysplasia and potentially adenocarcinoma.

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