more branches of the trigeminal nerve. Light tactile stimulation may trigger such an attack. Although the contribution of central and peripheral mechanisms to the aetiopathogenesis of trigeminal neuralgia still remains unclear, the concept of vascular compression of the trigeminal root as the main causal factor in idiophatic "tic douloureux" has achieved widespread acceptance. Trigeminal neuralgia may also afflict patients with multiple sclerosis. In these cases, the demyelination of central trigeminal pathways is the accepted aetiology, and the presence of a T2 hyperintensity along the intrapontine course of trigeminal fibres is generally considered a contraindication to microvascular decompression. We recently saw a case of successful microvascular decompression in a patient without multiple sclerosis, despite an intrapontine trigeminal lesion.

This 66 year old previously healthy man presented with a 6 year history of intense, paroxysmal, electric shock-like pain in the territory of the second branch of the right trigeminal nerve. The pain was triggered by washing his face and shaving and it lasted for a few seconds. Painful attacks, initially rare, gradually increased in frequency and intensity and spread to the first trigeminal branch. When admitted to our hospital 1200 mg carbamazepine were ineffective in relieving the pain. Before admission phenitoin, baclofen, and lamotrigine had been tried without success. Neurological examination was negative and in particular there were no gross sensory deficits in his right trigeminal territory. Magnetic resonance imaging showed a T2 hyperintensity of intrapontine trigeminal fibres and nucleus (fig 1), without evidence of vascular conflicts with the trigeminal root entry zone. A controlateral, smaller, symmetric lesion was also evident. Multiple sclerosis and Lyme disease were ruled out by clinical history and appropriate investigations. The patient had no vascular risk factors. Holter monitoring, neck vessels colour echo Doppler, transthoracic echocardiographic examination, and brain MR angiography did not disclose alterations suggesting a possible ischaemic origin.

At operation, performed through a keyhole retromastoid craniectomy, the root entry zone of the nerve was found crossed by an "intratrigeminal" vein, which was electrocoagulated and divided. No other vascular contacts could be detected by careful exploration of the intracysternal tract of the nerve. The postoperative course was uneventful. Paroxysmal pain slowly faded away during subsequent weeks. Carbamazepine could be completely withdrawn after 2 months.

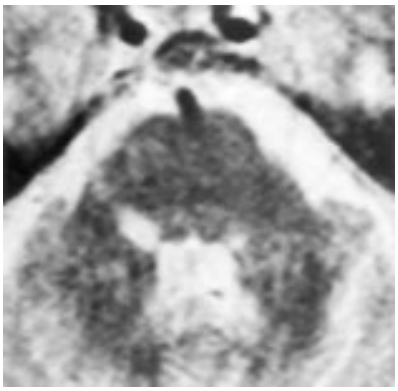

Figure 1 T2 weighted MRI showing hyperintensity of intrapontine trigeminal fibres.

This case is intriguing for two reasons: firstly, because we obtained an apparently paradoxical therapeutic answer in a case where microvascular decompression should have been generally contraindicated; secondly, because of the rarity of the T2 hyperintensity of intrapontine trigeminal fibres and nucleus in patients without multiple sclerosis.

Although the intimate aetiopathogenetic mechanisms of trigeminal neuralgia still remain unknown, peripheral lesions affecting the trigeminal nerve entry zone (tortuous vessels, meningiomas, schwannomas, aneurysms, artereovenous malfunctions, lipomas, epidermoid cysts, osteomas, etc) and multiple sclerosis are certainly involved in the mechanisms causing paroxysmal pain. Demyelination of trigeminal fibres at the level of trigeminal root entry zone in case of vascular cross compression and demyelination of intrapontine trigeminal fibres in case of multiple sclerosis (personal observation of MRI in more than 80% of cases) may result in ephaptic, abnormal transmission of impulses. A neurovascular conflict with focal demyelination at the root entry zone was surgically and pathologically confirmed in a patient with multiple sclerosis and trigeminal neuralgia by Lazar and Kirkpatrick.[1] The anatomopathological evidence of demyelination of intrapontine trigeminal fibres in a patient with multiple sclerosis and trigeminal neuralgia was provided by Crooks and Miles.[2]

Recent studies[3] hypothesised that vascular compression (and possible consequent demyelination) of the trigeminal root and demyelination of intrapontine trigeminal fibres due to multiple sclerosis can coexist and perhaps cooperate in the genesis of painful attacks.

These findings led us to propose microvascular decompression to the patient rather than percutaneous lesive methods. At 2 year follow up the patient is still pain free, confirming the hypothesis that vascular compression and central demyelination can coexist and cooperate in provoking pain paroxysms. Hence, the classic distinction between the supposed "all central" mechanism for trigeminal neuralgia associated with multiple sclerosis and the "all peripheral" mechanism for the trigeminal neuralgia related to vascular compression should be overcome in favour of a unique (patients with trigeminal neuralgia and multiple sclerosis are included), mixed central-peripheral mechanism in which abnormal impulses coming from demyelinated axons (multiple sclerosis, vascular compression, and any other possible cause of demyelination along the central and the peripheral course of gasserian ganglion fibres) modulate the nuclear activity.

An alternative view of this case might be the one advocating the hypothesis that pain relief might be due to surgical damage to the trigeminal root.[4] This view has been strongly challenged by the results of recent studies on sensory effects of microvascular decompression.[5] In our patient, too, no evidence of sensory deficits could be found postoperatively.

Generally a minimum myelin damage, without any gross nerve hypofunction, is involved in the aetiopathogenesis of trigeminal neuralgia. In rare cases demyelination is so widespread along trigeminal fibres to be visualised by MRI and only patients with multiple sclerosis show the classic T2 hyperintensity along the intra-axial trigeminal pathways.

To the best of our knowledge this case is the third reported in which such a lesion was found in a patient without multiple sclerosis. In the two previous cases[6 7] a pontine ischaemia was supposed: in one, multiple cerebral ischaemic lesions with widespread cortical atrophy were found; in the other the pontine lesion was isolated, but an MR angiogram showed a focal stenosis of the vertebral artery. A few patients with small pontine infarcts were reported with trigeminal symptoms, but without paroxysmal pain.

In our case the MRI evident T2 hyperintensity of intrapontine trigeminal pathways was considered a demyelinating or an ischaemic lesion of unknown aetiology.

This case suggests that the presence of a pontine trigeminal lesion is not an absolute contraindication for microvascular decompression in cases of drug resistant typical trigeminal neuralgia.

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Reversal of tissue hypoxia by a single intraventricular dose of sodium nitroprusside in a patient with severe medically refractory cerebral vasospasm after subarachnoid haemorrhage

A 29 year old man was referred to our department from a local hospital in November 2000, for treatment of acute subarachnoid haemorrhage. At examination, he presented with stupor and a Glasgow coma scale score of 7 and was intubated and artificially ventilated. Diagnostic angiography was performed the same day and demonstrated a ruptured arterior cerebral artery aneurysm. The complex configuration of the aneurysm precluded embolisation as a treatment option. Surgery was

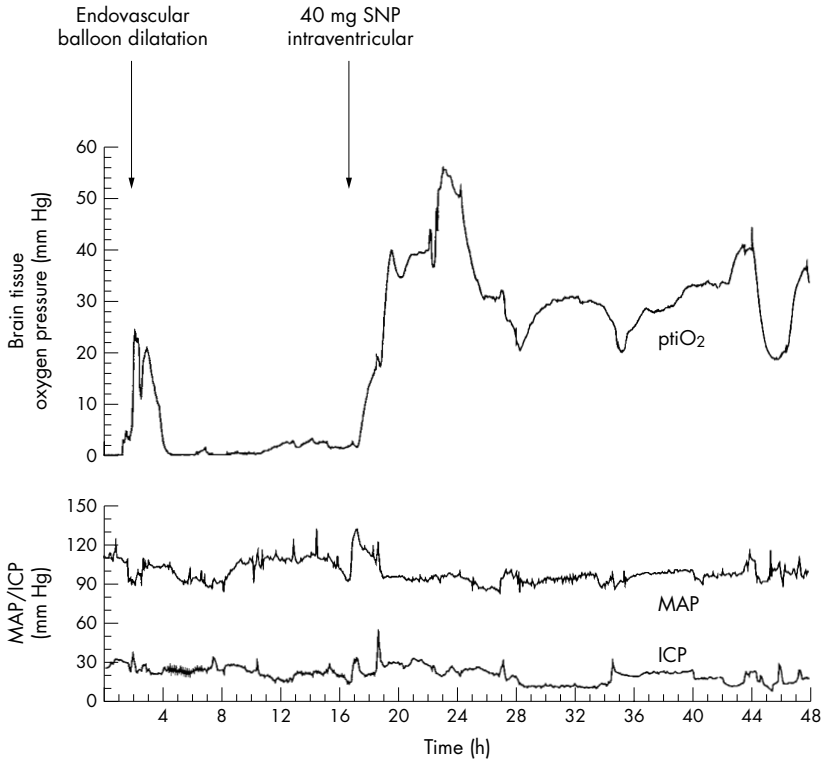

Figure 1 Left frontal brain tissue oxygen pressure ($ptiO_2$), mean arterial pressure (MAP), and intracranial pressure (ICP) in a patient with cerebral vasospasm after subarachnoid haemorrhage. Low $ptiO_2$ values indicating critical brain hypoxia prompted emergency endovascular balloon dilatation of the vasospastic C1 segment of the left internal carotid artery, which only temporarily improved cerebral oxygenation. After intraventricular administration of a single dose of 40 mg sodium nitroprusside, cerebral oxygenation improved permanently.

performed the next day and the aneurysm was successfully clipped. After surgery, the patient received the calcium channel blocker nimodipine intravenously at a dosage of 2 mg/hour and moderate hypervolaemic haemodilution using isotonic solutions to prevent vasospasm induced brain ischaemia. Transcranial Doppler flow velocities were less than 140 cm/s from day 1 to 5 postoperatively. At day 6, Transcranial Doppler flow values increased up to 200 cm/s indicating severe cerebral vasospasm. Cerebral angiography was performed demonstrating 80% vasospasm on the left internal carotid artery (C1 segment). Because the patient remained in a medically induced coma, a Clark-type intraparenchymal brain tissue oxygen sensor was implanted in the left middle cerebral artery territory to monitor brain tissue oxygenation. Initial values showed tissue hypoxia (tissue oxygen pressure <10 mm Hg), therefore, aggressive hypertensive hypervolaemic haemodilution therapy was initiated to improve cerebral circulation. After temporary improvement, the next day brain tissue oxygen pressure decreased below 5 mm Hg and emergency endovasular balloon dilatation of the C1 segment of the internal carotid artery was performed. Again, tissue oxygen improved temporarily but critical tissue hypoxia developed 4 hours after balloon dilatation. Brain CT was performed and showed no signs of established cerebral infarction. At a brain tissue oxygen value of 2 mm Hg, a total dose of 40 mg sodium nitroprusside was administered over a period of 30 minutes via the ventricular catheter. The dosage was chosen from an earlier clinical report.[1] Seventy minutes after sodium nitroprusside administration, brain tissue oxygen increased continuously and persisted at normal values of >15 mm Hg for the next days (fig 1). The clinical course was further complicated by bilateral pneumonia and acute respiratory distress syndrome. Follow up CT showed no major infarction but an atypical left frontal 2×2×2 cm hypodense white matter lesion. The patient was discharged at Rankin grade 5 and slightly improved to Rankin grade 4 after 6 months.

Cerebral vasospasm is the most significant cause of morbidity and mortality in patients surviving subarachnoid haemorrhage long enough to reach medical care. Using the data from the vehicle group of the recent randomised, double blind, vehicle controlled trials on tirilazad mesylate,[2] symptomatic vasospasm occurred in 33%–38% and cerebral infarctions from vasospasm were found in 10%–13% of all patients after subarachnoid haemorrhage. Prevention and treatment of cerebral vasospasm were achieved despite the use of nimodipine, hypertensive hypervolaemic hemodilutive therapy, angioplasty and intra-arterial papaverine administration. So far, there is no other established treatment modality that could be offered to those patients with severe vasospasm, decreasing blood flow, and impending cerebral infarction.

The reduction in the concentration of nitric oxide is one purported mechanism of delayed vasospasm after subarachnoid haemorrhage. Evidence in support of a causative role for nitric oxide includes the disappearance of nitric oxide synthase from the adventitia of vessels in spasm, the destruction of nitric oxide by haemoglobin released from the clot into the subarachnoid space, and reversal of vasospasm by intracarotid nitric oxide.

Recently, Thomas *et al* have suggested intraventricularly administered sodium nitroprusside as a treatment for severe medically refractory vasospasm after subarachnoid haemorrhage.[1 3] After intraventricular administration, sodium nitroprusside is supposed to attenuate vasospasm by releasing nitric oxide on the abluminal side of the basal cerebral vessels.

Apart from the original description of the clinical and angiographic effects there is only one report that repeated intraventricular sodium nitroprusside administration indeed may improve cririically reduced cerebral oxygenation and blood flow.[4] Our data demonstrate for the first time that despite the short half life of sodium nitroprusside a single intraventricular dose may lead to permanent improvement of reduced cerebral oxygenation in the territory of a severely vasospastic artery. Our finding supports the concept that nitric oxide is playing a critical part in the pathophysiology of cerebral vasospasm after subarachnoid haemorrhage and that intraventricular sodium nitroprusside may offer a a novel therapeutic option in patients with otherwise medically refractory vasospasm and impending cerebral infarction.

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Transcranial magnetic stimulation alleviates truncal ataxia in spinocerebellar degeneration

Spinocerebellar degeneration is an inherited or acquired neurodegenerative disorder characterised by steadily progressive cerebellar ataxia, dysarthria, and gait disturbance. These symptoms restrict daily activities. However, no satisfactory therapy has been established. Transcranial magnetic stimulation (TMS), originally introduced to the medical field to evaluate the function of the CNS, is recently becoming a therapeutic tool for neuropsychiatric disorders, such as major depression[1] and Parkinson's disease.[2] We also reported the efficacy of TMS for inherited spinocerebellar