

PAPER

Neurophysiological testing correlates with clinical examination according to fibre type involvement and severity in sensory neuropathy

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Objective: To investigate a comprehensive battery of neurophysiological tests for objective evaluation of sensory neuropathies including fibre type involvement and severity, and to determine the relation between neurophysiological data and clinical examination.

Methods: 45 patients referred for sensory neuropathy were studied using a standardised clinical evaluation of large and small fibre symptoms and an original neurophysiological battery. Clinical evaluation included: assessment of tactile, vibratory, and pin sensation; tendon reflexes; toe position sense; ataxia score; pain level; and presence of trophic, vasomotor, or sudomotor abnormalities. The neurophysiological battery included: recording of large fibre and small fibre components of the sural sensory nerve action potential; somatosensory evoked cortical potentials and soleus H reflex following tibial nerve electrical stimulation; laser evoked potentials following Nd:YAG laser stimulation of the foot; and plantar sympathetic skin response to median nerve stimulation. Neuropathy was classified according to the predominantly affected fibre type, and a severity score was established based on clinical and neurophysiological abnormalities.

Results: On clinical examination there were 22 patients with large fibre sensory neuropathy (LFSN), 18 with mixed sensory neuropathy (MSN), and five with small fibre sensory neuropathy (SFSN). Neurophysiological classification identified 25 patients with LFSN, 13 with MSN, and seven with SFSN. Clinical and neurophysiological classifications and severity scores were correlated, whatever the type of neuropathy.

Conclusions: The correlation between clinical examination and the results of an original neurophysiological test battery offers a comprehensive clinical and neurophysiological approach to the objective assessment of peripheral neuropathies according to fibre type involvement and overall severity.

The severity of a neuropathy is usually quantified by an objective evaluation of clinical scores and neurophysiological data. Correlations between nerve conduction studies and clinical scores have been reported, but not with the aim of qualifying the neuropathy according to fibre type involvement. Determination of the predominantly affected nerve fibre type remains a challenge in the sensory neuropathies. Several clinical scores have been validated and are currently used to quantify neuropathy severity,^{1–4} but they do not focus on the profile of nerve damage.⁴ Sensory nerve fibres of large diameter are easily explored using neurophysiological methods, but small nerve fibre assessment requires more unusual techniques, such as quantified thermal sensory testing or sympathetic skin response recordings.⁵ Somatosensory evoked potentials can be obtained by selectively stimulating each type of fibre—large fibres in response to electrical stimulation and small fibres in response to laser stimulation.⁶

To distinguish between large fibre sensory neuropathy (LFSN), small fibre sensory neuropathy (SFSN), and mixed (large and small) sensory neuropathy (MSN), we develop a comprehensive battery of neurophysiological tests. We then applied this battery to a series of patients with sensory predominant neuropathy, along with a quantified clinical evaluation. We studied the relation between neurophysiological and clinical results in terms of fibre type classification and severity scoring of the neuropathy.

METHODS

Patients

Forty five patients with a sensory predominant peripheral neuropathy were included prospectively in the study. A

diagnosis of peripheral neuropathy was obtained by standard clinical, biological, and electrophysiological investigations. Inclusion criteria were the presence of at least one of the following signs or symptoms involving the lower limbs:

- bilateral, symmetrical or asymmetrical numbness, paraesthesiae, pain, ataxia, areflexia, or dysautonomia;
- a chronic stable disorder over the three preceding months.

Patients with focal mononeuropathy, pure motor or motor predominant neuropathy, or neuropathy restricted to upper limbs were excluded. Patients with cognitive deterioration preventing an accurate understanding of tests, and those with associated central nervous system abnormalities were also excluded.

Clinical classification

Clinical assessment included a systematic evaluation of tendon reflexes, superficial and proprioceptive sensibility, pain, and trophic or vasomotor abnormalities. The clinical examination took about 10 minutes. Tendon reflexes, toe position sense (evaluated by the responses to 10 questions), vibratory skin sensation (measured by a 128 Hz tuning fork), tactile skin sensation, and pin skin sensation were evaluated according to the neurologic disability score (NDS) scale⁷ in the lower limbs (on the first toe, ankle, leg, and knee).

Abbreviations: LEP, laser evoked potential; LFSN, large fibre sensory neuropathy; MSN, mixed (large and small) sensory neuropathy; SEP, somatosensory evoked potential; SFSN, small fibre sensory neuropathy; smFC, small fibre component; SNAP, sensory nerve action potential; SSR, sympathetic skin response; VAS, visual analogue scale

Examination was considered as normal (0), decreased (1), or absent (2). The ataxia score was derived from the Nobile-Orazio score⁸ as follows: normal posture with closed eyes (0); slight postural alteration with closed eyes (1); severe postural alteration with closed eyes (2); inability to stand with closed eyes (3). Dysautonomia was determined by the presence of trophic, vasomotor, or sudomotor abnormalities. Pain was evaluated as the spontaneous pain intensity on a 100 mm visual analogue scale (VAS) graduated from 0 (no pain) to 100 (worst possible pain).

Large fibre involvement was assumed in the following situations:

- loss of tactile or vibratory skin sensation in any part of a lower limb, assessing skin mechanoreceptors to touch, pressure, and vibration associated with A- β (type II) sensory fibres;
- decreased or absent tendon reflexes, assessing muscle spindle receptors associated with A- α (type I) sensory fibres;
- an ataxia score of >1 or alteration in the toe position sense, assessing joint proprioceptors also associated with A- α (type I) sensory fibres.

Small fibre involvement was assumed in the following situations:

- alteration of pin sensation in any part of a lower limb, assessing mechanonociceptors associated with A- δ (type III) sensory fibres;
- the presence of trophic, vasomotor, or sudomotor abnormalities;
- A VAS pain score of >40.

The last two variables assess the transmission of information mediated by lightly myelinated or unmyelinated autonomic or sensory fibres.

Qualitative classification

Each positive criterion was evaluated as 1 point, any unilateral abnormal result being sufficient to render the assessment of that entire criterion abnormal. Neuropathy was classified as LFSN when large fibre criteria were the majority, SFSN when small fibre criteria were the majority, and MSN when large and small fibre criteria were equal in number.

Severity scoring

The total number of positive criteria was used to evaluate the clinical severity of the neuropathy.

Neurophysiological classification

Eight neurophysiological tests were applied bilaterally. The neurophysiological examination took about 45 minutes. Clinical and neurophysiological testing was undertaken independently, and in each case the assessor was blinded to the findings of the other assessment. For all electrophysiological recordings we used either a Keypoint (Medtronic France, Boulogne-Billancourt, France) or a Phasis II (Esaote Biomedica, Florence, Italy) EMG-EP machine.

Sural nerve conduction was studied antidromically on both ankles, using subcutaneous needles, both for stimulation and for recording. The amplitude of the distal sensory nerve action potential (SNAP) of the both sural nerves was measured and averaged. Mean sural SNAP amplitudes of more than 15 μ V were considered normal.⁹ Subsequently, the small fibre component (smFC) of the sural SNAP was studied by averaging 1000 stimuli with an onset delay of 2 ms.¹⁰ The presence of bilateral smFCs, whatever their amplitude, was considered normal.

Quantitative sensory testing was done on the dorsum of the foot using a VSA-3000/TSA-2001 device (Medoc, Ramat Yshai, Israel). The vibratory threshold and the thermal (warm and cold) sensory threshold (temperature threshold) were measured bilaterally using the method of limits.¹¹ Vibration was tested at a constant frequency (100 Hz) but with increasing amplitude. Results obtained from the both feet were averaged to define the vibratory threshold. Normal values were less than 12 μ m for vibratory threshold at the feet.¹² For thermal testing, temperature was increased (warm sensation) or decreased (cold sensation) at a linear rate of 1°/s from a neutral temperature of 32°C. The mean differential value between the temperature perceived as warm or cold and this neutral temperature was calculated from five trials. The overall mean differential value from bilateral warm and cold sensory testing then defined the mean temperature threshold. From published normative data, the upper normal limit for this value was estimated to be 12°C.¹¹

The proprioceptive H reflexes were recorded over the soleus muscles following the stimulation of the tibial nerve at the popliteal fossa. The mean amplitude of the averaged right and left maximum H reflex equal to or greater than 1 mV was considered normal, based on published data¹³ and our own laboratory reference. Plantar sympathetic skin responses (SSR) were recorded bilaterally following the electrical stimulation of the median nerve at the wrist. Three trials were done, using increasing stimulus intensities and random stimulation intervals to avoid habituation. The mean amplitude of the averaged right and left SSR equal to or greater than 1 mV was considered normal.¹⁴

Somatosensory evoked potentials (SEP) were recorded at cortical level by means of subcutaneous needle electrodes placed in the scalp (2 cm behind the vertex referred midfrontally) following repetitive electrical stimulation of the posterior tibial nerve at the ankle. Two sets of 250 stimuli were undertaken. The mean latency of the right and left P40 peaks was taken into account (upper limit of normal, 44 ms).¹⁵ Laser evoked potentials (LEP) were recorded at the vertex with extracephalic reference (linked earlobes) following Nd:YAG laser stimulation of the dorsum of the foot.¹⁶ Before any recording, the diameter of the illuminated area at the level of the skin was measured with a near-infrared sensitive paper and was maintained around 5 mm. Laser pulses were delivered at a given energy of 300 mJ, fixed for all patients, resulting in a mean energy density of 15 mJ/mm². Using this energy density, foot stimulation can, in our experience, elicit pinprick sensation and cortical LEP for all healthy subjects with a negative peak latency around 200 ms.¹⁶ Two sets of 20 stimuli were delivered with random intervals (ranging from 5 to 20 seconds) to avoid habituation, and were averaged for each side. The peak to peak amplitude of the vertex responses was measured. A response equal to or greater than 10 μ V in amplitude, averaged bilaterally, was considered normal.

Qualitative classification

SNAP and H reflex amplitude, vibratory threshold, and SEP latency were used to assess large diameter nerve fibres, while the presence of smFC and LEP, temperature threshold, and SSR amplitude were used to investigate small diameter nerve fibres. The neuropathy was classified as LFSN, SFSN, or MSN (equal number of large and small fibre abnormal parameters) according to the number of abnormal responses in each type of study.

Severity scoring

The total number of abnormal responses was used to obtain a neurophysiological severity score for the neuropathy.

Statistical analysis

The relation between clinical and neurophysiological classification of the neuropathy was analysed for each type of neuropathy, and compared with the two other types using Fisher's exact test. The relation between clinical and neurophysiological severity scores of the neuropathies was analysed using Pearson's test.

RESULTS

Patients

Our series included 45 patients, 28 men (61%) and 17 women (39%). Their mean (SD) age at the time of the study was 64 (12) years (range 31 to 80). The neuropathy was determined by standard investigations as distal axonal polyneuropathy (n = 39) or polyradiculoneuropathy (n = 6). Electro-physiological classification was axonal neuropathy (n = 36) or demyelinating neuropathy (n = 9). The cause of the neuropathy was metabolic (n = 18), infectious (n = 2), dysimmune/paraneoplastic (n = 10), or toxic (n = 4). Eleven cases were idiopathic.

Clinical and neurophysiological examination

The results of the clinical and neurophysiological examinations are given in tables 1 and 2.

The following abnormal criteria were found in the clinical examination (table 1): tendon reflexes (n = 39), superficial and vibratory sensations (n = 32), pin sensation (n = 28), VAS score (n = 22), ataxia or toe position sense (n = 17), and trophic, vasomotor, or sudomotor abnormalities (n = 13). In the clinical examination overall, there were 22 patients with LFSN, 18 with MSN, and five with SFSN. The severity scores ranged from 1 (four patients) to 6 (three patients).

The following abnormal results were found in the neurophysiological examination (table 2): vibratory threshold (n = 38), H reflex amplitude (n = 37), SEP latency (n = 35), SNAP amplitude (n = 31), smFC presence (n = 29), LEP presence (n = 25), temperature threshold (n = 24), and SSR amplitude (n = 22). In the neurophysiological classification overall, there were 25 patients with LFSN, 13 with MSN, and seven with SFSN. The severity scores ranged from 2 (two patients) to 8 (seven patients).

Relation between clinical and neurophysiological evaluation

The relation between the clinical and the neurological examination is outlined in table 3.

On neurophysiological grounds, clinically defined LFSN were classified as LFSN (n = 17) or MSN (n = 8), but never as

Table 1 Individual results of the clinical evaluation

Case No	Tactile/vibratory sensation	Tendon reflexes	Posture/toe position sense	Pin prick sensation	Vasomotor/sudomotor trophic abnormalities	Pain score	Neuropathy classification	Neuropathy severity score
1	Abnormal	Abnormal	Normal	Normal	Absent	7	lf	3
2	Abnormal	Abnormal	Abnormal	Normal	Absent	0.5	lf	3
3	Abnormal	Abnormal	Normal	Abnormal	Absent	0	lf	3
4	Abnormal	Abnormal	Abnormal	Normal	Present	3	lf	4
5	Abnormal	Abnormal	Abnormal	Abnormal	Present	4	lf	5
6	Abnormal	Abnormal	Normal	Abnormal	Absent	6	m	4
7	Abnormal	Abnormal	Abnormal	Abnormal	Present	5	m	6
8	Abnormal	Abnormal	Abnormal	Abnormal	Absent	6.5	lf	5
9	Abnormal	Abnormal	Abnormal	Abnormal	Present	4.5	m	6
10	Abnormal	Abnormal	Normal	Abnormal	Absent	1	lf	3
11	Abnormal	Abnormal	Abnormal	Abnormal	Absent	0	lf	4
12	Abnormal	Abnormal	Normal	Abnormal	Absent	5	m	4
13	Normal	Normal	Normal	Normal	Absent	5	sf	1
14	Normal	Abnormal	Normal	Normal	Absent	5	m	2
15	Abnormal	Abnormal	Abnormal	Abnormal	Absent	1	lf	4
16	Abnormal	Abnormal	Normal	Abnormal	Present	0	m	4
17	Abnormal	Abnormal	Normal	Abnormal	Present	0	m	4
18	Abnormal	Abnormal	Normal	Abnormal	Absent	3.5	lf	3
19	Abnormal	Abnormal	Abnormal	Abnormal	Present	2	lf	5
20	Normal	Abnormal	Normal	Abnormal	Absent	3	m	2
21	Normal	Abnormal	Normal	Normal	Absent	1	lf	1
22	Abnormal	Abnormal	Abnormal	Abnormal	Absent	6	lf	5
23	Abnormal	Abnormal	Normal	Abnormal	Absent	6	m	4
24	Normal	Normal	Normal	Normal	Present	5.5	sf	2
25	Abnormal	Abnormal	Normal	Abnormal	Absent	4.5	m	4
26	Abnormal	Abnormal	Normal	Abnormal	Absent	8	m	4
27	Normal	Normal	Normal	Normal	Absent	5.5	sf	1
28	Abnormal	Abnormal	Abnormal	Abnormal	Absent	0	lf	4
29	Abnormal	Normal	Abnormal	Abnormal	Present	3	m	4
30	Abnormal	Abnormal	Normal	Normal	Absent	4.3	lf	3
31	Abnormal	Abnormal	Abnormal	Normal	Absent	0.5	lf	3
32	Abnormal	Abnormal	Abnormal	Abnormal	Present	0	lf	5
33	Normal	Abnormal	Normal	Normal	Absent	8.5	m	2
34	Abnormal	Abnormal	Abnormal	Abnormal	Present	8	m	6
35	Abnormal	Abnormal	Normal	Abnormal	Absent	2	lf	3
36	Normal	Normal	Normal	Normal	Present	6	sf	2
37	Abnormal	Normal	Normal	Abnormal	Absent	3	m	2
38	Normal	Abnormal	Abnormal	Normal	Absent	5	lf	3
39	Normal	Abnormal	Normal	Abnormal	Absent	1	m	2
40	Abnormal	Abnormal	Normal	Abnormal	Present	5	sf	5
41	Normal	Abnormal	Normal	Normal	Absent	5	m	2
42	Normal	Abnormal	Normal	Normal	Absent	8	m	2
43	Normal	Abnormal	Normal	Normal	Absent	3	lf	1
44	Abnormal	Abnormal	Normal	Normal	Absent	0	lf	2
45	Abnormal	Abnormal	Abnormal	Abnormal	Absent	3.5	lf	4

lf/m/sf, large fibre, mixed, or small fibre neuropathy.

Table 2 Individual results of the neurophysiological evaluation

Case No	Sural SNAP amplitude (μ V)	H reflex amplitude (mV)	Vibratory threshold (μ m)	P40 latency (ms)	Small fibre component	Plantar SSR amplitude (mV)	Thermal threshold ($^{\circ}$ C)	Foot LEP amplitude (μ V)	Neuropathy classification	Neuropathy severity score
1	18	0.25	23.5	43	Absent	1.2	13.3	12	m	4
2	1.5	0	25	49.5	Absent	1.4	19.7	10	lf	6
3	13	0.1	25	47	Present	1.1	17.6	0	lf	6
4	1.2	0	25	Absent	Absent	0.4	18	0	m	8
5	33.5	0.35	24.5	46.9	Present	0.55	12.2	0	m	6
6	5.5	0.2	25	54.5	Absent	0.5	23	0	m	8
7	0	0.45	24	Absent	Absent	0.6	12.4	0	m	8
8	35	0	22	Absent	Present	8	13.6	13	lf	4
9	0	0.6	25	Absent	Absent	0.5	18	0	m	8
10	3.5	0	24	Absent	Absent	0	20	32	lf	7
11	4.5	0.1	25	57.6	Absent	0.5	9.9	44	lf	6
12	6	0	25	47.5	Absent	1.3	16	0	lf	7
13	17	1.2	19	43.5	Present	0.7	9.9	0	sf	3
14	18	0.8	4.5	43.5	Absent	3.7	8.2	6	m	2
15	3.5	0.5	23	51.4	Absent	1.1	19.7	0	lf	7
16	4	0.05	18.5	52.9	Absent	2.55	11.7	0	lf	6
17	0	0	25	58	Absent	1.45	10.3	0	lf	6
18	9	0.3	22.5	49.7	Present	1.2	25	12.5	lf	5
19	11	0.1	22.5	55.5	Absent	1.1	16.5	11	lf	6
20	6.5	0.25	25	Absent	Absent	0.8	19	0	m	8
21	16	0.2	21	40.1	Present	0.9	9.4	0	m	4
22	11	1.3	19	45.6	Present	1.1	18.8	10	lf	4
23	2.5	0.1	24.5	60	Absent	2.7	12.5	0	lf	7
24	32	1.1	10.5	43.8	Absent	0.5	9.5	0	sf	3
25	0	0.05	15.2	Absent	Absent	0.85	6.9	13	lf	6
26	1	0.1	24.5	55	Absent	0.4	16.6	0	m	8
27	17	0.15	6.6	47.5	Absent	5.7	6.7	0	m	4
28	0	0	25	Absent	Absent	0	13.7	0	m	8
29	6	1	25	50	Absent	0.4	13.7	0	sf	7
30	9.5	1	23.2	51.6	Present	0.8	9.6	0	lf	5
31	3.5	0.3	25	49.3	Present	1.4	8.1	13	lf	4
32	10	0.05	21	Absent	Present	2.9	9.8	15.5	lf	4
33	13.5	0.1	14.4	43.5	Absent	1.8	23.9	0	m	6
34	13	0.3	25	44.2	Absent	0.2	19.1	12	lf	7
35	12	0.3	22.2	51	Present	2.5	3.1	13	lf	4
36	15.5	2.8	11.3	49.7	Absent	0.8	8.5	10	sf	3
37	21	0.35	25	51.8	Present	0.85	9.3	12.5	lf	4
38	3.5	0.2	17	53.5	Absent	1.5	9.8	10	lf	5
39	13	1.7	20	Absent	Absent	1.8	8.4	13	lf	4
40	7	1	11	53	Absent	0	5.1	0	sf	5
41	42	0.3	1.5	35.4	Absent	0.5	9.7	0	sf	4
42	22	0.05	7	43.4	Present	0	10	0	sf	3
43	16	0.3	15.5	43.3	Present	1	12.6	10	lf	3
44	5	0	25	62.6	Present	2.5	15.4	0	lf	6
45	23	0.7	15.5	40.7	Present	5	6.6	36	lf	2

LEP, laser evoked potential; SNAP, sensory nerve action potential; SSR, sympathetic skin response.

SFSN; clinically defined SFSN were classified as SFSN ($n = 4$) or MSN ($n = 3$), but never as LFSN. On clinical grounds, neurophysiologically defined LFSN were classified as LFSN ($n = 17$) or MSN ($n = 5$), but never as SFSN; neurophysiologically defined SFSN were classified as SFSN ($n = 4$) or MSN ($n = 1$), but never as LFSN. Thus qualitative clinical and neurophysiological classifications were correlated for both LFSN and SFSN ($p = 0.007$ and 0.001 , respectively; Fisher's exact test), but not for MSN ($p = 0.317$). Clinical and electrophysiological severity scores were also correlated ($r = 0.52$; $p = 0.0003$; Pearson's test).

Table 3 Numbers of patients in clinical and neurophysiological classification determined by fibre type involvement

		Neurophysiological classification		
		SFSN	MSN	LFSN
Clinical classification	SFSN	4	1	0
	MSN	3	7	8
	LFSN	0	5	17

LFSN, large fibre sensory neuropathy; MSN, mixed sensory neuropathy; SFSN, small fibre sensory neuropathy.

DISCUSSION

Recent studies have attempted to classify sensory neuropathies on the basis of the affected fibre population, particularly the description of sensory neuropathies in relation to selective lesions of small nerve fibre endings.¹⁷ This idiopathic distal small fibre neuropathy leads to disabling neuropathic symptoms, such as burning feet sensation, without any abnormalities on classical nerve conduction studies or nerve biopsy. At present, detection of SFSN is based on epidermal nerve fibre density measurement in skin biopsies,¹⁸ on quantitative thermal sensory testing,¹⁹ or on autonomic nervous system testing.²⁰ In the present study, we propose an original evaluation test battery, including several different tests to investigate the various components of the sensory nerve, though the criteria—both clinical and neurophysiological—were defined arbitrarily without any system of weighting. Nevertheless, this strategy revealed a correlation between neurophysiological and clinical evaluations for both qualitative classification and severity scoring.

On clinical grounds, several approaches have been introduced to assess sensory deficits in the polyneuropathies.^{2 4 7} Although different scores have been validated, there are caveats that limit their use in clinical practice. First, these scores were not designed to classify neuropathies according

to the predominance of the fibre type component; they were designed to evaluate all types of neuropathy on the basis of various motor, sensory, or autonomic symptoms.^{3–6} For instance, the *neuropathy symptom profile* was developed as an epidemiological tool and a screening questionnaire rather than for objective evaluation.⁴ More recently, a *total neuropathy score* was developed to focus on length dependent distal polyneuropathies.² It has the major advantage of being easy to do, but it combines motor and sensory evaluations and clinical and objective variables. In addition, none of these composite scores includes any rating of spontaneous pain intensity on a visual analogue scale or an ataxia score, though these criteria are of interest for investigating small or large fibre components in peripheral sensory neuropathies.^{8–21}

In the present study, we undertook a clinical evaluation that combined various non-redundant items of previously validated scores with pain ratings and an ataxia scale. It has been suggested that, from a clinical point of view, distinguishing the type of functional involvement is a help in guiding paraclinical investigations. Our results support this view by providing correlations between clinical and neurophysiological assessments. The present composite clinical evaluation could therefore be suitable for diagnosis, particularly in patients with only subjective signs and a normal neurological examination. For instance, in the present series, two patients presented with one purely subjective clinical sign (a VAS score of >40 mm) but with objective neurophysiological signs of neuropathy.

On neurophysiological grounds, various composite scores of nerve conduction parameters have been described in order to define abnormal results and to assess the severity of a neuropathy.^{22–24} Recently, Dyck and coworkers introduced composite scores of attributes of nerve conduction which were expressed as centiles and normal deviates, based on the study of these indices in large normative populations with correction for age, sex, and body mass index.²⁵ However, the development of valid methods such as these is limited by the availability of large normative databases and the use of sophisticated statistical techniques. With the same objective, we developed a software tool, Diagnostica[®], to provide a single index representative of the overall electrophysiological values. This has been applied in several neuropathic conditions.^{26–28} Standardised electrophysiological data can also be used to delineate the pathophysiological mechanisms of a neuropathy—for example, axonal versus demyelinating.²⁹ However, all these quantitative approaches are global and based on routine nerve conduction (large fibre) parameters, and have never been concerned with investigating the fibre type.

To define sensory neuropathy according to the affected nerve fibre population requires the use of unusual neurophysiological methods, particularly for small diameter nerve fibre assessment. Only SNAP measurements are commonly undertaken in routine neurophysiological examination of sensory neuropathies. In contrast, our present study was based on eight different tests: SNAP and H reflex amplitude, vibratory threshold, and SEP latency to investigate the large fibres, and smFC and LEP presence, temperature threshold, and SSR amplitude to investigate the small fibres. None of the results obtained by using these eight tests was redundant, thus justifying the use of the whole battery. Each of these methods had advantages and disadvantages, some of which we will discuss.

The smFC of the sural sensory nerve action potential has rarely been studied, though it was described a long time ago.³⁰ The main component of the sensory nerve action potential is related to the response of large diameter A- β sensory nerve fibres (larger than 9 μ m in diameter), which represent only 30% of all myelinated fibres in the sural

nerve.³¹ By means of near-nerve needle recording and averaging methods, some small, later occurring components can be observed. The first late component corresponds to fibres with conduction velocities in the range of 10 to 20 m/s—that is, the thinly myelinated A- δ type of nerve fibres.¹⁰ This test was the most sensitive one for small fibre function, but it was felt to be relatively invasive by the patients because of the need for needle recording and for a large number of averaged stimuli. In addition, the smFC appeared to have an all or none response, and determination of conduction slowing or analysis of ultra-late components was highly speculative.

This latter drawback can also be applied to LEP, which mostly show an all or none response. LEP have rarely been used to investigate patients suffering from peripheral neuropathies,^{6–32–33} but they were found to correlate with pathological findings in the peripheral nerve.³⁴ In fact, LEP explore concomitantly the peripheral conduction of A- δ nerve fibres and central conduction in the spinothalamic tract. In contrast to electrical SEP, it is impossible to record spinal responses and to distinguish between peripheral and central conduction time. This may represent a limit for the application of this technique. The same limit characterises quantitative sensory testing. Nevertheless, the latter offers the advantage of providing quantified values though it requires the patient's cooperation.

In this study we compared the respective value of various neurophysiological approaches to investigate similar nerve fibre pathways. We used nerve action potential recordings (SNAP, smFC), cortical evoked potential recording (SEP, LEP), sensory threshold measurements (vibratory thresholds, temperature thresholds), and reflexes (H reflexes, SSR). For instance, similar results for LEP and temperature thresholds could be expected, but we did not find that the tests were redundant, as already reported.^{6–35} LEP depend on nerve conduction principles, while temperature threshold explores a nervous system function. With respect to SEP and vibratory thresholds, the vibratory threshold was more often altered, resulting in part from the fact that it explores a more distal territory than SEP.

Two types of reflex have been included in the battery. The SSR explores distal autonomic nerve fibres, but its variability limits its application in longitudinal studies.³⁶ In fact, SSR amplitude was the neurophysiological parameter that was least often abnormal in the present study, though it remains an interesting complementary test in the investigation of length dependent neuropathies—as has been reported in diabetic and uraemic neuropathies.^{37–39} It is better established that patients with diabetic or uraemic neuropathy show early subclinical abnormalities of the soleus H reflex.^{40–42} The high rate of abnormality in this test was confirmed in the present study.

Such a comprehensive clinical and neurophysiological strategy for assessing fibre type involvement in sensory neuropathies has not been reported before. This approach should be of interest in improving neuropathy diagnoses in clinical practice. Our neurophysiological battery covered the spectrum of fibre types and was not limited to large fibres; if the results are confirmed, the method could be of value in clinical trials. It could be useful in the objective longitudinal assessment of sensory neuropathies, though the present study was not designed to address the question of follow up investigations. Various non-classical neurophysiological methods can supply useful information, complementary to the standard electrophysiological tests, particularly for the investigation of small diameter nerve fibres. These neurophysiological techniques can be applied in the form of a battery of sensitive, reproducible, specific, and non-invasive

tests required for the objective assessment of peripheral neuropathies.

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