

Takayasu's arteritis, and isolated vasculitis of the vasa vasorum.<sup>9</sup> Histopathological analysis often discloses arterial thrombosis associated with non-giant cell, non-necrotising, and non-granulomatous vasculitis. A search for blood coagulation disorders has never been performed until now. Factor V Leiden is a well known risk factor for venous thrombosis but may also play a part in arterial thrombosis, particularly myocardial infarction<sup>10</sup> or ischaemic cerebrovascular disease.<sup>11</sup> Even if we cannot exclude a fortuitous association in our case, factor V Leiden mutation might have played a role in arterial thrombosis. This observation reminds doctors of this rare entity and highlights the need to study blood coagulation in cases of JTA.

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## Serum osteoprotegerin but not receptor activator of NF- $\kappa$ B ligand correlates with Larsen score in rheumatoid arthritis

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Osteoprotegerin (OPG) is a soluble decoy receptor, produced by osteoblastic cells and in the inflamed synovium of RA by dendritic cells, B cells, and other immunocompetent cells.<sup>1-3</sup> It inhibits the differentiation of osteoclast precursor cells and the activation of mature osteoclasts by neutralising the receptor activator of NF- $\kappa$ B ligand (RANKL).<sup>3</sup>

RANKL, a member of the tumour necrosis factor family, is expressed on pre-osteoblasts and T lymphocytes. A soluble RANKL (sRANKL) can be produced by activated T lymphocytes or can be generated from the cell bound form by a protease. RANKL itself activates a receptor activator of NF- $\kappa$ B (RANK).<sup>4</sup>

RANKL, together with monocyte-colony stimulating factor, interleukin 1, and RANK is responsible for osteoclast

formation and activation and inhibits osteoclast apoptosis. Thus OPG acts as antagonist to RANKL. An imbalance of this system may play a part in the skeletal complications of rheumatoid arthritis (RA).<sup>5</sup>

Our study aimed at comparing OPG and sRANKL in the serum of patients with RA.

We identified 44 patients with RA (24 female, 20 male, mean age at manifestation of RA 49 years) with 60 measurements. Sixteen patients received low dose steroids, five patients showed generalised osteoporosis ( $\alpha$  ray and/or osteodensitometry).

The results were analysed by Spearman correlation statistics and Wilcoxon two sample test.

Serum OPG levels were measured in patients with RA using a sandwich-type enzyme linked immunosorbent assay

**Table 1** Correlation of OPG and sRANKL with clinical data

Clinical data	Mean	SD	No	OPG		sRANKL	
				$r_s$	p Value	$r_s$	p Value
sRANKL (pmol/l)	0.90	0.85	60	0.21	0.10		
ESR (mm/1st h)	37.3	24.2	60	0.29	0.03	0.004	0.77
CRP (mg/l)	38.2	30.5	60	0.15	0.24	0.09	0.49
RF (U/l)	418.5	1584.8	60	0.02	0.90	0.05	0.71
DAS	3.44	1.09	60	0.21	0.11	0.02	0.86
Larsen score	49.7	44.7	60	0.32	0.01	-0.02	0.85

OPG, osteoprotegerin; sRANKL, soluble receptor activator of NF- $\kappa$ B ligand; ESR, erythrocyte sedimentation rate; CRP, C reactive protein; RF, rheumatoid factor; DAS, disease activity score.

(ELISA) based on two OPG-specific antibody preparations. The mean value of a healthy control group of 170 blood donors<sup>6</sup> is 2.2 pmol/l (2.0 pmol/l for men, 2.4 pmol/l for women).

sRANKL was measured by an enzyme catalysed colour change detectable on a standard ELISA reader. To measure only the biologically active form(s) of sRANKL biosynthetic OPG/Fc was used as capture protein. The mean value of serum sRANKL levels in healthy subjects was calculated as 1.3 pmol/l (median 0.9).

We detected serum levels of OPG with a mean value of 4.2 pmol/l (SD 2.0) and serum levels of RANKL with a mean value of 0.9 pmol/l (SD 0.8). We found a significant correlation between OPG and erythrocyte sedimentation rate (ESR) and OPG and the Larsen score but no correlation between RANKL and OPG or between RANKL and the clinical and radiological measures (table 1).

No significantly different OPG levels were found either in patients receiving steroids or in patients with osteoporosis.

In RA RANKL leads to bone erosions by activation of osteoclasts, and this process is inhibited by OPG.<sup>7</sup> Therefore OPG seems to play an important part in preventing erosions and osteoporosis in patients with RA. Kolarz *et al* suggested that patients with active inflammation may show higher OPG values owing to activation of several other cells.<sup>8</sup> Haynes *et al* showed an increased expression of RANKL in tissues surrounding bone erosions and at the same time OPG was absent in tissues from patients with active RA.<sup>9</sup>

Despite the presence of raised serum OPG levels acting as protection mechanism, the local destructive effect of RANKL by activation of osteoclasts seems not to be fully balanced.

The up regulation of OPG might be a response to the inflammation; in contrast an up regulation of RANKL could not be found in the serum of patients with RA.

Haynes *et al* reported that OPG and RANKL behave differently depending on the cells which produce them.<sup>10</sup> A further explanation may be the different strategies of both assays: the OPG assay measures free and bound OPG, the sRANKL assay only free sRANKL; complexes formed from OPG and sRANKL would therefore be detected only with the OPG, but not with the sRANKL assay.

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## Successful management of neonatal cryoglobulinaemia after a gemellar pregnancy in a woman with symptomatic type I cryoglobulinaemia

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### CASE REPORT

Since 1996 a 32 year old woman had had cold-induced clinical manifestations: Raynaud's phenomenon, livedo reticularis, necrotic and purpuric lesions on the legs, and acrocyanosis on the ears and fingers. She had no family history of cold intolerance, autoimmune disease, or recurrent thrombosis. In 1998 these symptoms were traced to a monoclonal IgG1 $\lambda$  cryoglobulin (type I) present at 1.5 g/l and precipitating at 27°C. Cold agglutinin and cryofibrinogen were absent while total complement (CH<sub>50</sub>) and C4 fraction were low. There were no antinuclear, anti-dsDNA, anti-neutrophil, anticardiolipin, or anti- $\beta$ 2-glycoprotein I antibodies, and viral serology was negative for hepatitis B and C

and cytomegalovirus. A skin biopsy showed leucocytoclastic vasculitis and thrombosis of the capillaries related to the cryoglobulin. There were no renal, gastrointestinal, or neurological manifestations, but the patient had intermittent distal polyarthritis and was treated with pentoxifylline accompanied by protective measures against cold.

This mother had born a first healthy child in 1996 and had experienced no previous miscarriage. In 2000, during a second dichorionic gestation of twins, the lesions were progressive while the cryoglobulin persisted at 1.10 g/l. Because the IgG1 $\lambda$  chain can cross the placenta and the initial temperature of cryoprecipitation was 27°C, clinical manifestations could be expected in the newborns at room