

EXTENDED REPORT

Haematopoietic malignancies in rheumatoid arthritis: lymphoma risk and characteristics after exposure to tumour necrosis factor antagonists

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Background: Patients with rheumatoid arthritis (RA) are at increased risk of malignant lymphomas, and maybe also of leukaemia and multiple myeloma. The effect of tumour necrosis factor (TNF) antagonists on lymphoma risk and characteristics is unclear.

Objective: To assess expected rates and relative risks of haematopoietic malignancies, especially those associated with TNF antagonists, in large population based cohorts of patients with RA.

Methods: A population based cohort study was performed of patients with RA (one prevalent cohort (n = 53 067), one incident cohort (n = 3703), and one TNF antagonist treated cohort 1999 through 2003 (n = 41 60)), who were linked with the Swedish Cancer Register. Additionally, the lymphoma specimens for the 12 lymphomas occurring in patients with RA exposed to TNF antagonists in Sweden 1999 through 2004 were reviewed.

Results: Study of almost 500 observed haematopoietic malignancies showed that prevalent and incident patients with RA were at increased risk of lymphoma (SIR = 1.9 and 2.0, respectively) and leukaemia (SIR = 2.1 and 2.2, respectively) but not of myeloma. Patients with RA treated with TNF antagonists had a tripled lymphoma risk (SIR = 2.9) compared with the general population. After adjustment for sex, age, and disease duration, the lymphoma risk after exposure to TNF antagonists was no higher than in the other RA cohorts. Lymphomas associated with TNF antagonists had characteristics similar to those of other RA lymphomas.

Conclusion: Overall, patients with RA are at equally increased risks for lymphomas and leukaemias. Patients with RA treated with TNF antagonists did not have higher lymphoma risks than other patients with RA. Prolonged observation is needed to determine the long term effects of TNF antagonists on lymphoma risk.

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Patients with rheumatoid arthritis (RA) are at increased risk of malignant lymphomas,^{1–5} but the risk determinants and lymphoma characteristics have only begun to be unravelled.^{6–10} For other haematopoietic malignancies in RA, several studies have indicated some degree of increased occurrence of leukaemia,^{2 3 11–17} but the reported risks have varied across strata without a consistent pattern, in part because of insufficient statistical power and diagnostic resolution. It is important to verify increased leukaemia risks, however, as they might reflect yet unestablished side effects of antirheumatic agents.^{17 18}

With tumour necrosis factor (TNF) antagonists, conspicuously high, and rapid¹⁹ occurrences of malignant lymphomas have been observed.^{19–21} Although several case reports, case series,^{19 22} and crude incidences in series of patients treated with TNF antagonists have been presented,^{23 24} few studies outside a trial setting²¹ have examined the occurrence of malignant lymphomas after TNF antagonist treatment in relation to that among patients with RA not treated with biological agents, or provided characteristics of consecutive lymphomas associated with TNF antagonists in a defined population. Likewise, much of the available data on lymphoma risk in RA reflect cohorts both identified and followed up decades ago,^{2 3 13 25} and may not apply to contemporary patients. Wolfe and Michaud provide contemporary data based on 29 lymphomas.⁹ They observed a 40% increased lymphoma risk in patients with RA not treated

with TNF antagonists, and a tripled (in comparison with the general population) lymphoma risk in patients receiving treatment with TNF antagonists.⁹

Evidently, before we can evaluate the risk of haematopoietic malignancies in RA, or the level and characteristics of any increased lymphoma risk associated with TNF antagonists, we need contemporary and comparable data on the expected occurrence of haematopoietic malignancies in RA, data on the incidence and risk of lymphomas in patients with RA associated with TNF antagonists, and information on the characteristics of such patients and their lymphomas.

To provide such data on the expected occurrence and risk of haematopoietic malignancies in RA, we followed up one prevalent (n = 53 067) and one incident (n = 3703) cohort of Swedish patients with RA for cancer occurrence during 1990 through 2003 using high quality nationwide health and census registers. To provide data on the risk for malignant lymphomas in patients treated with TNF antagonists, we followed up a cohort of 4160 patients with RA treated with TNF antagonists to determine cancer occurrence in 1999 through 2003 using the same follow up registers (to provide comparability), and compared their lymphoma risk with that

Abbreviations: EBV, Epstein-Barr virus; DAS, Disease Activity Score; ICD, International Classification of Diseases; NRN, national registration number; RA, rheumatoid arthritis; SIR, standardised incidence ratio; TNF, tumour necrosis factor

of the general population, and with that of other patients with RA. Finally, to describe characteristics of lymphomas occurring in anti-TNF treated patients, we present data on all reported lymphomas among patients with RA treated with TNF antagonists in Sweden through 2004.

SUBJECTS AND METHODS

Setting

Swedish health care is public and population based. Hospital referrals are based on geographical determinants rather than financial capacity or health insurance. Nationwide and population based health and census registers in combination with unique personal identifiers allow record linkage of register data recorded prospectively since the 1960s, with very few losses to follow up and minimum risk of recall bias.

The Inpatient Register cohort of prevalent RA

The Swedish Inpatient Register contains individual based information on inpatient care county wide since 1964 and nation wide since 1987.²⁶ For every hospital discharge, information on diagnoses and surgical procedures is recorded according to the International Classification of Diseases (ICD) versions 7–10. We identified all subjects above 16 years of age ever discharged with a diagnosis of RA (primary or contributory diagnosis) between 1 January 1990 and 31 December 2003. The ICD codes used were 714A-C, 714W (ICD 9), and M05–6 (ICD 10). We excluded subjects who were also discharged with systemic lupus erythematosus, ankylosing spondylitis, or psoriatic arthritis. For each patient, computerised information on date of entry (first hospital discharge with RA 1964–2003), discharge department, age, sex, and national registration number (NRN, unique to each resident and recorded in all health and census registers) was recorded (table 1). No information on treatment was available.

The Early Arthritis cohort of incident RA

In Sweden, RA is normally diagnosed and followed up by rheumatologists. Centres reporting to the Early Arthritis Register contain a typical mix of small outpatient clinics and larger population based centres. The Early Arthritis Register contains information on subjects with incident (<1 year from onset) RA diagnosed at participating centres since the mid-1990s, with a geographically varying but increasing coverage (40–100% in different regions, overall around 70%) of the estimated number of patients with incident RA.²⁷ From this register, we collected information on entry (date of diagnosis of RA), date of birth, sex, and the NRN for 3703 incident cases of RA during 1995 through 2003 (table 1).

The TNF antagonist RA cohort

Within the context of a continuing Swedish structured post-marketing surveillance programme (ARTIS) we assembled a cohort of 4160 patients with RA treated with etanercept, infliximab, or adalimumab between 1999 and 2003 (table 1). Details and patient identification methods have been described elsewhere.²⁸ In brief, patients were identified through the Swedish Medical Products Agency in collaboration with the Swedish Society for Rheumatology, and through regional surveillance programmes of patients treated with TNF antagonists. We made assessments against sales statistics, and estimated that our anti-TNF cohort covered around 80% (higher for etanercept than for infliximab) of all anti-TNF treated patients with RA in Sweden. For each person we collected information on date of birth, sex, NRN, type of TNF inhibitor, Disease Activity Score (DAS)/Health Assessment Questionnaire at the start of treatment, and entry (date of treatment start) and date of discontinuation (table 1).

Register linkages

Through linkage (of all subjects, using the NRN as linkage key) to the Swedish Cancer Register 1964–2003, we collected information on all registered haematopoietic malignancies (ICD 7 = 200–209), including the date of diagnosis. Reporting to this registry is mandatory for clinicians and pathologists, resulting in a completeness of around 99%.²⁹ Through linkage to the Cause of Death Register 1964–2003 and to the Register of Population and Population Changes 1969–2003, we collected information on marital status, and vital status, including date of death and date of emigration until 31 December 2003.

Statistics

In the analyses of relative risk of haematopoietic malignancies, we used SIRs (the ratio of the observed and expected numbers of cancers) as measures of relative risk. Expected numbers were calculated by multiplying sex-, age-, and calendar period-specific person-years of follow up with corresponding rates from the entire Swedish population. Ninety five per cent confidence intervals were calculated assuming a Poisson distribution of the observed cases. In the analyses of SIRs in each cohort, we defined start of follow up as the latest of 1 January 1990 or date of entry into each cohort, and end of follow up as the earliest of date of death, date of emigration, or 31 December 2003. Because some subjects might have entered into the Inpatient Register RA cohort because of an incipient haematological malignancy, we present results both including and excluding the first year after entry into this cohort. We used Poisson regression to model the relative risk of lymphoma in the patients treated with TNF antagonists relative to that in the two other RA cohorts. Because more than 80% of the total follow up time in the TNF antagonist cohort represented time while receiving treatment, we present relative risks based on the total time of

Table 1 Characteristics of the three Swedish cohorts of patients with RA

	Rheumatoid arthritis cohorts*		
	Inpatient Register	Early Arthritis	TNF antagonist
Overall	53067	3703	4160
Men	15185	1114	1048
Women	37882	2589	3112
Age at start of follow up (years)			
16–44	4666	782	950
45–74	29900	2421	2986
75+	18501	500	224
Calendar period of entry into cohort			
1964–1979	6932	0	0
1980–1989	11867	0	0
1990–1998	20898	1176	11
1999–2001	7667	1478	2398
2002–2003	5703	1049	1751
Person-years	297102	13292	9715
DAS28	–	mean 3.5, median 3.5	mean 5.5, median 5.6
HAQ	–	mean 0.6, median 0.7	mean 1.4, median 1.4

*In the Early Arthritis cohort, values refer to status at 6 months after diagnosis of RA. In the TNF antagonist cohort, values refer to status at the start of anti-TNF treatment.
DAS28, 28 joint count Disease Activity Score; HAQ, Health Assessment Questionnaire.

Table 2 Relative risk of haematopoietic malignancies including 95% confidence intervals (CI) in three Swedish cohorts of patients with RA

Type	Inpatient Register RA		Early Arthritis cohort		TNF antagonist cohort	
	No	SIR (95% CI)	No	SIR (95% CI)	No	SIR (95% CI)
All haematopoietic malignancies	481	1.7 (1.5 to 1.8)	15	1.6 (0.9 to 2.6)	11	2.1 (1.1 to 3.8)
Malignant lymphoma including CLL	319	1.9 (1.7 to 2.1)	11	2.0 (1.0 to 3.5)	9	2.9 (1.3 to 5.5)
Plasma cell neoplasms	45	0.8 (0.6 to 1.1)	0	0.0 (0.0 to 2.2)	0	0.0 (0.0 to 4.2)
Leukaemia excluding CLL	107	2.1 (1.7 to 2.5)	4	2.2 (0.6 to 5.7)	2	2.0 (0.2 to 7.3)
Acute lymphatic leukaemia	2	0.9 (0.1 to 3.2)	0	0.0 (0.0 to 40.8)	0	0.0 (0.0 to 61.1)
Acute myeloid leukaemia	68	2.4 (1.9 to 3.0)	4	4.3 (1.2 to 10.9)	0	0.0 (0.0 to 7.4)
Chronic myeloid leukaemia	13	2.4 (1.3 to 4.1)	0	0.0 (0.0 to 17.7)	0	0.0 (0.0 to 27.0)
Other or undefined leukaemia	23	1.5 (1.0 to 2.3)	0	0.0 (0.0 to 6.8)	2	6.8 (0.8 to 24.7)
Polycythaemia vera	10	0.9 (0.4 to 1.6)	0	0.0 (0.0 to 10.1)	0	0.0 (0.0 to 18.5)

Follow up from 1990 (or entry into cohort, if later) until 31 December 2003. Relative risk estimated comparing each cohort with the general Swedish population, adjusting for age, sex, and calendar period.
CLL, chronic lymphocytic leukaemia.

follow up. Sixty nine per cent of the TNF antagonist cohort had been admitted to hospital for their RA, and 27% of the Early Arthritis cohort had been admitted to hospital for their RA before 31 December 2003. The study was approved by the ethics committee at the Karolinska Institute.

Review of TNF antagonist associated malignant lymphomas 1999–2004

This case series consisted of all lymphomas identified in the register linkage 1999 through 2003, and all malignant lymphomas reported thereafter (that is, during 2004) as part of rheumatologists' reporting of adverse events within the framework of the ARTIS surveillance programme. To confirm the lymphoma diagnoses, paraffin embedded lymphoma tissues were retrieved from pathology departments, reviewed, and reclassified according to the WHO classification, as previously described.⁸ Epstein-Barr virus (EBV) in the lymphomas was searched for using EBER in situ hybridisation.⁸

RESULTS

Relative risk of haematopoietic malignancies in the prevalent RA cohort 1990–2003

Based on 481 observed haematopoietic malignancies occurring in the Inpatient Register RA cohort during 297 102 person-years of follow up 1990–2003, the overall relative risk of haematopoietic malignancies was 1.7 (95% CI 1.5 to 1.8; table 2). 319 of these were malignant lymphomas (SIR = 1.9, 95% CI 1.7 to 2.1), 107 were leukaemias (SIR = 2.1, 95% CI 1.7 to 2.5), and 45 were multiple myelomas (SIR = 0.8, 95% CI 0.6 to 1.1). Sex- and age-specific incidences of

haematopoietic malignancies in this cohort are tabulated in the Appendix.

Apart from the first year after entry, the increased relative risks of malignant lymphoma or leukaemia did not vary with time of follow up (table 3), although a tendency towards increasing relative risks with time was noted for chronic myeloid leukaemia (table 3A). Excluding the first year of follow up from the analyses resulted in an overall SIR of malignant lymphoma = 1.6 (95% CI 1.4 to 1.9).

Relative risk of haematopoietic malignancies in the incident RA cohort 1995–2003

In the Early Arthritis cohort, the overall relative risks of haematopoietic malignancy (SIR = 1.6, 95% CI 0.9 to 2.6, n = 15), of malignant lymphomas (SIR = 2.0, 95% CI 1.0 to 3.5, n = 11), and of leukaemia (SIR = 2.2, 95% CI 0.6 to 5.7, n = 4, all myeloid) were of similar magnitude to those of the Inpatient Register RA cohort (table 2). The relative risk of lymphoma did not display any convincing trend (p = 0.5) with increasing duration of RA (table 3B).

Relative risk of haematopoietic malignancies after TNF antagonists 1999–2003

In the register based follow up 1999–2003, we identified 11 haematopoietic malignancies (SIR = 2.1, 95% CI 1.1 to 3.8). Nine of these were lymphomas (SIR = 2.9, 95% CI 1.3 to 5.6) and two were leukaemias (SIR = 2.0, 95% CI 0.2 to 7.3). The relative risk (RR) for lymphoma did not display any trend with time of follow up (table 3B). When compared with the lymphoma incidence in the prevalent and incident RA cohorts, the adjusted relative risk of lymphoma in the TNF antagonist cohort was 1.1 (95% CI 0.6 to 2.1) (table 4). When

Table 3A Relative risk including 95% confidence intervals (CIs) and observed number of cancers of selected haematopoietic sites by time of follow up in the Swedish Inpatient Register RA cohort 1990–2003. Relative risks comparing the cohort with the Swedish general population, adjusting for age, sex, and calendar period

Site (ICD code)	No observed, relative risk (95% CI) by time with RA*					
	No	1–4 years	No	5–9 years	No	10+ years
All haematopoietic malignancies	129	1.5 (1.2 to 1.8)	98	1.5 (1.2 to 1.8)	154	1.5 (1.3 to 1.7)
Malignant lymphoma including CLL	80	1.6 (1.2 to 1.9)	68	1.7 (1.3 to 2.2)	102	1.7 (1.4 to 2.0)
Plasma cell neoplasms	14	0.9 (0.5 to 1.5)	7	0.6 (0.2 to 1.2)	13	0.7 (0.4 to 1.1)
Leukaemia excluding CLL	30	1.9 (1.3 to 2.7)	21	1.7 (1.1 to 2.7)	38	2.0 (1.4 to 2.8)
Acute lymphatic leukaemia	1	1.5 (0.0 to 8.2)	0	0.0 (0.0 to 7.1)	0	0.0 (0.0 to 4.5)
Acute myeloid leukaemia	19	2.2 (1.3 to 3.5)	12	1.8 (0.9 to 3.2)	22	2.1 (1.3 to 3.2)
Chronic myeloid leukaemia	2	1.2 (0.1 to 4.4)	4	3.2 (0.9 to 8.1)	7	3.6 (1.5 to 7.5)
Other or undefined leukaemia	8	1.7 (0.7 to 3.4)	5	1.4 (0.5 to 3.3)	8	1.4 (0.6 to 2.8)
Polycythaemia vera	5	1.5 (0.5 to 3.5)	2	0.8 (0.1 to 2.8)	1	0.2 (0.0 to 1.3)

*Counting from date of first discharge listing RA.
CLL, chronic lymphocytic leukaemia.

Table 3B Relative risk of malignant lymphoma in the Early Arthritis cohort and in the TNF antagonist treated cohort by time since entry into each cohort

	No observed, relative risk (95% CI) by years since entry					
	No	<1 year	No	1–2 years	No	3+ years
Early Arthritis cohort	2	1.5 (0.2 to 5.2)	4	1.8 (0.5 to 4.6)	5	2.4 (0.8 to 5.7)
TNF antagonist cohort	4	3.7 (1.0 to 9.4)	3	2.0 (0.4 to 5.8)	2	4.2 (0.5 to 15.3)

the first year of follow up in the Inpatient Register RA cohort was excluded, the corresponding relative risk for the TNF antagonist cohort was 1.3 (95% CI 0.6 to 2.5), and when the follow up of the Inpatient Register RA cohort was restricted to the period 1999–2003, the relative risks remained unchanged (data not shown).

Characteristics of TNF antagonist associated lymphomas 1999–2004

In addition to the nine lymphomas observed in our register based follow up 1999 through 2003, an additional three were reported in the ARTIS programme during 2004. No other lymphomas than those identified in the register linkage had been reported by the rheumatologists during the period 1999 through 2003. The review revealed a distribution of lymphoma subtypes similar to that seen among patients with RA not treated with TNF antagonists,⁸ and a low number (n = 1) of EBV positive lymphomas (table 5).

DISCUSSION

In this study we present updated information on the expected occurrence of haematopoietic malignancies in patients with RA. With a striking consistency between the cohorts under study, the results indicate that patients with RA are at increased risk not only of malignant lymphomas but also equally of (myeloid) leukaemia. When using these “expected” RA rates as reference we found that patients with RA treated with TNF antagonists were not at any additional increased lymphoma risk compared with patients with RA not treated with TNF antagonists. The case review of TNF antagonist associated lymphomas showed an unremarkable

distribution of lymphoma subtypes or EBV positive lymphomas compared with other patients with RA and lymphoma.⁸

The overall level of increase in lymphoma risk associated with RA in our study is in line with previous estimates.^{1 2 9 13} For leukaemia, previous studies have indicated—rather than confirmed—the possibility of increased risks. Because of the low background incidence, reported estimates for leukaemia have been less precise than those for lymphomas, often grouped together in one heterogeneous category including all leukaemia types, for example,^{3 13} and have been inconsistent across the sexes, follow up categories, etc. In our study, increased relative risks were seen in all strata of follow up and for men and women. Although we can confirm an increased risk of leukaemia in RA, the extent to which the increased leukaemia risk is caused by the RA itself, its treatment, or both, remains unknown, although the increased risk also in the contemporary and incident RA cohort suggests that historic—or “end stage”—drug regimens in RA like chlorambucil do not in themselves fully explain this increase in risk.

Validation of the RA diagnoses in the Inpatient Register showed that they were diagnostically correct (information available in the medical files versus American College of Rheumatology criteria for RA³⁰), close to 90%, with the remainder being made up by other rheumatic diseases or conditions.⁷ Based on reported population prevalences of RA, we estimate that around 50% of all prevalent cases of RA in Sweden 2003 are covered by the current analyses, which might therefore serve as updated reference rates in current and future safety evaluation of antirheumatic treatments. Despite the presumed qualitative differences between the prevalent Inpatient Register RA cohort and the Early Arthritis

Table 4 Relative risk (RR) including 95% confidence intervals (CI) of malignant lymphoma in one prevalent cohort, one incident cohort, and one TNF antagonist treated cohort, respectively, of Swedish patients with RA

Covariate	Person-years	Lymphomas (n)	Relative risk (95% CI)
<i>RA cohort</i>			
Inpatient register cohort	297102	319	1.0 (reference)
Cohort with early arthritis	13292	11	0.8 (0.4 to 1.4)
TNF antagonist cohort	9715	9	1.1 (0.6 to 2.1)
<i>Sex</i>			
Male	82596	138	2.0 (1.6 to 2.4)
Female	237513	201	1.0 (reference)
<i>Age at entry (years)</i>			
16–44	27702	9	1.0 (reference)
45–74	190631	197	3.1 (1.6 to 6.1)
75+	101776	133	4.1 (2.1 to 8.0)
<i>Time with RA* (years)</i>			
Missing	437	0	–
0–4	137053	159	0.9 (0.6 to 1.1)
5–9	73708	73	0.8 (0.7 to 1.1)
10+	108911	107	1.0 (reference)

RRs estimated using Poisson regression, adjusted for all parameters in table.

*Counting from date of first discharge with RA (Inpatient Register RA cohort) or specified date of onset of RA (Early Arthritis Register and TNF antagonist cohort).

Table 5 Malignant lymphomas diagnosed between 1 January 1999 and 31 December 2004 among Swedish patients with RA treated with TNF antagonists

Sex	Year of birth	Year of lymphoma	Lymphoma subtype	EBV
F	1918	1999	Unspecified low grade NHL	Neg
F	1940	2000	Diffuse large B cell lymphoma	Neg
F	1926	2000	Follicular lymphoma grade 1	Neg
M	1923	2000	Hodgkin, lymphocyte depletion	Pos
F	1943	2001	Follicular lymphoma grade 3	Neg
			Diffuse large B cell lymphoma	
F	1954	2002	MALT lymphoma	Neg
M	1943	2002	Diffuse large B cell lymphoma	NA
F	1948	2002	Chronic lymphocytic leukaemia	NA
M	1928	2003	Unspecified NHL	NA
F	1947	2004*	Unspecified high grade NHL	Neg
F	1921	2004*	Unspecified	Neg
F	1952	2004*	Hodgkin, lymphocyte depletion	Neg

*Not included in register based assessment of relative risk.
M, male; F, female; NA, not assessed.

incident RA cohort (for example, method of identification, calendar period of entry, duration of RA, and hospitalisation), the relative risks of haematopoietic malignancies were strikingly similar. Although there was an overlap between the cohorts, there was no overlap of haematopoietic malignancies between the Early Arthritis cohort and the TNF antagonist cohort, and the overlap between the TNF antagonist cohort and the Inpatient Register RA cohort did not measurably affect the relative risks observed (data not shown).

Because of the mandatory (for clinicians as well as pathologists) reporting of malignancies to the Swedish Cancer Register, its coverage is near complete.²⁹ Previous validations of, for example, 386 lymphomas in Swedish patients with RA 1965–95 showed that 98% of the registered lymphoma diagnoses were indeed correct, although the register information on lymphoma subtype was limited.⁷ Our register based design thus provided sensitive and valid outcome information, which was ascertained independently of exposure and uniformly in all cohorts. To determine the validity of the lymphoma diagnoses also in this study, and to increase diagnostic resolution further, we retrieved and reanalysed lymphoma specimens from patients in the TNF antagonist RA cohort. In all cases, the lymphoma diagnosis was substantiated by our review.

Data on the relative lymphoma risk associated with TNF antagonists in routine care (that is, beyond the selected patients' phase III trials which suggest an overall fourfold lymphoma risk²¹) is scarce, and case series presented by, for example, regulatory agencies are difficult to evaluate because of lack of information on the number of treated patients corresponding with the reported numerator of lymphomas.¹⁹ In the hitherto largest attempt to assess relative risks outside the trial setting, Wolfe and Michaud followed up patients reported by some 900 rheumatologists to the National Data Bank for Rheumatic Diseases for self reported (but subsequently validated) lymphoma occurrence, and observed 14 lymphomas occurring in TNF antagonist treated patients, and 15 lymphomas in TNF naïve patients.⁹ As in our study, TNF antagonists were associated with a tripled lymphoma risk in comparison with the general population.⁹ In light of the moderate number of observed lymphomas in their study and ours, and the differences in study design, follow up, and outcome ascertainment, the results are remarkably consistent.

In a previous investigation by one of the regional Swedish initiatives to monitor TNF antagonists (SSATG)—which is included in our current report—five lymphomas in patients exposed to TNF antagonists were observed and compared

with two lymphomas that occurred in a prevalent comparator RA cohort, which resulted in a relative risk for TNF antagonists compared with other patients with RA of 5.0 (95% CI 0.9 to 27).³¹ In the pilot Swedish national linkage, the data of which are also included in the current linkage and overlapped with the data reported from the regional initiative, five TNF lymphomas were seen, which corresponded with a doubled relative lymphoma risk (relative risk = 2.2, 95% CI 0.9 to 5.5) compared with other patients with RA.³²

Random variation and increased statistical precision are reasonable explanations for the seemingly divergent results between the two previous and our current Swedish assessment (relative risk compared with other patients with RA = 1.1, 95% CI 0.6 to 2.1, n = 9). Other tentative explanations include the introduction of TNF antagonists into a prevalent setting of severely ill patients with RA at high risk of lymphoma, but that this degree of selection has attenuated somewhat. Importantly, the apparent difference between the Swedish assessments is unlikely to depend upon differences in the intensity of rheumatologists' reporting of lymphomas as side effects, because all three investigations were based on data reported as part of the mandatory cancer reporting to the Cancer Registry, and no corresponding difference was observed for solid cancers.^{31 33 34}

Recent data from our group^{6 7} and others¹⁰ suggest that the overall almost doubled lymphoma risk in RA has a striking association with the burden of inflammatory activity (but not with antirheumatic treatment). The marginal or lack of increase in lymphoma risk associated with TNF antagonists in our study must therefore be viewed in the context of anti-TNF treatment of patients with high disease activity, as indicated by the median DAS28 of 5.6 at the start of anti-TNF treatment, and the more than 10-fold gradient in lymphoma risk between low and high overall burden of inflammatory disease activity among patients with RA.⁷

In the reviewed and reclassified lymphoma series, the distribution of lymphoma subtypes was largely similar to that reported by us in a larger series of lymphomas in Swedish patients with RA not treated with biological agents,⁸ and with that reported by others.³⁵ Notably, we found little to suggest an increased proportion of EBV positive lymphomas, which indirectly argues against immune suppression (such as in the immediate post-transplant setting³⁶) as a critical risk factor. Early reports to MedWatch highlighted the possibility of an immediate increase in lymphoma risk after the start of anti-TNF treatment.^{19 21} In the study by Wolfe and Michaud no pattern of immediate risk was detected, although infliximab

Table 6 The observed sex- and age-specific incidence rates (per 100 000, 95% confidence interval within parentheses) of haematopoietic malignancies in the Inpatient Register RA cohort 1990–2003

Attained age	Malignant lymphomas*		Multiple Myeloma		Leukaemia**	
	Men	Women	Men	Women	Men	Women
16–19	0 (0 to 5389)	0 (0 to 2422)	0 (0 to 5389)	0 (0 to 2422)	0 (0 to 5389)	0 (0 to 2422)
20–39	59 (6 to 213)	18 (2 to 66)	0 (0 to 137)	0 (0 to 43)	0 (0 to 137)	18 (2 to 66)
40–59	120 (74 to 183)	60 (41 to 86)	11 (1 to 41)	6 (1 to 17)	29 (9 to 66)	16 (7 to 31)
60–79	240 (164 to 251)	93 (76 to 112)	16 (6 to 33)	16 (10 to 26)	61 (40 to 89)	37 (27 to 50)
80+	143 (82 to 232)	116 (86 to 153)	27 (5 to 78)	26 (13 to 47)	53 (20 to 116)	38 (22 to 62)

*Including chronic lymphocytic leukaemia.

treated patients had a seemingly shorter latency between the start of treatment and lymphoma diagnosis.⁹ In our study we found little to suggest an immediate but transient risk increase. Interestingly, however, all four lymphomas that occurred within the first year after starting TNF antagonist treatment occurred in patients with RA who started the treatment in the first half of our study period (1999–2000, data not shown).

In conclusion, patients with RA are at increased risk not only of lymphoma but also of leukaemia. TNF antagonist treatment of RA is associated with, at the most, a marginally augmented lymphoma risk, which still must be judged in the light of a higher disease activity among patients who are offered TNF antagonist treatment. Characteristics of these lymphomas are similar to those seen in patients with longstanding active RA not treated with biological agents. Of necessity, long term lymphoma risk of TNF antagonists, and temporal trends in this risk, remain unknown and warrant prolonged systematic monitoring of large populations treated with TNF antagonists.

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APPENDIX

Table 6 shows the observed sex- and age-specific incidence rates of haematopoietic malignancies in the Inpatient Register RA cohort 1990–2003.

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