

Increased atherosclerosis in hyperlipidemic mice deficient in α -tocopherol transfer protein and vitamin E

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Although lipid peroxidation in the subendothelial space has been hypothesized to play a central role in atherogenesis, the role of vitamin E in preventing lipid peroxidation and lesion development remains uncertain. Here we show that in atherosclerosis-susceptible apolipoprotein E knockout mice, vitamin E deficiency caused by disruption of the α -tocopherol transfer protein gene (*Ttpa*) increased the severity of atherosclerotic lesions in the proximal aorta. The increase was associated with increased levels of isoprostanes, a marker of lipid peroxidation, in aortic tissue. These results show that vitamin E deficiency promotes atherosclerosis in a susceptible setting and support the hypothesis that lipid peroxidation contributes to lesion development. *Ttpa*^{-/-} mice are a genetic model of vitamin E deficiency and should be valuable for studying other diseases in which oxidative stress is thought to play a role.

antioxidants

Oxidative modification of lipoproteins (e.g., low-density lipoproteins) has been hypothesized to play a key role in the pathogenesis of atherosclerosis (1, 2). Because vitamin E is the most potent lipid-soluble antioxidant normally found on lipoproteins in the plasma, there is strong interest in the relationship between vitamin E levels and the development of atherosclerosis. In animal models and human clinical trials, studies of the effects of vitamin E supplementation on atherosclerosis have yielded conflicting results (3–8), and little is known about the effects of vitamin E deficiency on atherosclerosis development (9).

The major form of vitamin E in human plasma and tissues is α -tocopherol (10). α -Tocopherol enrichment of plasma and tissues is mediated by the α -tocopherol transfer protein (α -TTP), a cytosolic lipid-transfer protein expressed in the liver (11–14). Although the mechanism is unknown (15), α -TTP is believed to selectively transfer α -tocopherol from lipoproteins taken up by hepatocytes via the endocytic pathway to newly secreted lipoproteins, which facilitate its delivery to peripheral tissues (12). Humans with α -TTP gene defects have extremely low plasma α -tocopherol concentrations and develop severe neurodegenerative disease unless they are treated with high doses of vitamin E (16–18).

To investigate the relationship between vitamin E deficiency and atherosclerosis, we used gene targeting to disrupt the mouse α -TTP gene (*Ttpa*) and generate a genetic model of vitamin E deficiency. We then crossed the α -TTP-deficient mice (*Ttpa*^{-/-}) mice with apolipoprotein (apo) E knockout (*ApoE*^{-/-}) mice (19), which spontaneously develop atherosclerosis on a chow diet (20, 21). This enabled us to generate *ApoE*^{-/-} mice with different *Ttpa* genotypes (+/+, +/-, and -/-) to test the hypothesis that α -TTP and vitamin E deficiency increase atherosclerosis in a susceptible setting.

Materials and Methods

Generation of α -TTP Knockout Mice. A 14-kb 129/Sv genomic λ clone containing the *Ttpa* gene was isolated and subcloned into pBSSKII. A sequence replacement vector was constructed by PCR amplification and subcloning of the short (\approx 1.1-kb) and long (\approx 9.5-kb) arms of homologous α -TTP sequence into a modified version of pKSl α PNT [a gift from A. Joyner, New York University, New York (22)]. A *lacZ* expression cassette (a gift from A. Joyner) was also cloned into the 5' untranslated region of the *Ttpa* gene. The vector was used to generate targeted embryonic stem cells and mice (23). Heterozygous mice (*Ttpa*^{+/-}) were intercrossed to generate *Ttpa*^{-/-} mice. Wild-type (16-kb) and disrupted (7-kb) *Hind*III fragments were identified by hybridizing a ³²P-labeled 450-bp probe (located 5' of the short arm of homology) synthesized by PCR amplification with sense (5'-AGCCAGAGGCAGACACATTTAGG-3') and antisense (5'-GCTTTGAATTC TATACTGAGGAAGG-3') primers. Subsequent genotyping in mice was performed by PCR with primers A (5'-TGAGTGTGCGTGGGGCGGCGTCC-3'), B (5'-CTGTTTCCCAACCAATGGCCCC-3'), and C (5'-CATTAGGCTGCGCAACT GTTGGG-3') at 95°C for 10 min, followed by 30 cycles of 95°C for 30 s, 60°C for 30 s, and 72°C for 1 min. A and B amplify a \approx 138-bp fragment from the wild-type allele, and A and C amplify a \approx 266-bp fragment from the knockout allele. Mice initially studied were of a mixed (50% C57BL/6 and 50% 129/SvJae) genetic background. Immunoblots were performed with a polyclonal antiserum as described (24).

Atherosclerosis Study Mice. *Ttpa*^{-/-} mice were crossed with *ApoE*^{-/-} mice (\approx 100% C57BL/6) to generate *Ttpa*^{+/+}*ApoE*^{-/-}, *Ttpa*^{+/-}*ApoE*^{-/-}, and *Ttpa*^{-/-}*ApoE*^{-/-} mice (\approx 75% C57BL/6 and \approx 25% 129Sv/Jae background). Only females were used in this study. We selected $n = 20$ per genotype set on the basis of power calculations, which assumed standard deviations approximately equal to the mean (found in many atherosclerosis studies with apoE knockout mice) and a power of 80% in detecting a 75% difference between the means at $P = 0.05$ confidence levels. Mice were housed in a pathogen-free barrier facility (12 h/12 h light/dark cycle) and were fed chow (Picolab Mouse Chow 20, Purina) containing \approx 99 units of vitamin E per kilogram.

Blood and Tissue Biochemical Analysis. When the mice were 30 weeks of age, blood was collected by cardiac puncture, the mice

Abbreviations: apo, apolipoprotein; α -TTP, α -tocopherol transfer protein.

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were perfused with PBS, and tissues were harvested and frozen in liquid nitrogen. Cholesterol levels were measured by colorimetric assay (Spectrum, Abbott). High density lipoprotein cholesterol was quantified after the precipitation of the apoB-containing lipoproteins with polyethylene glycol-8000 (25).

Vitamin E was measured in plasma after extraction without saponification, a modified method of Lang *et al.* (26). Tissue vitamin E was extracted by a modified alcoholic potassium hydroxide saponification procedure described by Podda *et al.* (27). The HPLC system consisted of a Shimadzu pump (LC-10ADVP), controller (SCL-10AVP), an autoinjector (SIL-10ADVP), and a Waters Spherisorb ODS2 C-18 column (4.6 mm i.d., 100 mm, 3- μ m particle size) and Spherisorb ODS precolumn (5 μ m, 1 cm \times 4.6 mm). In addition, a LC-4C amperometric electrochemical detector (Bioanalytical Systems, West Lafayette, IN) with a glassy carbon working electrode and a silver chloride reference electrode was used with an isocratic system. Shimadzu Scientific 4.2 Class-VP software was used to integrate peak areas. Ascorbate and urate were measured by paired-ion reversed-phase HPLC coupled with electrochemical detection (28).

Atherosclerotic Lesion Analysis. Female mice were killed at 30 weeks of age after 27 weeks of chow feeding. Blood was collected by cardiac puncture. Tissues were fixed by perfusion with 3% paraformaldehyde in phosphate buffer (pH 7.3), and aortas were removed, opened longitudinally from the heart to the iliac bifurcation, and pinned out flat (29). Aortic images were captured with a Polaroid digital camera (DMC1) mounted on a Leica MZ6 dissection microscope and analyzed with Adobe PHOTOSHOP 5.0.1 software (Adobe Systems, Mountain View, CA) and Image Processing Tool Kit (Reindeer Games, Gainesville, FL) plug ins. An image of each aorta was captured and divided into three regions (arch, thorax, and abdomen), from which both surface and lesion areas were quantified. Percent lesion area results were calculated from lesion area and total surface area.

Aortic root morphology was examined in three *Ttpa*^{+/+}*ApoE*^{-/-} and three *Ttpa*^{-/-}*ApoE*^{-/-} mice, which had total aortic lesion areas representative of the means of each genotype. Aortic roots were fixed by perfusion with 3% paraformaldehyde in phosphate buffer (pH 7.3), embedded in OCT compound, frozen, sectioned, and stained with Movat's pentachrome.

Aortic α -Tocopherol and F₂-Isoprostane Measurements. Mice were killed at age 30 weeks and perfused with PBS. Whole aortas were dissected and divided into two portions (proximal 2/3 and distal 1/3) for measurements of total F₂-isoprostane and α -tocopherol levels. Aortas were immediately frozen in liquid nitrogen until analysis. Total F₂-isoprostanes were measured as described (30), and α -tocopherol was measured as described above.

Results

We created a genetic model of vitamin E deficiency by disrupting the mouse α -TTP gene (*Ttpa*) (Fig. 1A and B). Immunoblotting of liver homogenates showed no α -TTP in *Ttpa*^{-/-} mice and decreased amounts in *Ttpa*^{+/-} mice (Fig. 1C). In chow-fed mice, α -tocopherol levels in plasma and most tissues were reduced by \approx 50% in *Ttpa*^{+/-} mice (not shown) and by more than 90% in *Ttpa*^{-/-} mice (Fig. 1D). In *Ttpa*^{-/-} liver, adipose tissue, adrenal gland, aorta, α -tocopherol levels were 15–35% of those of wild-type mice. The reason for the higher α -tocopherol levels in these tissues is uncertain but may reflect the delivery and accumulation of dietary α -tocopherol from chylomicrons and their remnants.

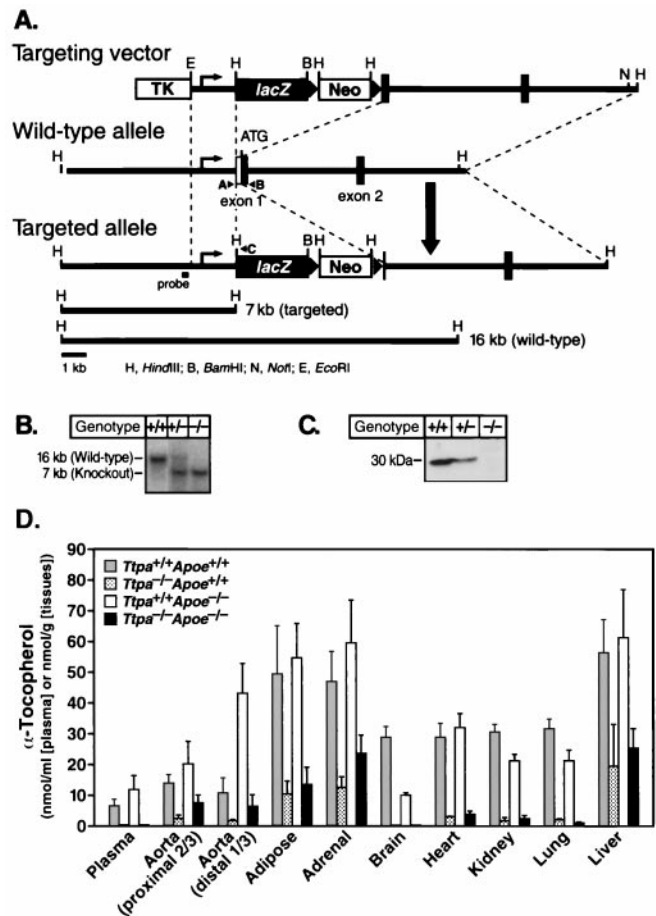


Fig. 1. Generation of *Ttpa*^{-/-} mice. (A) Strategy for disrupting the *Ttpa* gene. On homologous recombination of the targeting vector with the *Ttpa* locus, *lacZ* (β -galactosidase) and *neo* genes are inserted into the 5' untranslated sequences of exon 1, resulting in the deletion of the *Ttpa* translational start codon. A, B, and C represent primers used for PCR genotyping. (B) Southern blot analysis of genomic DNA from offspring of heterozygous intercrosses. (C) Absence of α -TTP protein in liver homogenates of *Ttpa*^{-/-} mice. α -TTP protein levels were reduced by \approx 50% in *Ttpa*^{+/-} mice. (D) α -Tocopherol levels in *Ttpa*^{+/+}*ApoE*^{+/+} and *Ttpa*^{-/-}*ApoE*^{+/+} mice and in *Ttpa*^{+/+}*ApoE*^{-/-} and *Ttpa*^{-/-}*ApoE*^{-/-} mice, of 7–12 months of age. Aortic γ -tocopherol levels were similarly low in both *Ttpa*^{+/+}*ApoE*^{-/-} and *Ttpa*^{-/-}*ApoE*^{-/-} mice (0.60 ± 0.64 vs. 0.77 ± 0.68 nmol/g, $P = 0.55$). Data are expressed as mean \pm SD.

Ttpa^{-/-} mice were generally healthy. Offspring from heterozygous intercrosses were born with the expected Mendelian distribution. *Ttpa*^{-/-} mice at 18 months of age had no obvious signs of neurological disease. In contrast, humans with α -TTP gene defects develop ataxia with vitamin E deficiency by the first decade of life (16–18). This discrepancy may reflect species differences in the susceptibility of the nervous system to vitamin E deficiency (31). *Ttpa*^{-/-} females were, however, infertile. This fertility defect presumably resulted from vitamin E deficiency. Vitamin E is required to prevent fetal resorption in rodents (32, 33), and vitamin E supplementation (1,000 units/kg of diet) completely reversed the fertility defect (not shown). *Ttpa*^{-/-} males had no obvious impairment in fertility.

To investigate whether deficiency of α -TTP and α -tocopherol increased atherosclerosis, we crossed *Ttpa*^{-/-} mice with *ApoE*^{-/-} mice (19). In *Ttpa*^{-/-}*ApoE*^{-/-} and *Ttpa*^{+/-}*ApoE*^{-/-} mice, plasma α -tocopherol levels were 1.4 and 76%, respectively, of those in *Ttpa*^{+/+}*ApoE*^{-/-} mice (Fig. 1D and Table 1). In most tissues of *Ttpa*^{-/-}*ApoE*^{-/-} mice, including the proximal aorta, α -tocopherol levels were more than 85% lower than those in *Ttpa*^{+/+}*ApoE*^{-/-}

Table 1. Plasma levels of cholesterol and antioxidants

Genotypes	Total cholesterol, mg/dl	α -Tocopherol, μ M	γ -Tocopherol, μ M	Ascorbate, μ M	Urate, μ M
<i>Ttpa</i> ^{+/+} <i>Apoe</i> ^{-/-}	427.4 \pm 143.7	11.9 \pm 4.5	0.15 \pm 0.06	71.3 \pm 16.0	68.7 \pm 25.7
<i>Ttpa</i> ^{+/-} <i>Apoe</i> ^{-/-}	442.0 \pm 91.3	9.0 \pm 2.3	0.11 \pm 0.04 [†]	ND	ND
<i>Ttpa</i> ^{-/-} <i>Apoe</i> ^{-/-}	433.1 \pm 113.9	0.17 \pm 0.09 [*]	0.01 \pm 0.00 [‡]	81.3 \pm 24.4	56.5 \pm 10.1

Data are presented as mean \pm SD. Plasma cholesterol levels were measured at the time the mice were killed for atherosclerotic lesion quantitation (20 *Ttpa*^{+/+}*Apoe*^{-/-}, 19 *Ttpa*^{+/-}*Apoe*^{-/-}, and 21 *Ttpa*^{-/-}*Apoe*^{-/-} female mice). Plasma α -tocopherol and γ -tocopherol levels were measured in these study mice and others for a total of 30 *Ttpa*^{+/+}*Apoe*^{-/-}, 19 *Ttpa*^{+/-}*Apoe*^{-/-}, and 32 *Ttpa*^{-/-}*Apoe*^{-/-} mice. Plasma α -tocopherol levels for *Ttpa*^{+/+}*Apoe*^{-/-} and *Ttpa*^{-/-}*Apoe*^{-/-} mice are also shown in Fig. 1D. Ascorbate and urate levels were measured from a subset of mice (eight *Ttpa*^{+/+}*Apoe*^{-/-} and nine *Ttpa*^{-/-}*Apoe*^{-/-} mice). ^{*}, $P < 0.05$ vs. *Ttpa*^{+/+}*Apoe*^{-/-} or *Ttpa*^{+/-}*Apoe*^{-/-}, ANOVA with Dunn's test; [†], $P = 0.004$ vs. *Ttpa*^{+/+}*Apoe*^{-/-}, ANOVA with Tukey test; [‡], $P < 0.001$ vs. *Ttpa*^{+/+}*Apoe*^{-/-} or *Ttpa*^{+/-}*Apoe*^{-/-}, ANOVA with Tukey test. ND, not determined.

mice (Fig. 1D). However, the reduction in α -tocopherol levels was not as marked (60–75%) in *Ttpa*^{-/-}*Apoe*^{-/-} liver, adipose tissue, adrenal gland, and distal aorta. Plasma levels of γ -tocopherol were low in all groups, probably reflecting the small amounts of γ -tocopherol in the diet.

Aortic atherosclerotic lesions were quantified in chow-fed *Ttpa*^{+/+}*Apoe*^{-/-}, *Ttpa*^{+/-}*Apoe*^{-/-}, and *Ttpa*^{-/-}*Apoe*^{-/-} mice at 30 weeks of age. Total aortic lesion area was $\approx 36\%$ greater in *Ttpa*^{-/-}*Apoe*^{-/-} mice than in *Ttpa*^{+/+}*Apoe*^{-/-} controls (9.77 \pm 3.12 vs. 7.17 \pm 1.43% of surface area, $P = 0.005$) (Fig. 2A). Aortic lesions in all groups were most severe in the aortic arch region (proximal 1/3 of aorta) (Fig. 2B). Compared with *Ttpa*^{+/+}*Apoe*^{-/-} controls, *Ttpa*^{-/-}*Apoe*^{-/-} had 42% larger lesions ($P = 0.002$), and *Ttpa*^{+/-}*Apoe*^{-/-} mice had 13% larger lesions ($P = 0.054$) in the aortic arch. In the thorax region (middle 1/3 of aorta), *Ttpa*^{-/-}*Apoe*^{-/-} mice had 53% more lesion area than *Ttpa*^{+/+}*Apoe*^{-/-} mice ($P = 0.03$). α -TTP deficiency did not affect lesion size in the abdominal (distal 1/3) aorta.

In a subset of mice, we examined the morphology of the aortic root lesions. Lesions of *Ttpa*^{-/-}*Apoe*^{-/-} mice consistently appeared more complex than those of *Ttpa*^{+/+}*Apoe*^{-/-} controls, with more area occupied by necrotic core and cholesterol crystals and some lesions having fibrous caps (Fig. 3). Macrophage immunostaining appeared similar in aortic root sections of the two groups of mice (not shown).

To establish that the differences in atherosclerotic lesion development did not result from differences in plasma levels of cholesterol or antioxidants other than vitamin E, we measured total cholesterol, high density lipoprotein cholesterol, ascorbate, and urate in the plasma. Total plasma cholesterol levels were similar in mice of all genotypes (Table 1), as were HDL cholesterol levels (22.5 \pm 5.8 vs. 22.8 \pm 7.5 mg/dl for *Ttpa*^{+/+}*Apoe*^{-/-} and *Ttpa*^{-/-}*Apoe*^{-/-} mice, respectively). In addition, cholesterol distribution in the lipoprotein fractions assessed by fast protein liquid chromatography was similar for *Ttpa*^{+/+}*Apoe*^{-/-} and *Ttpa*^{-/-}*Apoe*^{-/-} mice (not shown). Plasma ascorbate and urate levels were also similar in both groups (Table 1).

To analyze the relationship between lesion development and lipid peroxidation, we measured aortic levels of total F₂-isoprostanes, a marker of lipid peroxidation (34), in separate groups of *Ttpa*^{+/+}*Apoe*^{-/-} and *Ttpa*^{-/-}*Apoe*^{-/-} mice. Total F₂-isoprostanes in the proximal aorta, where α -tocopherol levels in *Ttpa*^{-/-}*Apoe*^{-/-} mice were $<15\%$ of those in *Ttpa*^{+/+}*Apoe*^{-/-} controls (Fig. 1D), were nearly 2-fold higher in *Ttpa*^{-/-}*Apoe*^{-/-} mice than in *Ttpa*^{+/+}*Apoe*^{-/-} controls (11.32 \pm 8.78 vs. 5.93 \pm 3.71 ng/g, $n = 10$ for each genotype, $P = 0.03$) (Fig. 4). Total F₂-isoprostane levels were also nearly 2-fold higher in distal aortas of *Ttpa*^{-/-}*Apoe*^{-/-} mice than *Ttpa*^{+/+}*Apoe*^{-/-} controls (27.3 \pm 2.1 vs. 14.8 \pm 3.5 ng/g, $n = 6$ for each genotype, $P = 0.002$), despite the less pronounced difference between α -tocopherol levels.

Discussion

In human and animal studies, the ability of vitamin E supplementation to prevent atherosclerosis (3–8) has varied, possibly because of differences in vitamin E supplementation regimens,

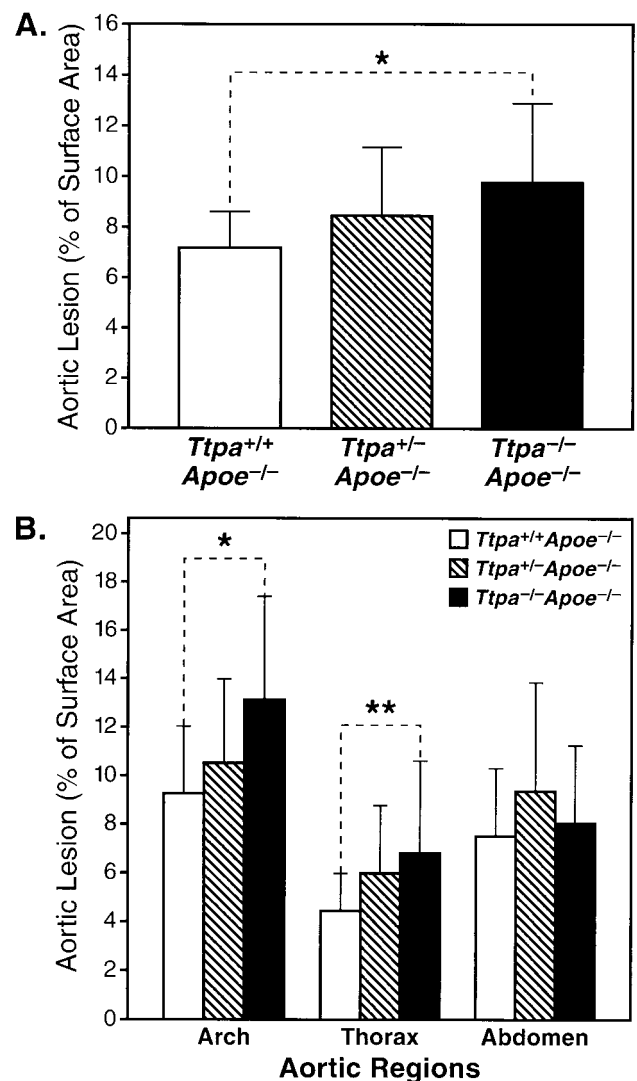


Fig. 2. Atherosclerotic lesion area in aortas. *Ttpa*^{+/+}*Apoe*^{-/-} ($n = 20$), *Ttpa*^{+/-}*Apoe*^{-/-} ($n = 19$), and *Ttpa*^{-/-}*Apoe*^{-/-} ($n = 21$) mice were killed at age 30 weeks. (A) Total aortic lesion area (mean \pm SD). ^{*}, $P = 0.005$, ANOVA with Tukey test. (B) Regional aortic lesion area (mean \pm SD). ^{*}, $P = 0.002$, ^{**}, $P = 0.03$, ANOVA with Tukey test.

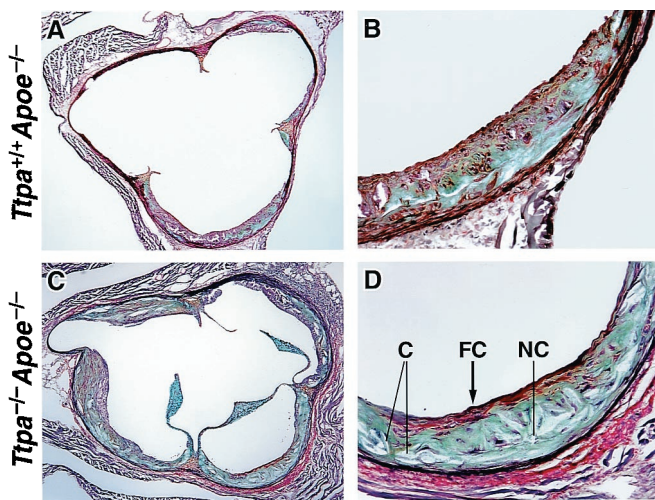


Fig. 3. Morphology of aortic lesions from proximal aortic roots. Representative section from the aortic root (at the level of the first coronary) showing lesions in *Ttpa*^{+/+}*ApoE*^{-/-} mouse at low- ($\times 4$) (A) and high-magnification detail of lower right profile in A ($\times 20$). (B) Representative section at the aortic root lesion from *Ttpa*^{-/-}*ApoE*^{-/-} mouse at low- ($\times 4$) (C) and high-magnification detail of lower right profile in C ($\times 20$). (D) Lesions in *Ttpa*^{-/-}*ApoE*^{-/-} mice show more complex features, including a large necrotic core (NC), numerous needle-shaped lucencies indicative of cholesterol crystals (C), and fibrous capping (FC) from smooth muscle cells (stained red). Within the lesion core, greenish-blue staining represents proteoglycan, and yellow staining represents collagen.

other dietary factors, or the degree of preexisting atherosclerosis. Our study examines the effect of vitamin E deficiency on atherogenesis as a single modifying factor present before lesion development. Our results indicate that α -TTP deficiency and associated vitamin E deficiency promote lesion formation in the proximal aorta in the setting of increased susceptibility to atherosclerosis, in this case caused by apoE deficiency. Thus, vitamin E deficiency appears to modulate rather than cause atherosclerosis. Supporting this, we have not observed spontaneous atherosclerosis in normolipidemic α -TTP-deficient mice

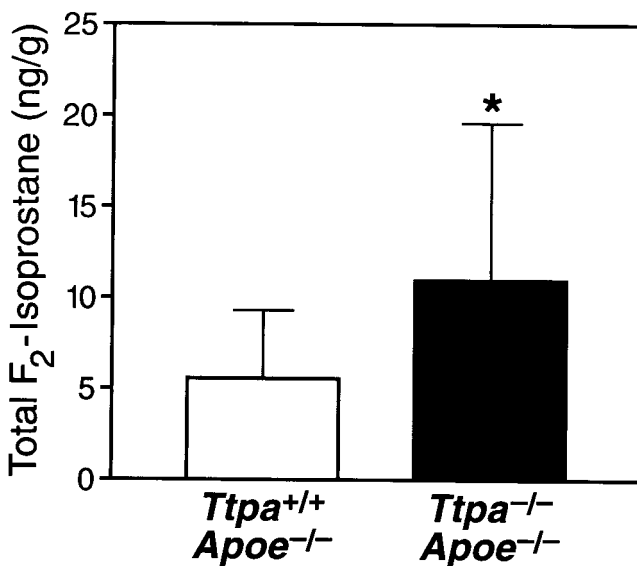


Fig. 4. Aortic F₂-isoprostane levels in proximal aortas of *Ttpa*^{+/+}*ApoE*^{-/-} and *Ttpa*^{-/-}*ApoE*^{-/-} mice ($n = 10$ and 11 females, respectively). Data are expressed as mean \pm SD. *, $P = 0.03$, Mann-Whitney rank sum test.

that have apoE (Y.T. and R.F., unpublished observations). Similarly, early-onset atherosclerosis has not been reported in humans with α -TTP gene defects (35).

The increase in atherosclerotic lesion area in aortas was significant (increased by 35–40% in α -tocopherol-deficient mice) but not dramatic. Several factors may have accounted for this. First, although α -tocopherol levels were reduced in *Ttpa*^{-/-}*ApoE*^{-/-} aortas, substantial amounts of α -tocopherol were present in this tissue, possibly because of the delivery of α -tocopherol from dietary lipoproteins, which circulate at high levels in apoE-deficient mice (19). Lesion area might have been greater if α -tocopherol levels had been more severely reduced. Second, the lesion analysis method we used (whole aorta analysis) may have minimized differences. ApoE-deficient mice tend to develop prominent lesions in the aortic root (36). Cross-sectional analysis of lesion area in aortic roots therefore might have resulted in greater lesion areas and might have amplified any differences because of α -tocopherol deficiency. Finally, compensatory changes in other antioxidant systems might have mitigated the effects of α -tocopherol deficiency on lesion development. For example, deficiency of paraoxonase, a high density lipoprotein-associated enzyme with antioxidant properties, results in increased atherosclerosis in apoE-deficient mice and is associated with up-regulation of hepatic expression of heme oxygenase-1, possibly to compensate for the increase in oxidative stress (37).

The major effects of α -TTP and α -tocopherol deficiency on lesion formation were observed in the proximal two-thirds of the aorta. In this region, a >85% reduction in α -tocopherol levels was associated with a 35–40% increase in lesion areas. These results are consistent with those of Praticò *et al.* (7), who showed that vitamin E supplementation of *ApoE*^{-/-} mice fed a chow diet resulted in decreased levels of atherosclerosis. Why α -tocopherol deficiency had no effect on atherosclerosis in the distal aortas of our study mice is unknown. α -Tocopherol levels in the distal aortas of *Ttpa*^{-/-}*ApoE*^{-/-} mice were reduced only by $\approx 60\%$ compared with *Ttpa*^{+/+}*ApoE*^{-/-} controls, perhaps accounting for the lack of effect. Another possibility is that the effects of vitamin E on lesion development may vary with anatomical location. It is noteworthy that probucol, a potent lipid-soluble antioxidant, did not prevent progression of femoral artery lesions in a human clinical trial (38) or of lesion development in abdominal aortas or iliac arteries of nonhuman primates (39).

Decreased lipid peroxidation is a likely mechanism by which vitamin E prevents atherosclerotic lesion formation. We therefore examined the relationship between aortic α -tocopherol and F₂-isoprostane levels. In the proximal aorta, reduced tissue α -tocopherol levels were associated with a 2-fold increase in F₂-isoprostanes. These results are consistent with those of Praticò *et al.* (7), who found that *ApoE*^{-/-} mice fed a chow diet had higher levels of a subset of F₂-isoprostanes (iPF_{2 α -VI) in their aortas than did *ApoE*^{-/-} mice fed a diet supplemented with vitamin E. In our study, the increase in F₂-isoprostane levels in the proximal aorta was associated with increased lesion areas. However, we did not find increased lesion areas in the distal aortas of *Ttpa*^{-/-}*ApoE*^{-/-} mice, despite a 2-fold increase in aortic F₂-isoprostanes. This suggests either that factors other than lipid peroxidation contribute to lesion formation in this region or that the content of F₂-isoprostanes in this tissue at the end of the study period may not accurately reflect the oxidant status during lesion formation. Although our data generally support the hypothesis that vitamin E reduces atherosclerosis through its antioxidant properties, the mechanism by which vitamin E affects atherosclerosis development was not directly addressed by our study, and other mechanisms (reviewed in refs. 5, 6, 40) might have contributed. We also cannot exclude the possibility}

that the increased atherosclerosis in *Ttpa*^{-/-}*ApoE*^{-/-} mice resulted from an effect of α -TTP deficiency other than reduced α -tocopherol levels. We believe this is unlikely, however, because the only known function of α -TTP is in vitamin E metabolism.

The *Ttpa*^{-/-} mice provide an exciting genetic model of vitamin E deficiency. Plasma and tissue α -tocopherol levels are reduced in a stepwise and consistent manner in *Ttpa*^{+/-} and *Ttpa*^{-/-} mice. In the present study, we used this model to address the role of vitamin E and oxidative stress on atherosclerosis, but *Ttpa*^{-/-} mice will likely prove valuable for studying other diseases in which lipid peroxidation or antioxidants may play a role.

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