ORIGINAL ARTICLE

Immunohistochemical typing of non-small cell lung cancer on cryostat sections: correlation with clinical parameters and prognosis

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Aims: To investigate the immunohistochemical expression of a panel of biologically relevant markers in patients with non-small cell lung cancer using fresh frozen specimens and to test their prognostic relevance for identification of patients at risk.

Methods: Seventy nine tumour infiltrated lung cancer specimens and 66 adjacent histologically tumour free tissues were analysed; 11 postmortem specimens from patients who did not suffer from a malignant disease served as a control group. Cryostat sections were stained with monoclonal antibodies against epidermal growth factor receptor (EGFR), c-erbB-2, c-erbB-3, CD82, Ki-67, p120, p53, bcl-2, and CD31.

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Results: At least one of the tested markers was raised above the defined cut off point in 75 of the tumours. In 55, three to six factors were increased. EGFR was raised in 32, c-erbB-2 in 29, c-erbB-3 in 46, p53 in 29, bcl-2 in 26, Ki-67 in 36, p120 in 46, and CD31 in 29. None of the tested parameters was significant in univariate survival analysis. In a second step, three variables were combined (c-erbB3, p53, and microvessel density), and cases with increased expression of two or three parameters proved to have a significantly lower survival probability than those expressing none or only one factor. In the tumour free group only 10 showed raised marker expression.

Conclusion: Characterisation of tumour cells in surgical specimens with immunohistological markers could help identify those patients at risk for early cancer death who could possibly profit from adjuvant treatment after curative tumour resection.

mmunohistochemical analysis of the gene expression pattern in non-small cell lung cancer (NSCLC) can yield important insights into the biological course of the disease. These markers can provide information on the proliferative activity,¹ metastatic potential,^{2 3} response to chemotherapy,^{4 5} and the patient's prognosis.⁶ Moreover, identification of tumour specific markers can help develop new diagnostic and potentially therapeutic strategies.⁷ Among other methods, immunohistochemical analysis is widely used to analyse these markers, because it is technically easy to perform with standard laboratory equipment and therefore a valuable tool for routine diagnostic application.

Growth factor receptors (epidermal growth factor receptor (EGFR or c-erbB-1), c-erbB-2, and c-erbB-3), metastasis inhibiting parameters (CD82), proliferation associated markers (Ki-67 and p120), and apoptosis regulating markers (p53 and bcl-2) are of special interest. EGFR expression is increased in many lung carcinomas (32–81%),⁸⁻¹³ particularly squamous cell carcinomas (SCCs) rather than non-squamous cell carcinomas.13 However, most studies failed to demonstrate prognostic significance.^{10 12 14 15} Others suggested that EGFR expression is a useful indicator of nodal metastasis,^{10 13} pathological stage,12 and even survival.916 Approximately 20-50% of NSCLC cases show overexpression of the c-erbB-2 protein product, especially in adenocarcinomas (ACs). High expression is linked to shortened survival,917 and is associated with intrinsic multiple drug resistance.¹⁸ Other authors found no impact on prognosis.9 14 Only a few studies investigated the influence of c-erbB-3 protein expression in NSCLC, and high expression was associated with shorter survival in advanced NSCLC.19 CD82 is a member of the transmembrane 4 superfamily of cell membrane glycoproteins, and previous studies have shown that CD82 expression

is associated with a significantly more favourable prognosis, especially for AC. It has been speculated that the KAI1/CD82 $\,$ protein may have metastasis inhibiting activity.3 p53 overexpression has frequently been identified as a prognostic factor,^{4 6 17 20-23} although these results have been disputed.^{9 24-27} Downstream in the apoptotic pathway bcl-2 inhibits apoptosis. The expression of bcl-2 was reported to be a prognostic factor inversely correlated with p53.26 Others reported that bcl-2 positive tumours showed a prolonged time to recurrence, but no difference in survival.9 28 Ki-67 is a marker of proliferative activity and can provide prognostic information²⁹ on the risk of recurrence and cancer death^{1 17} in NSCLC. The p120 nucleolar protein is another proliferation associated antigen detected predominantly in SCCs.³⁰ Its influence on survival remains unclear. Neoangiogenesis is essential for tumour growth and metastatic spread and represents an important prognostic indicator in NSCLC.^{25 31-33} Therefore, more vascularised tumours, defined by microvessel density (MVD), predicted metastatic disease and showed reduced survival.31 32

"Neoangiogenesis is essential for tumour growth and metastatic spread and represents an important prognostic indicator in non-small cell lung cancer"

Abbreviations: AC, adenocarcinoma; EGFR, epidermal growth factor; NSCLC, non-small cell lung cancer; MVD, microvessel density; SCC, small cell carcinoma

 Table 1
 Percentage of immunopositive cells in the tumour specimens and the tumour free specimens

	Tumour		Tumour free specimens			
Parameters	No. positive (%) cases	Median % positive cells (range)*	No. positive (%) cases	Median % positive cells (range)*		
Number EGFR c-erbB-2 c-erbB-3 bcl-2 p53 Ki-67 p120	79 32 (41%) 29 (37%) 46 (58%) 26 (33%) 29 (37%) 36 (46%) 46 (58%)	3 (0-80) 10 (0-80) 20 (0-80) 10 (0-70) 0.1 (0-50) 1 (0-20) 10 (0-50)	66 1 (2%) 3 (5%) 3 (5%) 3 (5%) 1 (2%) 1 (2%) 5 (8%)	0 (0-1) 1 (0-30) 0 (0-10) 3 (0-20) 0 (0-5) 0 (0-10) 0.1 (0-20)		

Also listed are the number and percentage of cases in which the immunopositive cells were raised above the defined cut off limits. *Percentage of immunopositive cells/specimen.

However, most of the reports described above were based on paraffin wax embedded material and because of a lack of standardisation in preparation, fixation, staining procedure, and analysis, the immunohistological results were contradictory. Our present study investigated the expression of a panel of relevant biological markers in 79 patients with lung cancer to find out whether cryostat sections can provide more reliable results than paraffin wax embedded material. A second aim of our study was to test different marker combinations to identify patients at risk.

PATIENTS AND METHODS

Patients

In total, 79 tumour infiltrated lung cancer specimens and 66 adjacent histologically tumour free tissues were analysed. Freshly resected tissues were collected for routine diagnosis. One portion of the sample was fixed in 10% formalin and routinely processed for paraffin wax embedding. All surgical tumour specimens were classified histopathologically according to the World Health Organisation classification.³⁴ The second portion was used for immunohistochemical analysis. The samples were immediately snap frozen in liquid nitrogen and stored at –80°C until sectioning.

All 79 patients showed histological evidence of tumour cell infiltration. Adjacent histologically tumour free tissues from patients in the same group were analysed separately. Routine postmortem lung tissue probes from 11 patients who did not suffer from a malignant disease served as a control group for immunohistochemical analysis. In the 79 patients with tumours the histological diagnosis was as follows: AC in 37, SCC in 37, three patients with large cell carcinomas, and two with carcinoids. According to UICC recommendations, 52 patients were classified as stage I, 16 as stage II, nine as stage III, and two as stage IV. All patients were treated surgically between 1994 and 2001. Patients in advanced clinical stages were also treated with chemotherapy and/or radiotherapy. Median observation time was 24 (range, 1-109) months and the 50% survival probability was reached at 85 months; 26 patients died. At the time of surgery, the median age of the patients was 61 (range, 37-79) years. The male to female ratio was 3.4 : 1 (61 and 18)

Immunohistochemical staining

Frozen lung tissue specimens were cut at $3-5 \,\mu\text{m}$ on a cryostat, fixed, and incubated with monoclonal antibodies and with alkaline phosphatase complex (D651; Dako, Glostrup, Denmark), as described previously.^{35 36} All antibodies were diluted with phosphate buffered saline containing



Figure 1 Positive immunostaining of cryostat sections for (A) epidermal growth factor receptor, (B) c-erbB-3, and (C) p53.

1% bovine serum albumin. Monoclonal antibodies to the following molecules were used: cytokeratin (A45-B/B3; Micromet, Planegg-Martinsreid, Germany), CD82 (clone 50F11; Pharmingen, San Diego, California, USA), EGFR (clone EGFR.1; Pharmingen), c-erbB-2 (clone 3B5, Pharmingen), c-erbB-3 (clone RTJ.1; Pharmingen), p53 (PAb 1801, clone 1801; Pharmingen), bcl-2 (clone 100, Ab-1; Calbiochem, Oncogene Research, Cambridge, Massachusetts, USA), Ki-67 (Dakopatts, Glostrup, Denmark), p120 (Ab-1, Clone FB-1; Calbiochem), CD3 (clone SK7; Becton Dickinson, San Jose, California, USA), and CD19 (clone HIB19; Becton Dickinson).

EGFR, epidermal growth factor receptor; MVD, microvessel density; ND, not defined.

Parameters Total	Total 79	 EGFR	cerbB2	cerbB3	bcl-2	p53	Ki-67	p120	MVD
AC	37	11	16	17	16	13	13	21	11
SCC	37	19	12	27	7	15	24	23	17
LCC	3	1	1	2	2	1	0	1	1
Carcinoid	2	1	0	0	1	0	0	1	0
Death	26	9	10	18	7	10	11	14	10
IHC									
EGFR	32	_	10	22	9	9	18	19	10
c-erbB-2	29	10	-	21	8	12	15	22	5
c-erbB-3	46	22	21	-	12	18	28	31	18
bcl-2	26	9	8	12	-	8	12	13	11
p53	29	9	12	18	8	-	18	22	12
Ki-67	36	18	15	28	12	18	-	25	13
p120	46	19	22	31	13	22	25	-	19
MVD	29	10	5	18	11	12	13	19	-
CD3	7	2	2	5	4	4	3	3	2
CD19	39	14	16	26	17	17	21	21	5

 Table 2
 Frequency of clinical parameters and raised immunohistochemical markers in NSCLC tumour specimens

The bold numbers indicate a significant correlation between the two parameters (Pearson χ² test, p < 0.05). AC, adenocarcinoma; EGFR, epidermal growth factor; IHC, immunohistochemistry; LCC, large cell carcinoma; NSCLC, non-small cell lung cancer; MVD, microvessel density; SCC, small cell carcinoma.

Immunohistochemical evaluation

Slides were evaluated by two of the authors (WH and SD) using a semiquantitative method on a Zeiss AXIOSKOP 2 light microscope. The percentage of immunopositive cells in representative areas of the sections was assessed. The intensity of immunostaining was divided into four categories, namely: negative (-), low (+), moderate (++), and high (+++). Based on the results achieved in the control group, the cut off levels were defined as follows (mean value plus 2SD): c-erbB-2, > 15.7%; c-erbB-3, > 5.5%; bcl-2, > 12.9%; and CD3, > 16%. For some stainings there were very few positive cells in the control group, so that the cut off value was defined by means of the adjacent tumour free specimens from patients with tumours (mean value plus 2SD): EGFR, > 0.3%; p53, > 1.3%, Ki-67, > 2.7%; CD19, > 3.9%; p120, > 11.4%. Only cases with moderate (++) or high (+++) staining intensity and a percentage of immunopositive cells above the cut off point were scored as "positive". CD82 was positive in all tumour cells and in normal epithelium of tumour and non-tumour specimens. Consequently, no cut points could be defined for this marker, and it was excluded from further statistical evaluation.

Microvessel density

Microvessel counting was performed in accordance with previous reports,^{31 32} with slight modifications. Endothelial cells were stained with an anti-CD31 (clone WM59; Serotec, Kidlington, Oxford, UK) monoclonal antibody. The three most intense regions were identified under low magnification (×100); using a higher magnification, positive cells were counted in each of the three areas. The median number of CD31 positive cells in these areas was then defined as the cut off point (15%).

Statistical analysis

The Pearson χ^2 test was used to evaluate differences between the groups. Significance was determined using 95% confidence intervals. The log rank test and Cox proportional hazards model were applied to examine the relation between cancer specific survival and the immunohistochemical markers. Cancer specific survival was defined as the time between surgery and death or last follow up. All statistical procedures were performed with SPSS, version 7.5, statistical software (SPSS Inc, Chicago, Illinois, USA).

RESULTS

The tumour specimens from 75 of the patients with NSCLC revealed immunohistochemical alterations for at least one of the markers tested (EGFR, c-erbB-2, c-erbB-3, bcl-2, p53, bcl-2, Ki-67, or p120). One or two parameters were raised in 20, and in 29 three or four and in 26 five or six factors were altered (table 1; fig 1). Interestingly, only 10 of the 66 adjacent tumour free specimens from patients with tumours showed increased expression of the markers tested. In detail, one marker was raised in six cases and two markers in two cases. Alterations in three and four markers were found once. Tables 1 and 2 show the results in detail.

None of the tested parameters (EGFR, c-erbB-2, c-erbB-3, ki-67, p120, p53, bcl-2, and MVD) revealed a significant difference in univariate survival analysis. In a second step, the variables c-erbB-3, p53, and MVD were combined. Cases with increased expression of two or three parameters had a significantly lower survival probability in univariate analysis than those expressing none or only one or two factors (log rank: p = 0.043) (fig 2). A subanalysis revealed that this survival



Figure 2 Survival of the 79 patients with non-small cell lung cancer categorised according to immunohistochemical marker expression (c-erbB-3, p53, and microvessel density). Line A, no markers or only one marker raised (n = 8); line B, two or three markers raised (n = 31); the difference was significant (p = 0.043).

difference was predominantly seen in AC (p = 0.011), whereas in SCC these parameters were not able to differentiate prognostic subtypes.

The application of previously recommended cut off values revealed that for p53 a reduction to $0.1\%^{26}$ and for c-erbB-3¹⁹ an increase to 50% rendered prognostic significance to both markers (p53, p = 0.02; c-erbB-3, p = 0.04).

DISCUSSION

Seventy five of the 79 NSCLC tumour specimens revealed increased expression of at least one of the tested markers (EGFR, c-erbB-2, c-erbB-3, bcl-2, p53, Ki-67, p120, and MVD). In 55 of the cases three to six factors were raised. Using the predefined cut off points these data show that immunohistochemistry is a highly sensitive and specific means of identifying malignant tumour infiltration. Only 10 of the 66 adjacent microscopically tumour free specimens showed immunohistochemical alterations, and in most of these cases only single parameters were raised. However, more sophisticated methods, such as the polymerase chain reaction and fluorescence in situ hybridisation analysis, can more frequently detect molecular alterations in adjacent tumour free tissues and in tumour specimens with low infiltrations,^{37 38} so that immunohistochemistry is of little use in screening for premalignant lesions.

"In c-erbB-3 positive cases, Ki-67 was seen more frequently than in negative cases, indicating a more aggressive tumour type"

Cryostat sections were chosen to guarantee optimal staining by eliminating technical bias, including antigen damage as a result of uncontrolled duration of fixation or from heating during paraffin wax embedding.^{39–41} Another advantage of using frozen specimens is that it facilitates subsequent molecular examination. We calculated cut off values in a control group or using microscopically tumour free tissue—the biologically most relevant definition of "positivity". Many other studies defined the cut off artificially or as the median value of the tumour group.⁴²

CD82 expression was similar in tumour and non-tumour tissues. Almost all tumours were clearly positive with this monoclonal antibody. In contrast, a previous report3 43 analysing CD82 expression on cryostat sections from 200 patients found clearly positive expression in only 32.5% of the patients, and this correlated with a more favourable prognosis. Like others, we found EGFR expression more frequently in SCC, $^{\scriptscriptstyle 13}$ although we could not demonstrate a significant correlation between EGFR expression and prognosis,^{12 44} in accordance with several other reports.10 12 15 27 More interestingly, 29 of the patients had increased c-erbB-2 (Her2neu) expression, which correlated with increased p120 expression and reduced MVD. C-erbB-3 positivity was found in 46 of the tumour specimens, and correlated with the SCC histological subtype. In c-erbB-3 positive cases, Ki-67 was seen more frequently than in negative cases, indicating a more aggressive tumour type. Using paraffin wax embedded material Yi et al found that high c-erbB-3 protein expression was associated with shorter survival in advanced NSCLC.¹⁹ In their study, 18.5% of the tumours showed a very high c-erbB-3 positivity (score 3), with the highest percentage seen for SCC (29%). Similarly, in our study, only patients with high expression of c-erbB-3 showed a significantly lower survival probability (p = 0.04).

The apoptosis regulating protein p53 was raised in 29 of the tumour samples but only once in the adjacent tumour free group. In the p53 positive tumour cases, the numbers of proliferating cells (Ki-67 and p120 positive) were significantly increased. Previous immunocytochemical studies

using various monoclonal antibodies and either paraffin wax embedded or fresh frozen material found that between 17% and 69% of NSCLC tumour samples had increased expression of p53. Consequently, it is not surprising that reports on the prognostic role of p53 have been inconsistent.^{4 6 17 21 23-27 35} In our cohort, p53 expression alone did not have an influence on prognosis when applying the predefined cut off value. However, p53 combined with c-erbB-3, and MVD was able to define a subgroup of patients with NSCLC who had a poor prognostic outcome. These results are similar to those of Harpole *et al*,¹⁷ who showed that p53 and c-erbB-2 expression were independent predictors of early recurrence and cancer death in multivariate analysis. Furthermore, when tumours with single p53 positive cells were included (cut off, 0.1%) p53 gained significance in our analysis.

The expression of the proliferation associated marker Ki-67 was raised in 36 of the tumour specimens and only once in the adjacent tumour free group. However, in our cohort with limited follow up data, Ki-67 did not reach prognostic significance. Its value for predicting recurrence and cancer death has already been proved,^{1 17 29} although in a large multivariate analysis by Harpole et al Ki-67 lost its significance because it was significantly associated with p53 status.¹⁷ Similarly, we found a clear correlation between Ki-67 and p53 in our cohort. The p120 nucleolar protein is a proliferation associated antigen and is initially expressed in the mid-G1 phase of the cell cycle and increases upon entry into the S phase. We found increased numbers of p120 positive cells in 46 of the tumour specimens and in only five of the adjacent tumour free samples. The major histological subtypes were equally distributed (AC, 21; SCC, 23) and no correlation with high c-erbB-2 and p53 expression was seen. In a previous smaller study (n = 37) the labelling index was 67% in SCCs, 35% in ACs, and 30% in large cell carcinomas.³⁰ The prognostic role of p120 as a single factor in NSCLC has yet to be confirmed.

As reported previously, the single markers had no prognostic significance. However, the combination of various factors resulted in prognostic significance, reflecting the fact that the malignant phenotype is heterogeneous, different between individuals, and is the result of a multistep process.^{6 17 45} Schneider et al investigated c-Ki-ras mutation, together with p53 and c-erbB-2 expression, and found that the "multiple molecular marker parameter" improved the estimation of prognosis compared with single marker testing.⁴⁵ Harpole et al combined clinical parameters with c-erbB-2 and p53 expression and vascular invasion.¹⁷ They proposed a multivariate model for risk assessment. A third group tested molecular markers on 244 patients⁶ and discovered that in addition to well known clinical parameters, K-ras codon 12 mutation, p53 expression, and the absence of H-ras p21 expression were prognostically relevant. They also proposed a pathological molecular substaging system. In their studies, the combination of immunohistochemistry, molecular methods, and clinical parameters resulted in an improvement in the predictive value. The usefulness of such promising staging systems in daily routine is limited by the fact that different techniques need to be used. However, our study used a single method that is in widespread use; immunohistochemical typing of tumours can be performed in most laboratories with standard equipment.

"By combining only a few key markers a more aggressive tumour phenotype can be defined"

Tumour associated alterations are seen using immunohistochemistry in nearly all patients suffering from NSCLC, and by combining only a few key markers a more aggressive tumour

- Immunohistochemistry for p53, c-erbB-3, and microvessel density (as measured by anti-CD31) was able to define a subgroup of patients with non-small cell lung cancer who had a poor prognostic outcome
- Thus, the characterisation of tumour cells in surgical specimens with immunohistological markers could help identify those patients at risk for early cancer death who could possibly profit from adjuvant treatment after curative tumour resection

phenotype can be defined. The characterisation of tumour cells in surgical specimens by means of immunohistological markers could help identify those patients at risk for early cancer death, who could possibly profit from adjuvant treatment after curative tumour resection.

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Clinical Evidence is a regularly updated evidence based journal available worldwide both as a paper version and on the internet. *Clinical Evidence* needs to recruit a number of new contributors. Contributors are health care professionals or epidemiologists with experience in evidence based medicine and the ability to write in a concise and structured way.

Currently, we are interested in finding contributors with an interest in the following clinical areas:

Altitude sickness; Autism; Basal cell carcinoma; Breast feeding; Carbon monoxide poisoning; Cervical cancer; Cystic fibrosis; Ectopic pregnancy; Grief/bereavement; Halitosis; Hodgkins disease; Infectious mononucleosis (glandular fever); Kidney stones; Malignant melanoma (metastatic); Mesothelioma; Myeloma; Ovarian cyst; Pancreatitis (acute); Pancreatitis (chronic); Polymyalgia rheumatica; Post-partum haemorrhage; Pulmonary embolism; Recurrent miscarriage; Repetitive strain injury; Scoliosis; Seasonal affective disorder; Squint; Systemic lupus erythematosus; Testicular cancer; Varicocele; Viral meningitis; Vitiligo

However, we are always looking for others, so do not let this list discourage you.

Being a contributor involves:

- Appraising the results of literature searches (performed by our Information Specialists) to identify high quality evidence for inclusion in the journal.
- Writing to a highly structured template (about 2000–3000 words), using evidence from selected studies, within 6–8 weeks of receiving the literature search results.
- Working with *Clinical Evidence* Editors to ensure that the text meets rigorous epidemiological and style standards.
- Updating the text every eight months to incorporate new evidence.
- Expanding the topic to include new questions once every 12–18 months.

If you would like to become a contributor for *Clinical Evidence* or require more information about what this involves please send your contact details and a copy of your CV, clearly stating the clinical area you are interested in, to Claire Folkes (cfolkes@bmjgroup.com).

Call for peer reviewers

Clinical Evidence also needs to recruit a number of new peer reviewers specifically with an interest in the clinical areas stated above, and also others related to general practice. Peer reviewers are health care professionals or epidemiologists with experience in evidence based medicine. As a peer reviewer you would be asked for your views on the clinical relevance, validity, and accessibility of specific topics within the journal, and their usefulness to the intended audience (international generalists and health care professionals, possibly with limited statistical knowledge). Topics are usually 2000–3000 words in length and we would ask you to review between 2–5 topics per year. The peer review process takes place throughout the year, and our turnaround time for each review is ideally 10–14 days.

If you are interested in becoming a peer reviewer for *Clinical Evidence*, please complete the peer review questionnaire at www.clinicalevidence.com or contact Claire Folkes (cfolkes@bmjgroup.com).