

ORIGINAL ARTICLE

Distribution of constitutive (COX-1) and inducible (COX-2) cyclooxygenase in postviral human liver cirrhosis: a possible role for COX-2 in the pathogenesis of liver cirrhosis

N A Mohammed, S A El-Aleem, H A El-Hafiz, R F T McMahon

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See end of article for authors' affiliations

Correspondence to: R F T McMahon, Laboratory Medicine Academic Group, University of Manchester, Stopford Building, Oxford Road, Manchester M13 9PT, UK and Department of Histopathology, Manchester Royal Infirmary, Oxford Road, Manchester, M13 9WL, UK; ray.mcmahon@man.ac.uk

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Aims: Prostaglandins produced by the action of cyclooxygenases (COX) are important mediators of systemic vasodilatation and inflammation in liver cirrhosis. The aim of this study was to investigate the distribution of COX-1 and COX-2 in postviral cirrhosis.

Methods: The immunohistochemical expression of the constitutive (COX-1) and the inducible (COX-2) isoenzymes was investigated in 15 patients with cirrhosis after hepatitis B and C infection; three normal control livers were also analysed.

Results: COX-2 was absent from normal liver but was highly expressed in cirrhosis, mainly in the inflammatory, sinusoidal, vascular endothelial, and biliary epithelial cells. Low amounts of COX-1 were expressed in both normal and cirrhotic livers, exclusively in sinusoidal and vascular endothelial cells, with no differences seen between normal and cirrhotic livers.

Conclusions: COX-2 is overexpressed in liver cirrhosis, and possibly contributes to prostaglandin overproduction, which may be a major component of the inflammation and hyperdynamic circulation associated with cirrhosis. Because COX-2 is thought to contribute to tumour development, high COX-2 production could be a contributor to hepatocellular carcinoma development in cirrhosis. The finding of COX-2 and not COX-1 upregulation in cirrhosis could provide a possible new role for selective COX-2 inhibitors in reducing inflammation and minimising the occurrence of hepatocellular carcinoma in patients with cirrhosis.

Cyclooxygenase (COX) is the rate limiting enzyme involved in the conversion of arachidonic acid to prostaglandin H₂ (PGH₂), the precursor of various compounds including PGs, prostacyclin, and thromboxanes, which are important inflammatory mediators.¹ Two COX isoforms, COX-1 and COX-2, have been found to share more than 60% identity at the amino acid level. COX-1 is constitutively expressed in many tissues and responsible for various physiological functions, including cytoprotection of the stomach, vasodilatation in the kidney, and the production of a proaggregatory prostanoid, thromboxane A₂, by platelets. In contrast, COX-2 is an inducible immediate early gene originally found to be induced by various stimuli such as mitogens and growth factors.^{2–5} Therefore, COX-2 is responsible for the release of PGs during inflammatory conditions, but COX-1 produces those PGs needed for the maintenance of normal physiological body functions. This has led to the concept that inhibition of COX-2 may explain the therapeutic usefulness of non-steroidal anti-inflammatory drugs (NSAIDs) as anti-inflammatory agents, whereas the inhibition of COX-1 may explain the unwanted renal and gastrointestinal side effects associated with their use. Overexpression of COX-2 has been demonstrated in various chronic inflammatory diseases, such as rheumatoid arthritis, Crohn's disease, ulcerative colitis, gastritis caused by *Helicobacter pylori*, and chronic venous leg ulcers.^{6–9}

"The in vivo profile of both cyclooxygenase isoforms in human liver is unknown"

The liver has emerged as the major organ participating in the degradation and elimination of arachidonic acid products of systemic origin.¹⁰ PGE₂ specifically regulates important

liver functions, such as portal blood pressure, glucose homeostasis, delivery of nutrients to liver parenchymal cells, and pathogenesis of liver fibrosis.¹¹ In vitro studies have shown that primary Kupffer cells express only COX-1; however, lipopolysaccharide treated Kupffer cells express both COX-1 and COX-2.¹² The in vivo profile of both COX isoforms in human liver is unknown. Therefore, our study aimed to investigate the expression of COX-1 and COX-2 in patients with liver cirrhosis using immunohistochemical staining in liver tissues to determine which isoform could be involved.

MATERIALS AND METHODS

Patients

We studied a total of 15 patients, 12 men and three women, with a mean (SD) age of 42.3 (14.3) years, from the department of tropical medicine, Minia University Hospital, Minia, Egypt. All patients were subjected to thorough clinical examination, routine laboratory investigations (blood picture, urine, and stool), liver function tests, abdominal ultrasonography, upper gastrointestinal endoscopy, sigmoidoscopy, and liver and rectal biopsies. Eleven¹¹ patients had chronic hepatitis C virus (HCV) infection, as shown by serum HCV polymerase chain reaction (PCR) positivity, and four patients had chronic hepatitis B virus (HBV) infection, as shown by serum HBV surface antigen positivity; three patients (two with HCV and one with HBV) had coexistent schistosomiasis. The severity of the liver cirrhosis was graded

Abbreviations: COX, cyclooxygenases; HCC, hepatocellular carcinoma; NSAID, non-steroidal anti-inflammatory drug; PG, prostaglandin; TBS, Tris buffered saline

clinically according to the Child-Pugh classification.¹³ All patients had a grade B score: this scoring depended on the presence or absence of ascites, total bilirubin, and serum albumin, in addition to the degree of encephalopathy and nutritional status of the patients. Patients received no vasoactive drugs (nitrates, β blockers, or antibiotics). None of the patients showed combined liver disease, diabetes, renal disease, arterial hypertension, congestive heart failure, or severe extrahepatic diseases

Pathological examination

We used 15 liver biopsies from patients with cirrhosis whose expression of nitric oxide synthase has been described previously.¹⁴ Informed consent was obtained from all patients whose biopsies were used in our study, after ethical approval by the local committee. Liver sections were stained with haematoxylin and eosin and pathological diagnosis was confirmed by a pathologist (RFTMcM). The presence of active inflammation, cirrhotic nodules, and fibrosis was confirmed. The Ishak necroinflammatory total score¹⁵ and the individual interface (A), lobular (C), and portal (D) components were assessed, and the Ishak fibrosis stage was confirmed as either 5 or 6. None of the cases had evidence of active schistosomiasis. Three liver biopsies with normal liver histology, from the histopathology department, Manchester Royal Infirmary, taken during cholecystectomy, were used as controls.

Immunohistochemistry

Paraffin wax embedded liver biopsies were used. Sections (5 μ m thick) were cut on to poly-L-lysine coated slides. Sections were dewaxed and antigen retrieval was performed by adding 0.1% trypsin (Sigma; Poole, Dorset, UK) in calcium chloride to the section for one hour at 37°C. The slides were then processed for immunohistochemistry. Before immunolabelling, endogenous peroxidases were quenched by treatment with 0.5% H₂O₂ in methanol, with subsequent washing in Tris buffered saline (TBS; 0.7% Tris HCl, 0.2% Tris base, 0.02% NaCl, 1% Triton \times 100). Non-specific binding of IgG was blocked using normal goat serum diluted 1/50 in 0.1% bovine serum albumin in TBS for one hour. The sections were incubated with 1/200 (COX-2) and 1/500 (COX-1) diluted primary antibodies (polyclonal rabbit anti-COX-2 and anti-COX-1 (Cayman, Ann Arbor, Michigan, USA)) at 4°C overnight, washed, and incubated for a further 60 minutes with biotinylated secondary antibodies (goat antirabbit; Vector Laboratories, Burlingame, California, USA; diluted 1/500). After incubation for a further 60 minutes with the Vectastain ABC kit, the substrate, diaminobenzidine tetrahydrochloride (Sigma), was added for 10 minutes. Positive cells were labelled brown. For the negative control, the primary antibodies were replaced with normal goat serum (the host species used to raise the secondary antibody). Haematoxylin was used as a counterstain to show the nuclei.

RESULTS

COX-2 expression was not seen in the control livers (fig 1A). The expression of COX-2 was greatly upregulated in cirrhotic liver (fig 1B–F), where it was localised in inflammatory cells infiltrating the liver (fig 1B), mainly mononuclear-like cells (fig 1D), vascular endothelial lining cells (fig 1C), Kupffer cells seen in sinusoidal spaces (fig 1E), and the epithelial lining of bile ducts (fig 1F). COX-2 was expressed only in the cytoplasmic compartment of the positive cells. It was completely absent from hepatocytes.

COX-1 was seen in normal (fig 2A) and in cirrhotic livers (fig 2B,C). It was mainly expressed in Kupffer cells and vascular endothelial lining cells (fig 2A,B). There was no

significant difference in COX-1 expression between normal and cirrhotic livers.

The negative control, in which the primary antibody was replaced by normal serum from the host species used to raise the secondary antibody, showed complete absence of staining (fig 2D), indicating the high specificity of the antibodies used.

DISCUSSION

In our study, we have shown that COX-1 is expressed both in normal and cirrhotic livers. In contrast, COX-2 was not seen in normal liver, but showed de novo synthesis and pronounced upregulation in liver cirrhosis. This induction of COX-2 may be the result of active inflammation in cirrhosis, secondary to hepatitis. Interestingly, high COX-2 expression has been reported to be highly correlated with the degree of inflammation¹⁶ and the development of fibrosis.¹⁷ This is reasonable, considering the fundamental action of COX-2 as a mediator of inflammation. In liver cirrhosis, the induction of COX-2 is probably multifactorial. The ischaemic environment in liver cirrhosis¹⁸ could be one of the inducers of COX-2 because there is evidence that ischaemia and hypoxia can induce COX-2.¹⁹ Moreover, COX-2 may be induced in the liver by growth factors.^{2–5} Endotoxins are also major inducers of COX-2. Dinchuk *et al* showed that COX-2 mediates endotoxin induced liver injury in COX-2 deficient mice.²⁰ There is direct interaction between Kupffer cells and endotoxins that are removed from the circulation primarily by Kupffer cells, which subsequently become activated and increase prostaglandin synthesis.^{21–23} This may imply a role for endotoxins in the induction of COX-2 in cirrhosis.

Many of the known biological effects of PGs are mediated through their interaction with specific receptors. PGs are the key mediators of cell signalling between Kupffer cells and hepatocytes.^{24–25} They act on receptors on hepatocytes, increasing triglyceride synthesis and accumulation in liver. This was confirmed by the finding that COX inhibition reduces hepatic lipid accumulation.²⁶ In a study of rat liver, Suzuki-Yamamoto *et al* demonstrated COX-1 staining in hepatic endothelial cells,²⁷ whereas Yasojima *et al* revealed COX-1 and COX-2 expression by measuring both mRNA and protein,²⁸ with more COX-1 than COX-2 in human livers from patients with brain diseases, including Alzheimer's disease.

“This induction of COX-2 may be the result of active inflammation in cirrhosis, secondary to hepatitis”

There is thought to be a link between hepatitis and liver cirrhosis and the development of hepatocellular carcinoma

Take home messages

- The expression of COX-2 is increased in liver cirrhosis, and possibly contributes to prostaglandin overproduction—which may be a major component of the inflammation and hyperdynamic circulation associated with cirrhosis
- COX-2 is thought to contribute to tumour development, so that high COX-2 production might be important in the development of hepatocellular carcinoma (HCC) in cirrhosis
- Because COX-2 but not COX-1 is upregulated in cirrhosis, selective COX-2 inhibitors might be useful in reducing inflammation and minimising the occurrence of HCC in patients with cirrhosis

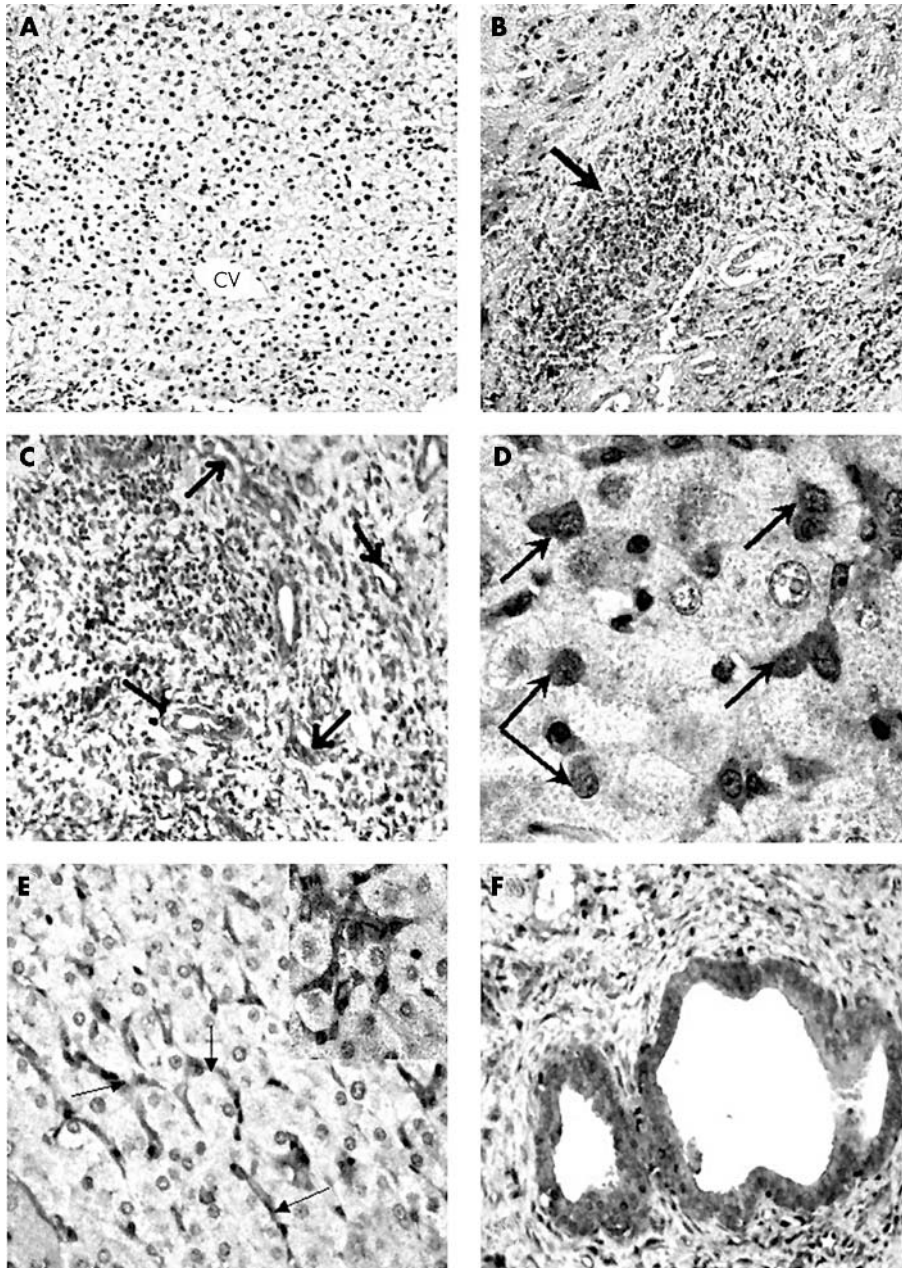


Figure 1 Immunoperoxidase showing COX-2 expression in (A) normal and (B–F) cirrhotic liver samples. (A) Normal human liver showing complete absence of COX-2 immunoreactivity. CV, central (terminal hepatic) vein region; original magnification, $\times 10$. (B) A cirrhotic liver showing infiltration with inflammatory cells, which show dense COX-2 immunoreactivity (arrow); original magnification, $\times 25$. (C) Large number of blood vessels seen in a cirrhotic liver showing COX-2 expression (arrows); original magnification, $\times 50$. (D) Macrophage-like cells (arrows) infiltrating between hepatocytes show high COX-2 immunoreactivity; original magnification, $\times 100$. (E) COX-2 immunoreactivity is seen in sinusoidal cells (arrows) in cirrhotic liver. The COX-2 positive sinusoidal cells are seen surrounding negatively stained hepatocytes; original magnification, $\times 50$. (F) A liver cirrhosis sample showing COX-2 expression in the epithelial lining of bile ducts; original magnification, $\times 100$.

(HCC) because liver cirrhosis is seen in up to 90% of patients with HCC.²⁹ High COX-2 expression was found in various types of carcinoma including HCC.^{30–31} Kondo *et al* looked at the expression of COX-2 in HCC and non-tumorous tissue by immunohistochemistry using the same antibody as that used in our study.¹⁶ Expression was greatest in established cirrhosis compared with normal and non-cirrhotic liver, and was also greater than in dysplastic nodules and HCC. It was also suggested that COX-2 could play a role in the relapse of HCC. Morinaga *et al* have shown COX-2 overexpression in non-tumorous liver compared with HCC and demonstrated a correlation with the histological activity index, transaminase values, and proliferative activity,³² suggesting that COX-2 is related to the background necroinflammatory and regenerative activity. It has been suggested that COX is a carcinogenic agent and COX inhibitors (NSAIDs) were found to have anti-tumour activities.^{33–34} In an animal model, selective COX-2 inhibitors prevented carcinogenesis by the induction of apoptosis in tumour cells.^{35–36} Moreover, PGs have a vasodilatory

action³⁷ and COX-2 facilitates angiogenesis via the enhanced release of angiogenic growth factors, such as vascular endothelial growth factor,³⁸ which was found to be increased in cirrhosis.³⁹ Therefore, COX-2 may play a role in the vasodilatation and angiogenesis associated with hepatocellular disease. Thus, in liver cirrhosis, COX-2 could contribute to the pathogenesis of HCC by increasing necroinflammatory activity and promoting proliferation,³² enhancing angiogenesis,³⁹ and inhibiting apoptosis.^{40–42}

In human liver cirrhosis and carbon tetrachloride (CCl₄) induced liver cirrhosis in rats, there is increased renal synthesis of vasodilator PGs, which counteract the actions of endogenous vasoconstrictors such as angiotensin II, norepinephrine, and antidiuretic hormone on the renal vascular and tubular systems.⁴³ Therefore, administration of NSAIDs in cirrhosis could induce renal failure by inhibiting renal COX and blocking PG synthesis. Interestingly, NSAIDs suppressed cirrhosis and subsequent malignant transformation in an animal model.⁴⁴ However, these drugs are not

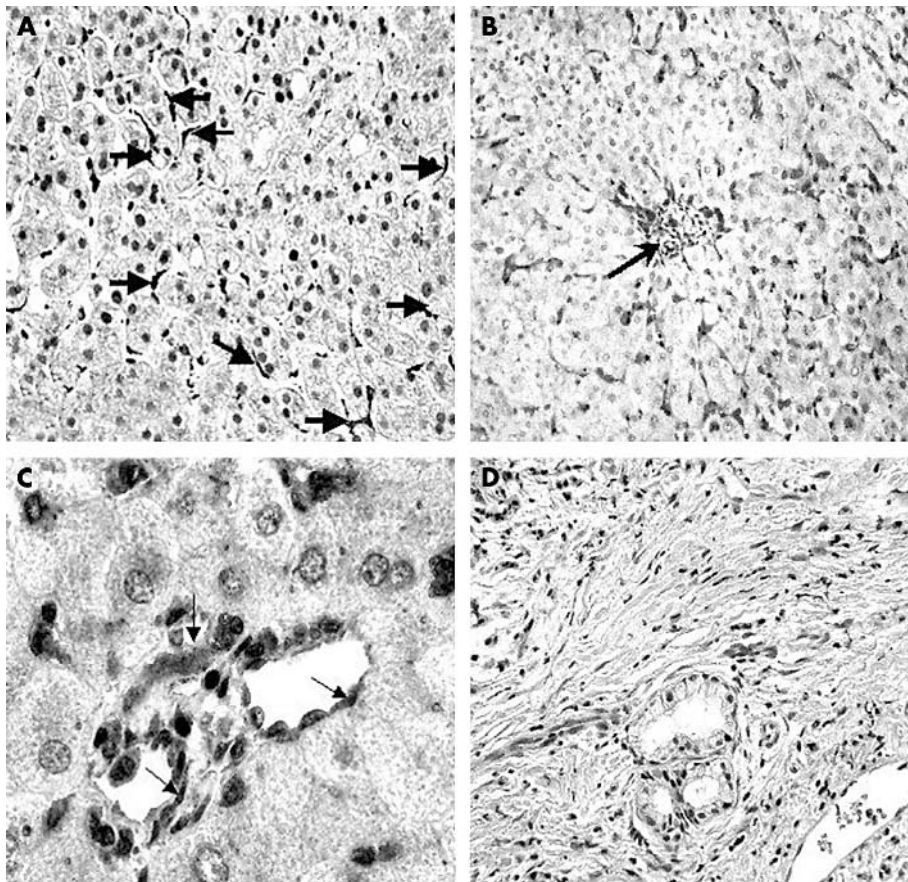


Figure 2 Immunoperoxidase staining showing COX-1 distribution in (A) normal liver and (B,C) human cirrhotic liver. (A) COX-1 is seen in normal liver, localised in the sinusoidal cells (arrows); original magnification, $\times 50$. (B) In cirrhotic liver, COX-1 immunoreactivity is seen in the perivenular region (arrow) and in sinusoidal cells extending from the terminal hepatic vein; original magnification, $\times 25$. (C) COX-1 is localised to the endothelial lining of two blood vessels seen in cirrhotic liver (arrows), with no expression in hepatocytes; original magnification, $\times 100$. (D) A negative control in which the primary antibodies (COX-1 and COX-2) were omitted from the staining procedure, showing complete absence of staining and indicating the high specificity of the antibody used in our study; original magnification, $\times 50$.

recommended in patients with liver cirrhosis because of the renal side effects. This limitation could be overcome by the recent findings concerning selective COX-2 inhibitors and their possible use in some human diseases.² Recently, it has been shown that selective COX-2 inhibitors did not impair renal function in a rat model of liver cirrhosis.⁴⁵ This suggests that effective treatment by selective COX-2 inhibitors may be possible and confirms that the maintenance of renal function is attributed mainly to PGs derived from COX-1.⁴⁵ Therefore, the fact that the main source of COX in liver cirrhosis is COX-2, with little contribution from COX-1, suggests that the use of selective COX-2 inhibitors in these patients may help to reduce inflammation and provide a potential preventive measure for malignant transformation.

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Authors' affiliations

N A Mohammed, H A El-Hafiz, Departments of Tropical Medicine and General Medicine, Minia University, Minia, Egypt

S A El-Aleem, Department of Physiology, University of Bristol, University Walk, Bristol BS8 1TD, UK

R F T McMahon, Laboratory Medicine Academic Group, University of Manchester, Stopford Building, Oxford Road, Manchester M13 9PT, UK

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Sadly, Dr N A Mohammed has died since this paper was written.

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