Antioxidants reverse depression of the hypoxic ventilatory response by acetazolamide in man

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The carbonic anhydrase inhibitor acetazolamide may have both inhibitory and stimulatory effects on breathing. In this placebo-controlled double-blind study we measured the effect of an intravenous dose (4 mg kg^{-1}) of this agent on the acute isocapnic hypoxic ventilatory response in 16 healthy volunteers (haemoglobin oxygen saturation 83-85%) and examined whether its inhibitory effects on this response could be reversed by antioxidants (1 g ascorbic acid I.V. and 200 mg α -tocopherol P.O.). The subjects were randomly divided into an antioxidant (Aox) and placebo group. In the Aox group, acetazolamide reduced the mean normocapnic and hypercapnic hypoxic responses by 37% (P < 0.01) and 55% (P < 0.01), respectively, and abolished the O_2 -CO₂ interaction, i.e. the increase in O_2 sensitivity with rising P_{CO_2} . Antioxidants completely reversed this inhibiting effect on the normocapnic hypoxic response, while in hypercapnia the reversal was partial. In the placebo group, acetazolamide reduced the normo- and hypercapnic hypoxic responses by 33 and 47%, respectively (P < 0.01 versus control in both cases), and also abolished the O₂-CO₂ interaction. Placebo failed to reverse these inhibitory effects of acetazolamide in this group. We hypothesize that either an isoform of carbonic anhydrase may be involved in the regulation of the redox state in the carotid bodies or that acetazolamide and antioxidants exert independent effects on oxygen-sensing cells, in which both carbonic anhydrase and potassium channels may be involved. The novel findings of this study may have clinical implications, for example with regard to a combined use of acetazolamide and antioxidants at high altitude.

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A major defence of the mammalian body to acute hypoxia is a rapid increase in pulmonary ventilation called the acute hypoxic response (AHR). This vital chemoreflex is primarily mediated by the carotid bodies located at the bifurcations of the common carotid arteries (Gonzalez et al. 1994). A decrease in oxygen tension in the blood leads to a complex cascade of events in carotid body type I cells, in which closure of one or more classes of potassium channels results in membrane depolarization (Lopez-Barneo et al. 1999; Lahiri, 2000; Prabhakar, 2000). The mechanistic link between hypoxia and potassium channel closure is unknown; however, potassium channels are sensitive to oxidizing and reducing agents, and reactive oxygen species (ROS; Kouri, 1998; Liu & Gutterman, 2002). Whether ROS indeed play a mediating role in oxygen sensing is controversial (Gonzalez et al. 2002). Recently, Hildebrandt et al. (2002) have shown that after a 5-day oral application, N-acetylcysteine increased the hypoxic response in young adults indicating a possible specific involvement of gluthathione in oxygen sensing.

In older women with an age-related reduction of hypoxic sensitivity, ascorbic acid supplementation appeared to increase their hypoxic response (Pokorski & Marczak, 2003). Recently, we showed that an antioxidant mixture, consisting of oral α -tocopherol and intravenous ascorbic acid was able to reverse the reduction of the hypoxic response in humans by subanaesthetic concentrations of inhalational anaesthetics (Teppema et al. 2002, 2005). These studies indicate that antioxidants may be able to increase carotid body sensitivity in a situation wherein their output is reduced. If this is a general property of antioxidants remains to be seen, and in this context it would be of interest to investigate whether they would also be able to reverse carotid body inhibition that is induced by other means than anaesthetics or age-related phenomena. One other, pharmacological, means to reduce carotid body sensitivity is acetazolamide, a well-known carbonic anhydrase inhibitor. The mechanism by which acetazolamide reduces the hypoxic response in man (Swenson & Hughes, 1993) and animals (Teppema et al.

1992; Teppema & Dahan, 2004) is unclear, but could involve opening of potassium channels (Tricarico et al. 2004) and/or inhibition of one or more carbonic anhydrase iso-enzymes that have been shown to be present in the carotid bodies (Yamamoto et al. 2003) and at least one of which appears to act as a scavenger of reactive oxygen species in cultured cells (Raisanen et al. 1999). Previous studies have shown that the effect of acetazolamide on the hypoxic response strongly depends on the dose and route of administration (Teppema et al. 1992; Swenson & Hughes, 1993; Teppema & Dahan, 2004). The aims of the present study in healthy volunteers were twofold. First, we wished to examine if an intravenous acetazolamide dose as low as 4 mg kg⁻¹ would reduce the carotid body-mediated acute hypoxic response in man. Second, we wished to examine if a reduction of the acute hypoxic response by acetazolamide could be reversed by antioxidants (1 g ascorbic acid I.v. and 200 mg α -tocopherol), suggesting a modulating role of the redox status of blood in oxygen sensing or a potential role of a carbonic anhydrase isoenzyme via an influence of the (extra) cellular redox state in the carotid bodies.

Methods

Subjects and apparatus

Sixteen volunteers (8 men, 8 women, equally distributed over two subject groups, age 19–24 years; all of them gave informed consent) participated in the study after approval from the local human ethics committee. All experiments conformed to the Declaration of Helsinki. All subjects were healthy, did not smoke or use any illicit drugs. They underwent a series of test experiments to familiarize them with the apparatus and experimental procedures. The subjects were instructed not to eat or drink for at least 8 h prior to the study. After arrival in the laboratory, a catheter was inserted into the right antecubital vein for drug infusion and into the left radial artery for arterial blood gas analysis (ABL 700 Radiometer, Copenhagen, Denmark).

The subjects breathed through a face mask, which was connected to a gas mixing system which received oxygen, carbon dioxide and nitrogen from three mass flow controllers. Gas flow was measured with a pneumotachograph (Fleisch, Lausanne, Switzerland) connected to a pressure transducer and electronically integrated to yield a volume signal. This signal was calibrated with a motor-driven piston pump (stroke volume 1 lat a frequency of 20 strokes min⁻¹). Corrections were made for the changes in gas viscosity due to changes in oxygen concentration of the inhaled gas mixtures. The pneumotachograph was connected to a T-piece. One arm of the T-piece received a gas mixture (with a flow of $50 \, l\, min^{-1}$) from a gas mixing system consisting of three

mass-flow controllers (Bronkhorst High-Tec, Veenendaal, the Netherlands). A personal computer provided control signals to the mass-flow controllers so that the composition of the inspired gas mixtures could be adjusted to force end-tidal oxygen concentration (P_{ET,Ω_2}) to follow a specified pattern in time while the end-tidal carbon dioxide concentration ($P_{\text{ET,CO}_2}$) is kept constant (Dahan et al. 1994; van den Elsen et al. 1995). The oxygen and carbon dioxide concentrations of inspired and expired gases were measured with a gas monitor (Multicap, Datex-Engstrom, Helsinki, Finland) by paramagnetic and infrared analysis. The gas monitor was calibrated with gas mixtures of known concentration delivered by a gas-mixing pump (Wösthoff, Bochum, Germany). The arterial haemoglobin-O2 saturation obtained via a finger probe (S_{a,O_2}) was measured by pulse oximetry (Sattelite Plus, Datex-Engstrom).

Study design

Subjects were randomly divided into two groups and exposed to three treatments: control followed by acetazolamide (Actz) and antioxidants for the antioxidants (Aox) group and control followed by acetazolamide (Actz) and placebo for the placebo group. In both groups, two hypoxic exposures were applied during each of the three treatments, one at a constant normocapnic end-tidal P_{CO_2} $(P_{\text{ET,CO}_2}, \text{`normocapnic experiments' in Table 2, resulting})$ in normocapnic clamped levels of ventilation), and one at a constant hypercapnic $P_{\text{ET,CO}_2}$ ('hypercapnic experiments' in Table 2, resulting in hypercapnic clamped levels of ventilation). The order of these CO₂ levels was random. Hypoxia was induced with a 'dynamic end-tidal forcing' system by which steps from normoxia ($P_{\text{ET,O}}$, 15 kPa) into hypoxia ($P_{\text{ET,O}_2}$ 6.2 kPa obtained within four to six breaths) were applied (Dahan et al. 1994; van den Elsen et al. 1995; Teppema et al. 2002; Teppema et al. 2005). Since peak hypoxic ventilatory responses occur within 3 min (van den Elsen et al. 1995), hypoxia was maintained for 3 min, after which hyperoxia was introduced for 5 min ($F_{IO_2} > 0.5$). Subsequently, the P_{ET,O_2} sequence was repeated at the alternate end-tidal P_{CO_2} ($P_{\text{ET,CO}_2}$) level.

In all subjects, control hypoxic studies at both CO₂ levels (no drugs given) were followed by the intravenous administration of 4 mg kg⁻¹ acetazolamide (AHP Pharma SA, France). Twenty minutes after the Actz infusion, a second set of hypoxic studies was performed at both CO₂ levels. Next, eight subjects received the antioxidant cocktail (Aox group), eight others placebo (placebo group). The antioxidant mixture consisted of 200 mg α -tocopherol (DL- α -tocoferolacetaat, OPG Farma, the Netherlands) ingested with a cup of yoghurt and 1 g ascorbic acid (Ascorbinezuur CF, Centrafarm, the Netherlands), infused intravenously 35 min after α -tocopherol application. The placebo mixture (manufactured by the local pharmacy)

consisted of cellulose tablets (ingested with yoghurt), and saline, infused 35 min after the ingestion of cellulose. The final sets of hypoxic studies were performed 10 min after the infusions of Aox and saline in the Aox and placebo groups, respectively. With respect to the administration of the antioxidants and placebo, the study had a double-blind, randomized design.

The breath-to-breath data of the last 10 breaths of normoxia (prior to hypoxia) and of hypoxia (prior to hyperoxia) were averaged. Hypoxic ventilatory sensitivity (or acute hypoxic ventilatory response; units $l \min^{-1} \%^{-1}$) was calculated as (Dahan *et al.* 1994):

$$\frac{V_{\rm I}(\rm hypoxia) - V_{\rm I}(\rm normoxia)}{S_{\rm a,O_2}(\rm normoxia) - S_{\rm a,O_2}(\rm hypoxia)}$$

The statistical analysis was performed using SPSS v11.0 for Windows (SPSS Inc. Chicago, IL, USA). To detect a significance of difference among the three treatment levels of each session, a two-way repeated measures ANOVA with *post hoc* Bonferroni correction was performed to detect significant differences among the three treatment levels within the Aox group (control, Actz, Aox) and the placebo group (control, Actz, placebo). *P* values < 0.05 were considered significant. Unless otherwise indicated, reported values are means \pm s.e.m.

Results

All subjects completed the sessions without side-effects, except one subject belonging to the placebo group who withdrew after one session for unknown reasons.

The effects of acetazolamide on resting arterial acid–base and $[K^+]$ are shown in Table 1. In both groups of volunteers, the agent induced small reductions in mean potassium and bicarbonate concentrations and base excess. No significant differences in mean resting minute ventilation and end-tidal $P_{\rm CO_2}$ were observed between control and Actz or Actz + Aox in the Aox group and control and Actz or Actz + placebo in the placebo group (Table 2). After acetazolamide administration, there was no detectable increase in the arterial-to-end-tidal $P_{\rm CO_2}$ gradient indicating incomplete erythrocytic carbonic anhydrase inhibition. We observed no effect of low intravenous dose of acetazolamide on arterial blood pressure (data not shown).

Normocapnic clamped $P_{\text{ET,CO}_2}$ values were 5.9 ± 0.1 and 5.7 ± 0.1 kPa in the Aox and placebo group, respectively. In both subject groups, the clamped $P_{\text{ET,CO}_2}$ was increased by 0.5 kPa to perform a hypercapnic acute hypoxic response (AHR). When going from the normocapnic to the hypercapnic $P_{\text{ET,CO}_2}$, both subject groups showed an about equal increase in AHR (O₂–CO₂ interaction, Table 2, also see Fig. 1).

Table 1. Effects of acetazolamide on blood acid-base status

	Control	Acetazolamide	
Aox group ($n = 8$)			
P _{a,CO2} (kPa)	$\textbf{5.6} \pm \textbf{0.3}$	$\textbf{5.4} \pm \textbf{0.4}$	
$P_{a,CO_2} - P_{ET,CO_2}$ (kPa)	-0.00 ± 0.15	-0.08 ± 0.24	
pHa	$\textbf{7.39} \pm \textbf{0.01}$	7.37 ± 0.01 †	
Arterial [bicarbonate] (mм)	$\textbf{24.8} \pm \textbf{1.4}$	$\textbf{22.7} \pm \textbf{1.6} \dagger$	
Base excess (mм)	-0.3 ± 1.1	$-2.5\pm1.2\dagger$	
Arterial [K ⁺] (mм)	$\textbf{4.1}\pm\textbf{0.3}$	$3.9\pm0.3\S$	
S _{a,O2} (%)	$\textbf{97.6} \pm \textbf{0.4}$	$\textbf{96.8} \pm \textbf{1.1}^{*}$	
Placebo group ($n = 7$)			
P _{a,CO2} (kPa)	$\textbf{5.4} \pm \textbf{0.5}$	$\textbf{5.2} \pm \textbf{0.4}$	
$P_{a,CO_2} - P_{ET,CO_2}$ (kPa)	$\textbf{0.04} \pm \textbf{0.26}$	-0.09 ± 0.33	
pHa	$\textbf{7.38} \pm \textbf{0.03}$	$7.37\pm0.02^*$	
Arterial [bicarbonate] (mmol l ⁻¹)	$\textbf{24.1} \pm \textbf{1.8}$	$\textbf{21.9} \pm \textbf{1.6}\ddagger$	
Base excess (mм)	-0.9 ± 1.6	$-3.0\pm1.2\dagger$	
Arterial [K ⁺] (mм)	$\textbf{4.1}\pm\textbf{0.2}$	$3.7 \pm 0.3 \dagger$	
S _{a,O2} (%)	$\textbf{97.6} \pm \textbf{0.2}$	$\textbf{97.7} \pm \textbf{0.4}$	

Effect of acetazolamide on resting blood (gas) and electrolyte parameters in eupnoeic resting conditions. Data are means \pm s.D. **P* < 0.05; †*P* < 0.01; ‡*P* < 0.02; §*P* < 0.03. Blood gas analysis was performed to check for possible arterial-to-end-tidal *P*_{CO2} differences following acetazolamide infusion.

The effects of Actz, Aox and placebo on the mean AHR in both subject groups are summarized in Table 2 and graphically presented in Fig. 1. The mean normocapnic AHRs were reduced by 37 and 33% in the Aox and placebo groups (N.S.), respectively (Table 2). This inhibiting effect on the hypercapnic AHR was even larger (52 and 47% reduction in the Aox and placebo groups, respectively, not significantly different between the two groups): in fact, Actz abolished any O₂-CO₂ interaction (Fig. 1, Table 2). In the subjects of the Aox group that showed a reduced normocapnic and hypercapnic AHR upon acetazolamide, this effect was reversed by Aox. In normocapnia, this reversal was total, while in hypercapnia a complete or almost complete reversal occurred in all individuals except one in which it was partial (for mean data see Table 2). After Aox, all these individuals showed a larger hypercapnic than normocapnic AHR indicating a reversal of the O2-CO2 interaction. Note that both the normocapnic and hypercapnic AHRs after Actz + Aox did not significantly differ from those during control.

In contrast to the subjects receiving Aox, those receiving placebo did not show reversal of the acetazolamide-induced inhibition of the normocapnic and hypercapnic AHR (Fig. 2). At both CO_2 levels, the AHR after Actz + placebo was not different from that after Actz alone. After Actz + placebo, some subjects in this group showed a somewhat larger, and others an equal or somewhat smaller hypercapnic than normocapnic AHR so that in contrast to those treated with Aox, the subjects

	Aox group		Placebo group			
	Control	Actz	Actz + Aox	Control	Actz	Actx + Aox
Resting ventilation (I min ⁻¹)	$\textbf{8.9}\pm\textbf{0.4}$	$\textbf{9.3}\pm\textbf{0.5}$	$\textbf{9.4}\pm\textbf{0.4}$	$\textbf{9.1}\pm\textbf{0.8}$	$\textbf{9.4}\pm\textbf{0.5}$	$\textbf{9.2}\pm\textbf{0.3}$
Resting P _{ET,CO2} (kPa)	$\textbf{5.6} \pm \textbf{0.1}$	$\textbf{5.5} \pm \textbf{0.1}$	$\textbf{5.3} \pm \textbf{0.2}$	$\textbf{5.4} \pm \textbf{0.2}$	$\textbf{5.3} \pm \textbf{0.2}$	$\textbf{5.2} \pm \textbf{0.2}$
Normocapnic experiments						
Clamped P _{ET,CO2} (kPa)	$\textbf{5.9} \pm \textbf{0.1}$	$\textbf{5.9} \pm \textbf{0.1}$	$\textbf{5.9} \pm \textbf{0.1}$	$\textbf{5.7} \pm \textbf{0.2}$	$\textbf{5.7} \pm \textbf{0.2}$	$\textbf{5.7} \pm \textbf{0.2}$
Normoxic ventilation (I min ⁻¹)	11.1 ± 0.5	$\textbf{12.1} \pm \textbf{0.8}$	$14.0\pm0.7^{\rm c}$	$\textbf{10.6} \pm \textbf{0.8}$	$\textbf{11.7} \pm \textbf{0.9}$	$13.7\pm0.6^{\text{e}}$
Hypoxic ventilation (I min $^{-1}$)	$\textbf{20.4} \pm \textbf{0.7}$	17.0 ± 1.0	$\textbf{22.8} \pm \textbf{1.0}$	$\textbf{23.7} \pm \textbf{0.9}$	$\textbf{16.8} \pm \textbf{0.9}$	$\textbf{19.5} \pm \textbf{0.9}$
Hypoxic response (I min ^{-1} % ^{-1})	$\textbf{0.65} \pm \textbf{0.1}$	$\textbf{0.41} \pm \textbf{0.0}^{*}$	$\textbf{0.67} \pm \textbf{0.1}$	$\textbf{0.61} \pm \textbf{0.1}$	$\textbf{0.41} \pm \textbf{0.1}^{*}$	$\textbf{0.46} \pm \textbf{0.1}^{*}$
Hypoxic S _{a,O2} (%)	$\textbf{85.0} \pm \textbf{0.8}$	$\textbf{84.0} \pm \textbf{0.7}$	$\textbf{84.8} \pm \textbf{0.6}$	$\textbf{85.1}\pm\textbf{0.8}$	$\textbf{83.1}\pm\textbf{0.6}$	$\textbf{83.0} \pm \textbf{1.0}$
Hypercapnic experiments						
Clamped $P_{\text{ET,CO}_2}$ (kPa)	$\textbf{6.4} \pm \textbf{0.1}$	$\textbf{6.4} \pm \textbf{0.1}$	$\textbf{6.4} \pm \textbf{0.1}$	$\textbf{6.2} \pm \textbf{0.2}$	$\textbf{6.2} \pm \textbf{0.2}$	$\textbf{6.2} \pm \textbf{0.2}$
Normoxic ventilation (I min ⁻¹)	$\textbf{16.0} \pm \textbf{0.8}$	$\textbf{18.1} \pm \textbf{1.0}$	$\rm 20.0\pm0.8^{d}$	$\textbf{15.9} \pm \textbf{1.0}$	$\textbf{17.3} \pm \textbf{1.5}$	$18.2\pm0.7^{\text{f}}$
Hypoxic ventilation (I min ⁻¹)	$\textbf{27.3} \pm \textbf{0.8}$	$\textbf{23.1} \pm \textbf{1.2}$	$\textbf{29.8} \pm \textbf{1.1}$	$\textbf{27.6} \pm \textbf{1.1}$	$\textbf{23.8} \pm \textbf{1.6}$	$\textbf{24.3} \pm \textbf{0.8}$
Hypoxic response (I min ^{-1} % ^{-1})	$0.86\pm0.1\dagger$	0.39 \pm 0.0 *‡	$\textbf{0.74} \pm \textbf{0.1} \S$	$0.82\pm0.1\dagger$	$0.44\pm0.1^{*,a}$	$0.53\pm0.1^{*,b}$
Hypoxic S _{a,O2} (%)	$\textbf{85.1} \pm \textbf{0.8}$	$\textbf{85.1} \pm \textbf{0.6}$	$\textbf{84.8} \pm \textbf{1.0}$	$\textbf{84.6} \pm \textbf{0.5}$	$\textbf{82.9}\pm\textbf{0.8}$	$\textbf{82.9} \pm \textbf{0.8}$

Table 2. Effects of acetazolamide, antioxidants and placebo on normocapnic and hypercapnic hypoxic responses

Effect of acetazolamide (Actz) and placebo on resting ventilatory parameters and the acute normocapnic and hypercapnic hypoxic responses. Data are means \pm s.E.M. Note that in the Aox group Actz reduces the hypoxic response both in normocapnia and hypercapnia and that these effects are reversed by Aox. In the placebo group, no reversal is seen. **P* < 0.010 *versus* control; †*P* = 0.0002 *versus* normocapnia; ‡*P* = 0.52 *versus* normocapnia; §*P* = 0.02 *versus* normocapnia; ^a*P* = 0.24 *versus* normocapnia; ^b*P* = 0.19 *versus* normocapnia; ^c*P* = 0.004 *versus* control; ^d*P* = 0.015 *versus* control; ^e*P* = 0.016 *versus* control; ^f*P* = 0.015 *versus* control.

of this group showed on average no signs of a re-appearing O_2 -CO₂ interaction.

P.O. and ascorbic acid, 1 g I.V.) reversed these inhibiting effects of acetazolamide on the hypoxic response.

Discussion

In this study in healthy volunteers, acetazolamide (4 mg kg⁻¹, I.v.) reduced the normocapnic and hypercapnic hypoxic response by about 35 and 50%, respectively, and prevented the increase in hypoxic response that normally occurs with a rise in arterial P_{CO_2} (O₂–CO₂ interaction; note also that the inhibiting effect of acetazolamide occurred despite a small significant decrease in arterial pH that normally would tend to increase the AHR). A mixture of antioxidants (α -tocopherol, 200 mg

Methodology and study design: general considerations

Two issues that should be discussed concern the acetazolamide dose and the timing of the ventilatory measurements. The acetazolamide dose that is needed to obtain an acute maximal physiological effect from carotid body carbonic anhydrase (CA) inhibition has not been systematically explored. For most organs it is $5-10 \text{ mg kg}^{-1}$, but for kidneys, containing an enzyme concentration similar to carotid bodies, it is



Figure 1. Effects of antioxidants (left panel) and placebo (right panel) on acetazolamide-induced inhibition of normocapnic (N) and hypercapnic (H) hypoxic responses

Control data are shown at left in both panels. Note the increase in hypoxic sensitivity when going from normocapnia to hypercapnia in control that is abolished after acetazolamide (shown in the middle of both panels). The left panel shows that after antioxidant administration, the normocapnic hypoxic response in fully restored, while an O_2-CO_2 interaction reappears. After placebo (right panel), the normocapnic and hypercapnic hypoxic responses clearly remain below control and no O_2-CO_2 interaction reappears. Data are means \pm s.E.M.; paired t tests; $^+P < 0.001$; $^{++}P = 0.02$.

smaller (Maren, 1967, 1977). From available human data (Lehmann et al. 1969) we estimate a free unbound (diffusible) drug concentration in our subjects of about $8\,\mu\text{M}$ at the beginning of the elimination phase which is insufficient for impairment of red cell function (Maren, 1967, 1977) but well within a concentration range necessary for lowering intraocular pressure (EC₅₀ \approx 7 μ M (Yano et al. 1998). The concentration needed for maximal inhibition of carotid body function probably lies between 8 and 15 μ M, because already at 12–15 μ M the hypoxic response is abolished (Swenson & Hughes, 1993). In order to reach this concentration of $\sim 15 \,\mu$ M, we considered initially to administer 500 mg to our subjects, because this could have told us whether the hypoxic response after Aox would reappear after its abolishment by acetazolamide. However, this could have the disadvantage of studying an effect that could be confounded by sufficient ervthrocvtic CA inhibition to result in tissue acidosis (Maren, 1977) and the inability to perform real isocapnic measurements (Teppema et al. 2001; note the absence of arterial-to-end-tidal $P_{\rm CO_2}$ after acetazolamide infusion – Table 1). Nevertheless, together with those of Swenson & Hughes (1993) our data indicate a strong dose-dependent effect of acetazolamide on carotid body function in a narrow concentration range.

The time course of the effect of intravenous acetazolamide on the control of breathing is not well described. In the anaesthetized cat, an intravenous dose of 4 mg kg^{-1} abolishes the O₂–CO₂ interaction and reduces hypoxic sensitivity by half, effects that are still demonstrable about 100 min after infusion (Teppema *et al.* 2001; Teppema & Dahan, 2004). Similar to Swenson & Hughes (1993), we performed the ventilatory measurements within one elimination half-time of acetazolamide which after an intravenous bolus is ~1.7 h (Maren & Robinson, 1960; Lehmann *et al.* 1969). The estimated prevailing plasma concentration (~5 μ M) at the time of the last ventilatory measurements (hypercapnic AHR after Actz + Aox/placebo) is well within the range reported to cause physiological effects in various



Figure 2. Effects of antioxidants (A) and placebo (B) on the acetazolamide-induced depression of the normoxic acute hypoxic ventilatory response in one individual

Aox reverses the depression but placebo fails to do so. Ventilatory data are shown breath-by-breath.

peripheral tissues except erythrocytes (Maren, 1967, 1977; Lehmann *et al.* 1969; Yano *et al.* 1998). A long-lasting inhibition of carotid body function by acetazolamide was confirmed in our subjects receiving Actz plus placebo because on average they still showed a hypoxic response that was significantly lower than control.

Reduction of the AHR by acetazolamide; reversal by Aox

Our observations are from intact organisms and this compels us to be cautious with extrapolating them back to processes occurring at the cellular level. However, available data obtained from reduced preparations may help us to place our observations into a proper context. For the sake of brevity, we will only discuss two scenarios that may be helpful to explain our findings.

Scenario 1. Inhibition of the AHR by acetazolamide is due to inhibition of a CA isoform. It is assumed that the antioxidants that we administered did not influence acetazolamide's binding to the isoenzyme but rather exerted an independent reducing effect, for example by scavenging reactive oxygen species (ROS; Burton et al. 1983; Frei et al. 1989). As Aox reversed an inhibitory effect of a carbonic anhydrase inhibitor, we consider a possible role of some CA isoform as a ROS scavenger. Two candidates for such an antioxidant function could be CA III and IV, the latter because it contains cysteine groups that may participate in redox reactions (Hurt et al. 1998), and the former because it behaves as an important ROS scavenger (Raisanen et al. 1999) and is present in type I carotid body cells from rat (Yamamoto et al. 2003). CA III is a cytoplasmic enzyme with a relatively low affinity for sulphonamide inhibitors (Kararli & Silverman, 1985), while at the same time acetazolamide is only moderately permeable (Holder & Haves, 1965). These two factors, limited permeability of acetazolamide and its low affinity for CA III could then explain why a relatively high dose is needed to completely abolish the hypoxic ventilatory response (Teppema et al. 1992). With regard to CA IV, we are not aware of data showing a role of this protein in regulating the (extracellular) redox state, for example by S-glutathiolation of one or more of its cysteine residues (Hurt et al. 1998). It should also be mentioned that as yet the presence of CA IV in the carotid bodies has not been demonstrated.

Since Aox reversed the acetazolamide-induced depression of the AHR, scenario 1 could involve a role for CA as ROS scavenger in hypoxia which then could contribute to (i.e. increase) the magnitude of the ventilatory response. However, this remains a matter of speculation since experimental evidence is lacking. Also, note that it is unsettled if hypoxia is associated with either an increase or decrease in [ROS] and that ROS do not

seem to be directly involved in oxygen sensing (Gonzalez *et al.* 2002), and our results do not shed more light on this. It is interesting to note that Aoxs are also able to reverse cutaneous photosensitivity by acetazolamide and other sulphonamide-derived diuretics and antidiabetics (Selvaag, 1996; Moore, 2002), and that Aoxs such as vitamin E may affect CA activity (Ciftci *et al.* 2005).

Scenario 2. Acetazolamide causes intracellular alkalosis in type I carotid body cells, which results in a decrease in carotid body output and sensitivity. Aoxs reverse this by an independent effect on potassium channels. Acetazolamide causes alkalosis in type I carotid body cells from neonatal rat (Buckler et al. 1991) and in guinea pig mesenteric smooth muscle cells, it induces alkalosis followed by hyperpolarization, opening of maxi-K (BK) channels and a decreased Ca²⁺ influx (Pickkers et al. 1999). Apart from TASK-1 channels (Buckler et al. 2000), maxi-K channels have been shown to play a role in oxygen sensing type I cells from rat carotid body (Wyatt & Peers, 1995; Williams et al. 2004; note that in rabbit and mouse, Ky channels have been shown to be involved - Riesco-Fagundo et al. 2001; Perez-Garcia et al. 2004). A reversal by Aoxs of the inhibitory effects of acetazolamide on the hypoxic response could be explained by the known redox sensitivity of potassium channels (Kourie, 1998; Liu & Gutterman, 2002). In rabbit type I glomus cells, reducing agents decrease the open probability of potassium channels (Lopez-Barneo et al. 1999).

In rat muscle cells, acetazolamide has a BK channel-opening effect which may be mediated by a direct action and is not shared by the more lipophilic carbonic anhydrase inhibitor methazolamide (Tricarico et al. 2004). In cats, 4 mg kg^{-1} acetazolamide has a similar inhibitory effect on the hypoxic response as we report here in humans (Teppema et al. 2004). Recently, we have compared the effect of low-dose acetazolamide and methazolamide on the hypoxic response in this species and the surprising finding was that even high-dose methazolamide did not affect it (authors' unpublished observations). This suggests that at least in the cat, but possibly also in humans, the inhibition of the hypoxic response by acetazolamide is not related to inhibition of carbonic anhydrase (thereby making the above scenario 1 less likely) but rather to some other pharmacological effect of the agent. It remains a matter of speculation whether the inhibiting effect of acetazolamide on the hypoxic response may be mediated via a specific effect on one or more potassium channels, or, alternatively, to a possible action on various types of L-type Ca^{2+} and/or sodium channels (Bendahhou *et al.*) 2001; MacNaughton et al. 2004).

Clinical implications?

As at this stage the possible clinical implications of our observations are a matter of speculation we only briefly

address two issues, the first of which concerns a possible effect of Aox on the hypoxic response per se. Since in previous studies (Teppema et al. 2002, 2005) we were unable to demonstrate an effect of Aox on normoxic ventilation and the AHR, we decided not to include a separate protocol with Aox alone. Putting our present and previous findings together, it seems that in resting conditions, in the absence of inhibiting factors, Aox may not alter carotid body output but may increase it when such factors are present. This could be important in elderly people (> 70 years): they have been reported to possess a considerably lower O2 sensitivity than healthy young adults (Kronenberg & Drage, 1973; Peterson et al. 1981), while in women 60-80 years of age ascorbic acid supplementation appeared to increase their hypoxic response (Pokorski & Marczak, 2003). The ability of antioxidants to alter the hypoxic response may vary between different reducing agents. For example, Hildebrandt et al. (2002) showed that after a 5-day oral application, N-acetylcysteine increased the hypoxic response in young adults indicating a possible specific involvement of glutathione in oxygen sensing.

A second issue concerns the possibility that Aox may also alter physiological effects of acetazolamide other than the depression of the hypoxic response. For example, the agent has well-known beneficial effects in the prevention and treatment of acute mountain sickness (Bartsch et al. 2004). Ascent to high altitude is associated with increased production of ROS that may have both advantageous and adverse roles in the adaptation to low environmental P_{O_2} (Bailey, 2003). Acetazolamide may prevent or ameliorate symptoms of AMS by an acidosis-induced rise in ventilation and/or by reducing pulmonary vasoconstriction (Hohne et al. 2004), an oxygen-sensitive process that, similar to O_2 sensing in the carotid bodies, involves potassium channels. It remains to be seen whether supplemental antioxidants at altitude might interfere with the beneficial effect of acetazolamide or influence adaptive processes in a hypobaric environment.

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