

Hydroquinone, a reactive metabolite of benzene, enhances interleukin-4 production in CD4⁺ T cells and increases immunoglobulin E levels in antigen-primed mice

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SUMMARY

Exposure to cigarette smoke is known to increase the risk of the development of allergic disease. The mechanism is not well understood. In this study, we determined the effect of hydroquinone (HQ), a major metabolite of benzene present in large quantities in cigarette tar, on interleukin-4 (IL-4) production by CD4⁺ T cells. HQ significantly enhanced IL-4 production by keyhole limpet haemocyanin (KLH)-primed CD4⁺ T cells in a dose-dependent manner. The enhancing effect of HQ on IL-4 production was maximal at a concentration of 50 µM. It increased the level of IL-4 production approximately 10-fold. HQ enhanced IL-4 mRNA expression and also IL-4 gene promoter activity, suggesting that the enhancing effect of HQ on IL-4 production may occur at the transcriptional level. Furthermore, the injection of KLH-primed mice with HQ resulted in a significant increase in the levels of IL-4 and immunoglobulin E. These findings provide evidence that HQ, a major component of cigarette tar, may enhance allergic immune responses by inducing the production of IL-4 in CD4⁺ T cells.

INTRODUCTION

Allergic individuals often mount T helper type 2 (Th2) cell and immunoglobulin E (IgE) antibody responses to environmental allergens.^{1,2} The importance of Th2 cells in allergic diseases is closely associated with the functional activities of the cytokines they produce. It is widely accepted that the Th2-associated cytokine, interleukin-4 (IL-4), induces differentiation and expansion of the Th2 subset of the CD4⁺ T-cell population that secretes IL-4, IL-5, IL-6,

IL-10, and IL-13. It also plays a critical role in the production of IgE, which mediates the immediate hypersensitivity reaction.^{3,4}

Multiple genetic and environmental factors influence the development of allergic disease. Bacterial and/or viral infections in childhood may alter cytokine patterns during crucial periods in the development of the immune system.^{5,6} In addition, changes in diet, lifestyle and behaviour affect exposure to allergens. Cigarette smoking may also act as an allergy-promoting stimulus.⁷ Numerous studies have shown convincing evidence that exposure to cigarette smoke increases the risk of the development of allergic disease. Increased levels of IgE were found in serum of smokers, as compared with non-smokers.⁸ These findings suggest that cigarette smoke contains substances that may enhance Th2 responses.

Hydroquinone (HQ), a major metabolite of benzene, is present in large quantities in cigarette tar as a result of the pyrolysis of tobacco leaf pigments. As each smoked cigarette can deposit as much as 100 µg of HQ in the lungs, we hypothesized that HQ may contribute to enhanced allergic responsiveness reported in cigarette smokers. Ten to 100 µM amounts of HQ inhibited phytohaemagglutinin

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Abbreviations: AP, activator protein; C/EBPβ, CCAAT/enhance binding protein β; ELISA, enzyme-linked immunosorbent assay; HQ, hydroquinone; IL, interleukin; KLH, keyhole limpet haemocyanin; mAb, monoclonal antibody; RT-PCR, reverse transcription-polymerase chain reaction; PMA, phorbol 12-myristate 13-acetate; Th2, T helper type 2.

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(PHA)-induced blastogenesis in rat spleen and bone marrow cells,⁹ and also inhibited IL-2 production, RNA synthesis, and interferon- γ (IFN- γ) production in mouse lymphocytes and spleen cells.¹⁰ In addition, pretreatment of peripheral blood monocyctic cells with HQ suppressed the production of IL-1 β , IL-2, IFN- γ , and tumour necrosis factor- α (TNF- α), without a significant loss of cell viability.¹¹ However, the importance of HQ in the differentiation of T cells into a Th2 type profile of cytokine release or in allergic diseases is unknown.

Here, we investigated the effect of HQ on the modulation of IL-4 production and IgE levels in response to allergen challenge. We found that HQ significantly enhanced IL-4 production in antigen-primed CD4⁺ T cells, leading to the increased levels of IgE in the sera of antigen-primed mice.

MATERIALS AND METHODS

Materials, cell culture and mice

Hydroquinone (HQ), ionomycin and phorbol 12-myristate 13-acetate (PMA) were from Sigma Chemical Co. (St. Louis, MO) and KLH was from Calbiochem Co. (San Diego, CA). Anti-CD8 monoclonal antibodies (mAb; Lyt-2.2, hybridoma 3.155) and anti-CD4 mAb (L3T4, hybridoma GK 1.5) were purified from ascitic fluids by ammonium sulphate precipitation. Hybridoma 3.155 cells, hybridoma GK 1.5 cells and EL-4 cells were from the American Type Culture Collection (ATCC, Rockville, MD). Anti-mIL-4 mAb 11B11 and BVD6 were from M. Howard, DNAX Research Institute (Palo Alto, CA). Recombinant murine IL-4, rat anti-mouse IgE (R35-72), purified mouse IgE and biotinylated rat anti-mouse IgE (R35-92) were from PharMingen Co. (San Diego, CA). Cultures of lymph node cells from BALB/c mice were maintained in RPMI-1640 medium (Gibco BRL, Grand Island, NY) supplemented with 10% fetal bovine serum (FBS; Hyclone Laboratories, Logan, UT) and 1% penicillin-streptomycin at 37° in a 5% CO₂ humidified air atmosphere. Six to eight-week-old-female BALB/c mice were obtained from Daehan Animal Inc. (Seoul, Korea), and maintained in pathogen-limited conditions. The mice were maintained and treated according to National Institutes of Health Guidelines for the Care and Use of Laboratory Animals.

IL-4 promoter construct and transient transfection

The -741/+56 fragment of murine IL-4 promoter was generated by polymerase chain reaction (PCR) from genomic DNA of DBA/2 mice. The PCR product was cloned into the *Bam*HI/*Eco*RI sites of the pGEM-7Z and then subcloned into the *Sac*I/*Xho*I sites of the pGL3-basic luciferase vector (Promega Co., Madison, WI). All the deletion mutants were generated by PCR using an upstream primer containing *Bam*HI site. For transfections, EL-4 cells were cultured in RPMI-1640 medium and transfected with indicated plasmid in the presence of Superfactam according to the manufacturer's protocol (Qiagen, Germany). The cells were stimulated with PMA (10 ng/ml) and ionomycin

(100 nM) in the absence or presence of varying concentrations of HQ. The cells were harvested 24 hr later and the luciferase activity was assayed as previously described.¹² The results were normalized to *LacZ* expression.

In vitro stimulation of lymph node cells

Draining axillary, popliteal, and inguinal lymph nodes were removed from mice 7 days after priming with 100 μ g KLH absorbed to aluminium hydroxide adjuvant in the footpads as previously described.¹³ Single cell suspensions of lymph nodes were prepared and cultured *in vitro* with KLH (50 μ g/ml) in the absence or presence of HQ (1–50 μ M). At the indicated times as described in figure legends, IL-4 protein levels in the cell supernatants were determined by a sandwich enzyme-linked immunosorbent assay (ELISA) and IL-4 mRNA levels in the cells were assayed by reverse transcription (RT)-PCR.

In vitro depletion of T-cell subsets

For *in vitro* depletion of either CD8⁺ T cells or CD4⁺ T cells, mAbs for each T-cell subset were used as previously described.¹⁴ In brief, lymph node cells from immunized mice were incubated with anti-CD4 (L3T4) or anti-CD8 (Lyt-2.2) mAbs on ice for 10 min, followed by addition of low-toxicity rabbit complement (Pel-Freez, Rogers, AR) at 37° for 45 min. The antibodies were titred such that the concentrations used were five times the minimal amount required to saturate the specific binding sites of lymph node cells from naïve BALB/c mice, as determined by cytofluorometric analysis of serially diluted antibodies. After depletion of the specific cell-types, the remaining cells were washed with RPMI-1640 medium (without) FBS, and incubated for 4 days with KLH (50 μ g/ml) in the absence or presence of HQ (50 μ M). Immunofluorescent analysis of lymph node cells after mAb treatment indicated that there was >95% depletion of specific T-cell subsets with no decrease in the frequency of other subsets.

Immunization and HQ treatment

Mice (five per group) were immunized by injection of the footpad (f.t) with KLH (100 μ g) in alum, followed by intraperitoneal (i.p) injection every other day for 1 week with HQ (50 mg/kg) or saline. Unimmunized, control mice were f.t. injected with saline, followed by i.p. injection with saline. One week after the last injection, lymph nodes and blood samples were collected. Serum samples were rapidly frozen at -80° for the subsequent determination of IgE levels. The lymph node cells were stimulated *in vitro* with KLH (0–100 μ g/ml) for 4 days and the IL-4 levels in the culture supernatants were determined by a sandwich ELISA.

IL-4 assay

The levels of IL-4 in the culture supernatants were determined by a sandwich ELISA using mAbs for mouse IL-4 as previously described.¹⁵ Briefly, ELISA plates were coated with rat anti-mouse IL-4 (11B11). After coating, serial diluted culture supernatants were added to

the plates and incubated overnight at 4°. Murine recombinant IL-4 was used as standard for quantitation of IL-4 in the supernatants. After washing, biotinylated anti-mouse IL-4 (BVD6) was added. The plates were washed and streptavidin-peroxidase was added. After additional washings, *o*-phenylenediamine (OPD) was added and developed for 10 min. The OD was determined at 490 nm in a Kinetic Microplate Reader (Molecular Devices, Sunnyvale, CA). The lower limit of detection was 3 pg/ml for IL-4.

IgE assay

Mice were bled 1 week after immunization and the amounts of IgE in the sera were determined by a sandwich ELISA using mAbs for murine IgE. The mAbs used to coat the plates and the biotinylated second mAbs were rat anti-mouse IgE R35-72 and biotinylated rat anti-mouse IgE R35-92 mAb, respectively. A standard curve was generated using purified murine IgE. The lower limit of detection was 12 ng/ml.

Determination of KLH-specific IgE was performed by ELISA, using rat anti-mouse IgE (1 µg/ml) to coat the plates. After the samples were applied, the plates were washed and biotinylated KLH (1 µg/ml) was added. The plates were washed and developed with streptavidin-peroxidase in PBS.

RT-PCR

Total RNA was prepared from the cells and reverse-transcribed into cDNA. PCR amplification of the cDNA was performed as previously described.¹⁶ Total cellular RNA was isolated by the single-step method using the TRIZOL reagent (Sigma). The sequences of PCR primers are as follows: mouse IL-4 (sense, 5'ATGG-GTCTCAACCCCGAGCTAGT3'; antisense, 5'GCT-CTTTACGCTTTCCAGGAAGTC3'), and β-actin (sense, 5'TGGAATCCTGTGGCATCCATGAAAC3'; antisense, 5'TAAAACGCAGCTCAG TAACAGTCCG3'). The PCR reactions were run for 35 cycles for 94° (30 s), 58° (45 s), 72° (30 s) using a PCR Thermal Cycler (MJ Research, Watertown, MA). The PCR products for IL-4 and β-actin genes were 397 bp and 349 bp, respectively. After the amplification, the RT-PCR products were separated in 1.5% (w/v) agarose gels and stained with ethidium bromide.

Statistical analysis

Student's *t*-test and one-way analysis of variance (ANOVA) were used to determine the statistical differences between values for various experimental and control groups. *P*-values <0.05 were considered significant.

RESULTS

HQ increased IL-4 production by KLH-primed lymph node cells

To determine whether HQ affected the production of IL-4 by lymph node cells primed with KLH, BALB/c mice were f.t. immunized with KLH (100 µg) in alum. Seven days later, lymph node cells from the immunized mice were

stimulated for 4 days *in vitro* with KLH in the presence or absence of HQ, and IL-4 production by KLH-specific cells was then determined. As indicated (Fig. 1), HQ significantly increased IL-4 production in a concentration-dependent manner.

IL-4 mRNA levels were analysed in KLH-primed lymph node cells in the presence of HQ, to determine if changes in IL-4 production were accompanied by changes in the expression of IL-4 mRNA. As indicated in Fig. 2(a), HQ significantly enhanced IL-4 mRNA levels in a dose-dependent manner, indicating that the changes in IL-4 production with HQ were present at the transcriptional level. The enhancing effect of HQ on IL-4 mRNA expression was maximal at 10 µM and decreased at 20 and 50 µM. To further investigate the time-dependent effect of

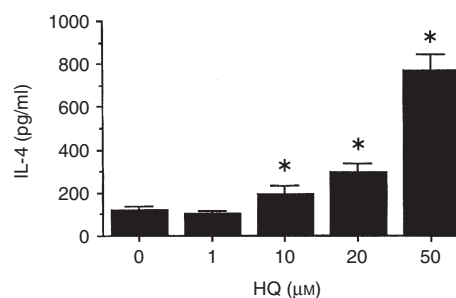


Figure 1. Effect of HQ on IL-4 production in KLH-primed lymph node cells. Mice were injected into the footpad with KLH in alum. Seven days later, the lymph node cells were collected and stimulated *in vitro* for 4 days with KLH in the presence of varying amounts of HQ. The cell culture supernatants were harvested and assayed for IL-4 by ELISA. The values represent the means ± SEM (*n* = 3). **P* < 0.05, relative to the group without HQ.

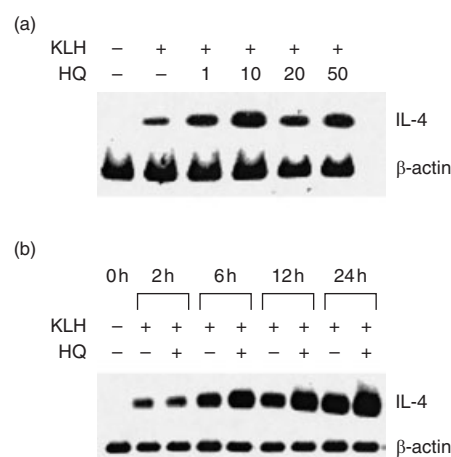


Figure 2. Effect of HQ on IL-4 mRNA expression by KLH-primed lymph node cells. Lymph node cells were from KLH-primed mice, as described in the legend to Fig. 1, and re-stimulated for 24 hr with 5 µg/ml KLH in the presence of varying amounts of HQ (a), or in the presence of 10 µM for varying times (b). Cellular RNA from each treatment was extracted and the expression of IL-4 mRNA was determined by RT-PCR.

HQ on IL-4 mRNA expression, KLH-primed lymph node cells were cultured with 10 μM HQ for varying times. As indicated in Fig. 2(b), significant increases in IL-4 message were detectable at 6 hr and the increased mRNA expression was still evident at 24 hr after HQ treatment. In contrast, treatment with HQ did not affect β -actin mRNA expression by KLH-primed lymph node cells, suggesting that the enhancing effect of IL-4 was not the result of generalized activation of the cells.

HQ enhanced the activation of the IL-4 gene promoter by PMA/ionomycin

To determine if HQ affected the activity of the IL-4 gene promoter, luciferase reporter constructs were generated that contained the IL-4 promoter sequences from positions -741, -251, and -46 to +56, relative to the transcription initiation site (Fig. 3). EL-4 thymoma cells were transfected with each of IL-4 gene promoter constructs and stimulated with PMA/ionomycin in the absence or presence of varying concentrations of HQ, and the luciferase activity was determined. As indicated (Fig. 3), each of these constructs showed significant stimulation with PMA/ionomycin in the absence of HQ. HQ significantly enhanced PMA/ionomycin-mediated activation of the IL-4 gene promoter. Of special interest, deleting sequences to -46 (IL-4/-46) removed the enhancing effects of HQ on the activation of the IL-4 promoter, suggesting that the target site of HQ may reside at the region carrying four nuclear factor (NF)-AT sites (Pu-b_D, Pu-b_C, Pu-b_B and Pu-b_A). HQ alone did not stimulate the IL-4 promoter.

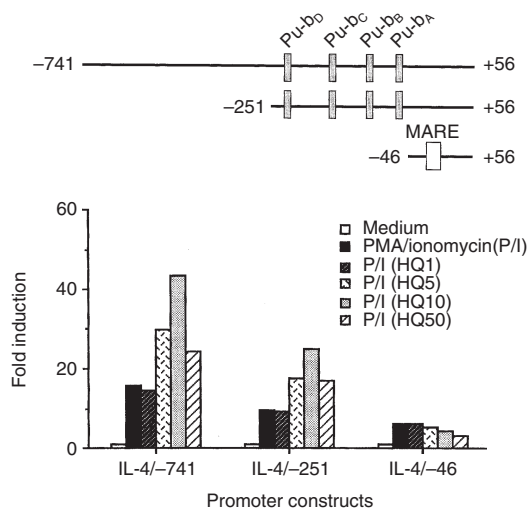


Figure 3. HQ-mediated the enhancement of IL-4 promoter activated by PMA/ionomycin. EL-4 cells were transiently transfected with the IL-4 promoter constructs followed by stimulation with PMA/ionomycin in the presence of HQ. The results are represented as induction fold over the value obtained with unstimulated EL-4 cells transfected with each of promoter constructs, given as an arbitrary value of 1. The data are representative of three independent experiments.

CD4⁺ T cells were the major cell type activated for IL-4 by HQ

IL-4 is produced predominantly by CD4⁺ Th2 cells and CD8⁺ T cells.¹⁷ To determine the IL-4-producing cell-type affected by HQ treatment, CD4⁺ or CD8⁺ T cells in KLH-primed lymph node cells were depleted with anti-CD4 or anti-CD8 mAbs plus complement. The depleted cell cultures were then stimulated *in vitro* with KLH in the presence of HQ. Afterwards, IL-4 levels in the depleted cell cultures were compared after *in vitro* stimulation with KLH with nondepleted cell cultures. As indicated in Fig. 4, *in vitro* re-stimulation of KLH-primed lymph node cells with KLH induced significant levels of IL-4 production, which was reduced to background levels by CD4⁺ T-cell depletion. In contrast, CD8⁺ T-cell depletion did not affect the level of IL-4 in cultures of KLH-primed lymph node cells in the presence of HQ. Thus, CD4⁺ T cells were the major producers of IL-4 in cultures of KLH-activated lymph node cells.

As described, HQ significantly increased IL-4 production by KLH-primed lymph node cells. The enhanced levels of IL-4 production by HQ were also completely suppressed by CD4⁺ T-cell depletion. IL-4 levels in CD4⁺ T-cell depleted lymph node cells in the presence of KLH and HQ were approximately the same as background (unstimulated control cell culture), indicating that CD4⁺ T cells were the major cell type responsible for IL-4 production in KLH-primed lymph node cells and for the enhanced production of IL-4 by treatment with HQ.

HQ increased allergic responses *in vivo*, characterized by enhanced IL-4 production in CD4⁺ T cells and elevated IgE in sera

To determine whether HQ up-regulated IL-4 levels *in vivo*, HQ was injected i.p (50 mg/kg every other day during

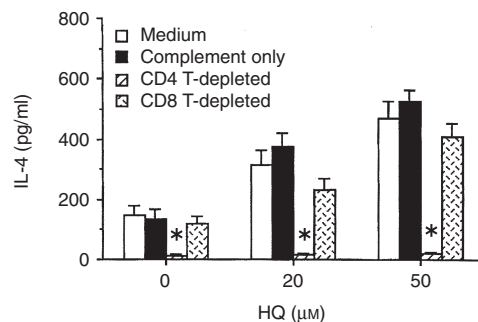


Figure 4. CD4⁺ T cells are the major cell-type responsive to HQ. Mice were injected in the footpad with KLH in alum. Seven days afterward, draining lymph node cells were incubated *in vitro* with anti-CD8 or anti-CD4 mAbs on ice for 30 min, followed by incubation with complement at 37° for 45 min. After washing, cells from each treatment group were stimulated with KLH (50 $\mu\text{g/ml}$) in the presence of HQ (20 or 50 μM) for 4 days and IL-4 levels in the culture supernatants were analysed by ELISA. The data represent the means \pm SEM ($n=3$). * $P<0.01$, relative to a group treated with complement only.

KLH immunization) into KLH-primed BALB/c mice. One week after the KLH injection, the lymph node cells were collected and stimulated *in vitro* with KLH, and the levels of IL-4 in the culture supernatants were determined. As indicated in Fig. 5, treatment with HQ significantly increased IL-4 production in lymph node cells of KLH-primed mice after stimulation with KLH. The levels of IL-4 production in KLH/HQ-treated mice were significantly higher than those in mice injected with KLH alone.

To further characterize allergic responses induced with HQ, serum levels of IgE in KLH-primed mice treated with HQ were determined. As indicated in Fig. 6, the levels of total IgE and KLH-specific IgE in HQ-treated mice were significantly higher than those in mice injected with KLH alone. The results suggest that HQ may enhance allergic

immune responses in antigen-primed mice by increasing IL-4 production in CD4⁺ T cells and IgE levels in sera.

DISCUSSION

HQ is a major component of cigarette smoke and a metabolite of benzene by a cytochrome P450-mediated pathway. It is a heavily used industrial chemical, a petroleum byproduct, an additive in unleaded gas, and a ubiquitous environmental pollutant.^{18,19} HQ has been known to increase allergic responses. However, it is not clear how HQ exerts allergy-enhancing effects. In this report, we determined that HQ significantly increased IL-4 production in murine CD4⁺ T cells *in vitro*. In agreement with the increased IL-4 production observed *in vitro*, mice treated with HQ during sensitization produced higher levels of IgE *in vivo*, and lymph node cells derived from these mice secreted more IL-4 following antigen stimulation *in vitro*. These results suggested that HQ may, at least in part, increase allergic responses via the enhancement of IL-4 production by CD4⁺ T cells.

Allergic diseases are hypersensitivity disorders associated with the production of specific IgE to environmental allergens.²⁰ Higher than normal serum IgE is often found in patients with allergic diseases, including allergic asthma. Reduction of IgE is considered as one strategy in the treatment of asthma.^{21,22} IL-4, mainly produced in CD4⁺ Th2 cells, is an important stimulus for the switching of antibody isotype to IgE in both mice and humans.^{23,24} In this study, the increased levels of IgE in sera of HQ-treated mice might have resulted from an enhancement in the production of IL-4 by CD4⁺ T cells exposed to HQ, leading to the enhancement of the allergic response.

The mechanism by which HQ increased IL-4 production at the molecular level is uncertain. We found that HQ significantly enhanced IL-4 mRNA levels in a dose- and time-dependent manner (Fig. 2). It also enhanced the activation of the IL-4 gene promoter by PMA/ionomycin (Fig. 3), indicating that the enhancement of IL-4 production by HQ occurred at the transcriptional level. Furthermore, HQ could enhance signals originating from the T-cell receptor, leading to a higher expression of IL-4 during antigen stimulation. HQ may also directly interact with signal pathways or transcription factors regulating the IL-4 gene promoter, resulting in an increase the expression of IL-4. In our study, the enhancing effect of HQ on the PMA/ionomycin-activated IL-4 gene promoter disappeared if the transcription factor NF-AT sites were deleted in the promoter (Fig. 3), suggesting that the enhancing effect of HQ on IL-4 production might be mediated through NF-AT. Furthermore, activation of T cells by PMA/ionomycin resulted in marked enhanced binding activity to the NF-AT sites, which significantly increased upon addition of HQ (data not shown). The transcription factor NF-AT is well-known to play an essential role in the inducible transcription of IL-4 gene during T-cell activation since human and murine IL-4 gene promoters contain at least four NF-AT sites that control their induction in T cells.^{25,26} Activator protein (AP)-1 is necessary for the full

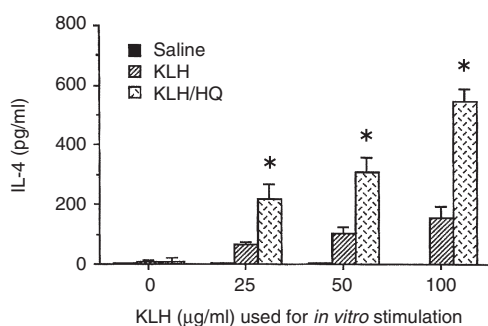


Figure 5. IL-4 production by lymph node cells in KLH-primed mice treated *in vivo* with HQ. Mice ($n=5$) were injected in the footpad with KLH in alum. The mice were injected i.p. HQ (50 mg/kg) or saline every other day. One week after the last injection, lymph node cells were re-stimulated *in vitro* with KLH (0–100 µg/ml) for 4 days. IL-4 levels in the culture supernatants were analyzed by ELISA. The data represent the means \pm SEM ($n=3$). * $P<0.01$, relative to groups without HQ treatment.

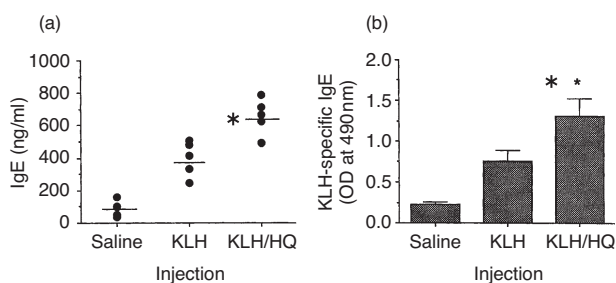


Figure 6. Effect of HQ on serum IgE levels in KLH-primed mice. Mice (five per group) were treated with the same protocol as described in the legend of Fig. 5. One week after immunization, total IgE levels (a) and KLH-specific IgE levels (b) in sera were determined by ELISA. The bars (a) represent the average of IgE levels of individual mouse and the data (b) represent the means \pm SD from triplicate determinations. The experiment was repeated twice with similar results. * $P<0.01$, relative to other groups.

activity of the NF-AT DNA binding to the NF-AT sites.²⁷ High-levels of IL-4 production in atopic Th2 cells are known to closely associate with selective reduction of suppressive NF-AT1 at the IL-4 P0 element (Pu-b_A).²⁸ In addition, the enhancing effect of HQ on IL-4 expression was maximal at 50 μ M at the protein level (Fig. 1) and at 10 μ M at the mRNA level (Fig. 2a), suggesting that HQ may enhance the expression of IL-4 protein and mRNA, respectively, with different kinetics.

Recent studies indicated that CCAAT/enhancer binding protein β (C/EBP β) enhanced IL-4 secretion, but impaired IL-2 and IFN- γ induction in T cells.²⁹ Transduction of EL-4 cells with a retrovirus leading to the overexpression of C/EBP β resulted in a 20-fold increase in IL-4 mRNA levels. Unlike AP-1, which enhances NF-AT binding, binding of C/EBP β to the distal NF-AT (Pu-b_D) site from the murine IL-4 promoter, inhibited NF-AT binding. In addition, coexpression of C/EBP β and NF-AT did not result in a further increase in IL-4 promoter activity, suggesting that C/EBP factors can act as strong activators of IL-4 and repressors of IL-2 and IFN- γ expression. Signalling pathways other than those involved in NF-AT activation in T cells may lead to the C/EBP β -mediated activation of IL-4 expression.

Epidemiological studies indicated an increase in the prevalence of allergic diseases in environmentally polluted areas, suggesting that environmental factors may be one of the causes of the disease.³⁰ Recently, several environmental pollutants have been reported to increase allergic responses. Pyrene, one of polyaromatic hydrocarbons in diesel exhaust, induced transcription of IL-4 mRNA and expression of IL-4 protein in primary human T cells.⁶ Polyphenol-containing compounds preferentially activated IL-4-secreting Th2 cells, thereby favouring IgE production.³¹ In this report, we add HQ to environmental components that increase allergic responses, as characterized by increased levels of IL-4 production in CD4⁺ T cells and higher levels of IgE in sera.

The route of antigen or chemical administration into animals is a factor of regulating the type of immune responses developed. In this study we administered HQ into antigen-primed mice by i.p. injection because HQ, in addition to a component of cigarette smoke, is a chemical used in the photographic rubber, chemical, and cosmetic industries.³² It is also an ingredient in skin lighteners and is a natural ingredient in many plant-derived products including grains and coffee.¹⁹ It may be interesting to investigate the effects of HQ on IL-4 production in mice exposed to HQ by inhalation. The enhanced levels of IL-4 in bronchoalveolar lavage fluids was demonstrated in mice exposed to inhaled environmental tobacco smoke followed by aerosolized antigen challenge.³³

In conclusion, HQ significantly enhanced IL-4 production in antigen-primed CD4⁺ T cells. This effect may explain the proallergic effects of HQ. Because the ratio of Th1 and Th2 cells is closely correlated with the outcome of many diseases,^{34,35} controlling exposure to major sources of HQ may protect patients from developing diseases caused by unwanted Th2-dominated responses.

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