

drome 26% of cases where the haemoglobin was reported had polycythaemia, and 15% of cases diagnosed as androgenic tumours had a raised haemoglobin.

The low cholesterol levels seen in this patient may be explained by the high androsterone levels. Androsterone when given intramuscularly has been shown to cause a sharp fall of plasma cholesterol (Mills, 1964), but the mechanism by which this occurs is unknown. The amenorrhoea associated with adrenal tumours is due to suppression of FSH, but it is interesting to note that the LH levels were exceedingly high.

Transient Dysaesthesiae and Persistent Leucocytosis after Clioquinol Therapy

S. I. TERRY

British Medical Journal, 1971, 3, 745

The following case of transient dysaesthesiae and persistent neutrophil leucocytosis after self-medication with halogenated oxyquinolines for diarrhoea, secondary to giardiasis, is of interest.

Case History

A British helicopter pilot aged 33, working in Peru from February 1968, developed an acute episode of watery diarrhoea in October 1968. The diarrhoea was severe, up to 10 times daily, but there was no blood or mucus in the stools and there was remission of symptoms without treatment within one week, except for occasional loose pale stools usually without increased frequency.

In April 1969 he developed severe watery diarrhoea and took two tablets of Mexaform (clioquinol 200 mg and phanquone 20 mg) four times daily for three days. This quickly controlled the diarrhoea, but he developed malaise, nausea, and abdominal distension, and was found to have a pyrexia of 42°C. Also, 12 hours after starting the Mexaform he developed severe dysaesthesiae of the face and upper limbs "as though petrol had been rubbed into the skin." This burning sensation persisted for one week. His other symptoms had resolved within three days.

Since then he has had numerous similar episodes of diarrhoea after travelling to other parts of the world, each time without pyrexia, but the abdominal symptoms have been similar or less severe. Over two years he has taken 200 tablets of Enterovioform (clioquinol) and 70 tablets of Mexaform. On each occasion that he took either drug he developed painful dysaesthesiae in the face and upper limbs, which persisted for four days after ceasing medication. Diarrhoea alone or in association with his other gastrointestinal symptoms had not been associated with dysaesthesiae.

Since November 1970 he has been attending the Hospital for Tropical Diseases, London, where clinical examination showed a well-nourished man, normotensive, with no abnormal physical findings. However, stool microscopy showed cysts of *Giardia intestinalis* and ova of *Ascaris lumbricoides*, and the mean white blood cell total was 14,950/mm³ (neutrophils 70%, lymphocytes 22%, monocytes 4%, eosinophils 4%). The leucocytosis persisted for six months. The E.S.R. was 13 mm/1 hr, haemoglobin 15.9 g/100 ml, and the film appeared normal. Three-day faecal fat excretion was 24 g, or 8 g/24 hr. Five-hour urine D-xylose (25 g D-xylose orally) was 5 g.

Hospital for Tropical Diseases, London NW1 0PE
S. I. TERRY, M.B., D.T.M.&H., Registrar, Medical Unit

References

- Aberhalden, R. (1953). *Vitamine, Hormone, Fermente*. Basle, Schwabe.
Dorfman, R. I., and Shipley, R. A. (1956). *Androgens*. New York, Wiley.
Harrison, M. T., Brush, M. G., and MacFarlane, M. (1966). *Journal of Endocrinology*, 34, 61.
Lipsett, M. B., and Wilson, H. (1962). *Journal of Clinical Endocrinology*, 22, 906.
Mills, I. H. (1964). In *Clinical Aspects of Adrenal Function*, p. 174. Oxford, Blackwell Scientific.
Rapaport, E., Goldberg, M. B., Gordon, S. G., and Hinman, F., jun. (1952). *Postgraduate Medicine*, 2, 325.

The following investigations were done in an attempt to find a pyogenic cause for the neutrophil leucocytosis: midstream specimen of urine microscopy and culture, stool culture, throat swab culture, and chest x-ray examination, but these were all normal. There was no evidence of other parasitic infections.

Since returning to this country the patient has been asymptomatic and his giardiasis and ascariasis have been effectively treated.

Giardiasis is a well-known cause of diarrhoea and minor degrees of malabsorption and this seems to be the cause of the patient's gastrointestinal symptoms.

Comment

It has been suggested that halogenated oxyquinolines are useful in the treatment and prophylaxis of travellers' diarrhoea, though the evidence to support this is insubstantial (Richards, 1970, 1971; Marsden and Knight, 1971). Also, these drugs are freely available to the general public without prescription as they have been assumed to have no serious side effects. Recent reports from Japan suggest that this is not so, and neurological lesions have been described (Fullerton and O'Sullivan, 1968; Sobue *et al.*, 1971; Tsubati *et al.*, 1971). These usually take the form of a mixed peripheral neuropathy, the striking features of which are, in order of frequency, dysaesthesiae, ataxia of gait, and muscle weakness, but optic nerve damage has also been described. It has also been reported that the onset of neurological symptoms is associated with systemic disturbance, increased white blood cell total in the peripheral blood, and a raised erythrocyte sedimentation rate (Fullerton and O'Sullivan, 1968).

The persistent neutrophil leucocytosis and transient painful dysaesthesiae in this case are assumed to be secondary to halogenated oxyquinoline therapy as the circumstantial evidence is strong.

This is the first case described in the United Kingdom, and though the frequency with which side effects have been reported in Japan may be due to some genetic predisposition (*British Medical Journal*, 1971), a suggested association between these drugs, the dysaesthesiae, and leucocytosis in this case raises the possibility that greater awareness of the condition will lead to more frequent recognition (*Lancet*, 1971).

My thanks are due to Dr. R. Knight for his advice and encouragement and to Professor A. W. Woodruff for allowing me to publish data on a patient under his care.

References

- British Medical Journal*, 1971, 2, 291.
Fullerton, P. M., and O'Sullivan, D. J. (1968). *Journal of Neurology, Neurosurgery and Psychiatry*, 31, 543.
Lancet, 1971, 1, 690.
Marsden, P. D., and Knight, R. (1971). *Lancet*, 1, 854.
Richards, D. A. (1970). *Practitioner*, 204, 822.
Richards, D. A. (1971). *Lancet*, 1, 44.
Sobue, I., *et al.* (1971). *Neurology (Minneapolis)*, 21, 168.
Tsubati, T., Honna, Y., and Hoski, M. (1971). *Lancet*, 1, 696.