REVIEW

Oxygen free radicals and systemic autoimmunity

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SUMMARY

Reactive oxygen species generated during various metabolic and biochemical reactions have multifarious effects that include oxidative damage to DNA leading to various human degenerative and autoimmune diseases. The highly reactive hydroxy radical (·OH) can interact with chromatin and result in a wide range of sugar and base-derived products, DNA-protein cross-links and strand breaks. Studies from our laboratory have demonstrated that after modification the DNA becomes highly immunogenic and the induced antibodies exhibit variable antigen-binding characteristics. Systemic lupus erythematosus, a prototype autoimmune disease, is characterized by the presence of autoantibodies to multiple nuclear antigens. The detection of 8-hydroxyguanosine in the immune complex derived DNA of systemic lupus erythematosus patients reinforces the evidence that reactive oxygen species may be involved in its pathogenesis. Increased apoptosis and decreased clearance of apoptotic cells as observed in systemic lupus erythematosus (SLE) might well be a contributory factor in systemic autoimmunity. Clinically, titres of autoantibodies are closely related to the degree of renal inflammation. Anti-DNA antibodies may combine with circulating antigen and contribute to the deposition of immune complexes in renal glomeruli.

Keywords apoptosis anti-DNA antibodies autoantibodies ROS SLE systemic autoimmunity

REACTIVE OXYGEN SPECIES

A free radical is any species capable of independent existence containing one or more unpaired electrons [1]. The unpaired electron alters the chemical reactivity of the molecule/atom, making it more reactive than the corresponding non-radical form. The oxygen free radicals include superoxide anion radical (O_2^{-r}) , singlet oxygen $(^1O_2)$, hydroxyl radical $(\cdot OH)$ and perhydroxyl radical (HO_2^{-r}) and are termed collectively the 'reactive oxygen species' (ROS). The usual route of O_2 metabolism is through its complete reduction to H_2O by accepting four electrons. However, with a single electron reduction several free radicals and hydrogen peroxide (H_2O_2) are formed. *In vivo*, ROS are generated by oxidant enzymes, phagocytic cells, ionizing radiation, etc. Superoxide

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anion is believed to be the first radical formed, mainly by the electron transport chain when O_2 picks up a single electron. Radicals such as $\cdot OH$, $HO_2 \cdot$ and H_2O_2 are formed from $O_2 \cdot$ [2,3]. $O_2 \cdot$ undergoes a dismutation reaction catalysed by the enzyme superoxide dismutase (SOD) to form H_2O_2 , which by itself is not reactive enough to cause damage to macromolecules. It is, however, a very important oxidant since it can cross biological membranes and form the highly reactive $\cdot OH$ by interaction with transition metal ions such as Fe^{2+} or Cu^+ .

 H_2O_2 is reduced by three general mechanisms. First, it is a substrate for two enzymes, catalase and glutathione peroxidase, that catalyse its conversion to H_2O and O_2 [4], a detoxification mechanism. Secondly, H_2O_2 is converted by myeloperoxidase (MPO) in neutrophils to hypochlorous acid (HOCl), a strong oxidant that acts as a bactericidal agent in phagocytic cells. Reaction of HOCl with H_2O_2 yields 1O_2 . Thirdly, H_2O_2 is converted in a spontaneous reaction catalysed by transition metal ions to the highly reactive $\cdot OH$.

$$\begin{aligned} HOCl &\to {}^{1}O_{2} + Cl^{-} \\ \uparrow \\ O_{2} &\to O_{2} \cdot^{-} \to H_{2}O_{2} \to \cdot OH \to H_{2}O \end{aligned}$$

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Among the ROS, OH is the most potent damaging radical which can react with all biological macromolecules (lipids, proteins, nucleic acids and carbohydrates). It is extremely reactive and can lead to formation of DNA-protein cross-links, single- and double-strand breaks, base damage, lipid peroxidation and protein fragmentation [5,6]. It may also be generated by ionizing radiation [7]:

$$\begin{split} H_2O \rightarrow H_2O^{,+} + e^- \\ H_2O + H_2O^{,+} \rightarrow H_3O^+ + \cdot OH \end{split}$$

The cellular generation of ·OH may occur in two steps [8]:

(i) Reduction of H₂O₂ by the Fenton reaction:

$$Fe^{2+} + H_2O_2 \rightarrow \cdot OH + OH^- + {}^-Fe^{3+}$$

 $Cu^+ + H_2O_2 \rightarrow Cu^{2+} + \cdot OH + OH^-$

(ii) Interaction of O₂· with H₂O₂ by the Haber–Weiss reaction:

$$O_2^- + H_2O_2 \rightarrow O_2 + H_2O + \cdot OH$$

Among the more susceptible targets of ·OH are polyunsaturated fatty acids. Abstraction of a hydrogen atom from a molecule of polyunsaturated fatty acid initiates the process of lipid peroxidation. A hydrogen atom is abstracted from a second molecule, leading to a new free radical. Protein structure and functions are also modified by ROS. Metal ion catalysed protein oxidation results in addition of carbonyl groups, cross-linking and fragmentation. Aldehydes of lipid peroxidation can react with sulphydryl (cysteine) or basic amino acids (histidine, lysine) affecting their biological characteristics. Similarly, modification of individual nucleotide bases, single strand breaks and cross-linking are the typical effects of ROS on nucleic acids [9].

The damage to DNA by ·OH includes single-strand breaks, base modifications and conformational changes. Nitrogenous bases react preferentially with ·OH rather than sugar moiety by 4–6-fold. Thymine and guanine are most susceptible to modifications followed by cytosine and adenine. Thymine glycol is the major oxidation product, its presence in urine serves as an indicator of endogenous DNA damage. Cytosine glycols are also formed which can undergo deamination to form uracil derivatives that base pair preferentially with adenine, instead of guanine. Reduction of guanine leads to ring opening forming formamidopyrimidine (FAPy) derivative of guanine (FAPyG). Oxidation leads to the formation of 8-oxo-deoxyguanine (8-oxodG), a major product. Its measurement in urine is used as a biomarker of endogenous oxidative DNA damage [10].

ROS generation through normal cellular metabolism and by exogenous stimulus is a constant problem for which cells have developed multiple defense mechanisms to survive [11,12]. An imbalance between free radical generation and sequestration leads to oxidative stress. ROS are generated by mitochondria through the electron transport chain as toxic by products of oxidative phosphorylation [13]. In addition, free radical production and disturbances in redox status can modulate the expression of a variety of immune and inflammatory molecules [14–16] leading to inflammatory processes, exacerbating inflammation and affecting tissue damage [17]. It has been suggested that abnormal immunity is related to oxidative imbalance [18,19] and antioxidant functions are linked to anti-inflammatory and/or immunosuppressive properties [20–22]. Neutrophils, which constitute about 60% of the circulating leucocytes and are the most abundant cellular

components of the immune system, produce ROS resulting in oxidative damage and inflammation. The phagocytosis of bacteria, secretion of proteolytic enzymes and immunomodulatory agents are accompanied by 'respiratory burst', involving a sudden increase in oxidative metabolism that results in the production of ROS [23].

SYSTEMIC AUTOIMMUNE DISORDERS

In some autoimmune diseases, such as Goodpasture's syndrome, antibodies are directly related to pathogenesis of the disease, but in many instances the relationship between the disease and prevalent autoantibodies is vague. The diseases may be organ-specific, such as diabetes, autoimmune thyroiditis, Goodpasture's syndrome and primary biliary cirrhosis or systemic, such as progressive systemic sclerosis (PSS, scleroderma) and systemic lupus erythematosus (SLE). Damage due to inflammatory processes is seen more often in systemic diseases than organ-specific disease. With systemic diseases, inflammation is associated with vasculitis, skin rash, swelling of joints, cutaneous ulceration, peripheral gangrene, neuropathy and visceral abnormalities. These clinicopathological features define a group of diseases that over the years have come to be known as collagen-vascular diseases, immunological diseases of the connective tissue or rheumatic diseases [24]. Mixed connective tissue disease (MCTD) was first presented as a distinct rheumatic disease syndrome characterized by high titres of antibodies specific to a ribonucleoprotein (anti-RNA antibodies) and the clinical features were similar to that of other defined connective tissue diseases. The most common clinical feature were Raynaud's phenomenon, puffy hands, arthritis and myositis, also characteristic of other connective diseases. The MCTD patients also have positive rheumatoid factor and high serum levels of immunoglobulins, suggesting an abnormal humoral immune response [25,26].

In systemic autoimmune diseases, individuals develop autoantibodies directed against a variety of cellular components. It is remarkable that a particular set of autoantibody specificities is associated with each disease. Hence, these autoantibody profiles constitute a useful and valuable tool in their diagnosis. Some of these autoantibody specificities show a unique disease-restriction such as the anti-Sm autoantibody found exclusively in the sera of SLE patients. Other specificities show a broader association, such as anti-U1 RNP antibody found in high titres in patients with MCTD and in low titres in SLE [27]. This clinical and serological heterogeneity has been identified and characterized in detail that is associated with specific autoantibodies. Thus, antibodies to DNA have been linked closely to nephritis. Antibodies to U1 RNP are found in SLE without nephritis and the overlapping syndrome of scleroderma, myositis, SLE or MCTD. Antibodies to histone are associated with drug-induced lupus erythematosus and antibodies to Ro (SSA) are related to cutaneous lupus erythematosus, neonatal lupus erythematosus, SLE-Sjogren's syndrome overlap, antinuclear antibody (ANA) negative SLE and Sjogren's syndrome (Table 1) [28].

Manifestations of autoimmunity are often complex and heterogeneous. It has been postulated that immune response against host antigens could result from genetic predisposition, exaggerated random B cell activity, cross-reactivity between foreign and host antigens. The foreign antigens arise as a consequence of infection, inflammation, drug administration, environmental factors, free radicals [29–35] and scores of other modifying

Table 1. Antibodies associated with systemic autoimmune diseases

Antibody	Antigen	Disease
Antinuclear antibody	Nuclear antigens (dsDNA, ssDNA, histone, Sm, RNP, SS-A/Ro, SS-B/La)	SLE
Antinuclear antibody	Nuclear antigens (RNP, 70 kDa protein)	MCTD
Antinuclear antibody	Nuclear antigens (DNA, PM1, Jo-1)	Polymyositis, Dermatomyositis
Antinuclear antibody	Nuclear antigens (SS-A/Ro, SS-B/La)	Sjogren's syndrome
Antinuclear antibody	Nuclear antigens (nucleolar DNA, RNP, Scl70)	PSS
Rheumatoid factor (RF, anti-Fc)	Fc portion of IgG	RA
Antibodies to platelets	Platelet membrane antigens	SLE
Antibodies to RBC	Red blood cell antigens	SLE
Antibodies to RDC	Red blood cen antigens	SEE

SLE: systemic lupus erythematosus, PSS: progressive systemic sclerosis, Sm: Smith antigen. MCTD: mixed connective tissue disease, RA: rheumatoid arthritis, RNP: ribonucleoprotein, SS-A/Ro: Sjogren's syndrome antigen A/Robert antigen, SS-B/La: Sjogren's syndrome antigen B.

agents. ROS have gained considerable interest in recent years as plausible causative agents in the pathogenesis of several human degenerative diseases [36]. The ·OH is generated in substantial amounts in chronic inflammatory conditions due to increased oxidative stress. Lymphocytes isolated from patients suffering from rheumatoid arthritis (RA) and SLE contain increased levels of 8oxodG [37,38]. A study on blood monocytes isolated from SLE patients indicated an impairment in the removal of 8-oxodG from cellular DNA due to a deficient repair system, that may result in cell death and release of oxidized DNA. ROS have been known to cause damage to DNA and their relevance in the induction and development of cancer is well documented [39-42]. These radicals have also been implicated as causative agents of ageing [43] and of several human diseases including multiple sclerosis, Parkinson's disease and autoimmune disorders [44–46]. It has been proposed that in chronic inflammatory diseases such as RA and SLE, DNA-anti-DNA antibody complex(es) deposit in tissues and induce inflammation [47]. The phagocytic cells may then release ROS at the site of injury [48]. These oxygen species being highly reactive may penetrate cellular membranes and react with nuclear DNA [49,50].

HUMORAL AUTOIMMUNITY

Two diseases that have been considered prototypes for systemic autoimmunity are SLE and RA. SLE is a multi-systemic disorder characterized by a variety of autoantibodies and abnormal lymphocyte function that may be responsible for many of the clinical manifestations that are important in diagnosis. A hallmark of this disease is the presence of antinuclear antibodies. ANA are prototype autoantibodies that mark the course of rheumatic diseases. These antibodies target a diverse range of macromolecules including DNA, RNA, proteins and protein-nucleic acid complexes. Because of the close association between ANA and clinical diagnosis, these antibodies have become a key component in the evaluation of patients [51]. While antibodies to singlestranded DNA are formed in several inflammatory conditions including RA, antibodies to double-stranded DNA serve as an immunochemical marker in the diagnosis of SLE [52]. Antibodies to DNA have been associated particularly with SLE, which is considered to be a prototype autoimmune disease [53,54]. Serum obtained from SLE individuals have been shown to possess anti-DNA antibodies of diverse antigenic specificity [55-58]. These anti-DNA autoantibodies have been used to evaluate therapeutic effects and clinical features of SLE patients. Native DNA is no longer regarded as the antigen initiating the disease mainly because immunization with nDNA does not produce SLE-like symptoms. A few of the possible candidates could be polynucle-otides, denatured DNA, RNA or modified DNA [59] (Table 2).

It is reported that anti-DNA antibodies found typically in SLE have a greater capacity to bind to ROS-modified DNA [60] (Table 3). Recent studies from our laboratory have demonstrated that after modification with ROS, DNA becomes highly immunogenic and the induced antibodies exhibit variable binding to native DNA [61–63]. Blount *et al.* have postulated ROS-modified DNA as a more discriminating antigen for the diagnosis of SLE [64,65]. Monoclonal anti-DNA antibodies react more strongly with denatured DNA than nDNA [66–68]. It has been proposed that ROS generated *in vivo* can cause DNA damage, thus altering its structure and immunogenicity, resulting in the antibodies cross reactive to nDNA [60]. The detection of 8-oxodG, a marker of oxidative DNA damage in the immune complex derived DNA of SLE reinforces the evidence that ROS may be involved in its aetiology [37].

CELLULAR AUTOIMMUNITY

The production of autoantibodies in certain autoimmune diseases has been attributed to the selective stimulation of autoreactive B lymphocytes by self-antigens or cross-reaction of antigens with self [69]. In autoimmune prone individuals, B lymphocytes are hyperresponsive to various polyclonal activators (such as viruses, drugs) that bypass the T cell regulatory mechanism. These and several other factors cause immune dysfunction, leading to polyclonal B cell activation [70]. B cell proliferation in SLE has been suggested to be T cell-dependent and the persistence of autoreactive B and T lymphocytes is thought to be responsible for hypergammaglobulinaemia and autoantibody production [71].

A major mechanism by which undigested, intact nuclear antigens are generated and released *in vivo* is by the process of 'programmed cell death' (PCD), or apoptosis. It is characterized by the ordered digestion of nuclear chromatin yielding intact oligonucleosomes that are released into the extracellular matrix.

The immune system represents a prototype for complex multi-cellular organs where during infection antigen-specific lymphocytes need to rapidly proliferate. After clearance of the infectious microbes, lymphocytes need to die in order to prevent

Table 2. Antigenic specificity of anti-ROS-DNA monoclonal antibody

Inhibitor	Max % inhibition at 20 μg/ml	% relative affinity
400 bp ROS-DNA	76.5	100
ROS-DNA	84	146.6
200 bp ROS-DNA	59.7	44
Native DNA	65.1	40
UV treated 400 bp DNA	35.9	_
Poly(dT)	34.8	_
ROS-poly(dT)	68.2	122-2
Poly(G)	27	_
ROS-poly(G)	47-2	_

Adapted from Ashok and Ali [39].

Table 3. Inhibition of SLE antibody binding to native DNA and ROS-DNA fragments of varying size

	% Inhibition	
Size of DNA	Native DNA	ROS-DNA
Native DNA	60	75
800 base pair	58	76
600 bp	55	78
300 bp	65	72
200 bp	50	70
120 bp	60	72
70 bp	30	55
50 bp	30	50
Mean	51	68.5
SD	±12.9	±9.6

Adapted from: Ara J, Ali R. Reactive oxygen species modified DNA fragments of varying size are preferred antigen for human anti-DNA autoantibodies. Immunol Lett 1992; **34**:195–200.

unregulated proliferation. It is therefore evident that the control of apoptosis is critical for the homeostasis of the immune system.

Many signals that may originate either endogenously or exogenously have been shown to influence life processes. These include hormones, immune killing, ROS, genetic and physical trauma, oncogene expression, etc. The execution of PCD is often associated with characteristic morphological and biochemical changes. Apoptotic hallmarks include membrane blebbing, cell shrinkage, chromatin condensation, DNA cleavage and fragmentation, etc. [72]. During apoptotic breakdown many nuclear constituents are post-translationally modified altering antigenicity. It is therefore speculated that failure to achieve PCD and clear apoptotic cell fragments may be a key pathological factor leading to autoimmune disorders. Autoimmunity could result from a failure to kill an autoreactive cell or by inducing autoimmunity against apoptotically modified cellular constituents. Therefore, the process of apoptosis may provide a source of nuclear antigens to drive the autoantibody response and provide antigens in SLE [73]. The serological hallmark of SLE, the appearance of antinucleic acid autoantibodies suggests a polyclonal B cell activation.

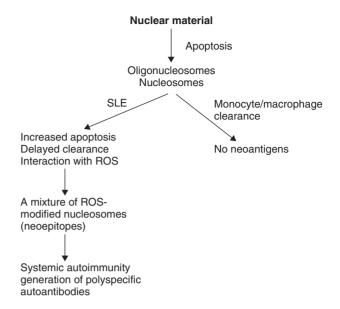


Fig. 1. Possible role of ROS in systemic autoimmunity.

The aetiopathogenesis of lupus, which is still not fully understood, is a multi-factorial one involving environmental factors; drugs, infectious agents, chemicals, free radicals may lead to a profound alteration of the immune system. Changes in the immune system include the appearance of different autoantibodies with different specificity, altered T cell function, defective phagocytosis, etc. Reports have suggested that apoptosis is abnormal in autoimmune diseases and may play a role in the induction of autoimmunity.

Studies on apoptosis and clearance of apoptotic cells in lupus have shed light on the development and course of the disease. During maturation of the immune system, apoptosis of autoreactive lymphocytes in the central lymphoid organs underies the development of tolerance. Whenever apoptotic cells accumulate by an increased rate of apoptosis, decreased elimination or both, tolerance can be broken. Disturbances in any one of the many factors that regulate the apoptotic process might change the balance in the immune system and may predispose for the development of autoimmune phenomenon [74]. Levels of apoptotic lymphocytes are higher in SLE patients than normal healthy individuals [75]. It has been observed that even during inactive disease, increased amount of activated T and B cells are found in the peripheral blood of these patients [76] and during exacerbations, lymphocyte activation is further increased [77]. The increased presence of apoptotic cells as demonstrated in the peripheral blood of SLE patients can be accounted for by an increased level of activationinduced cell death [78]. Adequate removal of apoptotic cells therefore also seems important for the prevention of excessive autoantigen exposure. Evidence that abnormal phagocytosis of apoptotic cells might be a relevant factor in the development of autoimmune diseases has been shown [79].

One of the mechanisms by which elimination of autoreactive lymphocytes takes place is PCD, and a defect in apoptosis may thus contribute to the development of autoimmune diseases [80]. An increased rate of apoptosis has been demonstrated in lymphocytes from SLE patients *in vitro* [81]. During the process of apoptosis, the release of excessive quantities of intact nucleosomes

may be a source of nuclear antigens that drives an immune response, inducing anti-DNA and antihistone antibody production. These observations imply that a failure of mechanism regulating the physiological clearance of apoptotic cells may contribute to the generation and maintenance of chronic autoimmune diseases [82–84]. There is convincing evidence that in the sera of SLE patients, circulating DNA does not exist in free form but as multimeric complexes of different sizes bound to histones [85]. Such nucleosome-like particles are a major immunogen for pathogenic autoantibody response [86,87] and their complexes with autoantibodies can induce renal lesions by binding to glomerular capillary walls [88].

Collagen and fibronectin deposition and the composition of inflammatory infiltrate in the skin as well as quantitative and functional T cell deficiency in peripheral blood lymphocytes in PSS have been demonstrated [89]. PSS is a systemic rheumatic disease that has been shown to contain autoantibodies to nucleolar and intranuclear components [90]. Garg and Ali have demonstrated the presence of autoantibodies against native and ROS-poly(G) in the sera of SLE and PSS patients [91]. Anti-cardiolipin antibodies may be involved in the pathogenesis of PSS by causing vascular damage through the inhibition of prostacyclin production in vascular endothelium [92].

The origin of autoantibody remains an enigma and the production of anti-DNA antibodies is even more complicated. Even though nucleic acid antigens are by themselves poorly immunogenic, their antigenicity can be enhanced by modification with agents such as ROS. Autoantibodies produced against such modified conformations is the hallmark of the systemic human disease, SLE. B cell hyperactivity and the production of pathogenic autoantibodies are the main immunological events in the pathogenesis of SLE. One approach to study the pathogenesis of this disease and how the autoantibody response is initiated and sustained is to analyse variable genes expressed by antibodies that is the trademark of the disease causing pathogenic autoantibodies. Quantification of this repertoire has revealed the presence of a specific expansion of IgG clonotypes that impart reactivity with disease related autoantigens [93]. The nucleotide sequence of autoantibodies derived from human lupus present in immune complex(es) and renal eluates of subjects with active disease show features of diversification with a high rate of replacement or silent mutations and the clustering of mutations in the hypervariable regions. These characteristics imply that a pure polyclonal activation cannot be the only mechanism responsible for autoantibody production [94]. An antigen-driven process is more likely to play a role in their generation. It has been suggested that the antibody may be stimulated by nucleic acid antigens [95,96] or pathogens [97,98]. B cells whose paratopes have complementary determining regions which are formed by amino acids that can promote DNA binding may be selectively stimulated by nucleic acid related structures.

CONCLUSIONS

The mechanism of autoantibody production in diseases such as SLE has not yet been identified. If antigen selection is an important aspect of differentiation, the nature of the stimulating antigen also remains to be determined. The origin of antibodies remains obscure, although modified DNA appears to be a causative factor in RA and SLE. It is possible that the consequent production of autoantibodies may be the result of ROS attack on

DNA, causing changes in structure at the macromolecular level. It is therefore postulated that in chronic inflammatory diseases, ROS generated by phagocytic cells may cause damage to DNA and autoantibodies to a self-antigen are produced. Alternatively, a defect in the control of apoptosis and delayed clearance of apoptotic cells provide sustained interaction between oxygen free radicals and apoptotic cell macromolecules including DNA, generating neoepitopes which subsequently results in autoimmunity and generation of polyspecific autoantibodies (Fig. 1). It has been shown in our laboratory that damage of double-stranded DNA or DNA fragments by ROS results in an increased binding of human anti-DNA autoantibodies.

It has now been established clearly that not only oxygen but also nitrogen free radicals play an important role in the pathogenesis of several human diseases. Reactive nitrogen species is produced by the reaction of nitric oxide with O_2 . or peroxide. Nitric oxide radical participates in some pathological conditions such as arthritis, autoimmune diseases, vasculitis, asthma, hypertension, etc. It is also an unstable molecule, like ROS but less reactive, and can react with proteins O_2 and O_2 .

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