Analysis of circulating $\gamma \delta^+$ T cells in children affected by IgE-associated and non-IgE-associated allergic atopic eczema/dermatitis syndrome

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Summary

Recent studies have suggested that not only $\alpha\beta^+$ T cells, but also the less common $\gamma \delta^+$ T cells may play a role as effectors and immunoregolatory cells in the development and perpetuation of allergic inflammation. The objective of this study was to focus on the role of $\gamma \delta^+$ T cells in atopic dermatitis (AD), a chronic relapsing inflammatory disease of the skin, often associated with allergic bronchial asthma. The present study employed flow cytometric analysis to compare numbers and phenotypic characteristics of $\gamma \delta^+$ T cells in the peripheral blood of children with atopic dermatitis and age-matched healthy controls. The percentage of circulating $V\gamma 9V\delta 2^+$ T lymphocytes was significantly increased in AD patients with respect to the age-matched controls, with a positive correlation with clinical score severity. The prevalent phenotype in both AD patients and controls was CD45RO⁺, with no differences observed in the percentage of $V\delta^{2+}$ CD45RO⁺ between these groups. Conversely, memory $CD45RO^+ CD62L^+ V\delta^{2+}$ lymphocytes were significantly lower in AD patients. Furthermore, naive circulating V $\delta 2^+$ T lymphocytes were significantly lower in AD children than in aged-matched controls. No correlation was observed between circulating $V\gamma 9V\delta 2^+$ expansion and IgE serum levels. It was concluded that an association exists between the levels of circulating $\gamma \delta^+$ T lymphocytes and atopic dermatitis, with a positive correlation with clinical score but no link with IgE serum levels. The pathophysiological role of $\gamma \delta$ T lymphocytes in atopic dermatitis awaits further investigation.

Keywords: allergy, atopic dermatitis, IgE, inflammation, $\gamma \delta^+$ T cells

Introduction

Atopic dermatitis (AD) is a common, chronic, relapsing, inflammatory cutaneous disease, genetically determined, characterized by typically distributed eczematous skin lesions, dry skin, intense pruritus and a wide variety of pathophysiological aspects [1–3].

A strict relationship between genetic, skin barrier, immunological factors and trigger events such as environmental, pharmacological, psychological and infectious, may be elicited and considered to be involved in the development and severity of AD [4].

Since World War II, AD prevalence has been steadily increasing, as reported in population studies, and more than 10% of children are affected at some point during childhood [5]. Moreover, later in childhood nearly 60% may develop allergic rhinitis and/or asthma [6]. AD has been classified recently by the European Academy of Allergy and Clinical Immunology (EAACI) Nomenclature Task Force into non-allergic atopic eczema/dermatitis syndrome (AEDS) and allergic AEDS, the later being divided further into two subgroups: IgE-associated allergic AEDS and non-IgE-associated allergic AEDS [7].

In the past 10 years the immune system has represented the object of scientific attention in AD, alterations in IgE production, Th1/Th2 lymphocyte activity balance and dendritic cell functions have been widely documented [8–10]. Conversely, few data are available in literature on the possible role of the cells bearing the $\gamma\delta$ receptor.

 $\gamma \delta^+$ T cells perform different functions according to their tissue distribution, antigen-receptor structure and local microenvironment [11,12]. Two main populations of $\gamma \delta^+$ are present in human peripheral blood. The first population is represented by the $\gamma \delta^+$ cells expressing the V δ 2 chain; they are

associated mainly with the V γ 9 chain, and constitute more than 70% of circulating $\gamma\delta^+$ 0. The other population is represented by $\gamma\delta^+$ cells expressing the V δ 1 chain, associated with a γ chain that differs from V γ 9; they account for 30% of the peripheral $\gamma\delta^+$, and constitute the majority of mucosal $\gamma\delta^+$ lymphocytes [13,14].

The population that expresses the V γ 9V δ 2 receptor recognizes different classes of microbial non-peptidic antigens showing a wide reactivity towards bacteria [15,16], protozoa [17] and viruses [18]. These lymphocytes respond to the antigenic stimulus with a polyclonal pattern [19], proliferating, producing a large amount of Th1 cytokines [20], particularly interferon (IFN)- γ [21,22], and differentiating into cytotoxic effectors [18,23].

Recently, some authors have suggested that $\gamma\delta^+$ T lymphocytes may play a role in the course and outcome of the allergic inflammatory process, occurring in bronchial asthma and rhinitis, by their ability to interact with several immune cells influencing their activity [24–29].

The aim of this study was to evaluate the significance and possible role of circulating $\gamma \delta^+$ T cells in allergic AEDS.

Materials and methods

Patients

Fifteen children, nine males and six females, aged between 7 and 121 months (mean: 58; median: 65), affected by chronic allergic AEDS, were enrolled in this study. Nine of 15 (60%) were suffering from mild AD (SCORAD index ranging between 10 and 25) and 6 (40%) from moderate/severe AD (SCORAD index over 25). Five had suffered from AD from at least 6 months of age. Six of 15 (40%) presented a positive family history for atopic disease and five of 15 (33%) presented with secondary allergic symptoms such as seasonal rhinocongiuntivitis (three of 15) and bronchial asthma (three of 15).

At the time of sampling, all the children were in an acute phase of the cutaneous disease, with a bacterial super-infection in the case of moderate/severe AD. None of them had taken either antibiotics or corticosteroids for at least 10 days. Fifteen age-matched children (10 boys and five girls) without a history of AD or respiratory allergy were selected as the control group.

SCORAD

The severity of AD was evaluated by using the SCORAD index [30]. This index consists of several evaluation criteria (objective and subjective) of variable importance, giving a global quantitative score representing the intensity of disease at a given time. The objective criteria include the extent and intensity of the disease. The subjective signs assess the pruritus and sleep loss related to AD.

The extent of the disease was assessed by using the scale 'rule of nine' (long used as an application for burns) adapted according to age and expressed in percentage of surface altered. The intensity of the involved area for erythema, oedema/papulation, oozing/crusts, excoriation and lichenification of the uninvolved area for dryness was evaluated using a four-point scale: 0 = absence, 1 = mild, 2 = moderate, 3 = severe.

The subjective signs, pruritus and sleep loss related to AD in the last 3 days/nights preceding a scheduled visit was evaluated by the care person on a 10 cm visual analogue scale (VAS) with: 0 = absence, 10 = severe.

Modified SCORAD index = $(\text{extent}/5) + (\text{intensity} \times 3.5)$ (where the extent is rounded to the nearest multiple of 5 if larger than 5%).

Samples

Peripheral blood mononuclear cells (PBMC) were isolated from heparinized blood by Ficoll-Hypaque gradient centrifugation and were resuspended at 4×10^6 cells/ml in cold RPMI-1640.

Monoclonal antibodies and flow cytometry

Monoclonal antibodies (mAb) coupled with fluorescein isothiocyanate (FITC), phycoerythrin (PE), peridin chlorophyll protein (PerCP) and allophycocyanin (APC) were used in combination for simultaneous staining. The anti-V δ 2 mAb, which recognizes the V δ 2 region of the $\gamma\delta$ TCR, was coupled with FITC (IgG1, clone IMMU1464, Immunotech, Marseille, France) or with PE (IgG1, clone B6, Becton Dickinson, Mountain View, CA, USA). The anti-CD25 mAb (IgG1, clone M-A251, Becton Dickinson), the anti-CD27 mAb (IgG1, clone L128, Becton Dickinson) and the anti-CD94 mAb (IgG1, clone HP-3D9, Becton Dickinson) were coupled with FITC. The anti-CD62L mAb (IgG1, clone Dreg56, Becton Dickinson) and the anti-NKG2-A mAb (IgG1; Immunotech, Marseille, France) were coupled with PE. The anti-CD3 mAb (IgG1, clone SK7, Becton Dickinson) was coupled with PerCP. The anti-CD45RA mAb (IgG_{2b}, clone HI100, Becton Dickinson) was coupled with Cy-Chrome and the anti-CD45-RO (IgG2a, clone UCHL-1, Becton Dickinson) and anti-CD69 (IgG1, clone L78, Becton Dickinson) were coupled with APC.

Analysis of surface antigen expression was performed as described previously [31]. Briefly, 3×10^5 PBMC were washed in phosphate buffered saline (PBS) containing 1% bovine serum albumin (BSA) and 0.1% sodium azide and were incubated for 15 min at 4°C with the indicated FITC-, PE-, PerCP- or APC-conjugated mAbs. Samples were processed immediately using a FACSCalibur flow cytometer (Becton Dickinson). A total of 50 000 events was acquired for each sample and analysed with the CellQuest software (Becton Dickinson).

Serum IgE levels

Serum samples were blind-coded prior to the analysis of the total IgE contents and the titres were expressed by KUA/l. A panel of inhalant and food allergens were tested with Pharmacia CAP-RAST, according to the manufacturer's instructions.

Statistical analysis

All results are expressed as mean \pm standard deviation (s.d.). Differences were been analysed by the unpaired two-tailed Student's *t*-test. A *P*-value < 0.05 was considered significant.

Results

$V\gamma 9V\delta 2^+$ T lymphocytes in peripheral blood

The percentage of circulating V γ 9V δ 2⁺ T lymphocytes was increased (P < 0.005) in AD children compared to agematched controls (Fig. 1a). The percentage of V γ 9V δ 2⁺ T lymphocytes among CD3⁺ cells was found to be 11.3% ± 8.6% in AD patients *versus* 4.1% ± 1.7% in healthy subjects. When AD children were divided into two groups, based on the clinical score of disease, the difference between severe and mild AD became striking (Fig. 1b). The V γ 9V δ 2⁺ T lymphocyte percentage among CD3⁺ cells was 17.12 ± 7.4% in the severe AD group *versus* 4.2% ± 1.0% in the mild AD group (P = 0.002), while there was no difference between the mild AD group and the healthy controls (4.1% ± 1.7%).

Analysis of phenotypical characteristics of $V\delta 2^+$ T lymphocytes revealed no statistically significant differences between AD patients and age-matched controls for the expression of most of the membrane markers evaluated (Table 1). $V\delta 2^+$ T cells from both AD patients and controls showed very low expression of activation markers such as CD69 and CD25, the latter being virtually absent. $V\gamma 9V\delta 2^+$ T lymphocytes from patients and controls showed no difference in the expression of the inhibitory CD94/NKG2A receptor. Moreover, virtually

Table 1. Phenotypic characterization of the V $\delta 2^+$ T lymphocyte subset among freshly isolated peripheral blood mononuclear cells (PBMC) in atopic dermatitis (AD) patients and age-matched healthy controls.

	AD		CTR
CD45RA ⁺	$13 \cdot 1 \pm 3 \cdot 4$		16.9 ± 6.1
CD45RO ⁺	83.8 ± 7.4		83.9 ± 8.6
CD62L ⁺	58.0 ± 24.5	P < 0.002	$84{\cdot}8\pm5{\cdot}9$
CD45RA ⁺ /CD62L ⁺	8.7 ± 4.1	P < 0.05	13.5 ± 4.3
CD45RO ⁺ /CD62L ⁺	$45{\cdot}2\pm19{\cdot}2$	P < 0.003	$73 \cdot 1 \pm 8 \cdot 1$
CD45RA ⁻ /CD27 ⁻	9.2 ± 2.8		8.5 ± 3.5
CD69 ⁺	0.9 ± 0.5		1.6 ± 0.9
CD25 ⁺	0.05 ± 0.05		0.08 ± 0.1
CD94 ⁺	$54{\cdot}3\pm17{\cdot}6$		58.7 ± 16.8
NKG2A ⁺	$54 \cdot 6 \pm 17 \cdot 6$		$59{\cdot}3\pm15{\cdot}3$

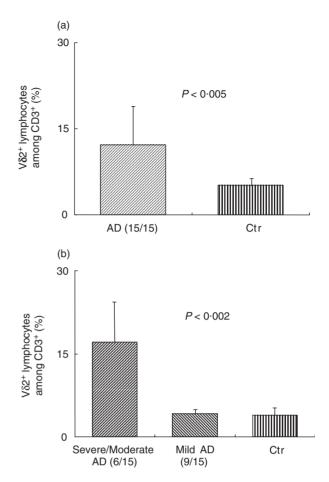


Fig. 1. Peripheral blood mononuclear cells (PBMC) freshly isolated from atopic dermatitis (AD) patients or healthy controls were analysed by flow cytometry for the size of the V δ 2⁺ population. (a) AD patients were grouped altogether or divided into two groups based on clinical score (b). Data shown in (b) revealed significant values only in severe/ moderate AD *versus* mild AD and controls.

all CD94 appeared to be associated with NKG2A, the inhibitory isoform of the NKG2-A-G family.

Naive/memory $\gamma\delta$ T lymphocyte markers were also analysed by flow cytometry. The prevalent phenotype in both AD patients and controls was CD45RO⁺, with similar frequencies of the V δ 2⁺ CD45RO⁺ subset and V δ 2⁺ CD45RA⁺ 0 percentages in both groups. We found a significant difference in the CD62L and CD45RO⁺/CD62L⁺ populations, with significantly fewer such cells in AD patients than in controls, as shown in Figs 2 and 3.

Naive V δ ²⁺ T lymphocytes, defined as CD45RA⁺/CD62L⁺, were slightly less frequent (*P* < 0.05) in AD patients than in the healthy controls (Fig. 2).

Serum IgE

Eight of 15 children (53%) affected by AD showed higher total IgE serum values (IgE-associated allergic AEDS) with a mean of 250 KUA/l (range 125–610 KUA/l).

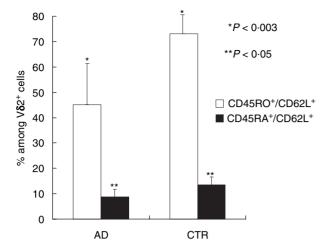


Fig. 2. Peripheral blood mononuclear cells (PBMC) freshly isolated from atopic dermatitis (AD) patients or healthy controls (CTR) were analysed for the expression of CD62L/CD45RO markers on the V δ 2⁺ T cell population. The histograms represent a comparison of mean data obtained from 19 AD patients and 15 CTR. Result are represented as mean ± s.d.

Five of eight (62%) showed positive specific IgE values (> 0.35 KUA/l) to house dust mite and/or grass pollen and/ or olive and/or *Alternaria* and/or cat, and six (75%) to cow's milk and/or egg.

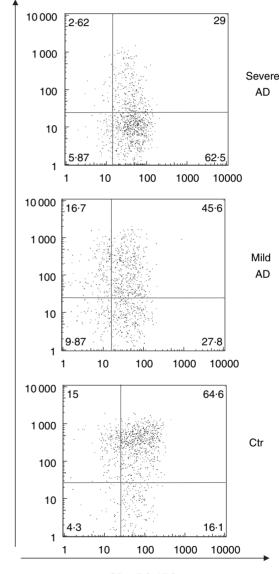
No correlation was observed between circulating $V\gamma 9V\delta 2^+$ expansion and IgE serum levels.

Discussion

The aim of our study was to evaluate the relevance and possible role of $\gamma\delta$ T lymphocytes in an allergic inflammatory disease, such as AD. This aspect of AD has not really been investigated, except for a recent study carried out on a mouse model suggesting that $\alpha\beta$ T cells but not $\gamma\delta$ T cells, B cells or CD40L/CD40 interactions are critical for skin inflammation and the Th2 response in AD [32].

Clinical and experimental data, both from humans and mice, suggest that $\gamma\delta$ T lymphocytes may play a role as effectors and immunoregulatory cells in allergic disease, particularly in bronchial asthma and rhinitis, in spite of some conflicting opinions [24–29,32–35], and also by pathways separate from the classical Th2 immune activation. Spinozzi *et al.* [24] have detected an increase in T lymphocytes bearing the $\gamma\delta$ 1 receptor in the bronchoalveolar lavage fluid of asthmatic adults. Furthermore, Chen *et al.* [36] have documented a decreased amount of $\gamma\delta$ 1 T lymphocytes in the peripheral blood of patients with allergic asthma, thus suggesting a recruitment of these cells by bronchial mucosa. Both authors underlined the absence of a relationship between $\gamma\delta$ T cells and IgE levels, suggesting that $\gamma\delta$ T cells might be implicated in allergic inflammation.

Svensson *et al.* indicated that $\gamma\delta$ T cells promote allergic airway inflammation by enhancing the systemic IgE response and local antibody reactivity without a specific role in the shift of the immune response towards Th2 [28]. Similarly, Pawankar *et al.* have observed in the nasal mucosa of subjects with allergic rhinitis an increased proportion of T lymphocytes bearing the $\gamma\delta1$ receptor, allergen- and organ-specific, and able to produce mainly interleukin (IL-4), IL-5 and IL-13 [25,37]. In the same patients no alterations were detected in the subset of circulating $\gamma\delta$ bearing the V γ 9V $\delta2$ receptor



CD62L PE

CD45RO APC

Fig. 3. FACS analysis of peripheral blood mononuclear cells (PBMC) from severe or mild atopic dermatitis (AD) patients and healthy controls (CTR). Cells were gated on the V δ 2⁺ T cell population and were analysed for the expression of CD62L/CD45RO markers. Numbers in the boxes indicate the percentage of positive cells within the V δ 2⁺ T cell population. Data are from representative experiments.

[25]. Aoyagi *et al.*, on the other hand, found that infants affected by respiratory syncytial virus (RSV)-bronchiolitis have lower frequencies of IFN- γ -producing $\gamma\delta$ T lymphocytes in peripheral blood when compared to age-matched controls. Moreover, they noticed a normalization of this frequency during the convalescent phase, suggesting an important role for the defective IFN- γ production by $\gamma\delta$ T cells in the development of asthma in selected subjects after RSV-bronchiolitis [27]. Other authors, less recently, found no differences in the number of $\gamma\delta$ T cells between asthmatic and control subjects, both in peripheral blood and in bronchial mucosa [34].

Our study was carried out on a group of children suffering from allergic AEDS, both IgE-associated and non-IgEassociated; however, the group included patients in a chronic and relapsing acute phase, with bacterial superinfection clinically evident in children with moderate/severe dermatitis, and probable in the others. Indeed, it is known that in more than 90% of patients with AD *Staphylococcus aureus* colonizes the skin, apart from those with clinical features of impetigo.

We evaluated the peripheral blood V γ 9V δ 2 T lymphocyte subset rather than that of V δ 1, which has already been investigated widely in other studies in this field. In fact, the V γ 9V δ 2 population represents not only the prevalent subset among circulating $\gamma\delta$ T cells, but is also known to recognize the enterotoxin A released by *S. aureus* (SEA) and to proliferate following an *in vitro* stimulation by this superantigen (Sag) [38].

As expected, we detected a significant increase in the percentage of circulating $V\gamma 9V\delta 2^+$ lymphocytes in children with AD compared with their age-matched healthy controls, with a positive correlation noted between their expansion and the severity of the disease (moderate/severe *versus* mild). The observed expansion may be due to the prolonged cutaneous stimulation by SEA, as can occur in children with moderate/ severe AD and by *S. aureus* colonization.

The spreading of lymphocytes $V\gamma 9V\delta 2^+$, documented in peripheral blood, seems to suggest an increased number of these cells even in the skin. Indeed, in all the children affected by AD, a significant reduction in the numbers of $V\gamma 9V\delta 2^+$ CD45RO⁺/CD62L⁺ lymphocytes, the memory subset able to perform homing to secondary lymphoid tissues, with respect to healthy controls and related positively to the severity of the cutaneous disease, was observed. The Sag effect is limited mainly to those lymphocytes that are able to home to the skin, as reported by experimental evidence [39]. This and our findings may lead to the hypothesis that in AD patients a larger proportion of $V\gamma 9V\delta 2^+$ lymphocytes performs homing to the cutaneous district. The next step will be to evaluate the presence and phenotype of this subset *in situ*, at the level of skin lesions, by cutaneous biopsy.

Recently, Eberl *et al.* identified two different population of memory $\gamma\delta$ T cells: non-polarized central memory T cells (Tcm CD45RA⁻ CD45RO⁺ CD62L⁺ CD81⁺ CD94⁺ CD95⁻) representing lymph-node-homing cells that lack inflamma-

tory and cytotoxic functions and polarized effector/memory T cells (Tem: CD45RA⁻ CD45RO⁺ CD62L⁻ CD81⁻ CD94⁺ CD95⁻ CXCR5⁻ CCR5⁺ CCR7⁻) representing tissue-homing cells with a variety of effector functions [12]. At present, we cannot exclude the existence of these two distinct memory $\gamma\delta$ subsets in AD as well; other studies are in progress in our laboratory to clarify this topic.

In children with AD, no correlation was detected between the percentage of $V\delta 2^+$ and the plasma level of IgE, as already reported for the $V\delta 1$ population by other authors investigating different allergic disease.

In conclusion, our findings show that, as suggested for other allergic conditions, an alteration of the $\gamma\delta^+$ population may also occur in AD, although the physiopathological role of this phenomenon awaits further investigation.

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