

Integrated Real-Time PCR for Detection and Monitoring of *Legionella pneumophila* in Water Systems[∇]

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We evaluated a ready-to-use real-time quantitative *Legionella pneumophila* PCR assay system by testing 136 hot-water-system samples collected from 55 sites as well as 49 cooling tower samples collected from 20 different sites, in parallel with the standard culture method. The PCR assay was reproducible and suitable for routine quantification of *L. pneumophila*. An acceptable correlation between PCR and culture results was obtained for sanitary hot-water samples but not for cooling tower samples. We also monitored the same *L. pneumophila*-contaminated cooling tower for 13 months by analyzing 104 serial samples. The culture and PCR results were extremely variable over time, but the curves were similar. The differences between the PCR and culture results did not change over time and were not affected by regular biocide treatment. This ready-to-use PCR assay for *L. pneumophila* quantification could permit more timely disinfection of cooling towers.

Legionellosis can be acquired by inhalation of *Legionella pneumophila* bacteria dispersed by environmental sources, such as hot-water systems and cooling towers. Legionellosis outbreaks are often associated with high mortality rates (15 to 20%) (10). *Legionella pneumophila* serogroup 1 is responsible for up to 80% of cases (9, 11, 30). The density of *Legionella* cells in water is theoretically associated with the risk of legionellosis (5, 15): cell densities above 10⁴ to 10⁵ CFU per liter of water have been shown to represent a potential health risk to humans (20, 23). Environmental *Legionella* monitoring is recommended in several countries (7, 16), and regular treatment of cooling tower installations is obligatory in France (7).

In France, conventional culture is the only approved technique for the detection and quantification of *Legionella* in water samples (2). However, definitive culture results take 10 days to obtain and may have decreased sensitivities due to *Legionella* growth characteristics (3, 6). Several authors have developed real-time-PCR-based methods for rapid detection of *Legionella* in water samples (3, 12, 27, 29). However, Joly et al. recently reported that quantitative real-time PCR is influenced by the type of water sample and that the results may be laboratory dependent (12). Several commercial real-time PCR kits are currently available, such as the iQ-check real-time PCR kit (Bio-Rad, France), the Aqua Screen Lp-qDual kit (Minerva Biolabs, Germany), and the GeneDisc *Legionella* kit (GeneSystems, France). The main differences between these

kits are based on the degrees of standardization of the three critical steps: DNA extraction, PCR preparation, and data analysis.

In this study, we compared a standardized real-time quantitative PCR assay system with the conventional culture method. The PCR system, developed by GeneSystems (Bruz, France), is the first ready-to-use PCR instrument dedicated to routine *Legionella* detection in water samples that includes a dedicated filtration unit and DNA extraction instrument. The two methods were both applied to 136 hot-water-system samples and to 49 cooling tower water samples. In addition, we used both methods to monitor *L. pneumophila* density in the same industrial cooling tower for 13 months.

MATERIALS AND METHODS

Sample collection. From April 2004 to August 2005, 190 water samples were collected from 75 sites in France. Each site corresponded to a distinct water distribution system or cooling tower. A maximum of five samples was taken from each site. Each sample was collected in a sterile 2-liter plastic bottle and was divided into two equal parts for culture and PCR. Five hot-water-system samples, collected from five different sites and yielding non-*L. pneumophila* legionellae by culture, were excluded, as the version of the GeneSystems PCR method used detects only *L. pneumophila*. Thus, 185 water samples were included in the study: 136 hot-water-system samples from 55 sites and 49 cooling tower samples from 20 sites.

In addition, from January 2005 to February 2006, *L. pneumophila* density was monitored in a cooling tower of an industrial plant. One hundred four water samples were analyzed (500 ml for culture and 500 to 1,000 ml for PCR). In keeping with French legislation (7), this cooling tower was treated with HOBri-isothiozalone for the last 5 days of each month. No mechanical cleaning of the tower was performed during the period of investigation.

Culture. We used the AFNOR-T90-431 culture method, which includes species and serogroup identification (2). Briefly, 200 µl of each 1-liter sample was plated directly on selective glycine-vancomycin-polymyxin B-cycloheximide medium (Oxoid, Wesel, Germany). The samples were then filtered through 0.45-µm polycarbonate filters (Millipore, St. Quentin-en-Yvelines, France). The filters were placed in 5 ml of sterile water and sonicated for 2 min (Fischer Bioblock

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TABLE 1. Results of interlaboratory comparisons of use of the GeneSystems PCR system (five repeated assays) on spiked water samples containing 5.0×10^3 CFU *L. pneumophila* in 250 ml

Assay	Result for indicated laboratory and logarithm ^a							
	1		2		3		4	
	Log(Q)	ΔLog	Log(Q)	ΔLog	Log(Q)	ΔLog	Log(Q)	ΔLog
1	3.85	-0.15	3.33	0.37	3.68	0.02	3.33	0.37
2	3.85	-0.15	3.70	0.00	3.36	0.34	3.88	-0.18
3	3.75	-0.05	3.55	0.14	3.43	0.27	3.59	0.11
4	3.43	0.27	3.68	0.02	3.07	0.63	3.75	-0.05
5	3.62	0.08	3.68	0.02	3.52	0.18	3.52	0.18

^a ΔLog is the difference between the experimental result and the target value ($3.7 = \log_{10} 5,000$ GU). Log(Q) is the log value of the experimental result.

scientific sonicator; Illkirch, France) at 35 kHz. Then, 100 μl of the concentrate was plated on glycine-vancomycin-polymyxin B-cycloheximide medium. All samples were subjected to standard heat and acid treatments. The plates were incubated at $36^\circ\text{C} \pm 2^\circ\text{C}$, and colonies were counted after 3, 5, and 10 days. According to the AFNOR method, the result from the highest reliable plate type was chosen. Up to five colonies per sample, chosen for their heterogeneities and their times of emergence, were identified by means of direct immunofluorescence with polyclonal rabbit sera (National Reference Center for *Legionella*, Lyon, France) and *Legionella*-specific latex reagents (Oxoid, Hampshire, England) (Veolia Environnement and CARSO-LSEHL laboratories). The detection limit (DL) of the culture method was 50 CFU/liter, and the quantification limit (QL) was 250 CFU/liter (2).

Sample preparation for PCR. Following the XP-T90-471 method (1), 500 to 1,000 ml of each sample was prepared with a GeneExtract instrument (GeneSystems, France), a dedicated DNA extraction system simultaneously handling five water samples and one negative control (1 liter of a distilled sample). The GeneExtract instrument uses a commercial DNA extraction pack, including all reagents and consumables required for water sample filtration, cell lysis, and DNA purification (GeneSystems, France). The GeneExtract instrument includes a filtration unit with a 0.45-μm-pore-size polycarbonate membrane. The membrane was transferred to a tube containing lysis buffer and was subjected to mechanical treatments (sonication for 20 min, using one sonotrode per sample, and then heating at 100°C for 10 min) in order to enhance DNA recovery from aggregates. Finally, DNA was purified by adsorption on a silica column and was eluted in a final volume of 200 μl of elution buffer.

Quantitative PCR. Quantitative PCR was performed with a GeneDisc-Cycler apparatus (GeneSystems, France) and a dedicated consumable, GeneDisc *Legionella pneumophila*, a ready-to-use molecular biology device. GeneDisc *Legionella pneumophila* incorporates six analytical sectors for the analysis of five DNA extracts from water samples and one negative control. Each sector consists of six PCR wells preloaded with specific primers and a dual-fluorescence, dye-labeled probe (FAM [6-carboxyfluorescein]-TAMRA [6-carboxytetramethylrhodamine]). (i) Three wells are used for *L. pneumophila* detection, (ii) two wells are used for both positive and internal inhibitor controls with a calibrated synthetic DNA sequence which contained at each end the specific primer oligonucleotides for *L. pneumophila* detection, and (iii) one well is used for the negative PCR control. Each analytical well is filled with a mixture of DNA extract (6 μl) and master mix solution (6 μl) from GeneSystems. Quantitative PCR takes 45 min. GeneDisc software uses the cycle threshold and the positive control fluorescence value to detect the presence of inhibitor molecules. For each sample, the GeneDisc-Cycler indicates the final result as the number of genome units (GU) per liter. For each batch of GeneDiscs, linearity was confirmed by constructing an external five-point standard curve corresponding to between 25 and 2.5×10^5 GU of *L. pneumophila* serogroup 1 (ATCC 33152) per well.

The DL of this PCR assay, corresponding to the smallest number of GU yielding positive results in 90% of runs, was 5 GU per PCR mix, corresponding to 167 GU per liter. The QL of the PCR assay, corresponding to the smallest number of GU yielding a coefficient of variation below 25%, was 25 GU per reaction mixture (equivalent to 833 GU per liter). When PCR inhibition occurred (nonamplification of the positive control), the sample DNA was retested after 2- to 10-fold dilution in ultrapure H₂O.

Interlaboratory reproducibility. *L. pneumophila* serogroup 1 strain ATCC 33152 bacteria were grown overnight with vigorous agitation at 37°C in buffered yeast extract broth supplemented with 0.4 mg of L-cysteine and 0.25 mg of ferric

TABLE 2. PCR and culture results for 132 hot-water-system samples and 46 cooling tower water samples

Result group ^a	No. (%) of samples for indicated sample group and method			
	Hot water systems		Cooling towers	
	PCR	Culture	PCR	Culture
Negative <DL	45 (34.1)	73 (55.3)	18 (39.1)	31 (67.4)
Positive DL ≤ x ≤ QL	37 (28.0)	19 (14.4)	8 (17.4)	6 (13.0)
>QL	50 (37.9)	40 (30.3)	20 (43.5)	9 (19.6)
Total	132 (100)	132 (100)	46 (100)	46 (100)

^a DL, 5 GU/well for PCR and 50 CFU/liter for culture; QL, 25 GU/well for PCR and 250 CFU/liter for culture. Results below the detection limit were considered negative.

pyrophosphate per milliliter (Oxoid, France) and then counted by measuring DAPI (4',6'-diamidino-2-phenylindole) epifluorescence (24). The culture was serially diluted 10-fold, and 1-milliliter aliquots (containing 2×10^5 CFU) were concentrated by centrifugation at $5,500 \times g$ for 20 min. The supernatants were discarded, and the cell pellets were shipped to four different laboratories.

In each laboratory, the cell pellet was resuspended in 10 ml of sterile distilled water, and 2 ml of this suspension was added to 2 liters of commercially available mineral water (Evian, France). After thorough shaking, five 250-ml portions (each theoretically containing 5×10^3 CFU) were analyzed with the GeneSystems method. A negative control (250 ml of noninoculated mineral water) was always run simultaneously.

Statistical analysis. PCR results were analyzed with the integrated GeneDisc software (GeneSystems, Bruz, France). SPSS 12.0 software was used to compare PCR and culture data with those for parametric tests (determination coefficient [r^2] and Student's *t*) and nonparametric tests (Wilcoxon and Mann-Whitney), as appropriate. For the PCR method, we calculated the positive and negative predictive values (PPV and NPV, respectively), which corresponded to the ratio between the number of positive (or negative) samples by both methods and the number of positive (or negative) samples by PCR.

RESULTS

Interlaboratory comparison. Four different laboratories used the GeneSystems PCR method to analyze *L. pneumophila* suspensions containing 5×10^3 CFU in 250 ml, corresponding to 5×10^3 GU ($\log_{10} 5,000 = 3.7$) (Table 1). The difference between the experimental result and the target value ($3.7 \log_{10}$) was always below $0.5 \log_{10}$, except for assay 4 in laboratory 3.

Hot-water samples. Among the 136 hot-water samples, 4 (2.9%) samples, collected from four different sites, contained PCR inhibitors (with or without 10-fold dilution in ultrapure H₂O) and were excluded from the PCR/culture comparison. Two of these four samples were quantifiable by culture (5.6×10^3 and 3.7×10^5 CFU/liter). PCR results below the detection limit (5 GU/assay) were considered negative and those above this limit positive. Among the remaining 132 samples, 87 (65.9%) were positive by PCR and 59 (44.7%) were positive by culture (Table 2). Among the PCR-positive samples, 50 (37.9%) were quantifiable (>25 GU/well). Forty (30.3%) of the culture-positive samples were quantifiable (>250 CFU *L. pneumophila* per liter), and 19 (14.4%) were not quantifiable (between 50 and 250 CFU/liter). The PPV and NPV of PCR for hot-water-system samples were 57.5% and 80.0%, respectively.

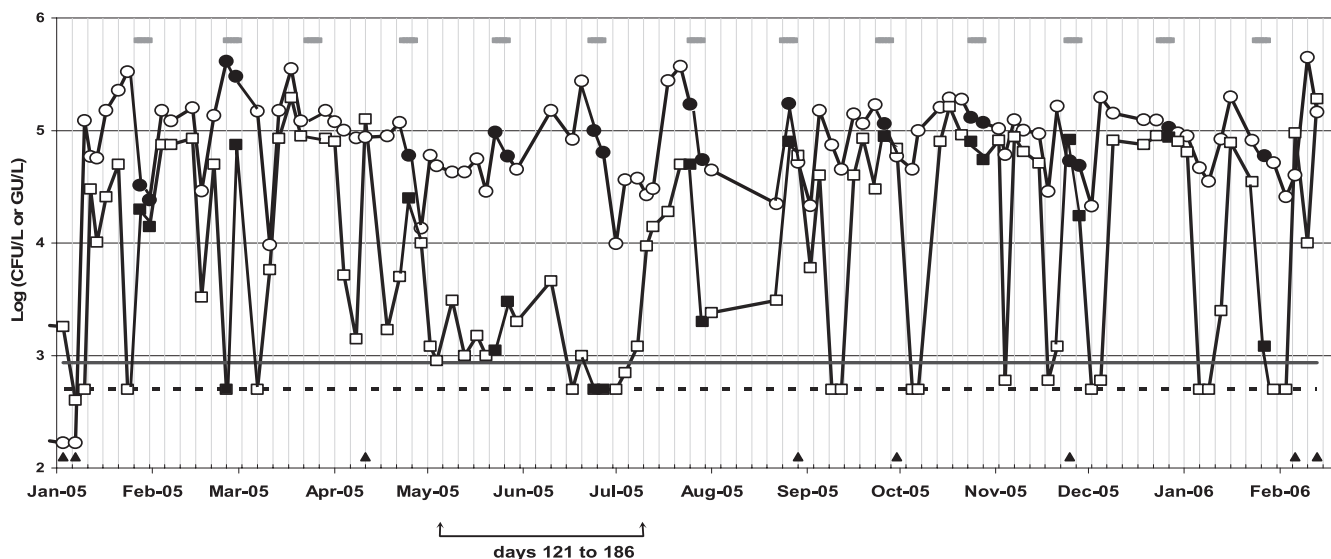


FIG. 1. Follow-up of *Legionella pneumophila* cell density by quantitative PCR (GU/liter) and conventional culture (CFU/liter), from January 2005 to February 2006, in a single industrial cooling tower. When the culture or PCR value was below the detection or quantification limit, the sample was assigned a value equal to the corresponding limit. Values for log CFU/liter (open squares), log GU/liter (open circles), QL_{PCR} (solid line), and QL_{culture} (dotted line) and dates when PCR results were below culture results (filled triangles) are shown. Gray bars over the curves indicate the 5-day treatment periods, and values obtained during these periods are indicated by filled squares and circles.

PCR results were on average 4.5-fold higher than culture results. Among the 45 PCR-negative samples, 9 (6.8%) were positive by culture; of these, 1 contained 1.0×10^4 CFU/liter, 5 contained between 450 and 1,500 CFU/liter, and 3 contained less than 250 CFU/liter (the quantification limit). For these nine PCR-negative samples, any partial or total inhibition was detected by the positive and internal inhibitor controls. Among the 73 culture-negative samples, 37 (28.0%) were positive by PCR, of which 19 (14.4%) were below the quantification limit (QL_{PCR}), while the remaining 18 samples (13.6%) contained 8.7×10^2 to 2.8×10^5 GU/liter. An acceptable correlation was found between the PCR and culture results for hot-water-system samples ($r^2 = 0.732$).

Cooling tower samples. Three (6.1%) PCR-inhibitory samples, collected from three different sites, were found among the 49 cooling tower water samples (with and without 10-fold dilution in ultrapure H_2O). One of these three samples was quantifiable by culture (900 CFU/liter). Among the remaining 46 samples, 15 (32.6%) were positive by culture, of which 9 (19.6%) contained >250 CFU *L. pneumophila* per liter (Table 2). Among these 46 samples, 28 (60.9%) were positive by PCR and 20 (43.5%) were quantifiable. The PCR PPV was 53.6% for cooling tower samples, and the NPV was 100% (no PCR-negative samples were culture positive).

PCR values were on average 3.1-fold higher than culture values. Among the 31 culture-negative samples, 13 (28.3%) were positive by PCR, of which 5 (10.9%) were below the QL_{PCR} and 8 (17.4%) contained between 1.1×10^3 and 3.2×10^4 GU/liter. A weak correlation was obtained between the PCR and culture results for cooling tower samples ($r^2 = 0.187$).

Longitudinal study. (i) Comparison of cooling tower results. To determine whether the selected cooling tower was representative of the 49 cooling towers at the 20 sites analyzed from April 2004 to August 2005, we compared the differences be-

tween the PCR and culture results for the different sites by using Student's *t* test. No significant difference was found, showing that the selected tower was representative.

(ii) Qualitative and quantitative *L. pneumophila* assay for serial cooling tower samples. As shown in Fig. 1, PCR and culture (in log GU/liter and CFU/liter values, respectively) gave similar curves for the 104 serial samples collected from the selected water tower. PCR results were significantly higher than culture results (mean, 3.0-fold; up to 44.4-fold; $P < 0.05$ in the Wilcoxon test). The largest difference between the two methods occurred between day 121 and day 186 (May to July).

Eight samples (7.7%) gave lower PCR results than culture results (up to 2.4-fold lower). Two samples (1.9%) were below the QL_{PCR} , and 21 samples (20.2%) were below the QL_{culture} . Culture results (mean, $3.7 \times 10^4 \pm 4.5 \times 10^4$ CFU/liter; standard deviation [SD], 122%) were more variable than PCR results (mean, $1.1 \times 10^5 \pm 8.8 \times 10^4$ GU/liter; SD, 80%). Statistical analysis showed no correlation between the results for the two methods ($r^2 = 0.120$).

(iii) Treatment effects. Nineteen of the 104 samples were taken during HOBr-isothiazalone decontamination. The differences between the PCR and culture results for these 19 samples were not significantly different from those for the other 85 samples (Mann-Whitney test, $P = 0.850$). The PCR results were significantly higher than the culture results during all periods (with and without treatment) (Wilcoxon test, $P < 0.05$).

DISCUSSION

We compared conventional culture with a ready-to-use real-time quantitative PCR system dedicated to routine quantification of *Legionella pneumophila* in water samples.

Joly et al. observed variations dependent on the version of the PCR instrument running the same quantitative PCR tech-

nique for *Legionella* DNA quantification (in terms of extraction and the amplification target) in two different laboratories (12). Additional variability could be due to differences in the PCR tools and in the choice of the *Legionella* target gene(s) (14, 18, 28). The GeneSystems assay method standardizes both DNA extraction (on the GeneExtract instrument) and DNA quantification (on the GeneDisc-Cycler). In addition, the final result for a given sample is the mean for triplicate determinations, and an internal inhibitor control is used to detect the presence of PCR inhibitors. We first studied interlaboratory reproducibility with the GeneSystems real-time PCR system and found no laboratory-dependent differences in five repeated tests.

Quantitative PCR is much faster and more sensitive than conventional culture for *L. pneumophila* detection (3, 4, 8, 17, 27), as confirmed here. Previous studies have shown that (i) PCR results are usually higher than culture values (12, 27, 29) and that (ii) samples that are not quantifiable by PCR usually contain ≤ 250 CFU/liter (12, 22). Our results for 185 hot-water-system and cooling tower samples collected from 75 different sites confirm these reports: (i) our PCR results (GU/liter) were on average 4.5-fold and 3.1-fold higher than the culture results (CFU/liter) for hot-water-system and cooling tower samples, respectively, and (ii) we found that PCR had NPVs of 80% for the presence of *L. pneumophila* in hot-water-system samples and 100% for cooling tower waters. However, quantitative PCR has several limitations. First, the detection of both living and dead bacteria makes it difficult to evaluate the real health risk (14, 22, 28), and second, PCR inhibitors present in complex water systems can lead to false-negative results (14, 19, 26, 28). Among the 136 hot-water-system samples and 49 cooling tower water samples analyzed here, PCR inhibitors were present in 2.9% and 6.1% of cases, respectively. It has been reported that cooling tower waters frequently contain PCR inhibitors (up to 30.6% of samples) (21).

We found an acceptable correlation between the PCR and culture results for hot-water samples ($r^2 = 0.732$), in keeping with previous reports (12, 27). Only a weak correlation was obtained for cooling tower samples ($r^2 = 0.187$), again as previously described (12). This could be explained by a higher complexity of the matrix (water and its components) in cooling towers.

Unlike Joly et al. (12), we did not attempt to establish a PCR positivity cutoff and focused rather on the utility of the PCR method for monitoring *Legionella*-contaminated systems. This is the first long-term (13-month) follow-up study of *L. pneumophila* cell density in the same cooling tower, using both PCR and culture. Among the 104 water samples analyzed, 98.1% were quantifiable by PCR and 79.9% by culture. These 104 water samples were representative of the 46 cooling tower water samples from 20 sites used for the cross-sectional study in terms of differences between PCR and culture values. The PCR values remained significantly higher than the culture values during the follow-up, but the results showed similar patterns of change, suggesting that this PCR method is appropriate for monitoring *L. pneumophila* contamination. The culture results were extremely variable over time (mean, $3.7 \times 10^4 \pm 4.5 \times 10^4$ CFU/liter; SD, 122%), and so were the PCR values (mean, $1.1 \times 10^5 \pm 8.8 \times 10^4$ GU/liter; SD, 80%). The differences between the culture and PCR results were largest be-

tween days 121 and 186 (May to July) (Fig. 1). We found no explanation for these differences.

The PCR and culture values both tended to fall during periods of biocide treatment, but the differences during other periods were not significant. Interestingly, although HOBr-isothiazalone treatment kills bacteria and might generate more nonviable (and therefore nonculturable) cells, the differences between PCR and culture results were not more marked during periods of decontamination (13, 25). The fluctuations of a *Legionella* population could be monitored more rapidly by quantitative PCR than by culture, potentially leading to reduced biocide costs and ecological benefits.

In conclusion, this ready-to-go quantitative PCR system from GeneSystems appears suitable for monitoring *Legionella pneumophila* contamination, especially in cooling towers. The present system detects *L. pneumophila* only, but a new GeneDisc version (GDLSP-471) will detect the DNA of all *Legionella* species.

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