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Comparison of Orbital Magnetic Resonance Imaging in Duane Syndrome and Abducens Palsy

NAM-YEO KANG, MD, PhD and JOSEPH L. DEMER, MD, PhD

From the Department of Ophthalmology, Holy Family Hospital, College of Medicine, Catholic University of Korea, Seoul, Korea (N.-Y.K., J.L.D.), and Jules Stein Eye Institute and Department of Ophthalmology (N.-Y.K., J.L.D.) and Department of Neurology, Neuroscience Interdepartmental Program, and Bioengineering Interdepartmental Program (J.L.D.), University of California, Los Angeles, California

Abstract

PURPOSE—To help resolve the clinical ambiguity between Duane syndrome with severe abduction deficit and abducens palsy, we performed orbital magnetic resonance imaging (MRI) to qualify abnormalities of the lateral rectus (LR) muscle in these entities.

DESIGN—Prospective observational case series.

METHODS—Orbital MRI was performed in 13 subjects with Duane syndrome (19 eyes), 10 subjects with chronic abducens palsy (10 eyes), and 10 orthotropic control subjects (18 eyes). High-resolution, surface coil, T₁-weighted MRI was used to obtain contiguous, 2-mm thick quasi-coronal images of the orbits in central gaze. Digital image analysis was used to quantify cross-sectional area of the ipsilesional and contralesional LR to provide comparison with control measurements.

RESULTS—Mean maximum LR cross-sectional area in Duane syndrome was statistically similar to control ($P = .454$) and contralesional LR cross-sectional area ($P = .227$). However, in chronic abducens palsy, mean maximum ipsilesional LR cross-sectional area was markedly smaller than contralesional ($P = .003$) and control cross-sectional areas ($P < .0001$), as well as smaller than the LR in Duane syndrome ($P = .0017$).

CONCLUSIONS—The LR muscle in abducens palsy exhibits profound atrophy. The sparing of the LR in Duane syndrome from denervation atrophy despite absence of normal abducens innervation suggests existence of alternative LR innervation. High-resolution MRI can noninvasively demonstrate LR muscle size and distinguish Duane syndrome from chronic abducens palsy in uncertain cases.

Duane retraction syndrome is characterized by congenital abduction deficit, narrowing of the palpebral fissure on adduction, and globe retraction with occasional upshoot or downshoot in adduction.^{1,2} Diagnosis of Duane syndrome has traditionally been based on clinical examination and may not be difficult when patients who are orthotropic or nearly so in central gaze present with characteristic signs. However, the abduction deficits of Duane syndrome may mimic clinical findings of chronic abducens palsy.^{2–4}

Abducens innervation is deficient in both Duane syndrome and abducens palsy, although the pathophysiologic mechanisms differ. The pathophysiology of Duane syndrome is believed to be absence of the abducens nucleus, with innervation of the lateral rectus (LR) by branches of

Inquiries to Joseph L. Demer, MD, PhD, Jules Stein Eye Institute, 100 Stein Plaza, David Geffen School of Medicine at UCLA, Los Angeles, CA 90095-7002; e-mail: jld@ucla.edu.

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the oculomotor nerve.^{2,3,5,6} Differentiation of Duane syndrome from chronic abducens palsy is critically important because the surgical management of each condition is very different, and misdiagnosis can result in serious complications.^{3,5-7} The similarity of features of Duane syndrome and chronic abducens palsy is evidenced by electrooculography, which demonstrates similar slowing of abducting saccades in affected eyes in these two entities.⁸ Electromyographic differentiation of Duane syndrome from abducens palsy should be decisive,² but is invasive and not widely available.

Modern imaging techniques can help resolve diagnostic dilemmas in ocular motility by enabling direct evaluation of the functional anatomy of extraocular muscles. Horton and associates⁹ first reported qualitative evidence of superior oblique muscle atrophy in a patient with trochlear palsy. Subsequent magnetic resonance imaging (MRI) studies have quantitatively demonstrated extraocular muscle atrophy in several forms of paralytic strabismus.¹⁰⁻¹⁸ The purpose of this study was to use MRI to quantify LR changes in Duane syndrome and chronic abducens palsy, and to determine whether orbital MRI can help resolve the ambiguity between these disorders.

METHODS

All subjects gave written informed consent according to a protocol conforming to Declaration of Helsinki and approved by the Institutional Review Board at the University of California, Los Angeles, in conformity with Health Insurance Portability and Accountability Act (HIPAA) regulations. From an ongoing prospective study of strabismus, we selected seven patients with unilateral and six with bilateral Duane syndrome, 10 patients with chronic unilateral abducens palsy, and 10 orthotropic volunteers who had undergone high-resolution orbital MRI between 1997 and 2004 at the Jules Stein Eye Institute. Technical aspects of the methods and equipment conformed to the same prospective protocol during the study interval, and all MRI scans were performed by the same investigator with the same model of scanner. Characteristics of patients with Duane syndrome are listed in Table 1. All cases of Duane syndrome were congenital, and exhibited limited abduction with narrowing of the palpebral fissure on adduction. Most patients had type 1 Duane syndrome, with limitation only of abduction. One eye of patient 8 exhibited Duane syndrome type 2, with limited adduction only. Two patients had Duane syndrome type 3, with limitation of both abduction and adduction.

Diagnosis of abducens palsy was made on the basis of limitation of abduction, slowing of the abducting saccade, and incomitant esotropia increasing in the field of action of the involved LR muscle without evidence of a restrictive myopathy of the medial rectus muscle. All cases of abducens palsy were unilateral and had been acquired more than 6 months previously. No patient had previously been treated with botulinum toxin. Characteristics of patients with abducens palsy and causative lesions are listed in Table 2.

All subjects underwent complete ophthalmologic examination, including measurement of binocular alignment by prism cover test and photography of ocular versions. Versions were quantified with a clinical scale of 0 ± 4 , with 0 being normal, -4 representing maximal underaction, and +4 representing maximal overaction.

High-resolution, T₁-weighted orbital MRI was performed by a 1.5-T general Electric Signa (Milwaukee, Wisconsin, USA) scanner. Crucial aspects of this technique, described in detail elsewhere,^{11,19-21} include use of a dual-phased surface coil array (Medical Advances, Milwaukee, Wisconsin, USA) to improve signal-to-noise ratio and fixation target in central gaze to avoid motion artifacts during the approximately 3.5-minute scan time. To image the LR muscle, sets of contiguous 2-mm-thick quasi-coronal image planes were obtained perpendicular to the long axis of each orbit separately with a 256×256 matrix over an 8-cm

square field of view, giving a pixel resolution of 312 μm . Some patients unable to voluntarily fixate were examined under deep sedation, as clinically indicated, with anesthesia monitoring. Deep sedation eliminated eye movement during scanning and resulted in a roughly central gaze position as determined from analysis of globe features in the images. Digital MRI images were transferred to a personal computer, converted to 8-bit tagged image file format (TIFF) by locally developed software, and quantified by the program NIH Image (Rasband W, National Institutes of Health).

In each MRI image, the border of the LR muscle was outlined manually with a digital cursor, and its cross-sectional area was computed by the "area" function of the NIH Image program. A single person performed all measurements. Anteroposterior LR portion in the orbit was normalized by selecting the image plane in each orbit designated zero, which included the globe– optic nerve junction in central gaze (Figure 1). Values for LR cross section were averaged across subjects in 2 mm thickness referenced to image plane zero. Ipsilesional and contralesional LR cross-sectional area was compared with normal controls. Ipsilesional LR cross-sectional area in Duane syndrome, abducens palsy, and normal control were also compared.

Statistical analysis was performed by the two-tailed Student *t* test (Excel XP; Microsoft, Redmond, Washington, USA), and results were considered as significant at the level of .01. Data are expressed as mean \pm SD.

RESULTS

A total of 18 orbits were imaged in 10 normal subjects of mean age 48 ± 15 years (range 31 to 69 years). In Duane syndrome, 26 orbits were imaged in 13 subjects having mean age 22 ± 16 years (range 2 to 55 years). Bilateral Duane syndrome was present in six subjects (12 orbits) who had mean age of 18 ± 19 years (range 2 to 45 years). The mean age of seven patients with unilateral Duane syndrome was 24 ± 12 years (range 12 to 43 years). Clinical characteristics of subjects with Duane syndrome are summarized in Table 1. All subjects with Duane syndrome exhibited showed a marked abduction deficit in one or both eyes, and most exhibited some globe retraction and palpebral fissure narrowing in adduction (Figure 2).

A total of 20 orbits were imaged in 10 subjects who had unilateral abducens palsy and were of mean age 45 ± 20 years (range 20 to 76 years). Subject characteristics and causes of abducens palsy are detailed in Table 2. Mean duration of abducens palsy was 19.1 ± 17.6 months (range six to 60 months). All subjects with abducens palsy had severely limited abduction, but did not typically exhibit globe retraction or palpebral fissure narrowing on adduction (Figure 3). As may be seen by comparison of Figures 2 and 3, however, the clinical distinction between Duane syndrome and abducens palsy was not always obvious when based on motility examination alone.

Cross-sectional area of the LR was measured over a wide anteroposterior extent from orbital apex to a region anterior to the globe equator. In all LR muscles, cross-sectional area was maximal in midorbit, which is approximately 8 mm posterior to the globe– optic nerve junction, and was smaller anteriorly and posteriorly (Figure 4). Mean maximum LR cross-sectional area in normal subjects was $38.8 \pm 4.8 \text{ mm}^2$, with a 95% confidence interval of 29.4 to 48.2 mm^2 . The mean maximum ipsilesional LR cross-sectional area in Duane syndrome occurred at midorbit and was similar to normal at $36.3 \pm 13.3 \text{ mm}^2$; cross-sectional area closely approximated normal in image planes anterior to this and was slightly, but not significantly, subnormal more posteriorly ($P > .05$). The cross-sectional area of the presumably unaffected contralesional LR showed a trend toward being even less than the cross-sectional area of the ipsilesional LR in the deep orbit (Figure 4), although it was still not markedly subnormal. Mean

maximum ipsilesional LR cross-sectional area was significantly subnormal at $22.5 \pm 4.7 \text{ mm}^2$ in chronic abducens palsy ($P < .0001$, Table 3).

When we averaged over all image planes in which the LR was identified, we found that the mean overall cross-sectional area of 18 normal control LR muscles was $25.9 \pm 8.9 \text{ mm}^2$, with a 95% confidence interval of 8.5 to 43.4 mm^2 . In Duane syndrome, the mean overall LR cross-sectional area was $23.5 \pm 10.7 \text{ mm}^2$ on the ipsilesional side ($P = .16$) and $21.5 \pm 7.5 \text{ mm}^2$ on the contralesional side ($P = .10$), both similar to normal ($P = .1$). In abducens palsy, mean overall LR cross-sectional area was significantly subnormal at $15.5 \pm 6.0 \text{ mm}^2$ on the ipsilesional side ($P < .0001$), but normal at $23.5 \pm 9.8 \text{ mm}^2$ on the contralesional side. In abducens palsy, the LR atrophy was located mainly posterior to the globe–optic nerve junction; LR muscles in the anterior orbit did not exhibit notable atrophy.

DISCUSSION

Abduction is deficient in both duane syndrome and chronic abducens palsy. In this study, we used high-resolution orbital MRI to evaluate LR size in both disorders, comparing it with LR size in normal orthotropic subjects. High-resolution MRI enables direct visualization of human extraocular muscles, often demonstrating the pathophysiology. Simonsz and associates²² first used computed tomography for evaluation of rectus extraocular muscle paths. After the pioneering study of Miller,²³ surface-coil MRI has been used to evaluate the size, contractility, and paths of extraocular muscles and has revealed previously unsuspected anatomic abnormalities such as atrophy, heterotopy, or absence of muscles.^{12,13,16,24–32} There have been few MRI reports on Duane syndrome.^{33–39} These reports mainly described absence or hypoplasia of the abducens nerve, and have generally not evaluated LR muscular size. However, MRI has been used to demonstrate a skull-base meningioma in the setting of Duane syndrome, reporting marked LR atrophy in the orbit affected by Duane syndrome presumably due to tumor compression of anomalous branches of the oculomotor nerve.³⁴

The current study used MRI with quantitative image analysis to measure LR size. The mean maximum LR cross-sectional area was similar to normal in Duane syndrome, but markedly subnormal in abducens palsy. Visual inspection of coronal MRI images of the orbits in this study demonstrated obvious atrophy of the posterior LR in abducens palsy, but not in Duane syndrome (Figure 1), a finding confirmed to be significant by quantitative analysis of cross-sectional area (Table 3).

In the current study, mean maximum LR cross-sectional area was found to be 38.8 mm^2 in normal subjects, 36.3 mm^2 ipsilesional to Duane syndrome, but only 22.7 mm^2 ipsilesional to chronic abducens palsy. The normal values reported here are comparable to those published. In Nakagawa's⁴⁰ cadaver study, maximal LR cross-sectional area was 37.6 mm^2 , whereas in Miller's²³ MRI study of four normal subjects, the value was 32.3 mm^2 . By means of MRI, Tian and associates⁴¹ found the LR cross-sectional area in 42 orbits of 21 normal orthotropic subjects to be 41.2 mm^2 . The concordance of these findings supports the notion that MRI measurements are reliable for LR cross-sectional area.⁴¹

The current study also compared mean overall LR cross-sectional area, averaged over the entire length of the LR, and confirmed that the ipsilesional LR in abducens palsy was markedly smaller than the contralesional LR, smaller than normal control LR muscles, and smaller than the ipsilesional LR of Duane syndrome (Figures 5 and 6). In Duane syndrome, LR size was normal by all comparisons (Figure 4). It is notable that in abducens palsy, LR atrophy was mainly evident in the portion of the LR posterior to the globe–optic nerve junction, not in the anterior orbit. The decreased LR cross-sectional area in abducens palsy is suggestive of denervation atrophy. The posterior distribution of atrophy in abducens palsy could be another

clinically useful clue distinguishing this entity from Duane syndrome in cases where the overall severity of LR atrophy is not obvious from clinical inspection.

There have been some prior applications of MRI to demonstrate extraocular muscle atrophy in diagnosis of paralytic strabismus. Horton and associates⁹ reported MRI findings of superior oblique atrophy in acquired trochlear palsy. Bloom and associates¹⁸ assessed reduction in size of rectus muscle size by means of conventional coronal MRI in horizontal rectus muscle palsies. Some early studies used gross size, diameter, or muscle bulk for assessment by qualitative comparisons rather than quantitative measurements. A previous study measured superior oblique muscle size in acquired superior oblique palsy.¹⁵ Quantitative MRI has been used to measure extraocular muscle size and contractility in superior oblique palsy.^{10,14,17} These studies quantified superior oblique muscle cross-sectional area and found in chronic palsy that maximum cross-sectional area in primary gaze was markedly subnormal, consistent with chronic denervation atrophy. All of these studies concluded that the palsied extraocular muscles exhibit decreased size, diameter, and bulk compared with their normal counterparts, and these features were attributed to denervation atrophy. In the current study, LR cross-sectional area was precisely measured by digital image analysis over a wide anteroposterior extent encompassing almost the whole orbit by thin 2-mm image sections. This approach is sensitive to changes in LR muscle size along nearly its entire length.

It seems reasonable to attribute the reduction in size of LR in abducens palsy observed in this study to denervation atrophy. It is unclear when extraocular muscle atrophy would develop after denervation. Although denervation atrophy is commonly observed in skeletal muscles, the extraocular muscles show unique denervation responses. The inferior oblique muscle of rabbit exhibited maximal transient hypertrophy in its central layer 4 to 5 weeks after experimental denervation, with subsequent atrophy.⁴² In denervated canine extraocular muscles, there was reduction in mean diameter of coarse and granular fibers, but fine fibers were relatively spared.⁴³ Porter and associates⁴⁴ found hypertrophy 1 month after extraocular muscle denervation in months, with profound atrophy by 4 months. In studies of extraocular muscle changes in beagles, persistent atrophy of singly innervated fibers in global and orbital layers of denervated muscles were found, but the multi-innervated fibers were spared.⁴⁵

Abducens innervation is deficient in both abducens palsy and in Duane syndrome type 1. The pathogenesis of Duane syndrome type 1 is proposed to be the absence or hypoplasia of the abducens nucleus with anomalous innervation of the LR by branches of the oculomotor nerve, perhaps complicated by secondary mechanical changes in extraocular muscles.^{2,5,46,47} Most cases of isolated unilateral abducens palsy resolve spontaneously within 6 months, but in nonresolving abducens palsy, chronic orbital mechanical changes have been hypothesized to occur, such as contracture of the medial rectus, lengthening of the LR, and changes in orbital connective tissues.^{2,38} These may increase the abduction limitation and increase the esotropia in central gaze, similar to Duane syndrome. The current finding of absence of detectable LR atrophy in Duane syndrome suggests some other innervation may exist to prevent rescue the LR from denervation atrophy, perhaps arising from the oculomotor nerve.

Relatively little is known of the effects of denervation on extraocular muscles. Injury to the motor nerve innervating a striated muscle results in loss of muscle bulk due to shrinkage of sarcomeres, loss of myofibrils, and replacement by fatty tissue.⁴⁸ The response of extraocular muscles to denervation may differ from that of striated muscle. Four months after denervation by oculomotor nerve transection at the cavernous sinus in monkey, cross-sectional area of orbital layer fibers in the medial rectus decreased to approximately half of control, but fibers in the global layer were unaffected.⁴⁴ Histologic studies are needed of human extraocular muscles in paralytic strabismus.

The present study demonstrated profound LR atrophy in abducens palsy and generally normal LR size in Duane syndrome. Imperfect matching of the age distribution of the comparison groups does not undermine this conclusion because aging does not have an appreciable influence on extraocular muscle size.⁴¹ Patients with Duane syndrome were slightly younger than other two groups, but they nevertheless had mean LR cross-sectional area and the mean maximum LR cross-sectional area not markedly different from normal control values. Imaging of LR size thus appears to be a useful diagnostic tool for discriminating Duane syndrome from chronic abducens palsy. This might be of particular clinical use in children, in whom motility examination can be limited by poor cooperation.

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Biographies



Joseph L. Demer, MD, PhD, is the Leonard Apt Professor of Ophthalmology and Professor of Neurology at UCLA. He has a PhD in Biomedical Engineering from Johns Hopkins. An active ophthalmic surgeon, Dr Demer completed fellowship in Pediatric Ophthalmology at Texas Children's Hospital. He received the Friedenwald Award from ARVO in 2003 for his work on extraocular muscles. Dr Demer laboratories are funded for study of amblyopia, strabismus, vestibulo-ocular reflex function, and genetics of cranial innervation.



Nam-Yeo Kang, MD, PhD, is an Assistant Professor of Ophthalmology at the Holy Family Hospital, College of Medicine, The Catholic University of Korea, Seoul, Korea. Dr Kang has completed a fellowship in Pediatric Ophthalmology and Strabismus at the Jules Stein Eye Institute, UCLA, 2004-2005. Dr Kang is interested in restrictive and complicated strabismus, adjustable suture under propofol anesthesia, and the pathophysiology and treatment of intermittent exotropia.

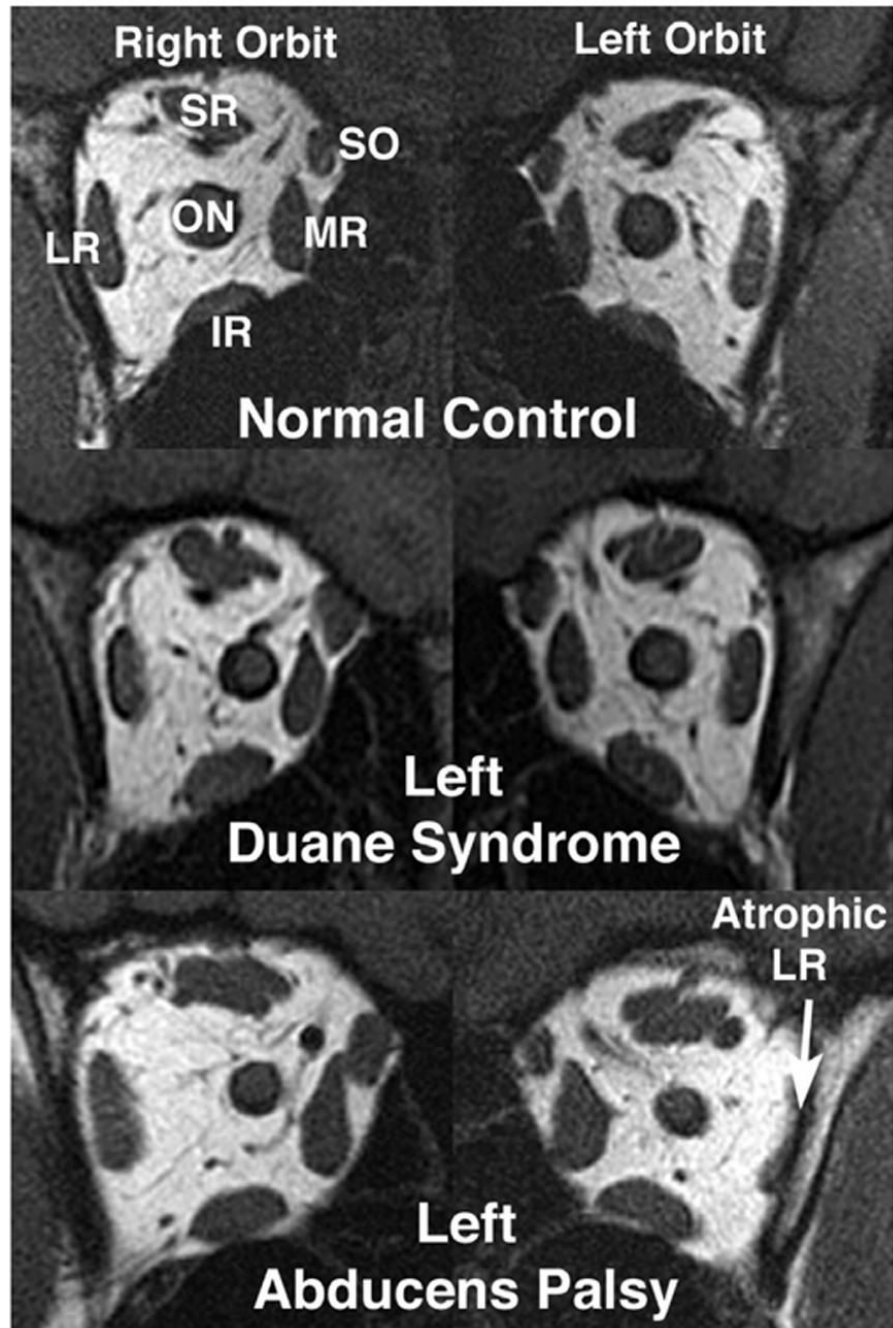
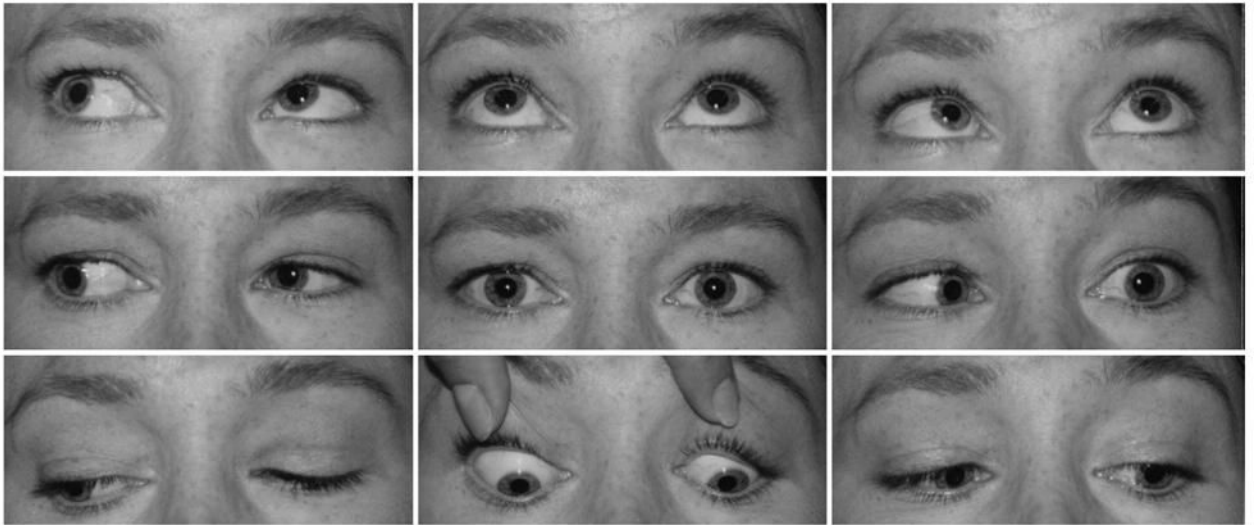


FIGURE 1.

Quasi-coronal MRI scans of both orbits at the mid-orbit level in central gaze demonstrate preservation of lateral rectus (LR) muscle size in Duane syndrome (subject 9), but marked LR atrophy in chronic abducens paralysis (subject 7). Note similar cross-section of lateral rectus (LR) in both normal control orbits. IR = inferior rectus muscle; LR = lateral rectus muscle; MR = medial rectus muscle; ON = optic nerve; SO = superior oblique muscle; SR = rectus muscle.

**FIGURE 2.**

Abduction deficit in left Duane syndrome (subject 9; see Figure 1, middle row) associated with narrowing of palpebral fissure on adduction. Note the minimal esotropia in central gaze and presence of lid changes are the only clinical features distinguishing this presentation from subject 9 with left Duane syndrome illustrated in Figure 3.



FIGURE 3.

Abduction deficit in left abducens palsy (subject 7, see Figure 1, lower row) showing esotropia in primary gaze and inability to abduct the left eye past the midline. Note the greater degree of esotropia in central gaze and absence of lid changes are the only clinical features distinguishing this presentation from subject 9 with left Duane syndrome palsy illustrated in Figure 2.

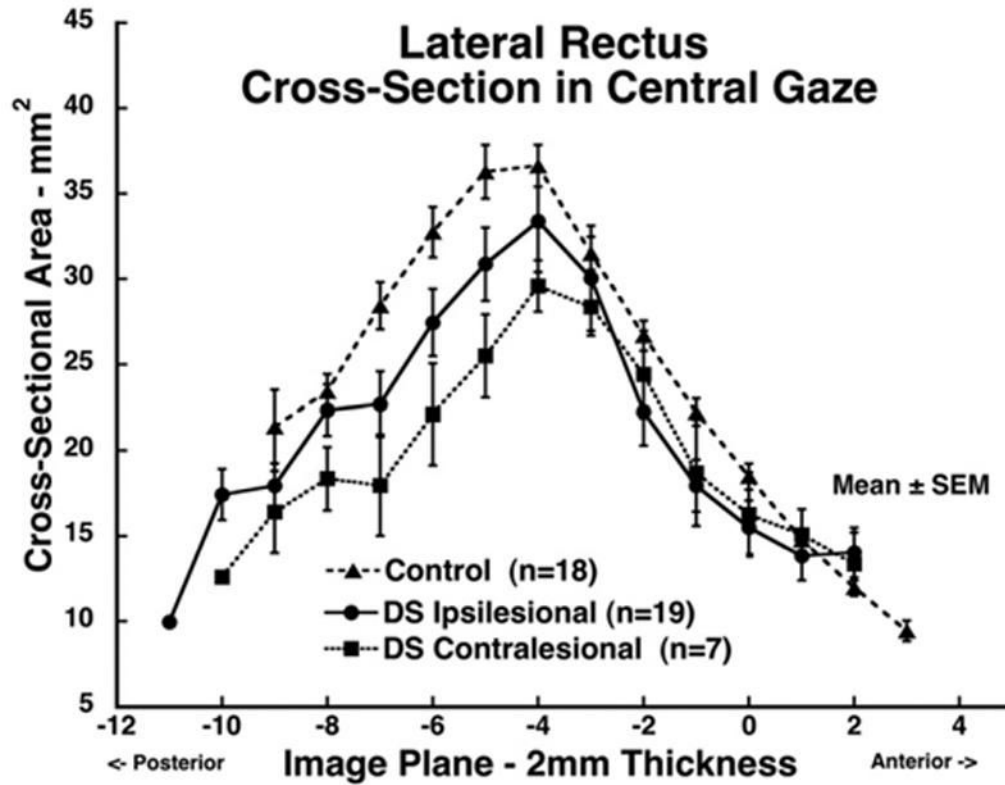


FIGURE 4.

Mean lateral rectus (LR) muscle cross-sectional area in central gaze for 19 muscles ipsilesional to Duane syndrome, seven muscles contralesional to Duane syndrome, and 18 normal control muscles. Cross-sections are plotted as function of 2-mm thickness image plane number, referenced to image plane zero at the globe–optic nerve junction in central gaze. Ipsilesional LR cross-sectional area did not markedly differ from normal control and contralesional LR values.

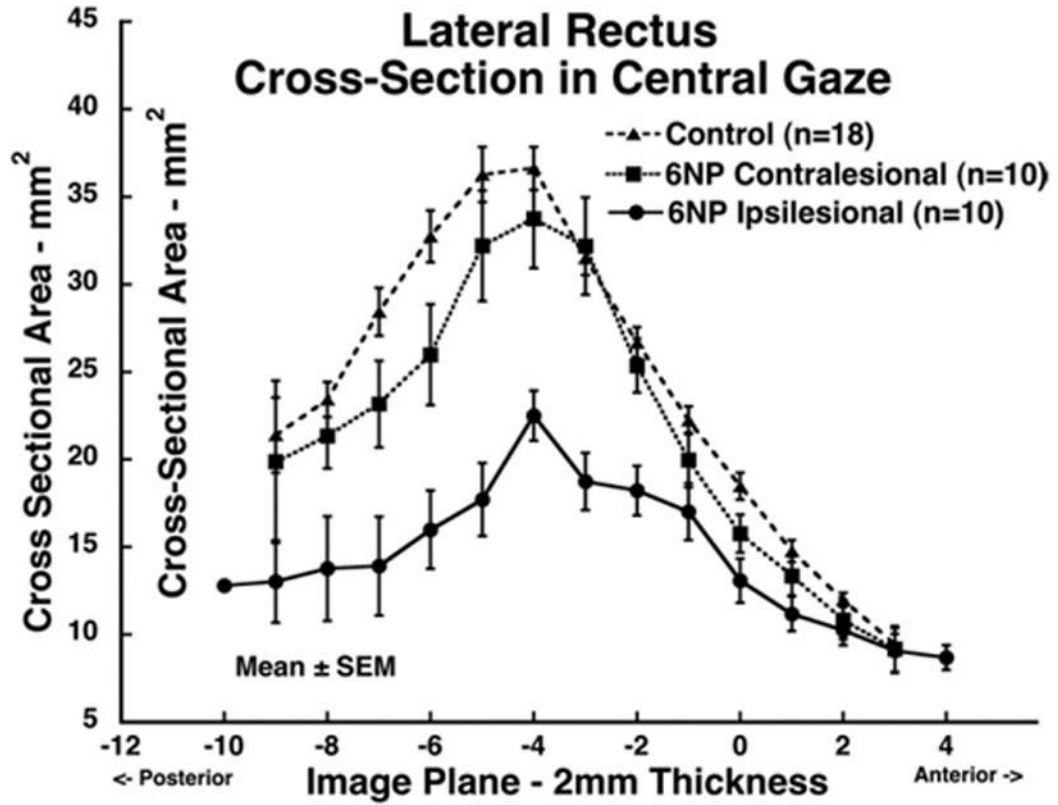


FIGURE 5.

Mean lateral rectus (LR) muscle cross-sectional area in central gaze for 10 muscles ipsilesional to abducens palsy, 10 muscles contralesional to abducens palsy, and 18 normal control muscles. Cross-sections are plotted as function of 2-mm thickness image plane number, referenced to image plane zero at the globe–optic nerve junction in central gaze. Ipsilesional LR cross-sectional area was significantly smaller than normal control and contralesional LR values ($P < .0001$).

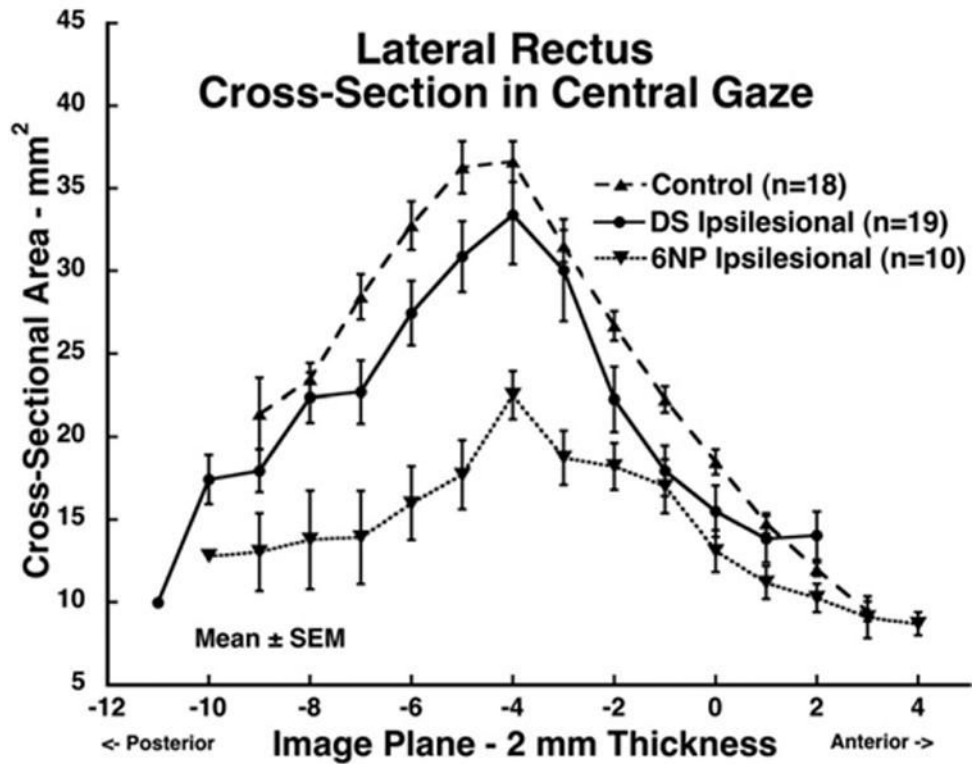


FIGURE 6.

Mean lateral rectus (LR) muscle cross-sectional area in central gaze for 19 muscles ipsilesional to Duane syndrome, 10 muscles ipsilesional to abducens palsy, and 18 normal control muscles. Cross-sections are plotted as function of 2-mm thickness image plane number, referenced to image plane zero at the globe–optic nerve junction in central gaze. Maximum LR cross-sectional area was 8 mm posterior to the globe–optic nerve junction. The abducens palsy LR cross-sectional area was significantly smaller than normal control ($P < .0001$) and Duane syndrome ($P < .004$) values, but in Duane syndrome did not significantly differ from normal.

TABLE 1

Characteristics of Subjects With Duane Retraction Syndrome

| Subject | Gender/ Age (years) | Side | Central Gaze Alignment (Δ) | Version | | Fissure Narrowing | Globe Retraction | Up/ downshoot (R/ L) | Type DS (R/ L) |
|---------|------------------------|------|-------------------------------------|---------------------|---------------------|-------------------|------------------|----------------------------|-------------------|
| | | | | Abduction (R/ L) | Adduction (R/ L) | | | | |
| 1 | M/16 | L | ET 30 | -3 | 0 | + | + | -/+ | Type 1 |
| 2 | M/33 | L | ET 20 | -4 | -1 | + | + | -/- | Type 1 |
| 3 | F/43 | L | ET 35, RHT 6 | -4 | 0 | + | + | -/- | Type 1 |
| 4 | F/5* | B | XT 20 [†] | -1/-3 | 0/-0.5 | -/- | +/+ | -/-, -/- | Type 1/1 |
| 5 | M/42* | B | XT 10 | -2/-2 | -2/-1 | +/+ | +/+ | -/-, -/- | Type 1/1 |
| 6 | M/45* | B | XT [†] | -4/-1 | -1/-4 | +/+ | +/+ | -/+ , -/- | Type 1/1 |
| 7 | M/17 | L | ET 30 | -4 | -0.5 | + | + | +/+ | Type 1 |
| 8 | M/2* | B | XT 20 [†] | -2/-4 | -4/-4 | +/+ | +/+ | -/-, -/- | Type 2/3 |
| 9 | F/37 | L | LET 10 [†] | -3 | 0 | + | + | +/+ | Type 1 |
| 10 | F/12 | R | ET 20, RHoT 20 [†] | -4 | -1 | + | + | -/+ | Type 1 |
| 11 | M/13 | L | XT | -3 | 0 | + | + | -/- | Type 1 |
| 12 | F/4* | B | Ortho | -4/-3 | 0/-2 | +/+ | -/- | -/-, -/- | Type 1/1 |
| 13 | F/14* | B | Ortho | -4/-4 | 2/-2 | +/+ | +/+ | -/-, -/- | Type 3/3 |

+ = overaction; - = underaction; ET = esotropia; XT = exotropia; HT = hypertropia; HoT = hypotropia; R = right; L = left; DS = Duane retraction syndrome.

* Bilateral Duane retraction syndrome.

[†] Patients who received strabismus surgery before orbital magnetic resonance imaging.

TABLE 2

Characteristics of Subjects With Abducens Palsy

| Subjects | Gender/ Age (years) | Side | Cause | Duration (months) | Abduction Deficit | Esotropia in Central Gaze (Prism Diopters) |
|----------|------------------------|------|------------------------|-------------------|-------------------|--|
| 1 | M/20 | R | Skull fracture | 9 | -4 | 70 |
| 2 | M/76 | L | Chordoma, clivus | 24 | -2 | 20 |
| 3 | F/43 | L | Complicated migraine | 13 | -4 | 55 |
| 4 | F/50 | L | Meningioma | 60 | -4 | 80 |
| 5 | F/75 | L | Cerebral Infarction | 7 | -2 | 25 |
| 6 | F/32 | L | Brainstem Infarction | 36 | -3.5 | 40 |
| 7 | M/33 | L | Chordoma, skull base | 6 | -4 | 65 |
| 8 | M/55 | R | Meningioma, skull base | 6 | 4 | 60 |
| 9 | M/46 | L | Chordoma, skull base | 24 | -4 | 60 |
| 10 | M/21 | L | Skull Fracture | 6 | -4 | 40 |

R = right; L = left.

TABLE 3
Mean Maximum Lateral Rectus Cross-Sectional Area

| Characteristic | Mean \pm SD Maximum Area (mm ²) | No. eyes | <i>P</i> Value vs Normal |
|-----------------------------|---|----------|--------------------------|
| Normal control | 38.8 \pm 4.8 | 18 | — |
| Ipsilesional Duane syndrome | 36.3 \pm 13.3 | 19 | .4537 |
| Ipsilesional abducens palsy | 22.7 \pm 4.7 | 10 | .0001 (.0004*) |

* Significantly different from ipsilesional Duane syndrome by Student *t* test.