

# Commentary

## New Paradigm for Vessel Intravasation by Tumor Cells

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The current dogma is that active stromal and vascular invasion by cancer cells themselves is essential to the metastatic process.<sup>1</sup> Yet, in this issue of *The American Journal of Pathology*, Sugino and co-workers<sup>2</sup> present evidence that, for some tumor models, tumor cells can gain access into blood vessels by intravasation of tumor cell nests surrounded by vascular endothelial cells, followed by intravascular tumor growth in the lung, without penetration of the vascular wall during either process. These investigators report a murine mammary tumor (MCH66) model of metastasis that does not require invasion into the vascular wall of the target organ. Observations from comparing a non-metastatic MCH66 clone (MCH66C8) and another highly invasive metastatic cell line (MCH416) suggested that high angiogenic activity and sinusoidal remodeling of tumor blood vessels were prerequisites for MCH66 metastasis. Moreover, by using differential cDNA analysis the authors identified several genes that were overexpressed by MCH66, including genes for pleiotrophin as well as extracellular matrix (ECM)-associated molecules, which may modulate the microenvironment toward neovascularization. Sugino and co-workers<sup>2</sup> conclude that, in some tumors, tumor angiogenesis plays a central role in the induction of invasion-independent metastasis. Clearly, these findings provide additional momentum for using anti-angiogenic models in screening and development of new therapeutic agents for cancer metastasis.

For a tumor to grow, the tumor cells must not only proliferate, but benign host tissue, especially new blood vessels, must also form around the tumor cells. In 1971, Folkman proposed that tumor growth is dependent on angiogenesis.<sup>3</sup> Moreover, he has advocated that tumor cells and blood vessels compose a highly integrated ecosystem, that endothelial cells can be switched from a resting state to one of rapid growth by a diffusible signals from tumor cells, (or inflammatory cells or stroma-derived products), and that anti-angiogenesis might be an effective anticancer therapy.<sup>4</sup> Indeed, there is abundant evidence that tumor growth and spread is angiogenesis dependent, that tumor cells can produce diffusible an-

giogenic regulatory molecules, and that angiogenesis antagonists can slow or prevent tumor growth. Much of this evidence as well as probable tumor angiogenic mechanisms have been summarized in a various reviews.<sup>4-6</sup>

To metastasize, a tumor cell must gain access to the vasculature from the primary tumor, survive the circulation, escape immune surveillance, localize in the vasculature of the target organ, escape from (or grow from within) the vasculature into the target organ, and induce tumor angiogenesis.<sup>7,8</sup> Tumor spread is amplified when the new metastasis sheds additional tumor cells to form even more metastases by following the same sequence of events.<sup>8</sup> Angiogenesis is needed; because, without it, tumor cells would not shed into the circulation.<sup>9-12</sup> Greater numbers of tumor vessels increase the opportunity for tumor cells to enter the circulation. Using a transplantable mouse fibrosarcoma model, Liotta et al<sup>11,12</sup> showed that tumor cells shed into the bloodstream increased from roughly  $10^3$  cells per 24 hours on day 5 after tumor implantation to roughly  $10^5$  cells per 24 hours on day 15, an increase correlating closely with increasing intratumor microvessel density, especially when the intratumor microvessels were more than 30 microns in diameter (ie, sinusoid-sized blood vessels). Also, these studies revealed that the establishment of lung metastases is directly related to the number of tumor cells (especially cell clusters) shed into the circulation.<sup>11,12</sup> These elegant experiments were among the first to show that intratumor microvessel density can correlate with aggressive tumor behavior. Subsequently, many studies have shown that intratumoral microvessel density correlates with tumor aggressiveness of many different tumor types.<sup>4,5,6</sup>

Tumor angiogenesis promotes tumor growth, because the new vessels allow exchange of nutrients, oxygen, and waste products by a crowded cell population for which simple diffusion of these substances across its outer surfaces is no longer adequate. In addition to this perfusion effect, endothelial cells release important paracrine

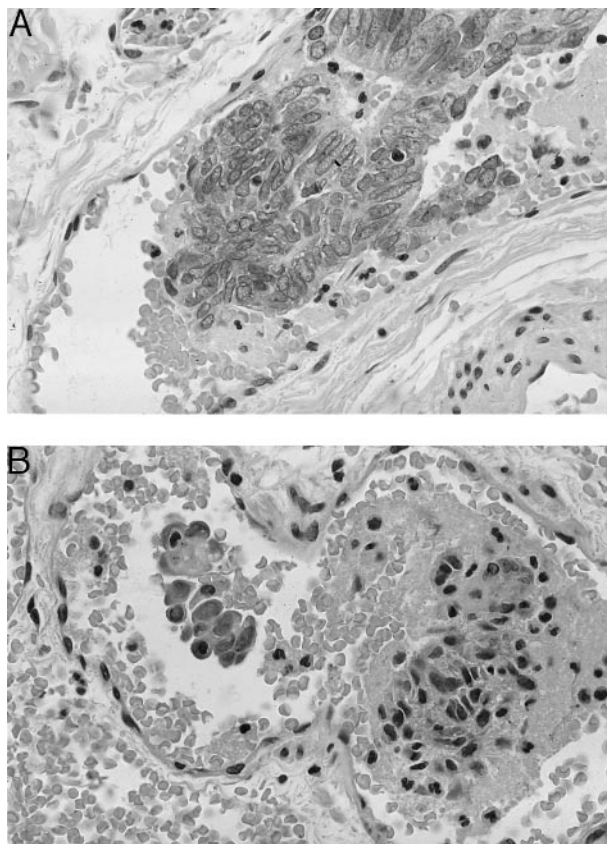
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Accepted for publication April 4, 2002.

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growth factors for tumor cells.<sup>13-16</sup> The invasive chemotactic behavior of endothelial cells at the tips of growing capillaries is mediated in part by their secretion of various collagenases, urokinases, and plasminogen activator.<sup>17,18</sup> These degradative enzymes likely facilitate spread of tumor cells into and through the adjacent fibrin gel matrix and connective tissue stroma. Fox et al<sup>17</sup> found a significant association of urokinase-type plasminogen activator and plasminogen activator inhibitor-1 with intratumor microvessel density; and they concluded that the poor prognosis in breast carcinomas with relatively elevated urokinase-type plasminogen activator and plasminogen activator inhibitor-1 may result from an interaction between endothelial and tumor cells using the urokinase-type plasminogen activator enzyme system. Moreover, vascular endothelial cell growth factor (VEGF) (a potent angiogenic factor) can cause endothelial cells to express plasminogen activator, plasminogen activator inhibitor, interstitial collagenase, and procoagulant activity.<sup>19</sup> VEGF promotes extravasation of plasma fibrinogen, leading to fibrin deposition within the tumor matrix, which also promotes the ingrowth of macrophages, fibroblasts, and endothelial cells.<sup>20</sup> Newly formed proliferating capillaries have fragmented basement membranes and are leaky, making them more accessible to tumor cells than mature vessels.<sup>21</sup> These degradative enzymes may facilitate the escape of tumor cells into the tumor neovasculature. Indeed, the invading capillaries may actively participate in the metastatic process by engulfing and thus facilitating the entry of tumor cells into vascular spaces, allowing systemic spread. Thus, the additive impact of the perfusion and paracrine tumor effects plus the endothelial cell-derived invasion-associated enzymes all likely contribute to rapid tumor growth and to a much higher metastatic potential by facilitating entry of tumor cells into the blood vascular and lymphatic system.<sup>4-6</sup>

The current and previous work of Sugino et al<sup>2,22,23</sup> add support for a new paradigm for intravasation of tumor cells into vessels. Their convincing observations show that, in some tumor models, tumor cells can gain access into blood vessels by intravasation of tumor cell nests surrounded by vascular endothelial cells, followed by intravascular tumor growth without penetration of the vascular wall during either process. But, to many scientists, tumor invasion and metastases only means that tumor cells must traverse or invade through their own basement membrane, penetrate or migrate through the connective tissue stroma, find lymphatic and blood vessels, burrow through the vessel basement membrane and endothelial cell layers, survive the intravascular compartment, lodge within the target organ, and burrow out of the blood vessel before developing into a new metastatic focus. This process is well illustrated one of the more popular basic pathology texts<sup>1</sup> and, indeed, it is likely true for many tumor models. Although sometimes intravascular tumor emboli are enclosed by endothelial cells, usually, tumor emboli encountered in general surgical pathology practice are not surrounded by endothelial cells, but rather a platelet/fibrin coat with no discernable endothelial cell covering (Figure 1, A and B). But, even the latter process does not eliminate a probable significant con-



**Figure 1. A:** An example of an intravascular tumor embolus of endometrioid adenocarcinoma. Note the absence of a surrounding endothelial cell layer, but rather closely adherent fibrinoid material (presumably a platelet fibrin complex). **B:** A second example of an intravascular tumor embolus of a poorly differentiated endometrioid adenocarcinoma. As in **A**, note the absence of a surrounding endothelial cell layer, but rather closely adherent fibrinoid material (presumably a platelet fibrin complex).

tributing role of tumor angiogenic/endothelial cell activity. Activated endothelial cells are derived from a normal population of intact fully functional host cells and their "invasiveness" could reach optimum function, given proper stimuli. Moreover, I would suggest that the fully activated endothelial cell "invasiveness" would be much superior to the invasiveness of tumor cells, which suffer from significant genetic damage. Another dogma I have long questioned is that tumor cells must invade through their own basal lamina to spread. It seems more reasonable that, as tumors dedifferentiate, tumor cells lose their capacity to form a competent and/or complete basal lamina. And, when a distinctive, well-oriented basal lamina fails to form, tumor cells begin to grow in an unrestricted, disorganized pattern into adjacent connective tissue stroma, where they directly encounter activated endothelial cells and inflammatory cells.

Finally, I want to reemphasize some views that Dr. Thompson (Department of Pathology, University of Aberdeen Medical School, Aberdeen Royal Infirmary, Aberdeen, UK) has advocated in a recent editorial.<sup>24</sup> His views lend support to Sugino and co-workers findings<sup>2,22,23</sup> as well many of the above comments. He believes, as others do, that malignant tumor growth depends on angiogenesis, that there is a link between prog-

nosis and increased tumor vascularity, that tumor invasion requires tissue destruction, that neovascularization must not only be protected but sustained (especially at the tumor edge), that for tumor survival the edge is the future and the center is history, and that angiogenesis is essential not only for tumor growth but also for tumor invasion. Likewise, I believe these are important considerations and that we need to expand the current paradigms regarding tumor growth and spread. Clearly, the tumor cell is not the only active cell in the growth and spread of tumors, but other host reactive cells, especially tumor angiogenic/endothelial cells, are critical in facilitating tumor growth and spread.

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