

Diminished Callus Size and Cartilage Synthesis in $\alpha 1\beta 1$ Integrin-Deficient Mice during Bone Fracture Healing

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Integrins mediate cell adhesion to extracellular matrix components. Integrin $\alpha 1\beta 1$ is a collagen receptor expressed on many mesenchymal cells, but mice deficient in $\alpha 1$ integrin ($\alpha 1$ -KO) have no gross structural defects. Here, the regeneration of a fractured long bone was studied in $\alpha 1$ -KO mice. These mice developed significantly less callus tissue than the wild-type (WT) mice, and safranin staining revealed a defect in cartilage formation. The mRNA levels of nine extracellular matrix genes in calluses were evaluated by Northern blotting. During the first 9 days the mRNA levels of cartilage-related genes, including type II collagen, type IX collagen, and type X collagen, were lower in $\alpha 1$ -KO mice than in WT mice, consistent with the reduced synthesis of cartilaginous matrix appreciated in tissue sections. Histological observations also suggested a diminished number of chondrocytes in the $\alpha 1$ -KO callus. Proliferating cell nuclear antigen staining revealed a reduction of mesenchymal progenitors at the callus site. Although, the number of mesenchymal stem cells (MSCs) obtained from WT and $\alpha 1$ -KO whole marrow was equal, in cell culture the proliferation rate of the MSCs of $\alpha 1$ -KO mice was slower, recapitulating the *in vivo* observation of reduced callus cell proliferation. The results demonstrate the importance of proper collagen-integrin interaction in fracture healing and suggest that $\alpha 1$ integrin plays an essential role in the regulation of MSC proliferation and cartilage production. (*Am J Pathol* 2002, 160:1779–1785)

The repair of a fractured long bone in adult mammals recapitulates many of the steps of endochondral ossification, which occur during embryonic bone development. The process results in the sequential expression of

specific genes and ends with complete bone recovery. Fracture healing has been thoroughly studied at the morphological and biochemical levels in mouse, rat, and man.^{1–4} There is increasing evidence that during bone development the extracellular matrix (ECM) profoundly influences the major cellular programs of growth, differentiation, and apoptosis in selected cells. Integrins, a large family of cell surface receptors that mediate cell-ECM and cell-cell interactions, and ECM itself, collaborate to regulate gene expression associated with these functions.^{5,6}

ECM in bone and cartilage is organized around type I and type II collagen fibers, respectively. Bone collagen structure is simple and consists almost solely of type I collagen. The importance of the collagens to cartilage is emphasized by the existence of numerous collagen subtypes, such as type IX, X, and XI, in addition to the predominant collagen type II.⁷ Cell adhesion to collagen is mediated by a specific subset of integrins, composed of four heterodimers sharing a common $\beta 1$ subunit. The α subunits, namely $\alpha 1$, $\alpha 2$, $\alpha 10$, and $\alpha 11$, have a special collagen-binding I (inserted) domain and they are therefore structurally different when compared to integrins that are receptors for other matrix proteins.^{8,9} The $\alpha 10\beta 1$ and $\alpha 11\beta 1$ integrins have recently been identified^{10,11} and their tissue distribution has not been entirely elucidated. Integrin $\alpha 1\beta 1$ is expressed on fibroblasts, chondrocytes, osteoblasts, and smooth muscle cells.^{12–15} It seems to have selectivity for nonfibrillar collagens, namely basement membrane type IV and transmembrane type XIII collagens, rather than for type I and II collagens.^{16,17} Thus, although $\alpha 1$ I domain can bind type II collagen and the $\alpha 1$ integrin can probably transduce signals from type II collagen, it is likely that adhesion to type II collagen of structural importance is mediated by $\alpha 2\beta 1$.^{16,17} Interestingly the α subunits of these two integrins have distinct intracellular domains and therefore also distinct signaling functions.¹⁸ Integrin $\alpha 1\beta 1$ can activate the Shc/Ras/mito-

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gen-activated protein kinase pathway and promote fibroblast proliferation.¹⁹ It also acts to inhibit type I collagen synthesis.^{19–22} Integrin $\alpha 2\beta 1$ induces type I collagen gene expression^{18,20} and also the expression of collagenase-1 [matrix metalloproteinase-1 (MMP-1)]^{20–21} and collagenase-3 (MMP-13).²³

Although $\alpha 1$ integrin is not required to maintain adult bone¹⁴ we have used $\alpha 1$ -KO mice in a fracture model to investigate the importance of $\alpha 1$ integrin in bone healing. We hypothesized that because a complex pattern of collagen gene expression occurs during bone repair, proper $\alpha 1$ integrin-collagen interactions might be of great importance. Our results indicate that $\alpha 1$ integrin is required for healing by endochondral bone formation.

Materials and Methods

Experimental Model

A detailed report about generation and analysis of $\alpha 1$ integrin-deficient mice has been published.¹⁴ All animals used in the study were $\alpha 1$ knockouts or controls on the inbred 129sv/Tae background. We used 49 wild-type (WT) and 45 $\alpha 1$ -KO mice at 10 to 12 weeks of age for fracture-healing studies. Approximately half of the animals (22 WT and 22 $\alpha 1$ -KO mice) received a pellet diet containing 0.1 to 0.2% (w/w) β -aminopropionitrile (Sigma, St Louis, MO).²⁴ The other half (27 WT and 23 $\alpha 1$ -KO) were fed with a regular pellet diet. A closed diaphyseal fracture of tibia was produced bilaterally under general anesthesia as described previously.²⁵ Full weight bearing was allowed immediately. The animals were killed with CO₂ 5, 7, 9, 14, and 22 days after operation and then weighed. Five mice (three WT and two $\alpha 1$ -KO) were excluded because of inadequate fractures. The calluses were carefully dissected from surrounding tissue, their largest and smallest diameters were measured in the middle of the fracture spindle with a micrometer. The calluses were either fixed with formaldehyde for histology or dissected from underlying bone and frozen in liquid nitrogen for Northern analyses.

Histology

For routine histology two calluses from different animals at each time point (except samples of day 7 that were used for RNA isolation) were fixed in phosphate-buffered 4% paraformaldehyde, decalcified in 10% ethylenediaminetetraacetic acid, embedded in paraffin, and sectioned longitudinally with a microtome. The sections were stained with hematoxylin and eosin or safranin, studied with routine microscopy and photographed. The numbers of chondrocyte nuclei were counted from enlarged photographs (15 × 15 cm; original magnification ×5) using 20 KO and 28 WT equal size fields (10 × 10 mm) in the middle of the callus.

Immunohistochemistry

Immunostainings of formalin-fixed paraffin-embedded sections were performed with polyclonal antibodies against collagen types I (Research Diagnostics, Inc., Flanders, NJ), and biotinylated proliferating cell nuclear antigen (PCNA) (PC10; Zymed, South San Francisco, CA). The sections were deparaffinized and rehydrated in a descending ethanol series. Endogenous peroxidase activity was quenched by treating the sections for 30 minutes with 1% H₂O₂ in absolute methanol. To prevent nonspecific binding, the sections were incubated with nonimmune serum for 20 minutes. Primary antibodies were appropriately diluted in Tris-buffered saline and the sections were incubated overnight at 4°C. After rinsing the sections with Tris-buffered saline, specific binding of anti-collagen type I was detected by corresponding biotinylated secondary antibody and visualized by the avidin-biotin-peroxidase complex (ABC) technique (Vectastain ABC kit; Vector Laboratories, Inc., Burlingame, CA) using diaminobenzidine as chromogen. Biotinylated anti-PCNA was directly visualized with the ABC technique. The tissues were counterstained with hematoxylin. The specificity of the reactions was controlled by using preimmune sera in parallel sections.

RNA Extraction and Northern Analysis

For the extraction of RNA, calluses of 76 animals were frozen in liquid nitrogen, cut into pieces with a scalpel blade, ground to fine powder under liquid nitrogen, and homogenized. Total RNA was extracted using the single-step method.²⁶ Because of the small callus size, 6 to 10 RNA samples from each observation day were pooled to obtain an adequate amount of total RNA. Calluses of day 5 were used only for histology. At days 9 and 14, the callus size was sufficient to get enough total RNA from one callus and individual samples ($n = 4$ to 6) of those days, in addition to the pooled samples, and were used in Northern analysis to estimate the biological variance. RNA (7.5 μ g) was separated in formaldehyde-containing agarose gels, transferred to nylon membrane (Gene Screen Plus; New England Nuclear, Boston, MA), and hybridized according to the instructions of the manufacturer with ³²P-labeled cDNA inserts (labeled with Multi-prime kit; Amersham, Buckinghamshire, UK).²⁷ The following cDNA clones were used as hybridization probes: pMCol1 $\alpha 1$ -1 collagen mRNA,²⁸ pMCol2 $\alpha 1$ -1 for mouse pro $\alpha 1$ (II) collagen mRNA,²⁸ pRGR5 for rat pro $\alpha 1$ (III) collagen,²⁹ pMCol9 $\alpha 2$ -1 for mouse $\alpha 2$ (IX) collagen mRNA,³⁰ pMCol10 $\alpha 1$ -1 for mouse $\alpha 1$ (X) collagen mRNA,³⁰ pMAgg-1 for mouse aggrecan mRNA,³¹ pMBgn-1 for mouse biglycan mRNA (A M-K Säämänen and E Vuorio, unpublished), pMDcn-1 for mouse decorin mRNA,³² pMMP-13 for MMP-13,³³ and 341-1 for mouse 28S rRNA.³⁴

The cDNA-mRNA hybrids were detected with a Fuji Bas 5000 phosphoimager (Fuji, Tokyo, Japan) and quantitated using Tina 2.0 software package (Raytest Isotopenmessgeräte GmbH, Straubenhardt, Germany). The results were normalized against 28S rRNA signal in the

same RNA samples. For rehybridization, the previous probe was removed from the membranes as recommended by the manufacturer.

Bone Marrow-Derived Mesenchymal Stem Cells (MSCs)

MSCs were harvested and subsequent colony formation evaluated as previously reported.³⁵ Briefly, both femurs and tibias were harvested from six WT and six $\alpha 1$ -KO mice and the metaphyses were removed under sterile conditions. The marrow was flushed from the bone using 10 ml of MSC media (α -minimum Eagle's medium (Sigma), 10% fetal calf serum (Gemini, Woodland, CA), 25 μ g/ml sodium ascorbate, 100 IU/ml penicillin, 100 μ g/ml streptomycin, and 10 μ mol/L amphotericin B all from Sigma). For colony analysis, 4 million whole-marrow cells were plated to duplicate 60-mm tissue culture plates for each of the six animals and media was changed every third day. To differentiate osteoblast-committed MSCs from pluripotent progenitors the plates were fixed on day 12 in citrate/acetone/formalin and stained for alkaline phosphatase and counterstained with phenol red using a commercially available kit (Sigma). For proliferation experiments, primary MSCs plated on 100-mm plates were harvested with 0.25% trypsin/10 mmol/L ethylenediaminetetraacetic acid, pooled, and plated at cell densities of 1×10^4 cells/cm² in 12-well plates (six wells for each genotype). Plates were harvested on day 2 and day 6 after plating and relative cell number was determined using Cyquant (Molecular Probes, Eugene, OR) fluorescence, which was visualized on a Molecular Dynamics Storm Imager (Molecular Dynamics, Sunnyvale, CA).

Statistical Analyses

Statistical analyses of callus sizes, cell counts, PCNA labelings, and Northern hybridizations were performed using two-way analysis of variance using SAS System for Windows, version 8.2 (SAS Institute Inc., Cary, NC) or using Student's *t*-tests.

Results

Diminished Callus Size in $\alpha 1$ Integrin-Deficient Mice

The fracture calluses were measured circumferentially and the values were plotted against the weights of the animals. Calluses in the $\alpha 1$ -KO mice were smaller than in the WT mice (Figures 1 and 2, c and d) and their shapes were spherical whereas WT calluses were irregular and often flattened. Safranin staining of proteoglycans showed that $\alpha 1$ -KO calluses contained less cartilage than WT controls (Figure 2, a and b). The appearance of cartilage, new bone, and connective tissue in $\alpha 1$ -KO calluses was strikingly regular with distinct demarcations between different tissue components in comparison with

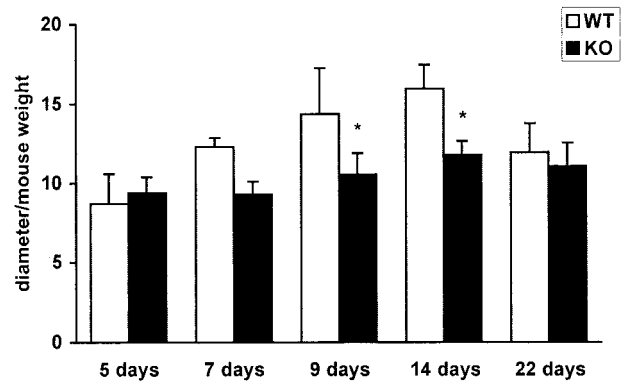


Figure 1. WT animals produce larger calluses than $\alpha 1$ -KO animals. The columns represent the means of the largest and smallest diameters of calluses \pm SD. Forty-six measured means from 27 WT and 44 from 23 $\alpha 1$ -KO animals plotted against animal weights (expressed as mm/g \times 100). *, *P* < 0.05, analysis of variance.

WT calluses in which tissue components were more disorganized. The proliferating cells (Figure 2, c and d; arrows) were arranged in a streaming pattern suggesting that cartilage cells originated from bone marrow MSCs. Importantly, in $\alpha 1$ -KO the numbers of cartilaginous cells were smaller than in the WT callus (Figure 3).

The Proliferation Rate of Mesenchymal Cells in $\alpha 1$ -KO Callus Is Reduced

Because the histological observations suggested that the number of cartilaginous cells were reduced in the $\alpha 1$ -KO callus, the extent of cell proliferation was studied by immunostaining with anti-PCNA antibody. The results in (Figure 4) show that the number of PCNA-positive undifferentiated cells was decreased in $\alpha 1$ -KO callus, whereas there were no changes in the number of PCNA-positive hypertrophic chondrocytes suggesting that there was a reduced proliferation of MSCs in $\alpha 1$ -KO animals. To determine whether there was a decrease in the pool of MSCs available for regeneration, the quantity of these cells in the marrow cavity was determined using a colony-forming assay. Cell preparations from WT and $\alpha 1$ -KO animals produced an equal number of total fibroblast colonies (total CFU-F) and alkaline phosphatase-positive colonies (committed to osteoblasts) (Figure 5a). However, when first passage MSCs were evaluated in culture, $\alpha 1$ -KO cells showed decreased proliferation relative to WT cells (Figure 5b), mimicking the *in vivo* observation.

Decreased Cartilage-Related Matrix Gene mRNA Levels in $\alpha 1$ Integrin-Deficient Mice

The mRNA levels of nine matrix-related genes were analyzed by Northern hybridization (Figures 6 and 8). In addition to different collagens the mRNA levels of three proteoglycans, aggrecan, decorin, and biglycan were measured. In accordance with the histological observation that $\alpha 1$ -KO animals have reduced amounts of cartilage in the fracture callus, the mRNA levels of cartilage collagens (type II, IX, and X), were decreased in $\alpha 1$ -KO

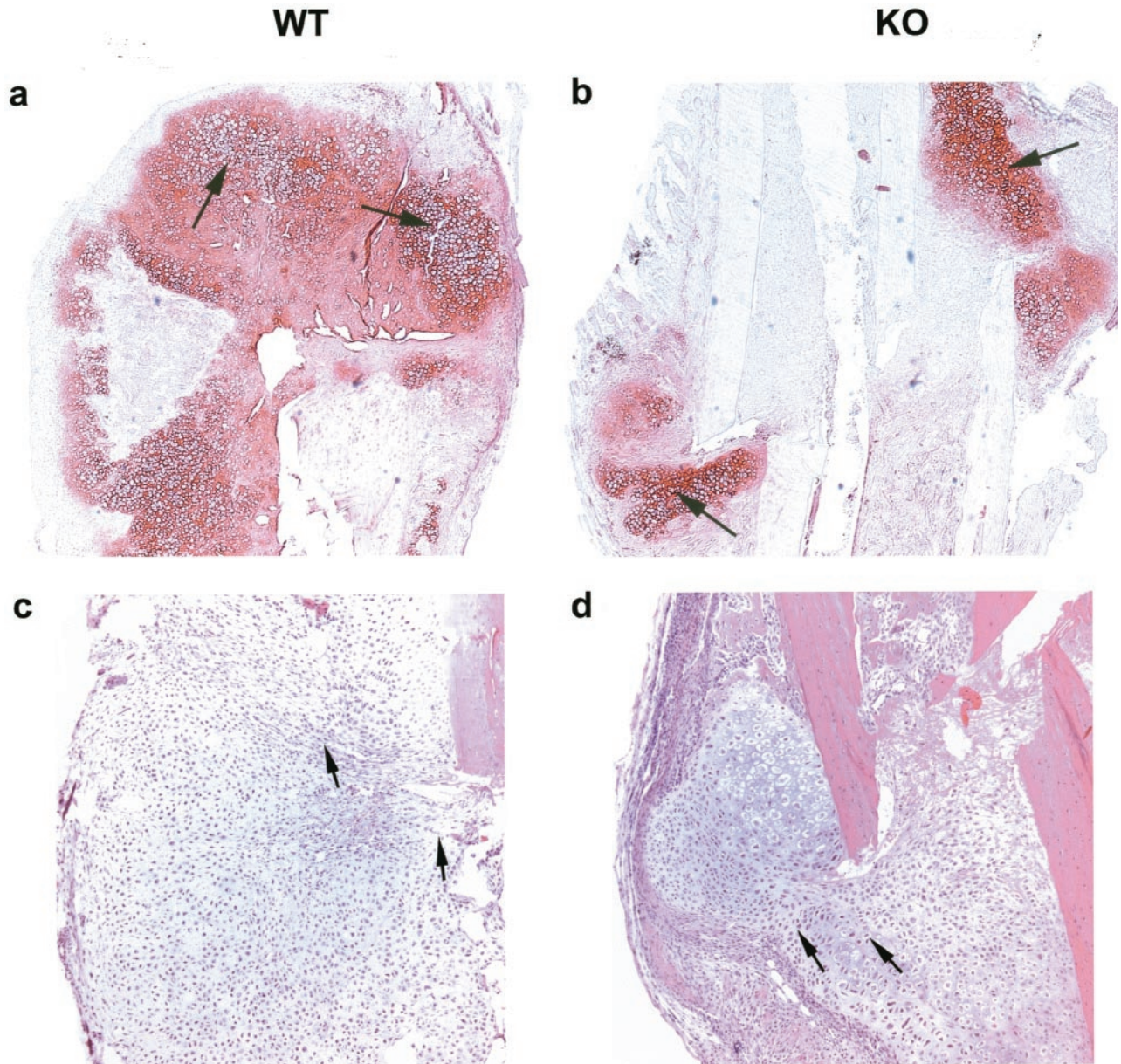


Figure 2. WT (left) and α 1-KO (right) calluses at 9 days after fracture. Safranin stain (a and b) showing cartilaginous tissue (arrows). HE stain (c and d) indicating differences in proliferation of callus cells. The arrows point to lines of migrating cells. Original magnifications: $\times 2.5$ (a and b); $\times 5$ (c and d).

calluses (Figure 8; a to c). A similar finding was seen in mRNA levels of aggrecan, the main proteoglycan of cartilage (Figure 8d), but the difference was not statistically significant. The levels of type III collagen and biglycan diminished faster in α 1-KO calluses than in the WT controls, but the significance of this observation is unclear. The profiles of decorin mRNA expression during callus formation in WT and α 1-KO mice were similar. The most striking difference in type I collagen mRNA expression was the high level observed at 22 days in two different pools of α 1-KO samples (one shown in Figure 6). Immunolocalization of type I collagen in 22-day-old calluses showed more intense staining in α 1-KO animals throughout the callus compared with WT controls (Figure 7). This is in accordance with previous observations suggesting defective negative feed-back regulation of type I colla-

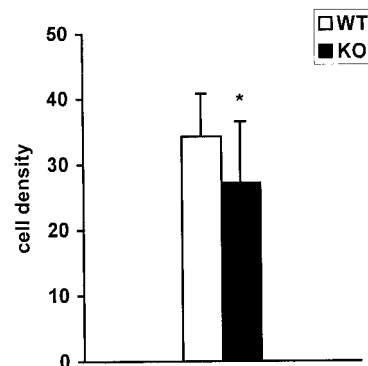


Figure 3. The number of cells in cartilaginous callus in sections from WT and α 1-KO animals at 9 days. Nuclei were counted on enlarged photographs using several (20 α 1-KO and 28 WT) fields of equal size (10×10 mm) in the middle of callus. The difference is statistically significant: *, $P < 0.003$; *t*-test.

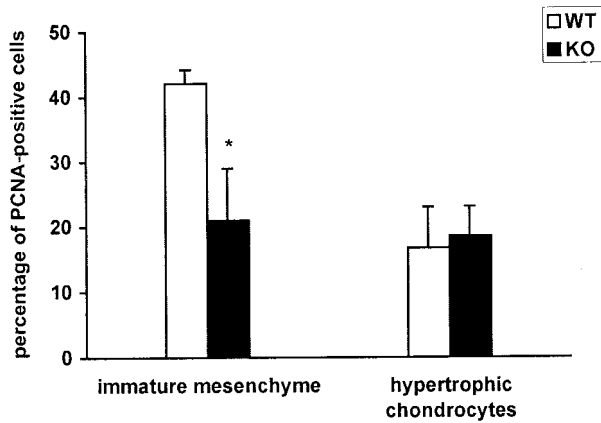


Figure 4. Proliferation of mesenchymal cells and hypertrophic chondrocytes in 9-day WT and $\alpha 1$ -KO callus as measured by PCNA staining. Three fields were calculated from two animals. The columns represent the means \pm SD for the total number of fields counted. The difference in the number of PCNA-positive immature mesenchymal cells (WT versus $\alpha 1$ -KO) is statistically highly significant: *, $P < 0.001$; *t*-test.

gen synthesis in $\alpha 1$ -KO mice.²² In skin and experimental granuloma, this increased collagen expression is compensated by increased metalloproteinase expression.²² However, there was no overexpression of collagenase-3 (MMP-13) in $\alpha 1$ -KO calluses during the observation period.

Taken together the data suggest that $\alpha 1\beta 1$ integrin is essential for proper formation of cartilage. Because the other observations indicated that the number of cartilaginous cells is diminished, the lowered mRNA levels of the cartilage genes probably reflect decreased gene expression per cell even though both mechanisms, reduced cell proliferation and decreased matrix production, may be involved.

Lathyrism Decreases the Expression of Cartilage-Related Matrix Genes

The fact that callus formation was affected in animals lacking a specific collagen receptor suggested the importance of cell-collagen interaction in fracture healing. This idea was studied further by using lathyrogenic diet (β -aminopropionitrile) to destroy the normal organization of newly formed collagenous matrix. During the second

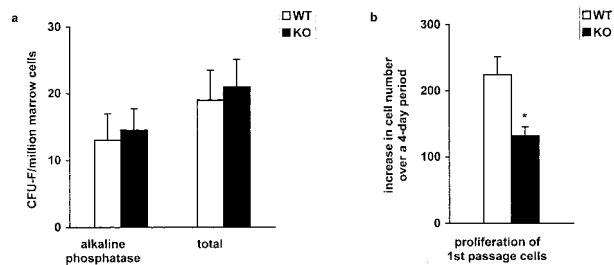


Figure 5. Proliferation of bone marrow-derived MSCs from WT and $\alpha 1$ -KO mice. **a:** The equivalent numbers of MSCs are present in WT and $\alpha 1$ -KO animals (total CFU-F) and the percentages of cells committed to the osteoblastic phenotype are equivalent (alkaline phosphatase CFU-F) ($n = 6$). **b:** The $\alpha 1$ -KO-derived MSCs have reduced cell growth throughout a 4-day period in comparison to WT MSCs. *, $P < 0.015$; analysis of variance; $n = 6$. The columns represent the means \pm SD.

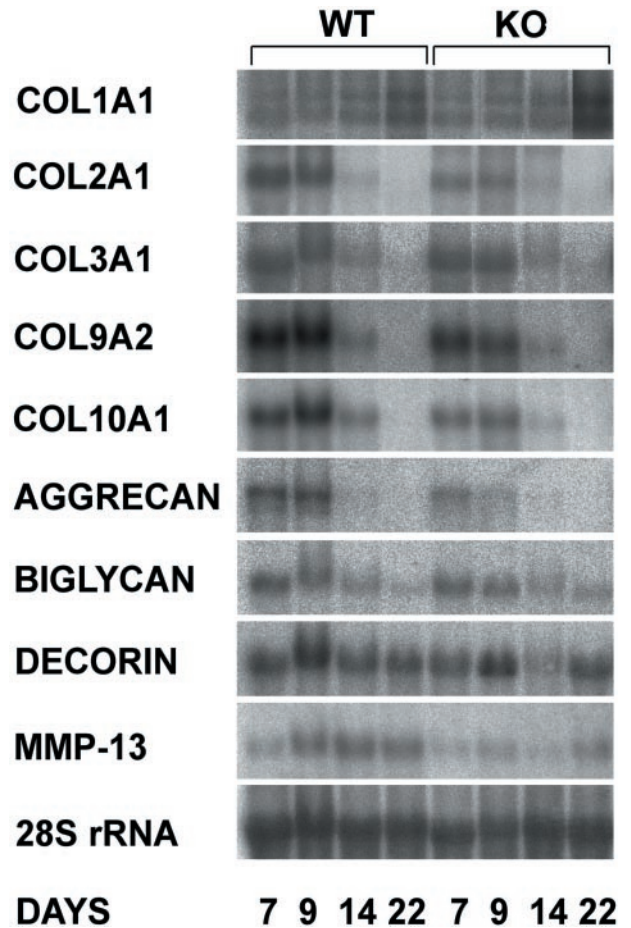


Figure 6. Northern analysis of connective tissue genes in 7-, 9-, 14-, and 22-day WT and $\alpha 1$ -KO calluses.

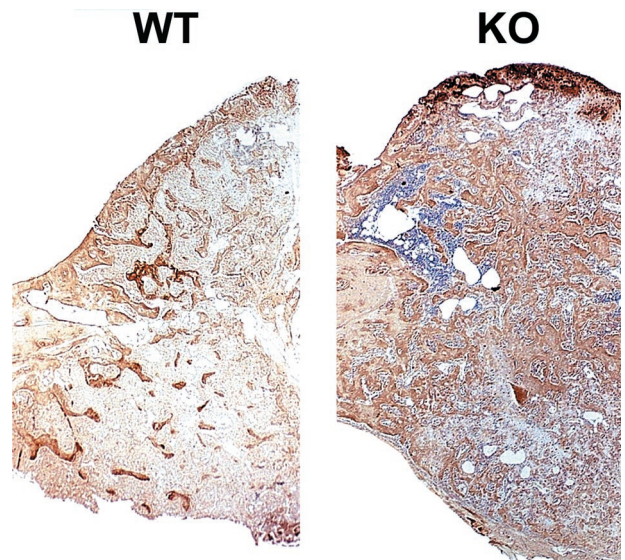


Figure 7. Immunolocalization of type I collagen in 22-day WT and $\alpha 1$ -KO callus. In $\alpha 1$ -KO specimen the immunostaining is more intense throughout the callus area.

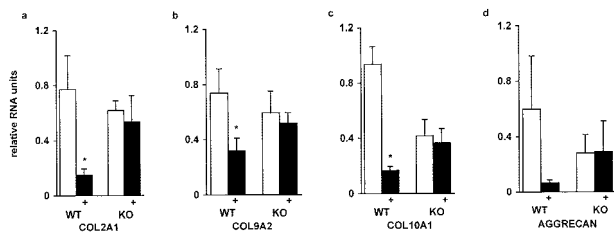


Figure 8. Densitometric profiles of mRNA levels of COL2A1 (a), COL9A2 (b), COL10A1 (c), and aggrecan (d) genes in WT, α 1-KO, lathyritic WT (+), and lathyritic α 1-KO (+) calluses 9 days after fracture measured by Northern hybridization. The mRNA levels are given as relative mRNA units corrected for loading variations with 28S rRNA levels. Columns represent mean \pm SD from all analyzed samples ($n = 4$ to 6). *, $P < 0.05$; t -test.

week of healing, lathyrisms had a striking negative effect on the expression of all studied cartilage-specific genes (type II, IX, and X collagen and aggrecan) in WT calluses (Figure 8). Type III collagen and biglycan mRNA levels were also low in lathyritic WT calluses (not shown). The lathyritic effect on these ECM components was, however, not detected in the calluses of the α 1-KO animals. The mRNA expression of type I collagen was enhanced by lathyrisms during the 2 first weeks of healing, especially in α 1-KO calluses (not shown). Decorin levels were also increased at days 7 and 14 in lathyritic samples. In contrast to the rat,²⁴ the mouse lathyrisms had no statistically significant effect on increasing callus size in this internally fixed fracture-healing model (not shown).

Discussion

Bone formation during adult fracture repair involves activation of MSCs, which then replicate and differentiate into osteoblasts and chondroblasts of the callus. MSC proliferation and the expression of genes associated with their differentiation are regulated by local growth factors. Proper cellular interactions with the ECM are required for the correct function of growth factor-initiated signaling cascades.³⁶ The integrin-type adhesion receptors organize focal contact sites promoting the accumulation of numerous signaling molecules.³⁷ In addition, integrin ligation to ECM proteins generates independent signals that regulate differentiation, growth, and survival.³⁶

Numerous research reports have described integrin-related functions in various cell culture models. Less is known about the significance of the integrin-matrix interaction *in vivo*. Production of transgenic and knockout mice for different integrins has enabled the study of integrins during differentiation and development. Many integrin knockouts (for example, animals deficient of fibronectin receptor α -subunits α 4 or α 5) die as embryos.³⁸ Some are born with structural defects, eg, α V, α 3, α 6, and β 4 integrin knockouts, and often die during or immediately after birth.³⁸ Integrin α 1-KO mice develop normally and they are born without obvious structural defects,¹⁴ despite the fact that α 1 β 1 integrin is expressed on many mesenchymal cell types, including osteoblasts¹² and chondrocytes.¹³ In fact none of the

integrin knockout mice have reported defects in bone development. However, overexpression of dominant-negative β 1 integrin under the osteocalcin promoter results in reduced bone mass in transgenic animals.⁵

Here, the bone connective tissue in α 1-KO mice was challenged by creating a stabilized tibial fracture. Although α 1-KO mice were able to heal, we detected a significant reduction in their capacity to make cartilaginous callus. The number of cartilage-producing cells was diminished and PCNA immunostaining confirmed the decreased proliferation of the undifferentiated mesenchymal cells, whereas the proliferation of more differentiated, chondrocyte-like cells was unaltered. The data suggest that α 1 β 1 integrin participates in the growth control of cartilage stem cells during the period of cell expansion. Indeed we found that the basal numbers of MSCs obtained from whole-bone marrow were equivalent, but that in culture, when cell growth is enhanced, the α 1-KO-derived MSCs showed reduced proliferation. We have previously reported impaired formation of experimental granulation tissue in the same animals.²² Thus, the α 1-KO animals seem to have a specific difficulty in the activation of cells responsible for the repair of connective tissues.

Previous studies have suggested mechanisms that may explain the affected cell proliferation. Most importantly, α 1 β 1 integrin is connected to cellular signaling pathways, such as Shc/Ras/ERK-pathway,¹⁹ that induce cell proliferation. The dermis in α 1-KO animals is also hypocellular.²² Secondly, α 1-KO animals show an impaired ability to generate capillary vessels, eg, during tumor growth.³⁹ This is connected to increased angiostatin production because of elevated MMP activity.³⁹

Cell adhesion to fibrillar collagen leads to a different cellular response than adhesion to monomeric collagen, suggesting that the organization of collagenous matrix is important for integrin function.⁴⁰ The significance of the new collagenous matrix for *in vivo* cell behavior can be studied by using a lathyrogenic diet to prevent collagen cross-linking. In accordance with our previous observations with lathyritic rats the expression of matrix genes in mouse cartilage was reduced.²⁴ We have also reported that in lathyritic rats cartilage genes are expressed during a much wider time period.²⁴ Thus, faulty matrix organization has an effect similar to that observed in α 1-KO mice. Interestingly, these lathyritic effects were only seen in WT animals but not in α 1-KO animals. These results support the conclusion that proper α 1 β 1 integrin-mediated cell-collagen interaction is required for callus growth during bone fracture healing.

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