Apoptosis of Retrogradely Degenerating Neurons Occurs in Association with the Accumulation of Perikaryal Mitochondria and Oxidative Damage to the Nucleus

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The mechanisms for neuronal apoptosis after axotomy and target deprivation in the adult central nervous system are poorly understood. We used a unilateral occipital cortex ablation model in the adult rat to test the hypothesis that apoptotic retrograde neurodegeneration in the dorsal lateral geniculate nucleus occurs in association with oxidative stress and mitochondrial abnormalities. Immunodetection of 8-hydroxy-2'-deoxyguanosine, a marker for oxidative injury to DNA, demonstrated that these apoptotic neurons undergo oxidative stress. Dual immunolabeling for the retrograde tracer Fluorogold to identify projection neurons and for 8-hydroxy-2'-deoxyguanosine demonstrated that apoptotic, oxidatively damaged neurons are geniculocortical projection neurons. By electron microscopy, degeneration of dorsal lateral geniculate nucleus neurons evolved in association with a transient increase in mitochondria within the perikaryon of dying neurons during the transition between chromatolysis and early apoptosis. The morphological integrity of mitochondria was preserved until late in the progression of apoptosis. The dorsal lateral geniculate nucleus ipsilateral to the cortical lesion had a transient increase in cytochrome c oxidase activity, and geniculocortical neurons at the transitional, early apoptotic stage accumulated cytochrome c oxidase activity. We conclude that axotomyinduced, retrograde neuronal apoptosis in the adult central nervous system occurs in association with the accumulation of functionally active mitochondria within the perikaryon and oxidative damage to nuclear DNA. (Am J Pathol 1998, 153:447-456)

Free oxygen radicals have been implicated in the induction of neuronal apoptosis by oxidative injury *in vitro*¹ and *in vivo* during development.² Mitochondria may participate in the effector stage of apoptosis^{3–5} by directly providing a rich source of reactive oxygen species (ROS) or by changes in mitochondrial membrane cell death proteins^{6,7} that prevent apoptosis via an antioxidant pathway⁸ by blocking release of cytochrome c,^{9,10} a required molecule for apoptosis in cell-free systems,¹¹ or by regulating membrane potential and volume homeostasis of mitochondria.⁷

Target deprivation produced by visual cortex ablation causes corticopetal projection neurons in the dorsal lateral geniculate nucleus (dLGN) to die by a process that closely resembles apoptosis.12 The death of these axotomized, target-deprived thalamic neurons follows an ordered sequence of subcellular changes that begins as chromatolysis and evolves as apoptosis along a synchronous time course, whereby end-stage neuronal apoptosis is achieved at ~7 days after the lesion occurs. Degenerative alterations in dLGN neurons are manifested as progressive cytoplasmic and nuclear condensation with chromatin compaction into uniformly large, round clumps. Cytoplasmic and then nuclear fragments bud into the surrounding neuropil and are engulfed by glial cells.¹² These changes are characteristic of apoptosis in nonneural¹³ and neural tissues.^{14,15}

As in nonneuronal cells undergoing apoptosis,¹³ the morphological integrity of mitochondria is preserved in apoptotic neurons until late in the progression of neurodegeneration.^{12,14,15} Therefore, we have hypothesized that neuronal apoptosis evolves in association with perikaryal accumulation of mitochondria and oxidative stress. Our occipital cortex ablation model of neuronal apoptosis in the adult brain provides a unique opportunity to test the hypothesis *in vivo* that oxidative damage develops in central nervous system (CNS) neurons undergoing apoptosis and that this stress occurs along with changes in mitochondrial distribution and function in apoptotic neurons.

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Materials and Methods

Lesion Paradigm to Study Retrograde Degeneration of dLGN Neurons

An occipital cortex aspiration served as the model for producing axotomy and target deprivation of dLGN neurons.12 We used adult male Sprague-Dawley rats (Charles River, Wilmington, MA) (n = 52), weighing ~150 to 200 g, that were housed in a colony room with a 12-hour light/dark cycle and ad libitum access to food and water. The animal protocol was approved by the Animal Care and Use Committee of The Johns Hopkins University School of Medicine. Rats were anesthetized with a mixture of enflurane:oxygen:nitrous oxide (1:33:66) and placed in a stereotaxic apparatus. After a midline scalp incision, a 2×2 -mm craniotomy was made; the medial side of the craniotomy was located 1 mm lateral to the midline, and the caudal side was 1 mm rostral to $\boldsymbol{\lambda}.$ The dura was incised using a sharp 22-gauge needle. The cortex underlying the craniotomy was then aspirated using a blunt-tipped 22-gauge needle connected to a vacuum line, without damaging the surrounding venous sinuses and the underlying hippocampus. Postlesion survival times after occipital cortex ablation were: 1 day or 3, 4, 5, 6, and 7 days. In other rats (n = 4), a similar-sized aspiration lesion was made in the frontal cortex, which does not receive geniculocortical projections, to serve as a control for the effects of the surgical manipulation.

Retrograde Labeling of Corticopetal Projection Neurons in the dLGN

The retrograde tracer Fluorogold (FG; Fluorochrome, Inc., Englewood, CO) was injected into the visual cortex to prelabel corticopetal projection neurons in the dLGN. An occipital craniotomy was performed as described above, and, 0.7 mm below the cortical surface, 100 nl of 5% FG in deionized distilled H₂O was injected slowly over 10 minutes using a 25-gauge 0.5-ml blunt-tip syringe (Hamilton, Reno, NV). Three days later, rats (n = 8) were anesthetized and underwent an occipital cortex ablation as described above. FG-injected rats with occipital cortex ablations recovered for 5 to 7 days before being perfused for light microscopic analysis. Identification of corticopetal projection neurons was done by direct fluorescence and by immunodetection of FG using a polyclonal antibody (diluted 1:10,000; Chemicon, Inc., Temecula, CA) in an immunoperoxidase procedure similar to that performed for the identification of oxidative damage to DNA in the dLGN (see below).

Light Microscopic Evaluation of Neurodegeneration in the dLGN

At 1 day or 3, 5, 6, and 7 days postlesion, rats ($n \ge 4$ per time point) were anesthetized intraperitoneally with sodium pentobarbital (70 mg/kg) and perfused intra-aortically with 1% paraformaldehyde (PF) in ice-cold phosphate buffer (PB; 0.12 mol/L, pH 7.4) followed by 4% PF in ice-cold PB. Brains were removed from the skull, blocked in the coronal plane, postfixed in 4% PF for 1 to 2 hours at 4°C, cryoprotected in 30% sucrose in PB, and then frozen in isopentane chilled by dry ice. Frozen sections (40 μ m) through the lateral geniculate nucleus were either stained with cresyl violet for light microscopy or were used for the immunocytochemical detection of oxidative injury marker or for the enzyme histochemical detection of cytochrome c oxidase (COX) activity.

Immunocytochemical Detection of Oxidative Damage to DNA in dLGN Neurons

The formation of 8-hydroxy-2'-deoxyguanosine ($OH^8 dG$) occurs as a product of oxidative injury to DNA by ROS.¹⁶ Singlet oxygen,17 as well as nitric oxide and superoxide,¹⁸ produces OH⁸dG, the formation of which is inhibited by free radical scavengers.¹⁸ Therefore, we immunocytochemically assayed for OH⁸dG in dLGN neurons in brain sections from rats at 5, 6, and 7 days postlesion (n = 2 or 3 per time point) using a monoclonal antibody (QED Bioscience, Inc., San Diego, CA). This antibody also reacts with 8-hydroxyguanine and 8-hydroxyguanosine according to the manufacturer's specifications. Brain sections were first washed in Tris-buffered saline (TBS, pH 7.4) and then incubated in 2% normal goat serum and 0.35% Triton X-100 in TBS for 1 hour. Sections were then incubated at 4°C for ~48 hours in anti-OH⁸dG antibody at a concentration of 2.9 μ g/ml diluted in TBS with 2% normal goat serum and 0.18% Triton X-100. For competition controls, sections were reacted with antibody to OH⁸dG that was incubated at 4°C for 24 hours with 1000-fold concentrations of OH⁸dG and 8-hydroxyguanosine (Cayman Chemical, Ann Arbor, MI) and then centrifuged at 14,000 rpm for 2 minutes to pellet antigen-antibody complexes. The positive control for competition experiments was OH⁸dG antibody unexposed to antigen but subjected to the same procedure as preadsorbed antibody. As additional controls, sections were pretreated with DNase or RNase (1 mg/ml in magnesium sulfate buffer) or proteinase K (20 µg/ml in Tris buffer) before incubation with OH⁸dG antibody. After primary antibody incubation, sections were washed in TBS and incubated for 1 hour with biotinylated goat antimouse antibody (1:200 in 2% normal goat serum and 0.18% Triton X-100 at room temperature; Vector Laboratories, Burlingame, CA), washed again in TBS, and then incubated in an avidin and biotinylated horseradish peroxidase solution (1:70, Vector Laboratories). Sections were finally processed with a standard diaminobenzidine (Sigma Chemical Co., St. Louis, MO) chromagenic reaction (0.6 mg/ml diaminobenzidine and 0.01% H₂O₂ in TBS).

Assay for Mitochondrial Function in the dLGN during Neuronal Apoptosis

Mitochondrial function in the dLGN at 5 and 6 days after occipital cortex ablation was evaluated using the COX

histochemical method of Wong-Riley,¹⁹ as described previously.²⁰ The 5- and 6-day time points were chosen because these times correspond to the chromatolytic and early apoptotic stages of neurodegeneration in the dLGN.¹² The enzymatic reaction product in the dLGN ipsilateral and contralateral to the cortical lesion was quantified densitometrically as described.²⁰ Statistical analysis of the data was performed using the paired Student's *t*-test.

Ultrastructural Analysis of Neuronal Injury and Death in the dLGN after Occipital Cortex Ablation

After 1 day and 3, 5, 6, or 7 days postlesion, rats (n = 2 per time point) were anesthetized with sodium pentobarbital and perfused intra-aortically with 1% PF/0.1% glutaraldehyde in ice-cold PB followed by 2% PF/2% glutaraldehyde in ice-cold PB. Brains were removed from the skull and postfixed overnight. Samples of lateral geniculate nucleus ipsilateral and contralateral to the cortical lesion were microdissected, rinsed in PB, placed in 2% osmium tetroxide for 2 hours, dehydrated, and embedded in plastic. Semithin sections (1 μ m) stained with 1% toluidine blue were screened for regions of interest, and then thin sections (gold interference color) were cut on an ultramicrotome (Sorvall, Norwalk, CT), contrasted with uranyl acetate and lead citrate, and viewed with a JEOL 100S electron microscope.

Semiquantitative Analysis of Mitochondrial Accumulation within Neuronal Perikarya

The number of mitochondria per neuronal cross-section was analyzed using electron micrographs from cortically ablated rats at 1 day and 5, 6, and 7 days postlesion. Neurons were grouped as normal, 5-day chromatolytic, 6 to 7-day early apoptotic, and 6 to 7-day late apoptotic. In a random selection of five to eight micrographs per group, recognizable mitochondria were counted in complete cross-sectional profiles of neuronal perikarya. An average number of mitochondria per cross-section was calculated. Neuronal cross-sectional size was not taken into consideration to select as randomly as possible the micrographs. Statistical analysis of mitochondrial accumulation was performed using the paired Student's *t*-test.

Results

Apoptotic dLGN Neurons Show Evidence for Oxidative Damage

This model of occipital cortex ablation causes apoptotic death of neurons within the dLGN over a time course of \sim 1 week (Figure 1A).¹² Immunoreactivity for OH⁸dG was detected in cells within the dLGN ipsilateral to the occipital cortex lesion at 5 to 7 days postlesion (Figures 1, B and C, and 2, A and B). This time corresponds to the

early to late stages of apoptosis in dLGN neurons.12 OH8dG immunoreactivity was localized within the nucleus and perikaryon of neurons that had morphological features of apoptosis in cresyl violet-counterstained sections (Figure 1, B and C). DNase and RNase abolished the nuclear and cytoplasmic immunolabeling, respectively, obtained with OH⁸dG antibodies, but proteinase K treatment neither altered the immunolabeling in the ipsilateral dLGN nor enhanced labeling of neurons in the contralateral dLGN (data not shown). In neurons at early stages of apoptosis (Figures 1B and 2A), as indicated by the nascent condensation of chromatin into numerous small clumps and the absence of appreciable cell shrinkage, OH⁸dG immunoreactivity within and around the nucleus was faint and often punctate. In neurons at later stages of apoptosis (Figures 1C and 2, A and B), as indicated by the advanced condensation of chromatin into a few large clumps and the presence of cell shrinkage, OH⁸dG immunoreactivity was dense and uniformly dark throughout the nucleus, except within regions of dense chromatin clumping that had lighter staining (Figure 2B). This pattern of immunoreactivity was not seen outside the focus of neurodegeneration within the ipsilateral dLGN, nor was it observed in the contralateral dLGN at 5 to 7 days postlesion (Figure 2C) or in the dLGN ipsilateral to the frontal cortex lesion (data not shown). Preadsorption of OH⁸dG antibody with OH⁸dG and 8-hydroxyguanosine before the immunocytochemistry competed the signal in apoptotic neurons (Figure 2D).

Apoptotic Cells with Oxidative Damage Are Geniculocortical Projection Neurons

Injections of FG into the future center of the lesion site 3 days before the occipital cortex lesion labels the cytoplasm of neurons within the focus of neurodegeneration; therefore, the degenerating cells in the ipsilateral dLGN correspond to a subset of geniculocortical neurons.¹² Dual labeling immunocytochemistry revealed that OH⁸dG immunoreactivity was present in FG-labeled geniculocortical projection neurons (Figure 1D). The cytoplasm of FG-labeled OH⁸dG-immunoreactive neurons was often incomplete, as the cytoplasmic fragmentation became more prominent during the progression of apoptosis.¹²

Apoptotic dLGN Neurons Accumulate Mitochondria after Occipital Cortex Ablation

To provide insight into the possible mechanisms of oxidative injury in apoptotically dying neurons within the dLGN, electron microscopy (EM) was used to evaluate their ultrastructure (Figure 3). Ultrastructural changes in injured dLGN neurons during the first 5 days postlesion included an early redistribution of the rough endoplasmic reticulum followed by its dispersion and fragmentation, release of free ribosomes, and dilation of Golgi cisterns (Figure 3, B and C). These changes are in accord with





Figure 2. Oxidative damage occurs within the ipsilateral dLGN after occipital cortex ablation, as determined by immunodetection of OH⁸dG. A and B: The detection of OH⁸dG immunoreactivity within cells (arrows) is widespread within the focus of axotomy-induced neurodegeneration in the ipsilateral dLGN. OH⁸dG immunoreactivity is primarily confined to the nucleus and is detected as small, granular immunoreactivity (arrowhead) or as large, condensed aggregates of immunoreactivity (arrows). B: At higher magnification, the nuclear OH⁸dG immunoreactivity is localized diffusely within the periphery of the nucleus as well as at the surfaces of round aggregates, corresponding to the round, condensed clumps of chromatin that are detected by cresyl violet staining (see Figure 1A). Scale bar = 5.5 μ m. C: The control dLGN (ie, contralateral of the occipital cortex ablation) has no OH⁸dG immunoreactivity. D: Preadsorption of the OH⁸dG immunolealing within the ipsilateral dLGN. Scale bar = 25 μ m (applies also to A and C).

our previous EM results¹² and are consistent with the axon reaction after axotomy.²¹

Chromatolytic neurons within the dLGN after occipital cortex ablation appeared to accumulate structurally intact mitochondria by 5 days postlesion (Figure 3, B and C) as compared with uninjured neurons (Figure 3A). In

the surrounding neuropil, some axons were swollen and contained many mitochondria (Figure 3D), possibly representing abnormal axonal trafficking of mitochondria in axotomized dLGN neurons. There was no ultrastructural evidence for mitochondrial proliferation (eg, partition membrane formation). At 6 days postlesion, as chromatolytic neurons progressed into the early stages of apoptosis,12 some mitochondria that accumulated in the perikaryon underwent swelling and disintegration of the inner membrane, whereas other mitochondria remained intact (Figure 3E). At 7 days postlesion, end-stage neuronal apoptosis was widespread (Figure 3F). The organelles within the degenerated neurons were tightly packed within a dark cytoplasmic matrix of neurofilaments and microtubules, forming a lattice that was organized into condensed laminations (Figure 3, F and G). In the late stages of apoptosis, the disintegrating mitochondria appeared as vacuoles within the condensed cytoplasm (Figure 3G).

Mitochondria accumulated within the perikaryon before the early morphological stages of neuronal apoptosis. In neurons that were chromatolytic at 5 days postlesion, the number of mitochondria (per perikaryal crosssection) increased as compared with uninjured neurons (Figure 4). As neurons entered the apoptotic stages of degeneration, their cell bodies underwent shrinkage and condensation, with perikaryal mitochondria number being similar to that of controls (Figure 4). At the final stages of apoptosis, the number of recognizable mitochondria decreased significantly (Figure 4), as mitochondria disintegrated (Figure 3, F and G) and as components of the cytoplasm budded and dispersed into the surrounding neuropil.¹²

Mitochondrial Function Is Increased Transiently in the dLGN after Occipital Cortex Ablation

The increased numbers of mitochondria within the perikaryon of apoptotically dying neurons within the dLGN, as determined by EM, were paralleled by an enhanced mitochondrial functional activity, as demonstrated by enzyme histochemical assay for COX (Figures 1, E to G, and 5). Histochemical preparations that were counterstained with cresyl violet revealed that COX activity was enriched within punctate structures in the neuropil and in neurons. These sections also demonstrated

Figure 1. Occipital cortex ablation in the adult rat results in apoptosis of geniculocortical projection neurons within the dLGN that is associated with oxidative damage to the nucleus and increased mitochondrial COX activity within the perikaryon. A: Cresyl violet staining shows a representative apoptotic neuron (arrow) within the dLGN at 6 days postlesion. Note the three round clumps of chromatin within the nucleus, consistent with the morphology of apoptosis. The identification of these cells as neurons has been described.¹² Scale bar = 10 μ m. **B**: Immunoreactivity (brown labeling) for the oxidative stress marker, OH⁸dG, is detected within apoptotic neurons (arrow) at 5 days postlesion. The cresyl violet counterstaining (purple) shows that this cell (arrow) is in the early stages of apoptotic chromatin condensation, as indicated by the formation of numerous, small aggregates of chromatin, and has not yet undergone shrinkage of the cell body (compare the size of the neuron in B with that of the apoptotic neurons in C). Scale bar = 10 µm. C: At 7 days postlesion, apoptotic neurons (arrows) show intense OH⁸dG immunoreactivity (brown) throughout the nucleus. The cresyl violet counterstaining (purple) reveals that these neurons are in the late stages of apoptosis, as indicated by the chromatin clumping and the cellular shrinkage. Scale bar = $10 \ \mu$ m. D: Double label immunodetection of OH⁸dG (brown) and the retrograde tracer FG (dark green) demonstrates that the cells that have evidence for oxidative stress within the nucleus are geniculocortical projection neurons (arrows), whereas a nearby undamaged geniculocortical projection neuron (arrowhead) has no OH8dG immunoreactivity within the nucleus and is not shrunken. Scale bar = 10 μ m. E: In COX histochemical preparations counterstained with cresyl violet, COX activity (brown) in the control (contralateral to the occipital cortex ablation) dLGN is localized within the neuropil, and only faint activity appears within neuronal cell bodies (arrow). Scale bar = $10 \ \mu m$ (applies also to F and G). F and G: In the dLGN ipsilateral to the occipital cortex ablation, COX histochemistry/cresyl violet staining shows that axotomized neurons (arrows) at early stages of apoptosis at 5 days (F) and later stages of apoptosis at 6 days (G) postlesion are highly enriched in COX activity, indicating the accumulation of functional mitochondria within the perikaryon.



Figure 3. Degeneration of dLGN neurons resembles apoptosis ultrastructurally and is associated with accumulation of mitochondria and then mitochondrial swelling and dissolution. A: At 1 day postlesion, neurons in the ipsilateral dLGN appear healthy, with a normal nucleus and perinuclear distribution of organelles. Scale bar = 2 μ m. B: By 5 days, the rough endoplasmic reticulum is redistributed to the perikaryal periphery and becomes more apparent. The Golgi cisterns become swollen. Mitochondria, which are all ultrastructurally intact at this time (box, shown enlarged in C), appear to be more numerous. The nucleus appears normal, although eccentrically placed. Scale bar = 1.75 μ m. C: Chromatolytic neurons at 5 days postlesion appear to have accumulations of ultrastructurally normal mitochondria in some regions around the nucleus (N), which is still surrounded by an intact nuclear envelope (arrowheads). Scale bar = 0.5 μ m. D: After axotomy, mitochondria also accumulate within large, swollen, myelinated axons within the dLGN. Scale bar = 0.8 μ m. E: In the early stages of apoptosis at 6 days postlesion, the perikarya of dying neurons contain mitochondria that are pale and swollen or overtly showing cristaeolysis (open arrow). Scale bar = 0.3 μ m. F: At 7 days postlesion, the apoptotic process is well advanced, and neurons are dark and shrunken. The condensed cytoplasm contains numerous small vacuoles, some of which are degenerating mitochondria (see G). The nucleus (N) is organized into large, round, compact chromatin clumps embedded within a homogeneously condensed nuclear matrix and is still surrounded partially by a nuclear membrane (arrowheads). These dying cells are identified as neurons by the presence of residual synapses (arrow). Scale bar = 1.5 μ m. G: In apoptotic neurons at 7 days postlesion, the cytoplasm is fused and dark, containing many senducles. Most mitochondria (arrowheads), is condensed and bare, and it contains large, compact chromatin clumps (asterisk). Scale bar = 0.3 μ m.



Figure 4. Histogram of the semiquantitative analysis of mitochondrial accumulation within neuronal perikarya in the ventromedial dLGN after occipital cortex ablation. Values are means \pm SD. At 5 days postlesion, the number of recognizable mitochondria per neuronal cross-section was 176% of control, whereas by 6 to 7 days postlesion, the number of recognizable mitochondria was 41% of control in neurons at late stages of apoptosis. *Significant difference (P = 0.07) as compared with control; **significant difference (P = 0.07) as compared with control and 5 days postlesion, respectively.

striking accumulations of COX activity within the somata of cells with morphological features consistent with apoptotic neurons (Figure 1, F and G). Densitometric quantification of uncounterstained sections demonstrated that COX activity was increased in the ipsilateral dLGN as compared with the contralateral dLGN at 5 days after occipital cortex ablation (Figure 5). This overall increase in mitochondrial function was transient, because, by 6 days postlesion, the ipsilateral and contralateral dLGN COX activity values were similar (Figure 5).

Discussion

The retrograde degeneration of geniculocortical projection neurons that occurs after visual cortex ablation in the adult brain is apoptosis,¹² based on morphological criteria.^{13–15} The experiments described here were conducted to explore the possible mechanisms for this apoptotic death of dLGN neurons after axotomy and target deprivation, by testing the hypothesis that this neuronal death occurs in association with oxidative injury and mitochondrial accumulation.

The present study is novel, because our data implicate the formation of ROS and oxidative damage to nucleic acids in an *in vivo* setting of retrograde neuronal apoptosis in the adult CNS. We found that OH⁸dG, a marker for oxidative damage in the form of DNA base lesions, ^{16,28,29}



Figure 5. Histogram representation of the quantitative densitometric analysis of histochemical COX activity within the dLGN after occipital cortex ablation. Values are means \pm SD of the optical density (OD) of the reaction product. At 5 days postlesion, COX activity was 130% of the contralateral control level but was unchanged at 6 days postlesion. *Significant difference (*P* = 0.03) as compared with contralateral, control dLGN.

is detected immunocytochemically within the nucleus of apoptotic neurons; furthermore, cytoplasmic immunolabeling was observed with OH⁸dG antibodies. This immunolabeling was competed with both OH⁸dG and hydroxyguanosine, and the nuclear and cytoplasmic labeling was abolished, respectively, by DNase and RNase, demonstrating that this antibody detects both hydroxylated DNA and RNA. These observations suggest that free radical-mediated damage to DNA and RNA occur during the progression of neuronal apoptosis in the adult CNS. Alternatively, biochemical changes may occur within apoptotic cells that permit increased accessibility of OH⁸dG antibodies to nucleic acid antigens; nevertheless, this immunolabeling could be blocked by antibody preadsorption, and it was not observed in control dLGN.

By combining neuronal tract tracing with the immunodetection of OH⁸dG, we have demonstrated that the retrogradely dying geniculocortical projection neurons are the cells that are oxidatively damaged. The results also show that apoptosis of retrogradely degenerating neurons occurs in association with the accumulation of mitochondria within neurons. The relationships between cell volume and mitochondrial number during apoptosis were not measured in the present experiments. However, it appears that the transient accumulation of mitochondria occurs at a time when cell shrinkage is not yet prominent,¹² but as neurons shrink, once they have passed beyond the chromatolytic stage of apoptosis, mitochondrial number per cross-sectional area decreases (rather than increases), because mitochondria degenerate within the cytoplasm of apoptotic neurons instead of being maintained structurally and packaged into apoptotic bodies¹² as in classical apoptosis in nonneuronal cells.¹³ Thus, the structural integrity of mitochondria is not preserved in degenerating neurons at late apoptosis. The finding that COX activity is increased at 5 days after axotomy suggests that some of these mitochondria are functionally active, although the efficiency of electron transfer in these mitochondria is uncertain. These mitochondrial changes provide a possible mechanism for the oxidative damage to macromolecules that occurs in apoptotic neurons. The morphological features of apoptosis and these histochemical observations on oxidative stress, as well as mitochondrial accumulation and activation, appear to be temporally correlated. Based on these data, we conclude that axotomy and target deprivation in this model cause alterations in the distribution of mitochondria within neurons, possibly because of abnormal trafficking of mitochondria, and subsequent perikaryal accumulation of functionally active mitochondria. These mitochondria within the perikaryon of neurons may provide a source of ROS that mediate oxidative damage to nucleic acids.

Oxidative stress can induce apoptosis in nonneuronal^{8,22,23} and neuronal^{1,24,25} in vitro models. In nonneuronal cells, ROS may contribute to the structural mechanisms of the apoptotic morphological phenotype. For example, the cytoplasmic budding and chromatin condensation during apoptosis are associated with cytoskeletal abnormalities after oxidation of sulfhydryl groups in actin filaments.^{26,27} Among the ROS, hydroxyl radicals are highly reactive and are thought to be genotoxic by interacting with DNA and producing DNA strand breaks and base modifications.^{28,29} Hydroxyl radicals are products of the transitional metal (eg, iron)-catalyzed, Haber-Weiss- and Fenton-type reactions that use superoxide and hydrogen peroxide as substrates, respectively.³⁰ Our experiments demonstrate, for the first time, the formation of hydroxyl radical-modified DNA during the progression of neuronal apoptosis in vivo.

The mitochondrial alterations that we have observed in dying dLGN neurons support our conclusion that oxidative stress participates in the induction of neuronal apoptosis in vivo. Three transient changes in mitochondria were observed during the progression of apoptotic degeneration of dLGN neurons: 1) mitochondria accumulated in the perikaryon of neurons at 5 days postlesion, a time corresponding to the chromatolytic, preapoptotic stage of degeneration that we have identified ultrastructurally;¹² 2) mitochondrial function was increased at 5 days postlesion (as indicated by the elevated COX activity) in the focus of imminent apoptotic neurodegeneration within the dLGN and was enhanced within the cell body of dying neurons; and 3) mitochondria ultimately underwent swelling and then inner membrane disintegration in dLGN neurons during the early and late stages of apoptosis, respectively. These structural changes are consistent with the possible role for alterations in mitochondrial membrane potential, permeability, and volume homeostasis in apoptosis.4-7

In the peripheral and central nervous systems, axotomy and axonal constriction result in the accumulation of mitochondria in proximal axons and in the perikaryon of neurons.³¹⁻³⁴ This accumulation may be due to an interruption of mitochondrial trafficking and to perturbations in cytoskeletal motors that may result from the axonal degeneration and dendritic attrition within dLGN neurons,¹² or it may reflect mitochondrial proliferation. This latter possibility is unlikely, because we did not observe the typical formation of a partition membrane that occurs during fission of elongated mitochondria.³⁵ Alternatively. apparent mitochondrial accumulation within dLGN neurons may be a consequence of cell body shrinkage during the process of apoptosis. The accumulation of mitochondria as an early event in apoptosis may be specific to apoptosis in retrogradely degenerating neurons (rather than a general feature of apoptosis in all cell types), because neurons are structurally distinct from nonneuronal cells because of their dendrites and axons. A possible consequence of distal axotomy of minimally collateralized neurons or proximal axotomy of collateralized neurons is that mitochondria are in closer proximity to each other and to the nucleus and other organelles within the perikaryon. This mitochondria-mitochondria or mitochondria-nucleus proximity hypothesis may be important mechanistically, because hydroxyl radicals are highly reactive and short-lived³⁰ and, therefore, need to be generated at sites near the target macromolecules (eg. nuclear or mitochondrial DNA or cytoplasmic RNA) for damage to occur.

We observed that mitochondrial function is enhanced transiently in the lateral geniculate nucleus after axotomy and target deprivation. ROS are products of oxidative metabolism. The mitochondrial electron-transfer chain is a primary generator of superoxide and peroxide, and damaged mitochondria are believed to produce even more superoxide ion.³⁰ Point mutations in mitochondrial DNA caused by oxidative damage may lead to protein conformational changes usually associated with an inefficient electron transfer to COX³⁶ and, hence, enhanced superoxide and peroxide formation. We found by EM that neurons in the early stages of apoptosis contain both morphologically intact mitochondria and damaged mitochondria. Consistent with our data, previous studies have also revealed that axotomy and axonal ligation in the peripheral nervous system cause an elevation of mitochondrial oxidative enzymes in the axon segment that is proximal to the site of injury.³⁷ We suggest that a result of mitochondrial accumulation and increased mitochondrial COX activity, regardless of whether electron transfer is efficient or inefficient, may be an overwhelming generation of ROS, depletion of mitochondrial and cytosolic antioxidant mechanisms, and subsequent oxidative damage to nucleic acids. During the stages of neuronal apoptosis at 6 to 7 days postlesion, the mitochondria become progressively damaged, as evidenced by the swelling and cristeolysis that appear concurrently with incipient cytoplasmic compaction, supporting the hypothesis that apoptosis-initiating factor(s) and cytochrome c are sequestered in the mitochondrial intermembrane space,^{11,38} which on their release activate a cell death cascade.¹¹ In addition to their role as a source of ROS, mitochondria may also trigger changes in nuclear morphology. The opening of mitochondrial permeability transition pores and the consequent reduction of mitochondrial transmembrane potential has been shown to induce chromatin clumping in vitro.⁵ However, in our in vivo experiments, it is still uncertain whether changes in mitochondria or oxidative stress are directly related to the activation of programmed cell death pathways or whether these changes are merely associations without causal implications for retrograde neuronal apoptosis. In our in vivo paradigm, we have provided several single-timepoint data representations to reconstruct morphologically the process of neuronal death, ¹² but we cannot track the evolution of oxidative stress and apoptosis in a single neuron in vivo. Thus, although we can associate mitochondrial accumulation, enhanced COX activity, and oxidative damage with neuronal apoptosis in the CNS after axotomy and target deprivation, this evidence is only indirect with regard to causality of neuronal death and may represent structural and biochemical end products of neurodegeneration.

Our findings showing that apoptosis of retrogradely degenerating neurons in the adult rat CNS occurs in association with the accumulation of mitochondria and oxidative damage may have important implications for the mechanisms of neuronal death in adult-onset, human neurodegenerative diseases such as amyotrophic lateral sclerosis and Alzheimer's disease. Both diseases may have components of retrograde neuronal injury, which may contribute to the evolution of neurodegeneration,¹⁴ and oxidative damage has been found in postmortem brains from individuals with amyotrophic lateral sclerosis³⁹ and Alzheimer's disease.^{40,41} In addition, in a small subset of subjects with familial amyotrophic lateral sclerosis, mutations have been identified in the superoxide dismutase 1 gene^{42,43} that may result in a toxic gain of function in this enzyme and enhanced generation of ROS.44 Although the contributions of neuronal apoptosis to the neurodegenerative processes in these human CNS diseases are still not clearly identified,14 we found that the neurodegeneration in amyotrophic lateral sclerosis resembles apoptosis and may occur by a programmed cell death mechanism involving a subcellular redistribution of death proteins that are localized to mitochondria.45 Therefore, it is possible that the CNS neurodegeneration in our animal model of axotomy/target deprivation and in human age-related diseases are mechanistically similar, although differing in the rate of progression of neuronal death.

Conclusions

An occipital cortex ablation model for producing neuronal apoptosis in the adult brain¹² was used to test the hypothesis that oxidative stress and abnormalities in mitochondria occur during the process of neuronal apoptosis *in vivo*. We conclude that oxidative damage to DNA occurs during the apoptotic retrograde degeneration of geniculocortical projection neurons induced by axotomy

and target deprivation. This oxidative injury evolves in association with a transient accumulation of mitochondria and a functional increase in mitochondrial COX activity within the perikaryon of apoptotically dying neurons.

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