

Effects of non-steroidal anti-inflammatory drugs on rat gastric mucosal leukotriene C₄ and prostanoid release: relation to ethanol-induced injury

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1 The effects of oral and subcutaneous administration of the non-steroidal anti-inflammatory drugs sodium salicylate, aspirin and indomethacin on *ex vivo* gastric mucosal release of leukotriene C₄ (LTC₄), prostaglandin E₂ (PGE₂), 6-oxo-PGF_{1α} and thromboxane B₂ (TXB₂) were investigated in rats under basal conditions as well as after challenge with ethanol.

2 Basal release of PGE₂, 6-oxo-PGF_{1α} and TXB₂ was inhibited by oral administration of aspirin (0.6–400 mg kg⁻¹) and indomethacin (4 or 20 mg kg⁻¹), but not by sodium salicylate (up to 400 mg kg⁻¹), in a dose-dependent manner. Oral administration of aspirin in the dose range 3.2–400 mg kg⁻¹ and of indomethacin (20 mg kg⁻¹) additionally inhibited release of LTC₄, while sodium salicylate (up to 400 mg kg⁻¹) had no effect. Indomethacin (20 mg kg⁻¹) and aspirin (400 mg kg⁻¹) administered subcutaneously inhibited generation of cyclo-oxygenase products of arachidonate metabolism, but did not significantly affect LTC₄ synthesis.

3 Oral instillation of ethanol caused gastric mucosal damage and simultaneously induced a selective increase in the *ex vivo* release of LTC₄ from rat gastric mucosa, while release of cyclo-oxygenase products of arachidonate metabolism was not significantly affected. Oral pretreatment of rats with sodium salicylate protected the gastric mucosa and simultaneously inhibited the ethanol-stimulated gastric mucosal LTC₄ release in a dose-dependent manner. Sodium salicylate had no effects on the release of PGE₂ and TXB₂, while that of 6-oxo-PGF_{1α} was slightly increased.

4 Pretreatment with indomethacin (4 or 20 mg kg⁻¹ p.o.) or aspirin in doses up to 25 mg kg⁻¹ p.o. prior to oral instillation of ethanol did not inhibit gastric mucosal damage and had no effect on the stimulatory action of ethanol on LTC₄ release. Higher doses of aspirin (100 mg kg⁻¹ or 400 mg kg⁻¹ p.o.) reduced the mucosal damaging effect of ethanol and simultaneously inhibited LTC₄ release.

5 The results suggest that aspirin and indomethacin in concentrations higher than those necessary to inhibit the cyclo-oxygenase pathway of arachidonate metabolism additionally inhibit gastric mucosal LTC₄ synthesis under basal conditions, while sodium salicylate has no such effect. On the other hand, sodium salicylate, but not indomethacin or low doses of aspirin (up to 25 mg kg⁻¹), by an unknown mechanism inhibits stimulation of LTC₄ biosynthesis by ethanol and simultaneously protects the gastric mucosa against ethanol-induced damage. Similar effects of high oral doses (> 100 mg kg⁻¹) of aspirin might be due to significant formation of salicylate. These results suggest that there is a causal relationship between enhanced LTC₄ biosynthesis and the development of ethanol-induced gastric injury.

Introduction

In contrast to aspirin, sodium salicylate is not ulcerogenic in rats (Glenn *et al.*, 1979; Whittle *et al.*,

1980). Moreover, sodium salicylate was found to be gastroprotective against various noxious agents including ethanol (Robert, 1981). The mechanism of this protection remained unknown, but did not appear to be due to increased formation of prostaglandins by the rat gastric mucosa. The protective

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effect of sodium salicylate was not blocked by indomethacin and thus differed from the protection afforded by mild irritants such as 20% ethanol (Robert, 1981).

A mediator role for lipoxygenase products of arachidonate metabolism and/or oxygen radicals in ethanol-induced rat gastric damage has been suggested by Wallace & Whittle (1985). We have recently demonstrated that, indeed, oral instillation of ethanol stimulates rat gastric mucosal leukotriene C₄ (LTC₄) formation parallel to the production of haemorrhagic mucosal lesions (Peskar *et al.*, 1986). Furthermore, we have shown that inhibition of gastric LTC₄ formation by a number of drugs such as nordihydroguaiaretic acid (NDGA), cysteamine and diethyl maleate is accompanied by protection against ethanol-induced gastric mucosal injury (Peskar *et al.*, 1986; Lange *et al.*, 1987). From these results we have concluded that the mechanism of action of such gastroprotective drugs is inhibition of cysteinyl-leukotriene biosynthesis, in contrast to the gastroprotection afforded by other drugs, such as exogenous prostaglandin E₂ (PGE₂), that do not affect gastric LTC₄ biosynthesis (Lange *et al.*, 1987).

We have now investigated whether the mode of action underlying the protective effect of sodium salicylate against ethanol involves effects on gastric mucosal LTC₄ formation. In these experiments we have compared the effects of sodium salicylate with those of two other non-steroidal anti-inflammatory drugs (NSAIDs), aspirin and indomethacin, on *ex vivo* mucosal eicosanoid release under basal conditions and after oral instillation of ethanol, as well as on ethanol-induced gastric damage. Some of the results have been presented at the American Gastroenterological Association Meeting (Peskar *et al.*, 1987).

Methods

Male Wistar rats (180–200 g) were deprived of food for 24 h with free access to water. Groups of 6–14 rats were treated orally with sodium salicylate (6.25–400 mg kg⁻¹), aspirin (0.4–400 mg kg⁻¹) or indomethacin (4 or 20 mg kg⁻¹). All drugs were suspended in 0.25% w/v carboxymethylcellulose. Control rats received the vehicle (2.0 ml kg⁻¹). After 30 min, ethanol (1.5 ml) was instilled into the stomach and the rats were killed 5 min later. The stomachs were removed and opened along the greater curvature and the severity of gastric damage was evaluated by calculation of a lesion index (Peskar *et al.*, 1986). Briefly, the number of necrotic bands of more than 4 mm in length was multiplied by the factor 3, lesions of 2–4 mm were multiplied by the factor 2 and lesions of less than 2 mm by the

factor 1. The lesion index was calculated as the total number of lesions multiplied by the respective severity factors.

In further experiments groups of 6–10 rats were treated orally with sodium salicylate (25–400 mg kg⁻¹), aspirin (0.6–400 mg kg⁻¹), indomethacin (4 or 20 mg kg⁻¹) or the vehicle 0.25% w/v carboxymethylcellulose and were killed 30 min later without prior ethanol instillation. In another series of experiments the highest dose of each drug used (400 mg kg⁻¹ sodium salicylate, 400 mg kg⁻¹ aspirin, 20 mg kg⁻¹ indomethacin) was administered to groups of 6 rats by subcutaneous injection (2.5 ml kg⁻¹). All drug solutions were freshly prepared. Indomethacin was dissolved in 1% w/v sodium bicarbonate and sodium salicylate was dissolved in water. Aspirin was dissolved in 0.1 N NaOH and the solution was immediately adjusted to pH 5.0. Control rats received one of the three solvents, which did not differ in their effects on gastric mucosal eicosanoid release. In these experiments the rats were killed 1 h after drug administration. No evidence of macroscopically visible mucosal damage was observed after oral or subcutaneous administration of non-steroidal anti-inflammatory drugs.

Fragments of gastric corpus mucosa were excised, blotted, weighed and aliquots of 40 mg wet weight were incubated in 0.5 ml oxygenated Tyrode solution at 37°C for 10 min. LTC₄, prostaglandin E₂ (PGE₂), 6-oxo-PGF_{1α} and thromboxane B₂ (TXB₂) in the incubation media were determined radioimmunologically as described previously (Peskar *et al.*, 1986). For the LTC₄ determination aliquots of the media were boiled immediately after the incubations in order to eliminate material that interferes non-specifically in the radioimmunoassay (Peskar *et al.*, 1986). Validation of the radioimmunological data on gastric mucosal LTC₄ release by reversed phase high performance liquid chromatography (h.p.l.c.) and bioassay has been described previously (Peskar *et al.*, 1986). By use of h.p.l.c. it was demonstrated that the LTC₄-like immunoreactivity released from the gastric mucosa *ex vivo* under basal conditions, as well as after stimulation with ethanol, comigrated almost exclusively with standard LTC₄, while only minor amounts of LTD₄ and LTE₄ were found.

Results were calculated as means ± s.e. mean. Statistical analysis of eicosanoid release was performed by use of Student's *t* test. Ethanol-induced gastric mucosal damage was evaluated by the Wilcoxon rank test.

Materials

Sodium salicylate, aspirin and indomethacin were from Sigma, St. Louis, Mo., U.S.A.

Results

Basal and ethanol-induced gastric mucosal eicosanoid release

Fragments of gastric corpus mucosa from rats that had not received ethanol released about equal amounts of PGE₂ and 6-oxo-PGF_{1α} and smaller amounts of TXB₂ (Table 1). The amounts of LTC₄ detected in the incubation media were lower than those of the cyclo-oxygenase-derived products of arachidonate metabolism (Table 1). Instillation of 1.5 ml ethanol 5 min before removal of the stomach caused extensive haemorrhagic mucosal necrosis resulting in a lesion index of 48 ± 2 (n = 48). Subsequent *ex vivo* incubation of the gastric mucosa of these rats demonstrated a significant (P < 0.001) increase in the release of LTC₄ as compared to that in control rats (Table 1). On the other hand, the *ex vivo* release of the cyclo-oxygenase products of arachidonate metabolism, PGE₂, 6-oxo-PGF_{1α} and TXB₂, was not significantly altered by ethanol treatment, although release of PGE₂ tended to be slightly increased (Table 1).

Effects of sodium salicylate

Sodium salicylate administered orally in doses up to 400 mg kg⁻¹ did not significantly affect release of LTC₄ and the cyclo-oxygenase-derived products of arachidonate metabolism, PGE₂, 6-oxo-PGF_{1α} and

Table 1 Effect of ethanol instillation on gastric mucosal eicosanoid release *ex vivo*

	Controls	Ethanol-treated rats
LTC ₄	82 ± 11	429 ± 34*
PGE ₂	890 ± 123	1016 ± 55
6-oxo-PGF _{1α}	805 ± 87	760 ± 51
TXB ₂	327 ± 36	286 ± 15

Results are given in ng g⁻¹ wet weight 10 min⁻¹ and represent means ± s.e. mean of n = 25 for the controls and n = 48 for the ethanol-treated group. * P < 0.001 as compared to controls. Abbreviations used in this and subsequent tables: LTC₄, leukotriene C₄; PGE₂, prostaglandin E₂; TXB₂, thromboxane B₂.

TXB₂, from gastric mucosal fragments of rats that had not additionally received ethanol (Table 2). Similarly, subcutaneous administration of 400 mg kg⁻¹ sodium salicylate had no significant effect on *ex vivo* gastric mucosal eicosanoid release (Table 3).

On the other hand, oral pretreatment with sodium salicylate inhibited in a dose-dependent manner the stimulatory action of ethanol on gastric mucosal LTC₄ release (Figure 1). This effect paralleled the protection afforded by the drug against ethanol-induced injury (Figure 1). Similar to basal conditions release of the cyclo-oxygenase products of arachidonate metabolism PGE₂ and TXB₂ was not significantly altered by sodium salicylate in ethanol-treated rats. Release of 6-oxo-PGF_{1α} tended to be increased,

Table 2 Effect of oral treatment with sodium salicylate on *ex vivo* eicosanoid release from gastric mucosa of rats not additionally treated with ethanol

	Controls	25 mg kg ⁻¹	Sodium salicylate 100 mg kg ⁻¹	400 mg kg ⁻¹
LTC ₄	67 ± 19	57 ± 18	48 ± 20	51 ± 18
PGE ₂	859 ± 127	697 ± 140	1082 ± 154	956 ± 75
6-oxo-PGF _{1α}	676 ± 43	856 ± 143	849 ± 85	808 ± 115
TXB ₂	245 ± 16	251 ± 25	230 ± 17	288 ± 30

Results are given in ng g⁻¹ wet weight 10 min⁻¹ and represent means ± s.e. mean of n = 6 for each group.

Table 3 Effect of subcutaneous administration of sodium salicylate (400 mg kg⁻¹), aspirin (400 mg kg⁻¹) and indomethacin (20 mg kg⁻¹) on *ex vivo* eicosanoid release from gastric mucosa of rats as determined 1 h later

	Controls	Sodium salicylate	Aspirin	Indomethacin
LTC ₄	49 ± 14	65 ± 16	30 ± 9	33 ± 6
PGE ₂	786 ± 132	773 ± 148	75 ± 3*	105 ± 12*
6-oxo-PGF _{1α}	725 ± 116	542 ± 62	63 ± 1*	90 ± 12*
TXB ₂	216 ± 28	244 ± 28	26 ± 2*	26 ± 2*

Results are given in ng g⁻¹ wet weight 10 min⁻¹ and represent means ± s.e. mean of n = 6 for each group. * P < 0.001 as compared to controls.

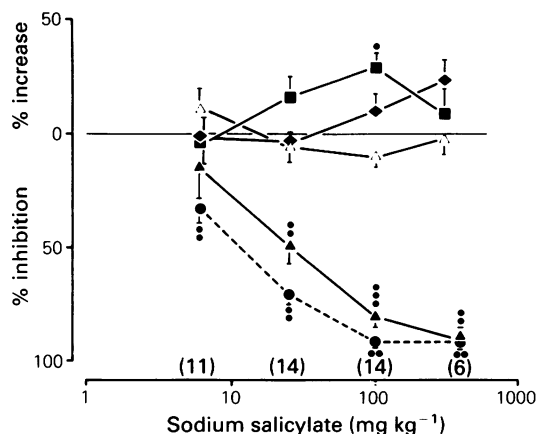


Figure 1 Effects of pretreatment with sodium salicylate on ethanol-induced gastric mucosal damage, determined as lesion index (●), and release of leukotriene C₄ (LTC₄, ▲), prostaglandin E₂ (PGE₂, ◆), 6-oxo-PGF_{1α} (■) and thromboxane B₂ (TXB₂, △) from gastric mucosal fragments incubated *ex vivo*. Each point represents the mean of (*n*) rats; vertical lines indicate s.e. mean. Lesion index in rats pretreated with vehicle before ethanol was 51 ± 2 and was taken as 100%. Release of eicosanoids from gastric mucosa of vehicle-pretreated rats was (in ng g⁻¹ wet weight 10 min⁻¹, *n* = 13): LTC₄ 347 ± 50, PGE₂ 722 ± 69, 6-oxo-PGF_{1α} 693 ± 49, TXB₂ 253 ± 15. These values were taken as 100%. ****P* < 0.001; ***P* < 0.01; **P* < 0.05

and the effect was significant (*P* < 0.05) for the dose of 100 mg kg⁻¹ (Figure 1).

Effects of aspirin

Contrary to sodium salicylate, oral administration of aspirin to rats not additionally treated with ethanol resulted in a significant and dose-dependent reduction of the release of the cyclo-oxygenase products of arachidonate metabolism, PGE₂, 6-oxo-PGF_{1α} and TXB₂, from gastric mucosal fragments incubated *ex vivo* (Figure 2). Interestingly, oral aspirin treatment also reduced the release of LTC₄, the effect being significant (*P* < 0.05) with a dose as low as 3.2 mg kg⁻¹ (Figure 2). With none of the doses of aspirin studied was an increased release of LTC₄ observed. Subcutaneous administration of aspirin (400 mg kg⁻¹) resulted in a highly significant reduction of the *ex vivo* gastric mucosal release of the cyclo-oxygenase products of arachidonate metabolism. Release of LTC₄ tended also to be decreased. However, the effect was not significant (*P* > 0.05) (Table 3).

When rats were treated orally with various doses

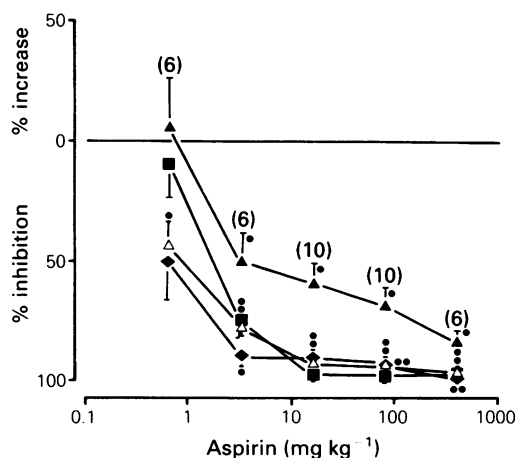


Figure 2 Effect of treatment with aspirin on the release of leukotriene C₄ (LTC₄, ▲), prostaglandin E₂ (PGE₂, ◆), 6-oxo-PGF_{1α} (■) and thromboxane B₂ (TXB₂, △) from rat gastric mucosal fragments incubated *ex vivo*. Each point represents the mean of (*n*) rats; vertical lines indicate s.e. mean. Release of eicosanoids from gastric mucosa of control rats was (in ng g⁻¹ wet weight 10 min⁻¹, *n* = 13): LTC₄ 83 ± 18, PGE₂ 671 ± 114, 6-oxo-PGF_{1α} 921 ± 86 and TXB₂ 435 ± 53. These values were taken as 100%. ***P* < 0.01; **P* < 0.05.

of aspirin 30 min before intragastric instillation of ethanol, inhibition of the cyclo-oxygenase pathway of arachidonate metabolism was observed (Figure 3); this was quantitatively similar to the experiments without ethanol treatment (Figure 2). Thus, formation of PGE₂, 6-oxo-PGF_{1α} and TXB₂ was significantly reduced by oral pretreatment with an aspirin dose as low as 1.6 mg kg⁻¹. The *ex vivo* release of LTC₄ as well as the ethanol-induced gastric mucosal damage, however, were not significantly affected by oral pretreatment with aspirin in doses between 0.4 mg kg⁻¹ and 25 mg kg⁻¹. On the other hand, the highest doses of aspirin studied (100 mg kg⁻¹ and 400 mg kg⁻¹) induced a dose-dependent and significant reduction of LTC₄ release and simultaneously protected against ethanol-induced gastric damage (Figure 3).

Effects of indomethacin

Oral administration of indomethacin (4 mg kg⁻¹ or 20 mg kg⁻¹) 30 min before *ex vivo* incubation of gastric mucosa resulted in a dose-dependent decrease in basal LTC₄ release (Table 4). The inhibitory effect was significant (*P* < 0.025) for the higher dose of indomethacin only. Simultaneously, indomethacin inhibited the release of PGE₂, 6-oxo-PGF_{1α} and

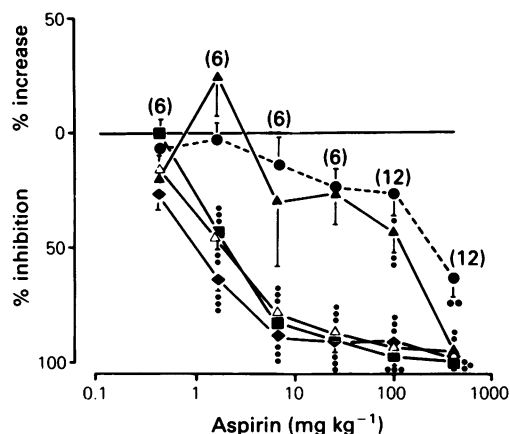


Figure 3 Effects of pretreatment with aspirin on ethanol-induced gastric mucosal damage, determined as lesion index (●), and release of leukotriene C₄ (LTC₄, ▲), prostaglandin E₂ (PGE₂, ◆), 6-oxo-PGF_{1α} (■) and thromboxane B₂ (TXB₂, △) from gastric mucosal fragments incubated *ex vivo*. Each point represents the mean of (*n*) rats; vertical lines indicate s.e. mean. Lesion index in rats pretreated with vehicle before ethanol was 55 ± 4 and was taken as 100%. Release of eicosanoids from gastric mucosa of the vehicle-pretreated rats was (in ng g⁻¹ wet weight 10 min⁻¹, *n* = 14): LTC₄ 330 ± 119, PGE₂ 794 ± 86, 6-oxo-PGF_{1α} 855 ± 87, TXB₂ 282 ± 32. These values were taken as 100%. *** *P* < 0.001; ** *P* < 0.01; * *P* < 0.05.

TXB₂ in a dose-dependent manner (Table 4). Subcutaneous administration of 20 mg kg⁻¹ indomethacin resulted in a highly significant reduction of the gastric mucosal release of the cyclo-oxygenase products of arachidonate metabolism, while synthesis of LTC₄ was slightly, but not significantly, inhibited (Table 3).

Table 4 Effect of oral treatment with indomethacin on *ex vivo* eicosanoid release from gastric mucosa of rats not additionally treated with ethanol

	Controls	Indomethacin	
		4 mg kg ⁻¹	20 mg kg ⁻¹
LTC ₄	39 ± 9	28 ± 7	13 ± 3*
PGE ₂	765 ± 269	329 ± 141	53 ± 19*
6-oxo-PGF _{1α}	875 ± 118	348 ± 132*	141 ± 47***
TXB ₂	208 ± 36	77 ± 16**	17 ± 6***

Results are given in ng g⁻¹ wet weight 10 min⁻¹ and represent means ± s.e. mean of *n* = 6 for each group.

*** *P* < 0.001, ** *P* < 0.01, * *P* < 0.025 as compared to controls.

Table 5 Effect of indomethacin on lesion production and *ex vivo* eicosanoid release from gastric mucosa of rats challenged with ethanol

	Controls	Indomethacin	
		4 mg kg ⁻¹	20 mg kg ⁻¹
Lesion index	48 ± 4	46 ± 3	45 ± 4
LTC ₄	354 ± 36	420 ± 89	309 ± 83
PGE ₂	889 ± 71	172 ± 32**	90 ± 10**
6-oxo-PGF _{1α}	983 ± 186	209 ± 39*	101 ± 35*
TXB ₂	326 ± 27	121 ± 18**	53 ± 17**

Results are given in ng g⁻¹ wet weight 10 min⁻¹ and represent means ± s.e. mean of *n* = 8 for the controls and *n* = 6 for each indomethacin-treated group.

** *P* < 0.001, * *P* < 0.005 as compared to controls.

Oral pretreatment with indomethacin (4 mg kg⁻¹ or 20 mg kg⁻¹) did not affect gastric damage caused by oral instillation of ethanol (Table 5). Furthermore, while such pretreatment significantly reduced the *ex vivo* formation of the cyclo-oxygenase products of arachidonate metabolism, PGE₂, 6-oxo-PGF_{1α} and TXB₂, neither dose of indomethacin affected the ethanol-stimulated release of LTC₄ (Table 5).

Discussion

The present results confirm the observation by Robert (1981) that sodium salicylate protects rat gastric mucosa against ethanol-induced damage. Our data further support the view (Robert, 1981) that this effect is not mediated by increased formation of prostaglandins in the mucosa. Although sodium salicylate in a dose of 100 mg kg⁻¹ increased the *ex vivo* formation of 6-oxo-PGF_{1α}, significant protection was observed with lower doses of the drug, which did not stimulate prostaglandin synthesis. Furthermore, high doses of aspirin (100 mg kg⁻¹ and 400 mg kg⁻¹) were found almost to abolish gastric mucosal prostaglandin and TXB₂ synthesis, but were still protective. Thus, an active cyclo-oxygenase is not a prerequisite for protection against ethanol-induced injury. We had reached this conclusion previously from data obtained with cysteamine (Lange *et al.*, 1987). This drug was shown to be protective against ethanol, although it inhibited formation of cyclo-oxygenase products of arachidonate metabolism (Lange *et al.*, 1987). However, cysteamine inhibited in addition mucosal LTC₄ formation in a dose-dependent manner and parallel to its protective action (Lange *et al.*, 1987). We had suggested previously from the protection observed with NDGA, carbenoxolone and PGE₂ (Peskar *et al.*,

1986; Dreyling *et al.*, 1986) that inhibition of synthesis or functional antagonism of effects of cysteinyl-leukotrienes might be a mechanism of action of a number of gastroprotective drugs. The present results suggest that sodium salicylate confers protection against ethanol-induced gastric damage by an inhibitory action on the activation by ethanol of the gastric mucosal cysteinyl-leukotriene system. The exact mechanism of this effect of sodium salicylate remains unknown, but from the lack of effect on basal LTC₄ release does not seem to involve direct enzyme inhibition. Sodium salicylate could rather interfere with an early step involved in the ethanol-induced activation of LTC₄-synthesizing enzymes and/or with a stimulus-dependent increase in substrate availability. The lack of effect on basal enzyme activity correlates with the lack of effect of sodium salicylate on gastric mucosal cyclo-oxygenase (Whittle *et al.*, 1980).

In contrast to sodium salicylate, oral administration of aspirin or indomethacin reduced release of both cyclo-oxygenase products of arachidonate metabolism and LTC₄ from gastric mucosa obtained from rats not treated with ethanol. The inhibitory action of aspirin and indomethacin on LTC₄ formation was, however, less pronounced than on cyclo-oxygenase activity. The mechanism of inhibition of gastric LTC₄ formation by aspirin and indomethacin under basal conditions remains to be elucidated. This inhibition could be due to direct effects on the enzymes phospholipase A₂ and/or 5-lipoxygenase. Such enzyme inhibition has, in fact, been observed for high concentrations of indomethacin in rat peritoneal leukocytes (Ahnfelt-Ronne & Arrigoni-Martelli, 1982). In this context it is of interest that due to the pharmacokinetics of acidic NSAIDs, particularly high concentrations of some of these compounds can be reached in the gastric mucosa within short periods of time after oral administration (Brune & Lanz, 1985). The view that inhibition of LTC₄ formation may be related to particularly high local concentrations of aspirin and indomethacin is further supported by the fact that parenteral administration of these NSAIDs resulted only in a tendency for reduced LTC₄ release, as compared to the significant effects of identical doses administered orally. Similarly, it has been demonstrated by Robert (1981) that the dose-response curve for the inhibitory action of subcutaneous sodium salicylate on ethanol-induced gastric damage is far to the right of that depicting the effects of oral drug administration.

Interestingly and contrary to basal conditions, no inhibition of LTC₄ synthesis by oral doses of aspirin lower than 100 mg kg⁻¹ and by indomethacin was observed after administration of ethanol. This potent stimulus of gastric mucosal LTC₄ synthesis might overcome the inhibitory effect of the two NSAIDs on

LTC₄ synthesis. Alternatively, LTC₄ released under basal or stimulated conditions, respectively, could originate from different mucosal cell types of which the 5-lipoxygenase pathway of arachidonate metabolism could be differentially affected by NSAIDs such as indomethacin, aspirin and sodium salicylate.

Work by Robert (1981) has shown that aspirin administered 20 min before ethanol does not prevent development of gastric damage. Nevertheless, a slight (about 25%) decrease in the number of lesions per stomach seemed to occur in these experiments with the highest dose of aspirin used (100 mg kg⁻¹). Under our experimental conditions with time intervals of 30 min between drug administration and instillation of ethanol, doses of 100 mg kg⁻¹ and 400 mg kg⁻¹ aspirin caused significant protection. After oral administration aspirin is rapidly hydrolysed in the gastrointestinal tract, liver and plasma (Flower *et al.*, 1985). It seems, therefore, possible that the protective effect of high doses of aspirin observed in our experiments is mediated by the formation of significant amounts of the metabolite salicylic acid. Thus, aspirin seems to exert its effects via two different mechanisms. Basal LTC₄ biosynthesis is inhibited by the drug itself, but not by the metabolite salicylic acid. Conversely, ethanol-stimulated biosynthesis is inhibited – most probably indirectly (see above) – by salicylic acid.

While indomethacin and non-protective doses of aspirin did not prevent the ethanol effect on mucosal LTC₄ synthesis, protective doses of aspirin, like sodium salicylate, inhibited the mucosal generation of LTC₄. These results further support the view that there is a causal relationship between enhanced LTC₄ biosynthesis and the development of ethanol-induced gastric injury. It cannot be completely excluded that reduced formation of LTC₄ after treatment with various drugs is, at least in part, a consequence of, rather than a cause for gastroprotection. However, several drugs such as exogenous PGE₂ (Dreyling *et al.*, 1986; Lange *et al.*, 1987) and a low dose (7 mg kg⁻¹, unpublished observation) of the cysteinyl-leukotriene receptor antagonist L-649,923 (sodium (βS*, γR*)-4-(3-(4-acetyl-3-hydroxy-2-propylphenoxy)-propylthio)-γ-hydroxy-β-methyl-benzene-butanoate) (Jones *et al.*, 1986) have been shown to afford protection against ethanol without significantly affecting LTC₄ synthesis. These results support the concept that LTC₄ formed in the gastric mucosa is, indeed, an important mediator of ethanol-induced gastric damage and that drugs such as sodium salicylate exert a protective effect by inhibition of LTC₄ formation.

We thank Miss K. Braun and Mr K.-H. Ehrlich for excellent technical assistance.

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(Received June 19, 1987

Revised October 7, 1987

Accepted November 3, 1987)