

Expression of Heme Oxygenase-1 in Atherosclerotic Lesions

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Heme oxygenase-1 (HO-1) is a heme-degradation enzyme induced under various oxidative stress conditions. To elucidate the potential involvement of HO-1 in atherogenesis, the expression of this enzyme in atherosclerotic lesions of apolipoprotein E-deficient mice and humans were examined. Both immunostaining and *in situ* hybridization clearly demonstrated that the expression of HO-1 was prominent in endothelium and foam cells/macrophages of thickened intima in lesions from both humans and experimental animals. The expression of this enzyme was also detected in medial smooth muscle cells of advanced lesions. The induction of HO-1 mRNA was observed in murine peritoneal macrophages after treatment with oxidized low density lipoprotein (LDL) but not with native LDL in a dose-dependent manner. Time course study demonstrated that the induction was prominent at 3 hours, reached a maximal induction at 6 hours, and remained evident up to 24 hours after oxidized LDL treatment. The degree of induction was in concordance with the extent of oxidation in the LDL preparation. Lysophosphatidylcholine, one of the major components present in oxidized LDL, was ineffective to induce the gene expression, suggesting that other lipophilic substances derived from LDL oxidation are responsible for the induction of HO-1. These results clearly demonstrate that HO-1 is one of the stress proteins expressed in atherosclerotic lesions. (*Am J Pathol* 1998, 152:711–720)

Heme oxygenase (HO) is the rate-limiting enzyme in heme catabolism. Two HO isozymes derived from distinct genes were identified.¹ HO-1 is a stress-response protein and can be induced by a variety of oxidative-inducing agents including heme/hemoglobin, heavy metals, UV radiations, cytokines, and endotoxins.^{2–6} In contrast, HO-2 is constitutively expressed and not inducible. The induction of HO-1 would lead to the degradation of pro-oxidant heme and production of antioxidant bilirubin,

therefore it represents a cellular antioxidant defense mechanism.^{7–9} Recently, increasing interest was drawn on the production of carbon monoxide, which is one of the products derived from HO reaction. It has been shown that CO shares some similar properties with nitric oxide. Both are capable of increasing cellular cGMP levels¹⁰ and are suggested to be the retrograde messengers in the central nerve system.^{11,12} Recently, the induction of HO-1, accompanied with the production of CO, was observed in vascular smooth muscle cells (VSMC) under hypoxia.¹³ In addition to being a potential dilator of VSMC via cGMP-dependent mechanism,^{13,14} the VSMC-derived CO was shown to suppress endothelin-1 and platelet-derived growth factor-B gene expression in endothelial cells and subsequently inhibit the proliferation of smooth muscle cells.¹⁵ In view of the potential roles of HO-1 involving the pathophysiological conditions, in the present study we examined the expression of this enzyme in vascular lesions of atherosclerosis, which represents a chronic pathological process of multiple oxidative insults.^{16,17} Our results clearly showed that HO-1 is expressed in the atherosclerotic vessels from humans and the apolipoprotein E (apoE)-deficient mice.^{18,19} The macrophages appear to be the primary cell type in the thickened intima to express this enzyme. To additionally test whether the atherogenic substance, oxidized low density lipoprotein (LDL),²⁰ is able to induce the HO-1 gene expression in macrophages, *in vitro* study with murine peritoneal macrophages was performed. It was shown that HO-1 mRNA was rapidly up-regulated by treating cells with oxidized LDL but not native LDL, suggesting that the oxidized LDL is at least one of the stimuli *in vivo* to activate the HO-1 gene expression in atherosclerotic lesions.

Materials and Methods

Human Samples

Human ascending ($n = 3$) and abdominal ($n = 5$) aortas were obtained from patients (males, ages 53 to 80)

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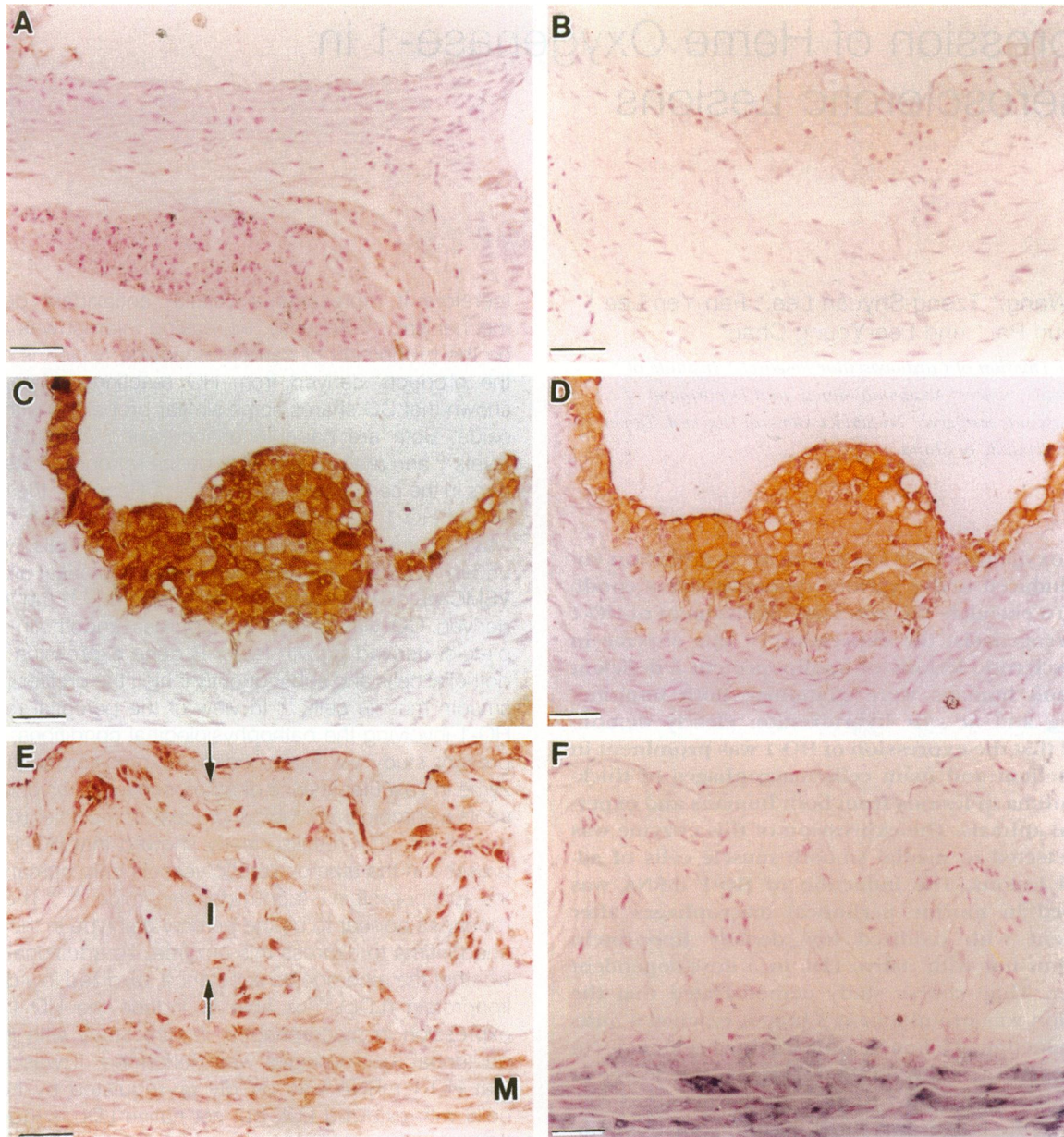


Figure 1. HO-1 immunostaining in atherosclerotic lesions of apoE-deficient mice. Normal aorta (A) and lesions of abdominal aortas from a 5-month-old-mouse (C) and a 6-month-old-mouse (E) were immunostained with rabbit antibody specific for HO-1 (dilution 1:200). Control section (B) incubated with normal rabbit IgG was negative. A consecutive section (D) from the same lesion of C was immunostained with antibody specific for mouse macrophages (F4/80, dilution 1:100). A consecutive section (F) from the same lesion of E was immunostained with antibody specific for smooth muscle cells (α -actin, dilution 1:50). All sections were counterstained with carmin red. The thickened intima (l) is marked by arrows. M, media. Magnification, $\times 200$. Bars, 50 μm .

during surgery for ischemic heart disease or abdominal aortic aneurysmal disease. Immediately after surgery, tissue samples were rinsed with ice-cold phosphate-buffered saline (PBS), fixed in 4% paraformaldehyde solution, and paraffin embedded. Tissues were serially sectioned at 5 μm and used for immunohistochemistry and *in situ* hybridization experiments thereafter. The sampling of patient specimens followed the procedure of the hospital's ethical committee, and the study was approved by the human subject review committee in our institute.

Animals

The homozygous apoE-deficient mice of C57BL/6 background were purchased from The Jackson Laboratory (Bar Harbor, Maine) and maintained under conventional housing conditions in our animal facility. Mice (male, $n = 6$) fed with normal chow diet were killed between 4 to 6 months of age. Animals were anesthetized with an intraperitoneal injection of 0.1 ml of 2.5% sodium pentobarbital. After perfusion of aortic tree with ice-cold PBS, the heart and entire aorta were removed and immersed in 4%

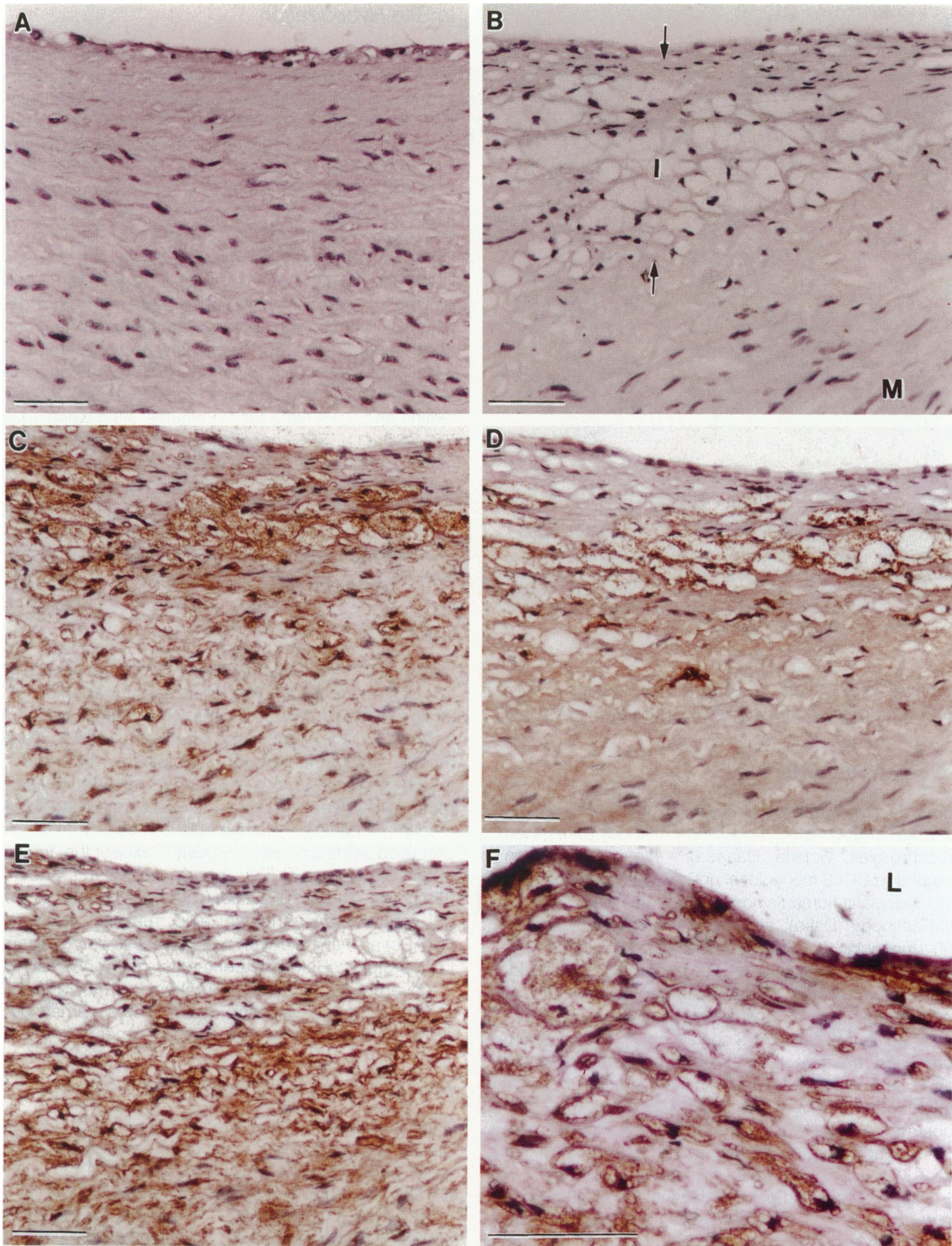


Figure 2. HO-1 immunostaining in human atherosclerotic lesion. The sections of human normal ascending aorta (A) and atherosclerotic abdominal aorta (C and F) were immunostained with antibody specific for HO-1 (dilution 1:200). The serial sections of abdominal aorta were immunostained with (D) antibody specific for human macrophages (CD68, dilution 1:200) and (E) antibody specific for smooth muscle cells (α -actin, dilution 1:100). Control section (B) incubated with normal rabbit IgG was negative. Sections were counterstained with hematoxylin. The intima (I) is marked by **arrows**. M, media; L, lumen. A-E, Magnification, $\times 200$ (A to E); $\times 400$ (F). Bars, 50 μ m.

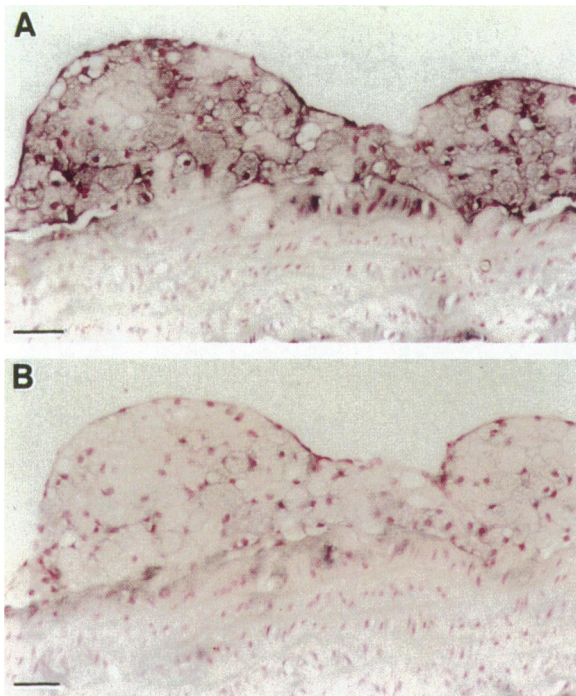


Figure 3. *In situ* hybridization of HO-1 mRNA in lesion of apoE-deficient mouse. Serial sections of atherosclerotic lesion from a 5-month-old mouse were hybridized with DIG-labeled HO-1 antisense RNA probe (A) or DIG-labeled HO-1 sense RNA probe (B), respectively. Sections were counterstained with carmin red. Magnification, $\times 200$. Bars, 50 μm .

paraformaldehyde solution. The tissue sections were then prepared as described above for human samples.

Immunocytochemistry

Immunostaining was carried out using the following antibodies: rabbit anti-rat HO-1 polyclonal antibody (StressGen Biotechnologies, Victoria, Canada);²¹ mouse anti-human macrophage CD68 monoclonal antibody (Dako, Kyoto, Japan); mouse anti-human smooth muscle cell α -actin monoclonal antibody (Dako); and rat anti-mouse macrophage F4/80 monoclonal antibody (Serotec, Kidlington, England).²² Tissue sections were deparaffinized, rehydrated, and pretreated with 3% H_2O_2 in methanol for 10 minutes at room temperature to exhaust endogenous peroxidase activities. After incubation in PBS containing 1% bovine serum albumin and 1% goat serum at room temperature for 30 minutes, sections were treated with the first antibody for 30 minutes followed by 3 washes in PBS. Sections were then incubated with horseradish peroxidase-conjugated goat secondary antibody for 30 minutes at room temperature. After 3 washes in PBS, color was developed with 0.1% 3,3'-diaminobenzidine. For the detection of smooth muscle cells of mouse aortic sections, alkaline phosphatase-conjugated mouse anti-smooth muscle cell α -actin monoclonal antibody (Sigma, St. Louis, MO) was used, and the color was developed using nitro blue tetrazolium/5-bromo-4-chloro-3-indolyl phosphate as substrate. Negative controls were performed by omission of the first antibody or substitution of normal rabbit IgG for HO-1 antibody or mouse IgG for monoclonal antibodies as the first antibodies.

In Situ Hybridization

Human HO-1 cDNA, which contains 333-bp sequence within the coding region, was prepared by reverse transcription-polymerase chain reaction using RNA isolated from human atherosclerotic aorta.²³ The primers used for polymerase chain reaction were 5'-CGACAGCATGCCAGGATT-3' (sense) and 5'-CGCTCACATAGCGCTGCAT-3' (antisense). The polymerase chain reaction product was subcloned into pCRII vector (Invitrogen, San Diego, CA), and the sequence was confirmed by DNA sequencing. The antisense and sense HO-1 RNAs were then synthesized by SP6 and T7 RNA polymerase, respectively, and labeled with digoxigenin (DIG)-UTP according to the manufacturer's instruction (Boehringer Mannheim). Sections were pretreated with 1 $\mu\text{g}/\text{ml}$ proteinase K for 15 minutes at 37°C and acetylated with 0.25% acetic anhydride in 100 mmol/L triethanolamine and 0.9% NaCl for 10 minutes. After washing with 2 \times SSC (1 \times SSC consists of 150 mmol/L NaCl, 15 mmol/L sodium citrate, pH 7.0), sections were dehydrated with increasing concentration of ethanol and air-dried for 30 minutes. Hybridization was then carried out as described previously.²³ After completion of the color reaction, each section was counterstained with carmine red.

Cell Culture

Mouse peritoneal macrophages were harvested from C57BL/6 or apoE-deficient mice after intraperitoneal injection of thioglycolate.²³ Cells were plated at 2×10^6 cells per 60-mm dish with Dulbecco's modified Eagle's medium supplemented with 10% fetal bovine serum. After 2 hours of incubation at 37°C, nonadherent cells were removed by washing with Dulbecco's modified Eagle's medium three times. Human LDL and oxidized LDL were prepared as described previously²⁴ except that the incubation of LDL with CuSO_4 was prolonged to 24 hours at 37°C. The oxidized LDL contained approximately 30 to 60 nmol of thiobarbituric acid reactive substances (TBARs) as malondialdehyde equivalents per milligram of LDL proteins. Before experiments, macrophages were deprived of serum, and the treatment with oxidized LDL or lysophosphatidylcholine (lysoPC) was carried out in serum-free medium for the indicated times.

RNA Isolation and Northern Blot Analysis

Total RNA was isolated from cells by the acid guanidinium thiocyanate-phenol-chloroform extraction method described by Chomczynski and Sacchi.²⁵ The quality of the RNA was checked by the ratio of the A260/A280 and agarose gel electrophoresis. Equal amounts (5 to 10 μg) of total RNA were denatured and electrophoresed on 1% agarose gel containing 6.6% formaldehyde for 2 hours at 120 V. After electrophoresis, RNA was transferred onto nylon membrane and fixed by UV irradiation. Membranes were prehybridized at 42°C in solution containing 10% dextran sulfate, 1% sodium dodecyl sulfate (SDS), 50% formamide, 1 mol/L NaCl, and 1 mg/ml denatured soni-

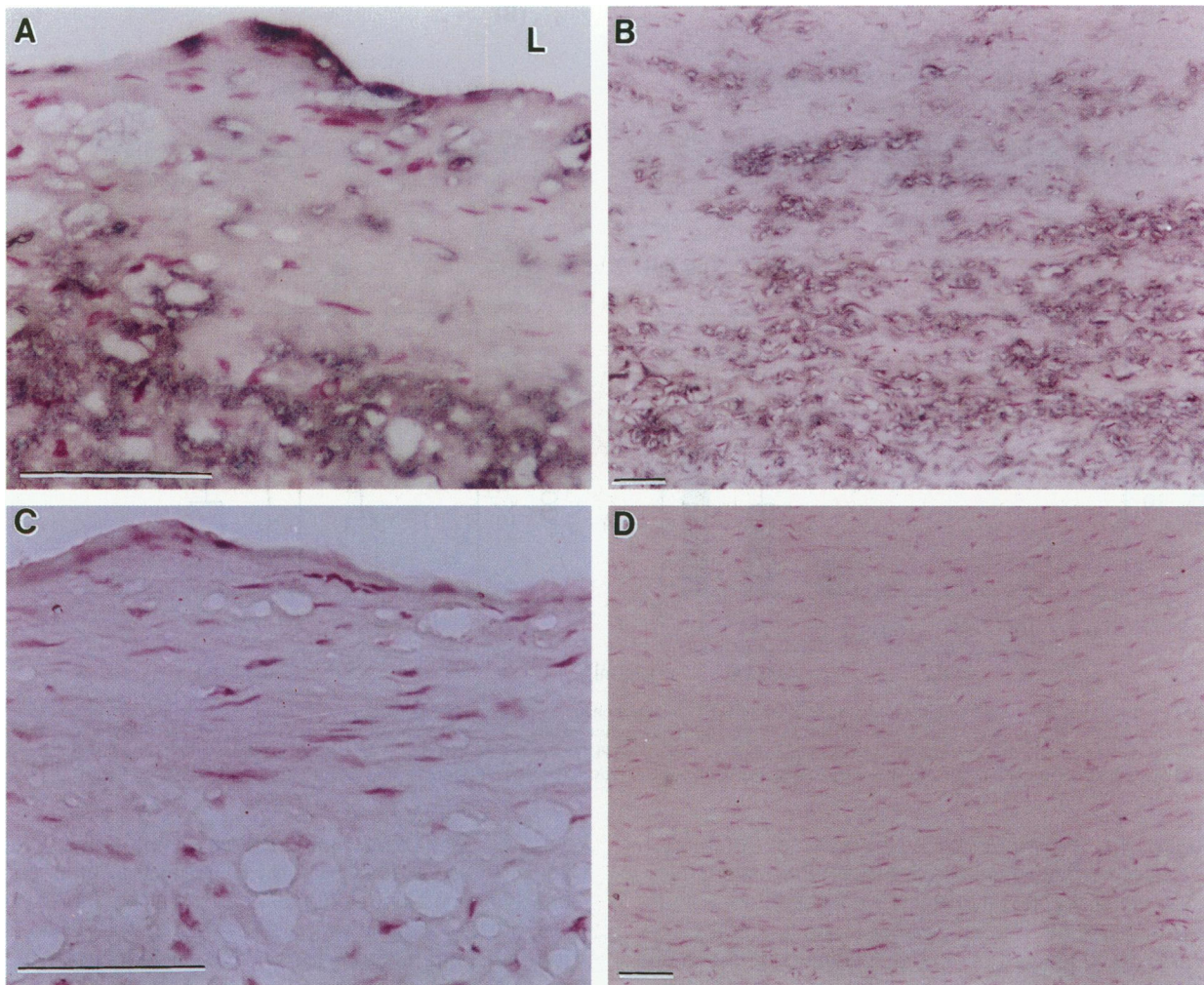


Figure 4. *In situ* hybridization of HO-1 mRNA in human atherosclerotic lesions. Tissue sections were hybridized with DIG-labeled HO-1 antisense RNA probe (A and B) or DIG-labeled HO-1 sense RNA probe (C and D), respectively, and counterstained with carmin red. Positive signals were detected in endothelium and macrophages of intima (A) and smooth muscle cells of the media (B). L, lumen. Magnification, $\times 400$ (A and C); $\times 100$ (B and D). Bars, 50 μm .

cated salmon sperm DNA for at least 1 hour. ^{32}P -labeled cDNA probes prepared by random priming at 1×10^6 cpm/ml were then added, and the hybridization continued overnight. Membranes were washed once with $2\times$ SSC and 1% SDS for 30 minutes at 50°C and then washed twice with $0.2\times$ SSC and 1% SDS at 50°C for 30 minutes each. The membranes were then exposed to Kodak XAR-5 film at -70°C using Kodak intensifying screen.

Western Blot

Cells (2×10^6) were rinsed with ice cold PBS twice and lysed in 62.5 mmol/L Tris-HCl, pH 6.8, containing 2% SDS, 2% 2-mercaptoethanol, and 5% glycerol and followed by boiling for 10 minutes. After sonication for 5 \times 15 seconds using a microprobe sonicator (Ultrasonics W-375) at an output setting of 5 and a pulse cycle of 50%, 20 μg cell lysate proteins were electrophoresed on a 12% SDS-polyacrylamide gel and then transblotted onto Immobilon-P membranes (Millipore, Bedford, MA). The blots were blocked in PBS containing 0.1% Tween 20 and

5% skim milk at room temperature for 30 minutes. After two washes in PBS containing 0.1% Tween 20 (PBST buffer), blots were incubated with rabbit polyclonal anti-HO-1 antibody (dilution 1:1000) for another hour at room temperature in PBS containing 0.1% Tween 20 and 5% skim milk. After three washes in PBS containing 0.1% Tween 20, blots were incubated with alkaline phosphatase-conjugated goat anti-rabbit-IgG (Sigma, St. Louis, MO) (dilution 1:2500). After 1 hour at room temperature, blots were washed, and the color was developed using 5-bromo-4-chloro-3-indolyl phosphate/nitro blue tetrazolium as the substrate.

Results

Expression of Heme Oxygenase in Atherosclerotic Lesions

The expression of inducible HO-1 protein in atherosclerotic lesions of humans and apoE-deficient mice were examined using specific antibody for HO-1.²¹ As shown

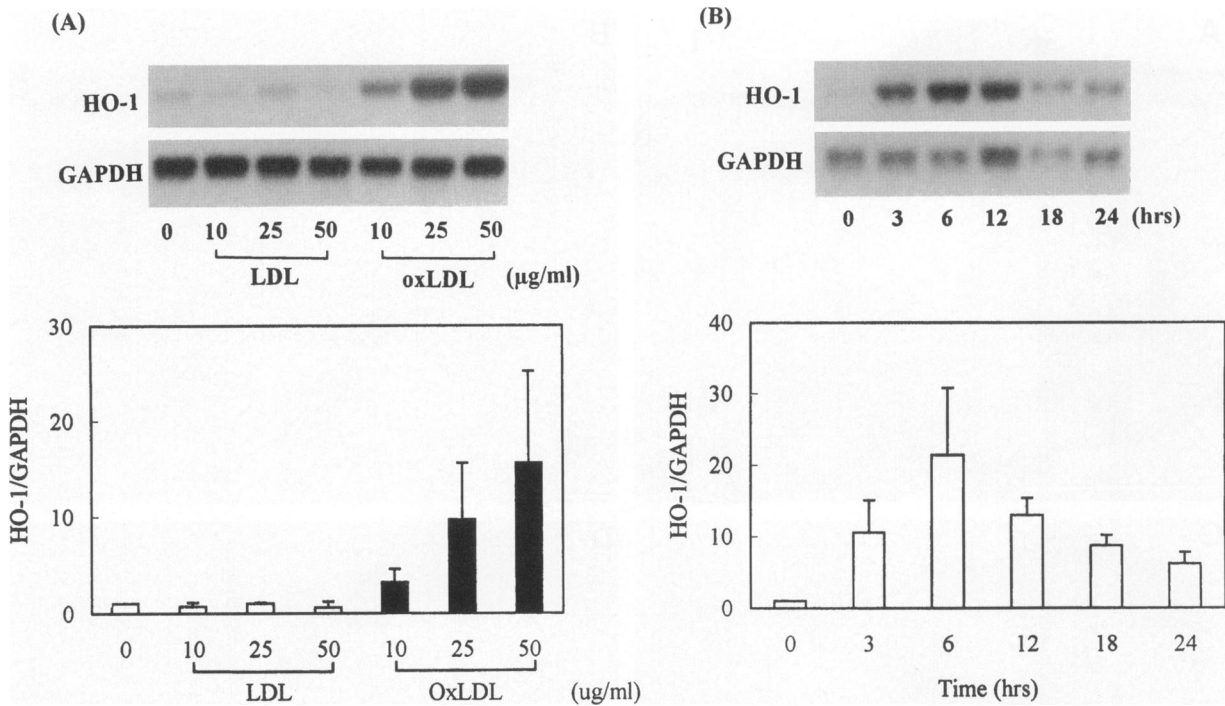


Figure 5. Induction of HO-1 mRNA in macrophages by oxidized LDL. **A:** Macrophages were treated with indicated concentrations of native LDL or oxidized LDL in culture for 6 hours. **B:** Cells were treated with oxidized LDL (50 µg/ml) for indicated times. The total RNA was isolated and Northern blot analysis with indicated cDNA probes was performed. Glyceraldehyde-3-phosphate dehydrogenase (GAPDH) mRNA was served as an internal control. **Bar graph** shows quantitative data of three independent experiments obtained from densitometry analysis. The ratio of HO-1/GAPDH mRNA levels in control cells is referred to 1.

in Figure 1A, the immunoreactivity was not detected in sections of normal vessels from the apoE-deficient mice. In contrast, strong positive stains were detected in endothelium as well as in foam cells of the fatty streaks from the animals (Figure 1C). Immunostaining of the serial section with antibody specific for mouse macrophage F4/80 antigen²² revealed that these foam cells were of the macrophage origin (Figure 1D). When the advanced lesions of experimental animals were examined, it was found that the HO-1 staining was also present in the smooth muscle cells of the media layer (Figure 1E). When experiments were performed with sections of human aortas, again no positive HO-1 stain was detected in sections of normal vessels (Figure 2A). Whereas, in sections with atherosclerotic lesions, the HO-1 immunostain (Figure 2C) was colocalized with that of the cell marker for macrophages in the intima area (Figure 2D). The positive stain was also detected in the medial smooth muscle

cells as identified by immunostaining with specific antibody for SMC α -actin. (Figure 2E). When the immunostain was examined under higher magnification, the expression of HO-1 protein was also evident in endothelium as shown in Figure 2F. To additionally elucidate whether the increase of HO-1 protein is resulted from the induction of gene expression, *in situ* hybridization with antisense RNA to HO-1 gene was carried out. As demonstrated in Figure 3A, positive signals were strongly detected in the endothelium and macrophages of the fatty streak from experimental animals. Experiments conducted with the sense RNA were virtually negative (Figure 3B), indicating that the positive signals were specific. The expression of HO-1 mRNA in human lesions was shown in Figure 4. In parallel with the protein stain, the signals for HO-1 mRNA were evident in endothelial cells, foam cells/macrophages, and smooth muscle cells of the atherosclerotic aorta.

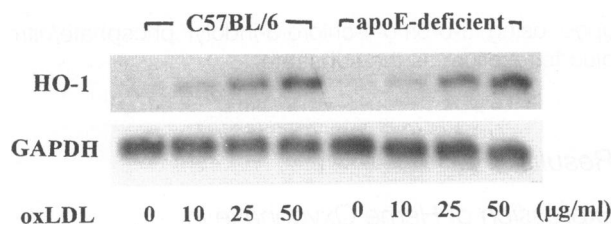


Figure 6. Induction of HO-1 mRNA by oxidized LDL in macrophages isolated from normal C57BL/6 and apoE-deficient mice. Peritoneal macrophages isolated from C57BL/6 or apoE-deficient mice were treated with indicated concentration of oxidized LDL for 6 hours. Total RNA was isolated and Northern blot analysis was performed. Result shown is the representative of three independent experiments.

Oxidized LDL-Induced Heme Oxygenase Gene Expression

To test whether the atherogenic substance, oxidized LDL, is capable of inducing the gene expression of HO-1, murine peritoneal macrophages isolated from C57BL/6 mice were treated with oxidized LDL and the effect on HO-1 mRNA level was assessed. As shown in Figure 5A, extensively oxidized LDL, but not native LDL, induced mRNA expression of HO-1 in these cells in a dose-dependent manner. Time course experiments additionally demonstrated that the increase in HO-1 mRNA occurred as early as 3 hours and reached a maximal around 6

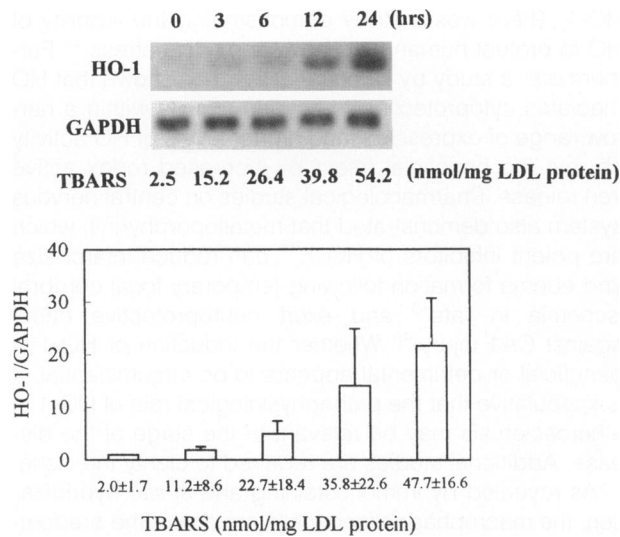


Figure 7. Effect of extent of oxidation in LDL on HO-1 mRNA induction in macrophages. LDL was incubated with 5 $\mu\text{mol/L}$ CuSO_4 at 37°C for indicated times, and the TBARS value was determined. Cells were then treated with these oxidized LDLs (50 $\mu\text{g/ml}$ /each) for 6 hours in culture. Total RNA was isolated, and the HO-1 mRNA level was analyzed by Northern blot. Bar graph shows quantitative data of four independent experiments.

hours after treatment (Figure 5B). Although it would then gradually decay, the induction remained evident up to 24 hours, which was the longest time point examined in the present study. The expression levels of HO-1 mRNA in peritoneal macrophages prepared from apoE-deficient mice were also examined. As shown in Figure 6, there was no significant difference in the basal levels of HO-1 mRNA in macrophages from C57BL/6 and apoE-deficient mice. Likewise, the degree of HO-1 induction following oxidized LDL treatment in macrophages of apoE-deficient mice was similar to that of C57BL/6 mice. This result indicates that the induction of HO-1 gene expression in apoE-deficient mice is not systemic. It has been shown that variable degrees of oxidation in LDL result in rather distinct biological activities.²⁶ We additionally examined the effect of the various extent of oxidation in LDL on the HO-1 induction. As shown in Figure 7, the degree of induction was proportional to the TBARS value of the oxidized LDL. The expression of HO-1 protein in murine macrophages following oxidized LDL treatment was additionally examined by Western blot. Consistent with the mRNA expression, the HO-1 protein was highly induced after 6 hours, and the level retained significantly higher than that of control cells after 24 hours following the oxidized LDL treatment in these cells (Figure 8). It has been shown that oxidation of LDL is associated with significant accumulation of lipid hydroperoxides, aldehydes, lysoPC, and a number of oxysterols.²⁷⁻²⁹ As accumulative evidence has demonstrated that lysoPC is effective to regulate the expression of many genes and is responsible for parts of the biological activities of the oxidized LDL,³⁰⁻³² we examined the effect of lysoPC on the HO-1 gene expression in macrophages. It was noted that lysoPC at a high concentration (50 $\mu\text{g/ml}$) caused significant cell death following a 3-hour incubation (data not shown). Nevertheless, the HO-1 mRNA was not sig-

nificantly induced in cells following 6 hours or 24 hours incubation with lysoPC at concentrations of up to 25 $\mu\text{g/ml}$, which did not affect the cell viability as assessed by trypan blue dye exclusion and detachment of the cells (data not shown). To explore the role of oxidative events in mediating the HO-1 induction by oxidized LDL, the effect of antioxidants on HO-1 gene expression was also assessed. As shown in Figure 9, pretreatment of cells with vitamin C, vitamin E, or iron chelator, desferrioxamine, before exposure to oxidized LDL did not significantly reduce the extent of HO-1 expression, suggesting that the oxidative mechanism(s) may not be responsible for the gene induction.

Discussion

In present study, we have demonstrated that HO-1 is highly induced in atherosclerotic lesions of humans and experimental animals. It is likely that the induction of HO-1 in atherosclerotic lesions may represent an adaptive response as observed in other pathophysiological conditions.^{8,33,34} Several lines of evidence have supported the role of bilirubin, the end product derived from heme catabolism, as a physiological protectant against additional oxidative damage.^{7,9,35-37} Furthermore, *in vitro* studies have shown that bilirubin is an efficient antioxidant to inhibit oxidation of low density lipoprotein,^{38,39} which is one of the important events in atherogenesis.^{16,17} Recently, *in vitro* studies on cultured vascular endothelial cells have shown that overexpression of HO by pre-exposure to oxidants or transfection of HO gene could protect cells from subsequent oxidative insults.^{40,41} It is envisaged that the induction of HO-1 and the production of bilirubin in early lesions may have a beneficial role in reducing the oxidative reactions and attenuating the subsequent progression of the plaques. In addition to bilirubin, the CO produced during the degradation of heme has recently attracted a great deal of interest on its potential function in regulating the vascular tone.^{13,14} It is apparent that the physiological roles of these heme degradation products implicated in the atherogenesis are worth additional investigation.

Evidence is accumulating that the synthesis of apoferritin protein is up-regulated posttranscriptionally following the induction of HO-1, presumably mediated by the iron released from heme degradation in cells subjected to oxidative insults.^{40,42-44} The apoferritin, which can function as an intracellular sequestrator for noxious free iron, accounts for part of the antioxidative response following the HO-1 induction.^{40,42-44} A recent study from our laboratory has shown that apoferritin protein is highly induced in early atherosclerotic lesions.²⁴ Although the induction appears to be regulated at a transcriptional level, the possibility that some of the ferritin protein synthesized is secondary to the HO-1 induction cannot be ruled out. It is believed that HO-1 and apoferritin induced in early atherosclerotic lesions may function cooperatively to protect cells from additional oxidative damage by iron overload or other stress conditions. Recently however, a few reports did not support the protective role of

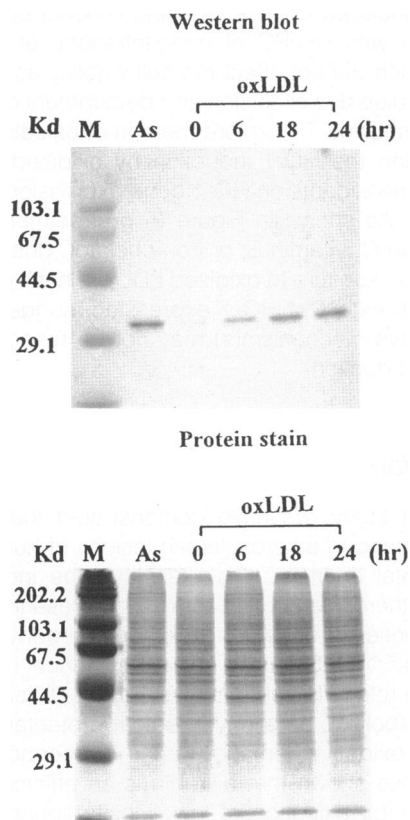


Figure 8. Western blot analysis of HO-1 protein expression in murine macrophages following oxidized LDL treatment. Cells were treated without (control) or with oxidized LDL (50 $\mu\text{g}/\text{ml}$) for indicated times. Cell lysates were prepared and subjected to SDS-polyacrylamide gel electrophoresis. Immunoblotting was performed with antibody specific for HO-1 (dilution, 1:1000). Cells treated with 50 $\mu\text{mol}/\text{L}$ sodium arsenite (As) for 6 hours were included as a positive control. The equality of protein loading in each lane was demonstrated by Coomassie blue stain. M, prestained protein markers. Data shown are representatives of three independent experiments.

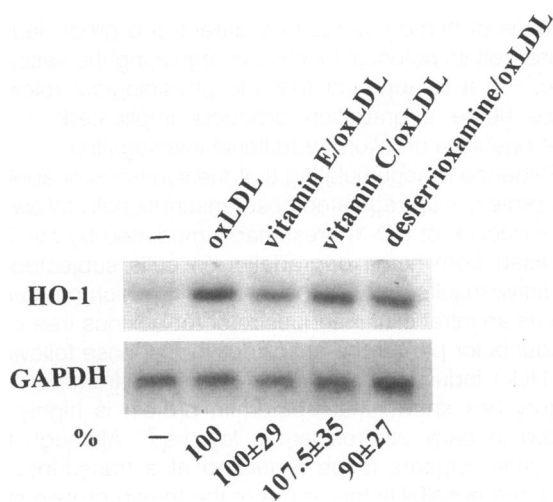


Figure 9. Effect of antioxidants on HO-1 mRNA expression in macrophages. Cells were pretreated without (control) or with vitamin E (100 $\mu\text{mol}/\text{L}$), vitamin C (200 $\mu\text{mol}/\text{L}$), and desferrioxamine (500 $\mu\text{mol}/\text{L}$) in culture for 1 hour. Cells were then exposed to oxidized LDL (25 $\mu\text{g}/\text{ml}$) with or without antioxidants for another 6 hours. Total RNA was isolated, and Northern blot analysis with indicated cDNA probes was performed. Blot shown is a representative result. The HO-1 induction in control cells was designated as 100%. Data presented are the mean \pm SD of four independent experiments.

HO-1. There was a study demonstrating the inability of HO to protect human cells against oxidant stress.⁴⁵ Furthermore, a study by Dennerly et al⁴⁶ has shown that HO mediates cytoprotection to oxygen toxicity within a narrow range of expression, and higher levels of HO activity obviate the beneficial effect by increased redox active iron release. Pharmacological studies on central nervous system also demonstrated that metalloporphyrins, which are potent inhibitors of HO-1,⁴⁷ can reduce infarct size and edema formation following temporary focal cerebral ischemia in rats⁴⁸ and exert neuroprotective effect against CA1 injury.⁴⁹ Whether the induction of HO-1 is beneficial or detrimental appears to be circumstantial. It is speculative that the pathophysiological role of HO-1 in atherosclerosis may be relevant to the stage of the disease. Additional studies are required to clarify the issue.

As revealed by immunostaining and *in situ* hybridization, the macrophages/foam cells are one of the predominant cell types to express HO-1 in atherosclerotic plaques. To identify the oxidative agent(s) responsible for the induction of HO-1 in atherosclerotic lesions, the murine macrophages were used as a cell model to examine the effect of the atherogenic substance, oxidized LDL, on the HO-1 gene expression. It was of great interest to find that oxidized LDL, but not native LDL, is a strong inducer of this enzyme. The induction was prominent within 3 hours after stimulation, implicating that activation of the gene transcription may be the underlying mechanism responsible for the induction, as observed in the cases of other oxidative agents.⁵⁰⁻⁵² Although the extent of oxidative modifications of LDL, as revealed by the TBAR values, appeared to be associated with the degree of HO-1 induction, pretreatment of cells with antioxidants and iron chelator did not attenuate the HO-1 gene expression induced by oxidized LDL. This result suggests that the gene induction is likely mediated by the product(s) derived from the oxidation of LDL but not the oxidative events per se. Very recently, a study by Ishikawa et al⁵³ demonstrated that products of oxidized arachidonic acid-containing phospholipid induces HO-1 gene expression in co-cultures of human endothelial cells and smooth muscle cells. As lysoPC, one of the major components present in the oxidized LDL, was inactive to induce the HO-1 gene expression, it is possible that other components such as lipid hydroperoxides, lipid aldehydes, or oxysterols²⁷⁻²⁹ may be the potential candidate substances responsible for the activity of oxidized LDL. An earlier report by Siow et al⁵⁴ also demonstrated the induction of HO-1 by oxidized LDL in VSMCs. Recently, it has been shown that the HO-1 is highly induced in smooth muscle cells under hypoxia. As the expression of HO-1 in smooth muscle cells is more evident in advanced lesions, it will be of great interest to know whether hypoxia is the main cause leading to the induction in smooth muscle cells in the late-stage of the disease.¹³ Furthermore, because the endothelium represents the vascular lining proximate to the circulating red blood cells, it is conceivable that heme/hemoglobin released from damaged red blood cells may elicit the induction of HO-1 in endothelial cells, as proposed by other investigators.^{33,40} However, a recent study by Agarwal et al⁵⁵ also demon-

strated that oxidized LDL is one of the agents to mediate the induction of HO-1 in endothelial cells. Together with this study, it clearly revealed that oxidized LDL is one of the potent agents responsible for the induction of HO-1 in atherosclerotic lesions.

In summary, the present study has demonstrated that HO-1 is one of the stress proteins induced in atherosclerotic lesions. Oxidized LDL is a potent inducer for the HO-1 gene expression in endothelial cells, macrophages, and smooth muscle cells. Although accumulative evidence has favored the protective role of HO against oxidative injury, the pathological relevance of the HO-1 induction in the development of the chronic vascular disease remains to be clarified.

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