

Prognostic Significance of Bcl-2 in Clinically Localized Prostate Cancer

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The clinical course of prostate cancer is highly variable and cannot satisfactorily be predicted by histological criteria alone. To study the prognostic significance of Bcl-2 and p53 overexpression in prostate cancer, 137 consecutive radical prostatectomy specimens were examined by immunohistochemistry. Both Bcl-2 and p53 were associated with malignant phenotype. Bcl-2 expression was more frequent in pT3 tumors (31% positive) than in pT2 tumors (5% positive, P = 0.001). p53 overexpression (found in 8%) was associated with high Gleason score (P = 0.03) and increased tumor growth fraction (Ki67 labeling index (LI); P = 0.017). Survival analysis showed that Bcl-2 expression (P = 0.03), high Ki67 LI (P = 0.018), high grade (P = 0.0037), advanced local stage (P = 0.0005), and positive lymph nodes (P = 0.026) were predictors of progression. The combined analysis of Ki67 LI and Bcl-2 allowed the distinction of three groups with different clinical outcome. Prognosis was best in Bcl-2-negative tumors with low Ki67 LI, worst in Bcl-2-positive tumors with high Ki67 LI, and intermediate in the remaining tumors (P = 0.03). These data suggest that altered expression of both Bcl-2 and p53 play a role in prostate cancer progression. Combined analysis of factors regulating both apoptosis and cell proliferation may be relevant in prostate cancer. (Am J Pathol 1996, 148:1557-1565)

Prostate cancer is the most common malignancy among men and the second leading cause of cancer-related deaths in western countries.¹ Currently

there are no reliable tools to distinguish aggressive tumors warranting immediate therapy from silent prostate cancer without influence on the patient's life expectancy. Increasing interest has been attributed to molecular pathways leading to malignant transformation and progression in prostate cancer.² Alterations of a variety of different oncogenes and tumor suppressor genes may ultimately result in an imbalance between proliferation and programmed cell death (apoptosis) and therefore lead to a net tumor growth and tumor progression.^{3,4} Both Bcl-2 and p53 are involved in the regulation of cell cycle and/or apoptosis.

The Bcl-2 oncoprotein, localized in the mitochondrial membrane, has been shown to prolong cell survival by inhibiting apoptosis.^{4,5} Dysregulation of Bcl-2 expression has been suggested to be involved in carcinogenesis in various solid organs.⁶⁻⁹ A prognostic importance of Bcl-2 overexpression has been reported in breast, thyroid, and non-small-cell lung cancer.¹⁰⁻¹² In prostate cancer, Bcl-2 has been suggested to play a role in hormone resistance.¹³⁻¹⁶ However, the prognostic significance of Bcl-2 overexpression in localized prostate cancer is unclear.

The p53 tumor suppressor gene plays a role in cell cycle control, DNA repair, and apoptosis.^{17,18} Mutations in the p53 gene are common events in a wide variety of human malignancies.¹⁸ The most frequent mutations are of the missense type and can result in an increased half-life of the p53 protein, making it detectable by immunohistochemistry.¹⁹ In prostate cancer, p53 overexpression has been shown to be strongly associated with p53 mutations.^{20,21} However, immunohistochemical p53 overexpression can also be caused by nonmutational mechanisms and not all mutations result in p53 overexpression.²² Altered p53 expression has been suggested to predict adverse prognosis in different tumors,²³⁻²⁵ although some of these findings have not been consistently

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confirmed.^{26,27} In prostate cancer, p53 overexpression has been found to be associated with advanced stage^{20,21,28} and high risk for tumor progression.^{29–32}

The purpose of this study was to investigate the prognostic significance of Bcl-2 and p53 overexpression in prostate cancer treated by radical prostatectomy and to correlate the overexpression of these proteins with tumor growth fraction (Ki67 labeling index (LI)).

Materials and Methods

Patients

A total of 137 consecutive, previously untreated patients with clinically localized prostate cancer who underwent radical prostatectomy and pelvic lymphadenectomy at the University Hospital in Basel between 1978 and 1993 were studied. The average patient age was 65.3 years (range, 45 to 82 years). All carcinomas were staged according to the TNM classification system.³³ The specimens were fixed in 4% phosphate-buffered formalin. The entire prostate was serially blocked at 3- to 4-mm intervals from apex to base in transverse sections perpendicular to the urethra. Whole-mount paraffin sections were cut at 5 μ m and stained with hematoxylin and eosin. Tumor grade was determined by one pathologist (H. Moch) according to Gleason.³⁴ Disease progression was monitored at regular follow-up visits every 3 months during the first year, every 6 months during the second year, and then at yearly intervals or when clinically indicated. Progression of disease was defined as follows: biopsy-proven local recurrence, distant metastases on chest x-rays and bone scans, and elevation of prostate-specific antigen (PSA), prostatic acid phosphatase, or alkaline phosphatase above the normal range or increasing values of PSA or prostatic acid phosphatase even within the normal ranges of up to 12 ng/ml and up to 3.1 ng/ml, respectively. Follow-up data were available from 115 patients with a mean follow-up of 5.2 years (range, 0.5 to 15 years), and 54 of these patients received adjuvant local radiotherapy. Orchiectomy was performed in 6 patients at the time of prostatectomy. Disease progression was documented in 37 patients. The diagnosis of tumor progression was based on a PSA increase in 29 (78%), biopsy in 3 (8%), and a positive bone scan in 5 (14%) patients. Neither postoperative radiotherapy nor orchiectomy were associated with tumor progression (data not shown). An analysis of tumor-adjusted overall sur-

vival was not performed due to the low number of patients dying of disease ($n = 8$).

Immunohistochemistry

All immunohistochemical examinations were performed using the avidin-biotin-enhanced immunoperoxidase technique. The mouse monoclonal antibody Bcl-2 124 (1:400; Dako, Glostrup, Denmark) was used for detection of Bcl-2 overexpression. Bcl-2 staining of basal cells in benign prostatic glands, lymphocytes, and peripheral nerves was used as internal positive control. Staining for Bcl-2 was subjectively estimated as low (scattered positive tumor cells), intermediate (10 to 50% positive tumor cells), and high (>50% positive tumor cells). p53 protein was detected by the mouse monoclonal antibody DO-7 (1:500, Dako, Glostrup, Denmark), which reacts with wild-type and mutant p53 protein. Positive controls for p53 consisted of breast cancer with known positivity. Only nuclear p53 overexpression was considered. The fraction of cells showing a nuclear p53 positivity was estimated in all cases.

To minimize the risk of false positivity, a cutoff value of 10% positive cells was used to define p53 and Bcl-2 positivity on a tumor basis. Because of the lack of generally accepted standards for quantitation of Bcl-2 or p53 immunostaining, the selection of this cutoff was based on previous reports from the literature dealing with Bcl-2^{10,11,35,36} or p53 immunohistochemistry,^{20,22,30,37} considering the presence of just occasional Bcl-2- or p53-positive tumor cells as an overall negative staining result. For detection of Ki67 protein the monoclonal antibody MIB 1 (1:800; Dianova, Hamburg, Germany) was applied after a microwave pretreatment as described.³⁸ Tonsillar tissue served as positive control for Ki67. Negative controls were carried out by replacing the primary antibody by phosphate-buffered saline. For each section, the areas with the highest density of Ki67-positive cells was defined. Ki67 LI was then assessed by counting at least 500 adjacent cells in the selected areas.

Statistics

Contingency table analysis was used to study the relationship between Bcl-2, p53, and histopathological findings. Student *t*-tests were applied to analyze the association between Ki67 LI (after log transformation), pTN stage, grade, and immunohistochemical findings. Estimation of disease-free survival was performed by Kaplan Meier curves together with a log rank test. Proportional hazard model with step-

wise selection of the covariates was used to determine the parameters with greatest influence on progression. Seventy-eight surviving patients were censored at the time of their last clinical control.

Results

Histology

Staging of 137 total prostatectomy specimens revealed 4 stage pT1, 40 stage pT2, and 93 stage pT3 tumors. Pelvic lymph node metastases were found in 34 of 137 cases (25%). A total of 68 tumors (50%) were classified as low grade (Gleason score 2 to 6) and 69 tumors (50%) as high grade (Gleason score 7 to 10). A high Gleason score was associated with advanced pTN stage. A high tumor grade was more frequent in pT3 tumors (59%) than in pT1/2 tumors (32%, $P = 0.0028$). Lymph node metastases were present in 36% of high grade tumors but in only 13% of low grade tumors ($P = 0.0018$). Lymph node metastases were found in 36% of pT3 tumors as compared with 13% in pT1/2 tumors ($P = 0.0372$). High grade ($P = 0.0037$), advanced local stage ($P = 0.0005$), and positive lymph nodes ($P = 0.026$) were all significantly associated with tumor progression in univariate analysis.

Immunostaining

The mean Ki67 LI was $7.5\% \pm 5.6\%$ (range, 0 to 33%) in the areas with the highest density of positive cells. There was no significant association of Ki67 LI with pTN stage or histological grade. A high Ki67 LI was associated with tumor progression when the mean Ki67 LI (7.5%) was used as a cutoff to define tumors with low and high growth fraction ($P = 0.018$). This result was expected as there was a large overlap between the patients in this series and the patient set of a previous report in which we described the prognostic significance of tumor growth fraction in prostate cancer.³⁹

In normal tissue, positive staining of Bcl-2 was always present in basal cells of prostate glands, in lymphocytes, and peripheral neural tissue (Figure 1). Positive staining was also recorded in prostatic ducts and in seminal vesicles. A clear cytoplasmic staining for Bcl-2 in more than 10% of cells was seen in 33 of 137 tumors (24%), and 19 of these tumors (14%) showed Bcl-2 staining in 10 to 50% of tumor cells and in more than 50% of tumor cells in 14 tumors (10%). Bcl-2 staining of a representative case is shown in Figure 1c. In addition, Bcl-2 staining was limited to a few scattered cells (<10%) in 30 tumors.

These tumors were considered Bcl-2 negative to avoid false positive results. The relationship between Bcl-2 and histopathology is shown in Table 1. There was a strong correlation between Bcl-2 and pT stage. Bcl-2 overexpression was seen in 31% of pT3 tumors but in only 5% of pT2 tumors ($P = 0.001$). Bcl-2 was not significantly associated with lymph node stage or Gleason score. There was no significant difference in Ki67 LI between Bcl-2-positive ($9.0 \pm 7.7\%$) and Bcl-2-negative tumors ($7.0 \pm 4.8\%$, $P = 0.083$). Comparison of Bcl-2 overexpression with tumor progression revealed a significantly better prognosis for Bcl-2-negative than for Bcl-2-positive tumors ($P = 0.03$, Figure 2). Interestingly, the combined analysis of Bcl-2 overexpression and Ki67 LI showed that prognosis was best in Bcl-2-negative tumors with low Ki67 LI and worst in Bcl-2-positive tumors with high Ki67 LI ($P = 0.03$ for Bcl-2-negative and low Ki67 LI versus Bcl-2-positive and high Ki67 LI), whereas the remaining tumors behaved intermediately (Figure 3). Nuclear p53 overexpression was found in more than 10% of cells in 11 tumors (8%). These tumors were considered p53 positive, and 5 of these tumors showed p53 staining in 10 to 20% of tumor cells, 2 in 20 to 50%, and 4 in more than 50% of tumor cells. A representative case is shown in Figure 4. A few scattered p53-positive cells (always less than 10%) were seen in an additional 30 tumors. These tumors were considered p53 negative. There was no staining of benign epithelium. p53 overexpression was associated with aggressive histopathological phenotype (Table 1). All p53-positive cases except one were staged pT3 ($P = 0.113$ for pT3 versus pT2). Of 11 p53-positive tumors, 9 were classified as high grade and only 2 were low grade ($P = 0.03$). p53 overexpression was also associated with rapid tumor cell proliferation. Mean Ki67 LI was higher in p53-positive tumors ($11.3 \pm 5.4\%$) than in p53-negative tumors ($7.1 \pm 5.5\%$, $P = 0.017$). There was a tendency toward a more frequent p53 overexpression in Bcl-2-positive tumors than in Bcl-2-negative tumors. A nuclear p53 overexpression was seen in 5 of 33 Bcl-2-positive (15.2%) but in only 6 of 98 (5.8%) Bcl-2-negative tumors ($P = 0.084$). Comparison of the clinical outcome between p53-positive and p53-negative tumors showed a tendency toward earlier progression in p53-positive tumors ($P = 0.15$, Figure 5).

Multiparameter Analysis

Cox's stepwise regression analysis including pTN stage, histological grade (Gleason score), Ki67 LI, and Bcl-2 showed that only pT3 stage and a high

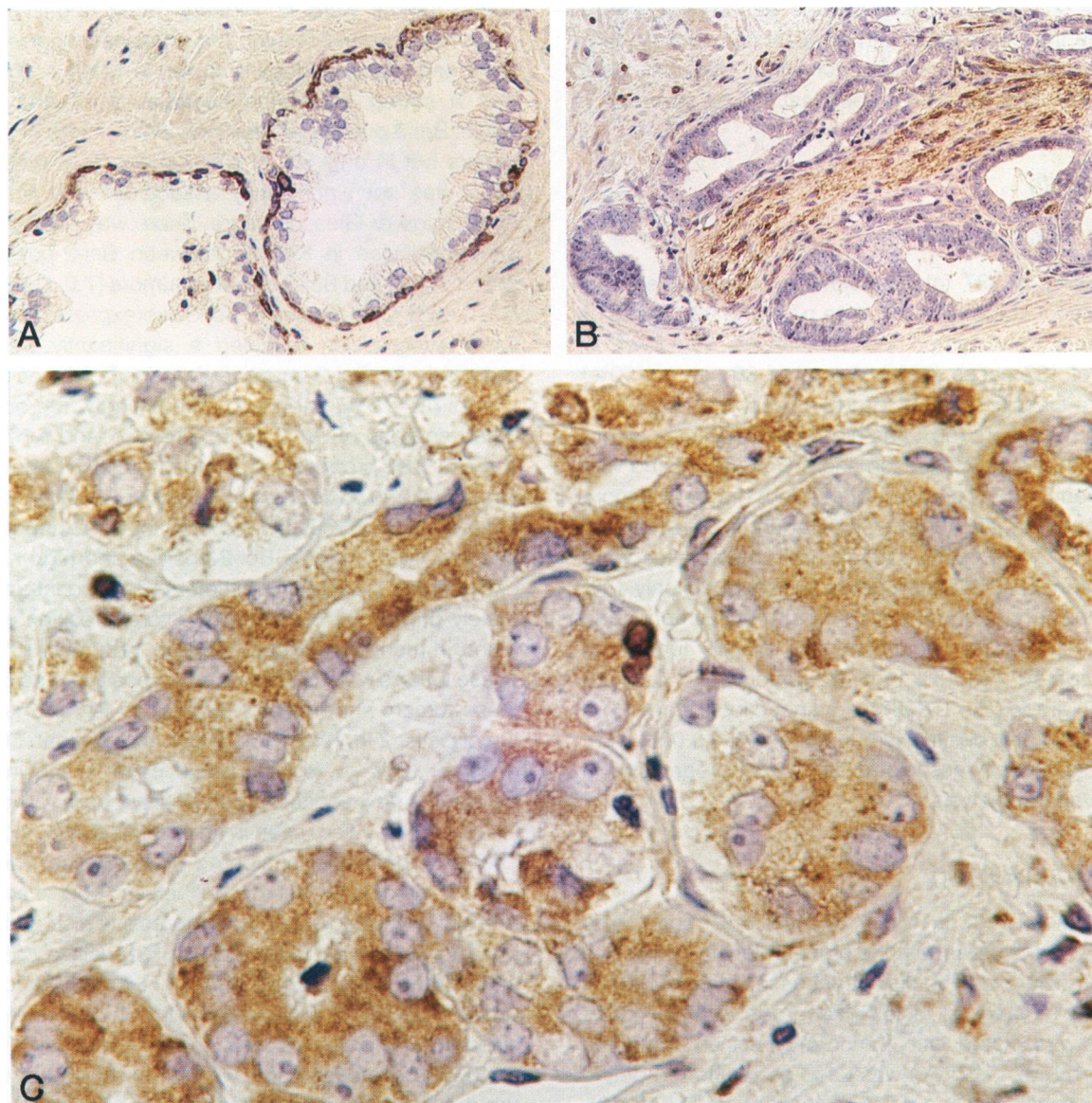


Figure 1. *Bcl-2* immunohistochemistry. **A:** Normal prostatic glands with a continuous layer of *Bcl-2*-positive basal cells. Magnification, $\times 80$. **B:** *Bcl-2*-negative prostate cancer with infiltration of perineural space, the peripheral nerve serving as positive internal staining control. $\times 50$. **C:** Prostate cancer with diffuse *Bcl-2* overexpression. $\times 160$.

Table 1. *Bcl-2* and *p53* Immunostaining and Histopathology

		n	Bcl-2		χ^2	p53		χ^2
			Negative (%)	Positive* (%)		Negative (%)	Positive* (%)	
Stage	pT2	40	38 (95)	2 (5)	$P = 0.001$	39 (98)	1 (2)	Not significant
	pT3	93	64 (69)	29 (31)		83 (89)	10 (11)	
	pN0	103	78 (76)	25 (24)		95 (92)	8 (8)	
Gleason score [†]	pN1/2	34	26 (76)	8 (24)	Not significant	31 (91)	3 (9)	Not significant
	Low	68	54 (79)	14 (21)		66 (97)	2 (3)	
	High	69	50 (72)	19 (28)		60 (87)	9 (13)	

*Defined as clear Bcl-2 or p53 expression in >10% of tumor cells.

[†]Low grade, Gleason sum 2 to 6; high grade, Gleason sum 7 to 10.

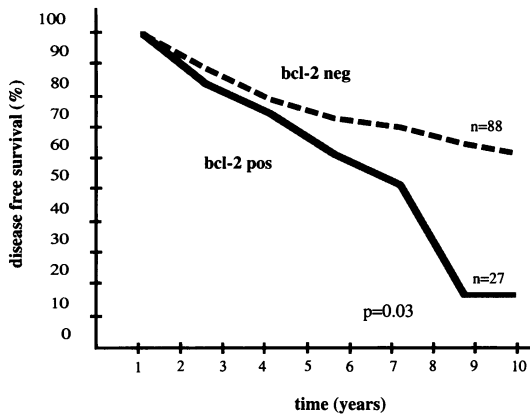


Figure 2. Bcl-2 and disease-free survival.

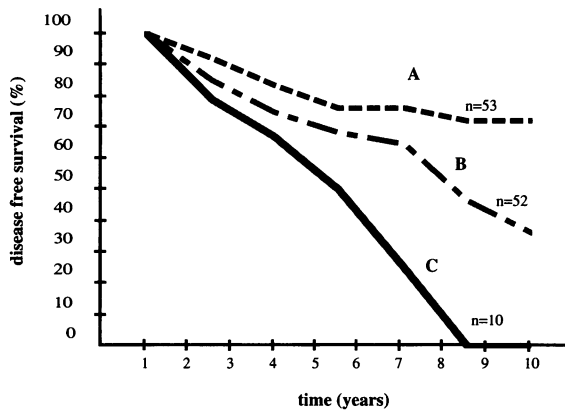


Figure 3. Bcl-2/Ki67 LI and disease-free survival. A: Bcl-2-negative/low Ki67 LI (<7.5%). B: Bcl-2-positive/low Ki67 LI or Bcl-2-negative/high Ki67 LI ($\geq 7.5\%$). C: Bcl-2-positive/high Ki67 LI. $P = 0.03$ for A versus C.

Ki67 LI ($\geq 7.5\%$) proved to be of independent prognostic value, the relative risk of progression being 3.7 ($P = 0.0001$) and 2.2 ($P = 0.013$), respectively. Lymph node status, tumor grade, and Bcl-2 overexpression provided no additional prognostic information.

Discussion

In this study, immunohistochemistry was used to examine Bcl-2 overexpression in prostate cancer. Immunohistochemistry is particularly useful for Bcl-2 analysis, as a strong positivity is always seen in lymphocytes, basal cells, and peripheral nerve tissue providing an excellent internal control for each section examined. Bcl-2 overexpression in more than 10% of cells was found in 24% of the 137 prostate carcinomas of this series. This frequency is comparable to previous reports finding Bcl-2 overexpression in 6 of 19 and 6 of 13 primary prostate cancers, respectively.^{13,40} A higher frequency of

Bcl-2 positivity (23 of 37) was found in another study using frozen tissue.¹⁴ The relationship between Bcl-2 overexpression and local stage was not examined in these studies. Our results demonstrating an association between Bcl-2 overexpression and advanced local stage is consistent with a role of Bcl-2 for prostate cancer progression.

As the entire prostate is removed at radical prostatectomy, the PSA value goes to zero after radical surgery in most cases. Serological controls of the PSA values are therefore ideally suited for the clinical follow-up of patients after radical prostatectomy. Several studies have shown that a PSA increase after radical prostatectomy is indicative of a tumor recurrence.^{41,42} PSA measurements have been widely used to define prostate cancer progression after radical prostatectomy.^{32,43,44} Also in this study, the majority of tumor recurrences were detected by a PSA increase. The analysis of disease-free survival in this patient set showed a strong association between Gleason score, local tumor stage, nodal status, and clinical outcome. This is consistent with previous reports^{44,45} and also provides indirect evi-

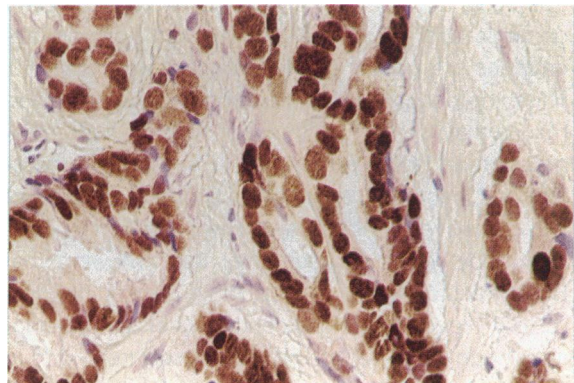


Figure 4. p53 immunohistochemistry. Prostate cancer shows intense nuclear positivity. Magnification, $\times 100$.

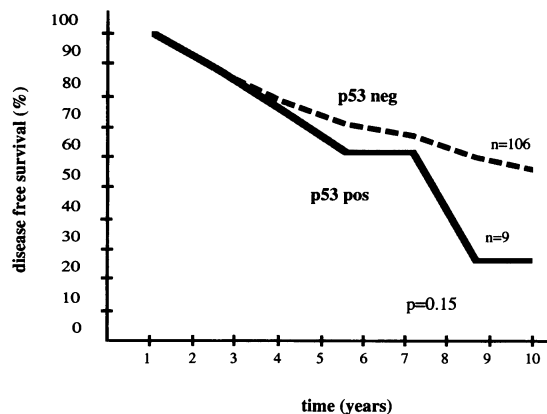


Figure 5. p53 and disease-free survival.

dence for the quality of our clinical follow-up data as well as for the selected approach to define tumor progression in this study.

Bcl-2 overexpression was significantly associated with shortened disease-free survival in our series. Given the postulated role of Bcl-2 overexpression for hormone resistance in prostate cancer,¹³⁻¹⁶ such a result would be expected after anti-androgen treatment. However, as only six of our patients had undergone anti-androgen therapy, our result cannot be explained by this mechanism. Considering the role of Bcl-2 as an inhibitor of apoptosis, it could also be expected that Bcl-2-positive tumors might be less sensitive to radiation therapy as radiation exerts its anti-neoplastic effect through the induction of apoptosis.⁴⁶ However, there was no evidence for a different effect of Bcl-2 expression on prognosis in the subgroups of patients with or without radiation therapy in this study (data not shown).

Given the strong inhibitory effect of Bcl-2 on apoptosis,⁴ Bcl-2 overexpression is likely to facilitate prostate cancer progression through an increased net tumor growth due to a prolonged tumor cell survival. In addition, cells that are unable to undergo apoptosis may be prone to accumulate secondary genomic aberrations^{47,48} as cells with genomic aberrations are frequently eliminated by apoptosis.^{3,46} Thus, the accumulation of additional genomic aberrations may be ultimately responsible for tumor progression and poor prognosis of Bcl-2-positive prostate carcinomas. The finding of a poor prognosis of Bcl-2-positive prostate carcinomas is strongly supported by recent experimental data showing that Bcl-2 transformation of a prostate cancer cell line (LNCaP) leads to a significantly higher tumorigenicity in nude mice that are not hormonally treated.¹⁶ In addition, previous clinical studies have suggested a poor prognosis of hormonally treated Bcl-2-positive prostate carcinomas.^{13,14}

Although an association between Bcl-2 overexpression and unfavorable prognostic factors has also been found for neuroblastomas,⁹ these results are at variance with reports suggesting a favorable prognostic impact of Bcl-2 positivity in several other tumors including breast, lung, and thyroid carcinomas.^{10-12,35} This discrepancy may be explained by a different role of Bcl-2 in different types of neoplasm. This hypothesis is supported by recent reports suggesting significant differences in the relationship of Bcl-2 overexpression with hormonal tumor growth regulation between prostate and breast cancer. Although there is evidence for an association between Bcl-2 overexpression and hormone resistance in prostate cancer,¹³⁻¹⁶ Bcl-2 overexpression

is associated with estrogen receptor positivity in breast cancer,³⁶ explaining the suggested association with response to hormone therapy in this tumor.³⁵ Moreover, it has been shown that Bcl-2 expression lowers the sensitivity against CD95-mediated apoptosis in B-CLL cells⁴⁹ but not in prostate or colon cancer cell lines.⁵⁰ It could be speculated that such differences in the biological significance of a Bcl-2 overexpression between different tumors might be due to a tissue-specific expression of Bcl-2 binding proteins such as Bax or Bcl-x, which are known to determine the functional activity of Bcl-2.⁵¹⁻⁵³

It is now generally accepted that disturbed regulation of both cell proliferation and programmed cell death (apoptosis) are important for net tumor growth.^{3,4} Several reports have demonstrated that an increased tumor cell proliferation is of prognostic relevance in prostate cancer.^{54,55} In a previous study, we have shown that Ki67 LI is an independent prognostic factor in clinically localized prostate cancer.³⁹ The lack of a significant relationship between Ki67 LI and Bcl-2 overexpression suggests that alterations leading to an increased cell proliferation may be independent from mechanisms affecting the control of programmed cell death. Interestingly, the combined analysis of both cell proliferation and Bcl-2 overexpression showed that prognosis was best in Bcl-2-negative tumors with low Ki67 LI and worst in Bcl-2-positive tumors with high Ki67 LI (whereas the remaining tumors with either Bcl-2 overexpression or high Ki67 LI behaved intermediately). This finding suggests that a combined analysis of apoptosis and cell proliferation could provide clinically relevant information in prostate cancer.

Several previous studies have shown that alterations of the p53 tumor suppressor gene are less frequent in prostate cancer than in other common tumors.^{20,21,28-31,56-60} The frequency of 8% p53-positive tumors is in line with previous reports.^{20,21,28-31,57-60} The association found between p53 alterations and advanced stage, high grade, and high proliferative activity is consistent with the results of previous studies^{20,21,28-31,57,58,60} and provides additional evidence that p53 alterations, although rare in prostate cancer, confer a highly aggressive phenotype to these tumors. The potential clinical relevance of p53 alterations is also suggested by several authors³⁰⁻³² finding an independent prognostic significance of p53 overexpression in prostate cancer. Also in this study, there was a tendency toward a worse prognosis in p53-positive tumors. The lack of a significant association between p53 overexpression and prognosis may be due to

the low number of p53-positive cases. The analysis of a large number of p53-positive tumors may also be necessary to evaluate the relationship between Bcl-2 and p53 in prostate cancer. The tendency toward a more frequent p53 positivity in Bcl-2-overexpressing tumors (15.2%) than in Bcl-2-negative tumors (5.8%) is consistent with a functional relationship between Bcl-2 and p53.^{61,62}

Multiparameter analysis by the Cox proportional hazard model showed that only pT3 stage and a high Ki67 LI were independent predictors of tumor progression, whereas Gleason grade, nodal status, Bcl-2, and p53 overexpression provided no additional prognostic information. This finding further stresses the potential usefulness of Ki67 LI as an easy to determine prognostic parameter in prostate cancer. Considering the fact that pTN stage is not available before radical prostatectomy and the frequently discrepant results between clinical and pathological staging,⁶³ the potential value of novel prognostic markers such as Ki67 LI and Bcl-2, and p53 overexpression may be even higher in prostate cancer biopsies where the results of the immunohistochemical analyses may influence therapeutic strategies. Additional studies are necessary to evaluate the prognostic significance of Ki67 LI and Bcl-2 and p53 overexpression in transurethral and needle biopsies of prostate carcinomas.

In summary, overexpression of both Bcl-2 and p53 are associated with tumor progression in clinically localized prostate cancer. In particular, the combination of high growth fraction (Ki67 LI) and inhibited apoptosis as evidenced by Bcl-2 overexpression seems to confer a poor prognosis. The lack of an association between Bcl-2 overexpression and Ki67 LI suggests that altered mechanisms of both proliferation and apoptosis control may independently contribute to the development of a highly malignant tumor phenotype.

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