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Physiological and serological variation in *S. mitis* **biovar 1 from the human oral cavity during the first year of life**

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SUMMARY

Objective—The purpose of the study was to explore the physiological and antigenic diversity of a large number of *S. mitis* biovar 1 isolates in order to begin to determine whether these properties contribute to species persistence.

Design—*S. mitis* biovar 1 was collected from four infants from birth to one year of age. At each of 8–9 visits 60 isolates each were obtained from the cheeks, tongue and incisors (once erupted) yielding 4,440 in total. These were tested for production of neuraminidase, β1-*N*-acetylglucosaminidase, β1- *N*-acetylgalactosaminidase, IgA1 protease, and amylase-binding. Antigenic diversity was examined by ELISA and Western immunoblotting using antisera raised against *S. mitis* biovar 1 NCTC 12261^T and SK145.

Results—3,330 (75%) of the isolates were identified as *S. mitis* biovar 1 and 3,144 (94.4%) could be divided into four large phenotypic groups based on glycosidase production. 54% of the isolates produced IgA1 protease, but production was disproportionate among the phenotypes. Between 1/3 to $1/2$ of the strains of each phenotype bound salivary α -amylase. Antisera against strains NCTC 12261^T and SK145 displayed different patterns of reactivity with randomly selected representatives of the four phenotypes.

Conclusions—*S. mitis* biovar 1 is physiologically and antigenically diverse, properties which could aid strains in avoiding host immunity and promote re-colonization of a habitat or transfer to a new habitat.

INTRODUCTION

Streptococcus mitis biovar 1 is a pioneer in the human oral cavity and remains a major fraction of the commensal microbiota of the oropharynx.^{1–3} The persistence of this species suggests that it is ideally adapted to survive ecological pressures that might lead to its elimination. Understanding the reasons why these bacteria survive is important because it relates to their

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abilities to avoid or adapt to immunological, physiological, and other environmental pressures. 4

Although this species persists, it is known that very few strains of *S. mitis* biovar 1 are stable in the mouth.^{5–7} Rather, their population exhibits clonal replacement.⁷ It is possible that this extensive genetic diversity $5-\frac{7}{1}$ and any associated phenotypic diversity contribute to the survival of *S. mitis* biovar 1. Such phenotypic diversity could provide a range of strains each 'best suited' to a given environment.

Our interest is in understanding how *S. mitis* biovar 1 and other commensal oral bacteria survive mucosal immunity and whether immune pressure contributes to clonal replacement. We have shown that the level of SIgA antibodies reactive with *S. mitis* and other viridans streptococci decline over time, suggesting that the induction of a limited immune response may contribute to their survival.⁸

Hohwy *et al.*, 7 suggest that the clones of *S. mitis* in one habitat are replaced by clones from other habitats in the oropharynx. They have shown quite clearly that mutation and recombination within a habitat are unlikely to account for clonal diversity. While other habitats may be the source of the transient clones at a specific site little is known about the reason why one clone would replace another. On shedding mucosal surfaces it could be argued that a "new" clone from saliva would replace bacteria lost on desquamated epithelial cells, however, this is not likely to be the case with bacteria associated with non-shedding tooth surfaces. This leaves open the possibility that the selection of strains possessing a specific phenotype best suited to the environment occurs at a given time, and that these strains then become established and grow to be a significant, but transient, part of the streptococcal population. The variations in phenotype that could contribute to such outgrowth could be many. Selection of species of oral streptococci based on single phenotypic characters such as acidurance and glucose uptake has been shown using mixed chemostat culture.⁹ Moreover, antigenic variation and certain physiological properties such as IgA1 protease production and α -amylase binding might increase the competitiveness of a given strain of streptococcus within a habitat and/or host. Therefore, study of the survival of species of oral streptococci in infants requires accurate definition of the phenotypes and physiological characters of individual strains of species to appreciate how a given characteristic might increase their fitness in the population. In addition, analysis of their antigenic relatedness could provide insights into relationships between survival and antigenic differences among strains.

METHODS

Study population

The study population comprised three males and one female $(\#3, \#6, \#8, \#410)$ all of whom were breast fed for the first three months *postpartum*. Two subjects were white (not of Hispanic Origin), one was Hispanic and one was Asian. The study population has been described in detail elsewhere.^{10–12} The Institutional Review Board of Georgetown University Medical Center approved the clinical protocol.

Sample collection, processing and culture

From the infants, swab samples of the oral mucosa were obtained 1–3 days, 2 weeks, 4 weeks and 2, 4, 6, 8, 10 and 12 months *postpartum* for a maximum of nine samples. Three of the infants missed the 2-week visit, giving a maximum of 8 samples. Two areas of the oral mucosa were sampled at each visit using separate swabs. The left and right buccal mucosae were sampled with one swab and the dorsum of the tongue was sampled with a second swab. As soon as teeth erupted (usually the lower central incisors) their labial surfaces were swabbed

using a third swab. Sample collection, processing and culture were performed exactly as described previously.¹²

Reference strains of viridans streptococci

The reference strains used in this study and their biochemical and serological profiles are listed in Table 1.

Physiological tests

The characteristics examined were fermentation of amygdalin, tagatose and glucose; hydrolysis of arginine and esculin; production of neuraminidase, β1-*N*-acetylglucosaminidase, and β1-*N*-acetylgalactosaminidase; ability to bind α-amylase, production of IgA1 protease, production of extracellular polysaccharide from sucrose and sensitivity to optochin. All of the tests were performed as described previously $12-17$

Creation of a random subset of the isolates

As it was not possible to perform DNA-DNA hybridization and serological analysis on every isolate a sampling frame was created by assigning a unique number to each of the 3,144 isolates and 48 isolates were chosen using a computer-generated random numbers list. It should be noted that, because preliminary analysis of the glycosidase production by the isolates showed them to fall into four main groups (see Results) we selected 12 random isolates from each phenotypic group.

DNA-DNA hybridization

In order to confirm the assignment of isolates in the four phenotypic groups to *S. mitis* biovar 1, DNA-DNA hybridization, using reference strains of *S. mitis* biovar 1 and *S. oralis* as controls, was performed as previously described.^{18,19}

Rabbit antisera

Rabbit antisera were raised against *S. mitis* biovar 1 strains NCTC 11261T (Type strain) and SK145 and *S. oralis* strains ATCC 35037T (Type strain) and SK100 as described previously. 20 The antisera were used without absorption.

Whole cell ELISA

The same set of randomly-selected isolates examined by DNA-DNA hybridization (see above) was examined by whole cell ELISA. Titration curves of the binding of rabbit IgG antibody raised against *S. mitis* biovar 1 strains NCTC 12261T and SK145 were performed; binding to *S. oralis* ATCC 35037T and SK100, a genetically closely-related species, were used as controls. Briefly, wells of 96 well microtiter plates were coated with 10 μg (dry weight) of washed whole cells of the selected isolates. After blocking with 0.1% bovine albumin in 0.1M PBS, pH 6.8, containing 0.1% Tween 20 (PBS Tween) duplicate wells were charged with serial two-fold dilutions (1:500 to 1:32,000) of the rabbit antisera diluted in PBS-Tween with 0.1% globulinfree albumin. Individual plates were used for each antiserum and included duplicate wells coated with the homologous strain. Pre-immune serum served as a control for natural antibodies reactive with the antigen. The plates were shaken at room temperature for 3 h, washed and then incubated for 1 h with swine anti-rabbit IgG conjugated with horseradish peroxidase (DAKO). The plates were washed in PBS Tween and developed with *O*PD. For each isolate tested the sum of the optical densities at each dilution was expressed as a percentage of the sum of the total optical density value of the homologous strain (set at 100%).²² For simplicity of presentation in Table 1 these values have been stratified as follows: $+0-25\%$; $++26-50\%$; $+$ $++ 51-75\%$; $+++76-100\%$.

Western immunoblotting

From the same set of randomly-selected isolates cell wall extracts were obtained by sonication as described previously.³ The extracts were separated by 12% sodium dodecyl sulphatepolyacrylamide gel electrophoresis using a BioRad Mini Protean II system (Bio-Rad, Hercules, CA, U.S.A.) and transferred to polyvinylidene difluoride membranes (Immobilon-P, Millipore, Bedford, MA, U.S.A.) using a Bio-Rad Trans-Blot SD system.⁸ Development of the blots was performed as previously described 8 except that unabsorbed rabbit antiserum to *S. mitis* biovar 1 NCTC 12261T and SK145 were used to probe the blots and bound rabbit antibodies were detected with swine anti-rabbit immunoglobulins conjugated with horseradish peroxidase (DAKO). Digital images of the blots were imported into BioNumerics (Applied Maths, Austin, TX, U.S.A.) and the profile of each isolate was compared by cluster analysis using UPGMA.

RESULTS

Physiological characteristics

The distribution of the isolates obtained from the four infants is shown in Table 2. Of the 4,440 isolates collected 3,330 (75%) that were negative for hydrolysis of arginine and esculin, fermentation of amygdalin and tagatose, resistant to optochin and unable to produce extracellular polysaccharide from sucrose 2 were assigned to *S. mitis* biovar 1. This assignment was confirmed by examination of a randomly-selected subset of isolates by DNA-DNA hybridization (data not shown). Based on the production of neuraminidase, β1-*N*acetylglucosaminidase, and β1-*N*-acetylgalactosaminidase 3,144 of these 3,330 isolates (94.4%) could be divided into four large groups (Table 3). Group 1 comprised isolates that were negative for the three glycosidases (233 isolates); Group 2 those that were negative for neuraminidase but positive for β1-*N*-acetylglucosaminidase, and β1-*N*acetylgalactosaminidase (685 isolates), Group 3 those that were positive for neuraminidase, only (1,172 isolates); and Group 4, those that were positive for all three glycosidases (1,054 isolates).

Binding of salivary α–amylase was similar among the four groups, ranging from 36% in Group 1 to 46% in Group 2. All four groups contained isolates that produced IgA1 protease and overall 54% produced this enzyme. However, the percentages of strains positive for this enzyme differed markedly between the groups. In Group 4, 91%, and in Group 1, 80% of the isolates produced IgA1 protease whereas in Groups 2 and 3 only 12% and 39% of the isolates, respectively, produced this enzyme.

Whole cell ELISA

Because of the close genetic relationship betweeen *S. mitis* biovar 1 and *S. oralis* we examined the reactivity of antisera raised against the type strains of both of these species together with antisera raised against a well characterized strain of *S. mitis* biovar 1 (SK145) and *S. oralis* (SK100). Unabsorbed rabbit antisera raised against *S. mitis* biovar 1 NCTC 12261T and SK145 and *S. oralis* ATCC 35037T and SK100 displayed different patterns of reactivity when incubated with the reference strains and representatives of the four phenotypic groups (Table 1). The patterns of reactivity for the serum raised against *S. mitis* biovar 1 NCTC 12261T was discordant with that of *S. mitis* biovar 1 SK145 as was the case for *S. oralis* strains ATCC 35037T and SK100.

Antiserum against NCTC 12261T gave weak reactions against the standard strains of *S. mitis* biovar 1, *S. peroris* and *S. infantis* but cross-reacted strongly with *S. oralis* ATCC 35037T. As expected antiserum against *S.oralis* ATCC 35037T gave only weak reactions against *S. mitis* biovar 1 strains SK137, and SK145. However, it gave a strong reaction with *S. mitis* NCTC

12261T cells and also *S. infantis*, and *S. australis*. Its weak reaction with *S. oralis* strain SK100 was also surprising.

In contrast to the antisera raised against the Type strains, the antisera raised against *S. mitis* biovar 1 SK145 and *S. oralis* SK100 were more discriminating. Significantly, compared to the antiserum against ATCC 35037^T , the antiserum against SK100 reacted weakly with *S.cristatus*, *S. peroris, S. infantis*, and *S. australis* (Table 1). However, it was noteworthy that the antiserum against *S. oralis* SK100 reacted strongly with cells *of S. mitis* biovar 1 NCTC 12261^T , mimicking the reaction of the antiserum against ATCC 35037^T. In addition, antiserum against SK145 gave mid-range (20–60%) reactions with cells of *S. peroris* and *S. infantis*. Each of the antisera gave positive reactions with cells of *S. pneumoniae*.

As the antisera against SK145 and SK100 were more discriminatory than those raised against the type strains of *S. mitis* and *S. oralis* we used them in a whole cell ELISA to examine 12 randomly selected strains of each of the phenotypic groups (Fig. 1). Nine of the 12 phenotype 0-0-0 strains bound the antiserum against SK145 at 100% and only strain #40 showed equivalent binding between the antisera against SK145 and SK100. None of the strains exceeded 58% binding of the antiserum against SK100 (Fig. 1A). For the 0-1-1 phenotype, 11 of the 12 randomly selected isolates bound the antiserum against SK145 at 89% or better. In fact, 10 of these 11 isolates bound at 100%. None of the strains in this group exceeded 30% binding of the antiserum against SK100 (Fig. 1B). Although the majority of strains (10/12) of the1-0-0 phenotype exhibited 100% binding of the antiserum against SK145, strains #6 #28 and #48 also bound the antiserum against SK100 at a high level (82%, 86% and 100%, respectively) (Fig. 1C). Similarly, for phenotype 1-1-1, although 8 of the 12 strains bound the antiserum against SK145 at 100%, strains #33 and #34 also bound the antiserum against SK100 equivalently (Fig. 1D).

Overall, 37 of the 48 randomly selected isolates (77%) bound the antiserum against SK145 as well as the homologous strain. An additional strain bound the antiserum against SK145 at a level of 89% of the homologous control. In contrast, only 5 of the 48 strains (10%) bound the antiserum against *S. oralis* SK100 above 80% of the positive control. Of the 48 strains, three (C48, D33 and D34), were unusual in that they bound both the antiserum against SK145 and the antiserum against SK100 at 100%.

Western immunoblotting

Western immunoblots were run on cell wall extracts of the same 48 selected strains tested by ELISA. The blots were developed using antisera against *S. mitis* biovar 1 strains NCTC 12261T and SK145 and *S. oralis* strains ATCC 35037T and SK100. Blots developed with the two sera raised against *S. mitis* gave complex patterns of bands with the extracts. However, in complete contrast to the results of ELISA, none of the extracts showed any reaction when the blots were developed with the antisera against *S. oralis* under identical conditions.

The patterns of antigen reactivity of the anti-*S. mitis* sera are shown in Figures 2A (anti-NCTC 12261^T serum) and Figure 2B (anti-SK145 serum). The dendrograms shown in Figures 2A and 2B indicate that while both antisera react well with the cell wall extracts they differ in the manner in which they group the isolates and in the magnitude of inter-isolate similarities. Antiserum raised against *S. mitis* biovar 1 NCTC 12261^T (Fig. 2A) defines an overall similarity of 36% for the 48 isolates, whereas antiserum raised against *S. mitis* biovar 1 strain SK145 defines an overall similarity of 73%, essentially twice that of the antiserum raised against strain NCTC 12261^T (Fig. 3). Thus, the antigenic patterns of the 48 isolates are closer to that of strain $SK145$ than strain NCTC 12261^T. These data are generally consistent with those obtained from the whole-cell ELISA.

The cell wall profiles of the randomly-selected isolates did not cluster according to their biochemical phenotype with complete fidelity showing that considerable diversity may exist in antigenic profile among strains within the same biochemical phenotype. Having said that, groups of isolates (as many as 6 of 12) of the same biochemical phenotype were clustered together indicating that strains exhibiting the same biochemical profile can be closely similar in antigenic profile (Figures 2A and 2B).

The anomalous strains in Figure 1 that gave relatively low whole-cell binding values when reacted with antiserum to *S. mitis* biovar 1 SK145 (#43, #30, #31, #32, #11, #13, #29 and #39) or bound antiserum to *S. oralis* at above 80% (#6, #28, #48, D33 and #34) were, with the exception of #33 and #34 (both phenotype 1-1-1), not clustered together but distributed throughout the dendograms. In addition, these strains often formed pairs and clusters at high similarities with other isolates. This suggests that the antigens of these strains were closely similar to those of the isolates that reacted strongly in the whole cell ELISA assay.

DISCUSSION

Continued examination of the potential roles of salivary SIgA antibodies reactive with *S. mitis* biovar 1and physiological adaptation in clonal replacement of this bacterium required information about the phenotypic and antigenic diversity among strains colonizing a specific habitat in an infant. Consequently, we obtained over 1000 isolates of *S. mitis* biovar 1 from the mouth of each of four infants during the first year of life. In this way we could be reasonably certain that we had an accurate representation of strains harbored in the oral cavity of these subjects. As different oral streptococcal species and biovars can exhibit the same colonial morphology 22 , colonies were picked at random from non-selective primary isolation plates. 3,330 isolates were assigned to *S. mitis* biovar 1 on the basis that they failed to ferment amygdalin and tagatose, failed to hyrolyzed arginine and esculin, did not produce extracellular polysaccharide from sucrose 2, and were resistant to optochin. The assignment of these isolates to *S. mitis* biovar 1 was confirmed by DNA-DNA hybridization performed on a computergenerated random set of isolates.

Based on glycosidase production 3,144 (94.4%) of the isolates fell into four main phenotypic groups (Table 3). However, it should be noted that, based on the glycosidase profile of the Type strain of *S. peroris*, it is possible that representatives of this species may be contained in phenotypic group 3.

The ability to bind α-amylase and produce IgA1 protease have been proposed as useful characteristics that discriminate species of viridans streptococci $13,14,22$ as well as ecological determinants for these bacteria. $23-25$ However, α -amylase binding was a variable feature of isolates in each of the four phenotypic groups. Furthermore, while the production of IgA1 protease is a defining characteristic of *S. oralis*, *S. sanguinis* and *S. pneumoniae* this enzyme was also produced by almost two-thirds of *S. mitis* biovar 1 isolated from the mouth.^{1,3,24,} ²⁵ We examined the strains in each of the phenotypic groups for the production of this enzyme and found that almost all of Group 4 isolates (91%) produced IgA1 protease. However, a preponderance (80%) of Group 1 isolates as well as 12% of Group 2 isolates, and 39% of Group 3 isolates also produced IgA1 protease. In addition, we found that the Type strain of *S. peroris* and, also, the Type strains of *S. infantis* and *S. australis* produced IgA1 protease, a property not previously ascribed to these species.

Using antiserum against strains SK145 and SK100 (Fig 1), 37 of the 48 randomly-selected isolates exhibited 100% binding with the antiserum against strain SK145. Of these 37 only three also exhibited 100% binding of the antiserum against strain SK100. These results suggest that 34 of the 48 strains examined form a group antigenically-related to SK145. Previously,

using Rantz and Randall extracts and a range of antisera it has been shown that the antigenic profiles of strains of *S. mitis* biovar 1 are different, suggesting that *S. mitis* biovar 1 includes a range of antigenic types. 6 Despite this diversity it appears that among our randomly-selected isolates from the four phenotypic groups we have identified a significant oral group of *S. mitis* isolates that carry antigens distinct from the Type strain NCTC 12261^T.

All of the antisera reacted with whole cells of *S. pneumoniae* (Table 1). *S. mitis* biovar 1 SK137 has been shown to carry a specific teichoic acid-like antigen and also the group O antigen in common with *S. pneumoniae*. 26 This antigen may also be carried by the immunizing strains and contribute to the antibody binding. Given the high degree of binding of antiserum against SK145 by SK137 cells and its weak reaction with the other three sera (Table 1) this strain could also be included in the antigenic group represented by SK145.

The results from Western blotting of cell wall extracts confirm the close antigenic similarity of all of the isolates to SK145. Significantly, none of the cell wall extracts from these isolates reacted with the antiserum against *S. oralis* SK100 in Western blots. The positive reaction of these strains in whole cell ELISA with antiserum to *S. oralis* (Figure 1) could be based on carbohydrate or protein antigens that were not represented in the cell wall extract transferred to the polyvinylidene difluoride membranes. Similarly, those strains that gave low whole cell binding with antiserum against strain SK145 may lack significant protein or possibly wall carbohydrate antigens of the type described for *S. mitis* biovar1 strain SK137.

At this time little can be said about the identity of the antigens responsible for placing organisms into the SK145 antigenic group. Based on the information available for $SK137^{26}$, it is likely that strains of *S. mitis* biovar 1 can carry both antigenic wall carbohydrate 6 and teichoic acid. Consequently, at least two carbohydrate-based antigens may be responsible for defining the SK145 Group of *S. mitis* biovar 1 along with protein antigens known to be common in streptococci.

The results of the serology in this study identify an antigenic group of strains of *S. mitis* biovar 1 based on strain SK145 that probably also includes strain SK137. This result is similar to that described by Hohwy and Kilian ⁶ where, by using antiserum against *S. oralis* SK2 (ATCC 10557) they could separate strains of *S. oralis* from those of *S. mitis* biovar 1. Such a result may indicate that a group of antigenically identical or closely similar strains, quite distinct from *S. mitis* biovar 1, exists within the *S. oralis* population. Relatively few of the 48 strains tested gave an antigenic profile similar to the Type strains of *S. mitis* biovar 1 and *S. oralis*, although such strains were identified (Fig. 1). Moreover, the Type strains of *S. infantis* and *S. australis* also reacted strongly with antiserum against *S. oralis* ATCC 35037, indicating common antigens.

If the group of strains based on binding to antibody against SK145 has an identical antigenic profile and is common and numerically significant in infants' mouths it is difficult to envisage that antigenic drift or antigenic variation that reduces the effectiveness of host antibody is related to clonal replacement of *S. mitis* biovar 1 strains. However, the serology carried out in the present study is limited and provides no information about the nature of the antigens responsible for antibody binding. Thus, it remains possible that changes in surface antigens could aid strains in avoiding host immunity and promote recolonization of a habitat or transfer to a new habitat.

Our collection of well-defined isolates allows us to determine whether strains are shared between infants, persist in a given infant, or change their habitat within an infant. Furthermore, saliva samples collected in parallel with the isolates permit us to determine which antigens are recognized by salivary SIgA antibodies and whether their specificity changes over time. The

results from such analyses can be used to select strains for comparison of their physiology, possibly including competition experiments in chemostats.

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FIGURE 1.

A sampling frame was created by assigning a unique number to each isolate and then, within each phenotypes, 12 isolates were randomly chosen using a computer generated random numbers list. Wells of microtiter plates were coated with washed whole cells of the selected isolates and an ELISA was performed as described in Materials and Methods using serial twofold dilutions (1:500 to 1:32,000) of rabbit antisera raised against *S. oralis*, SK100 and *S. mitis* biovar 1, SK145. Individual plates were used for each antiserum which always included the homologous strain. Pre-immune serum served to control for natural antibodies reactive with the antigen. For each isolate tested the sum of the absorbance value at each dilution was expressed as a percentage of the sum of the absorbance value at each dilution of the homologous

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strain. Filled bars represent SK145 antiserum and open bars represent SK100 antiserum. The interrupted horizontal lines are set at 25%, 50%, and 75% of the antibody binding of the homologous control. In the text isolates of the respective phenotypes are assigned the prefix A, B, C or D.

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Pearson correlation (Opt: 5.00%) [0.0%-100.0%]
SK145

SK145

FIGURE 2.

Western immunoblots were run on cell wall extracts of the same isolates tested by ELISA. The blots were developed using antisera against *S. mitis* biovar 1 strains NCTC 12261T (Figure 2A) and SK 145 (Figure 2B). Antisera to *S. oralis* strains ATCC 35037T and SK100 were nonreactive in Western blotting. Digital images of the blot strips were compared by cluster analysis using UPGMA. To the right of the strips is shown the identity of the isolate and its phenotype.

ATCC: American Type Culture Collection, Manassas, Virginia, U.S.A.

NCTC: National Collection of Type Cultures, Colindale, London, UK

SK: Dr. Mogens Kilian, Department of Medical Microbiology and Immunology, University of Aarhus, Aarhus, Denmark

^{*}
Binding relative to positive control: $1+ = \langle 25\% ; 2+ = 26-50\% ; 3+ = 51-75\% ; 4+ = \rangle 75\%$

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Breast -fed for the first three months *postpartum* Breast -fed for the first three months *postpartum*

Division of *S. mitis* biovar 1 into four groups based on production of Neuraminidase, β-*N*-acetylglucosaminidase and β-*N*-acetylgalactosaminidase and their distribution on cheeks, tongue and teeth

