

Stoichiometric controls of mercury dilution by growth

Roxanne Karimi*[†], Celia Y. Chen*, Paul C. Pickhardt*[‡], Nicholas S. Fisher[‡], and Carol L. Folt*

*Department of Biological Sciences, Dartmouth College, Hanover, NH 03755; and [†]Marine Sciences Research Center, Stony Brook University, Stony Brook, NY 11794

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Rapid growth could significantly reduce methylmercury (MeHg) concentrations in aquatic organisms by causing a greater than proportional gain in biomass relative to MeHg (somatic growth dilution). We hypothesized that rapid growth from the consumption of high-quality algae, defined by algal nutrient stoichiometry, reduces MeHg concentrations in zooplankton, a major source of MeHg for lake fish. Using a MeHg radiotracer, we measured changes in MeHg concentrations, growth and ingestion rates in juvenile *Daphnia pulex* fed either high (C:P = 139) or low-quality (C:P = 1317) algae (*Ankistrodesmus falcatus*) for 5 d. We estimated *Daphnia* steady-state MeHg concentrations, using a biokinetic model parameterized with experimental rates. *Daphnia* MeHg assimilation efficiencies ($\approx 95\%$) and release rates (0.04 d^{-1}) were unaffected by algal nutrient quality. However, *Daphnia* growth rate was 3.5 times greater when fed high-quality algae, resulting in pronounced somatic growth dilution. Steady-state MeHg concentrations in *Daphnia* that consumed high-quality algae were one-third those of *Daphnia* that consumed low-quality algae due to higher growth and slightly lower ingestion rates. Our findings show that rapid growth from high-quality food consumption can significantly reduce the accumulation and trophic transfer of MeHg in freshwater food webs.

contaminants | food quality | heavy metals | nutrient stoichiometry | plankton

Methylmercury (MeHg) poses a serious human and wildlife health risk primarily through fish consumption, so understanding the key factors driving MeHg accumulation in fish has become a global priority (1). Rapid somatic growth rates are hypothesized to reduce mass-specific MeHg concentration (burden) in fish and other aquatic organisms (2, 3) by the process of somatic growth dilution (SGD). SGD occurs when rapid growth results in a disproportionate increase in the net rate of biomass gain relative to MeHg gain. The relative quality of food consumed can strongly influence growth rates in aquatic organisms. Moreover, food quality for aquatic consumers varies widely across lakes and seasons (4), thus potentially contributing to the large variation in Hg concentrations observed in lake fish *in situ*. Despite its potential importance, the influence of food quality on MeHg accumulation has not been well examined.

At present, evidence for somatic growth dilution of MeHg, whether due food quality or other factors, is sparse and somewhat contradictory. Thus far, our understanding of SGD has been limited to inferences drawn from field correlations between somatic growth rates and Hg concentrations in fish. In most of these studies, the many possible factors driving SGD (e.g., temperature, food availability, food quality, activity level, and stress) are not controlled and are often confounded. Negative correlations between somatic growth rate and concentrations of total Hg (5–8) and other contaminants, such as Pb (9), have been found for fish. However, other studies have found no (10), or positive correlations between fish growth and Hg concentrations (11). This discrepancy may be because the effects of growth on Hg accumulation strongly depend on the particular mechanism driving growth, which is often difficult to determine *in situ*. For example, in the studies by Stafford and Haines (10) and Dutton (11), it is possible that high fish consumption rates increased both net biomass and net Hg gain through increased food-borne Hg

ingestion, effectively maintaining, or even increasing mass-specific Hg concentrations. Thus, a complete mass-balance approach that accounts for all inputs, assimilation and outputs of both Hg and total biomass is necessary to identify the conditions under which SGD can occur.

SGD is likely to occur when growth increases with relatively little or no change in Hg gain. A disproportionate increase in biomass gain relative to Hg gain can occur when activity or respiration rates are relatively low (12, 13) or when food quality is high. Organisms consuming high-quality food gain more biomass per unit food consumed, hence per unit Hg consumed, than from low-quality food. Thus, our general hypothesis is that, all else being equal, consumption of high-quality food can cause greater SGD of Hg compared with the consumption of low-quality food.

Somatic growth dilution of Hg in zooplankton due to food quality may explain variation in fish Hg concentrations across lakes that differ in nutrient availability. Recent studies have found a positive correlation between the relative availability of N and P and fish mercury concentrations from hundreds of lakes (14, 15). High availability of P relative to N (i.e., low N:P) results in a low algal N:P ratio (indicative of high algal quality as food), causing rapid growth in zooplankton, particularly *Daphnia* (4, 16). A large body of work has found that *Daphnia* consistently grow more efficiently on phytoplankton with high P content relative to N or C (16–18) because of their high P demand for protein synthesis (19). Hence, SGD may cause zooplankton in lakes with low N:P algae to have lower MeHg concentrations. Fish consuming these zooplankton, in turn, should accrue less MeHg, thereby propagating the effects of SGD through the food web. In this way, differences in growth rates of zooplankton due to natural variation in phytoplankton nutrient quality could drive considerable differences in mercury concentrations in fish from different lakes even if mercury concentrations in the water do not differ.

This study mechanistically demonstrates somatic growth dilution of mercury in consumers. We experimentally test the general hypothesis that phytoplankton nutrient stoichiometry (C:P) affects MeHg accumulation in juvenile *Daphnia* because of SGD. We fed juvenile *Daphnia* either high-quality (HiQ, low C:P) or low-quality (LoQ, high C:P) green algae (*Ankistrodesmus falcatus*) radiolabeled with Me^{203}Hg . We nondestructively measured *Daphnia* MeHg assimilation and MeHg release, or efflux rates, as well as growth and ingestion rates over the juvenile growth period and parameterized a highly predictive biokinetic model (20) with these rates to estimate steady-state MeHg concentrations in *Daphnia*. We predicted that steady-state

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Abbreviations: HiQ, high-quality; LoQ, low-quality; MeHg, methylmercury; SGD, somatic growth dilution.

[†]To whom correspondence should be addressed. E-mail: rkarimi@dartmouth.edu.

[‡]Present address: Department of Biology, Lakeland College, Sheboygan, WI 53082.

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be a particularly important process by which organisms abate the accumulation of MeHg and other biologically persistent substances such as other metals (25) and chlorinated hydrocarbon compounds (26).

Unlike MeHg assimilation and retention, daphnid growth varies greatly with algal nutrient stoichiometry. Moreover, the effect of algal stoichiometry on growth is greater than the effect of the quantity of algae consumed (Fig. 3), as shown in other studies (27–29). This is largely because *Daphnia* consuming high-nutrient-quality algal food (low C:P) incorporate a greater fraction of ingested C into tissue (thus increasing net biomass gain) than do *Daphnia* consuming low nutrient quality algae (high C:P) (30). This can occur through differences in C assimilation through the gut (29) or C respiration (31). Either way, the consumption of high nutrient quality algae can increase *Daphnia* growth without a concomitant increase in the quantity of MeHg ingested. The trend of faster growth from high-quality, low C:P algae has been found for numerous daphnid and algal species (16, 17, 32). Therefore, stoichiometric controls of SGD may occur in many other *Daphnia* species that commonly dominate aquatic food webs, making SGD an important, yet generally overlooked factor capable of explaining much variation in zooplankton mercury concentrations across lakes.

Reduced consumption of high-quality algae can act in concert with rapid growth to further dilute *Daphnia* MeHg concentrations. Because of lower ingestion rates, *Daphnia* consuming high-quality algae may reduce their intake of food-borne MeHg. Together, lower ingestion and increased growth from a high-quality diet reduced steady-state Hg concentration to a value one-third that of *Daphnia* fed the LoQ diet. Similarly, when compensatory feeding of low-quality food occurs, higher ingestion and slower growth would both increase MeHg accumulation. Compensatory feeding has been found in other studies of *Daphnia* (33, 34) although it is not universal. For example, some studies have found no effect of P limitation on *Daphnia* ingestion rates (18, 31) or lower ingestion of low-quality food (27, 35). Nevertheless, the effect of ingestion rate on Hg accumulation was minimal compared with the growth dilution effect in our study. This suggests that even a reversal of ingestion rates, i.e., higher consumption of high-quality food, would only slightly reduce the net dilution of Hg concentration. Moreover, compensatory feeding has been found in a variety of organisms (36–38) and its potential to enhance the accumulation of MeHg and other contaminants merits further study.

In summary, our results clearly demonstrate that a low algal C:P ratio substantially reduces the trophic transfer of MeHg to *Daphnia* through somatic growth dilution and, to a lesser extent, reduced consumption rates. A reduction in MeHg in *Daphnia* is most likely to reduce fish MeHg concentrations in lakes where *Daphnia* are a primary food source for fish. SGD of mercury in *Daphnia* has the potential to reduce mercury accumulation in food webs of relatively productive lakes with relatively high P availability. Additionally, when high nutrient availability stimulates rapid population growth of algae (39) and zooplankton (28), the processes of algal bloom dilution (40–42) and zooplankton density dilution (43), respectively, may further reduce zooplankton MeHg concentrations. Consistent with our findings for MeHg, studies of other biologically persistent contaminants have found negative relationships between total P and fish concentrations for PCBs (44, 45) and other chlorinated hydrocarbons (46). Thus, low C:P stoichiometry may cause a combination of multiple dilution processes that influences the accumulation of MeHg and other persistent contaminants in freshwater organisms. Other, system-specific metrics of food quality or nutrient limitation may influence the accumulation of MeHg and other biologically persistent contaminants in any organism through SGD. Hence, exploring the prevalence of SGD under a range of field conditions could help predict

conditions leading to high or low contaminant concentrations in organisms across a broad spectrum of ecosystems.

Methods

Algae and Zooplankton Culturing. Cultures of the chlorophyte, *A. falcatus* var. *acicularis* (UTEX clone 101; University of Texas, Austin, TX) were maintained under two different nutrient conditions, a high nutrient quality treatment (HiQ, 15:1 atomic N:P) and a low nutrient quality treatment (LoQ, 110:1 atomic N:P). These nutrient levels are known to have contrasting effects on *Daphnia* growth and reproduction (27, 28) and are well within the range typically found in lakes throughout the northeastern United States (14). Algae were cultured according to treatment by using a modified Woods Hole MBA medium without buffer (47) enriched with a vitamin mixture (48) [see supporting information (SI) Table 2 for media composition]. All culture flasks, tubing, filters, and other culturing supplies were autoclaved. Culturing media were filtered through a sterilized 0.22- μm filter into five replicate flasks for each treatment. A sterile inoculum of *A. falcatus* was added to each flask. Cultures were continually aerated through a 0.22 μm membrane filter and incubated under continuous light at 20°C. After ≈ 8 d, algal cultures were in log-phase growth, at which time cells were harvested for experimental feeding. For each treatment, harvested cells were filtered, rinsed, and resuspended in fresh media and stored in a common flask. This algae storage medium was the same as the Woods Hole medium without EDTA, vitamins, or trace elements. At this time, algal cells were sampled for nutrient concentrations, cell density, and cell volume.

Before the experiments, cultures of a clonal isolate of a *Daphnia pulex*/*Daphnia pulicaria* hybrid (log52 clone; Indiana University, Bloomington, IN) had been maintained in modified *Daphnia* COMBO media (49) (see SI Table 3 for media composition) and fed on HiQ *A. falcatus* for 65 generations. Same-age neonates (<24 h old) were isolated from maintenance cultures one generation before experiments. These “brood females” provided neonates for experiments. For both the radiolabel feeding-depuration and ingestion rate experiments, <24-h-old neonates from the third brood clutch were isolated and alternately assigned to either the HiQ or LoQ treatment. Experimental animals were kept in fresh COMBO media without P (P-free media) to ensure that algae were the only source of phosphorus to the animals. Experimental neonates were fed HiQ or LoQ algae according to treatment for 24 h before the experiments to allow individuals to acclimate to their food.

Algae Me²⁰³Hg Radiolabeling. To track *Daphnia* assimilation and depuration of mercury, we used an organic, methylated form of the γ -emitting radioisotope ²⁰³Hg. We chose to examine the trophic transfer of methylmercury (CH₃²⁰³Hg⁺, or MeHg), because this particular form of mercury is known to biomagnify through food webs (50), and therefore has a greater potential for toxicity through food consumption than inorganic mercury. MeHg was synthesized from ²⁰³Hg according to methods described (ref. 51 and references therein). The specific activity of the resulting Me²⁰³Hg was 127 kBq μg^{-1} .

In labeling *A. falcatus* cells with Me²⁰³Hg, our goal was to minimize differences in MeHg uptake between HiQ and LoQ algae to isolate the effects of algal nutrient stoichiometry on *Daphnia* SGD of Me²⁰³Hg. We did not test for the effects of nutrient stoichiometry on *A. falcatus* Me²⁰³Hg uptake. For each treatment, *A. falcatus* cells were added to six replicate flasks of 250 ml of HiQ or LoQ algae storage media to a density of 0.1 mg of dry weight liter⁻¹. Three control flasks per treatment contained only media to control for the adsorption of the Me²⁰³Hg label to the sampling filters. Each replicate flask received Me²⁰³Hg to give an aqueous concentration of 0.58 nM (≈ 115 ng/liter) at the initial time point. Whereas this concentration is

higher than those typical of unpolluted lakes (1–2 ng liter⁻¹, 50), it allowed us to monitor the Me²⁰³Hg over a number of days and is not known to cause toxic effects over short-term exposure (52, 53). To minimize differences in algal Me²⁰³Hg uptake and cell concentrations between treatments, cell growth was minimized by holding the cells in darkness (flasks were wrapped in foil). The cultures were incubated at 17°C for 5 d.

A. falcatus Me²⁰³Hg uptake was monitored at multiple time points over 5 d. At each time point, radioactivity associated with the algal cells was assessed by filtering 10-ml aliquots from each flask onto 1- μ m polycarbonate membranes, following the method of Fisher *et al.* (54). After 67.5 h, \approx 72% of the label had been taken up by HiQ and LoQ algae. To expose the *Daphnia* to radiolabeled algae without aqueous exposure to Me²⁰³Hg, the labeled algal cells were separated from their radioactive water by filtering 20 ml of labeled *A. falcatus* cell suspension from each flask onto polycarbonate membranes and resuspending them into a common flask with fresh, unlabeled algal storage media for each treatment. Samples of resuspended algae were analyzed for radioactivity (see *Radioassays*), and cell density was determined by using a hemocytometer.

Daphnia MeHg Exposure and Bioenergetics. Radiolabeled algae of different nutrient qualities (HiQ or LoQ) were pulse-fed to *Daphnia* after which *Daphnia* were fed unlabeled HiQ or LoQ algae for 5 d during the juvenile growth period. The depuration of the label was followed in live *Daphnia* over the 5 d to quantify Me²⁰³Hg assimilation efficiency and efflux rates. *Daphnia* of the same size and age (48-h-old) were added to each of six replicate borosilicate containers per treatment with 17 individuals per container. This density of individuals was sufficient for radioactivity measurements in the *Daphnia* while remaining below crowding conditions (55). Each replicate contained 100 ml of P-free *Daphnia* culturing media. Additional 48-h-old *Daphnia* were measured for initial dry weights to quantify growth rate. *Daphnia* were allowed to clear their guts in the absence of food for 2 h. Then, 2.2×10^6 labeled HiQ or LoQ cells, corresponding to $3.3 \times 10^7 \mu\text{m}^3$, were added to each replicate. To minimize cross-contamination between treatments, animals from the LoQ replicates were removed from their feeding chambers before HiQ animals. As a result, *Daphnia* in the LoQ treatment fed on radiolabeled algae for a shorter time (35–78 min) than those in the HiQ treatment (86–128 min). Both exposure times were comparable with the gut passage time of these organisms (56) to minimize recycling of the radiolabel.

After radioactive feeding, *Daphnia* were rinsed twice in fresh P-free media, and five individuals from each replicate were analyzed for initial radioactivity. To monitor depuration of the label, all individuals were placed into new replicate containers with fresh P-free media and fed nonradioactive HiQ or LoQ algae at a daily ration of $1.6 \times 10^6 \mu\text{m}^3$ per *Daphnia* for 5 d. Radioactivity in *Daphnia* was measured nondestructively at multiple time points, and media was renewed every 24 h. At each time point, five *Daphnia* from each replicate were placed into counting vials, measured for radioactivity and returned to their experimental containers. At the final time point, *Daphnia* were measured for dry weights to calculate somatic growth rates.

In a parallel experiment, we monitored *Daphnia* ingestion rates of HiQ or LoQ algae. *Daphnia* were fed nonradioactive algae according to the same design used for the Me²⁰³Hg depuration period. In addition, we monitored changes in algal density in three control containers with no *Daphnia* for each treatment. *Daphnia* were transferred daily to new containers with fresh P-free media and algae according to treatment. Algal cell densities were measured in each container before *Daphnia* were added and 24 h later, after individuals were transferred to a new container. Thus, ingestion rate was measured every 24 h for 5 d.

Radioassays. Radioactivity of Me²⁰³Hg in all samples was determined by using an LKB Amersham Pharmacia Wallac (Gaithersburg, MD) 1282 Compugamma with a NaI(Tl) well detector. Gamma-emissions were assayed at 279 keV and counting times were 10 min, yielding typical propagated counting errors of \leq 5%. All counts were corrected for decay and background radioactivity, using appropriate standards and blanks.

Calculations and Statistical Analyses. The assimilation efficiency of MeHg (AE, the proportion of ingested Me²⁰³Hg assimilated into tissue) was calculated as the y-intercept of the regression between the natural log of the percent Me²⁰³Hg retained in *Daphnia* and time for the slowly exchanging pool during the 5-d depuration period (57). The efflux rate (K_e , the physiological loss of assimilated Me²⁰³Hg) was calculated as the slope of the regression (57). The biological half-life ($tb_{1/2}$) of Me²⁰³Hg was calculated as $tb_{1/2} = (\text{Ln } 2)/K_e$. Estimates of AE, K_e , and $tb_{1/2}$ were made for each replicate and averaged for each treatment.

Differences in resuspended algae Me²⁰³Hg concentrations, *Daphnia* Me²⁰³Hg AE, K_e , $tb_{1/2}$, and percent Me²⁰³Hg retained at day 5 between HiQ and LoQ treatments were tested by ANOVA. *Daphnia* specific growth rate was calculated as $(\text{Ln}(\text{final weight}) - \text{Ln}(\text{initial weight}) \text{ time}^{-1})$ for each replicate separately, and compared between treatments by ANOVA. Significant differences in *Daphnia* ingestion rates between treatments and over time were tested with multivariate ANOVA-repeated measures. To meet the assumptions of the multivariate ANOVA-repeated measures approach, a significant lack of sphericity in the variance-covariance matrix indicated by a χ^2 test was accounted for by reporting the Geisser–Greenhouse F test correction value (58). All statistical tests were conducted by using JMP 5.01.

Modeling Steady-State MeHg Concentrations in *Daphnia*. We calculated steady-state MeHg concentrations in *Daphnia* (MeHg_{ss}, ng g⁻¹ dry weight), using a biokinetic model fit with experimentally measured rates given by the equation

$$\text{MeHg}_{\text{ss}} = \frac{AE \times SIR \times C_f}{K_e + g} \quad [1]$$

(57, 59) where AE = the assimilation efficiency of MeHg (%), SIR is the specific ingestion rate (mg mg⁻¹ d⁻¹), C_f is the MeHg concentration in the algal food (ng g⁻¹), K_e is the efflux loss rate constant (d⁻¹), and g is the specific growth rate of the animal (mg mg⁻¹ d⁻¹). MeHg accumulation from the aqueous phase is assumed to be negligible (60). Site-specific predictions of steady-state concentrations of numerous metals in diverse aquatic animals, using this model and lab-derived kinetic rates have closely matched independent field measurements for a variety of organisms and ecosystems (20), including crustacean zooplankton (61). This match suggests that we can account for the major factors governing metal concentrations in aquatic animals and that the kinetic parameters quantified in lab experiments are applicable to natural waters.

To model the effects of HiQ and LoQ algal nutrient quality on *Daphnia* MeHg concentrations, we compared the response of *Daphnia* MeHg_{ss} with the observed variation in *Daphnia* ingestion and growth rates from HiQ and LoQ treatments. We used the grand mean of AE and K_e for these analyses, because these values were similar between treatments. For C_f , we used the average MeHg concentration of phytoplankton typical of unpolluted freshwater lakes ($C_f = 34 \text{ ng g}^{-1}$ dry weight) (ref. 50) to apply model predictions to natural systems. To compare the magnitude of response in MeHg_{ss} with differences in growth and ingestion between HiQ and LoQ algae consumption, we used the

mean, upper, and lower confidence limits of specific ingestion rate and growth (averaged over the 5 d) for each treatment.

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