Gemfibrozil

Structure/Activity Relationship of Gemfibrozil (CI-719) and Related Compounds

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Alkylation reactions are among the most fundamental and general procedures available to synthetic chemists for the purpose of assembling the carbon skeletons of organic molecules, but most of these methods are severely limited in sterically crowded environments.

Several years ago, dianions of carboxylic acids were reported to form in an organic solvent (Creger 1967) when carboxylate salts were treated with the strong base, lithium diisopropylamide (LDA). Subsequent treatment of the intermediate metalated carboxylic acids with epoxides (Creger 1972*a*), carbonyl compounds (Moersch & Burkett 1971, Adam *et al.* 1972) and alkyl halides (Creger 1967, 1972*b*) permitted formation of carboxylic acids with sterically crowded carbon skeletons.

The reaction with alkyl halides is illustrated in the equation below. The procedure has been recommended as a suitable alternative for the Haller-Bauer reaction and for the malonic ester synthesis depending on whether dianions (I) are

$$\begin{array}{c} HCRR_1CO_2H + 2 LDA \longrightarrow [CRR_1CO_2]^{2-} Li_2 + \\ (I) \\ I + R_2X \longrightarrow R_2CRR_1CO_2H \end{array}$$

formed from mono or dialkylacetic acids. Useful application of the alkylation reaction was suggested for the synthesis of structures that could display biological activity as antihyperlipidæmic agents.

A general structure (II) can be visualized which could include the structure of the hypolipidæmic agent clofibrate (III) as a single case.



Here, R and R_1 can be substituents represented most commonly but not necessarily by a carbon fragment. Cn could represent a spacing group, either a carbon fragment or some other atomic





array, and G and F are the same or different functional groups.

If the general structure could be assembled from the two halves on either side of the dashed line illustrated in (II), it is easy to recognize that the alkylation of metalated carboxylic acids could provide a great deal of synthetic control over structures where F is a carboxyl group. Finally, the carboxyl group could be converted into other functional groupings or it could be used to construct additional linkages.

This method was used, therefore, to prepare the two series of analogues shown in Table 1. The

Table 1

Effect of chain spacing on plasma lipids



No.	x	n	Dose● (ŕng/kg)	Percentage reduction in plasma lipids		
				Cholesterol	Triglycerides	
1	0	0	250	0	0	
2	0	1	250	0	0	
3	0	2	250	33	38	
4	0	3	250	0	76	
5	0	4	250	0	78	
6	0	5	250	0	76	
7	0	6	250	0	74	
8	0	7	250	53	84	
9	0	8	250	0	46	
10	CH3	0	250	0	0	
11	CH,	1	250	0	31	
12	CH,	2	250	22	50	
13	CH,	3	250	0	48	
14	CH,	4	250	29	60	

 Acacia suspensions of the drugs were administered daily by gavage to groups of 10 male rats for seven days (Rodney et al. 1965)

Table 2

C,H

26

27

-(CH₂)₃-

-(CH₂),---

-(CH₂)_-



Acacia suspensions of the drugs were administered daily by gavage to groups of 10 male rats for seven days (Rodney et al. 1965)

250

125

125

125

0

O

n

0

45

39

structures correspond to (II) where G is phenyl or phenoxy and Cn is an aliphatic chain. These models were examined initially to assess the effect of chain spacing on lipid levels in normal rats (VanHandel & Zilversmit 1957). When the drugs were administered by gavage (Rodney et al. 1965), good activity was displayed in compounds 4-8 when the phenoxy and isobutyric acid fragments were spaced by three or more carbon atoms (Creger 1972b). Moderate activity was obtained for analogues 12-14 in which the ether oxygen atom was replaced by a methylene group. In the rat, the biological effect was restricted primarily to a reduction in serum triglyceride levels, and that effect continued to be manifested at much lower doses.

There are significant synthetic advantages associated with the chain spacing (Cn) of three carbon atoms in 4 and, given no clear biological advantages from the initial data for alternative spacings, that fragment was chosen for incorporation into models designed to evaluate variations in alpha substituents.

Table 2 summarizes these results. Increased branching in singly substituted examples enhanced the activity, and a maximum effect was revealed for a tert-butyl substituent (19). Examples containing other alkyl or functional substitution were devoid of activity. All disubstituted models (23-27) were less active than the dimethyl substituted example (4), which was also more active than the most active singly substituted analogue (19).

A few of many examples of substituent variations on the aromatic ring are presented in Table 3. Single substituents (not shown) failed to produce analogues with activities greater than (4). Examples containing single electronegative substituents were devoid of activity or displayed a greatly reduced capacity to affect serum triglyceride levels in rats. Among disubstituted derivatives, activity patterns indicated that 2,5and 3.5- substitution produced a maximum response where both substituents were methoxy or chloro (not shown) as well as the dimethyl analogues shown in Table 3. The dimethyl substituted congeners shown, displayed greatest activity (Creger 1972a). Trimethyl substituted

Table 3 Effect of aromatic substitution on plasma lipids



	. .				Percentage reduction in plasma lipids		
No.	Posi- tions	R	R ¹	Dose (mg/kg)	Cholesterol	Triglycerides	
28	2.3	CH,	CH ₃	250	0	65	
29	2.4	CH,	CH,	125	0	34	
30	2,5	СН,	CH,	250	0	88	
31	2,6	CH ₃	СН,	250	0	50	
32	3,4	CH,	CH ₃	125	0	0	
33	3,5	СН,	CH,	250	0	88	

Acacia suspensions of the drugs were administered daily by gavage to groups of 10 male rats for seven days (Rodney et al. 1965)

 Table 4

 Effect of functional changes on plasma lipids



			Percentage reduction in plasma lipids		
No.	F	Dose 🔵 (mg/kg)	Cholesterol	Triglycerides	
30	CO₂H	75	0	70	
34	CO,Et	75	0	58	
35	сно	50	0	68	
36	CH,OH	75	0	60	
37	CH,OCH3	25	0	54	
38	COCH ₃	250	0	39	
39	CHOHCH ₃	100	0	0	
40	CN	250	0	38	

• Acacia suspensions of the drugs were administered daily by gavage to groups of 10 male rats for seven days (Rodney *et al.* 1965)

analogues (not shown) were significantly less active, and mixed methyl-alkyl and methylchloro derivatives (not shown) likewise displayed lower effects than (30) (33) or (4).

Earlier work in another series of compounds indicated that ester or carboxyl functions are not necessary for activity in antihyperlipidæmic agents (Creger 1966). Accordingly, the functional

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derivatives shown in Table 4 were prepared and examined with regard to their effects on serum lipids. Simple oxygenated functions (35-37) (Creger & Neuklis 1972, 1973, 1974) displayed effects that were approximately equivalent to those that obtained for the corresponding carboxylic acid (30) or simple alkyl ester derivatives (34).

Finally, optimum aryl substitution (2, 5- and 3,5-xylyloxy) in (30) and (33) was retained and the spacing group was varied, then the alpha substituents were systematically changed. All of the analogues so produced (not shown) were considerably iess active than (33) and gemfibrozil (30). It seems likely, therefore, that the structure of gemfibrozil (30) reflects optimum substituent variations in each of the four fragments of the molecule that are amenable to change.

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