

Augmented Expression of Cyclooxygenase-2 in Human Atherosclerotic Lesions

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Cyclooxygenase-1 (Cox-1) and Cox-2 convert arachidonic acid to prostaglandin H₂, the precursor of other prostaglandins and thromboxanes, eicosanoids important in vascular pathophysiology. However, knowledge of the expression of cyclooxygenases within atherosclerotic lesions is scant. This study tested the hypothesis that human atheroma and non-atherosclerotic arteries express the two Cox isoforms differentially. Cox-1 mRNA and protein localized on endothelial and medial smooth muscle cells of normal arteries (*n* = 5), whereas Cox-2 expression was not detectable. In contrast, atheromatous (*n* = 7) lesions contained both Cox-1 and Cox-2, colocalizing mainly with macrophages of the shoulder region and lipid core periphery, whereas smooth muscle cells showed lower levels, as demonstrated by immunohistochemical and *in situ* hybridization analysis. Furthermore, microvascular endothelium in plaques showed notable staining for both isoforms. In accord with immunohistochemical studies, Western blot analysis of protein extracts from normal arteries revealed constitutive Cox-1, but not Cox-2, expression. Extracts of atheromatous lesions, however, contained both Cox-1 and Cox-2 protein, detected as two immunoreactive proteins of approximately 70 and 50 kd. Macrophages expressed the short form of Cox-1/-2 constitutively after several days of *in vitro* culture, rather than the 70-kd protein. These results shed new light on the inflammatory pathways that operate in human atheroma. In particular, the expression of Cox-2 in atheromatous, but not in unaffected, arteries has therapeutic implications, given the advent of selective Cox-2 inhibitors. (Am J Pathol 1999, 155:1281-1291)

During the last three decades many studies have addressed the roles of eicosanoids, such as prostacyclin

(PGI₂), thromboxane A₂ (TXA₂), and prostaglandin E₂ (PGE₂), in vascular pathophysiology.¹⁻⁴ The actions of PGI₂ include inhibition of platelet aggregation and vasodilatation, reduction of cholesterol accumulation, and inhibition of vascular smooth muscle cell (SMC) proliferation.⁵⁻⁷ TXA₂ action is linked to the inositol-phosphate pathway and causes vasoconstriction and platelet aggregation.⁸ PGE₂ inhibits cholesterol esterification and can increase cholesterol synthesis by negative feedback.⁹ Furthermore, PGE₂ augments matrix metalloproteinase (MMP) expression in MΦ,¹⁰ enzymes considered crucial for vulnerable plaque evolution.

Cyclooxygenases convert arachidonic acid to prostaglandin G/H₂ and, hence, regulate eicosanoid synthesis. Cyclooxygenase-1 (Cox-1), originally purified from bovine vesicular glands¹¹ and cloned from sheep vesicular glands,¹²⁻¹⁴ is constitutively expressed in many human tissues, eg, stomach, kidney, platelets, and the central nervous system.¹⁵ Interestingly, the prostaglandin production in these tissues varies and correlates with the degree of inflammation, despite constitutive prostaglandin G/H synthase expression. Differential screening eventually revealed the presence of a second, inducible cyclooxygenase, called prostaglandin endoperoxide synthase-2 or Cox-2.^{16,17} Induction of this isoform by several mediators, including proinflammatory cytokines, such as interleukin (IL)-1, tumor necrosis factor (TNF), interferon γ , endotoxin, growth factors, or shear stress implied a function for Cox-2 in both inflammation and regulation of cell growth, as reviewed elsewhere.^{18,19} Recent reports further implicate cyclooxygenase products in the regulation of angiogenesis²⁰ and of apoptosis.^{21,22} *In vitro*, Cox-2 is inducible in fibroblasts²³ and mucosal cells,²⁴ as well as in the atheroma-associated cell types endothelial cells (EC), SMC, and macrophages (MΦ).²⁵⁻²⁸ In addition, IL-1 induces Cox-2 in human saphenous vein and internal mammary arteries segments in organ culture.²⁹ Even though human atherosclerotic lesions contain several of the above listed mediators of

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cyclooxygenase induction,³⁰ we possess no information concerning the expression of Cox-1 and/or Cox-2 in atherosclerotic tissue.

Both cyclooxygenases have a molecular weight of approximately 70 kd, share 70% identity in their amino acid sequence, and possess similar three-dimensional structures.^{18,31,32} Even though the inducible enzyme Cox-2 closely resembles in structure and catalytic activity the constitutive Cox-1, the two isoforms have important differences in substrate and inhibitor selectivity, their intracellular location, and their biological function.¹⁸ Both enzymes use arachidonic acid equally well. Cox-2, however, converts other fatty acid substrates, such as linolenic or linoleic acid, more efficiently. Furthermore, Cox-2 is less sensitive to aspirin inhibition than is Cox-1.^{33,34} Aspirin inhibits Cox-1 in platelets, reducing thrombotic potential, probably via decreased production of prostaglandins, such as thromboxane A₂.³⁵ The variation in the biological function of Cox isoforms may relate to their subcellular localization: Cox-1 primarily in the endoplasmic reticulum and Cox-2 in both the endoplasmic reticulum and the perinuclear space.³⁶

Despite the recognition that the Cox-1 and Cox-2 isoforms have distinct regulation, we have little knowledge of their relative importance in atherogenesis. This issue is particularly important given both the increased recognition of the inflammatory nature of atheroma, which might induce the proinflammatory isoform Cox-2, and the current availability of pharmacological agents that inhibit specifically this isoform. The present study, therefore, tested the hypothesis that human atherosclerotic lesions exhibit augmented Cox-2 expression.

Materials and Methods

Materials

Human recombinant IL-1 β and TNF α were obtained from Endogen (Cambridge, MA), *Escherichia coli* endotoxin lipopolysaccharide (LPS) from Sigma (St. Louis, MO). Recombinant human CD 40 ligand (rCD40L) was prepared as described previously.³⁷ Goat polyclonal antibodies against human Cox-1 and Cox-2 as well as recombinant human Cox-1 and Cox-2 blocking peptides were obtained from Santa Cruz Biotechnology (Santa Cruz, CA). The respective mouse anti-human Cox-1 and Cox-2 monoclonal antibodies were provided by Cayman Chemicals (Ann Arbor, MI). Control mAb and rabbit Ig used for immunohistochemistry were obtained from PharMingen (La Jolla, CA).

Cell Isolation and Culture

Human vascular EC were isolated from saphenous veins by collagenase treatment (1 mg/ml; Worthington Biochemicals, Freehold, NJ) and cultured in dishes coated with fibronectin (1.5 μ g/cm² New York Blood Center Reagents, New York, NY). Cells were maintained in medium 199 (BioWhittaker, Walkersville, MD), supplemented with 1% penicillin/streptomycin (BioWhittaker), 5% fetal bo-

vine serum (FBS; Atlanta Biologicals, Norcross, GA), 50 μ g/ml heparin (Sigma) and ECGF (endothelial cell growth factor; Pel-Freez Biological, Rogers, AK). Human vascular SMC were isolated from human saphenous veins by explant outgrowth³⁸ and cultured in DMEM (BioWhittaker) supplemented with 1% L-glutamine (BioWhittaker), 1% penicillin/streptomycin, and 10% FBS. Both cell types were subcultured after trypsinization in 0.5% trypsin (Worthington Biochemicals)/0.2% EDTA (EM Science, Gibbstown, NJ) in 75-cm² culture flasks (Becton Dickinson, Franklin Lakes, NJ), and used throughout passages two to four. Culture media and FBS contained <40 pg endotoxin/ml as determined by the chromogenic Limulus amoebocyte assay (QLC-1000; BioWhittaker). EC and SMC were characterized by immunostaining with anti-von Willebrand factor and anti-SMC α -actin antibody (Dako, Carpinteria, CA), respectively. Both cell types were cultured 24 hours before the experiment in media lacking FBS: vascular EC were cultured in M199 supplemented with 0.1% human serum albumin and vascular SMC in insulin/transferrin (IT) medium, as described previously.³⁹

Mononuclear phagocytes were isolated by density gradient centrifugation, using Lymphocyte Separation Medium (Organon-Teknika, Durham, NC), and subsequent counterflow elutriation from freshly prepared human peripheral blood mononuclear cells (PBMC) obtained from leukopacs of healthy donors (kindly provided by Dr. B. Rollins, Dana Farber Cancer Institute, Boston, MA). Mononuclear phagocytes were either used directly for the experiments (monocytes) or cultured for 1, 3, or 9 days (M Φ) in RPMI 1640 containing 2% human serum (Sigma). The purity of monocytes and M Φ was \geq 96%, as determined by fluorescence-activated cell sorter analysis (anti-human CD68 mAb FITC, PharMingen). For certain studies, M Φ were stimulated in RPMI 1640 lacking serum.

Immunohistochemistry

Surgical specimens of human carotid atheroma and aorta were obtained by protocols approved by the Human Investigation Review Committee at the Brigham and Women's Hospital. Serial cryostat sections (5 μ m) were cut, air dried onto microscope slides (Fisher Scientific, Pittsburgh, PA), and fixed in acetone at -20°C for 5 minutes. Sections were pre-incubated with phosphate-buffered saline (PBS) containing 0.3% hydrogen peroxidase activity. The sections were then incubated for 90 minutes with primary or control (mouse myeloma protein MOPC-21, Sigma) antibody, diluted in PBS supplemented with 5% appropriate serum. After washing three times in PBS, sections were incubated with the respective biotinylated secondary antibody (45 minutes; Vector, Burlingame, CA) followed by avidin-biotin-peroxidase complex (Vectastain ABC kit, Vector), and antibody binding was visualized with 3-amino-9-ethyl carbazole (Vector) according to the recommendations provided by the supplier. For colocalization of Cox-1 or Cox-2 with the respective cell type, double-immunofluorescence staining was performed. The anti-human Cox-1 and Cox-2 Ab (1:200) was applied for 90 minutes, followed by biotinyl-

ated anti-mouse/goat secondary antibody for 45 minutes and Texas red-conjugated streptavidin (Amersham, Arlington Heights, IL). After application of the avidin/biotin blocking kit (Vector), anti-muscle actin mAb for SMC (Enzo Diagnostics, New York, NY), anti-CD31 mAb for EC (1:400, Dako), or anti-CD68 mAb for M Φ (1:600, Dako) were added and sections incubated overnight at 4°C. Subsequently, biotinylated horse-anti-mouse secondary antibodies were applied for 30 minutes, followed by streptavidin-FITC (Amersham).

In Situ Hybridization

In situ hybridization was performed according to the instructions of the manufacturer (Hyb-Probe, Shandon/Lipshaw, Pittsburgh, PA). Briefly, frozen tissue sections obtained as described above were fixed in cold acetone, air-dried, and incubated with a mixture of FITC-labeled Cox-1 (5'-GTGACCTTGATACCGATCGGAAAGAACATC G-3'; 5'-TACGAAGTCGTTTCGTCGGGAGGTGAGGTCG3'; 5'-CAACCGAGGTTTGACGAGGGTA GTAAGGAA-3') or random oligomers in hybridization-buffer (30% formamide, 0.6 mol/L NaCl₂, 10% dextran sulfate, 50 mmol/L Tris (pH7.5), 0.1% sodium-pyro-phosphate, 0.2% Ficoll, 5 mmol/L EDTA) for 10 minutes at 65°C and subsequently for 2 hours at 37°C in a moist chamber. Finally, slides were washed 3 times and forwarded to the immunological reaction employing alkaline phosphatase-conjugated rabbit Fab' anti-FITC (30 minutes) and Nitroblue tetrazolium/5-bromo-4-chloro-3-indoyl phosphate chromogen solution (1 hour).

Biochemical Analysis of Human Atherosclerotic Lesions

Frozen tissue from five nonatherosclerotic arteries and seven atheromatous carotid plaques were homogenized (IKA-Labortechnik, Dortmund, Germany, Ultra-turrax T 25) and lysed (0.3 mg tissue/ml lysis buffer) as described previously.⁴⁰ The lysates were clarified (16,000 × *g*, 15 minutes) and the protein concentration for each tissue extract as well as for the cell culture samples was determined using a bicinchoninic acid protein assay according to the instructions of the manufacturer (Pierce, Rockford, IL).

Western Blot Analysis

Tissue extracts (50 μg total protein/lane), cell extracts (20 μg total protein/lane), and culture supernatants (10×) were separated by standard sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE) under reducing conditions and blotted to polyvinylidene difluoride membranes (Bio-Rad, Hercules, CA) using a semi-dry blotting apparatus (0.8 mA/cm², 30 minutes; Bio-Rad). Blots were blocked and first and second monoclonal antibodies were diluted in 5% defatted dry milk/PBS/0.1% Tween 20. After 1 hour of incubation with

the respective primary antibody, blots were washed three times (PBS/0.1% Tween) and the secondary, peroxidase-conjugated goat-anti-mouse antibody (Jackson ImmunoResearch, West Grove, PA) was added for another 1 hour. Finally, the blots were washed (20 minutes, PBS/0.1% Tween 20) and immunoreactive proteins were visualized using the Western blot chemiluminescence system (New England Nuclear, Boston, MA).

Results

Human Atherosclerotic Lesions Express both Cox-1 and Cox-2 Protein in Situ

Normal arterial tissue (*n* = 5) and atherosclerotic lesions (*n* = 7) contained immunostainable Cox-1 (Figure 1). In contrast, nonatherosclerotic arterial tissue had little or no Cox-2. Interestingly, staining for Cox-2 was abundant in atheromatous lesions compared to normal arterial tissue. Within the lesion, Cox-1 and Cox-2 accumulated in the shoulder region of the lesions as well as the periphery of the lipid core, areas also staining for M Φ (anti-CD68, data not shown). Immunofluorescence double-labeling associated the expression of Cox-1 in normal tissue with vascular EC and SMC (data not shown). Within the atherosclerotic lesion, both cyclooxygenase isoforms colocalized with EC and SMC, but showed brightest signals in M Φ (Figure 2, 3). The endothelium of plaque microvessels also showed prominent Cox-1 and Cox-2 staining (Figure 4). Preincubation of the Cox-antibodies with the respective peptide inhibited staining, indicating the specificity of the signals obtained (data not shown). Immunohistochemical analysis performed with the polyclonal or the monoclonal anti-Cox-1/-2 antibody showed similar results. Tissues showed no staining with an irrelevant IgG1 antibody (Figure 1, bottom left panel).

Human Atherosclerotic Lesions Express Cox-1 mRNA in Situ

Further characterization of the variation in cell-type specific expression of Cox-1 in nonatherosclerotic and atheromatous arterial tissue used *in situ* hybridization. In accord with the immunohistochemical data, Cox-1 transcripts localized in EC and SMC of the normal vessel wall (Figure 5). Within human atherosclerotic lesions, however, Cox-1 mRNA (although expressed in EC and SMC as well) localized most prominently in the shoulder region of the lesion and the periphery of the lipid core, areas characterized by immunohistochemistry on adjacent sections as smooth muscle cell-poor and M Φ -rich (data not shown). Furthermore, SMC within the tunica media underlying the lesion as well as in sections with normal vessel morphology, stained strongly for Cox-1 transcripts. *In situ* hybridization with negative control probes yielded no signal.

Cox-1

Cox-2

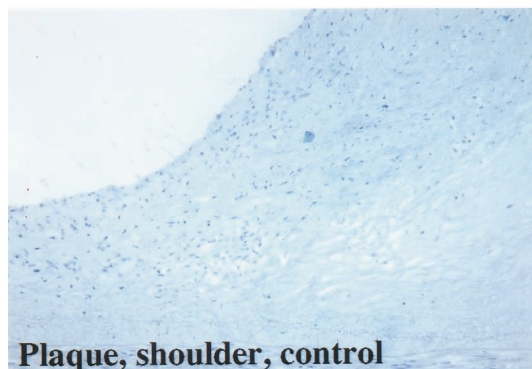
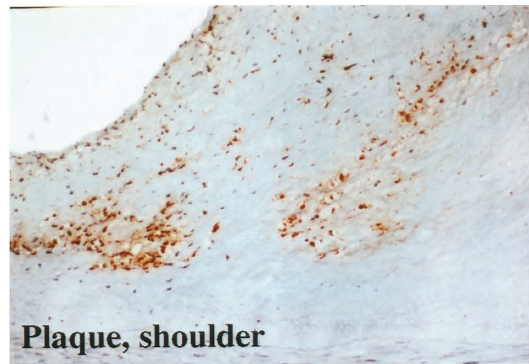
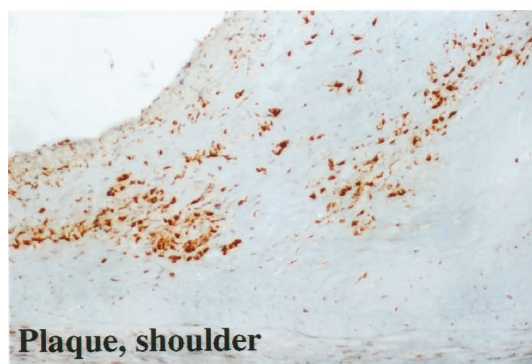
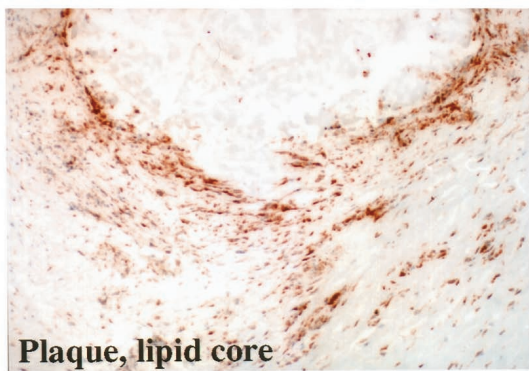
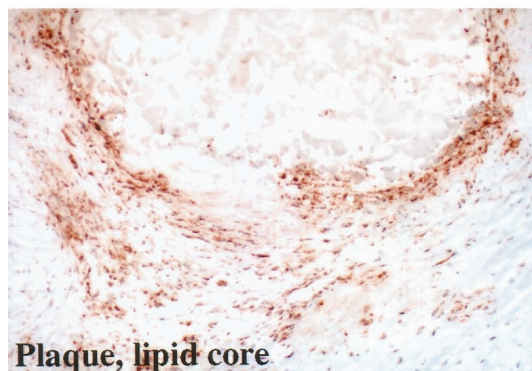
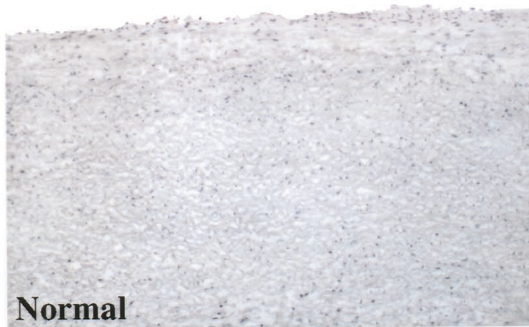
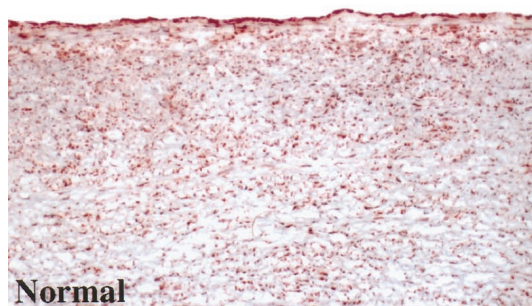


Figure 1. Expression of Cox-1 and Cox-2 in normal arterial and atherosclerotic plaque tissue. Frozen sections of nonatherosclerotic human arteries and atheromatous plaques were stained for Cox-1 and Cox-2 employing horseradish-peroxidase-mediated immunohistochemistry (red reaction product). No immunoreactivity was observed in tissue stained with the respective control IgG1 antibody (control). The lumen of the artery is at the top of each photomicrograph. Analysis of five normal aortic tissue and seven atheroma obtained from different donors showed similar results.

Western Blot Analysis of Cox-1 and Cox-2 Expression in Human Atherosclerotic Plaques

Western blot analysis performed on extracts of the surgical specimens using antibodies identical to those used for the immunohistochemistry studies revealed immuno-

reactive Cox-1 in both normal arterial and atherosclerotic tissue (Figure 6, right panel). The analysis demonstrated two major immunoreactive proteins, migrating at 70 kd and 50 kd. The 50-kd band was more pronounced in atherosclerotic tissue extracts. The higher molecular weight band comigrated with the prominent immuno-

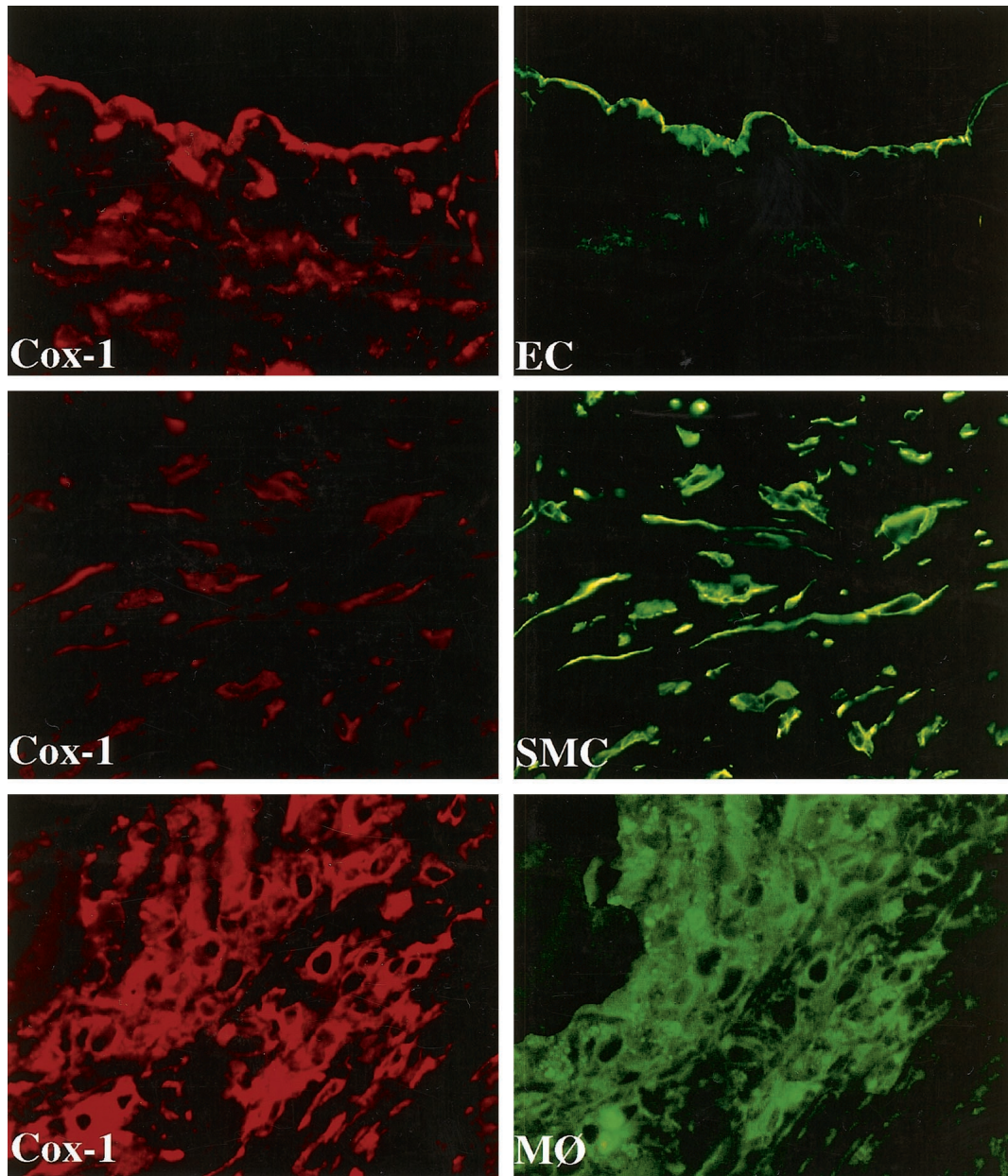


Figure 2. Colocalization of Cox-1 with endothelial cells (EC), smooth muscle cells (SMC), and macrophages (MΦ) in human atheroma. High power views ($\times 400$) of frozen sections of human carotid lesions showed specific staining for Cox-1 (red staining) on human vascular EC, SMC, and MΦ within the atheroma. Cell types were characterized by immunofluorescence-double labeling (green staining) as described in Materials and Methods. The lumen of the artery is at the top of each photomicrograph. Analysis of atheroma obtained from five different donors showed similar results.

active protein obtained with lysates of unstimulated as well as IL-1 β /TNF α stimulated EC and SMC. The lower molecular weight band, however, was particularly prominent in lysates of MΦ, compared to EC and SMC. Supernatants of either unstimulated or stimulated EC, SMC or MΦ did not contain Cox-1. In accord with the immunohistochemical studies, Western blot analysis revealed no or only little immunoreactive Cox-2 in extracts of nonatherosclerotic tissue, but showed markedly increased immunoreactive Cox-2 protein in atheromatous lesions. As in the case of Cox-1, we observed two immunoreactive Cox-2 proteins with approximate molecular weights of 70 kd and 50 kd. Also similar to the studies on Cox-1 ex-

pression, the higher molecular weight Cox-2 band obtained with tissue extracts comigrated with the prominent immunoreactive protein detected in lysates of IL-1 β /TNF α -stimulated EC and SMC, whereas the lower molecular weight form was the prominent band in extracts of activated MΦ derived from peripheral blood monocytes after nine days of *in vitro* culture. Lysates of unstimulated MΦ, but not of EC or SMC cultures, expressed immunoreactive Cox-2 protein. Furthermore, IL-1/TNF α stimulated EC, but not SMC and MΦ cultures released immunoreactive Cox-2. Besides IL-1 β /TNF α , classic mediators of Cox-2 expression, we also used rCD40L as a stimulus, resulting in the increased levels of Cox-2, but not Cox-1,

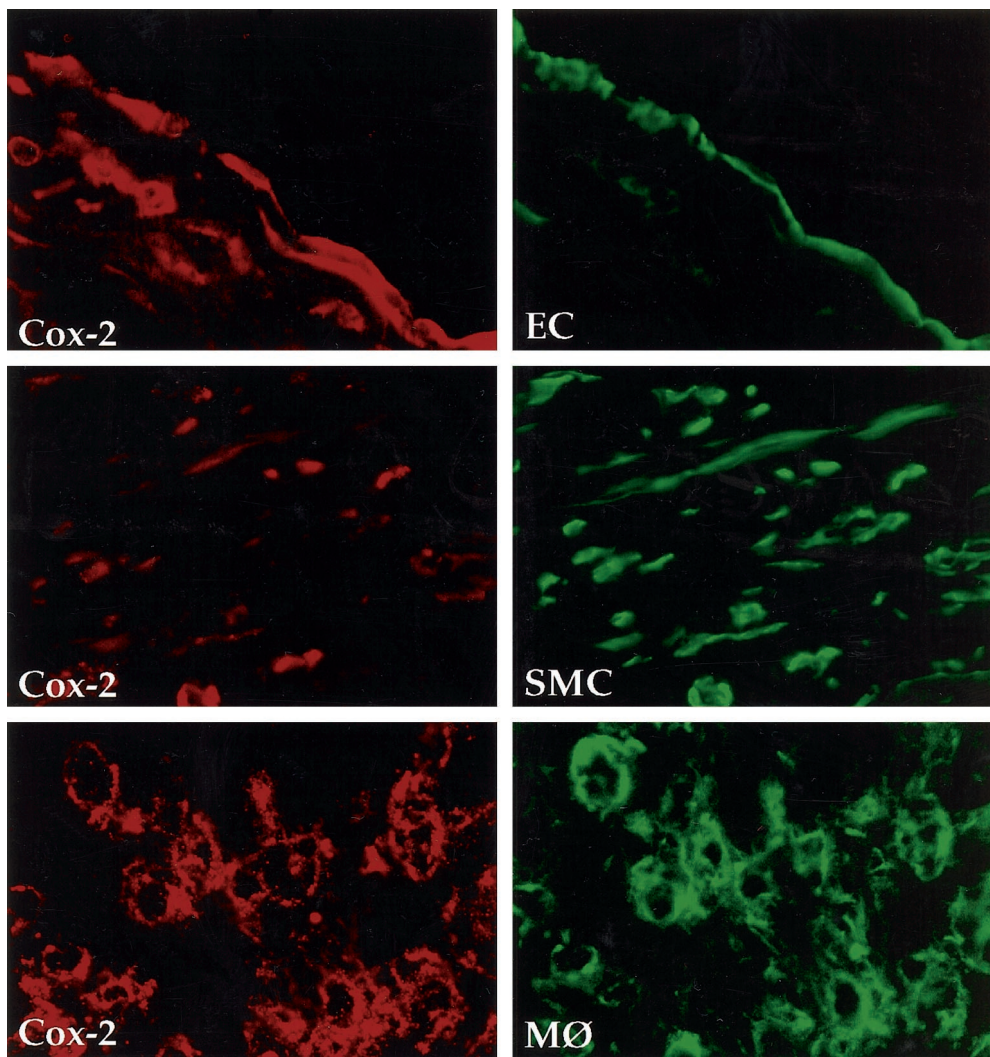


Figure 3. Colocalization of Cox-2 with EC, SMC, and M Φ in human atheroma. High power views ($\times 400$) of frozen sections of human carotid lesions showed specific staining for Cox-2 (red staining) on human vascular EC, SMC, and M Φ within the atheroma. Cell types were characterized by immunofluorescence-double staining (green staining) as described in Materials and Methods. The lumen of the artery is at the top of each photomicrograph. Analysis of atheroma obtained from five different donors showed similar results.

in all three cell types (Figure 6). These findings agree with a recent study demonstrating that CD40 engagement up-regulates Cox-2 in human lung fibroblasts.²³

To explore further the pattern of Cox-1 and Cox-2 expression in M Φ , we analyzed whether M Φ differentiation might regulate expression of the observed immunoreactive bands. Freshly isolated peripheral blood monocytes as well as M Φ derived from monocytes after 1 day of *in vitro* culture, incubated for 24 hours with medium or LPS, expressed Cox-1 constitutively with a molecular weight of 70 kd (Figure 7). After 3 and, more markedly, after 9 days of *in vitro* culture, a constitutively expressed second immunoreactive Cox-1 and Cox-2 protein was detected with an molecular weight of approximately 50 kd. Western blot analysis on these lysates for Cox-2 revealed that the inducibility of the 70-kd form diminishes with increased time in culture of the M Φ . In contrast, the lower molecular weight form, only moderately expressed in freshly isolated or 1-day cultured monocyte-derived M Φ , rose with time of culture. Stimulation of M Φ with

rCD40L yielded findings similar to those described above for LPS-stimulated cultures (data not shown).

Discussion

Cyclooxygenases catalyze the conversion of arachidonic acid to eicosanoids, which mediate a variety of biological actions involved in vascular pathophysiology.^{1-10,20-22} Despite the findings that cyclooxygenases can modulate functions crucial in atherogenesis, little is known of the relative contribution of the two Cox isoforms. This study demonstrates *in situ* the expression of Cox-1 and Cox-2 within human atherosclerotic lesions, but only of constitutive Cox-1 in undiseased arteries. The constitutive expression of Cox-1 is further supported by comparable amounts of immunoreactive protein in protein extracts of either tissue. (Whether the lower-molecular-weight form is an isoform or a processing product is unknown and will be a subject of future investigations.) Our findings further

Microvascular endothelium

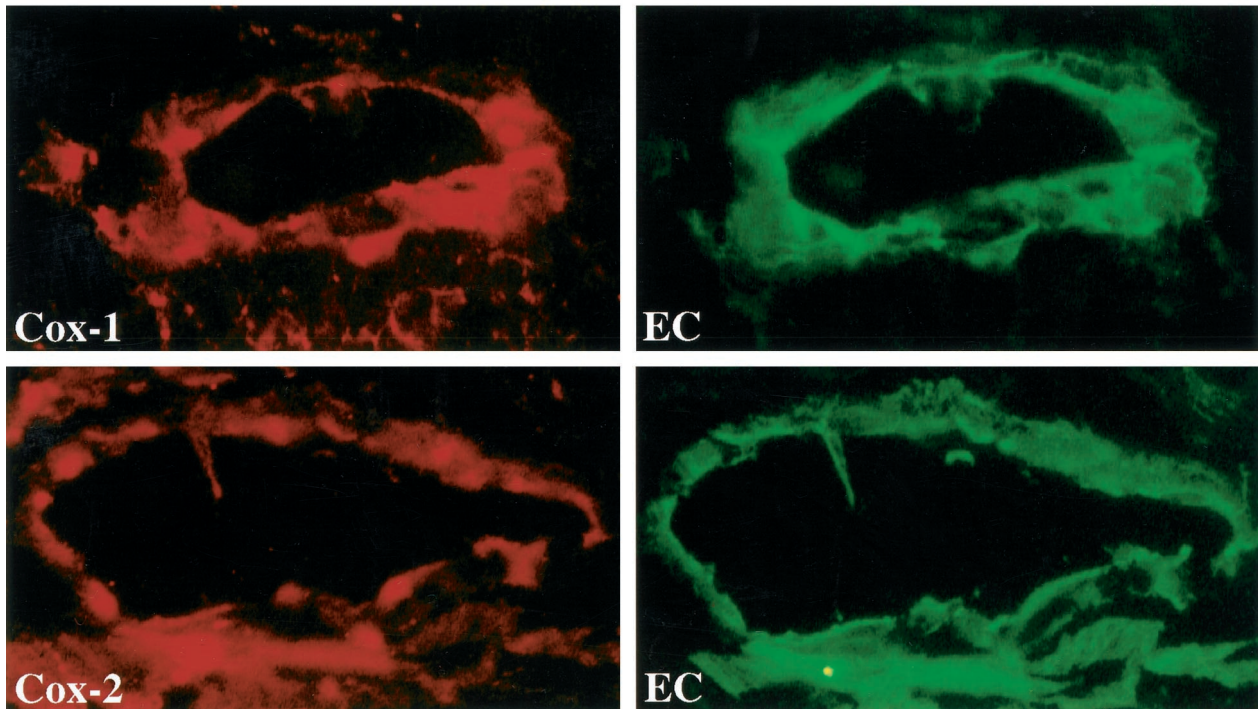


Figure 4. Colocalization of Cox-1 and Cox-2 with microvascular endothelium. High power views ($\times 400$) of frozen sections of human carotid lesions showed specific staining for Cox-1 or Cox-2 (red staining), respectively, on microvascular endothelium. Cell types were characterized by immunofluorescence double-staining (green staining) as described in Materials and Methods. Analysis of atheroma obtained from five different donors showed similar results.

correspond with the constitutive expression of Cox-1 in most tissues and cells,¹⁵ and with the lack of Cox-2 expression in freshly prepared saphenous veins and internal mammary arteries as well as umbilical veins and arteries.^{27,29} Finally, Rimarachin et al demonstrated that the expression of Cox-2 after *in vivo* vascular injury extends over many days, whereas the expression of Cox-1 remains unchanged.⁴¹ However, the present finding of heterogeneous Cox-1 expression in SMC within the atheromatous vessel is unanticipated. M Φ of the shoulder region and the lipid core periphery, not SMC, contain most of the Cox-1 protein within the lesion. In contrast, medial SMC underlying the plaque as well as those in adjacent sections with normal morphology exhibit prominent Cox-1 staining. This finding may have functional importance, because different cell types can regulate the production of different eicosanoids. Endothelium predominantly releases prostaglandin I₂,⁴² a potent inhibitor of platelet activation and cholesterol accumulation,^{5,6,43} whereas M Φ , not present in normal arterial tissue, produce an array of prostanoids, including prostaglandin E₂ and thromboxane A₂,²⁸ considered the more atherogenic eicosanoids. The *in vivo* finding that prostacyclin agonists suppress M Φ atherogenic activity and thus inhibit the development of early atherosclerosis⁴⁴ heightens the relevance of M Φ -derived eicosanoids. Interestingly, previous studies demonstrated that cyclooxygenase products, such as PGI₂, but not PGE₂, augment cholesteryl

ester hydrolase activity, whereas PGE₂, but not PGI₂, inhibits Acyl-CoA cholesterol acyl-transferase activity in human vascular SMC,^{45,46} highlighting a possible lipid accumulation-reducing (hence anti-atherogenic) function of elevated Cox-2 expression. Future studies are needed to determine whether and how enhanced cyclooxygenase expression functionally affects atherogenesis and the net effect *in vivo* of the interplay between the anti- and pro-atherogenic products of cyclooxygenases, particularly with regard to the vascular wall-associated, Cox-2-mediated synthesis of prostacyclin, a potent vasodilator and endogenous inhibitor of platelet aggregation.⁴⁷

The constitutive expression of Cox-1 in diseased as well as undiseased arterial tissue, however, implicates a more physiological rather than inflammatory role of this enzyme with homeostatic functions, as recently reviewed elsewhere.⁴⁸

Interestingly, both Cox-1 and Cox-2 predominantly localize with lesional M Φ , a finding that agrees with observations in abdominal aortic aneurysms, where M Φ also represent the majority of Cox-expressing cells.⁴⁹ Increased Cox-2 expression within the lesion, a site of chronic inflammation, further agrees with reports describing Cox-2 expression in atheroma-associated cells, including EC, SMC, and M Φ ,²⁵⁻²⁸ on stimulation with proinflammatory cytokines such as IL-1 and TNF α , mediators found within human atherosclerotic lesions.³⁰ We recently demonstrated the presence of another inflammatory path-

Expression of Cox-1 transcripts

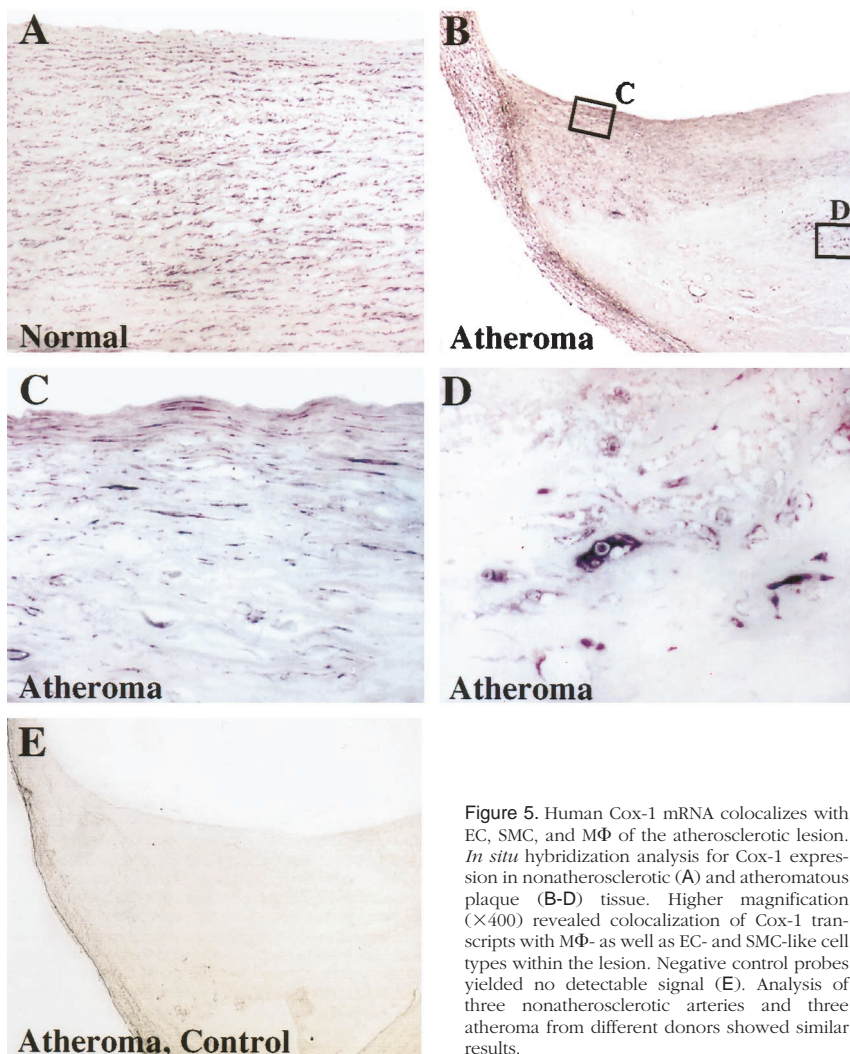


Figure 5. Human Cox-1 mRNA colocalizes with EC, SMC, and M Φ of the atherosclerotic lesion. *In situ* hybridization analysis for Cox-1 expression in nonatherosclerotic (A) and atheromatous plaque (B-D) tissue. Higher magnification ($\times 400$) revealed colocalization of Cox-1 transcripts with M Φ - as well as EC- and SMC-like cell types within the lesion. Negative control probes yielded no detectable signal (E). Analysis of three nonatherosclerotic arteries and three atheroma from different donors showed similar results.

way in the atherosclerotic plaque, the CD40-CD40L receptor-ligand pair,⁵⁰ which modulates atheroma-associated functions *in vitro*^{39,50-52} and *in vivo*.⁵³ We therefore tested whether CD40 ligation affects the expression of either cyclooxygenase in vascular cells. Our finding that recombinant CD40L potently stimulates the expression of cyclooxygenase-2 in EC, SMC, and M Φ agrees with the recently published study of Zhang et al,²³ demonstrating that CD40 engagement up-regulates this isoform in human lung fibroblasts. The colocalization of the enzyme with CD40-positive lesional EC, SMC, and M Φ (GK Sukhova, U Schönbeck, unpublished observations) supports the potential importance of CD40/CD40L in the regulation of Cox-2 within human atheroma.

Some eicosanoids may play a protective role in cardiovascular and inflammatory diseases, as they reduce adhesion molecule expression, platelet activation, and SMC proliferation.^{5-7,43,54} In contrast, studies with Cox inhibitors indicated a proinflammatory effect of Cox-2.^{55,56} An intriguing and novel potential proatherogenic mecha-

nism of cyclooxygenase products is supported by the very recent demonstration by Tsujii et al²⁰ that Cox-1 activity in EC modulates angiogenesis. Neovessel formation, furthermore, required the presence of Cox-2, mediating the synthesis of angiogenic factors. The formation of neovessels may contribute to the evolution of the plaque.⁵⁷ Indeed, the microvascular endothelium prominently expressed both Cox isoforms, raising the possibility that parallel presence of Cox-1 and Cox-2 within the lesion contributes to the formation of new blood vessels, thus allowing the plaque to expand.

Prostanoids also have potent actions on vascular SMC, regulating contractility, cholesterol metabolism, and proliferation.⁵⁻⁷ Increased expression of cyclooxygenases might thus contribute to the accumulation of lipids in lesional SMC (and M Φ), favoring formation of SMC- and M Φ -derived foam cells within atheroma. On the other hand, antiproliferative and antimigratory⁵⁸ actions of Cox products on human vascular SMC, in combination with our finding that the expression of lesional cyclooxygen-

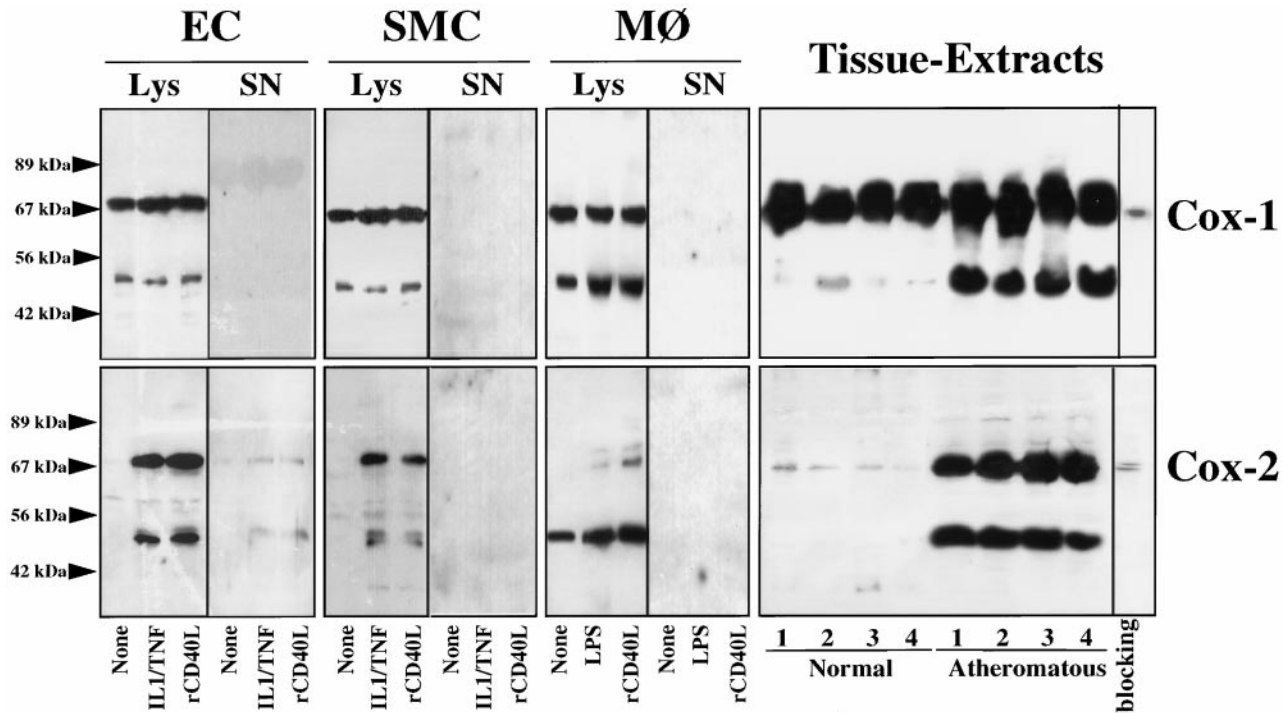


Figure 6. Human atherosclerotic lesions express immunoreactive forms of Cox-1 and Cox-2. Protein extracts (Lys; 20 $\mu\text{g}/\text{lane}$) and supernatants (SN; 50 μl , $\times 10$) of EC, SMC, and M Φ , cultured 24 hours in the absence (None) or presence of IL-1 β /TNF α (10 ng/50 ng/ml), rCD40L (10 $\mu\text{g}/\text{ml}$), or endotoxin (100 ng LPS/ml), as well as tissue extracts (50 $\mu\text{g}/\text{lane}$) of nonatherosclerotic tissue (Normal) and atheromatous plaques (Atheroma), were separated by standard SDS-PAGE under reducing conditions and analyzed by Western blotting for Cox-1 and Cox-2 expression. For specificity control, atheroma tissue extract (sample 4) was analyzed by Western blotting performed with the Cox-1 or Cox-2 antibody preincubated for 30 minutes at 37°C with the respective blocking peptide (10 $\mu\text{g}/\text{ml}$). Arrowheads at left indicate the positions of the molecular weight markers. Analysis of four normal tissues as well as four atheromatous lesions from eight different donors showed similar results.

ases depends mainly on the content of M Φ , suggests potential contributions of the enzymes to the evolution of a lesion toward an SMC-depleted and M Φ -enriched, and thus more vulnerable, plaque. Interestingly, prostaglandin E₂, a predominant eicosanoid of M Φ , induces,¹⁰ whereas PGI₂, the predominant arachidonic acid product in vascular cells, inhibits⁵⁸ the expression of MMPs, enzymes considered crucial in the degradation of plaque stability. Our previous description⁴⁰ of various MMPs in regions reported here as Cox-positive and found to be M Φ -enriched suggest that such regulation of MMP expression by Cox products may operate *in vivo*. Furthermore, we found by Western blot analysis that morphologically stable (SMC-enriched and M Φ -depleted) plaques expressed substantially less Cox-1, Cox-2, and MMPs compared to lesions with more unstable features (U Schönbeck, GK Sukhova, unpublished observation). Finally, prostaglandins inhibit the production of extracellular matrix macromolecules, such as fibronectin and type I and III collagen, further favoring plaque fragility.⁵⁹

It remains to be determined how cyclooxygenase products mediate their actions. Two classes of prostaglandin receptors can transduce signals on binding of the ligand: the G-coupled cytoplasmic receptors⁶⁰ and the nuclear peroxisome proliferator-activated receptor (PPAR) class.⁶¹ The two Cox isoforms may exert different functions¹⁸ because of their location in separate subcellular compartments.³⁶ As Cox-2, but not Cox-1,³⁶ local-

izes in the perinuclear region, its product may have more ready access to nuclear receptors. One Cox product, prostaglandin J₂, is a potent ligand for the PPAR- γ ,^{61,62} a nuclear receptor that forms parts of a transcriptional complex after ligand binding.⁶³ We and others have previously demonstrated that atheroma-associated cells express PPARs, that ligation by prostaglandin J₂ regulates atheroma-associated gene expression within these cells, and that PPARs are expressed within human atherosclerotic lesions.^{58,61,62,64}

In summary, this study demonstrates the expression of both Cox-1 and Cox-2 by EC, SMC, and particularly by M Φ within human atherosclerotic lesions. Although the *in vivo* function of the two isoforms remains to be determined, atherogenic rather than anti-atherogenic effects may prevail. The present findings indicate new potential inflammatory pathways in the evolution of atherosclerotic lesions, which have therapeutic implications in view of the recent availability of selective Cox-1 and particularly Cox-2 inhibitors. Conclusions from our findings on the potential role of Cox-2 inhibitors can only be speculative in nature. However, these findings suggest, in combination with previous reports that selective inhibition of Cox-2 results in profound suppression of PGE₂⁶⁵ and systemic prostacyclin biosynthesis,⁶⁶ mediators mostly considered anti-atherogenic, that future clinical trials may have to consider the possibility of proatherogenic effects during treatment with Cox-2-specific inhibitors.

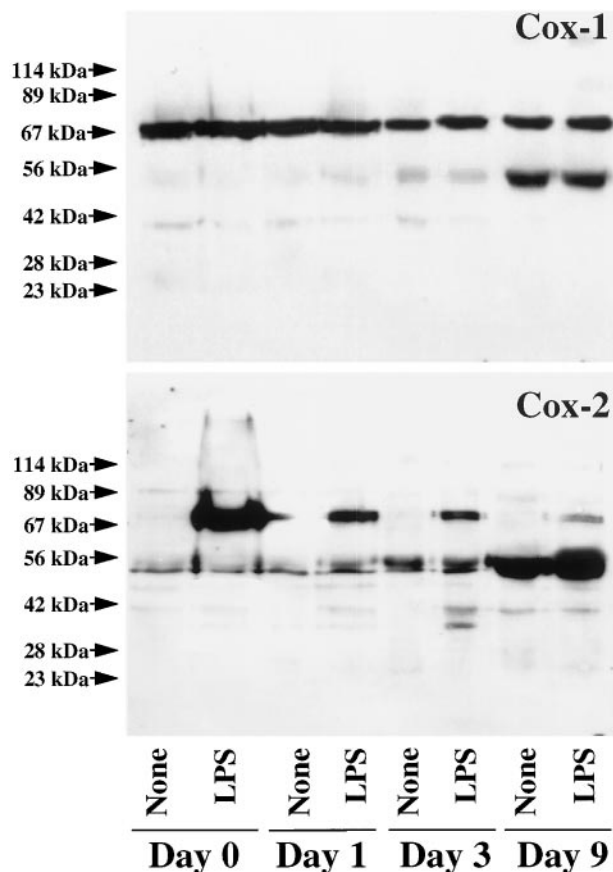


Figure 7. Differential expression of Cox-1 and Cox-2 during MΦ differentiation. Extracts of freshly isolated (0 days) as well as 1-, 3-, or 9-day cultured peripheral blood monocytes, cultured 24 hours in the absence (None) or presence (LPS) of endotoxin (100 ng/ml), were separated by standard SDS-PAGE under reducing conditions and analyzed by Western blotting for Cox-1 and Cox-2 expression. Arrowheads at left indicate the positions of the molecular weight markers. Analysis of MΦ extracts from three different donors showed similar results.

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