

Expression of Cyclooxygenase 2 Is an Independent Prognostic Factor in Human Ovarian Carcinoma

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Cyclooxygenase-2 (COX-2) is the rate-limiting enzyme in prostanoïd biosynthesis and is involved in tumor progression. We investigated expression of COX-1 and COX-2 in cell lines and tumors from ovarian carcinomas. Expression of COX-2 mRNA and protein was detectable in three of five ovarian carcinoma cell lines and was inducible by interleukin-1 β or phorbol-ester in a subset of cell lines. Prostaglandin E₂ (PGE₂) production could be inhibited by the selective COX-2 inhibitor NS-398. In malignant ascites of ovarian carcinomas significantly increased levels of PGE₂ were found compared to other carcinomas or nonmalignant ascites ($P = 0.03$). We investigated expression of COX-2 by immunohistochemistry in 117 ovarian surface epithelial tumors. Expression of COX-2 was detected in 42% of 86 ovarian carcinomas and in 37% of 19 low malignant potential tumors, but not in 12 cystadenomas or 2 normal ovaries. Expression of COX-1 was detected by immunohistochemistry in 75% of 75 invasive ovarian carcinomas and in 75% of 16 low malignant potential tumors, whereas 2 samples from normal ovaries and 8 cystadenomas were positive for COX-1. In univariate survival analysis of invasive carcinomas, expression of COX-2 was associated with a significantly reduced median survival time (log rank test, $P = 0.04$). For patients younger than 60 years of age, this association was even more significant ($P < 0.004$). In contrast, expression of COX-1 was no prognostic parameter ($P = 0.89$). There was no significant correlation between COX-2 or COX-1 expression and other clinicopathological markers. In multivariate analysis expression of COX-2 was an independent prognostic factor for poor survival (relative risk, 2.74; 95% CI, 1.38 to 5.47). Our data indicate that COX-2 expression is an independent prognostic factor in ovarian carcinoma. Based on the results of this study, it would be interesting to

investigate whether ovarian carcinoma patients with tumors positive for COX-2 would benefit from treatment with selective COX-2 inhibitors. (Am J Pathol 2002, 160:893–903)

Ovarian carcinoma is the fifth most common cancer of females in the United States and has the highest mortality rate among gynecological malignancies.¹ Patients with tumors at stage III have a 5-year survival rate of only 28%,¹ and unfortunately 60% of patients are diagnosed with already advanced disease. The prognosis of patients with ovarian carcinoma mainly depends on the stage of disease and to some extent on patient age, histological type, and grade. The identification of additional prognostic parameters particularly for patients with advanced disease would be very helpful for planning of treatment.

Cyclooxygenases (COXs) are involved in control of inflammatory reactions and catalyze the rate-limiting step in the biosynthesis of prostaglandins, the conversion of arachidonic acid to prostaglandin H₂. There are two COX isoenzymes encoded by different genes: COX-1 is expressed constitutively in many cell types and is regarded as a housekeeping gene, whereas COX-2 is highly inducible by inflammatory stimuli.² Cyclooxygenases are the targets for nonsteroidal anti-inflammatory drugs (NSAIDs) such as aspirin or sulindac. Epidemiological studies show that NSAIDs reduce the incidence and mortality of colorectal carcinoma and several other types of cancer.^{3–6} Furthermore, in animal experiments inhibition of COX-2 reduced the incidence of colon carcinoma in rats treated with chemical carcinogens⁷ as well as in APC knockout mice.⁸ COX-2 is expressed in other carcinomas as well, such as gastric or pancreatic adenocarcinomas,⁹ hepatocellular carcinomas,¹⁰ adenocarcinomas of the lung,¹¹ and squamous carcinomas of the head and neck.¹²

Cyclooxygenases, especially COX-2, are important for normal ovarian function. COX-2 (–/–) female mice show defective ovulation and are infertile,^{13,14} whereas COX-1 (–/–) mice are fertile.¹⁵ Despite the importance of cyclooxygenases in ovarian physiology, the impact of COX-1 and COX-2 expression on prognosis of malignant ovarian tumors has not been investigated so far. In the

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present study we investigated the expression and regulation of cyclooxygenases (COX-1 and COX-2) in five ovarian carcinoma cell lines as well as in human primary ovarian carcinomas.

Materials and Methods

Cell Lines

The human ovarian carcinoma cell lines OVCAR-3,¹⁶ SKOV-3,¹⁷ and CAOV-3¹⁷ have been isolated from ovarian adenocarcinomas and were obtained from the American Type Culture Collection (ATCC, Rockville, MD). OAW-42¹⁸ has been established from ascites of a patient with a serous cystadenocarcinoma of the ovary, and was from ECACC, Salisbury, UK. The cell line ES-2¹⁹ has been isolated from a poorly differentiated ovarian clear-cell carcinoma and was from ATCC. Cell lines were cultured in Dulbecco's modified Eagle's medium supplemented with 10% fetal bovine serum.

Polymerase Chain Reaction

Confluent monolayers of cells were incubated in medium without serum for 24 hours and subsequently stimulated with recombinant human interleukin (IL)-1 β (R&D Systems, Minneapolis, MN) or phorbol ester (TPA; Sigma, St. Louis, MO) for 6 hours. Total RNA was prepared with RNeasy Kit (Qiagen, Hilden, Germany). Tissue from ovarian carcinomas was dissected by a senior pathologist in the operating room from surgical specimens sent for frozen section analysis and was immediately frozen in liquid nitrogen and stored at -80°C until analysis. Tissue samples were homogenized, total RNA was prepared with RNeasy Kit, and residual DNA was digested with DNase. For polymerase chain reaction (PCR) analysis of RNA, cDNA was made by reverse transcription and PCR reactions were performed. Cycling conditions were 35 cycles of denaturation, annealing, and extension (94°C for 45 seconds, 54°C for 45 seconds, and 72°C for 120 seconds). The primers used were human COX-1 sense 5'-TGCCAGCTCCTGGCCCCGCCGCTT-3' and antisense 5'-GTGCATCAACACAGGCGCTTTC-3' (generating a 303-bp band), human COX-2 sense 5'-TTCAAATGAGATTGTGGGAAAATTGCT-3' and antisense 5'-AGATCATCTCTGCCTGAGTATCTT-3' (generating a 304-bp band),²⁰ GAPDH sense 5'-ACCACAGTCCATGCCATCAC-3' and antisense 5'-TCCACCACCCTGTTGCTGTA-3' (generating a 452-bp band).

Immunoblotting

Cells grown to confluency in 60-mm Petri dishes were incubated in medium without serum for 24 hours and subsequently stimulated with 10 ng/ml of IL-1 β or 10 nmol/L of TPA for 24 hours. Cells were lysed in 100 μl of 62.5 mmol/L Tris-HCl (pH 6.8) containing 2% sodium dodecyl sulfate, 10% glycerol, 50 mmol/L dithiothreitol, and 0.1% bromophenol blue. One hundred μg of protein/sample were loaded on a 10% polyacrylamide gel. Pro-

teins were blotted onto nitrocellulose membranes (Bio-metra, Göttingen, Germany), washed in phosphate-buffered saline (PBS), and incubated in blocking buffer [$1\times$ Tris-buffered saline, 0.1% Tween-20, 5% I-block (Tropix, Bedford, MA)] for 1 hour at 21°C . Membranes were washed three times with PBS/0.1% Tween-20 and incubated overnight at 4°C with a monoclonal anti-COX-1 (Cayman Chemical, Ann Arbor, MI) or anti-COX-2 antibody (Cayman Chemical) diluted 1:1000 in blocking buffer, followed by incubation with alkaline phosphatase-conjugated goat anti-rabbit secondary antibody (Tropix, Bedford, MA). Bands were visualized using the CDP star RTU luminescence system (Tropix).

To evaluate the specificity of the COX-2 antibody for the bands of different sizes, blocking experiments were performed using the COX-2 blocking peptide (Cayman Chemical). According to the manufacturer's instructions, we preincubated the COX-2 antibody for 1 hour in the presence of the blocking peptide (10 $\mu\text{g}/\text{ml}$) before immunoblotting.

PGE₂ Enzyme-Linked Immunosorbent Assay (ELISA)

Cells (1×10^5)/well in 12-well plates were stimulated with IL-1 β (5 ng/ml) or TPA (10 nmol/L) with or without 10 $\mu\text{mol}/\text{L}$ of NS-398 (Alexis) in Dulbecco's modified Eagle's medium and 10% fetal calf serum. After 24 hours supernatants were harvested and centrifuged at 5000 rpm for 10 minutes before blocking the cyclooxygenase by addition of 10 $\mu\text{g}/\text{ml}$ of indomethacin (Sigma). Samples were stored at -80°C . Samples of ascitic fluid were centrifuged at 900 rpm and stored at -80°C until analysis.

Concentration of PGE₂ in cell culture supernatants and ascitic fluid was determined using a specific ELISA (R&D Systems, Minneapolis, MN) according to the manufacturer's instructions. The concentration of PGE₂ was estimated from the absorbance of the calculated standard curve. The results were expressed as pg/ml.

Study Population

Immunohistochemical examination was performed retrospectively on tissue samples taken for routine diagnostic purposes. For determination of expression of COX-2 in benign and malignant ovarian tumors, 119 patients with ovarian lesions who were diagnosed at the Institute of Pathology, Charité Hospital, Berlin, and the Institute of Pathology, RWTH, Aachen, between 1989 and 2000 were included in the study. The cases were selected based on the availability of tissue and were not stratified for known preoperative or pathological prognostic factors. The tissue specimens included 86 invasive ovarian carcinomas, 19 tumors of low malignant potential (LMP) (borderline tumors, atypical proliferating tumors), 12 benign cystadenomas, as well as 2 samples of normal ovaries. COX-1 expression was determined in 101 cases (75 invasive ovarian carcinomas, 16 LMP tumors, 8 cystadenomas, 2 normal ovaries). For further statistical evaluation and sur-

vival analysis, only the patients with invasive ovarian carcinomas were included. The duration of follow-up ranged from 0.30 to 121.7 months (mean, 32.5 months).

Histopathological Examination

Tissue samples were fixed in 4% neutral buffered formaldehyde and embedded in paraffin. Routine hematoxylin and eosin sections were performed for histopathological evaluation. The stage of tumors was assessed according to the International Federation of Gynecology and Obstetrics staging system. All cases were re-evaluated for histological type and grade by the same pathologist (SH). For grading of tumors the Silverberg grading system composed of architectural, nuclear, and mitotic features was used.²¹

Immunohistochemistry

Immunohistochemical staining was performed according to standard procedures. We used the mouse anti-human COX-2 monoclonal antibody from Cayman Chemical Company, which has been widely used for immunohistochemical staining of COX-2 and has been evaluated by blocking experiments with the specific peptide.²² For investigation of COX-1, the mouse anti-COX-1 monoclonal antibody was used (Cayman Chemical). Briefly, slides were boiled in citrate buffer in a pressure cooker for 5 minutes and incubated with the monoclonal COX-1 (1:200) or COX-2 antibody (1:1000) overnight at 4°C, followed by incubation with a biotinylated anti-mouse secondary antibody and the multilink biotin-streptavidin-amplified detection system (Biogenex, San Ramon, CA). Staining was visualized using a fast-red chromogen system (Immunotech, Hamburg, Germany). The intensity of the COX-1 or COX-2 immunostaining in tumor cells was evaluated independently by two pathologists (SH and CD), who were blinded to patient outcome, and scored as COX-1- or COX-2-negative or -positive. Tumors were scored as positive for COX if there was either a diffuse staining or a focal expression in several clusters of cells. Cases with a minimal expression of COX in few single cells were scored as negative. For preliminary analysis, we evaluated the cases with a particularly strong expression of COX-2 as a separate group. We did not detect any differences between cases with strong and moderate expression of COX-2. For this reason both groups were combined and subsequent statistical analysis was performed comparing positive and negative cases.

Statistical Analysis

The statistical significance of the correlation between expression of COX-1 or COX-2 and several clinicopathological parameters was assessed by Fisher's exact test. The probability of overall survival as a function of time was determined by the Kaplan-Meier method. Different survival curves were compared by the log rank test. Multivariate survival analysis was performed using the Cox regression model. Generally, *P* values <0.05 were

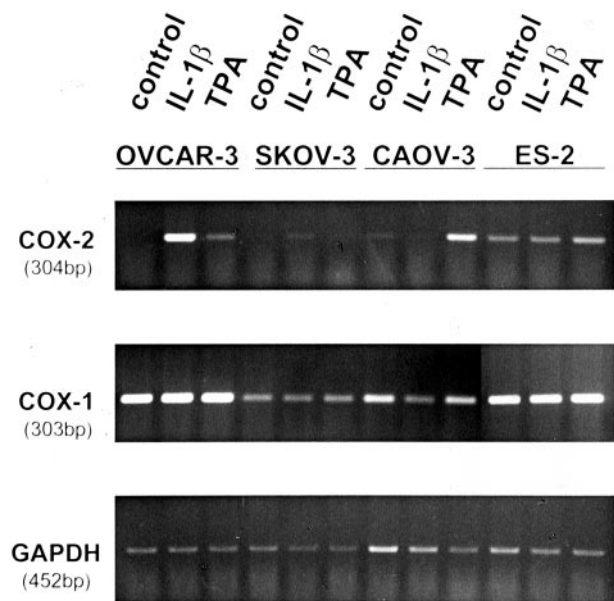


Figure 1. Expression of COX-1 and COX-2 mRNA in ovarian carcinoma cell lines. Human ovarian carcinoma cell lines were stimulated with IL-1 β or TPA for 6 hours. Expression of COX-1, COX-2, and GAPDH mRNA was investigated by RT-PCR. One of three independent experiments is shown.

considered as significant. For the statistical evaluation the SPSS software Version 10.0 was used.

Results

Expression of COX-2 mRNA and Protein in Ovarian Carcinoma Cell Lines

We determined expression of COX-2 mRNA by reverse transcriptase (RT)-PCR in five ovarian carcinoma cell lines (OVCAR-3, SKOV-3, CAOV-3, ES-2, and OAW-42). Cells were incubated with IL-1 β (10 mg/ml) or the phorbol ester TPA (10 nmol/L). As shown in Figure 1, expression of COX-2 mRNA was induced by IL-1 β and TPA in OVCAR-3 cells and by TPA in CAOV-3 cells. The cell line ES-2 showed a constitutive expression of COX-2. Neither SKOV-3 (Figure 1) nor OAW-42 (not shown) expressed COX-2 mRNA. The expression of COX-1 mRNA was detected in all cell lines and was not changed by IL-1 β or TPA.

In Western blot analysis, similar results were obtained. Expression of the COX-2 protein with a size of ~72 kd was induced in OVCAR-3 cells by IL-1 β and TPA and in CAOV-3 cells by TPA (Figure 2). As shown in mRNA analysis, ES-2 cells had a constitutive expression of COX-2 protein. Interestingly, the apparent molecular weight of the COX-2 protein was slightly lower in ES-2 cells (~60 kd), suggesting a different glycosylation of the protein. To demonstrate the specificity of the various bands we performed blocking experiments with a specific COX-2 peptide. The bands of different sizes in COX-2 Western blots of different cell lines disappeared after preincubation of the antibody with a COX-2 peptide (data not shown).

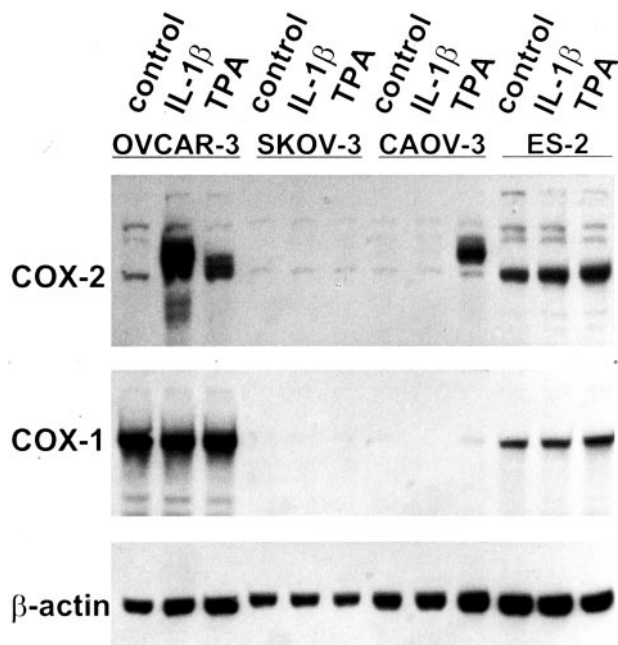


Figure 2. Expression of COX-1 and COX-2 protein in ovarian carcinoma cell lines. Human ovarian carcinoma cell lines were stimulated with IL-1 β or TPA for 24 hours. Expression of COX-1, COX-2, and β -actin was investigated by immunoblotting. One of three independent experiments is shown.

SKOV-3 (Figure 1) as well as OAW-42 (not shown) did not express COX-2 protein. Although COX-1 was expressed constitutively on the mRNA level in all cell lines, only OVCAR-3 and ES-2 showed an expression of COX-1 protein.

PGE₂ Production of Ovarian Carcinoma Cell Lines

Using specific ELISA, we measured production of PGE₂ in ovarian carcinoma cells. Parallel to the induction of COX-2 mRNA and protein, we found an increase of PGE₂ in supernatant of OVCAR-3 cells stimulated with IL-1 β (Figure 3A) as well as of CAOV-3 cells treated with TPA (Figure 3B). Inhibition of COX-2 by the specific inhibitor NS-398 at concentrations of 50 μ mol/L reduced PGE₂ levels. The other cell lines, including ES-2, did not produce PGE₂, even after stimulation with IL-1 β or TPA.

Expression of COX-2 mRNA in Ovarian Carcinomas

An expression of COX-2 mRNA was detected by RT-PCR in seven of eight ovarian carcinomas as well as in one LMP tumor (Figure 4). One G1 serous-papillary carcinoma was negative for COX-2, whereas one G2 clear-cell ovarian carcinoma and one G3 serous papillary ovarian carcinoma showed a very weak expression of COX-2. Additionally, we investigated one sample of a malignant mixed Mullerian tumor that was negative for COX-2. All cases expressed COX-1 mRNA (Figure 4). For six cases, COX-2 expression was also investigated by immunohis-

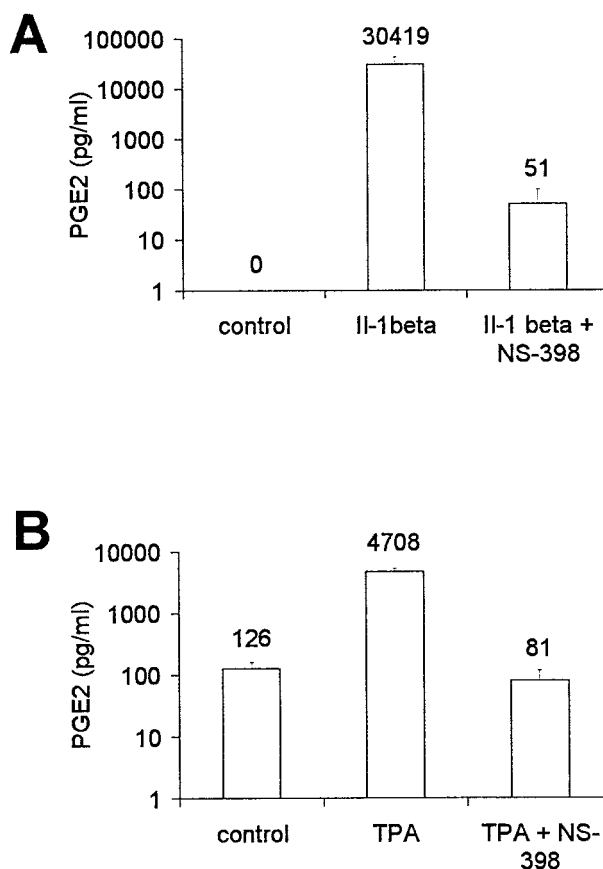


Figure 3. Production of PGE₂ in ovarian carcinoma cell lines. **A:** OVCAR-3 cells were stimulated with IL-1 β for 24 hours with or without the addition of NS-398 (50 μ mol/L). **B:** CAOV-3 cells were stimulated with TPA for 24 hours with or without NS-398. PGE₂ in supernatant was measured by specific ELISA. Mean and SD from three independent experiments is shown.

tochemistry. Three of the cases showed identical results in RT-PCR and immunohistochemistry. In the remaining three cases COX-2 mRNA expression was detected by RT-PCR, but tumors were negative for COX-2 protein by immunohistochemistry. This may be explained by the increased sensitivity of RT-PCR. On the other hand, part of the COX-2 signal in RT-PCR may be contributed by inflammatory cells in the tumor stroma.

Production of PGE₂ in Ascitic Fluid of Patients with Ovarian Carcinomas

We measured levels of PGE₂ in samples of ascitic fluid from patients with ovarian carcinomas ($n = 5$), other malignancies ($n = 5$), as well as liver cirrhosis ($n = 6$). Samples of patients with ovarian carcinomas showed significantly increased levels of PGE₂ (mean plus SEM: 2287 \pm 705 pg/ml) compared to ascitic fluid of patients with other carcinomas (337 \pm 116 pg/ml; $P = 0.03$, Student's t -test) or liver cirrhosis (172 \pm 58 pg/ml; $P = 0.03$) (Figure 5).

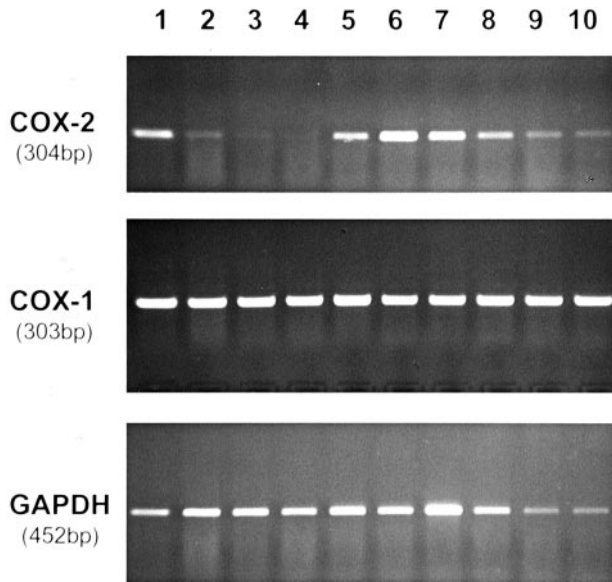


Figure 4. Expression of COX-1 and COX-2 mRNA in 10 cases of ovarian tumors. RNA from samples of ovarian carcinoma tissue was isolated and expression of COX-1, COX-2, and GAPDH mRNA was investigated by RT-PCR. Histological diagnoses: 1, serous papillary ovarian carcinoma, G3; 2, clear cell ovarian carcinoma, G2; 3, malignant mixed Mullerian tumor; 4, serous papillary ovarian carcinoma, G1; 5, serous papillary ovarian carcinoma, G3; 6, endometrioid ovarian carcinoma, G3; 7, endometrioid ovarian carcinoma, G2; 8, serous papillary ovarian carcinoma, G3; 9, serous LMP tumor; 10, serous papillary ovarian carcinoma, G3.

Clinical and Pathological Characteristics of Patients with Ovarian Lesions

Samples from a total of 119 patients were investigated for COX-2 immunoreactivity. The mean age of patients at surgery was 59.2 years (range, 28 to 85 years). Eighty-six patients (72.3%) had invasive ovarian carcinomas, 19 patients (16%) had tumors of low malignant potential (LMP tumors, borderline tumors, atypical proliferating tumors), 12 patients (10.1%) had benign ovarian cysts, and 2 patients (1.7%) had normal ovaries. Of the 19 LMP tumors, 14 were serous, 3 mucinous, 1 mixed serous-mucinous, and 1 transitional. Of the 86 invasive carcinomas, 48 (55.8%) were serous carcinomas, 6 (7%) mucin-

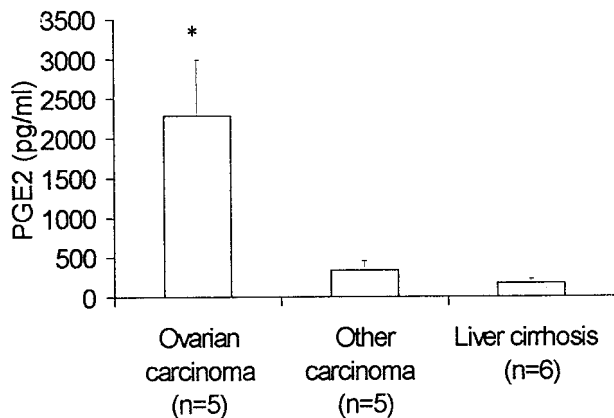


Figure 5. Production of PGE₂ in ascitic fluid. PGE₂ in ascitic fluid was measured by specific ELISA in five cases of ovarian carcinoma, five non-ovarian malignancies, and six cases of nonmalignant ascites (liver cirrhosis). Mean and SEM is shown; *, $P = 0.03$, Student's *t*-test.

nous carcinomas, 12 (14%) endometrioid carcinomas, 3 (3.5%) clear cell carcinomas, 3 (3.5%) transitional cell carcinomas, and 14 (16.3%) undifferentiated carcinomas. Of the patients with invasive carcinomas, 17 (19.8%) were in FIGO stage I, 9 (10.5%) in stage II, 56 (65.1%) in stage III, and 4 (4.7%) in stage IV. From 48 patients, lymph nodes were examined. Twenty-one (43.8%) of these patients were pN0 and 27 (56.3%) were pN1. Four patients (4.7%) had distant metastases at the time of diagnosis. Forty-two patients (48.8%) with invasive carcinomas died during the mean follow-up period of 32.5 months. The mean (median) survival time was 55.4 (41.2) months with a range of 43.6 to 67.3 (26.6 to 55.8) months. For determination of COX-1 immunoreactivity, a total of 101 cases were investigated. The percentage of different tumor types and tumor stages was similar to the samples investigated for COX-2.

COX-2 Immunostaining in Primary Ovarian Carcinomas, LMP Tumors, and Adenomas

Expression of COX-1 and COX-2 in normal ovaries and different ovarian lesions is shown in Figure 6 and Table 1. Normal ovarian surface epithelium (2 cases) as well as benign adenomas (12 cases) did not show any expression of COX-2. LMP tumors were positive for COX-2 in 7 (36.8%) of 19 cases. An expression of COX-2 was observed in 36 (41.9%) of 86 invasive ovarian carcinomas. COX-2 immunoreactivity was a granular cytoplasmatic staining.

In contrast to COX-2, COX-1 was expressed in normal ovarian surface epithelium (2 of 2 cases) and in benign adenomas (8 of 8 cases). Twelve (75%) of 16 cases of LMP tumors and 56 (72%) of invasive ovarian carcinomas were positive for COX-1. In univariate analysis, no significant correlation was observed between expression of COX-1 and COX-2 (Table 2).

In univariate analysis we investigated correlations between expression of COX-2 and various clinicopathological factors (Table 2). No significant correlations were observed between COX-2 expression and histological type, tumor stage, lymph node involvement, metastasis, FIGO stage, histological grade, and age at diagnosis. Similarly, no significant correlations were observed between expression of COX-1 and the clinicopathological factors (data not shown).

COX-2 Immunostaining and Patient Survival

We compared the survival among all patients with invasive ovarian carcinoma in univariate analysis according to the expression status for COX-2. The median survival time of the 50 patients with tumors negative for COX-2 was 52.47 months, whereas that of the 36 patients with tumors positive for COX-2 was 30.40 months (log rank test, $P = 0.04$) (Table 3, Figure 7A). In contrast to COX-2, expression of COX-1 was not a significant prognostic parameter in ovarian carcinomas ($P = 0.89$) (Table 3). Other significant prognostic markers in univariate analysis were histological diagnosis ($P < 0.002$), FIGO stage

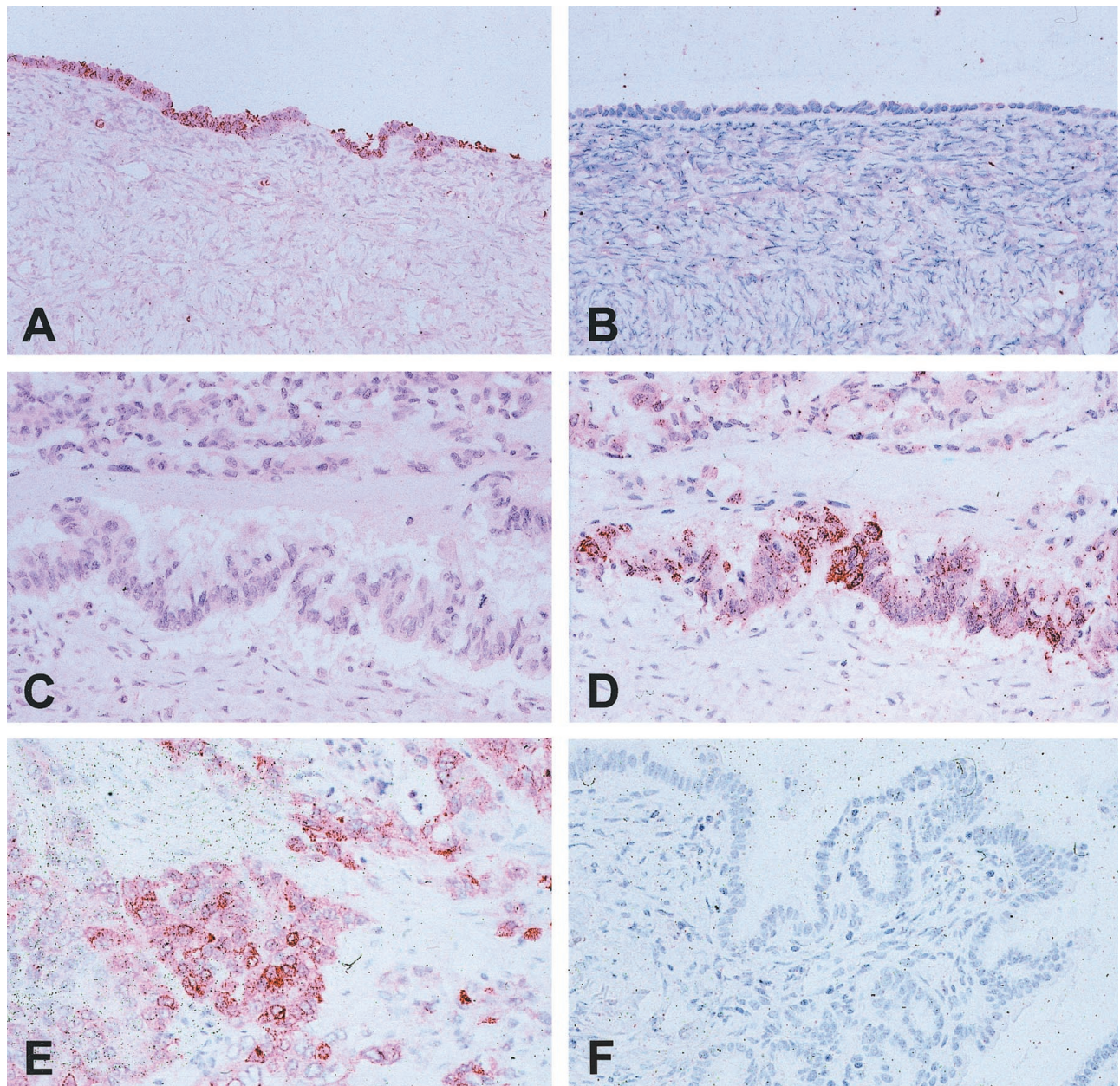


Figure 6. Expression of COX-1 and COX-2 in normal ovaries, LMP tumors, as well as ovarian carcinomas investigated by immunohistochemistry. Normal ovarian surface epithelium was positive for COX-1 (A), but negative for COX-2 (B). A mucinous ovarian carcinoma negative for COX-1 (C), but positive for COX-2 (D). Positive cytoplasmic staining of COX-2 in an undifferentiated invasive ovarian carcinoma (E). LMP tumor negative for COX-2 (F).

($P < 0.002$), metastasis ($P = 0.0002$), histological grade ($P < 0.003$), and age at diagnosis ($P < 0.02$) (Table 3).

In addition, we investigated the influence of COX-2 expression on survival in patients of different age groups

at the time of diagnosis. Figure 7B shows the different survival curves for patients younger than age 60 (median survival, 52.77 months) and patients older than age 60 (median survival, 30.10 months). Comparing the survival

Table 1. Expression of COX-1 and COX-2 in Normal Ovaries and Benign and Malignant Ovarian Tumors

	Invasive carcinomas	LMP-tumors	Cystadenomas	Normal ovaries
COX-2 expression, <i>n</i>	86 (100%)	19 (100%)	12 (100%)	2 (100%)
Negative	50 (58.1%)	12 (63.2%)	12 (100%)	2 (100%)
Positive	36 (41.9%)	7 (36.8%)	0 (0%)	0 (0%)
COX-1 expression, <i>n</i>	75 (100%)	16 (100%)	8 (100%)	2 (100%)
Negative	19 (25.3%)	4 (25.0%)	0 (0%)	0 (0%)
Positive	56 (74.7%)	12 (75%)	8 (100%)	2 (100%)

Table 2. Relationship of COX-2 Expression and Various Clinicopathological Factors as Well as Between COX-2 Expression and COX-1 Expression in All Patients with Invasive Ovarian Carcinomas

Characteristic	All cases	COX-2 negative	COX-2 positive	Significance
All carcinomas	86 (100%)	50 (58.1%)	36 (41.9%)	
Histological type				n.s.
Serous	48 (100%)	29 (60.4%)	19 (39.6%)	
Undifferentiated	14 (100%)	8 (57.1%)	6 (42.9%)	
Nonserous	24 (100%)	13 (54.2%)	11 (45.8%)	
pT				n.s.
pT1	19 (100%)	14 (73.7%)	5 (26.3%)	
pT2	11 (100%)	8 (72.7%)	3 (27.3%)	
pT3	56 (100%)	28 (50%)	28 (50%)	
pN				n.s.
pN0	21 (100%)	14 (66.7%)	7 (33.3%)	
pN1	27 (100%)	16 (59.3%)	11 (40.7%)	
pM				n.s.
pMX	82 (100%)	48 (58.5%)	34 (41.5%)	
pM1	4 (100%)	2 (50%)	2 (50%)	
FIGO Stage				n.s.
I	17 (100%)	12 (70.6%)	5 (29.4%)	
II	9 (100%)	7 (77.8%)	2 (22.2%)	
III	56 (100%)	29 (51.8%)	27 (48.2%)	
IV	4 (100%)	2 (50%)	2 (50%)	
Histological grade (Silverberg)				n.s.
G1	22 (100%)	12 (54.5%)	10 (45.5%)	
G2	33 (100%)	19 (57.6%)	14 (42.4%)	
G3	32 (100%)	19 (61.3%)	12 (38.7%)	
Age at surgery (years)				n.s.
≤ 60	46 (100%)	26 (56.5%)	20 (43.5%)	
> 60	40 (100%)	24 (60%)	16 (40%)	
COX-1 expression (n = 75)				n.s.
Negative	19 (100%)	11 (57.9%)	8 (42.1%)	
Positive	56 (100%)	33 (58.9%)	23 (41.1%)	

of patients in these two groups according to their COX-2 expression, we found that expression of COX-2 is especially valuable as a prognostic factor for patients younger than 60 years. As shown in Figure 7C, for patients younger than age 60 with tumors negative for COX-2 the median survival time is not reached during the follow-up period of 110 months, whereas patients in the same age group with tumors positive for COX-2 have a median survival time of 34.63 months ($P < 0.004$). Patients younger than age 60 with tumors positive for COX-2 have a 5-year survival rate of only 25%, whereas patients in the same age group with tumors negative for COX-2 have a 5-year survival rate of ~55%. In contrast, for patients older than age 60 there are no differences in median survival time between patients with tumors negative for COX-2 (30.10 months) and tumors positive for COX-2 (36.13 months, $P = 0.97$) (Figure 7D).

We used a multivariate regression analysis based on the Cox proportional hazard model to test the independent value of each parameter predicting overall survival. The estimated prognostic value of each variable in relation to overall survival among the 86 patients studied is expressed as a P value. We used COX-2 expression as well as the other prognostic markers of ovarian carcinomas that were significant in univariate analysis. The variables used in Cox regression analysis are shown in Table 4. Expression of COX-2 was an independent prognostic factor for poor survival (relative risk, 2.74; 95% CI, 1.38 to 5.47). Other independent prognostic factors associated with poor prognosis were grade, FIGO stage, age at diagnosis >60 years, and undifferentiated histological type.

Discussion

In this study, we systematically evaluated expression of COX-1 and COX-2 mRNA and protein as well as PGE₂ production in ovarian carcinoma *in vitro* and *in vivo*. We show that COX-2 was expressed in 36 (42%) of 86 cases of primary ovarian carcinomas, whereas COX-1 was expressed in 65 (75%) of 75 primary ovarian carcinomas. Similar results were obtained on the mRNA level, where we found an expression of COX-2 mRNA by RT-PCR in seven of eight cases of ovarian carcinomas, whereas all cases were positive for COX-1. In cell culture, an expression of COX-2 mRNA and protein was observed in three out of five ovarian carcinoma cell lines. The production of PGE₂ of the ovarian carcinoma cell lines can be inhibited by the specific COX-2 inhibitor NS-398 and is thus mediated by the COX-2 isoform. Taken together, our data indicate that COX-2 is expressed by a subset of ovarian carcinomas as well as ovarian carcinoma cell lines. In our experiments we obtained consistent results on expression and activity of COX-2 using *in vitro* and *in vivo* investigations and different methodological approaches.

Two previous studies have failed to detect expression of COX-2 in ovarian tissues. Ristimäki and colleagues²³ found 12 cases of mucinous ovarian carcinomas that were negative for COX-2 mRNA by Northern blot. In their study no immunohistochemistry was performed on the ovarian carcinoma tissue. Because COX-2 is expressed only in a subset of tumors, this subset may have been missed because of the lower number of cases studied. In

Table 3. Univariate Survival Analysis (Kaplan-Meier): Median Survival Time of All Patients with Invasive Ovarian Carcinomas According to Clinicopathological Factors and COX-1 or COX-2 Expression

Characteristic	No. of cases	Median survival time (months)	Standard error	Log rank
COX-2 expression				0.0414
Negative	50	52.47	6.68	
Positive	36	30.40	5.70	
COX-1 expression				0.8932
Negative	19	37.90	11.61	
Positive	56	47.47	9.90	
Histological type				0.0010
Serous	48	47.47	11.29	
Undifferentiated	14	17.83	5.71	
Nonserous	24	48.70	10.30	
pT				0.4040
pT1	19	55.77	23.42	
pT2	11	52.47	22.40	
pT3	56	35.53	5.34	
pN				0.2742
pN0	21	61.60	11.87	
pN1	27	Not reached	—	
pM				0.0002
pMX	82	41.53	7.36	
pM1	4	0.80	5.28	
FIGO Stage				0.0016
I	17	55.77	—	
II	9	52.47	29.67	
III	56	37.90	5.47	
IV	4	0.80	5.28	
Histological grade (Silverberg)				0.0029
G1	22	Not reached	—	
G2	33	34.50	—	
G3	31	32.70	—	
Age at surgery (years)				0.0147
≤ 60	46	52.77	11.78	
> 60	40	30.10	2.85	

an immunohistological study, Dore and colleagues²⁴ investigated 16 cases of ovarian carcinomas and found an expression of COX-1, but not of COX-2. These discrepancies may depend on the use of different antibodies or staining procedures. The antibody used in our study has been evaluated before using blocking experiments.²² Recently, two additional studies have shown an expression of COX-2 in ovarian carcinomas, consistent with our results. Klimp and colleagues²⁵ found an expression of COX-2 in 15 of 18 ovarian carcinomas and in 10 of 15 borderline tumors. Similarly, Matsumoto and colleagues²⁶ found an expression of COX-2 in 79% of 28 ovarian carcinomas and in 67% of 21 borderline tumors. In these previous studies, no survival analysis was performed. To our knowledge, this is the first study showing expression of COX-2 in ovarian carcinoma cell lines and this is the first study showing that COX-2 is an independent prognostic factor in ovarian carcinomas.

In addition to the expression of COX-2 in tumor tissue of ovarian carcinomas, we found significantly increased levels of PGE₂ in ascites samples of patients with ovarian cancer. This indicates that PGE₂ is present *in vivo* in the microenvironment of ovarian carcinomas. The production of PGE₂ in ascitic fluid may be partly from COX-2 activity in ovarian carcinoma cells, but peritoneal macrophages may be additional sources of PGE₂. Because the majority of ovarian carcinomas are positive for COX-1, it could also be possible that COX-1 activity contributes to the

PGE₂ in ascitic fluid. However, our experiments with ovarian carcinoma cell lines using the specific COX-2 inhibitor NS-398 suggest that the COX-2 isoform is the main source of PGE₂ in ovarian carcinoma cells. Further experiments are needed to fully characterize the source of elevated levels of PGE₂ in ascitic fluid from ovarian carcinoma patients. We have not been able to compare the PGE₂ production in ascitic fluid with the expression of COX-1 and COX-2 in the corresponding tumors, because no material from these tumors was available for immunohistochemistry. Although we could only measure a comparably small set of samples in the present study, elevated levels of PGE₂ have been described previously in primary tumors, metastases, and ascitic fluid of patients with ovarian carcinomas.²⁷ The level of PGE₂ in ascites might be relevant for patients' response to therapy, because tumors without response to chemotherapy were found to contain higher levels of PGE₂ and other prostaglandins than tumors responding to chemotherapy.²⁸ Thus, it may be interesting to investigate whether COX-2 expression may be a predictive factor for response to chemotherapy as well.

In our immunohistochemical investigations expression of COX-2 was increased in ovarian carcinomas and LMP tumors compared to normal ovarian surface epithelium and cystadenomas. In invasive ovarian carcinomas, two subgroups could be identified based on the positive or negative expression of COX-2. We investigated survival

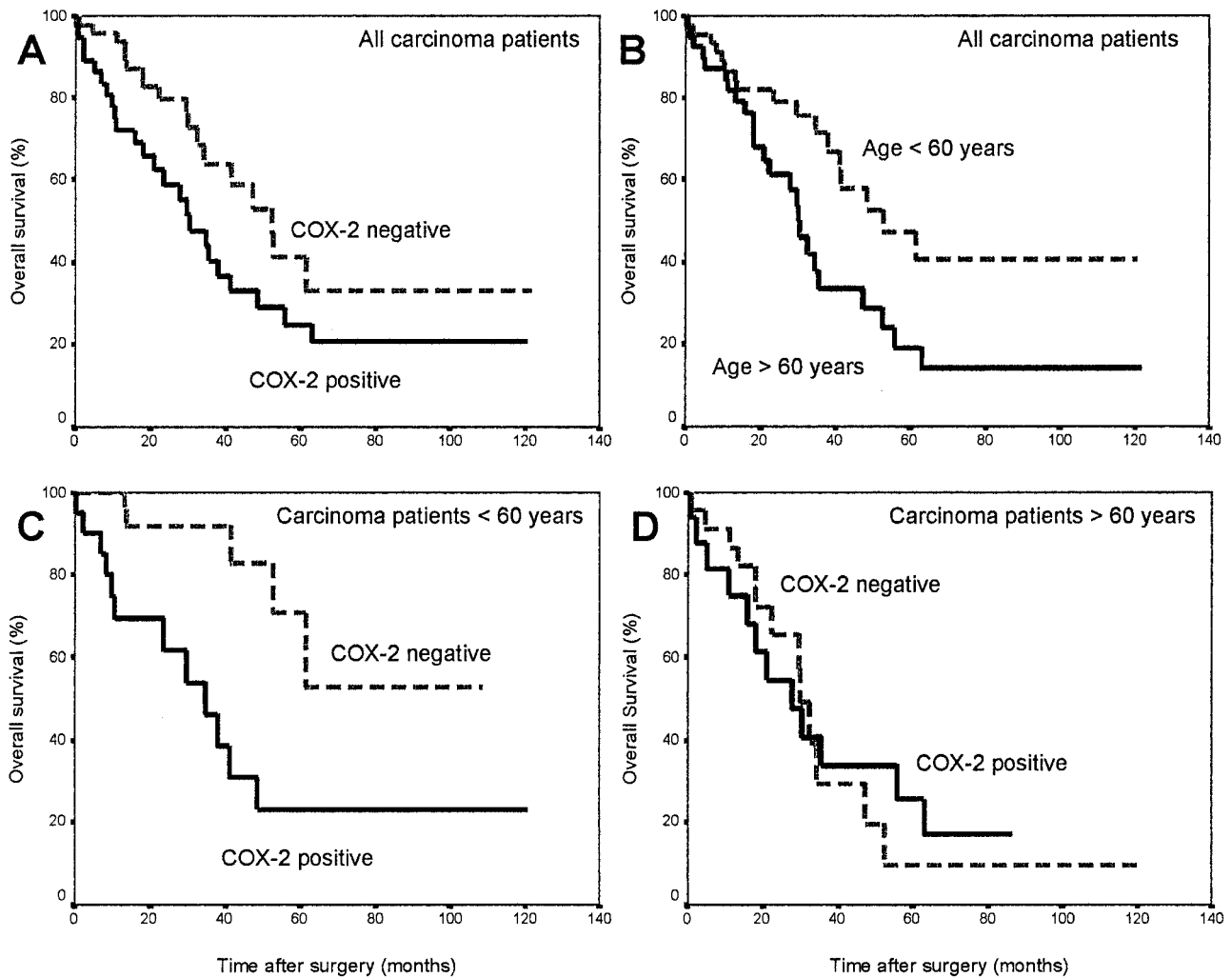


Figure 7. Univariate survival analysis (Kaplan-Meier) of all 86 patients with invasive ovarian carcinomas. **A:** Patients with tumors negative for COX-2 have an increased median survival time (52.47 months, $n = 50$) compared to patients with tumors positive for COX-2 (30.40 months, $n = 36$) (log rank test; $P = 0.04$). **B:** Patients <60 years of age have a longer median survival time (52.77) compared to patients >60 years of age (30.10 months, $P < 0.02$). **C:** For patients younger than 60 years of age with tumors negative for COX-2 the median survival time is not reached during the follow-up period of 110 months, whereas patients in the same age group with tumors positive for COX-2 have a median survival time of 34.63 months ($P < 0.004$). **D:** In contrast, for patients older than 60 years of age there are no differences in median survival time between patients with tumors negative for COX-2 (30.10 months) and tumors positive for COX-2 (36.13 months, $P = 0.97$).

time of patients of these two groups and found that expression of COX-2 was a predictor of short survival times in univariate and multivariate analysis. Other independent prognostic factors associated with poor prognosis were grade, FIGO stage, age at diagnosis, and histological type. It should be pointed out that because of the relatively small number of patients in some of the various subgroups the statistical power of the analysis may be insufficient to detect weaker prognostic factors or factors that are significant only in certain subgroups of tumors.

Comparing COX-2 expression in patients of different age groups, we found that COX-2 expression in tumor tissue is a highly significant prognostic factor for patients younger than age 60, but not for patients older than age 60. This might indicate that in younger patients hormonal influences on ovarian carcinoma cells act together with an expression of COX-2 to worsen the prognosis. It has been shown that estrogens increase COX-2 in rat myometrium,²⁹ rat mammary glands,³⁰ and human umbilical

vein endothelial cells.³¹ On the other hand, estrogen decreased COX-2 expression in bovine endometrial cells.³² Thus, the regulation of COX-2 expression by estrogens seems to be dependent on the cell type and has not been studied in ovarian carcinoma cells.

Several epidemiological studies have investigated the role of regular NSAID-intake on prevention of ovarian cancer. Cramer and colleagues³³ found a modest but nonsignificant inverse association with aspirin use for at least 6 months and ovarian cancer, whereas Tavani and colleagues³⁴ found no association. In contrast, Rosenberg and colleagues³⁵ found that use of NSAIDs 4 or more days per week for at least 5 years significantly reduced the risk of ovarian cancer (odds ratio, 0.5). As a conclusion, long-term use of comparably high doses of NSAIDs could have a protective effect against ovarian carcinoma. Based on the results of our study it would be interesting to investigate if the protection by NSAIDs might be more pronounced in patients younger than 60 years.

Table 4. Multivariate Survival Analysis (Cox Regression Model)

	Beta	Standard error	Wald	df	Relative risk	95% CI of Relative risk	P value
COX-2 Expression							0.004
Negative					1.00		
Positive	1.009	0.352	8.197	1	2.74	1.38–5.47	0.004
Histological type			9.920	2			0.007
Serous					1.00		
Nonserous	−0.515	0.482	1.142	1	0.60	0.23–1.54	0.285
Undifferentiated	1.356	0.474	8.198	1	3.88	1.53–9.82	0.004
FIGO stage			9.380	3			0.025
I					1.00		
II	−0.142	0.677	0.044	1	0.87	0.23–3.27	0.834
III	−0.421	0.563	0.559	1	0.66	0.22–1.99	0.455
IV	1.738	0.794	4.789	1	5.68	1.20–26.95	0.029
Grade (Silverberg)			10.347	2			0.006
G1					1.00		
G2	1.818	0.567	10.291	1	6.16	2.03–18.70	0.001
G3	1.560	0.600	6.748	1	4.76	1.47–15.43	0.009
Age							0.020
< 60 years					1.00		
> 60 years	0.755	0.326	5.371	1	2.13	1.12–4.03	0.020

The cellular mechanisms responsible for the worse prognosis of tumors with an increased expression of COX-2 are not clear, so far. Several functions of inducible cyclooxygenase (COX-2) have been described in the biology of various carcinomas: increased cell proliferation,³⁶ inhibition of apoptosis,³⁷ stimulation of angiogenesis,³⁸ as well as inhibition of immunosurveillance.³⁹ There are only few studies on the impact of the level of COX-2 expression in tumor tissue on the prognosis of the patients and studies using multivariate analysis have not been performed. Khuri and colleagues⁴⁰ showed in univariate analysis that COX-2 expression was a marker of poor prognosis in stage I non-small cell lung cancer. For colon carcinoma, COX-2 expression was a prognostic factor in univariate analysis and correlated with tumor neovascularization.⁴¹ In ovarian carcinomas, several studies have shown that microvessel density is not an independent prognostic indicator.^{42–44} Therefore, we did not measure microvessel density in the present study. Similarly, it has been shown that the apoptotic index is no independent prognostic indicator in ovarian carcinomas.^{45,46} However, in some studies apoptosis-related proteins such as p53, bcl-2, or bax have been shown to affect prognosis of ovarian carcinomas.^{46,47} Thus, it will be very interesting to investigate the correlation between COX-2 expression and different factors involved in apoptotic or necrotic cell death.

Studies on the function of COX-2 in other types of tumors support a role for COX-2 in tumor invasion. For example, COX-2 expression in gastric carcinoma was correlated with tumor invasion into lymphatic vessels as well as metastasis into lymph nodes.⁴⁸ Similar results have been shown for pulmonary adenocarcinomas, where COX-2 expression was enhanced in metastases as compared to primary tumors.⁴⁹ In colon carcinoma cell lines, transfection with COX-2 resulted in increased Matrigel invasion.⁵⁰ Thus, it might be possible that ovarian carcinomas with a higher expression of COX-2 show

an increased metastatic potential and thus a poorer prognosis compared to tumors negative for COX-2.

The determination of the status of COX-2 expression, in combination with other clinicopathological factors, may improve the prognostic evaluation of ovarian carcinoma patients and enhance the ability to prospectively identify individuals who are at risk for poor survival. However large-scale prospective and retrospective studies are needed to establish whether COX-2 expression is indeed of practical utility as a prognostic predictor. The development of new specific inhibitors of COX-2 leads to new concepts of primary and secondary chemoprevention of cancer.⁵¹ Based on the results of this study, it would be interesting whether ovarian carcinoma patients with tumors positive for COX-2 would benefit from treatment with selective COX-2 inhibitors.

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