Serum Macrophage Migration Inhibitory Factor Is an Early Marker of Pancreatic Necrosis in Acute Pancreatitis

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Objective: To determine if 24-hour blood concentrations of macrophage migration inhibitory factor (MIF), soluble CD14, and CD163 receptors could predict complications associated with acute pancreatitis (AP).

Summary Background Data: Soluble receptor proteins derived from the macrophage-monocyte lineage potentiate the inflammatory cytokine response early in AP. Understanding the temporal expression of these molecules could afford better measures for therapeutic intervention.

Methods: Patients with AP (amylase >5 times normal) were recruited within 24-hour of onset of pain. Peripheral blood was analyzed for MIF, sCD163, and sCD14 levels and levels correlated with CRP, APACHE-II score, and clinical disease severity (Atlanta criteria); subclassified as multiorgan dysfunction (MOF), pancreatic necrosis (PN $>$ 30% on contrast CT), and death.

Results: In total, 64 patients with AP (severe, 19: 8 had MOF alone, 7 both PN and MOF, 2 PN without MOF, and 2 single-organ failures with local septic complications) were recruited. Both sCD14 and MIF concentrations were elevated in patients with severe attacks $(P = 0.004$ and $P < 0.001$ respectively), and patients who developed MOF ($P = 0.004$ and $P < 0.001$). However, only serum MIF was significantly raised in patients who subsequently developed PN (median, 92.5 ng/mL; IQR, 26 –181 vs. 31.1 ng/mL; IQR, 5– 82, $P \leq 0.001$), independently of MOF ($P = 0.01$). Multivariate analysis demonstrated serum MIF as an independent predictor of PN $(P = 0.01; \text{ OR } = 2.73; 95\% \text{ CI}, 2.72-2.74).$

Conclusion: The prognostic utility of 24-hour plasma MIF concentration in predicting PN has major clinical and healthcare resource implications. Its mechanistic pathway may afford novel therapeutic interventions in clinical disease by using blocking agents to ameliorate the systemic manifestations of AP.

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Acute pancreatitis (AP) is a life-threatening illness with an annual incidence of 30 to 50 attacks per 100,000 inhabitants.1,2 The clinical presentation ranges from a mild edematous,

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self-limiting disease with good prognosis to severe necrotizing inflammation, fatal in about 15% to 20% of instances. In patients with severe AP, multiorgan failure (MOF) is responsible for early disease mortality while sepsis supervenes later and remains the major cause of death. 2^{-4} Secondary infection occurs in 30% to 70% of patients with pancreatic necrosis, $5-8$ and is associated with significantly increased mortality.⁵ Both the risk of MOF and infective complications appear related to the degree of pancreatic necrosis.⁹

The current British Society of Gastroenterology Working Party Guidelines has made a number of recommendations on the management of $AP₁₀$ ¹⁰ which have major implications on healthcare resources for local and specialist centers. These guidelines recommend patients with severe attacks should be managed on a high dependency unit/intensive care with full monitoring facilities recommendation grade B, and specialist center referral should be considered for patients with extensive necrotizing pancreatitis or complications requiring interventional radiology, endoscopic, or surgical procedures recommendation grade B. Among the greatest difficulties in implementing these guidelines is the early identification of patients with severe acute pancreatitis and those likely to benefit from early transfer to specialist units. An idea first coined in 1974 by the late John H. C. Ranson introduced the concept of a "prognostic" scoring system for early identification of patients with severe pancreatitis.¹¹ Multifactorial scoring systems have since evolved, attempting to identify an "at risk" group that may potentially benefit from aggressive medical or surgical management.¹² Such stratification is initially a prediction only and becomes a fact (by definition) when systems failure or local complications supervene. A number of laboratory markers predicting disease severity have been reported, either based on the degree of the inflammatory reaction,^{13,14} tests that relate to the activation of trypsinogen and other pancreatic proenzymes,^{15–18} tests that measure leakage of certain pancreatic enzymes,^{19,20} or scoring systems (Ranson's, APACHE-II).^{11,21} However, none can accurately predict disease severity within 24-hour of onset, and the prediction of pancreatic necrosis at this stage has certainly not been reported.

We have previously shown an association between monocyte expression of the CD14 receptor, a glycosyl-phosphatidylinositol anchored cell surface molecule, and severity of an attack of AP.²² Furthermore, it appeared that plasma concentrations of the soluble receptor, sCD14, correlated with the magnitude of the systemic inflammatory response as

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early as 24-hour after the onset of disease, and with the subsequent development of MOF.

Given the importance of the monocyte-macrophage lineage in the pathogenesis of the local and systemic complications of AP, we sought to investigate if peripheral venous blood concentrations of sCD163, a glycoprotein belonging to group B of the scavenger-receptor cysteine-rich superfam $ily, ²³$ and macrophage migratory inhibitory factor (MIF), a key effector molecule of the innate and acquired immune system released by macrophages, are associated with severity of an attack of AP.

CD163 is a highly specific marker for cells of the macrophage-monocyte lineage, and is regulated by both proand anti-inflammatory mediators.23,24 It has been shown to be present as a soluble receptor in plasma (sCD163) and elevated levels have been found in patients with sepsis complicating hematologic malignancy.²⁵ Its role, however, in an acute inflammatory disorder is as yet undetermined.

Macrophage MIF was originally discovered in 1966 as a cytokine derived from activated T lymphocytes, that prevents the random migration of macrophages at the site of inflammation.26 MIF is secreted by T cells and macrophages in response to gram-negative and gram-positive bacteria, pro-inflammatory cytokines (TNF- α , IL-2 and IFN- γ), and through stimulation by glucocorticoids.²⁷ MIF release produces a pro-inflammatory cytokine response and serum levels in patients with severe AP have been demonstrated to be significantly higher than those with a mild attack.²⁸ A MIF gene Knock-Out (MIF $-/-$) rodent model has shown significant amelioration of disease severity.28

The current study aims to determine the relationship between sCD163 and MIF, in addition to sCD14 to the early inflammatory response associated with AP, and there prognostic utility to assess the local (pancreatic necrosis) and systemic complications (SIRS, MOF) associated with a severe attack.

METHODS

Patients were recruited over an 18-month period from the Leeds Teaching Hospitals NHS Trust, Leeds, U.K. For the purposes of the study, acute pancreatitis was defined as an attack of acute upper abdominal pain accompanied by hyperamylasemia exceeding 5 times the upper normal range, diagnostic verification by computer tomography (CT) and a consistent clinical course. Patients were recruited only if the onset of abdominal pain was reported to be within 24-hour of presentation. Attacks were stratified by:

a. Etiology: Alcohol-related (if consumption exceeded 50 g/day); gallstones (detected by ultrasonography, MRCP, EUS, or ERCP); other identified causes or idiopathic (cause unknown despite investigation).

b. Severity of the attack: attacks were classed as "severe" if there was failure of one or more organ, or if there was pancreatic necrosis $(> 30\%)$ on intravenous contrast-enhanced CT performed after 72-hour of attack), or sepsis. This classification was consistent with the Atlanta Criteria.

Consent: Inclusion and Exclusions

Written, informed consent was obtained according to a protocol approved by both institutional ethical committees. Patients with malignant disease, chronic inflammatory disease, including established or suspected chronic pancreatitis, preexisting chronic organ failure (renal failure; creatinine 200 mg/dL or requiring dialysis, heart failure, NYHA class >3 , recent myocardial infarction \lceil <6 months]), unstable coronary syndromes, liver failure (Childs grade $B+$), chronic obstructive airways disease, and immunosuppressive disorders (drugs, hematologic malignancies, HIV) were excluded due to potential variations in the systemic inflammatory responses and their potential influence on treatment decisions.

Determination of Severity

A 5-mL sample of heparin treated venous blood was obtained from all patients every 24 hours for at least 4 days from the onset of pain, from which C-reactive protein levels were measured using an enzyme-linked immunosorbent assay (DAKO, High Wycombe, UK). The peak $(0-72$ hours) CRP concentration (Peak CRP) was used as a biochemical severity marker.

The Acute Physiology and Chronic Health Evaluation score (APACHE-II), and its subcomponent, the Acute Physiology Score (APS) were determined at 24- and 48-hour from the onset of pain, to estimate the magnitude of the systemic inflammatory response.

The 24-hour plasma sCD14, sCD163, and serum MIF concentration was determined from a peripheral blood samples taken at approximately 24-hour after the reported onset of abdominal pain.

Plasma sCD14 Assay

Plasma sCD14 concentration was measured from a heparin treated peripheral venous blood by a CD14 capture sandwich enzyme linked immunosorbent assay (IBL, Hamburg, Germany). The lower limit of detection was ≤ 1 ng/mL.

Plasma sCD163 Assay

Determination of sCD163 concentration in serum sCD163 was measured in enzyme-linked immunosorbent assay. In brief, rabbit anti-CD163, 4 mg/L was coated onto microtitre wells. After wash, 100 μ L of sample (diluted 1:50 in PBS with albumin, pH 7.2) was added and incubated for 1 hour. The wells were washed and 100 μ L of monoclonal anti-CD163 (GHI/61, diluted 1:500) was added and incubated for 1 hour. After wash, 100 μ L of peroxidase-labeled antibody (goat anti-mouse immunoglobulins, DAKO P447, diluted 1:4000) was added and incubated for 1 hour. The wells were washed, and 100 μ L of a H₂O₂/1,2-phenylenediamine dihydrochloride substrate solution was added. After 15 minutes, 50 μ L of 1 mol/L H₂SO₄ was added, and the plates were read at 492/620 nm. Control samples and standards of purified CD163 were coanalyzed in each run.

Serum Macrophage MIF Assay

Serum MIF concentration was measured by a quantitative sandwich enzyme linked immunosorbent assay (Quantikine, R&D systems, Abingdon, U.K.). The lower limit of

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detection was ≤ 0.05 ng/mL and overall intra-assay variation was $\leq 5\%$.

Statistical Analysis

Results obtained for genotypes were analyzed with reference to etiology and severity using Pearson's χ^2 contingency tables and Fisher exact test. Comparison of continuous variables with genotype was analyzed using the Mann-Whitney *U* test. A receiver operating characteristic (ROC) curve was used to explore the relationship between the sensitivity and specificity of the prognostic indices in determining disease severity. An index of the goodness of the test is the area under the curve; a perfect test has area 1.0, while a nondiscriminating test has area 0.5. All statistical analyses were performed using SPSS v8.00 statistical analysis software (SPSS Inc., Cary, NC).

RESULTS

In total, 64 patients with AP (19 severe) were studied. Age and gender were similar in all groups (Table 1) and, as expected, the APACHE-II scores at 48 hours were significantly higher in patients with a severe attack (median, 10.5; range, $4-26$) compared with those with a mild attack of AP (median, 4.5; range, $1-10$, $P < 0.001$). The cause of AP was gallstones in 40 patients (63%), and ethanol in 19 patients (29%). In the remaining 5 patients (8%), AP was due to hyperlipidemia, pancreas divisum, or unknown (designated idiopathic). Among patients with a severe attack, 8 had MOF alone, 7 had pancreatic necrosis and MOF, 2 patients had pancreatic necrosis without MOF, and 2 had single-organ failure with local septic complications. Secondary infection of pancreatic necrosis (confirmed by both CT-guided fine needle aspiration and surgical debridement) occurred in 2 patients. Overall mortality was 9.4% (6 patients).

Soluble Receptors and Acute Pancreatitis

Plasma sCD14 levels were significantly higher at 24 hours in patients with a severe attack (median, 71.3 ng/mL; range, 25–215 ng/mL) compared with mild attack (median, 51.2 ng/mL; range, $24-103$ ng/mL, $P = 0.004$; Fig. 1). Plasma concentrations in healthy volunteers (median, 50.5 ng/mL; range, 32–76 ng/mL) were similar to mild attacks. Furthermore, plasma sCD14 levels correlated significantly with APS ($r = 0.59$, $P < 0.001$), 24-hour ($r = 0.42$, $P =$ 0.002), and 48-hour APACHE-II ($r = 0.43$, $P < 0.001$). Although there was no correlation with 24-hour CRP, sCD14 did correlate significantly albeit weakly with Peak CRP $(r =$ $0.28, P = 0.03$.

Serum MIF levels were also raised in patients with a severe attack (median, 58.8 ng/mL; range, 13–181 ng/mL) compared with mild attack (median, 20.3 ng/mL; range, 5– 80 ng/mL, $P < 0.001$; Table 2). The latter was similar to levels in healthy controls (median, 18.2 ng/mL; range, 12–57 ng/mL). Serum MIF levels correlated significantly with serum 24-hour CRP ($r = 0.36$, $P = 0.02$), Peak CRP ($r = 0.36$, $P = 0.003$), and with 48-hour APACHE-II ($r = 0.29$, $P =$

FIGURE 1. a–c, Box-whisker plots (95% CI) showing 24-hour serum MIF concentrations in patients with AP and severity of attack, MOF, and pancreatic necrosis.

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TABLE 2. Correlation of 24-Hour Disease Markers With Complications of Acute Pancreatitis

0.03). There was no significant correlation with 24-hour APS or APACHE-II score. There was no significant correlations between plasma sCD163 and either clinical or biochemical markers of disease severity (Table 2).

Monocyte Receptors and MOF

Patients who either had or developed MOF had significant elevations in plasma sCD14 (median, 71.3 ng/mL; range, 25–216 ng/mL) compared with those who did not (median, 51.6 ng/mL; range, 24–132 ng/mL, $P = 0.004$).

Serum MIF levels were also increased in patients with MOF (median, 58.8 ng/mL; range, 13–118 ng/mL) compared with those without MOF (median, 27.3 ng/mL; range, 5–181 ng/mL, $P < 0.001$, Figure 1b). Although 24-hour APACHE-II score and CRP was also raised (Table 2), levels of sCD163 failed to significantly differentiate between the 2 groups.

Monocyte Receptors and Pancreatic Necrosis

In total, 9 of 64 patients developed pancreatic necrosis (14%). From the monocyte-macrophage markers (Table 2), only 24-hour serum MIF concentration was able to significantly differentiate between patients who developed pancreatic necrosis (median, 92.5 ng/mL; range, 26 –181 ng/mL) and those who did not (median, 31.1 ng/mL; range, 5– 82 ng/mL, $P < 0.001$, Figure 1c). Serum MIF concentrations were significantly higher among patients with PN independent of the presence of MOF $(P = 0.01)$. No such relationship was evident for sCD14 or sCD163. Binary logistic regression analysis reported serum MIF concentration ($P = 0.01$, OR, 2.73; 95% CI, 2.72–2.74) and MOF ($P = 0.017$, OR, 1.07; 95% CI, 1.01–1.86) as independent predictors of pancreatic necrosis.

Monocyte Receptors and Survival

Five of 38 patients died (13%), 4 had both MOF and pancreatic necrosis and 1 with MOF alone. Plasma MIF was significantly lower in survivors compared with patients who died (Fig. 2). Soluble CD14 and CD163 concentrations were similar in both groups.

ROC Curve Analysis for Severity, MOF, and Pancreatic Necrosis

Table 3 shows the area under the ROC curves for each 24-hour predictive markers with respect to the local and systemic complications of AP. Although the APACHE-II score and sCD14 levels were comparable in terms of disease severity and MOF, serum macrophage MIF concentrations were far superior in predicting complications of AP, particularly pancreatic necrosis (area under ROC, $0.86; P \le 0.001$).

DISCUSSION

The identification of molecular prognostic markers early in the course of AP has several benefits: risk stratification for the allocation of costly and limited healthcare resources, patient selection for clinical trials, and for potential development of therapies targeted at such mediators to ameliorate disease severity.

Fenton-Lee and Imrie²⁹ estimated the mean quality of life year (QALY) gained per patient with severe AP to be 8.6 years, at an average cost per QALY of £2156. The overall cost of treating these patients ranges from £9000 to £ 34,000, and these costs are likely to be an even greater burden on health resources given that Trinto et al^{30} reported that the age-standardized hospital admission rates between 1990 and 2000 had increased by 43%. The increased incidence of gallstone disease, obesity, and alcohol consumption will also inevitably add to the human and financial costs. Most of patients have mild self-limiting disease, which settles within 3 to 5 days; however, patients with severe attacks often require aggressive fluid resuscitation, enteral nutrition, and should be managed on a high dependency unit with full monitoring facilities.³¹ Early mortality is often due to MOF, and sepsis supervenes at a later stage and contributes to over 80% of late deaths; therefore, early identification of "at risk" patients allows more efficient allocation of resources.³¹

In the current study, we examined the potential utility of soluble receptors and the secretory protein MIF derived

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TABLE 3. Area Under Receiver Operated Curve (ROC) Analysis for All Markers Based on 24-Hour Values Based on Disease Severity, Presence of MOF, and Pancreatic Necrosis

NS indicates not significant.

from the monocyte-macrophage lineage, in predicting local and systemic complications associated with an attack of AP.

We confirm our previous reports of a strong correlation between sCD14 concentration, severity of attack of AP, and the physiologic component of the APACHE-II score, the acute physiologic score.²² Plasma soluble CD14 receptor concentration at 24 hours was also predictive of MOF but not PN, suggesting that LPS interaction with sCD14 may be an important mediator of SIRS and multiorgan failure associated with AP. Soluble sCD163 levels failed to correlate with the severity of AP, and levels in healthy controls were similar to those in AP. This would suggest that sCD163 is not associated with this disease.

MIF was originally described as a product of T-lymphocytes in 1966, and later demonstrated to be secreted from a variety of epithelial, endocrine, and endothelial cells.^{26,32-34} Unlike other cytokines, for example, TNF and IL-1 that require de novo synthesis, $35,36$ MIF is preformed and stored as intracellular pools within secretory vesicles.32 Its secretion from monocytes and macrophages is part of the innate immune response and occurs in response to lipopolysaccharides, gram-positive exotoxins, and pro-inflammatory cytokines (TNF- α , IFN- γ). It has both autocrine and paracrine effects; pro-inflammatory effects³⁸ include induction of cytokines (TNF- α , IL-1b, IL-2, IL-6, IL-8, and IFN- γ),³⁸⁻⁴⁰ NO,⁴¹ MMP-2 expression,⁴² and on the COX-2 pathway.⁴³ It counteracts glucocorticoid induced inhibition of inflammatory cytokine secretion in macrophages and T cells, and as such is thought to be a critical regulator of the host inflammatory response.44,45

Elevations in serum and ascitic MIF levels have been demonstrated in experimental pancreatitis, with increased survival observed in rodents treated with prophylactic administration of anti-MIF antibody.45,46 A number of clinical studies have also examined the prognostic role of MIF in septic patients. Beishuizen et al 4^{77} measured MIF, cortisol, ACTH, TNF- α , and IL-6 levels in 40 critically ill patients. Serum MIF concentrations were significantly elevated in patients with septic shock and correlated with mortality. Interestingly, however, MIF levels in multitrauma nonseptic patients were similar to healthy controls, and Joshi et al later confirmed that MIF levels are elevated in trauma patients *only* in the presence of positive bacterial cultures.⁴⁸

We found serum macrophage MIF levels were elevated in patients with a severe attack of AP, particularly among those who were subsequently diagnosed as having pancreatic necrosis ($>30\%$) on contrast enhanced CT ($P = 0.002$). Stratification of attacks to MOF with and without pancreatic necrosis demonstrated clearly that elevations in serum MIF concentration were related to the presence of PN and not MOF (OR, 2.72; $P = 0.01$). This is the first report of an early prognostic marker for the development of pancreatic necrosis.

A significant correlation exists between the development of pancreatic necrosis, the frequency of bacterial contamination of necrosis and the evolution of systemic complications.⁹ Secondary infection is thought to originate from enteric bacterial translocation secondary to disruption of the gut mucosal barrier during acute pancreatitis,⁴⁹ and this has been shown to occur within 24 hours of hospitalization. Clinical interventions that may limit this process are early enteral nutrition and the controversial use of prophylactic antibiotics. A recent Cochrane review reported there was strong evidence that intravenous antibiotic prophylactic therapy up to 14 days decreased the risk of superinfection of necrotic tissue and mortality in patients with severe acute pancreatitis with proven pancreatic necrosis at $CT⁵⁰$ Furthermore, it is becoming increasingly recognized that misuse of antibiotics may lead to devastating superinfections caused by *Candida*. ⁵¹ Limiting prophylactic antibiotic use in severe pancreatitis will minimize the development of resistance and superinfections in vulnerable hosts, and also avoids unnecessary costs.

Maintenance of the intestinal structure and function is supported by enteral feeding rich in glutamine and short chain fatty acids to stimulate the proliferation of mucosal cells and enhance gut integrity. Enteral nutrition may benefit patients with a severe attack and theoretically reduce secondary infection of pancreatic necrosis. Given that gut mucosal barrier dysfunction is observed as early as 24 hours after the onset of abdominal pain, enteral nutrition may have greatest benefit if commenced in the "at risk" group as early as possible following an attack.

Considerable interest has grown in the development of reliable biochemical markers that reflect the severity of acute pancreatitis as improved outcome in the severe form of the disease is based on early identification of disease severity and subsequent focused management of these high-risk patients. A meta-analysis of the prognostic utility of some of the more reliable markers in predicting severe AP is shown in Table $4.^{21}$ Of the current markers, serum CRP concentration appears to be

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This meta-analysis included prospective and nonprospective studies indexed in Medline for which adequate contingency data were reported. Means of reported series are shown for PPV and NPV, which are independent of the varying prevalence of severe attacks in each contributing series. Reproduced by the kind permission of Larvin et al. 21

the only one widely used in clinical practice. Although a late severity marker, it is, however, fairly useless in predicting disease outcome when measured on the first day of admission.⁵² Interleukin-6 (IL-6), however, the principal mediator of the synthesis of C-reactive protein and other acute phase reactants, has been reported to discriminate severe from mild disease as early as 24 hours, $13,14,53$ as have trypsin-alpha 1-protease inhibitor complexes¹⁶⁻²⁰ and carboxypeptidase activation peptide¹⁵ (Table 4). The current study suggests that although macrophage MIF compares less favorably in predicting disease severity (sensitivity, 79%; specificity, 74%; cutoff, 420 mg/L), it is the *only* reported early prognostic index of pancreatic necrosis. However, the current study is limited by the relative small population cohort and the true potential of MIF in predicting the complications of severe AP needs to be validated by larger studies.

Furthermore, macrophage MIF unlike TAP and carboxypeptidase activation peptide has other advantages, its widespread availability, it is relatively inexpensive, and has the major advantage in that it is a key mediator of the inflammatory process and therefore may be a potential therapeutic target at the molecular level. MIF exacerbates LPSinduced cytotoxicity, and anti-MIF neutralizing antibodies have been shown to rescue mice from lethal endotoxemia.45,46 Both MIF gene knock-out and antisense oligonucleotide experimental models demonstrate reduced endogenous MIF expression and reduction in the pro-inflammatory cytokine production following LPS stimulation.⁵⁴ The mechanisms, although as yet unclear, involve sustained activation of ERK MAP kinase and thus cytoplasmic phospholipase A2, a target anti-inflammatory for glucocorticoids.⁵⁵ MIF may also act to activate NF*kappa*B, a regulator cytokine gene expression.^{56,57} The antagonistic effect of glucocorticoids is to inhibit the binding of the p65 subunit of NF*kappa*B to the transcriptional machinery of the target gene, and to induce I*kappa*B synthesis, thereby inhibiting NF*kappa*B translocation to the nucleus.58,59 Furthermore, MIF inhibits tumor suppressor p53, leading to defective apoptosis of activated macrophages.⁶⁰ This prolonged pro-inflammatory response may contribute to the development of pancreatic necrosis and systemic organ failure.

CONCLUSION

The observed correlations between MIF and sCD14 blood concentrations and the local and systemic complications of severe AP further implicate endotoxemia as a central mechanism in this disease. Serum MIF concentration may serve as important prognostic marker that could identify patients likely to benefit from aggressive medical treatment and early transfer to specialist pancreatic units as suggested by the current BSG working party guidelines. At the molecular level, targeted disruption of these proteins with monoclonal antibodies may afford some therapeutic benefit in preventing the development of MOF, pancreatic necrosis, and septic complications.

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