

Antenatal screening for Down's syndrome

EDITOR,—Nicholas J Wald and colleagues' demonstration project¹ implies that there is nothing left to prove with regard to the "triple test" screening of pregnant women for Down's syndrome, and that all that remains is for the test to be introduced on a national level immediately. This is a premise I and others feel unhappy about, as recent correspondence has shown.^{2,3}

Wald and colleagues report the results of screening 12 603 women with the triple test, achieving a detection rate of 48% in that population. It is true that the numbers are small (12/25), but this is considerably below the 58% previously suggested.⁴ The paper does not refer at all to the 26% of women not screened. If the 12 603 women discussed in the paper were the 74% who had the blood test, the total population under study therefore comprised 17 031 women. Because we have no information about the demographic characteristics of the other 4428 women, or the outcomes of their pregnancies, I can only assume that the rate of Down's syndrome in their pregnancies was the same as in the screened population. Thus, the conclusion must be that some 34 pregnancies in the study population were affected with Down's syndrome. This figure reduces the detection rate for this pregnant population as a whole to 35.3% and the known prevention of Down's births (presumably the desired outcome) to 26.5%. Additionally, a two way table for the screened population gives the triple test a positive predictive value of only 2.3%, a figure well below that required for any method of screening.

On this basis, it must again be asked whether the wholesale introduction of triple test screening is either appropriate or effective. Wald and colleagues' paper certainly does not show, despite its claims, that the incidence of Down's births will be reduced much further in practice. It is probable that the psychological costs of this programme to pregnant women will be enormous⁵: 17 031 had to consider the test, 12 603 had to wait for results, and 514 undergo amniocentesis. We are not told the miscarriage rate. It also seems from recent correspondence⁶ that the costings used by the authors for their cost effectiveness analysis are probably an underestimate. As there are costs incurred through counselling for all women, the cost effectiveness analysis looks even less favourable when the whole population, rather than only those who are screened, is considered.

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1 Wald NJ, Kennard A, Densem JW, Cuckle HS, Chard T, Butler L. Antenatal maternal serum screening for Down's syndrome: results of a demonstration project. *BMJ* 1992;305:391-4. (15 August.)

Advice to authors

Priority will be given to letters that are less than 400 words long and are typed with double spacing. All authors should sign the letter. Please enclose a stamped addressed envelope for acknowledgment.

- Fleming C, Goldie DJ. Risk of Down's syndrome and amniocentesis rate. *BMJ* 1992;304:252.
- Keatinge RM, Williams ES. Screening for Down's syndrome. *BMJ* 1991;303:1063.
- Wald NJ, Cuckle HS, Densem JW, Kennard A, Smith D. Maternal serum screening for Down's syndrome: the effect of routine ultrasound scan determination of gestational age and adjustment for maternal weight. *Br J Obstet Gynaecol* 1991;99:144-9.
- Marteau T. Reducing the psychological costs. *BMJ* 1990;303:26-8.
- Keatinge RM, Williams ES. Prenatal screening for Down's syndrome. *BMJ* 1991;303:54.
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EDITOR,—Nicholas J Wald and colleagues conclude that antenatal maternal serum screening is cost effective and that the NHS should ensure its availability throughout Britain.¹ Their results do not support this contention. Screening detected only 12 (48%) of the 25 affected pregnancies and led to abortion in only 9 (36%). Even less impressive is the detection rate of 39% in women aged under 37, in whom most affected pregnancies occur. For each woman with a "positive" screening result the odds of having an affected fetus were 1 in 43, and for each woman having amniocentesis the odds were 1 in 29. The positive predictive value is 1.6% before and 2.3% after revision of dates by ultrasound examination. Would such results be acceptable for other screening programmes, such as mammography followed by biopsy for breast cancer?

The claim that screening is cost effective is based solely on an estimate of financial costs. There is no mention of the costs to women in terms of repeated clinic visits, morbidity and miscarriage after amniocentesis, and anxiety while waiting several weeks from the initial screening to receive the results of karyotyping. There is no confirmation that all aborted fetuses had Down's syndrome. There is also no discussion of the finding that the level of risk had only a small influence on the decision of 25% of women with a "positive" screening result not to have amniocentesis.

Finally, the authors write that "the predicted results are a better guide to expected performance than the observed results in this dataset would indicate." The logical conclusion of such a statement is that the results of research should be ignored if they fail to come up to the authors' expectations.

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1 Wald NJ, Kennard A, Densem JW, Cuckle HS, Chard T, Butler L. Antenatal maternal screening for Down's syndrome: results of a demonstration project. *BMJ* 1992;305:391-4. (15 August.)

EDITOR,—International leadership in prenatal screening resides in Britain; accordingly British public health policy has positively influenced other nations. Against that background, Nicholas J Wald and colleagues call for the establishment of British policy to achieve "the avoidance of handicap . . . to families."¹ When the work of some scientists and medical professors concludes with nationally directive pronouncements—for example, "the NHS should ensure that antenatal maternal serum screening for Down's syndrome is available throughout Britain,"² others may wish to consider whether the underlying data reasonably

support the conclusions. We find Wald and colleagues' national expectations to be costly, the data unconvincing, and the conclusions premature.

We urge that more information be obtained because the costs per affected case are underestimated; the utility of unconjugated oestriol as a third marker is not reported; Wald and colleagues' reported detection rates (48% overall, 39% for the screening population under 37 years of age) are lower than detection rates using other assay protocols; and independent reports on false positive rates and detection efficiency should be obtained from other screening centres.

Wald and colleagues use 61% detection in estimating costs rather than their published detection rate of 48%. At 48% (even without accounting for the cost of maternal serum α fetoprotein measurements) the public sector direct cost per detected affected pregnancy is £36 256, not £28 500 (assuming 100% uptake of amniocentesis and 100% termination of affected pregnancies). The cost increases to £48 780 with 75% uptake of amniocentesis and 90% termination of affected pregnancies. Considering private sector triple test costs at £60 per test³ and an incidence of 1.05 Down's syndrome cases per 1000 live births in Britain,⁴ the costs increase to £134 929 and £174 511 respectively.

The authors omit showing how using unconjugated oestriol in an assay protocol affects detection and false positive rates despite published studies showing negative impact.⁵ They should responsibly show that each biochemical marker improves on Down's syndrome screening detection rates.

Reported detection rates with other assay protocols are 89%,⁶ 80%,⁷ 78%,⁸ 75% (R G Ryall, personal communication). Laboratories currently using the triple test and the "alpha" software should publish their independently observed data on detection and false positive rates so that doctors and scientists may accurately gauge effectiveness and give the NHS a clearer statement of the facts.

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- Wald NJ, Kennard A, Densem JW, Cuckle HS, Chard T, Butler L. Antenatal maternal serum screening for Down's syndrome: results of a demonstration project. *BMJ* 1992;305:391-4. (15 August.)
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EDITOR,—The results from the study by Nicholas J Wald and colleagues¹ raise several important issues.

The implied conclusion that this form of Down's syndrome screening is more "effective" than screening by maternal age alone is debatable, as the findings could have occurred by chance. In the