# Population pharmacokinetics of imatinib and the role of  $\alpha_1$ -acid glycoprotein

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#### **Keywords**

chronic myeloid leukaemia, drug monitoring, gastrointestinal stromal tumours, imatinib, orosomucoid, protein binding

**Received** 10 February 2006 **Accepted**

24 May 2006

## **Aims**

The aims of this observational study were to assess the variability in imatinib pharmacokinetics and to explore the relationship between its disposition and various biological covariates, especially plasma  $\alpha_1$ -acid glycoprotein concentrations.

## **Methods**

A population pharmacokinetic analysis was performed using NONMEM based on 321 plasma samples from 59 patients with either chronic myeloid leukaemia or gastrointestinal stromal tumours. The influence of covariates on oral clearance and volume of distribution was examined. Furthermore, the *in vivo* intracellular pharmacokinetics of imatinib was explored in five patients.

#### **Results**

A one-compartment model with first-order absorption appropriately described the data, giving a mean (± SEM) oral clearance of 14.3 l h<sup>−</sup><sup>1</sup> (± 1.0) and a volume of distribution of 347 l ( $\pm$  62). Oral clearance was influenced by body weight, age, sex and disease diagnosis. A large proportion of the interindividual variability (36% of clearance and 63% of volume of distribution) remained unexplained by these demographic covariates. Plasma  $\alpha_1$ -acid glycoprotein concentrations had a marked influence on total imatinib concentrations. Moreover, we observed an intra/extracellular ratio of 8, suggesting substantial uptake of the drug into the target cells.

#### **Conclusion**

Because of the high pharmacokinetic variability of imatinib and the reported relationships between its plasma concentration and efficacy and toxicity, the usefulness of therapeutic drug monitoring as an aid to optimizing therapy should be further investigated. Ideally, such an approach should take account of either circulating  $\alpha_1$ -acid glycoprotein concentrations or free imatinib concentrations.

# **Introduction**

Imatinib mesylate (Gleevec<sup>®</sup> or Glivec<sup>®</sup>; Novartis Pharma AG, Basel, Switzerland) has transformed the treatment and prognosis of chronic myeloid leukaemia (CML) [1, 2] and gastrointestinal stromal tumours (GIST) [3]. Imatinib was rationally designed to inhibit the Bcr-Abl tyrosine kinase. This fusion oncoprotein

results from a  $t(9,22)$  translocation which gives rise to the Philadelphia chromosome, the hallmark of CML and of some acute lymphoblastic leukaemias (ALL) [4]. Imatinib was also found to be a potent inhibitor of the autophosphorylation of two additional tyrosine kinases, namely, c-Kit, involved in the oncogenesis of GIST [5], and platelet-derived growth factor receptor (PDGFR), involved, for example, in the pathogenesis of the hypereosinophilic syndrome [6].

However, imatinib must be taken indefinitely and is not devoid of toxicity. For CML and GISTs, the most frequent adverse events are fluid retention, nausea, skin rash, asthenia and muscle cramps, with an incidence of more than 50% (grades 1–4). A trend suggesting increased incidence of grade 3/4 adverse events with advancing disease was observed, but this rarely leads to discontinuation of therapy [7, 8]. Moreover, resistance or escape from disease control occurs in a significant number of patients. Resistance to imatinib is variable, especially in CML during the accelerated or blastic phase [4, 9, 10]. Cellular mechanisms of resistance include point mutations in the *BCR-ABL* and *KIT* genes or alternatively amplification of *BCR-ABL*. Activation of alternative survival signalling pathways can also arise [11, 12]. The probability of harbouring resistance mutations increases with disease progression as a consequence of increased tumour cell abundance [13]. Resistance could also be directly or indirectly caused by an increase in the cellular efflux of imatinib, mediated by the drug transporter P-glycoprotein (P-GP, the gene product of *ABCB1*, formerly *MDR1*) [14, 15], or by the breast cancer resistance protein (Bcrp1, *ABCG2*) [16– 18]. In addition, imatinib has recently been shown to be a substrate of the organic cation influx transporter 1 (hOCT1) [19]. Host-dependent mechanisms of resistance have also been implicated [4, 20], including modulation of imatinib binding to  $\alpha_1$ -acid glycoprotein (AGP) [21–23] and/or enhanced drug metabolism [9, 24]. Imatinib is mainly metabolized by cytochrome P450 3A4 (CYP3A4) [25, 26] and AGP plasma concentrations have been reported to be higher in the resistant CML blastic phase  $(2.3 \text{ g } l^{-1})$  than in the chronic phase  $(1.1 \text{ g } l^{-1})$  [23].

The pharmacokinetics of imatinib has been studied during Phases I, II and III of its clinical development [26–31]. Two of these studies applied a population approach [28, 30], and one [30] has indicated that imatinib clearance tends to increase over a period of 12 months' treatment with the drug. Accordingly, imatinib concentrations in patients whose dosage was progressively increased were substantially lower than those at the beginning of treatment. By contrast, a 25% decrease in imatinib clearance was reported in another study in CML patients [28], albeit followed up for only 1 month. Because of this discrepancy, further investigation of the pharmcokinetics of imatinib is merited, with particular respect to the identification of individual kinetic determinants that could modulate clinical response [32]. Weight, creatininaemia, albuminaemia,

haemoglobinaemia and some other covariates have already been assessed [28, 30]. Data on the effect of *MDR1* expression and CYP3A4 activity on imatinib AUC have been published only in abstract form [33]. Finally, only *in vitro* data are available about the intracellular concentrations of imatinib on the uptake of imatinib into cells [29].

Accordingly, the aims of the present study were (i) to characterize the population pharmacokinetics of imatinib in CML and GIST patients, (ii) to evaluate the influence of various demographic covariates on imatinib absorption and disposition, (iii) to assess the specific role of AGP on imatinib pharmacokinetics, and (iv) to explore the intracellular uptake of imatinib *in vivo*.

# **Methods**

## *Study population*

Data from 59 patients, providing a total of 321 plasma samples, were collected over 3 years for the population PK analysis. These patients included 38 with GIST, 20 with CML and one with ALL, all of whom received imatinib at daily doses ranging from 150 to 800 mg. All patients were pooled in our analysis, regardless of their medical history. Median age was 55 years (range  $20-79$ ), body weight was  $71 \text{ kg}$   $(44-110)$  and height was 172 cm (152–189); 26 patients were female. Most peripheral blood samples were drawn at 1–6-month intervals on follow-up visits for routine laboratory tests. The median number of measurements for each patient was four (range 1–14). All samples were obtained under steady-state conditions (i.e. after unchanged dosage for at least 1 month). Additional measurements were taken in five patients over one dosing interval to obtain a detailed concentration–time profile, with nine peripheral blood samples drawn between 0 and 8 h after drug intake. In these five patients, intracellular concentrations of imatinib were also measured in peripheral blood mononuclear cells (PBMC) obtained from four blood samples drawn before and 2, 4 and 6 h after drug intake using Vacutainer® CPT (Cell Preparation Tubes; Becton Dickinson, Allschwil, Switzerland), according to the manufacturer's recommended procedure and the method previously developed in our laboratory for the intracellular measurement of anti-HIV drugs [34]. All samples were processed at 4 °C and the collected cells were washed three times with cold phosphate-buffered saline, prior to cell counting and imatinib analysis (described below).

The following data were recorded for each patient: body weight, sex, age, height, creatinine concentration (CRT, in µmol l<sup>−</sup><sup>1</sup> ) and concomitant intake of medications that might influence the metabolism of imatinib (Table 1).

*MDR1* genotype was determined in 36 patients with respect to the 3435C→T single nucleotide polymorphism, known to be associated with P-GP expression [35]. CYP3A4 activity was assessed by measuring the 6β-hydroxycortisol/cortisol ratio in a 10-ml spot sample of urine collected at the same time as the 164 peripheral blood samples [36]. These urine samples were stored at −20 °C until analysis (see below). Plasma AGP concentrations were measured in 278 plasma samples.

## **Table 1**

Characteristics of the 59 patients evaluated in the population pharmacokinetics analysis of imatinib



*UCR, Urinary cortisol ratio; GIST, gastrointestinal stromal tumour; CML, chronic myeloid leukaemia; ALL, acute lymphoblastic leukaemia.*

The study was approved by the Ethics Committee of the Lausanne Faculty of Medicine. Informed written consent was obtained from the participants.

# *Drug and metabolite analysis*

Peripheral blood samples (5 ml) were collected into K-EDTA Monovette® syringes (Sarstedt, Nümbrecht, Germany). Plasma was isolated by centrifugation and stored at −20 °C until analysis. Total plasma imatinib concentrations  $(C_{\text{tot}})$  were determined by reversed-phase highperformance liquid chromatography (HPLC) according to a validated method [37]. The limit of quantification of the assay was 50 µg  $l^{-1}$  and its precision was <2.5% between 100  $\mu$ g l<sup>-1</sup> and 10 000  $\mu$ g l<sup>-1</sup>.

6β-Hydroxycortisol and cortisol urinary concentrations, and intracellular imatinib concentrations in PBMC cells were measured using validated LC-MS/MS methods developed in our laboratory, and which were adapted from previously published assays [38–40]. The equipment consisted of a liquid chromatograph (Agilent 1100 system; Agilent, Böblingen, Germany) coupled with a tandem-mass spectrometer (TSQ Quantum Discovery tandem triple-stage quadripole Thermo; Finnigan, San Jose, CA, USA). Prior to these analyses, urine samples were purified using a solid-liquid SPE technique (Chromabond® XTR; Macherey-Nagel, Düren, Germany) and PBMCs were extracted with 100  $\mu$ l PBS buffer and 100 µl acetonitrile (in order to denature proteins). The limits of quantification of the assays were 1  $\mu$ g l<sup>-1</sup> for cortisol, 10  $\mu$ g l<sup>-1</sup> for 6β-hydroxycortisol and 10  $\mu$ g l<sup>-1</sup> for intra-PBMC imatinib. Mean interday precision and accuracy were 7.4 and 7.2%, and 9.1 and 3.7%, for cortisol and 6β-hydroxycortisol, respectively. Mean intraday and interday precision for intra-PBMC imatinib were 2.9 and 6.3%, respectively, and the mean intraday and interday accuracy were 1.9 and 5.9%, respectively.

Plasma AGP concentrations were determined by an immunoturbidimetric assay using a COBAS INTEGRA 400 system (Roche Diagnostics, Basel, Switzerland). This is based on the formation of a precipitate of AGP with a specific antiserum which is determined by turbidimetry at 340 nm [41]. The limit of quantification of the assay was  $0.16 \text{ g}$  l<sup>-1</sup>. Mean intraday and interday precision were 1.9 and 2.4%, respectively, for a 0.62 g  $l^{-1}$  concentration and 1.0 and 1.5%, respectively, for a 2.22 g  $l^{-1}$  concentration.

## *MDRI* genotyping

DNA was isolated from blood using the QIAamp® DNA Blood Mini Kit (Qiagen, Basel, Switzerland) and was used for genotyping by polymerase chain reaction (PCR) and restriction fragment length polymorphism.

The primer sequences were as follows: forward 5′- TGGCAAAGAAATAAAGCGAC-3′; and reverse 5′- GACTCGATGAAGGCATGTA-3′. The PCR products of 189 bp were restricted by MboI and separated on 3% MetaPhor® agarose gels (Cambrex, Verviers, Belgium). The expected restriction enzyme-digested fragments were 143 and 46 bp for the CC genotype at nucleotide 3435; 189, 143 and 46 bp for CT; and 189 bp for TT.

## *Pharmacokinetic modelling*

*Demographic covariate analysis* Imatinib PK was best characterized by a one-compartment model with firstorder absorption. This model is described by the following differential equations:

$$
\frac{dA_1}{dt} = -k_a \cdot A_1 \tag{1}
$$

$$
\frac{dA_2}{dt} = k_a \cdot A_1 - CL \cdot C_{\text{tot}} \tag{2}
$$

where  $A_1$  and  $A_2$  are the amounts of imatinib in the absorption and central compartments, *ka* is the firstorder absorption rate,  $C_{\text{tot}}$  the measured drug concentration (corresponding to the *A*2/*V*d ratio, and where *V*d is the volume of distribution) and CL the clearance.

Three demographic covariates (body weight, sex and age), as well as the disease diagnosis, were then sequentially incorporated into the model and tested for significance, leading to the following equations:

$$
CL = \theta_{a} + \theta_{1} \cdot \frac{(BW - BW_{mean})}{BW_{mean}} + \theta_{2} \cdot q - \theta_{2} \cdot (1 - q)
$$

$$
+ \theta_{3} \cdot \frac{(AGE - AGE_{mean})}{AGE_{mean}} + \theta_{4} \cdot p - \theta_{4} \cdot (1 - p) \tag{3}
$$

$$
Vd = \theta_b + \theta_5 \cdot q - \theta_5 \cdot (1 - q) \tag{4}
$$

where body weight (BW) and age (AGE) are expressed as the relative deviation of the individual BW and AGE from the population mean  $(BW_{mean} = 70 \text{ kg and})$  $AGE_{mean} = 50$  years, respectively). Dichotomous variable were used for sex  $(q = 0$  for female and 1 for male) and for the diagnosis ( $p = 0$  for CML and 1 for GIST).

*Biological covariates analysis* Several models were tested to assess the effect of AGP concentration on the pharmacokinetic parameters. First, a linear relationship was tested:

$$
CL or Vd = \theta_a + \theta_1 \cdot \frac{(X - X_{mean})}{X_{mean}}
$$
 (5)

where X is expressed as the relative deviation of the individual X from population mean  $X_{mean}$ . The popula-

Based on an observed hyperbolic relationship between AGP<sub>tot</sub> and CL/Vd (see Results and Figure 2, left-hand panel), two simple hyperbolic models (Power and *E*maxlike, respectively) were also tested for CL and *V*d:

$$
CL or Vd = \theta_a + AGP_{tot}^{-\theta_1}
$$
 (6)

$$
CL or Vd = \theta_a - \frac{\theta_1 \cdot AGP_{\text{tot}}}{\theta_2 + AGP_{\text{tot}}}
$$
 (7)

Additionally, a model derived from the expression of the free fraction  $(f_u)$ , proposed by Rowland *et al.* [42]

$$
f_u = \frac{1}{1 + K_a \cdot f_{\text{up}} \cdot \text{AGP}_{\text{tot}}}
$$
(8)

was assessed:

$$
CL = \frac{\theta_1}{1 + \theta_2 \cdot \text{AGP}_{\text{tot}}}
$$
(9)

where  $\theta_1$  represents the unbound clearance (CLu) and  $\theta_2$ accounts for both the association constant  $(K_a)$  and the fraction of the number of binding sites unoccupied (*f*up). This model assumes a constant, nonsaturable free fraction.

Furthermore, a mechanistic approach was built up on the basis of physiological considerations. The model given by Equation 2 was thus rewritten, based on the assumption that only the unbound imatinib concentration *C*<sup>u</sup> was able to undergo first-order elimination through an unbound clearance process:

$$
\frac{dA_2}{dt} = k_a \cdot A_1 - CLu \cdot C_u \tag{10}
$$

The values of  $C<sub>u</sub>$  were related to the predicted concentrations  $C_{\text{tot}}$  through the following equation, incorporating  $AGP_{\text{tot}}$ , the AGP dissociation constant for imatinib  $K_d$ , and a scaling factor L:

$$
C_{\rm u} = \frac{C_{\rm tot} - K_{\rm d} - L \cdot \text{AGP}_{\rm tot} + \sqrt{\frac{(C_{\rm tot} - K_{\rm d} - L \cdot \text{AGP}_{\rm tot})^2}{4 \cdot K_{\rm d} \cdot C_{\rm tot}}}{2}
$$
(11)

The derivation of Equation 11 is described in Appendix II. A similar equation had been previously proposed for the analysis of the pharmacokinetics of sulphonamides by Bourne *et al.* [43, 44]. In our model we simply used the dissociation constant  $K_d$  instead of the association constant  $K_a$ . The L constant accounts for the difference in concentration unit between  $C_{\text{tot}}$  ( $\mu$ g l<sup>-1</sup>) and  $AGP_{tot}$  (g 1<sup>-1</sup>), assuming a one-to-one molar binding

ratio [21]. It was fixed to 11.7 (assuming a molar mass of 493.6 g mol<sup>-1</sup> for imatinib [45] and a mean molar mass of 42 000 g mol<sup>-1</sup> for AGP [46]).

On the basis of similar considerations, another hyperbolic equation relating *V*d to AGP<sub>tot</sub> was derived (see Appendix III for details):

$$
C_{\text{tot}} \cdot (V_{\text{AGP}} + V_{\text{U}}) - \left\{ (V_{\text{AGP}} - V_{\text{U}}) \cdot \left[ -K_{\text{d}} - \text{L} \cdot \text{AGP}_{\text{tot}} \right.\right.
$$

$$
V d = \frac{+\sqrt{\frac{C_{\text{tot}}^{2} + (K_{\text{d}} + \text{L} \cdot \text{AGP}_{\text{tot}})^{2} + 2 \cdot C_{\text{tot}} \cdot (K_{\text{d}} - \text{L} \cdot \text{AGP}_{\text{tot}})}}{2 \cdot C_{\text{tot}}}
$$
(12)

where  $V_{AGP}$  represents the volume of distribution of the protein and *V*<sup>u</sup> the volume of distribution of the unbound fraction of imatinib. Formally, Equation 12 makes *V*d dependent on the predicted total concentration of imatinib  $(C_{\text{tot}})$ . However, to fit such an equation in NONMEM®, it was necessary to use the observed concentration instead.

The demographic covariates (BW, sex and age) and the disease diagnosis were tested again (see Equations 3 and 4), based on the new model incorporating AGP (Equations 10 and 11).

The effect of other biological covariates (*MDR1* genotype, CYP3A4 activity and creatinine clearance) on imatinib PK was also assessed. For *MDR1*, the following expression was used:

$$
CL or Vd = \theta_a + \theta_1 \cdot MDRT
$$
 (13)

where MDRT is equal to −1 for *MDR1* genotype 3435CC, 0 for 3435CT and 1 for 3435TT. For CYP3A4 activity (3A4A, expressed as the urinary cortisol ratio) and creatinine clearance (CLCRT), the linear Equation 5 was used with  $3A4A_{mean} = 5.4$  (6β-hydroxycortisol/ cortisol ratio) and  $CLCRT_{mean} = 75$  ml min<sup>-1</sup>. CLCRT was calculated according to the Cockcroft and Gault formula [47].

Elimination half-life  $t_{1/2}$ , absorption half-life  $t_{1/2a}$  and imatinib free fraction  $f_u$  were calculated as follows:

$$
t_{1/2} = \frac{\ln 2 \cdot Vd}{CL}
$$
,  $t_{1/2a} = \frac{\ln 2}{k_a}$ ,  $f_u = \frac{C_u}{C_{tot}}$ 

where  $C<sub>u</sub>$  is the predicted unbound concentration and  $C_{\text{tot}}$  the predicted total concentration.

## *Statistical modelling*

A hierarchical model was used to account for inter- and intraindividual variability. The individual pharmacokinetic parameters  $θ$ <sub>i</sub> were modelled assuming a log normal distribution among the patients and were of the general form:

$$
\Theta_{j} = \Theta \cdot e^{\eta_{j}} \tag{14}
$$

where  $\theta$  is the population mean and  $\eta_i$  independent normally distributed random effects with a mean of zero and variance Ω.

A proportional model was used to describe intraindividual (residual) variability in imatinib pharmcokinetics. For the generic response Y and the corresponding prediction  $\hat{Y}$ , Y the i<sup>th</sup> measurement for the j<sup>th</sup> individual takes the form:

$$
Y_{ij} = \hat{Y} \cdot e^{\epsilon_{ij}} \tag{15}
$$

where  $\varepsilon_{ij}$  is independent and normally distributed with a mean of zero and a variance  $\sigma^2$ .

## *Parameter estimation and model selection*

The analysis was performed using NONMEM® software (version V, with NM-TRAN version II) [48] running on a mainframe station (Sun Fire® 3800 server with UltraS-PARC® III processors; Sun, Santa Clara, CA, USA). The program uses mixed (fixed and random) effects regression to estimate population means and variances of the pharmacokinetic parameters and to identify factors that may affect them. The data were fitted using a stepwise procedure and the first-order conditional method (FOCE INTERACTION and three significant digits) with the subroutine ADVAN 6. To determine the statistical significance between the two models, different statistical selection criteria can be used that require a minimal decrease of 2–10 points in the objective function (OF) [49, 50]. The decrease in OF corresponds to minus twice the logarithm of the linearized maximum likelihood of the model and is approximately  $\chi^2$  distributed (based on the likelihood ratio test). Therefore, a decrease of >3.8 points was considered significant for one additional parameter and >5.9 points for two additional parameters. Regression diagnostic plots generated with Excel® (version 11.2; Microsoft Co., Redmond, WA, USA) were used for comparison between models.

The general model was first evaluated with the data from the five patients who had undergone multiple blood sampling. An analysis of the whole population was then conducted using those initial estimates. The influence of each recorded patient characteristic on the Bayesian individual estimates of oral clearance (CL) and oral volume of distribution (*V*d) was visually explored with Excel®. Patient characteristics showing potential influence on the pharmacokinetic parameters were then evaluated with NONMEM® by sequentially introducing them into the model. Finally, a simulation based on the



#### **Figure 1**

Plasma imatinib concentrations observed in patients receiving imatinib, together with the mean population prediction (solid line) and 90% prediction interval (dashed lines). The graphs represent a once (upper part) or twice (lower part) daily regimen, based either on the demographic covariates model (left) or on the final α1-acid glycoprotein (AGP) model (right) (values adjusted to 400 mg q.d.; AGP model curves generated assuming mean values of AGP level and *fu*)

final pharmacokinetic parameter estimates was performed with Excel® using first-order error propagation formulae to calculate the 90% prediction interval (Figure 1), encompassing the 5th and 95th expected concentration percentiles at each time point. The figures were generated with Prism® (version 4.03; Graphpad Software Inc., San Diego, CA, USA).

## **Results**

The 321 imatinib plasma concentration values measured in the 59 patients ranged between 67 and 11 221  $\mu$ g l<sup>-1</sup>. In the subpopulation of 36 patients (corresponding to 245 samples) five had the *MDR1* 3435CC and nine had the TT genotypes, theoretically associated with higher and lower P-GP expression, respectively, compared with the CT genotype found in 22 patients. CYP3A4 activity (evaluated as the urinary cortisol ratio and determined in 164 samples from 39 patients) ranged from 0.7 to 38.5. Finally, the plasma concentration of AGP in 51 patients (from 278 samples) ranged from 0.4 to 3.2 g  $l^{-1}$ . The characteristics of the population are summarized in Table 1.

A one-compartment model with first-order absorption from the gastrointestinal tract appropriately described the data (Equations 1 and 2). A two-compartment model did not improve the fit, with a difference in the objective function  $(ΔOF)$  of zero. In the absence of intravenous data, the mean population bioavailability (*F*) was fixed to 1, in accordance with the almost complete absorption

reported for imatinib [25, 51]. Significant interpatient variability could be assigned to both oral clearance  $(CV = 45\%; \triangle$ OF = -123.7) and oral volume of distribution (CV = 130%;  $\Delta$ OF = −30.2), with the covariance between CL and *V*d further decreasing the objective function  $(\Delta$ OF = -18.4).

Individual estimates of CL and *V*d were derived for each patient from this basic model and plotted against all the covariates to identify potential influences. Among the demographic factors, BW, height, age, sex, as well as the disease diagnosis, showed some influence on imatinib pharmacokinetics. Height, being correlated to BW, was not further investigated. CL increased significantly with BW ( $\Delta$ OF = −63.4). The combination of BW and sex produced a slight improvement compared with when BW alone was used ( $\Delta$ OF = −3.5). The addition of age and disease diagnosis provided some further improvement in fit ( $\Delta$ OF = −4.5 and −4.6, respectively). Finally, sex significantly affected *V*d (ΔOF = −5.1). Although sex, age and disease diagnosis gave a fit of borderline statistical significance, these covariates were retained in the model, since they were always recorded and might be clinically relevant for selected patients (global  $\Delta \text{OF} = -17.7$ .

Coadministration of CYP3A4 inhibitors (ΔOF =  $-0.8$ ) or inducers ( $\Delta$ OF = 0.0) did not affect imatinib pharmacokinetics to a statistically significant extent in this population of patients.

The final population estimates of CL and oral *V*d from the demographic model were  $14.3 \text{ lb}^{-1}$  and 347 l, respectively. The derived elimination half-life was 17 h,

and the absorption half-life 1.1 h. The interindividual variability in CL and *V*d (CV = 36% and 63%) remained higher than the residual intraindividual variability  $(CV = 31\%)$ . CL increased by 99% on doubling of BW, decreased in female compared with male patients by 6%, decreased by 16% on doubling of age and decreased by 8% in GIST compared with CML patients. Details of the development of this demographic model can be found in Appendix I and the pharmacokinetic data are shown in Table 2. The observed plasma concentrations of imatinib are presented in Figure 1 (left panel), along with the population mean and 90% prediction interval.

The plots in Figure 2 (left panel) clearly suggest a hyperbolic dependency of imatinib oral CL and *V*d on plasma AGP concentrations. The use of a linear model to characterize the relationship between CL and AGP (Equation 5) improved significantly the fit  $(\Delta$ OF = −170.5). Only a slightly better description of the data was detected when using a power function (Equation 6;  $\Delta$ OF = –5.6). The use of an  $E_{\text{max}}$  model (Equation 7) produced a substantial improvement in the fit  $(\Delta$ OF = −267.2) and the constant free fraction approach described by Equation 8 was associated with an even better fit  $(\Delta$ OF = −271.4). Finally, the mechanistic approach (Equations 10 and 11) provided the best improvement in the fit ( $\Delta$ OF = −284.1), and the plot of CLu  $vs.$  AGP<sub>tot</sub> showed an absence of a relationship between these two variables (Figure 2, right panel). As the apparent volume of distribution estimated from this model still showed some correlation with  $AGP_{\text{tot}}$ , we tried to model this relationship (using Equations 5, 6, 7

## **Table 2**

Imatinib population pharmacokinetic parameters obtained from the two main models



\**Estimates of variability expressed as coefficient of variation (CV %).* †*SE, Standard error of the estimates, expressed as CV %.* ‡*SE, Standard error of the variance components, taken as SEestimate /estimate, expressed as a percentage.* §*Residual intraindividual variability of the plasma concentration, expressed as CV %. AGP,* α*1-acid glycoprotein.*



#### **Figure 2**

Pharmacokinetic parameters derived from the demographic covariates model (left panel) and from the final  $\alpha_1$ -acid glycoprotein (AGP) model (right panel), plotted according to AGP plasma concentrations

and 12). The most significant improvement was obtained using a linear function (Equation 5;  $\Delta$ OF = −11.7). The *E*max-like relationship brought no significant improvement in the fit (Equation 7;  $\Delta$ OF = −2.2). The mechanistic approach (Equation 12) was not superior to the model that did not take account of AGP ( $\triangle$ OF = −0.0). This was probably due to the lack of very low plasma AGP concentrations that could have contributed to a residual hyperbolic relationship between  $AGP_{tot}$  and *V*d. As this mechanistic model could not be retained, Figure 2 (right panel) represents only the relationship between AGP<sub>tot</sub> and total volume of distribution (*Vd*).

Following the inclusion of AGP in the analysis (Equations 10 and 11), the four demographic covariates found to correlate significantly with CL in the previous analysis (see above) were again added to the AGP model and

shown to affect CLu (rather than on CL) and *V*d (linearly correlated to  $AGP_{tot}$  by Equation 5). Whereas BW still improved the prediction of CLu ( $ΔOF = -27.0$ ; change by 91% on doubling of BW), the addition of age and sex did not significantly improve the model compared with BW alone  $(\Delta$ OF = -4.7). Disease diagnosis appeared to have no significant effect on *V*d (∆OF = −0.5), but significantly decreased CLu in GIST patients  $(\Delta$ OF = −6.8; with a difference of 10.2% between GIST and CML patients), confirming the effect already observed with the demographic covariates model.

The influence of three other biological covariates were assessed. The *MDR1* polymorphism was studied in the subpopulation of 36 patients for whom both *MDR1* genotype and plasma AGP concentrations were available (corresponding to 245 samples). The assignment of this genotype as a covariate on either CLu or *V*d tended to improve the fit  $(\Delta$ OF = −1.3 and −1.0), albeit not significantly. Compared with the *MDR1* 3435CC genotype, CLu decreased by 10.6% in the TT genotype, whereas *V*d decreased by 29.8%. No clear influence of CYP3A4 activity on CLu or *V*d could be detected ( $\Delta$ OF = −0.2 and −1.0) in this limited number of observations (154 samples in 39 patients). Doubling CYP3A4 activity only increased CLu by 1.1%. Creatinine clearance significantly influenced CLu ( $\triangle$ OF = −5.7; with a change of 29.0% on a doubling of creatinine clearance) and *V*d ( $\Delta$ OF = −7.0; with a change of 53.2% on a doubling of creatinine clearance), in the corresponding subpopulation (271 samples in 47 patients). Such findings were in line with those obtained with the demographic model (data not shown).

The final parameters of the AGP model are given in Table 2. The value of the *in vivo* dissociation constant  $(K_d)$  of  $8.97 \times 10^{-2}$  mg l<sup>-1</sup> (i.e.  $1.82 \times 10^{-4}$  mmol l<sup>-1</sup>), corresponds to an association constant of  $5.5 \times$  $10<sup>6</sup>1$  mol<sup>-1</sup> and leads to a median free fraction  $(f_u)$  of 1.1% (range 0.3–2.3). Details of the development of the AGP model can be found in Appendix IV.

Figure 3 shows the intracellular and plasma imatinib concentration *vs.* time profiles observed in the five patients studied more intensively. As these patients were at steady state on a once-daily regimen, the concentration at 0 h (i.e. prior to drug administration) was plotted at a time corresponding to the period elapsed between the previous drug intake (i.e. the day before) and the time zero sample.



#### **Figure 3**

Intracellular and plasma pharmacokinetic profiles of imatinib in five individual patients (solid lines, plasma concentrations; broken lines, peripheral blood mononuclear cell concentrations)

Except for one subject, the intra/extracellular ratio appeared to be reasonably constant and indicated a mean eightfold accumulation of imatinib in the cell. The atypical appearance of the intracellular curve in the subject represented by open triangles is most probably due to inaccurate cell counting in the 24-h sample.

## **Discussion**

This study enabled the development of two types of population pharmacokinetic model for imatinib. The use of a demographic covariates model confirmed the large interindividual variability in imatinib disposition, which can be explained only partly by BW, sex, age and disease diagnosis. Together with the residual intrapatient variability (31%), this translates into a mean fivefold width of the prediction interval around the mean data (or sixfold at  $C_{\text{max}}$ ; Figure 1, left panel). Our estimates of CL and *V*d are in good agreement with those recently published in GIST [30] and CML [28] patients, as well as in healthy subjects after a single oral dose [31]. Our data also confirm that disease diagnosis has only a small influence on total and free clearance, in agreement with the initial assumption of the manufacturer that pharmacokinetics of imatinib was unaffected by CML or GIST [32]. The elimination half-life of 17 h is also in good agreement with previously reported values of 17–19 h in CML patients [25, 27, 29], 12–16 h in GIST patients [30] and 14 h in healthy subjects [31]. The relationship between CL and BW suggests that the latter could be used to guide dosing. Moreover, the substantial variability in disposition observed implies that a given dose of imatinib may give rise to, in some patients, plasma concentrations that depart markedly from those expected based on the mean pharmacokinetic profile (established in Phase I and II clinical studies). Figure 1 shows typical concentration–time curves usable for Bayesian-type dosage adjustment in patients receiving imatinib.

Unlike other previously studied covariates, AGP plasma concentrations proved to have a marked influence on imatinib pharmacokinetics and explained about one-half of the interpatient variability in total CL. Using the model incorporating this covariate, the estimates of *V*d and  $k_a$  remained similar, but the 90% prediction interval around the mean plasma concentration–time data was reduced to a threefold width (Figure 1, right panel). This model is derived from mechanistic considerations, assuming saturable protein binding because of the limited amount of circulating AGP. The disappearance of the effects of sex and age in this AGP model can probably be explained by the known correlation between age and sex and AGP concentrations [52]. The role of AGP in imatinib disposition has been reported

[22, 26] and the marked relationship between protein binding and the pharmacokinetics of imatinib again suggests the possibility that high concentrations of AGP might predispose to resistance to the drug [53–55]. However, because imatinib has a low hepatic extraction, a change in protein binding should not translate into significant variations in free drug concentration, since CLu remains constant in our model. This implies that the free AUC, and thus the cellular disposition to the drug, will remain unaffected. Furthermore, AGP concentrations might be expected to fall in parallel with response to imatinib treatment, as the disease burden is reduced.

Because protein binding affects the total concentration of imatinib, this factor should be taken into account when monitoring and interpreting total concentrations. Our findings indeed indicate that total plasma imatinib concentrations do not simply reflect the free (and thus the target) concentrations of this molecule [22]. Either the measurement of free concentration or the correction of the total concentration for binding to AGP should be considered. Although free drug concentration monitoring might be more appropriate, the technology to do so is not widely available. Thus, using plasma AGP concentrations instead to deduce the free fraction of the drug could represent a more convenient approach. In day-to-day practice, the determination of total plasma AGP and total imatinib concentrations would enable the calculation of a free concentration of imatinib from Equation 10. This value could then be compared with the typical free concentration profile shown in Figure 1 (right panel) and provide guidance for dose adjustment.

Our model incorporating AGP also provides estimates of the *in vivo* association constant and *fu*. Our value of the association constant of  $5.5 \times 10^6$  l mol<sup>-1</sup> determined *in vivo* is similar to that of  $4.9 \times 10^6$  l mol<sup>-1</sup> previously reported *in vitro* [21]. This denotes a very high affinity of imatinib for AGP and could explain the marked effect of AGP on the pharmacokinetics of the drug, which has also been reported for other anticancer agents [56]. The median *in vivo* free fraction  $(f_u)$  of 1.1% is of the same order of magnitude as the value determined *in vitro* (3.1% at an AGP concentration of 1 g  $l^{-1}$  and imatinib concentrations of 0.3–0.5  $\mu$ g ml<sup>-1</sup> [57]). Such findings clarify in part the *in vivo* effect of protein binding on imatinib disposition [26]. The effect of albumin was not considered because its concentration varies much less than that of AGP, and imatinib is known to bind preferentially to AGP [21, 57]. A recent population PK study reported no significant relationship between albumin concentrations and imatinib pharmacokinetics [30].

The *MDR1* polymorphism and CYP3A4 activity seemed to have a limited influence on imatinib disposition, although the 3435C→T *MDRI* variant is known to be correlated to the AUC of imatinib [33]. The analysis of other single nucleotide polymorphisms (in *ABCB1* and *ABCG2*) may enable additional information to be gained on imatinib transport. Furthermore, the use of other markers of CYP3A4, such as the erythromycin breath test or midazolam clearance, may help to define better any relationship between imatinib pharmacokinetics and the activity of this enzyme [33]. Despite the concerns over the validity of the urinary cortisol ratio, it has the advantage of representing a non-invasive test [58]. The lack of apparent effect of CYP3A4 inhibitors or inducers on imatinib disposition is probably due to the limited number of our patients exposed to such drugs. Most were outpatients not receiving any comedication. However, the observed effect of creatinine clearance on imatinib clearance and volume of distribution suggests some influence, either direct or indirect, of renal function on imatinib disposition, despite its predominantly hepatic clearance [25].

The present study reports the first *in vivo* assessment of the intracellular accumulation of imatinib. A mean eightfold cell/plasma ratio was observed, which is in agreement with *in vitro* literature data, giving approximately a corresponding fivefold factor in leukaemia cell cultures incubated with imatinib and human plasma [29]. This is in line with the recent demonstration that imatinib undergoes active transport inside leukaemia cells via the solute liquid transporter hOCT1 [19]. It has been recently reported that hOCT1 expression varies between CML patients who are responders and nonresponders [59]. The relative stability of the cell/plasma ratio suggests that measuring plasma imatinib concentration (either total, AGP-corrected or free) probably provides a good surrogate for intracellular exposure to the drug. The intracellular concentration of imatinib would be better termed the 'cell-associated amount', as the drug may be embedded in membrane lipid bilayers, be complexed to cytoplasmic proteins or sequestrated in specific subcellular fractions. Such uptake has been reported for anti-HIV drugs [60, 61] and only a fraction of the so-called 'intracellular amount' of the drug is available to exert its pharmacological activity.

A pharmacokinetic–pharmacodynamic (PK–PD) analysis is currently being carried out in our centre to determine whether the side-effects or effectiveness of imatinib correlate with plama drug concentration among subgroups of patients. Several cases have been reported where imatinib treatment had to be discontinued because of the occurrence of serious adverse events [62–64]. However, in only one case were plasma drug concentrations measured and found to be elevated [64]. Furthermore, a number of studies have

suggested that the administration of doses higher than the typical 400-mg daily regimen could improve response in some patient groups. A better response was observed in the accelerated and blastic phases of CML when the drug was given at a dose of 600 mg daily [65] and a 800-mg daily regimen was associated with longer progression-free survival in GIST patients [66]. About 10% of imatinib is metabolized by CYP3A4 to a N-demethylated piperazine derivative (CGP74588), which has similar *in vitro* potency to the parent drug [26]. At steady-state, this represents less than 20% of the dose [29].

However, such a small amount of active metabolite should not impact significantly on any PK–PD analysis of the drug.

In conclusion, the high interpatient and limited intrapatient variability in imatinib pharmacokinetics together with the potential relationship between exposure and efficacy and toxicity suggest that therapeutic monitoring of the drug may aid dosage adjustment. Such a measure may help to limit the incidence of side-effects and delay the emergence of tumour resistance, which seems to be favoured by prolonged subtherapeutic drug concentration exposure both *in vitro* [23, 67, 68]. In addition, therapeutic drug monitoring may improve compliance to therapy. However, before individualization of imatinib therapy based on routine drug concentration monitoring can be recommended, further PK–PD analysis in well-controlled trials is required.

# **Conflict of interest**

The manufacturer of imatinib, Novartis, played no role in the initiation of this study. None of the authors has received commercial research funding or has relationships that could be perceived as having influenced the present research. However, S.L. and M.A.D. have been reimbursed by Novartis Pharma AG for attending a symposium. S.L. and T.B. have been paid by Novartis Pharma AG for speaking at a conference. L.A.D. and M.A.D. have received a grant-in-aid from Novartis Pharma AG. T.B. has received financial support from Novartis Pharma AG for two unrelated clinical studies.

*The authors thank the program of the Master of Advanced Studies in Hospital Pharmacy (Professor A. Pannatier, Pharmacy Service, University Hospital of Lausanne, Switzerland), Fondation pour la Recherche et l'Enseignement en Pharmacologie clinique (Lausanne), Professor F. Widmer (Department of Ecology, University of Lausanne) for his valued editing of the manuscript and O. Woringer (Preparatory Mathematics Courses, Federal Polytechnic School, Lausanne) for his appreciated mathematical advice.*

## Appendix I

The following table summarizes the development of the demographic population pharmacokinetic model for imatinib.



<sup>θ</sup>*a,b,c , Tested PK parameters (clearance, CL, volume of distribution,* V*d and absorption constant,* ka *, respectively);* θ*1,2,3,4,5 , covariate coefficient estimates. BW (body weight) and age are expressed as the relative deviation of the individual BW and age from the population mean (70 kg and 50 years, respectively). INH or IND, 1 if concomitant inhibitor/inducer drug is present; q, 0 if female and 1 if male; p, 0 if chronic myeloid leukaemia, 1 if gastrointestinal stromal tumour;* n*, number of patient in the dataset;* ∆*OF, difference in the NONMEM objective function (OF) compared with baseline model.*

Appendix II

Derivation of  $C<sub>u</sub>$  (imatinib free concentration; Equation 11), assuming saturable binding of imatinib to AGP (considered as the main binding protein [21]):

$$
imation_{unbound} + AGP_{unbound} \leq j \text{} (16)
$$
\n
$$
(16)
$$

Applying the law of mass action gives  $(u =$  unbound;  $b = bound$ :

$$
K_{\rm d} = \frac{C_{\rm u} \cdot \mathbf{L} \cdot \mathbf{AGP}_{\rm u}}{C_{\rm b}}\tag{17}
$$

and

$$
L \cdot AGP_{\text{tot}} = C_{\text{b}} + L \cdot AGP_{\text{u}} \tag{18}
$$

Combining Equations 17 and 18 provides an expression for  $C_{\mathfrak{u}}$ :

$$
C_{\rm u} = \frac{K_{\rm d} \cdot C_{\rm b}}{L \cdot \text{AGP}_{\rm tot} - C_{\rm b}}\tag{19}
$$

Therefore, considering that  $C_{\text{tot}}$  is equal to the sum of  $C_{\text{u}}$ and  $C_b$  (i.e.  $C_b = C_{\text{tot}} - C_u$ ):

$$
C_{\rm u}^2 - C_{\rm u} \cdot (C_{\rm tot} - K_{\rm d} - L \cdot \text{AGP}_{\rm tot}) - K_{\rm d} \cdot C_{\rm tot} = 0 \qquad (20)
$$

Finally, solving this equation provides the expression for *C*<sup>u</sup> given in Equation 11.

Appendix III

To express *Vd* as a function of  $AGP_{\text{tot}}$  and  $C_{\text{tot}}$ , it is useful to determine the distribution of imatinib according to Figure 4 (assuming that AGP is the main binding protein [21]).

It follows that the total unbound and AGP-bound volumes are given by:

$$
V_{\text{tot}} = \frac{A_{\text{tot}}}{C_{\text{tot}}} \tag{21}
$$

$$
V_{\rm u} = \frac{A_{\rm u}}{C_{\rm u}}\tag{22}
$$

$$
V_{AGP} = \frac{A_b}{C_b} \tag{23}
$$

Assuming that the total quantity of imatinib  $(A<sub>tot</sub>)$  is equal to the sum of the unbound  $(A_u)$  and bound  $(A_{bound})$ forms:

$$
C_{\text{tot}} \cdot V_{\text{tot}} = C_{\text{u}} \cdot V_{\text{u}} + C_{\text{b}} \cdot V_{\text{AGP}} \tag{24}
$$

Therefore, considering that  $C_{\text{tot}}$  is the sum of  $C_{\text{u}}$  and  $C_{\text{b}}$ (i.e.  $C_u = C_{\text{tot}} - C_b$ ) it follows that:

$$
C_{\rm b} = \frac{C_{\rm tot} \cdot (V_{\rm tot} - V_{\rm u})}{V_{\rm AGP} - V_{\rm u}}
$$
(25)

Furthermore, assuming the law of mass action and rewriting Equation 19 according to  $C<sub>b</sub>$  gives:

$$
C_{\rm b} = \frac{C_{\rm u} \cdot \mathbf{L} \cdot \mathbf{AGP}_{\rm tot}}{C_{\rm u} + K_{\rm d}}\tag{26}
$$

Because  $C_u$  is  $C_{tot} - C_b$ , Equation 26 can be expressed as:

$$
C_{\rm b}^2 - C_{\rm b} \cdot (C_{\rm tot} + K_{\rm d} + L \cdot \text{AGP}_{\rm tot}) + C_{\rm tot} \cdot L \cdot \text{AGP}_{\rm tot} = 0
$$
\n(27)

#### **Figure 4**

Representation of the distribution of imatinib, based on concentrations and volumes  $(V_{\text{tot}} = Vd = \text{total}$  imatinib volume of distribution,  $V_{AGP}$  = total  $\alpha_1$ -acid glycoprotein (AGP) plasma volume;  $V_u$  = free imatinib volume,  $C_{\text{tot}}$  = total imatinib concentration,  $C_{\rm u}$  = free imatinib concentration,  $C<sub>b</sub>$  = concentration of imatinib bound to AGP,  $AGP_{tot} =$  total AGP concentration,  $AGP<sub>u</sub>$  = free AGP concentration,  $AGP_b = concentration of AGP$  bound to imatinib,  $L = scaling factor$ )



Substituting Equation 25 into Equation 27 and solving according to  $V_{\text{tot}}$  gives Equation 12, which expresses *Vd* (the ratio between  $A_{\text{tot}}$  and  $CL_{\text{tot}}$ ) as a function of  $AGP_{\text{tot}}$  and  $C_{\text{tot}}$ , with parameters  $V_{\text{AGP}}$ ,  $V_{\text{u}}$ ,  $K_{\text{d}}$  and *L*. Equation 12 depicts an oblique hyperbole with one horizontal asymptote.

# Appendix IV

The following table summarizes the models used to examine the influence of biological covariates on imatinib CL and *V*d.



 $\theta_{abc}$ , Tested PK parameters (clearance CL, free clearance CLu, volume of distribution Vd and absorption constant, k<sub>a</sub>, respectively);  $\theta_{1,2,3}$ , covariate estimates (BW, sex, age or pathology diagnosis, or, respectively, MDRT, 3A4A and CLCRT); BW (body weight), age, AGP (AGP plasma levels), 3A4A (CYP3A4 cortisol ratio), CLCRT (creatinine clearance): expressed as the relative deviation of the individual BW, AGE, AGP<sub>tok</sub> 3A4A and CRT *from the population mean (70 kg, 50 years, 0.95 g l*−*<sup>1</sup> , 5.4 and 75 ml min*−*<sup>1</sup> , respectively); q* = *0 if female, 1 if male; MDRT* <sup>=</sup> <sup>−</sup>*1 if 3435CC, 0 if 3435CT, 1 if 3435TT; p* = *0 if CML, 1 if GIST;* n*, number of patients in the dataset;* ∆*OF, difference in the NONMEM objective function (OF)*  compared with baseline model. In Equation 11, the C<sub>rot</sub> variable was defined as equal to the DV variable and was thus simply duplicated from *this one.*

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