Lysostaphin in Treatment of Neonatal *Staphylococcus aureus* Infection

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This study describes lysostaphin's effect against methicillin-sensitive *Staphylococcus aureus* **in suckling rats. Standard techniques determined minimal inhibitory and bactericidal concentrations, pharmacokinetics, and efficacy. The numbers of surviving rats after vancomycin, oxacillin, and lysostaphin treatment were comparable** and were different from that of controls $(P < 0.00001)$. Lysostaphin appears effective in the treatment of **neonatal** *S. aureus* **infection.**

Additional antibacterial agents for staphylococcal infection are needed (3, 9, 10, 12, 13, 21, 27). Lysostaphin, first identified in 1944 (20), is an endopeptidase which specifically cleaves the cell wall cross-linking pentaglycine bridges of *Staphylococcus aureus* (25) and is active against nondividing organisms (17, 19). We describe the effect of lysostaphin against *S. aureus* in a neonatal animal model.

A clinical methicillin-sensitive *S. aureus* (MSSA) serotype 5 strain (Hernandez) was stored in tryptic soy broth at -80° C and grown before each experiment. An MSSA strain allowed comparison of lysostaphin to oxacillin and vancomycin. Minimum bactericidal concentrations (MBCs) and MICs of vancomycin, oxacillin, and lysostaphin were determined (7, 18).

Fourteen-day timed-pregnancy Wistar rats (Charles River Laboratories) received antibiotic-free water and food ad libitum and delivered at 21 to 22 days of gestation. Pups remained with their dams throughout the experiment. The Baylor College of Medicine Institutional Animal Use Committee approved the research.

Three-day-old pups received 1 mg/kg of body weight/dose of lysostaphin at 1, 6, 24, and 30 h. Blood was obtained by cardiac puncture at 1, 2, 3, 7, 8, 23, 25, 26, 27, 31, 32, 72, and 96 h after the first dose. Three pups' blood was pooled for each data point, and each time point had two data points. Lysostaphin serum concentration was determined by enzyme-linked immunosorbent assay (26).

Plates were coated with 100 μ l (1 μ g/ml) of rabbit antilysostaphin for 2 h at room temperature and washed with phosphate-buffered saline plus 0.01% Tween 20, and 100 μ l of standard or sera was added. After 60 min, plates were washed and incubated with biotinylated rabbit antilysostaphin and ExtrAvidin (catalog no. 81K4875; Sigma) for 30 min separately. Substrate tetramethylbenzidine (catalog no. TMBW0100-01; BioFx) was added. Absorbances were measured and converted to concentrations.

Three-day-old pups received 0.2 ml subcutaneously (1×10^7)

CFU/ml) of *S. aureus* cephalad to the tail. The bacterial concentration was determined by optical density and confirmed by quantitative culture. In the first experiment, littermate pups were randomly assigned to either earlier treatment at 0.5, 6.5, 24, and 30 h after infection or later treatment at 6, 24, 30, and 48 h after infection. Each pup received 0.2 ml intraperitoneally of lysostaphin (1 mg/kg) or an equal volume of normal saline. In the second experiment, littermate pups randomly received 0.2 ml intraperitoneally of lysostaphin (1 mg/kg), vancomycin (15 mg/kg), oxacillin (50 mg/kg), or normal saline at 0.5, 6.5, 24, and 30 h after infection. Pups were evaluated daily for 7 days or until death for survival and weight. Tail vein quantitative blood cultures were obtained from each pup in randomly selected litters 24 h after infection.

Survival data were analyzed by a chi-square or Fisher's exact test. Blood culture data were analyzed with the Kruskal-Wallis test. Growth data were analyzed with a two-way analysis of variance. Statistical significance was defined as a *P* value of ≤ 0.05 .

MICs and MBCs were 0.125 μ g/ml and 0.25 μ g/ml for oxacillin, $0.125 \mu g/ml$ and $0.25 \mu g/ml$ for vancomycin, and 0.031 μ g/ml and 0.125 μ g/ml for lysostaphin. To ensure adequate lysostaphin serum levels, our goal was to achieve trough levels greater than four times the MIC or 0.125 μ g/ml. Serum lysostaphin levels (μ g/ml) were greater than or equal to the target concentration from ≤ 1 to >96 h after the initial dose (Fig. 1). With the series of standard curves, the coefficient of variation was 6.9% and lower limit of detection was 0.92 ng/ml (three times the background activity). The kinetics of elimination appears to decrease from the first dose to the fourth dose. This may reflect the varied dosing interval or drug accumulation.

Lysostaphin treatment 30 min or 6 h after infection significantly improved survival (Fig. 2a). Treatment with lysostaphin, vancomycin, or oxacillin after infection resulted in similar rates of survival (Fig. 2b). Blood cultures confirmed bacteremia in all groups. Lysostaphin, vancomycin, or oxacillin treatment did not affect weight gain (data not shown).

This is the first use of lysostaphin in a neonatal animal model of infection. This is important because staphylococci are the most common cause of neonatal late-onset $(>= 3 \text{ days})$ after birth) sepsis, with coagulase-negative staphylococci (CONS) occurring in about 48% of infections and *S. aureus*

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FIG. 1. Serum levels of lysostaphin (mean concentrations $[\mu g/m]$), with error bars representing ranges) after the injection of 1 mg/kg/dose of lysostaphin intraperitoneally at $\overline{0}$ h (first dose) and then $\overline{6}$, $\overline{24}$, and 30 h later. Arrows indicate time of each dose. There are two data points for each time point. The lysostaphin target trough concentration was >0.125 μ g/ml (dotted line).

organisms occurring in 7.8% of infections (23); the cause of persistent bacteremia in CONS (48%) and *S. aureus* (25%) neonatal infections (4); and associated with neonatal mortality rates of 9.1% (CONS) and 17.2% (*S. aureus*) and increased morbidities (such as hospitalization and high treatment costs) (23).

Lysostaphin use in humans is limited to a case report of a patient with methicillin-resistant *Staphylococcus aureus*-induced pneumonia and abscesses (22) and a study using lysostaphin spray that eradicates 80% of *S. aureus* from the nares of carriers (15). Other reports suggest that lysostaphin is effective in the treatment of bovine mastitis (19), eradication of *S. aureus* nasal colonization in rodents (11), and

treatment of rabbit staphylococcal endophthalmitis (8) and endocarditis (6).

Lysostaphin appears as effective as vancomycin or oxacillin in the treatment of severe MSSA neonatal infection at levels consistently above the MIC. Our MIC is within the range reported for 17 methicillin-resistant *Staphylococcus aureus* strains in rabbits with aortic endocarditis $(0.007 \text{ to } 0.125 \mu\text{g/ml})$ (6). More than 95% of the lysostaphin was reported cleared from adult CF-1 mice blood within one hour. However, the 40 mg/kg dose resulted in peak levels of only $0.02 \mu g/ml$. The lysostaphin pharmacokinetics for adults appears different than that for neonates (26).

Adult rats receiving 30 mg/kg of vancomycin subcutaneously had serum levels of 36 μ g/ml 1 h after administration (2), those receiving 100 mg/kg of vancomycin intravenously had levels of 179.9 μ g/ml and 44.98 μ g/ml 0.5 and 2 h after administration, respectively (16), and 25 mg/kg intramuscular of nafcillin resulted in serum levels of 20.6 μ g/ml (1). Our pups received 15 mg/kg of vancomycin or 50 mg/kg of oxacillin intraperitoneally, and we speculate they had serum levels substantially greater than the MIC of $0.125 \mu g/ml$.

In vitro lysostaphin was effective against over 50 *S. aureus* strains independent of phage type, antibiotic resistance, cell wall, or capsule condition (20, 25). Lysostaphin resistance has developed following chronic exposure to low subinhibitory levels in vitro (24) and among oxacillin-resistant *S. aureus* strains in vitro and in vivo (5). Resistance appears to be due to *femA* or *femB* mutations; however, these strains become hypersusceptible to beta-lactam antibiotics (5, 24). Thus, combining lysostaphin with a beta-lactam antibiotic should be investigated further (14). In addition, lysostaphin's ability to disrupt staphylococcal biofilms on plastic (28) may allow prevention or treatment of neonatal infection without removing the device.

FIG. 2. (a) Survival curves for rat pups receiving lysostaphin treatment. \bullet , noninfected pups treated with lysostaphin ($n = 17$); \bullet , *S. aureus*-infected pups with lysostaphin treatment beginning 30 min after infection ($n = 22$); \blacktriangle , *S. aureus*-infected pups with lysostaphin treatment beginning 6 h after infection ($n = 19$); \blacksquare , *S. aureus*-infected and untreated pups ($n = 17$). Lysostaphin treatment significantly improved survival in infected rats treated 30 min ($P < 0.00001$) and 6 h ($P < 0.0044$) after *S. aureus* infection. Lysostaphin treatment without infection had no associated morbidity. (b) Survival curves for *S. aureus*-infected rat pups receiving lysostaphin (\bullet) (*n* = 18), vancomycin (\bullet) (*n* = 18), oxacillin (*n* = 20) (A), or normal saline (\blacksquare) ($n = 16$) 30 min after infection are shown. Each antibiotic treatment group was significantly different from saline-treated infected pups $(P < 0.00001)$.

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