



Published in final edited form as:

Neuroscience. 2007 February 9; 144(3): 797–807.

Hemispheric differences in protein kinase C β II levels in the rat amygdala: baseline asymmetry and lateralized changes associated with cue and context in a classical fear conditioning paradigm

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Abstract

The amygdala is critically important for fear learning, and specific kinases have been implicated as contributors to the mechanisms that underlie learning. We examined levels of protein kinase C β II (PKC β II) in the left and right lateral and basolateral nuclei (LA/BLA) of the amygdala from animals that were classically fear conditioned with tones as cues and footshocks. Groups consisted of animals that received neither tones nor shocks, paired tones and shocks, or unpaired tones and shocks. At 1 hour after conditioning, some animals from each group were used for biochemical measurements of PKC β II levels and other animals were given probe trials to assess freezing behavior to cue and context. The levels of PKC β II were greater in the left hemisphere in animals receiving neither tones nor shocks and animals receiving paired tones and shocks. PKC β II levels were greater in the right hemisphere of animals receiving randomly presented tones and shocks. Freezing times to cue were long (>80% of probe trial time) in both the paired tone/shock and randomly unpaired tone/shock groups. Freezing times to context were long in the unpaired tone/shock group, but not the paired tone/shock group. Correlational analyses showed that freezing times to context, but not cue, precisely predicted the right/left relation of PKC β II levels in the LA/BLA: the greater the time spent freezing to context, the greater the increase in right hemisphere PKC β II levels. We conclude that fear conditioning causes hemisphere and input specific increases in PKC β II in the rat LA/BLA.

INTRODUCTION

Classical fear conditioning requires long-lasting changes in neocortical, thalamic, and hippocampal inputs to the lateral and basolateral nuclei (LA/BLA) of the amygdala carrying information about conditioned stimuli (CS, tones) (Bordi and LeDoux, 1994b, Bordi and LeDoux, 1994a, Doron and LeDoux, 1999), unconditioned stimuli (US, foot shocks) (Shi and Davis, 1999, LeDoux, 2000), and context (Fanselow et al., 1994, Maren and Fanselow, 1995, Maren and Fanselow, 1997, McEchron et al., 1998).

The CS – US association is not the only kind of learning possible in such a paradigm. If tones (cues) occur during the same conditioning session as shocks, but the tones do not reliably predict the shocks (i.e., tones and shocks are “unpaired”), animals exhibit fear responses to both the tones (cue) and the chamber itself (context) (Anagnostaras et al., 2001). Depending

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upon the details of how tones and shocks occur in relation to one another, animals may learn that the tones never coincide with shocks and therefore, tones actually indicate a safety period (Walasek et al., 1995). The distinction between fearing the cue and fearing the context also depends on the animal's total experience with the chamber. A naïve animal that is given paired tones and shocks will more likely show cue and context conditioning after CS – US pairing, whereas animals that were repeatedly exposed to the chamber without any tones or shocks before CS – US pairing show little or no context conditioning.

Some kinds of memory formation are believed to depend on the serine-threonine kinases, referred to as “cognitive kinases,” because these kinases are present in nervous tissue and because they can remain active in the absence of transmitter or second messengers (Murray et al., 1987, Schonwasser et al., 1998, Newton, 2002, Hirai and Chida, 2003). The protein kinase C family is involved in a wide variety signaling cascades and consists of at least 10 isoforms (Ohno and Nishizuka, 2002). The isoforms of PKC designated as α , β I, β II, γ , ϵ , and ζ are expressed in many tissues, but are all highly expressed in the brain (Nishizuka, 1988, Hosoda et al., 1989, Saito et al., 1989). The subcellular localization of PKC isoforms appears to be isozyme-specific, cell-specific, and species-specific (Angenstein et al., 1999, Yang et al., 2003, Libien et al., 2005)(see also this paper). While different isoforms show some tissue specificity, often more than one isoform is present in a single cell (Kose et al., 1988).

The PKC's have been implicated by various methods in the formation of memories in the amygdala. Intra-amygdalar (LA/BLA) infusions of H7, an inhibitor of PKCs and PKA, selectively inhibited the formation of long-term fear memories (Maren et al., 2003). Intraventricular injections of polymixin B sulfate (a PKC and CaM kinase inhibitor) was shown to prevent avoidance learning (Walker and Gold, 1994). Genetically altered mice lacking the entire PKC β gene (PKC β II was the only isoform present in hippocampus and LA/BLA), exhibited robust impairments in both auditory and contextual fear conditioning (Weeber et al., 2000) (see also (Hosoda et al., 1989, Saito et al., 1989)).

Studies of patients with various lesions, with various functional imaging methodologies, and work with animals has led to a general consensus that the right amygdala is the predominant amygdala for fear learning (Gazzaniga et al., 1977, LeDoux et al., 1977a, LeDoux et al., 1977b, Baker and Kim, 2004). Hemispheric asymmetry has been described in a number of other contexts. For example, there are asymmetries in the distributions of serotonin in amygdala correlated with anxiety (Andersen and Teicher, 1999), dopamine in globus pallidus (Glick et al., 1982), and norepinephrine and dopamine in prefrontal cortex correlated with attention (Carlson et al., 1996). Increases or decreases in regional blood flow are often lateralized in medial temporal cortex and amygdala (Schneider et al., 1997, Schore, 2002, Baas et al., 2004). Even receptor molecules such as GABA and NMDA show asymmetric distributions (Guarneri et al., 1985, Guarneri et al., 1988, Ito et al., 2000, Kawakami et al., 2003). Interestingly, an initially asymmetric hemispheric distribution of GABA-gated chloride channels (based on convulsant drug binding) could be converted to a symmetric distribution in stressed animals (McIntyre et al., 1988). The issue of hemispheric asymmetry of specific proteins in the amygdala has not been addressed.

The role of PKC in the amygdala is just beginning to be defined. The studies with PKC inhibitors are specific for the amygdala (infusions are made directly into the amygdala), but the inhibitors are not specific for a particular PKC isoform, and some are not even specific for PKC (see above). Mutant mice are more specific for the isoform (e.g. PKC β , see above), but the mutations are not specific for a particular structure. We chose to focus on the β II isoform of protein kinase C because we felt the previous studies clearly pointed to this isoform as important in the amygdala (Hosoda et al., 1989, Saito et al., 1989, Weeber et al., 2000). Our own screen of PKC isoforms showed the β II isoform to be one of the most prominent (see

Results). We chose to study this isoform by measuring the levels of PKC β II in the rat lateral and basolateral nuclei of the amygdala during classical fear conditioning using tones and footshocks. In an effort to detect protein level changes with the highest sensitivity, we chose to focus on an early time point after conditioning (1 hour). This time point limits our study to those proteins that undergo rapid changes in level as a function of conditioning paradigm, and reduces the likelihood of detecting changes that are secondary to less specific changes in amygdala neuron activity. We paid particular attention to differences in the hemispheric levels of this isoform, and show that: 1) the PKC β II isoform is asymmetrically distributed in unconditioned animals; 2) that the relative levels of the isoform change in response to classical conditioning; and 3) that context, not cue learning, is the best predictor of the changes in PKC β II levels.

MATERIALS AND METHODS

Animal handling before experiments

Male Sprague-Dawley albino rats (age: 1–2 months; weight: 200–300 g) were handled for up to one hour on each of three consecutive days. During each daily handling period, an animal was placed into the fear conditioning chamber for 15 minutes to habituate them to the conditioning context.

Fear conditioning and control paradigms

Our classical fear conditioning paradigm was a series of 20 second-duration, 5 kHz, 75 dB tones that each co-terminated with a 0.5 second, 0.5 mA foot shock applied through the floor of the conditioning apparatus (Coulbourn Instruments Habitest System, Allentown, PA). The interior dimensions of the conditioning chamber were 29.2 cm wide, 25.4 cm deep, and 29.2 cm high. The house lights of the isolation cubicle, tones, and shocks were all computer-controlled using electromechanical relays (Computer Boards, Inc., Middleboro, MA) and LabVIEW software. The background noise level was 60 dB inside the chamber. The full set of tones and shocks was given within a 14 to 22 minute period. Freezing behavior could be monitored visually through a 0.5 cm observation window in the front of the conditioning chamber, but also via the output of the video camera (Coulbourn Instruments H27-02 camera) on television monitor (Samsung CXJ 1364 13 in diagonal television with built-in video tape recorder). Behavior was videotaped for off-line review and measurements of freezing times.

Animals were randomly assigned to a fear conditioning group that received paired tones and shocks, or one of the control groups (see Table 1). The first control group (“box alone”) had only chamber exposure, consisting of a \approx 20 minute session, during which no tones or shocks were presented. The second control group (“unpaired”) received a pseudo-conditioning paradigm consisting of a \approx 20 minute session during which 5 tones and 5 shocks were presented, without overlap, where tones did not predict shocks, or vice versa. Analysis of the output of the program revealed that in each random sequence of tones and shocks, each session had one occurrence of tone following tone and shock following shock. A variant of the unpaired group was also used. In this group, called the “alternating” unpaired group, tones simply alternated with shocks with variable intervals between and tone – shock or shock – tone pair. Intervals between tones in the paired tone/shock paradigm were generated by setting the duration of each interval to a random fraction of the total time without tones (or shocks). In the unpaired tone/shock paradigm, intervals between tones and shocks were randomly generated separately and the two timing arrays were merged, thus permitting overlap of tones and shocks. In the alternating tone/shock paradigm, the total time without tones or shocks was divided into intervals, each of which was randomly split to define a delay for the tone, followed by a delay for the shock.

Behavioral monitoring and measurements

Behavior was monitored during all conditioning sessions. For a group of animals that was not used for biochemical studies, animals were brought back to the chamber at 1 hour to assess freezing behavior to the context and tones. A separate group of animals was used for two reasons: a) to eliminate delays caused by a testing session – we wanted to match our biochemical measures taken at 1 hour; and b) we did not want re-exposure to the chamber for testing to be a second learning experience. Our test session consisted of a period in the chamber during which no tones or shocks were delivered. This period ranged from 7 to 10 minutes and we measured the total times for freezing during the first 5 minutes by counting body freezing times and head + body freezing times from the video tapes of each session. The total time spent freezing was divided by the total observation time (5 minutes) to obtain a “fraction of time spent freezing.” After the initial period in the chamber (used to assess freezing to the context), two tones were delivered. The tones were separated by 3 to 5 minutes. We measured freezing during a 100 second sample period after each of the tones. In the Results, we report body + head freezing divided by total session time. Freezing times were tracked with custom software that used specific key presses to record start/stop times for various behaviors (freezing of body, freezing of body + head, rearing, walking, etc.) and computed times spent in each (courtesy of Dr. John Kubie).

Isolation of the amygdala

Animals used for biochemical analyses were removed from the conditioning chamber to a neutral holding facility (home cage in a different room) for 1 hour. After the specific post-condition time had elapsed, animals were sacrificed (halothane anesthesia and decapitation), their brains removed and immediately frozen whole with powdered dry ice. Isolation was accomplished by sectioning the intact brain coronally so as to preserve both right and left hemispheres in individual cuts. From 400 μm thick frozen sections that included the amygdala (Yamato Kohki microtome, Asaka, Japan), the lateral and basolateral regions were cut out with a #11 scalpel blade under a dissecting microscope. The lateral boundary of the dissected region was formed by the external capsule. The apex of a triangular sample containing lateral and basolateral nuclei of the amygdala was at the level of the rhinal fissure and corresponded with a split in the external capsule. The base of the triangular sample region was at the level of the ventralmost edge of the external capsule. The medial boundary was formed by the white matter tract that split from the external capsule at the triangle's apex. Solid tissue samples were saved in centrifuge tubes at -80°C for further processing.

Tissue pieces were rapidly homogenized using Kontex conical glass tissue grinders in 50 μl of buffer (Tris HCl 50 mM pH 7.5, EDTA 1 mM, EGTA 1mM, 2- β -mercaptoethanol 5 mM) containing protease inhibitors (benzamidine 5 mM, leupeptin 0.1 mM, aprotinin 0.8 mM, and ABSF 0.5 mM). Homogenates were centrifuged twice: first, at 3000 g for 5 minutes to remove debris, and then at 100,000 g for 30 minutes (TLA-100.2 fixed angle rotor, Beckman Coulter, Fullerton, CA) to produce a cytosolic fraction (the supernatant) and a pellet containing surface and most organelle membranes and membrane fragments (membrane fraction) (Hrabetova and Sacktor, 1996, Libien et al., 2005). The protein concentration of each sample was determined by visible light spectrophotometry (Bradford assay, 585 nm). All samples were finally subjected to heating in SDS sample buffer at 70°C for 10 minutes.

Western blot analyses

For electrophoresis, equal aliquots of cytosolic or membrane fractions were loaded on 10% NuPage gels (Invitrogen, Carlsbad, CA). The volume of each aliquot loaded per lane was such that the aliquot had 4.5 micrograms of total protein. A point that is absolutely critical to stress is that the samples from the left and right hemispheres were always run on the same gels. This was done to minimize loading, staining and/or imaging differences that can occur between gels

or membranes. After electrophoresis, proteins were transferred to polyvinylidene fluoride membranes (PVDF, Immobilon membranes, Pierce, Rockford, IL) and detected with primary antibodies. Specific antibodies for the conventional PKC's (α , β I, β II, γ), the novel PKC's (δ , ϵ , η , θ), and the atypical PKC's (λ , ζ) were obtained from SantaCruz Biotechnology. A PKM ζ isoform-specific antibody was a gift from Dr. Ivan Hernandez, SUNY Downstate. Antibodies for β -actin were from Sigma (St. Louis, MO). Phosphorylated PKC α/β II antibodies (thr 638/641) were purchased from Cell Signaling (Beverly, MA).

Primary antibodies were monoclonal or polyclonal and diluted at 1:2000 or 1:1000, respectively in tris-buffered saline (TBS). Secondary antibodies were monoclonal or polyclonal and diluted at 1:10,000 or 1:7000, respectively. Secondary antibodies were obtained from Promega (Madison, WI).

A chemiluminescent reaction product was formed by reacting blots with peroxidase-conjugated secondary antibodies. The emitted light resulting from a peroxidase—peroxide—luminol—enhancer reaction (SuperSignal West Pico Chemiluminescence substrate kit, Pierce, Rockford, IL) was captured by a cooled 14-bit CCD camera (Hamamatsu C4880-24) controlled by computer (Kinetic Imaging Systems, UK). Image processing software (typically ImageJ, a public domain software package from NIH, <http://rsb.info.nih.gov/ij/>) was used to directly quantitate band densities from the acquired digital images. The software plots the average intensity of staining (across the width of the band, i.e., perpendicular the direction of protein movement in the electric field) as a function of distance along the lane. Each densitometric value, in arbitrary units, is the area beneath the intensity curve for a particular band. We selected the peak by defining a boundary at the start of the transition from background, thereby “subtracting” any background staining. It is important to note that exposures were always adjusted so that the intensity curve was never clipped (i.e., flat on top indicating saturation). In some portions of the Results, densitometric values are reported as ratios (e.g., difference measures) where values are unitless.

Statistics

One-way ANOVA's were used to compare measurements as a function of conditioning protocol. The Scheffé test was applied post-hoc to all one-way ANOVAs. Animal freezing behaviors were also compared with non-parametric statistics (two sample Kolmogorov-Smirnov test). The freezing measures were correlated with biochemical data using Pearson correlations. All statistical tests were run in SPSS for Windows (versions 10 and 11). Graphs were made using SPSS, SigmaPlot for Windows (version 6), or Kaleidograph for Windows (version 3). In the Results, means are reported with standard errors (SEM). Additionally, for each ANOVA, the F-value, the total degrees of freedom and the significance level are reported.

RESULTS

The total number of male Sprague-Dawley rats (2 months old) used was 82. Our fear conditioning group (paired tone/shock) was compared with two other groups to form our principal data set: 1) animals who received no tones or shocks (box alone); and 2) animals that received randomly presented tones and shocks (unpaired tone/shock). An additional unpaired condition, where tones alternated with shocks (alternating tone/shock), was also tested, and formed a fourth training group. From each group of animals, some were taken for biochemical studies where, at 1 hour post-conditioning, animals were sacrificed by halothane anesthesia and decapitation, and the brain rapidly removed and processed for biochemistry (see Methods). A total of 60 rats were used for biochemical studies. Other animals were returned to the chamber at 1 hour and probed for context and cue learning. A total of 22 animals were used for behavioral studies.

Survey of PKC isoforms in the lateral and basolateral amygdala

We studied rats that were not assigned to any of the conditioning or control groups to define the isoforms of PKC present in the amygdala. As shown in Figure 1, immunoblots revealed detectable levels of nearly all isoforms in pooled samples from the left and right hemispheres. The bulk of each isoform was present in the cytosolic fraction.

PKC β II levels in the LA/BLA of fear conditioned animals

After running cytosolic protein fractions on polyacrylamide gels, transfer to PVDF membranes and detection with specific antibodies, PKC β II was identified as a single nearly 80 kDa MW band (Fig. 1; Fig. 2, top left). Membrane fractions yielded a split band with a faint higher molecular weight component. Areas under densitometry curves (in arbitrary densitometric units) were measured for each band and normalized by total sample protein.

Cytosolic PKC β II levels differed depending on the hemisphere and on the conditioning group. PKC β II levels in left and right hemisphere samples from box alone and paired tone/shock groups were different (paired t-tests, $p=0.040$, 0.015 , respectively), but PKC β II levels in left and right hemisphere samples from the unpaired tone/shock group were similar ($p=0.170$). The levels of PKC β II for each hemisphere and training condition are given in Table 2.

We compared cytosolic PKC β II levels for each hemisphere across conditions. We obtained RIGHT hemisphere mean levels of PKC β II that were similar for the box alone and paired tone/shock groups. The unpaired tone/shock group had the highest mean level of PKC β II for the right hemisphere, a level that was significantly larger than the paired tone/shock group (ANOVA $p=0.027$, $F=3.98$, total $df=42$; unpaired larger than paired after post-hoc Scheffé correction, $p=0.028$; Fig. 2A, gray bars). LEFT hemisphere mean levels of PKC β II were similar across all groups (ANOVA not significant, $F=0.629$; Fig. 2A, white bars).

We also measured levels of cytosolic PKC α/β II in its phosphorylated state. There were no differences as a function of training condition in the levels of phosphorylated PKC α/β II in samples taken from either the right or the left hemisphere (ANOVA right hemisphere $p=0.359$, $F=1.262$; left hemisphere $p=0.436$, $F=1.030$).

Immunoblots of the membrane fractions of PKC β II showed a main band at a similar molecular weight to that for the cytosolic fraction and a faint, slightly higher molecular weight band. An analysis of differences in the PKC β II levels from the membrane fractions showed that neither the faint high MW nor the main low MW bands varied as a function of training conditions (ANOVA high MW $p=0.794$, $F=0.234$; low MW $p=0.078$, $F=3.033$; right hemisphere levels).

Even though the cytosolic PKC β II levels were sufficient to show differences as a function of training condition, we computed the relative hemispheric levels of cytosolic PKC β II as a way of reducing across-animal variability. These difference measures or “coefficients of asymmetry” $((R-L)/(R+L))$ (Bianki, 1985) had negative values when left hemisphere levels were larger than right hemisphere levels. Computed difference measures for the box alone and paired tone/shock groups had similar negative values, whereas the unpaired tone/shock group had a reversed R-L relation for PKC β II levels (Table 2; Fig. 2B). The difference measure for the unpaired condition was significantly more positive than both the box alone ($p=0.035$) and paired ($p=0.026$) conditions (one-way ANOVA, $p=0.014$, $F=4.719$; post-hoc Scheffé correction). The paired group did not differ from the box alone group ($p=0.999$).

Levels of β -actin were similar between left and right hemispheres within animals and between training conditions across animals. Mean levels for the right hemisphere did not differ (Fig. 1C; ANOVA $p=0.959$, $F=0.10$, total $df=35$; NS). Values for the left hemisphere samples were

also similar across training conditions (ANOVA $p=0.775$, $F=0.37$; NS). The computed difference measures were nearly zero for all groups ANOVA $p=0.155$, $F=1.87$; NS; Fig. 2D).

Animals from the “alternating” unpaired group showed cytosolic PKC β II levels for amygdala samples from the right and left hemispheres that were symmetrical (Table 2; Fig. 3). If we added this group to an ANOVA with our 3 main groups, or if this group was substituted for our unpaired group, the resulting ANOVAs were significant for the right hemisphere values ($p=0.020$ with all 4 groups) and for the difference measures ($p=0.012$ with all 4 groups). As indicated by the difference measure, the alternating group was the closest to having equal levels of PKC β II in the right and left amygdala samples.

Behavioral measures of learning in the fear conditioning paradigm

To correlate our biochemical findings with “learning,” without exposing animals to an additional learning session in the conditioning chamber, we used a separate subgroup of animals from each training condition to study the amount of time animals spent freezing at 1 hour post training in response to context or cue. A total of 22 animals were used (see Table 2). Of the group that received alternating tones and shocks for conditioning, all 6 animals were probed for context freezing, but 2 of the 6 were not tested with tones because of technical difficulties. The alternating tone/shock group size is therefore 4 for the tone probe trials.

Animals from the paired tone/shock and unpaired tone/shock groups had the highest fractional freezing times to the CUE when tested in probe trials at 1 hour after conditioning sessions ended (82%, 89%, respectively). Box alone animals showed the least time freezing to a test tone (<30%), and the alternating tone/shock group of animals showed an intermediate value (>50%; Table 2). The paired and unpaired tone/shock groups spent significantly more time freezing compared to the box alone group (ANOVA using all 4 groups; $p=0.000$, $F=12.60$, total df 19; p values after Scheffé post hoc corrections: box vs. paired 0.002, box vs. unpaired 0.001, paired vs. unpaired 0.935, box vs. alternating 0.244, paired vs. alternating 0.125, and unpaired vs. alternating 0.046). See Figure 4.

Animals from the unpaired tone/shock group had the highest fractional freezing times to the CONTEXT (>70%) when tested in probe trials at 1 hour after conditioning sessions ended. Box alone animals spent the least time freezing (<10%), followed by the paired tone/shock group (<20%), and the alternating tone/shock group (<60%; see Table 2). Only the unpaired and the alternating tone/shock groups of animals showed significant freezing to the context (ANOVA $p=0.000$, $F=17.54$, $df=21$; p values after Scheffé post hoc corrections: box vs. paired 0.747, box vs. unpaired 0.000, paired vs. unpaired 0.000, box vs. alternating 0.003, paired vs. alternating 0.013, and unpaired vs. alternating 0.415).

The application of non-parametric analyses to cue and context freezing times yielded the same results. We compared groups with non-parametric tests (Kruskal Wallis repeated Wilcoxon signed rank test with Holms correction) as a precaution, given group sizes. The paired and unpaired groups had longer average freezing times to cue than the box group (two-tailed Kolmogorov-Smirnov: $p=0.016$ paired, 0.016 unpaired), whereas the alternating group of animals had an average freezing time that was no longer than box alone animals ($p=0.211$). In the comparison of freezing times to context, unpaired and alternating groups demonstrated longer average freezing times than box group animals ($p=0.016$, 0.016). The paired tone/shock group did not differ from the box group ($p=0.236$).

Correlation of freezing behaviors with PKC β II level changes

We compared freezing times to cue and context with difference measures for PKC β II (Fig. 5) and found that the difference measures paralleled freezing to context, not cue. A critical issue

for our study is that we measured the freezing behaviors for each of our own training protocols. Correlating the freezing times from one group of animals with the biochemistry from a different, but identically trained, group of animals is reasonable because freezing times are very consistent for each condition. We plotted freezing time to cue or context for each training paradigm against the hemispheric differences in the levels of PKC β II. Freezing times to context were linearly related to the PKC β II levels (Pearson correlation = 0.990, two-tailed, $p = 0.010$). Freezing times to cue, by contrast, had no relation to the PKC β II levels (0.493, $p=0.507$).

DISCUSSION

The lateral and basolateral nuclei of the amygdala are critically important for fear conditioning, but the molecular events that accompany or support learning-related changes in these brain regions are not completely understood. We studied changes in the levels of PKC β II in the lateral and basolateral nuclei of amygdala in animals that were trained in a classical fear conditioning paradigm. We demonstrate that: a) the levels of PKC β II in the rat LA/BLA are different in the right and left hemispheres; and b) context learning, not cue learning, triggers changes in the hemispheric LA/BLA levels of PKC β II. Context, not cue, learning-related inputs to LA/BLA neurons caused cytosolic levels of PKC β II to increase in the right hemisphere, leading us to conclude that this enzyme is preferentially coupled to activation of hippocampal afferents (Wiltgen et al., 2006). This paper also provides the first evidence that a specific kinase system is activated by some inputs, but not others. However, the direct linkage mechanism between a synaptic input and increased levels of a specific kinase remains unknown.

PKC β II levels, cues and context

Several protein kinases have been identified as important for learning in studies of animals receiving paired tones and shocks or LTP in brain slices. Apart from the studies using PKC inhibitors mentioned earlier (see Introduction), PKA inhibition has been shown to block LTP in amygdala (Huang and Kandel, 1998). The phosphorylation/activation of MAP kinase, a convergence point for multiple intracellular signaling pathways, was shown to be necessary for fear conditioning (Schafe et al., 2000). Transiently increased cytosolic PKC activity was seen in CA1 in studies of LTP (Otani et al., 1993), and more sustained increases in PKC activity in both hippocampus and amygdala were seen after kindled seizures (Osonoe et al., 1994). Our work clearly identifies an association between cytosolic levels of PKC β II and context conditioning. The selective induction of PKC β II by a single input means either that different isoforms mediate memory at different synapses, or that the features of different synapses cause the cell to respond in various ways as these inputs are modified. We do not believe that the PKC β II level changes are the mechanism by which a memory is formed in amygdala neurons since both cue and context inputs show learning, but only context inputs are associated with changes in PKC β II levels.

How can there be an increase in cytosolic levels of PKC β II at 1 hour? PKC β II levels have been shown to increase in cell lysates from different muscle cell types within as little as 15 minutes following insulin exposure (Chalfant et al., 1995, Chalfant et al., 1998). Such rapid increases in cytosolic levels of PKC β II were argued to result from alternative splicing in the formation of mRNA for PKC β II, although activation of transcription is also a mechanism for controlling expression levels of the enzyme (Chalfant et al., 1995, Chalfant et al., 1998, Dempsey et al., 2000). By using a 1 hour time point for measuring PKC β II levels, we believe we have maximized the sensitivity of our measurements and, if anything, we would underestimate the final levels of PKC β II that might be generated.

The correlation between freezing to context and our difference measure for PKC β II levels is remarkably strong. Our behavioral findings of freezing to context and cue were the same as

findings reported by others (Baker et al., 1981), in particular, strong context learning in the unpaired group. Our unpaired tone/shock animals were afraid of the box (context), and also the tone (cue). The paired tone/shock animals showed the highest levels of freezing to the tone and very low levels of freezing to the context. If one were to use the freezing times during cue and context probe trials to derive an estimate of learning for both cue and context, the largest combined freezing measure would occur in the animals of the unpaired tone/shock group (based on our results), followed by the paired tone/shock group, and finishing with the box alone group (even the box alone animals show learning because their amount of exploration goes down). Our PKC β II level changes did not correlate with such a measure, but instead clearly correlated specifically with context learning, suggesting that hippocampal formation inputs to the LA/BLA activate PKC β II whereas other cortical or thalamic inputs do not.

Paths clearly exist for the spread of activity, including synchronous activity, from hippocampal formation into the lateral nuclei of the amygdala (Brothers and Finch, 1985, McDonald and Mascagni, 1997, Ferry et al., 1999, Funahashi et al., 2000, Pitkanen et al., 2000). These same pathways can account for the increases in PKC β II activity between learning and seizures, but what distinguishes the hippocampal inputs from the thalamic and other cortical inputs that PKC β II levels change in response to hippocampal afferent inputs?

The mechanisms for LTP in the amygdala have been shown to include NMDA receptor dependent (Weisskopf and LeDoux, 1999, Lee et al., 2001, Bauer et al., 2002), voltage-gated calcium channel dependent (Weisskopf et al., 1999, Bauer et al., 2002) and even calcium permeable AMPA receptor dependent (Mahanty and Sah, 1998) forms. Data support the similarities of LTP with fear conditioning in the amygdala (Bauer et al., 2001, Tsvetkov et al., 2002). Every one of these mechanisms could provide a sufficient spike in the intracellular calcium to activate the conventional PKC's such as the β II isoform. Immunohistochemical studies point to an overlap in the locations of cells expressing PKC β II and cells expressing NMDA receptors (Saito et al., 1989). PKC β II is located around Golgi apparatus and other perikaryal structures. An input that activates NMDA receptors would also activate PKC β II. Its localization near the Golgi apparatus suggests that it may be involved in the packaging or trafficking of receptors to the membrane as part of the learning. NMDA receptor blockade, however, impairs conditioning to both tone and context, and NMDA receptors have been argued to be important for basic synaptic transmission in the amygdala (Lee et al., 2001). These findings suggest that NMDA receptor activation by itself is not likely to be the underlying link between context-learning and PKC β II. Clearly, elucidation of the underlying link between particular afferent systems and particular enzyme isoforms will require additional work.

Why should PKC β II levels be different for different hemispheres?

Gazzaniga (Gazzaniga et al., 1977); see also (Hugdahl, 1996) viewed the right amygdala as the predominant one for emotional tasks. The right hemisphere also appears to be more important for contextual learning (Goosens and Maren, 2001, Scicli et al., 2004). Unilateral amygdala lesions made before training resulted in partial conditioning impairments with no left-right differences, but greater deficits in contextual fear occurred in animals with right-sided amygdala lesions made after training (Baker and Kim, 2004).

Others have described activation of the left amygdala in certain behaviors, such as viewing threatening situations (Phelps et al., 2001), when patients were sad (Schneider et al., 1997) or viewing sexually arousing stimuli (Hamann et al., 2004). There have even been suggestions that the hemispheres interact, tending to represent relatively emotionally positive or negative stimuli.

The basis for these differences could be anatomical in the sense that one amygdala receives denser or different inputs than the other, although quantitative data on the relative sizes of

afferent systems to the left and right amygdala have not been reported. Lateralized differences could alternatively result from activity differences by amygdala neurons to similar inputs, or some combination of anatomy and activity. Principal cell differences could also reflect differences in inhibitory cells or inputs. To this point, left/right asymmetries in GABA-gated chloride channels have been described (Guarneri et al., 1985, Guarneri et al., 1988, McIntyre et al., 1988). Our own evidence from synaptic responses in brain slices suggests that the amounts of activity on the left and right LA/BLA are similar. Data on the firing properties of amygdala neurons in animals conditioned in different ways (e.g., paired vs. unpaired) show transient firing rate increases during acquisition of conditioned fear (Quirk et al., 1995, Quirk et al., 1997), in relation to the anticipation of noxious stimuli (Pare and Collins, 2000), and context dependent firing increases (Hobin et al., 2003). None of these studies discusses differences in firing rate changes across hemispheres. Clearly, studies of the differences between the hemispheres are critical for determining changes in a brain structure that relate to specific patterns or types of input.

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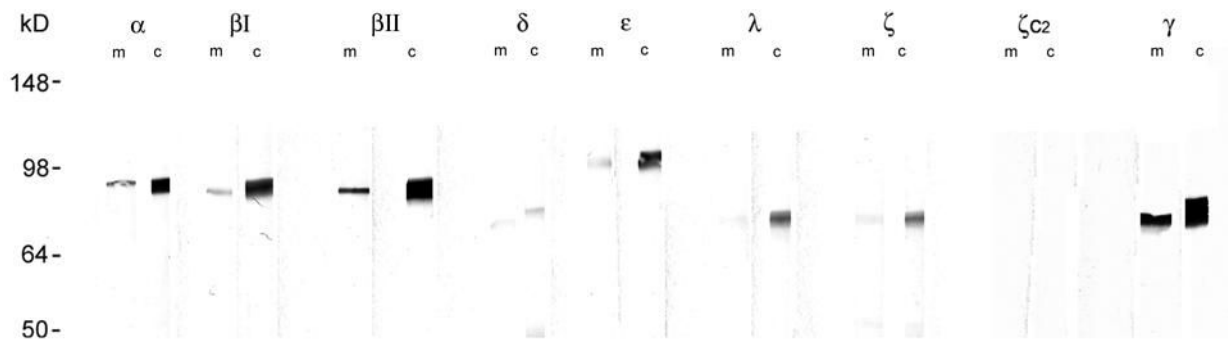


Figure 1.

PKC isoforms of the lateral and basolateral nuclei of the rat amygdala. Western blot analyses of membrane (m) and cytosolic (c) fractions for 9 isoforms of Protein Kinase C. Pooled left and right hemisphere. Detectable levels of each isoform were present with cytosolic levels > membrane fraction levels. We were unable to detect any amount of PKM ζ with the PKM ζ-specific antibody (c2).

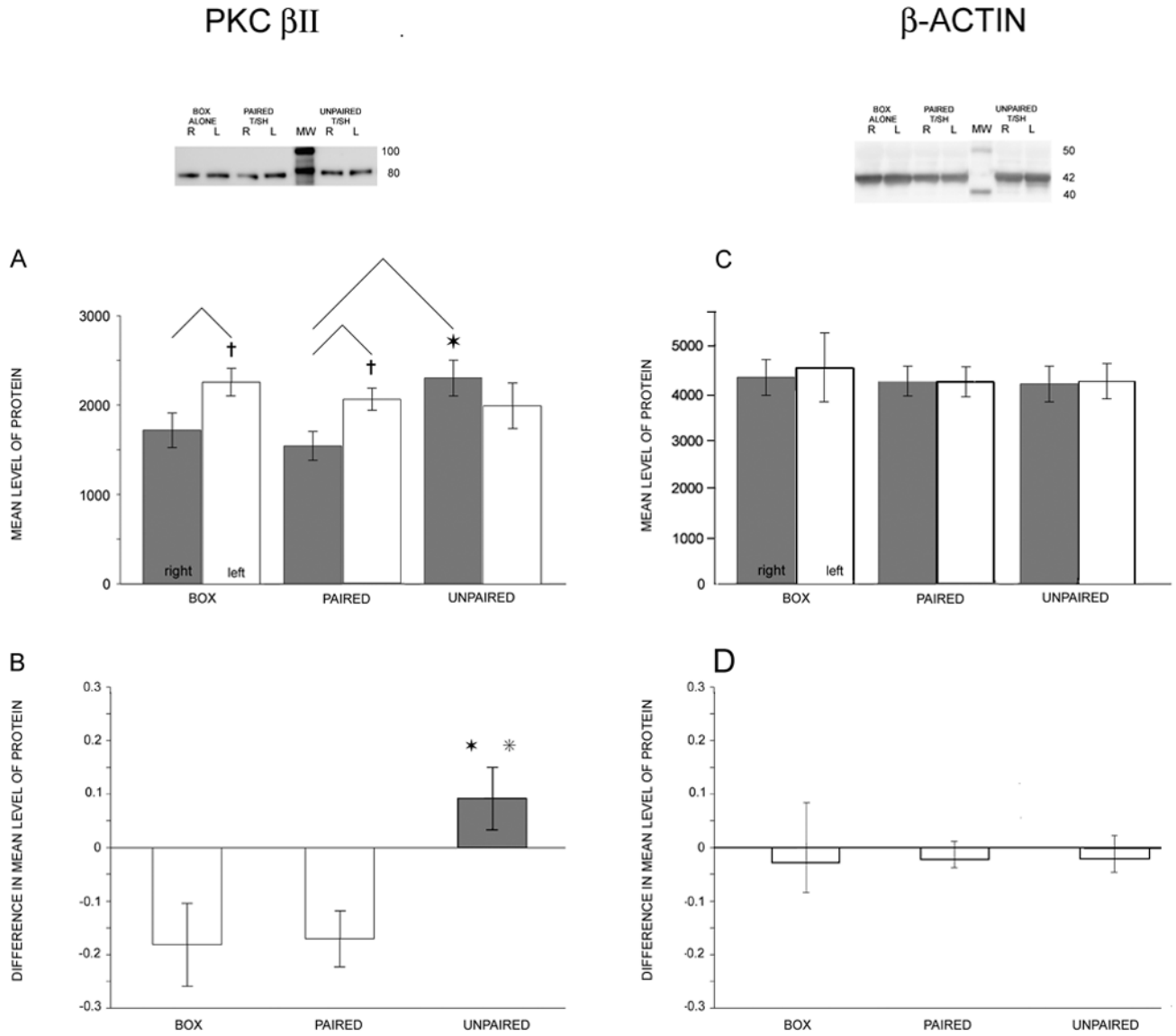


Figure 2.

Hemispheric differences in LA/BLA PKC β II levels depend on conditioning protocol, but β -actin levels do not differ. Left, top: Western blot for PKC β II. From the left, matched (R, L) samples from a “box alone” animal (lanes 1, 2), a “paired tone/shock” animal (lanes 3, 4), the molecular weight marker (lane 5), and an “unpaired tone/shock” animal (lanes 6, 7). A: Plots of the mean densitometry readings taken from blots (normalized by total protein). Crosses above the left hemisphere (white) bars for the box alone (N=14) and paired tone/shock (N=19) groups indicate significantly higher PKC β II levels in left hemisphere ($p=0.040$, box; $p=0.015$, paired). Star above the right hemisphere (gray) bar in the unpaired tone/shock (N=10) group indicates statistically larger value compared with paired tone/shock from the same hemisphere ($p=0.028$, Scheffé post hoc). Mean \pm SEM. B: Plots of difference measures ((R-L)/(R+L)). L>R (white bars) for the box alone and paired tone/shock groups. R>L (gray bar) for the unpaired group. Two stars over the unpaired bar indicate that this mean value was statistically larger than both the box alone and paired tone/shock values. Right, top: Western blots for β -

actin from the same animals as shown in A (top). C: β actin levels did not differ between left and right hemispheres or between groups. D: Difference measures for β -actin.

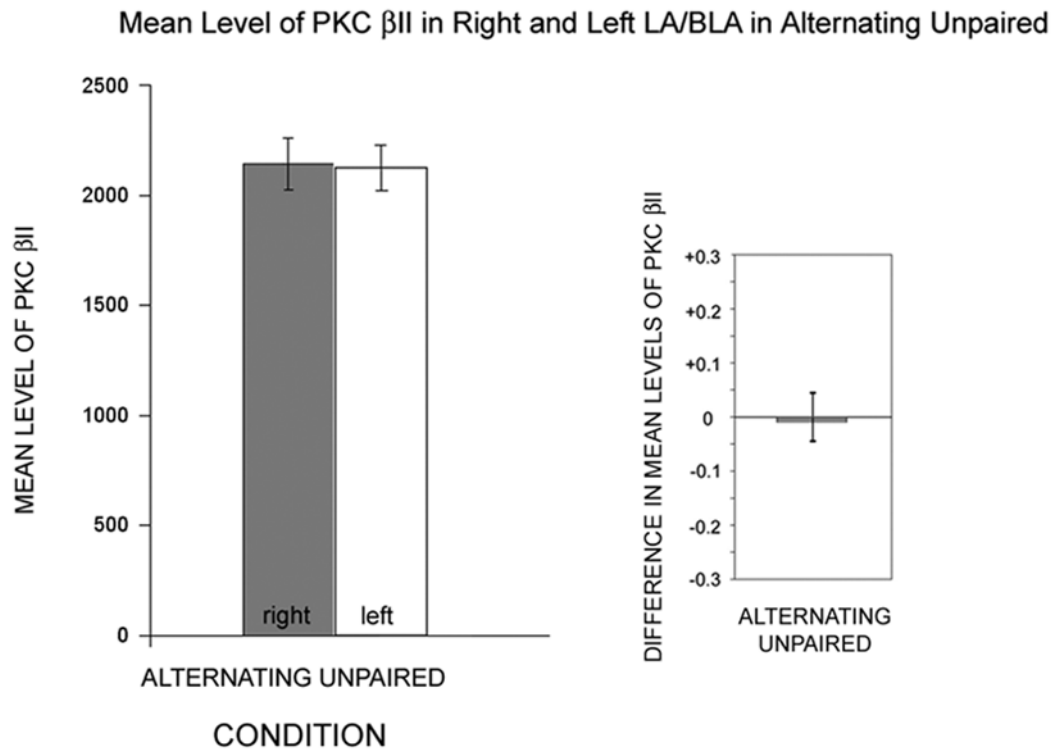


Figure 3. Hemispheric differences in LA/BLA PKC β II levels for animals in the alternating unpaired conditioning group. Left: Plots of the mean densitometry readings taken from blots (normalized by total protein), similar to that shown in Figure 1 for right hemisphere (gray) and left hemisphere (white). Right: Plots of difference measure $((R-L)/(R+L))$ highlight the similarities in the levels between hemispheres.

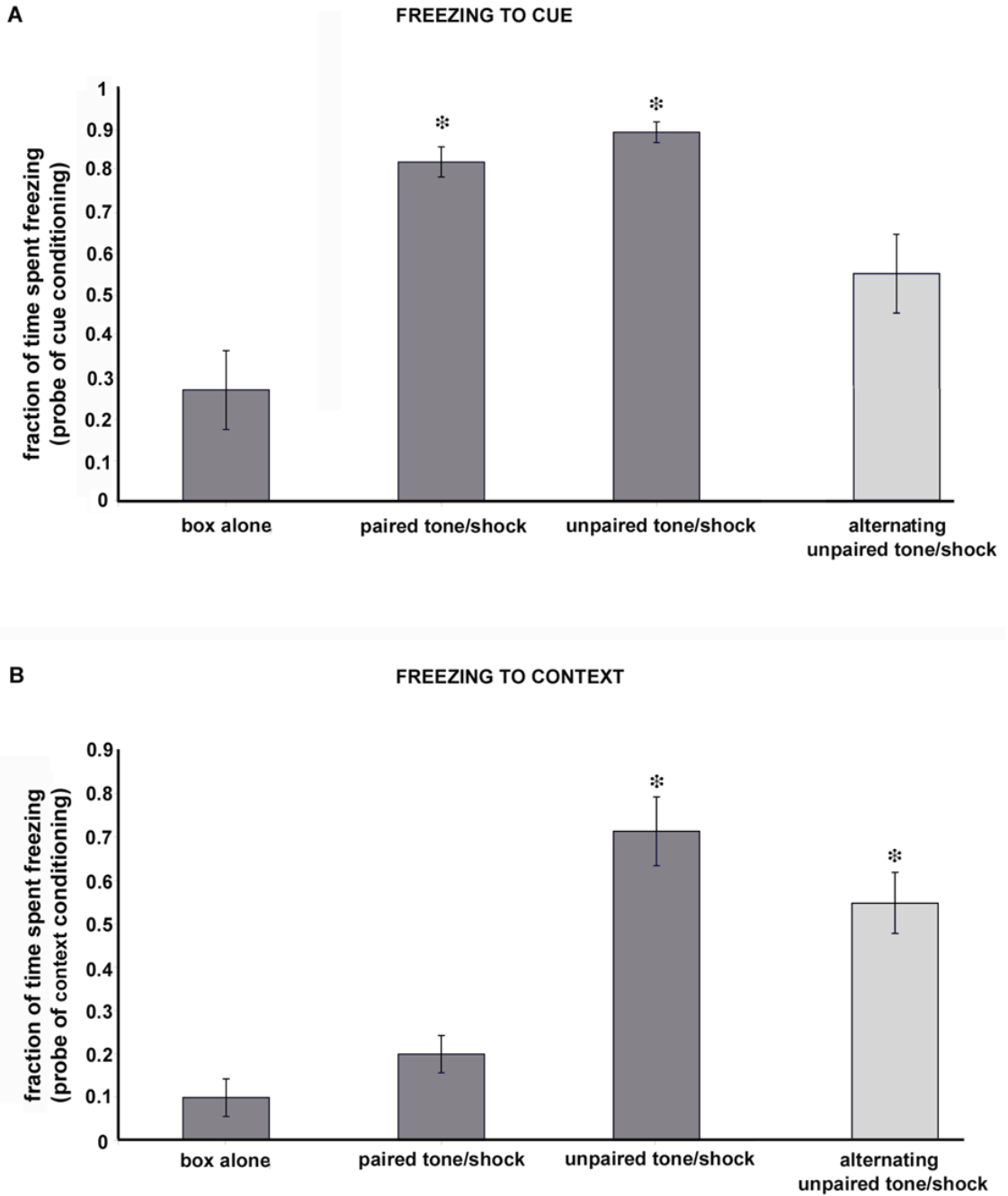


Figure 4. Fractions of time spent freezing to cue or context in probe trials to test learning in each conditioning group. A: Cue probe trials. Animals that received paired tones/shocks or randomly presented tones and shocks spent significantly more time freezing in response to a cue probe (single tone presentation) when compared with box alone animals (indicated by asterisks over bars). See also text for additional details. Note the intermediate time spent freezing for the alternating group. B: Context probe trials. Animals conditioned with unpaired tones and shocks or alternating tones and shocks spent significantly more time freezing during a context probe trial (placement in conditioning chamber for a period with no tones or shocks; asterisks). The

low level of freezing to the context in animals that received paired tones and shocks is typical for animals that have been habituated to the chamber before conditioning trials begin.

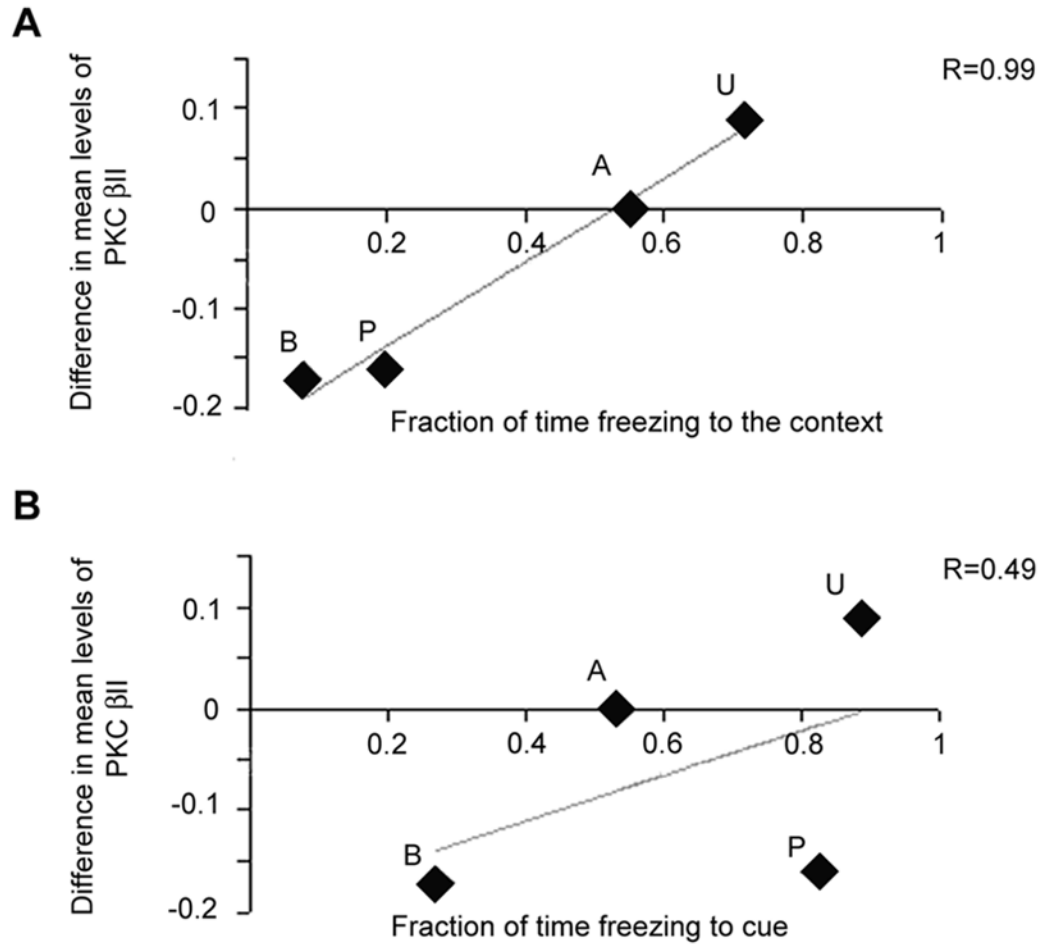


Figure 5.

Correlation of freezing to cue and context with biochemical changes. Plots of the biochemical difference measures (ordinates) against the mean fraction of time freezing to either context or cue (abscissa in each plot). A: relation of biochemical changes to context freezing behavior. Simple linear regression line plotted and R value (0.99). Pearson correlation analyses (significant for biochemistry vs. context) in the text. B: relation of biochemical changes to cue freezing behavior. The R value from the linear regression analysis is much less (0.49) and the Pearson correlation analysis is not significant. Letters associated with each plotted point indicate the conditioning group: B=box alone, P=paired tone/shock, U=unpaired tones and shocks, and A=alternating tones and shocks.

Table 1

A summary of common fear conditioning training paradigms and the typically reported freezing behaviors that are observed in test sessions after training. The grayed training conditions are the three conditions used for this report. Habituation periods are useful for reducing the context conditioning in animals that receive paired tones and shocks. By habituating animals to the chamber before training, animals receiving paired tones and shocks show “purer” conditioning to tones, while animals receiving one of the unpaired tone/shock protocols show more pronounced context conditioning. Our two main control groups show either no freezing to context or cue, or freezing to both context and cue. Each resembles the paired tone/shock group in one aspect and differs in another. The alternating unpaired group can be used to show a different behavior entirely to the tone, i.e., animals can learn that the tone predicts safety.

	TRAINING CONDITIONS		Common Controls		
		Paired tones & shocks	Box Alone	Unpaired (random tones & shocks, no overlap)	Unpaired(alternating tones & shocks, no overlap)
TESTING CONDITIONS	during tone or after tone	freezing	--	freezing	(can learn tone is a safety signal)
	to context	--	--	freezing	freezing

Table 2

Data table for immunoblot analyses of PKC β II and β -actin levels and measures of freezing behavior to cue and context probe trials. Training conditions are shown as columns, measurements (mean \pm SEM) are shown as rows. Significant differences between hemispheres or between training conditions are indicated in text and figures.

		TRAINING CONDITIONS			
		BOX ALONE	PAIRED TONE/ SHOCK	UNPAIRED TONE/ SHOCK	ALTERNATING TONE/ SHOCK
BIOCHEMISTRY	N	14	19	10	17
	MEAN LEVEL OF PKC β II RIGHT	1720 \pm 194	1545 \pm 161	2303 \pm 200	2142 \pm 117
	MEAN LEVEL OF PKC β II LEFT	2258 \pm 154	2062 \pm 126	1992 \pm 256	2129 \pm 100
	DIFFERENCE IN MEAN LEVEL OF PKC β II	-0.17 \pm 0.07	-0.16 \pm 0.05	+0.09 \pm 0.06	-0.01 \pm 0.05
	MEAN LEVEL OF β -ACTIN RIGHT	4455 \pm 398	4317 \pm 335	4145 \pm 491	4414 \pm 428
	MEAN LEVEL OF β -ACTIN LEFT	4698 \pm 613	4336 \pm 272	4175 \pm 491	4026 \pm 418
	DIFFERENCE IN MEAN LEVEL OF β -ACTIN	-0.052 \pm 0.15	-0.029 \pm 0.06	-0.029 \pm 0.08	0.1931 \pm 0.074
BEHAVIOR	N	4	6	6	6
	FRACTIONAL FREEZING TIME TO CONTEXT	0.084 \pm 0.043	0.199 \pm 0.043	0.713 \pm 0.079	0.552 \pm 0.081
	FRACTIONAL FREEZING TIME TO CUE	0.271 \pm 0.095	0.822 \pm 0.036	0.887 \pm 0.025	0.534 \pm 0.161