# Production of transforming growth factor-beta 1 (TGF- $\beta$ 1) by blood monocytes from patients with different clinical forms of leprosy

I. M. B. GOULART<sup>†</sup>, J. R. MINEO‡ & N. T. FOSS<sup>\*</sup> \*Department of Internal Medicine, School of Medicine of Ribeirão Preto, University of São Paulo, †Department of Internal Medicine and ‡Department of Pathology, Federal University of Uberlândia, Minas Gerais, Brazil

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## SUMMARY

In the present study, the concentration of TGF- $\beta$ 1 secreted by adherent cells isolated from human peripheral blood mononuclear cells (PBMC) and either stimulated with PGL-1 or lipopolysaccharide (LPS) or left unstimulated was determined by ELISA. The cells were isolated from untreated patients with different clinical forms of leprosy and healthy individuals. The adherent cells exhibited spontaneous release of TGF- $\beta$ 1 in all clinical forms of leprosy and in healthy individuals; however, lepromatous leprosy/borderline leprosy (LL/BL) patients presenting erythema nodosum leprosum (ENL) displayed significantly higher concentrations of TGF- $\beta$ 1 than either the other patients studied or the controls. These high TGF- $\beta$ 1 levels were consistently observed when LL/BL ENL cells were stimulated with phenolic glycolipid (PGL-1) or LPS, and even in the absence of a stimulus ( $P < 0.01$ ). The most significant differences in TGF- $\beta$ 1 levels were observed when comparing the results in the presence of PGL-1 from ENL with, in order of significance: tuberculoid leprosy (TT) patients ( $P < 0.001$ ), LL/BL patients without ENL ( $P < 0.01$ ), healthy individuals ( $P < 0.01$ ) and borderline-borderline/borderlinetuberculoid (BB/BT) patients with reversal reaction (RR) ( $P < 0.01$ ). The BB/BT patients produced equivalent levels of TGF- $\beta$ 1 compared with LL/BL patients without ENL, for all types of stimuli  $(P > 0.05)$ . In contrast, TT patients produced the lowest levels of TGF- $\beta$ 1 among all the subjects studied (both patients and healthy controls), especially following PGL-1 stimulation ( $P < 0.001$ , and  $P < 0.05$ , respectively). In conjunction with our previous data regarding TGF- $\beta$ 1 expression in dermal lesions, it appears that TGF- $\beta$ 1 probably plays different roles in leprosy: (i) to mediate a suppressive action locally, associated with the presence of PGL-1, and (ii) to induce proinflammatory effects when secreted systemically by monocytes, thereby acting as a modulatory cytokine in the acute inflammatory reactions of ENL and associated with the Th2 immune response in multibacillary forms of leprosy.

Keywords leprosy PGL-1 transforming growth factor-beta 1 ELISA peripheral blood mononuclear cells

## INTRODUCTION

Leprosy, caused by the intracellular pathogen Mycobacterium leprae, provides an extraordinary opportunity to investigate the human immune regulation of infection, because it presents a spectrum of clinical manifestations that correlate with the immune response of the host against the pathogen [1]. At one end of the clinical spectrum is tuberculoid leprosy (TT) that typifies the resistant response characterized by restricted growth of the pathogen. The number of lesions are few but tissue and nerve damage is frequent. At the opposite end is lepromatous leprosy (LL), in which the patients are unable to contain the infection and

Correspondence: Dra. Norma T. Foss, Department of Internal Medicine, School of Medicine of Ribeirão Preto, USP, 14049-900, Ribeirão Preto, SP, Brazil.

their lesions are diffusely distributed in the skin resulting in many viable  $M$ . leprae (up to  $10^{10}/g$  of tissue). These clinical presentations are correlated with the level of cell-mediated immunity (CMI), which is high in TT patients and in healthy exposed individuals but is strikingly absent in LL patients, and is associated with an inverse relationship with the humoral response. There is a potent antibody response in LL, but not TT, and this response is therefore not thought to play a role in protection. It has been demonstrated that there is a clear correlation between the clinical forms of leprosy and the state of mononuclear phagocyte activation in the lesions. In TT, the lesions are characterized by a predominance of  $CD4^+$  T cells and type-1 cytokines including IL-2 [2-4], interferon-gamma (IFN- $\gamma$ ) [4,5], IL-1 $\beta$  [5], tumour necrosis factor-alpha (TNF- $\alpha$ ) [5] and IL-12 [6]. By contrast, in LL the skin lesions are characterized by a predominance of  $CD8<sup>+</sup>$ 

T cells and type-2 cytokines including IL-4, IL-5 and IL-10 [4]. Moreover, reactional episodes may occur during the natural course of the disease, during treatment and even after treatment. The reversal reaction (RR) seems to be associated with a sudden increase in CMI against M. leprae antigens and is characterized by a predominantly type-1 cytokine profile (IL-1 $\beta$ , TNF- $\alpha$ , IL-2 and IFN- $\gamma$ ) in the lesions of the borderline patients. The *erythema* nodosum leprosum (ENL) type of reaction, which occurs in multibacillary leprosy patients, is a more systemic reaction than the RR and is immunopathologically more complex as well [7]. In this reaction, it has been shown that there is a selective increase in IL-6, IL-8 and IL-10 levels, whereas the levels of IL-4 and IL-5 remain unchanged [8].

The presence of large amounts of bacilli in the lesions of LL demonstrates the inability of macrophages to process these microorganisms. This may be explained, at least in part, by the presence of a cytokine that inhibits the microbicidal activity of macrophages. A cytokine with macrophage-suppressing activity, such as TGF- $\beta$ 1 [9,10], has been demonstrated in diseases caused by intracellular parasites  $[11-14]$  and in dermal lesions of patients with borderline leprosy (BL) and LL [15]. TGF- $\beta$ 1 is a product of activated monocytes [16], among other inflammatory cells, and is one of the most fascinating cytokines because it has a plethora of immunoregulatory effects which are described as bifunctional [17]. This cytokine is a potent proinflammatory and immunosuppressive molecule, in addition to its effects on cellular growth and differentiation [18]. TGF- $\beta$ 1 plays roles in the suppression of T cell responses, inhibiting both IFN- $\gamma$  [19] and IL-2 expression [20], and has the ability to inhibit the lytic activity of macrophages by suppressing the production of intermediate oxygen-reactive and nitrogen-reactive factors [9,10], leading to the progression of infection. Recently, we have shown that  $TGF- $\beta$ 1$  is produced by macrophages in LL and BL skin lesions, probably as part of the M. leprae evasion mechanism [15]. The role of circulating monocytes directed against *M. leprae* and its products, and their relationship with the production of TGF- $\beta$ 1 by macrophages resident in this microenvironment is however, unknown.

To investigate the immunoregulatory network at a systemic level, we determined the concentrations of  $TGF- $\beta$ 1 secreted by$ blood monocytes from patients with different clinical forms of leprosy and healthy individuals, when these cells were stimulated in vitro with either phenolic glycolipid (PGL-1) antigen from M. leprae or bacterial lipopolysaccharide (LPS).

## PATIENTS AND METHODS

Patients and healthy individuals

Nineteen untreated patients with the following forms of leprosy were studied: LL  $(n = 6)$ ; BL  $(n = 4)$ ; borderline-borderline (BB,  $n = 2$ ), borderline-tuberculoid (BT,  $n = 4$ ), and TT ( $n = 3$ ). Among the multibacillary patients (LL/BL,  $n = 10$ ), five presented ENL  $(n = 5)$  or Jopling type-2 leprosy reaction. Among the patients from the borderline group (BB/BT,  $n = 6$ ), three presented RR ( $n = 3$ ) of Jopling type-1 leprosy reaction. A group of healthy individuals  $(n = 9)$ was studied as a control group. The patients were clinically classified by the bacilloscopic index (BI) (mean counts of bacilli on heat-fixed dermal smears obtained from skin lesions and from usually involved areas, such as ear lobes and elbows, and stained by the method of Ziehl-Neelsen) [21], by the Mitsuda reaction (intradermal reaction with a suspension of heat-killed *M. leprae* containing  $6 \times 10^7$ 

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bacilli/ml) and by histopathological evaluation, according to Ridley & Jopling criteria [1].

#### Monocyte cell culture and stimuli

Peripheral blood mononuclear cells (PBMC) were isolated by Ficoll–Hypaque and platelets were removed from the monocytes by washing in Versene buffer and differential centrifugation as previously described [22,23]. Monocytes were cultured in RPMI 1640 in the presence of  $2.5%$  heat-inactivated human AB serum at  $37^{\circ}$ C for 1 h. After removing the non-adherent cells, the adherent monolayers were then cultured in the presence of different stimuli, such as PGL-1 (1  $\mu$ g/ml; Laboratory of Mycobacterial Research, National Institute for Medical Research, London, UK) and LPS (10  $\mu$ g/ml; Sigma Chemical Co., St Louis, MO), or in serum-free RPMI 1640 (Gibco, Life Technologies, Paisley, UK) only as a control. The supernatants were harvested after 48 h culture.

#### $TGF$ - $\beta$ 1 detection

TGF- $\beta$ 1 concentrations were determined in cell-free supernatants. TGF- $\beta$ 1 detection was done by enzyme immunoassay (Promega, Madison, WI) designed for the sensitive and specific detection of the biologically active molecule in an antibody sandwich format. Briefly, flat-bottomed 96-well plates were coated with MoAb to TGF- $\beta$ 1 (at 1:1000 dilution) which binds the soluble molecule from solution. The captured TGF- $\beta$ 1 was bound by a second specific polyclonal antibody (at 1:1000 dilution) and, after washing, the amount of specifically bound secondary antibody was detected using a species-specific antibody conjugated to peroxidase as a tertiary reactant. This immunoassay is able to detect a minimum of 25 pg/ml of TGF- $\beta$ 1 and has  $\leq$  5% crossreactivity with TGF- $\beta$ 2 or TGF- $\beta$ 3 at 10 ng/ml. The Kruskal-Wallis test for unpaired samples was used for statistical analysis.

## RESULTS

Table 1 summarizes the data obtained from patients in terms of clinical and laboratory information. Initial time-course studies revealed that optimal  $TGF- $\beta$ 1 release into the supernatant$ occurred after 48 h of culture. The results demonstrate that the adherent cells exhibited spontaneous release of  $TGF- $\beta$ 1 in all$ clinical forms of leprosy and in healthy individuals. High TGF- $\beta$ 1 levels were detected for the majority of the leprosy patients in comparison with healthy individuals, except for the TT patients (Table 2). Generally, these findings occurred independently of stimulus type in the established conditions for cell culture (Figs 1, 2 and 3).

Adherent cells from patients with LL/BL presenting ENL displayed significantly higher concentrations of TGF- $\beta$ 1 in the culture supernatants in the presence of both PGL-1 (Fig. 3) and LPS (Fig. 2), and without stimulation (Fig. 1) compared with patients with all other clinical forms of leprosy ( $P < 0.01$ ) or healthy individuals ( $P < 0.001$ ) (Table 2).

On the other hand, the  $TGF- $\beta$ 1 levels produced by the$ adherent cells from TT patients, in the presence of either PGL-1 or LPS or in unstimulated cultures, were lower than in all other clinical forms of leprosy ( $P < 0.001$ ). In addition, these TT TGF- $\beta$ 1 values were equivalent to the results obtained with PBMC from healthy individuals either stimulated with LPS or left unstimulated ( $P > 0.05$ ) (Table 2). When the cells were stimulated by PGL-1 however, the macrophages from TT patients

Table 1. Characteristics of the patients infected by *Mycobacterium leprae*, according to their clinical forms and laboratory data



RR, Reversal reaction; ENL, erythema nodosum leprosum; BI, bacilloscopic index; AARB, alcohol-acid-resistant bacilli; UDI, Uberlândia - MG; RP, Ribeirão Preto - SP, Brazil.

produced TGF- $\beta$ 1 at levels significantly lower than adherent cells from healthy individuals ( $P < 0.05$ ) (Fig. 3).

When TGF- $\beta$ 1 production by adherent cells was compared between BB/BT patients without reaction and BB/BT patients with RR, no significant differences were observed for all cell culture conditions  $(P > 0.05;$  Table 2; Figs 1, 2 and 3). Furthermore, macrophage cultures from patients with BB/BT with type 1 Jopling reaction (RR) produced significantly lower levels of TGF- $\beta$ 1 when compared with cells from LL/BL patients with type-2 Jopling reaction (ENL)  $(P < 0.01, P < 0.001,$  $P < 0.05$ , for unstimulated, LPS- and PGL-1-stimulated cells, respectively).

## DISCUSSION

In the present study it was shown that adherent cells from PBMC exhibited spontaneous release of TGF- $\beta$ 1 in all clinical forms of leprosy and in healthy individuals. The most significant result was that patients with ENL showed markedly higher TGF- $\beta$ 1 concentrations than all other patients and controls studied. Since TGF- $\beta$ 1 primes macrophages to express inflammatory gene products in response to particulate stimuli [24], these findings have important implications in ENL where the scavenging macrophage is most likely to encounter phagocytosable bacilli, so amplifying the inflammatory response.

After exposure to phagocytic stimuli, macrophages synthesize and release inflammatory cytokines, such as TNF- $\alpha$ , IL-1 $\beta$ , IL-6 and IL-8, which are greatly increased in ENL patients [8,25,26]. TGF- $\beta$ 1 regulates the production of IL-1, IL-6 and TNF- $\alpha$ [27-29]. These are important cytokines in the inflammatory response and may induce macrophage differentiation and acutephase protein synthesis [30]. IL-6 is involved in up-regulation of TGF- $\beta$ 1 [31] and increased concentrations of IL-6 inhibit the T cell response via induction of TGF- $\beta$ 1 [32]. Continuous secretion of  $TGF- $\beta$ 1 by activated inflammatory cells might$ result in excessive attraction of these cells into the lesions. As seen in ENL, this event may lead to tissue injury mediated by leucocytes, in addition to the induction of prostaglandin  $E_2$ (PGE2) [33], with additional immunosuppressive effects on monocytes, lymphocytes and neutrophils [34].

Furthermore, it was observed in the present study that monocytes from LL/BL patients without ENL presented similar levels of TGF- $\beta$ 1 to those found in BB/BT patients with or without RR. These results indicate that the peripheral levels of this cytokine might not be associated with the situation in cutaneous lesions [15]. Probably, this apparent preference of M. leprae for dermal macrophages and Schwann cells promotes the basis for a locally induced immune response, leading to immunosuppression in response to M. leprae antigens. Evidence exists suggesting that macrophages in LL/BL patients may be efficient at phagocytosis, but less efficient at other functions, such as antigen presentation [35].

In BB/BT patients, an immunologically unstable group, the RR seems to be associated with a sudden increase in CMI, triggered by the burden of immunologically detected antigen at a particular site or sites [36]. This phagocytic stimulus may also lead to production of TGF- $\beta$ 1 in a more endocrine mode of action [37], as a mechanism of self-regulation of TGF- $\beta$ 1 production by macrophages [38].

The results obtained in the present study also demonstrate that  $TGF- $\beta$ 1 was secreted by adherent cells from TT patients at lower$ levels than patients with all other clinical forms of leprosy. In addition, healthy individuals produced equivalent levels of TGF- $\beta$ 1 when compared with TT patients. Following PGL-1 stimulation however,  $TT$  patients produced lower levels of  $TGF- $\beta$ 1 than$ healthy individuals. These findings are in agreement with our

**Table 2.** Levels of TGF- $\beta$ 1 (mean  $\pm$  s.d.) in supernatants of adherent cells from peripheral blood mononuclear cells (PBMC) from patients with different clinical forms of leprosy (LL/BL with ENL, LL/BL without ENL, BB/BT without RR, BB/BT with RR, TT) and healthy individuals (HI) measured by ELISA

healthy individuals	stimulus	Clinical forms and Type of Concentration of TGF- $\beta$ 1 (pg/ml), 48 h, mean $\pm$ s.d.
LL/BL with ENL	<b>RPMI</b>	$6034.92 \pm 3807.58^*$
$(n = 5)$	<b>LPS</b>	$6334.80 \pm 3578.11*$
	$PGL-1$	$6325.97 \pm 3894.93*$
LL/BL without ENL	<b>RPMI</b>	$960.23 \pm 411.86$
$(n = 5)$	<b>LPS</b>	$907.71 \pm 344.30$
	$PGL-1$	$1065.86 \pm 474.54$
<b>BB/BT</b> without RR	<b>RPMI</b>	$1394.93 \pm 171.00$
$(n = 3)$	<b>LPS</b>	$1740.80 \pm 328.60$
	$PGL-1$	$1770.60 \pm 287.80$
BB/BT with RR	<b>RPMI</b>	$982.60 \pm 139.20$
$(n = 3)$	LPS.	$795.60 \pm 331.50$
	$PGL-1$	$1516.98 \pm 527.90$
TT	<b>RPMI</b>	$204.98 \pm 194.22**$
$(n = 3)$	LPS	$208.43 \pm 211.32**$
	$PGL-1$	$105.42 \pm 138.71***$
HІ	<b>RPMI</b>	$565.11 \pm 315.23$
$(n = 9)$	LPS.	$657.05 \pm 358.04$
	$PGL-1$	$638.76 \pm 285.01$

\*Statistically significant compared with other clinical forms of leprosy or healthy individuals (LL/BL with ENL versus LL/BL without ENL,  $P < 0.01$ ; LL/BL with ENL versus BB/BT with RR,  $P < 0.01$ ; LL/BL with ENL versus TT,  $P \le 0.001$ ; LL/BL with ENL versus HI,  $P < 0.001$ ).

\*\*Statistically significant compared with other clinical forms of leprosy ( $P < 0.001$ ).

²Statistically significant compared with healthy individuals under PGL-1 stimulation only ( $P < 0.05$ ).

previous results for TGF- $\beta$ 1 detection in skin lesions [15], where this cytokine was not found in TT patients, indicating that the absence of TGF- $\beta$ 1 is associated with granuloma formation followed by activation of a cascade of proinflammatory cytokines, similar to that described in experimental models using mice with a TGF- $\beta$ 1 gene deletion [39,40].





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Leprosy clinical forms

Fig. 2. Detection of TGF- $\beta$ 1 in the supernatant of monocytes stimulated with lipopolysaccharide. HI, Healthy individuals.



Leprosy clinical forms

Fig. 3. Detection of TGF- $\beta$ 1 in the supernatant of monocytes stimulated with phenolic glycolipid (PGL-1). HI, Healthy individuals.

In conclusion, these data suggest that  $TGF- $\beta$ 1 appears to play$ different roles in leprosy: it presents a proinflammatory effect on the inflammatory reaction, especially in ENL, stimulating the Th2 response and an immunosuppressive effect in the presence of PGL-1 or other *M. leprae* antigens.

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