

Detection of ‘antiphospholipid’ antibodies: a single chromogenic assay of thrombin generation sensitively detects lupus anticoagulants, anticardiolipin antibodies, plus antibodies binding β_2 -glycoprotein I and prothrombin

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SUMMARY

The diagnosis of the antiphospholipid syndrome (APS) requires both a typical clinical event plus a persistently positive test in an assay for either anticardiolipin (aCL) antibodies or a lupus anticoagulant (LA). Enzyme linked immunosorbent assays (ELISA) specific for autoantibodies against β_2 -glycoprotein I (β_2 GPI) or prothrombin are also used, but none of the tests are adequately sensitive or specific. A chromogenic assay was developed that measures the effect of test antibody or plasma samples on *in vitro* thrombin formation. It is able to detect both LA and β_2 GPI-dependent aCL antibodies and may have greater specificity for APS than currently available tests. Using this method various monoclonal antibodies (MoAbs) were examined, from mice immunized with β_2 GPI, mice with a spontaneous animal model of APS, and from three humans with APS. Plasma and affinity purified antibodies from patients with APS and control groups were also examined. Thrombin inhibition was more sensitive to perturbation by MoAbs than a combination of tests for LA ($P < 0.05$) and at lower antibody concentrations (12.5 $\mu\text{g/ml}$ versus 100 $\mu\text{g/ml}$). There was a significant correlation between inhibition of thrombin generation and the level of MoAb reactivity to β_2 GPI ($r = 0.90$; $P < 0.001$) but not to CL ($r = 0.06$; $P = 0.76$). Plasma and affinity purified antibodies from patients with APS also inhibited thrombin generation, and significantly more so than patients with aPL from causes other than APS. APS patient samples showed thrombin inhibition in the presence of anti- β_2 GPI or antiprothrombin antibodies. All MoAbs binding β_2 GPI showed inhibition of thrombin generation, while MoAbs binding domain I of β_2 GPI had more LA effect.

Keywords antiphospholipid syndrome autoimmunity β_2 -glycoprotein I lupus anticoagulant thrombin generation

INTRODUCTION

The antiphospholipid syndrome (APS) is characterized by venous and arterial thrombosis, recurrent fetal loss and thrombocytopenia and occurs in association with autoimmune antiphospholipid (aPL) antibodies [1,2]. These antibodies have traditionally been detected by solid phase immunoassays using cardiolipin (CL) as the target antigen or by *in vitro* phospholipid dependent functional coagulation assays (‘lupus anticoagulant’) (LA) [3]. However, the real target antigen for these autoantibodies is not phospholipid but rather phospholipid binding plasma proteins, in particular β_2 -glycoprotein I (β_2 GPI) and prothrombin [4–6].

Another group of aPL antibodies occurs in patients with a variety of infections including syphilis, malaria and AIDS [7,8] and following exposure to certain medications [9]. These aPL antibodies are not associated with clinical manifestations of the APS, in particular thrombosis. Many are true aPL antibodies, binding directly to phospholipid in a charge-dependent manner and are inhibited by β_2 GPI which competes for the same binding site [7]. They are detected by current CL solid phase assays and may induce prolongation of *in vitro* coagulation assays for the determination of LA [8]. Thus the current conventional laboratory assays for aPL antibodies do not always distinguish between these two groups.

A chromogenic amidolytic assay of thrombin activity offers certain potential advantages over the use of clot formation as an end-point, given that thrombin formation is the focal point in both coagulant and anticoagulant pathways [10]. This type of assay

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often detects the effect of substances known to affect coagulation clinically, yet which do not show an effect on standard clotting tests [10]. Similar amidolytic types of assays have been used previously to assess the procoagulant activity of cell preparations [11] and, using a different methodology, to assess purified antiphospholipid antibodies [12].

Although most aPL are detected by the aCL and the various LA tests, none of the available methodologies detect all aPL and they are prone to positive results in cases of infection, specific coagulation factor inhibitors or therapeutic anticoagulants.

In the present study we describe a chromogenic assay of thrombin generation which is more sensitive to perturbation by antibodies than conventional coagulation assays for LA, and distinguishes between antibodies associated with APS and those found in other conditions. The assay is marginally sensitive to the presence of anticoagulation, but significantly more sensitive to the presence of aPL in test samples.

MATERIALS AND METHODS

In vitro assay for thrombin generation

A chromogenic assay (patent pending) was used to determine the rate of thrombin generation over time (Fig. 1). This uses Spectrozyme TH (no. 238 L, American Diagnostica, Greenwich, CT, USA), a p-nitroanilide-peptide substrate cleaved with some specificity by thrombin (given human thrombin 5 nM at 23°C, 0.01 M HEPES/Tris, 0.5 M NaCl the $K_m = 3.24 \times 10^{-6}$ M and $V_{max} = 0.17 \mu\text{M}/\text{min}$ NIH U). The colour generated is read by optical absorbance; as the formation of fibrin interferes with this all plasma must be defibrinated prior to testing. Fresh, not frozen, citrated plasma was spun at 3000 g for 30 min then filtered at 0.22 μm to produce essentially platelet-free plasma. Defibrination was by heating to 53°C in a shaking water bath for 20 min then centrifugation in Eppendorf tubes at 10 000 g for 15 min; the supernatant can then be stored at -70°C. Residual Factor V activity after defibrination was determined by admixture with Factor V deficient human plasma and found to be 10% (mean of 3, range 8–12%), which is unlikely to have a significant impact in isolation on thrombin generation [13].

Thromboplastin (with calcium 11.6 mM) (T-7280, Sigma) diluted 1/10 in 0.9% NaCl was added to 96-well ELISA plates (25 $\mu\text{l}/\text{well}$). Pooled, aliquoted, defibrinated plasma collected from healthy volunteers was used for all experiments. This was added to each well (50 $\mu\text{l}/\text{well}$) and the plate incubated at 37°C for 10 min. Spectrozyme TH 1 mM in 0.9% NaCl (50 $\mu\text{l}/\text{well}$)

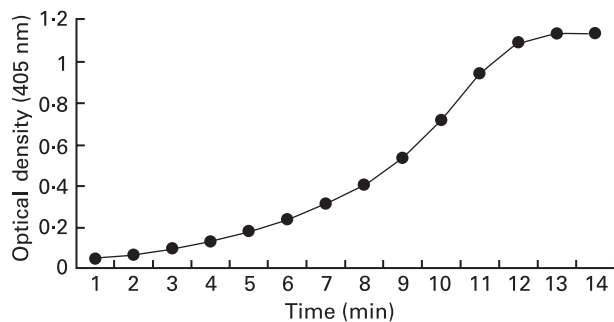


Fig. 1. Spontaneous *in vitro* thrombin generation of normal pooled plasma detected with a chromogenic substrate over 20 min.

and 30 mM CaCl_2 (50 $\mu\text{l}/\text{well}$) were added sequentially. The final volume was 175 μl , Spectrozyme TH concentration was 0.286 mM, and calcium concentration 10.2 mM. Background thrombin generation from any activation of the samples during handling and defibrination was determined with 0.9% saline replacing thromboplastin. Positive pooled plasma controls without the addition of test samples were performed as the reference for calculating the degree of inhibition caused by the test sample.

Test antibodies were added in 0.9% saline at a final concentration of 12.5 $\mu\text{g}/\text{ml}$. The plates were read immediately and every 2 min at 405 nm until pNA generation, representing substrate consumption by generated thrombin had reached a plateau, approximately 15–20 min in controls, with prolongation in the presence of abnormal test samples. Plotting thrombin generation over time yielded a sigmoidal curve. Alteration in the rate of thrombin generation by MoAbs was examined in duplicate wells, three time points on the linear portion of the curve were chosen (corresponding to the point of inflection of the curve), the OD at each time point of the wells with MoAb divided by the OD of the corresponding well without antibody and the result expressed as the mean of the percentages calculated for each of the three time points. The assay was highly reproducible with intraplate and interplate coefficients of variation of less than 10%.

The assay was slightly modified for the analysis of patient plasma. Twenty-five μl of undiluted patient plasma instead of purified antibody was added prior to the addition of 50 μl of pooled normal plasma diluted 1 : 1 with 0.9% saline. Following a 10-min incubation at 37°C, the addition of chromogenic substrate and CaCl_2 , the plates were read immediately and every 15–30 s using an automated ELISA plate reader (Molecular Devices Spectro Max 250 with Softmax Pro 1.2 software). Change in the rate of thrombin generation by patient plasma was expressed as the percentage of the optical density reached by the test sample compared with the normal control for each plate (pooled plasma only), at the time-point at which the normal control sample reached half its maximum optical density.

Measurement of lupus anticoagulant

All coagulation tests were performed on an Automated Coagulation Laboratory (ACL-3000 Plus, Coagulation System Instrumentation Laboratory, Milan, Italy). The dilute kaolin clotting test (dKCT) was performed with four parts control plasma and one part patient plasma or purified antibody diluted in Tris-buffered saline (TBS) pH 7.4 to the desired concentrations. All the MoAbs were used at 100 $\mu\text{g}/\text{ml}$ final concentration, after preliminary experiments showed no effect at 12.5 $\mu\text{g}/\text{ml}$ (data not shown). The concentrations of kaolin used was 0.5% and calcium chloride solution 0.025 M. The ACL-3000 machine was set in research mode and acquisition times set at 300 s or 600 s as required by the clotting time results. The final results were reported as control plasma/patient plasma mixture clotting time divided by the control plasma clotting time, or for the MoAbs, the control plasma/antibody mixture clotting time divided by the control plasma/TBS clotting time. The dilute Russell's Viper Venom Time (dRVVT) was performed using the LA screen and confirm reagents obtained from Gradipore, North Ryde, Australia. The reagents have been simplified and standardized from the original methods of Thiagarajan *et al.* [14]. The ACL-3000 machine was set to thrombin clotting time mode and performed in a 1 : 1 ratio of control plasma/patient plasma or control plasma/(antibody in TBS) mixture, and results are reported as for the dKCT. Both test

results are considered abnormal if the prolongation of the clotting time was at least 20% of the controls. This was reported as a ratio > 1.2. Diagnosis of LA activity in this study satisfied the established criteria including a neutralization procedure and the appropriate checks for inhibitors in clinical samples [15].

Standard ELISA for aPL antibodies

Patient plasma IgG and IgM aCL levels were performed using the aCL antibody ELISA test kit (Medical Innovations Ltd, Artarmon, Australia) according to the manufacturer's instructions.

ELISA for anti- β_2 GPI antibodies

One half of 10 kGy irradiated 96-well ELISA plates (Titertek) were coated with 50 μ l/well of β_2 GPI (10 μ g/ml) in carbonate buffer pH 9.6 overnight at 4°C. The other half of the plates were coated with carbonate buffer only. Plates were washed three times with 0.15 M PBS, 0.1% Tween-20 and blocked with 0.15 M PBS, 0.1% Tween-20, 1% BSA for 1 h. Test samples of murine IgG and human IgM MoAbs were diluted in blocking buffer and incubated concurrently in triplicate in the β_2 GPI coated and uncoated wells for 3 h. After washing, the plates were incubated with alkaline phosphatase conjugated anti-mouse IgG (or anti-human IgM for the human MoAbs) in blocking buffer for 1.5 h, and washed again prior to the addition of enzyme substrate. The optical density (OD) was determined at 405 nm and results expressed as the mean OD of the triplicate after subtracting the mean OD of the uncoated wells. Isotype matched control antibodies were used as controls. A Quanta Lite ELISA kit (Inova, San Diego, CA, USA) was used for the determination of patient plasma IgG and IgM anti- β_2 GPI according to the manufacturer's instructions. A positive result was > 20 standard IgG or IgM anti- β_2 GPI units.

ELISA for antiprothrombin antibodies

Prothrombin ELISA (anti-PT) was performed according to [16] with slight modification. Human prothrombin (Sigma Chemical Co., USA) was coated onto a Nunc Maxisorp microtitre plate (Roskilde, Denmark) overnight at 4°C, at a concentration of 2.5 μ g/well in bicarbonate buffer. Plates were blocked with 0.15 M PBS, 0.3% gelatin and 1% milk powder and washed three times with 0.15 M PBS/0.05% Tween 20. Test samples diluted 1/25 in 0.15 M PBS, 0.3% gelatin were incubated in duplicate for 1.5 h at 37°C. After washing, the plates were incubated with alkaline phosphatase conjugated anti-human IgG or anti-mouse IgG or anti-human IgM for 1 h at 37°C, and washed again prior to the addition of enzyme substrate. The OD was determined at 405 nm and results expressed as the mean OD of the duplicate after subtracting the mean OD of a normal control group. A reagent blank, PBS/Tween and control sera were included on each plate.

ELISA for direct antibody binding to CL

Purified murine IgG and human IgM MoAbs were tested in a modified CL-ELISA in the absence of any exogenous source of β_2 GPI [4]. Briefly, non-irradiated 96-well ELISA plates (Titertek) were coated with CL (30 μ g/ml in ethanol) and dried under vacuum. Plates were blocked with 0.15 M PBS, 0.3% gelatin and 1% milk powder and washed three times with 0.15 M PBS. Test samples were diluted in 0.15 M PBS, 0.3% gelatin and incubated in triplicate for 3 h at room temperature. After washing, the plates were incubated with alkaline phosphatase conjugated anti-mouse IgG (or anti-human IgM for the human MoAbs) for 90 min at

room temperature, and washed again prior to the addition of enzyme substrate. The OD was determined at 405 nm and the results expressed as the mean OD of the triplicate after subtracting the mean OD of the uncoated wells. Isotype matched irrelevant MoAbs were used as controls.

Production of anti- β_2 GPI moabs

Group 1. Twelve IgG MoAbs were obtained from BALB/c mice by intraperitoneal injection with 40 μ g of purified human β_2 GPI emulsified in complete Freund's adjuvant. Booster injections were repeated three times at 6-week intervals using the same amount of antigen with incomplete Freund's adjuvant. Serum was evaluated for anti- β_2 GPI by ELISA, and spleen cells from mice with the highest titres were isolated and fused with the mouse myeloma cell line NS-1 using 40% polyethylene glycol. The fusion cells were selected by growth in hypoxanthine-aminopterin-thymidine medium. Positive clones were identified by ELISA screening for binding activity to β_2 GPI. Single cell cloning was carried out by limiting dilution. For some of the antibodies, hybridoma cells were injected into mouse peritoneum and ascites fluid collected, purified using a Protein A agarose column (Biorad) following the manufacturer's directions and exchange concentrated by ultra-filtration (10 000 MW cut-off; Amicon, MA, USA) using PBS pH 7.2. Six similar MoAbs (Cof no. 18–23) were generated as described previously [17].

Group 2. 17 IgG MoAbs were derived from NZW \times BXSB F_1 mice as described previously [18]. These animals develop a systemic autoimmune lupus-like syndrome, which includes coronary artery disease and myocardial infarction.

Group 3. Five IgM MoAbs were obtained from three patients with APS as described previously [19]. Prior studies suggest that these autoantibodies recognize the same or closely related epitopes to polyclonal human IgG aCL autoantibodies from patients with APS [19]. The human IgM monoclonal TH1B9 derived from one of the patients but without binding to β_2 GPI was used as a negative control.

Human plasma samples and polyclonal affinity purified antibodies

Plasma samples were collected 9 : 1 in 3.8% sodium citrate from the following groups, and aliquots heat defibrinated as described previously. *Group A:* eight healthy subjects. *Group B:* 12 patients with aPL antibodies, a variety of connective tissue diseases or a history of fetal loss (which under some classifications could be diagnosed as APS) but no history of thrombosis. *Group C:* 13 patients with aPL antibodies, SLE or primary APS and a history of venous or arterial thrombosis (eight receiving warfarin, five receiving aspirin or no therapy). *Group D:* five patients with a lupus anticoagulant in association with infection or exposure to certain medications (chlorpromazine, atypical pneumonia, quinine, typhoid fever, TB therapy with lung adenocarcinoma). *Group E:* eight patients with mechanical heart valve prostheses who were receiving coumadin with a mean INR \pm s.d. of 3.9 \pm 1.0.

Total IgG was purified from four healthy subjects in Group A, three patients in Group C and from 10 patients with syphilis by passage of diluted plasma through protein A agarose (BioRad) as previously described.

Construction and expression of the β_2 GPI mutant gene

Mutant forms of β_2 GPI were generated as described previously [20]. Type 1 domain deleted mutants containing domain(s) I, I-II, I-III, I-IV genes, lacked domain(s) positioned in the C-terminal

region and type 2 mutants containing II-V, III-V, IV-V, V genes lacked domain(s) positioned in the N-terminal region. Domain mutant forms of β_2 GPI were used in the anti- β_2 GPI ELISA as described above with the anti- β_2 GPI MoAbs [21]. Binding to domain mutants was determined by comparison of binding to the wildtype and mutant forms of β_2 GPI.

Statistical analysis

The association between anti- β_2 -GPI and CL-ELISA (direct) antibody levels and *in vitro* thrombin inhibition was examined by Pearson correlation coefficient. Differences in proportions between groups were determined by chi-square analysis and differences in thrombin generation between groups were compared by a one-way analysis of variance (ANOVA).

RESULTS

Plasma samples and affinity purified polyclonal antibodies from patients with APS

Plasma samples from healthy subjects (Group A) had a more rapid rate of thrombin generation compared to plasma from all other patient groups ($P < 0.01$) (Table 1). However, there was significantly greater inhibition of thrombin generation by plasma from patients who had a history of thrombosis (Group C) compared to patients with aPL with no history of thrombosis (Group B; $P < 0.01$) and compared to patients with aPL related to infection or drug therapy (Group D; $P < 0.001$). All patients with thrombotic APS (Group C) had a thrombin generation less than 60% of normal. Within Group C patients anticoagulated with warfarin had a mean thrombin generation of 23% ($n = 8$, range 7–48%), the remaining five patients taking aspirin or no therapy having a mean thrombin generation of 30% (range 14–58%). The thrombin generation was inhibited whether anti- β_2 GPI or antiprothrombin antibodies were present, as shown in Table 2.

Several of the patients with thrombosis were receiving anticoagulant therapy. Therefore patients on warfarin prophylaxis for cardiac valve disease (Group E) were examined to determine whether the observed inhibition of thrombin generation was due to the effects of concurrent anticoagulation. Plasma samples from patients receiving warfarin (Group E) significantly inhibited the rate of thrombin generation compared to normal controls (Group A) ($P = 0.001$) but was comparable to that seen in patients with aPL antibodies without a history of thrombosis (Group B) ($P > 0.05$).

As an additional control, protein A purified IgG from three patients with aPL antibodies and a history of thrombosis was compared to IgG from four normal plasmas at a uniform concentration of 10 μ g/ml. In three separate experiments, IgG from patients with thrombosis significantly inhibited thrombin generation compared to normal IgG (mean \pm s.d.) $56.4 \pm 9.5\%$ versus $102 \pm 7.6\%$, respectively, $P = 0.017$). Total IgG purified from 10 patients with syphilis and aCL antibodies did not significantly affect thrombin generation ($98.4 \pm 7.9\%$) compared to normal IgG ($102 \pm 7.6\%$) ($P = 1.0$).

Characterization of MoAbs

All MoAbs were examined for direct binding to β_2 GPI and CL at a uniform concentration of 1 μ g/ml (Table 3). Of the 18 MoAbs in Group 1, 18 (100%) (nos 1, 2, 3, 4, 5, 7, 11, 13, 14, 15, 16, 17, Cof18, Cof19, Cof-20, Cof-21, Cof-22, Cof-23) demonstrated binding to β_2 GPI, three (16.6%) (nos 13, 14, 15) also showed binding to CL (almost certainly as a result of β_2 GPI contaminating the preparations as detected on SDS-PAGE and Western blot; data not shown) and none of them bound to prothrombin. In addition, MoAbs showed domain-specific binding: MoAbs 1, 7, 11, 16 and 17 only bound to mutant proteins having domain I; MoAbs Cof-20, and Cof-22 bound to domain III; MoAbs 2, 3, 4, 5, Cof-21, Cof-23 bound to domain IV; and MoAbs Cof-18, and Cof-19 bound to those having domain V. A domain specificity for MoAbs 13, 14 and 15 was not able to be established. In a control study, a MoAb against human mast cells bound neither to β_2 GPI nor to any of the mutant proteins (data not shown).

In Group 2, FC1 was the only (6%) antibody of the 17 MoAbs which demonstrated binding to β_2 GPI, 10 (59%) (FD5, FA1, FD3, FC3, FB1, FB2, FB3, FB4, FF2, FG1) bound directly to CL and none of them bound to prothrombin. Four (80%) (TM1G2, GR1D5, EY1C8, EY1B1) of the five human IgM MoAbs in Group 3 bound to β_2 GPI, 2/5 (40%) (GRID5, EY1B1) also bound to CL and 1/4-tested (TM1B3) bound to prothrombin.

LA activity was determined by prolongation of either the dRVVT or dKCT and analysis was limited to those samples for which there was a sufficient amount of antibody (Tables 3 and 4). Of the 18 MoAbs in Group 1, five out of five MoAbs against domain I had LA activity (both dKCT and dRVVT), two out of two MoAbs against domain III had LA activity (only dRVVT, not dKCT), while no MoAbs to domain IV had LA activity (Table 3). Additionally, FC1 (shown elsewhere to react against domain I)

Table 1. Effect of patient plasma on *in-vitro* thrombin generation

Group*	Thrombosis	LA	aCL		Anti- β_2 GPI		Anti-PT IgG	% unaltered thrombin generation, mean \pm s.d.
			IgG	IgM	IgG	IgM		
A ($n = 8$)	–	n.d.	0/8	0/8	n.d.	n.d.	n.d.	135 \pm 37
B ($n = 12$)	–	10/12	7/12	4/12	2/10	2/8	3/12	63 \pm 36
C ($n = 13$)	+	13/13	8/13	4/12	7/13	6/11	6/12	26 \pm 16
D ($n = 5$)	–	5/5	0/5	0/5	0/5	1/3	3/5	49 \pm 14
E ($n = 8$)	–	n.d.	n.d.	n.d.	n.d.	n.d.	n.d.	79 \pm 15

Group A: healthy subjects. Group B: antiphospholipid (aPL) antibodies without thrombosis. Group C: aPL antibodies with thrombosis. Group D: aPL antibodies in patients secondary to infection or medication. Group E: Patients on warfarin Results of ANOVA: $P < 0.001$ for A versus B, A versus C, A versus E and C versus D. $P < 0.01$ for A versus D, B versus C and D versus E. $P < 0.05$ for C versus E. $P > 0.05$ for B versus D and B versus E. n.d. test not done.

Table 2. Antigen-specific autoantibodies present in patient groups. The mean thrombin generation for each subgroup is given adjacent in italics

Subjects	Anti- β_2 GPI alone (IgG or IgM)		Anti-PT alone (IgG)		Both anti- β_2 GPI and anti-PT		Neither
Group B	3/12	59.3%	2/12	62.5%	1/12	20%	6/12 77.3%
Group C	5/13	22%	2/13	28.5%	4/13	21.7%	2/13 42.5%
Group D	1/5	45%	3/5	53%	Nil		1/5 42%

The presence of anti- β_2 -glycoprotein I (anti- β_2 GPI) and antiprothrombin (anti-PT) antibodies has been shown for each of the three aPL patient groups.

from Group 2 and TM1G2 from Group 3 also induced prolongation of the dKCT. Thus LA activity was detected in 7/18 (38%) MoAbs in Group 1, in 1/14 (7%) in Group 2 and in 1/4 (25%) in Group 3 (Tables 1 and 3).

Effect of MoAbs on *in vitro* thrombin generation

All MoAbs were initially examined at a uniform concentration of 12.5 μ g/ml for their effect on *in vitro* thrombin generation. Of the 18 MoAbs in Group 1, the mean percentage inhibition of thrombin generation (Table 3) for MoAbs 1, 7, 11, 16 and 17 which are directed against domain I was 74.26% (range, 72–77%, $n = 5$) versus 68.5% (range 65–72%, $n = 2$), for Cof-20 and Cof-22 which are directed against domain III, versus 54.5% (range 22–69.3%, $n = 6$) for MoAbs 2, 3, 4, 5, Cof-21, Cof-23 which are directed against domain IV, versus 44.99% (range 22–67.9%,

Table 3. Characteristics of anti- β_2 GPI monoclonal antibodies and the examination of the effects of these MoAbs on the *in vitro* thrombin generation and lupus anticoagulant tests

Antibody no.	Epitopes	Inhibition of thrombin generation	dRVVT*	dKCT*
1	Domain I	73.3 \pm 2.3%	+	+
7	Domain I	72 \pm 1.9%	+	+
11	Domain I	74.8 \pm 1.2%	+	+
16	Domain I	74 \pm 2%	+	+
17	Domain I	77 \pm 4%	+	+
Cof-20	Domain III	72 \pm 2.1%	+	–
Cof-22	Domain III	65 \pm 2.5%	+	–
2	Domain IV	69.3 \pm 6.3%	–	–
3	Domain IV	59.3 \pm 12.6%	–	–
4	Domain IV	57.7 \pm 11.4	–	–
5	Domain IV	59.9 \pm 15.8%	–	–
Cof-21	Domain IV	58.8 \pm 4.5%	–	–
Cof-23	Domain IV	22 \pm 2.5%	–	–
Cof-18	Domain V	22 \pm 2.5%	–	–
Cof-19	Domain V	67.9 \pm 3%	–	–
13	?	73 \pm 10.2%	n.d.	n.d.
14	?	66 \pm 11.2%	–	–
15	?	74.8 \pm 24%	–	–

*Both test results are considered abnormal if the prolongation of the clotting time was at least 20% of the controls. This was reported as a ratio > 1.2. Abnormal results are indicated by +, results within the normal range by –, test not performed by n.d.

$n = 2$) for MoAbs Cof-18 and Cof-19 which are directed against domain V. As shown in Table 3, all MoAbs inhibited thrombin generation to varying degrees in a dose-dependent manner; however, the MoAbs directed against domain I show the highest inhibition of thrombin generation. In Group 2 only FC1 inhibited thrombin generation at an antibody concentration of 12.5 μ g/ml. When the entire group of antibodies was re-examined at a higher concentration of 75 μ g/ml only FC1 caused further inhibition of thrombin generation (77–49%). Comparison of the effect on thrombin generation by MoAbs FC1 and FC3, which were derived from the same host mouse, showed that only FC1 induced a dose-dependent inhibition (Fig. 2). The predominant reactivity of FC1 was against β_2 GPI while FC3 was against cardiolipin. In Group 3, four of the five (80%) human MoAbs (TM1B3, EY1C8, GRID5, EY1B1) induced variable degrees of inhibition in thrombin generation.

Monoclonal reactivity to β_2 GPI and CL, LA activity and *in vitro* thrombin generation

Comparison between the antibody binding characteristics of the MoAbs and their effects on *in vitro* coagulation are summarized in Table 4. Combining all antibodies the thrombin generation assay was more sensitive to inhibition by MoAbs than the effect of these on the combination of dKCT and dRVVT coagulation assays for LA (57.5% versus 27%). There was a highly significant association between the level of anti- β_2 GPI antibodies and inhibition of *in vitro* thrombin generation ($r = 0.90$; $P < 0.001$) (Fig. 3a). Similarly, those MoAbs which had LA activity induced a greater inhibition of thrombin generation compared to those without LA activity (mean \pm s.d.): 48% \pm 23% versus 78% \pm 17%; $P < 0.01$). In contrast there was no association between aCL antibody levels and thrombin generation ($r = 0.06$; $P = 0.76$) (Fig. 3b).

DISCUSSION

Since the antiphospholipid syndrome (APS) was described in 1983 [22], advances have been made in the detection and characterization of the autoantibodies that are found in this condition. The two main groups of autoantibodies that have been extensively characterized are LA antibodies and antibodies detected in a CL-ELISA in the presence of β_2 GPI [23–26]. Anti- β_2 GPI antibodies may also be determined directly and have been shown to be associated with clinical manifestations of the APS, in particular thrombosis [23–26]. However, current assays do not reliably distinguish between this group of autoantibodies and the closely related but non-pathogenic family of aPL antibodies which occur following infection and exposure to certain medications. Most importantly, all current assays are of incomplete sensitivity and specificity.

In the present study, using a novel, sensitive and reproducible *in vitro* assay, we have examined the effects of human and murine monoclonal anti- β_2 GPI and CL-ELISA (direct) antibodies on the rate of thrombin generation. MoAbs with specificity for β_2 GPI but not those with direct binding to CL caused inhibition of thrombin generation, and at significantly lower concentration than that required to affect the LA tests. Furthermore, there was a significant correlation between inhibition of thrombin generation and the level of MoAb reactivity to β_2 GPI but not to CL. Comparable effects on thrombin generation were seen with plasma and with affinity purified polyclonal antibodies isolated from patients with thrombotic

Table 4. Antibody binding characteristics of the three groups of monoclonal antibodies and their effects on *in vitro* coagulation

	Anti- β_2 GPI	Anticardiolipin (direct ELISA)	Anti- prothrombin	Lupus anticoagulant	Thrombin inhibition
Group 1	11/13 (85%)	3/18 (16%)	0/13 (0%)	7/15 (46%)	18/18 (100%)
Group 2	1/17 (6%)	10/17 (59%)	0/7 (0%)	1/14 (7%)	1/17 (6%)
Group 3	4/5 (80%)	2/5 (40%)	1/4 (25%)	1/4 (25%)	4/5 (80%)

Group 1: 18 IgG monoclonal antibodies from BALB/c mice immunized with human β_2 GPI. Group 2: 17 IgG autoimmune monoclonal antibodies from NZW \times BXS B F_1 mice. Group 3 : five IgM autoimmune monoclonal antibodies from three patients with antiphospholipid syndrome. Note that not all tests were able to be performed with all MoAbs as the quantities available were limited.

manifestations of APS, with a significantly lesser effect seen in samples from patients with aPL antibodies in the absence of thrombosis or occurring in association with infection or medication use. Although not evaluated in this study, it is likely that antiprothrombin MoAbs would have a similar effect, as a rabbit polyclonal antiprothrombin IgG showed dose-dependent inhibition of thrombin generation (data not shown), as did the human IgM antiprothrombin MoAb TM1B3. Compared to conventional assays such as the dKCT and dRVVT for the detection of LA, inhibition of thrombin generation was a more sensitive indicator of antibody perturbation of *in vitro* coagulation.

The monoclonal anti- β_2 GPI antibodies that we have generated show binding to specific domains. Interestingly, the effect of these anti- β_2 GPI MoAbs on the dRVVT and the dKCT appears to be domain-specific. MoAbs binding domain I cause considerable prolongation of the dRVVT and the dKCT, while MoAbs binding domain III cause a lesser prolongation, with a trend to affecting only the dRVVT (Table 3). Anti- β_2 GPI MoAbs binding other domains did not have an LA effect. This is in keeping with the finding that anti- β_2 GPI antibodies from patients with APS bind to domain I [21].

There are limitations recognized in this preliminary study. It was noted that the rate of thrombin generation with the plasma samples from patient Group A was actually faster than that achieved by the pooled, aliquoted standard plasma used in the patient experiments. This may reflect the presence of plasma from

an individual not truly normal in the standard pooled batch, or some deterioration during preparation or storage of the larger batch of plasma, rather than a genuine acceleration in the normal controls; however, in any event the effect of this slowing of the normal pooled plasma would be to diminish the observed slowing of thrombin generation caused by the abnormal samples (Groups B–E). It should be noted that patients in Group B may conceivably have thrombotic APS but be yet to develop thrombosis, and that patients in Group C may have had a thrombosis for another, undiagnosed reason, despite the presence of aPL. Any test capable of suggesting a likelihood of thrombosis in APS might therefore be expected to show a degree of overlap between these clinically determined groups.

The study found an increased sensitivity for an abnormal result

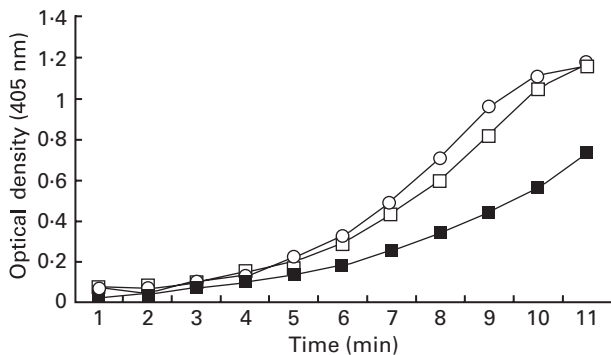


Fig. 2. Effect of monoclonal antibodies against β_2 -glycoprotein I and cardiolipin (direct) on *in-vitro* thrombin generation. Two murine MoAbs were derived from the same host. The predominant reactivity of MoAb FC1 was directed against β_2 -glycoprotein I and inhibited *in vitro* thrombin generation by 49% at a concentration of 75 μ g/ml. In contrast the predominant reactivity of MoAb FC3 was against cardiolipin and had a negligible impact on *in-vitro* thrombin generation at the same antibody concentration. \circ , Spontaneous; \blacksquare , FC1; \square , FC3.

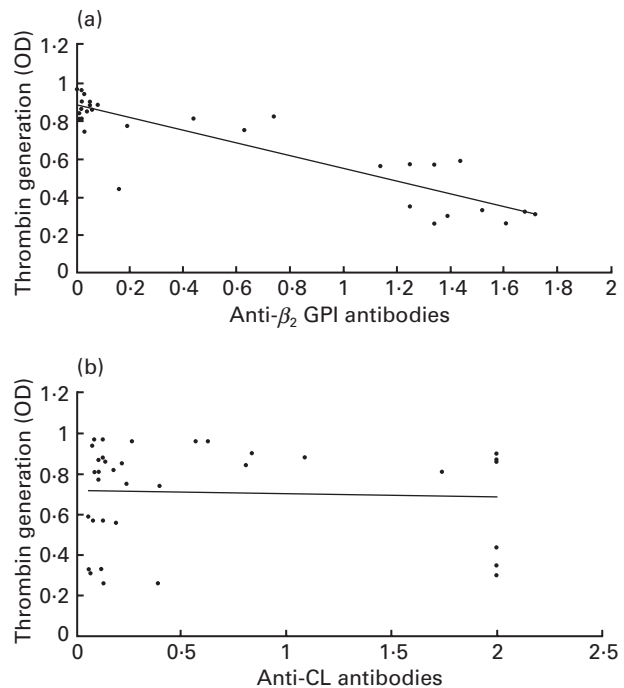


Fig. 3. Correlation between *in-vitro* thrombin generation and reactivity to β_2 -glycoprotein I and cardiolipin. There was a highly significant association ($r = 0.90$; $P < 0.001$) between the level of monoclonal anti- β_2 GPI antibodies and inhibition of *in-vitro* thrombin generation (a). In contrast there was no association ($r = 0.06$; $P = 0.76$) between the level of monoclonal anticardiolipin antibody levels and *in-vitro* thrombin generation (b).

using the thrombin generation assay with various MoAbs; however, whether this correlates with an increased sensitivity using human samples remains unclear, as these samples were selected on the basis of their aPL abnormality. However, as no gold standard test for APS exists [3] the development of a reference test is likely to require an advance in our understanding of the pathophysiology. Even allowing for this limitation, this test appears very sensitive: it may therefore make an excellent single screening test for APS in that the diagnosis may be able to be ruled out in patients with a normal thrombin generation time, although this needs evaluation in a much larger group of clearly defined APS and control patients.

The physiological and clinical significance of *in-vitro* inhibition of thrombin formation is unclear at this time. The generation of thrombin is important for both thrombus formation and regulation of anticoagulation mediated via interaction with thrombomodulin, protein C and protein S and inactivation of coagulation factors V and VIII. Hence inhibition of thrombin generation *in vivo* may be prothrombotic by retarding the generation of activated protein C on endothelial cells [27]. Nevertheless, patients with APS appear *in vivo* to have increased rather than suppressed levels of circulating thrombin [28].

In the present study plasma samples from a small number of patients with thrombotic manifestations of APS demonstrated the greatest inhibition of thrombin generation. If these results are reproduced in a larger patient population, this novel assay may provide valuable information predictive of clinical thrombotic events in patients with this unique family of autoantibodies.

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