Quinapril treatment and arterial smooth muscle responses in spontaneously hypertensive rats

'Pertti Arvola, *Heikki Ruskoaho, Heikki Wuorela, Anu Pekki, Heikki Vapaatalo & ²Ilkka Pörsti

Department of Biomedical Sciences, University of Tampere, P.O. Box 607, SF-33101 Tampere, Finland and *Department of Pharmacology and Toxicology, University of Oulu, Kajaanintie 52 D, SF-90220 Oulu, Finland

¹ The effects of long-term angiotensin-converting enzyme inhibition with quinapril on arterial function were studied in spontaneously hypertensive rats, Wistar-Kyoto rats serving as normotensive controls. 2 Adult hypertensive animals were treated with quinapril $(10 \text{ mg kg}^{-1} \text{ day}^{-1})$ for 15 weeks, which reduced their blood pressure and the concentrations of atrial natriuretic peptide in plasma and ventricular tissue to a level comparable with that in normotensive rats.

3 Responses of mesenteric arterial rings in vitro were examined at the end of the study. Compared with normotensive and untreated hypertensive rats, responses to noradrenaline were attenuated in hypertensive animals on quinapril, both force of contraction and sensitivity being reduced. Quinapril also attenuated maximal contractions but not sensitivity to potassium chloride. Nifedipine less effectively inhibited vascular contractions in normotensive and quinapril-treated than in untreated hypertensive rats.

4 Arterial relaxation responses by endothelium-dependent (acetylcholine) and endothelium-independent (sodium nitrite, isoprenaline) mechanisms were similar in normotensive and quinapril-treated rats and more pronounced than in untreated hypertensive rats.

5 Cell membrane permeability to ions was evaluated by means of potassium-free solution-induced contractions of endothelium-denuded denervated arterial rings. These responses were comparable in normotensive and quinapril-treated rats and less marked than in untreated hypertensive rats.

6 Intracellular free calcium concentrations in platelets and lymphocytes, measured by the fluorescent indicator quin-2, were similar in normotensive and quinapril-treated rats and lower than in untreated hypertensive rats.

7 In conclusion, quinapril treatment improved relaxation responses and attenuated contractions in arterial smooth muscle of hypertensive rats. These changes may be explained by diminished cytosolic free calcium concentration, reduced cell membrane permeability, and alterations in dihydropyridinesensitive calcium channels following long-term angiotensin-converting enzyme inhibition.

Keywords: Angiotensin-converting enzyme inhibition; atrial natriuretic peptide; arterial smooth muscle; blood pressure; quinapril; spontaneously hypertensive rats

Introduction

The principal mechanism of blood pressure reduction by angiotensin-converting enzyme (ACE) inhibitors is a fall in peripheral arterial resistance resulting from decreased angiotensin II formation (Frohlich, 1989). However, during chronic therapy, in particular, some discrepancy remains between the antihypertensive effect of ACE inhibitors and the suppression of systemic angiotensin II levels (Waeber et al., 1989). Hence other mechanisms of blood pressure reduction may be operative during long-term ACE inhibition, namely decreased degradation of kinins, enhanced formation of vasodilator prostaglandins (Schrör, 1990), sympathoinhibitory action, and inhibition of angiotensin II formation at tissue level (Frohlich, 1989).

During the past few years the vascular endothelium has been discovered to be an important regulator of both normal and pathological blood vessel tone (for a review, see Vane et al., ¹⁹⁹⁰ and Moncada et al., 1991). ACE is largely located on the luminal surface of the arterial endothelium (Caldwell et al., 1976). Moreover, the vascular wall appears to have a renin-angiotensin system of its own which ACE inhibitors directly inhibit (Levy et al., 1990), even more effectively than

ACE circulating in the blood stream (Baudin & Drouet, 1989). A short four day-long ACE inhibitor treatment has been shown to augment endothelium-dependent but not to affect endothelium-independent vascular relaxation in spontaneously hypertensive rats (SHR) (Clozel et al., 1990). In addition, ACE inhibitors have been reported to increase the production of endothelium-derived relaxing factor(s) in vitro (Mombouli et al., 1991). Wiemer et al. (1991) have recently shown that ramiprilat prevents the degradation of bradykinin liberated from the endothelial cells, which in turn stimulates the release of relaxing factors from the endothelium. This mechanism may partly explain the endothelium-mediated effects of ACE inhibitors.

Chronic ACE inhibition has been found to prevent effectively cardiac hypertrophy and to attenuate vascular responses to noradrenaline (NA) in SHR and Milan hypertensive rats (Lee et al., 1991; Mulvany et al., 1991), and to reduce pressor responses to infused NA also in man (Malini et al., 1990). In addition it has been suggested that long-term ACE inhibition reduces arterial tone in SHR by reducing intracellular free calcium concentration $([Ca²⁺]$ in vascular smooth muscle (Sada et al., 1990). Even brief 4-week ACE inhibitor therapy during the development of hypertension can induce a long-term blood pressure reduction in SHR, with associated permanent changes in vascular resistance properties. In contrast, when ACE inhibitor treatment is introduced in the established phase of hypertension, the vascular changes

^{&#}x27; Author for correspondence.

² Present address: Department of Applied Physiology, University of Freiburg, Hermann-Herder-Strasse 7, D-7800 Freiburg, Germany.

In the present study, we elucidated the effects of long-term treatment with quinapril, an orally active non-sulphydryl compound (Kaplan et al., 1984) inducing prolonged inhibition of ACE especially in vascular, heart and kidney tissues (Fabris et al., 1990), on arterial responses in SHR. Quinapril therapy was started in the established phase of hypertension to examine if blood pressure normalization can reverse the abnormalities of arterial function found in this type of genetic hypertension. We investigated whether the altered responses to NA following ACE inhibition (Lee et al., 1991; Mulvany et al., 1991) are associated with changes in vascular calcium sensitivity or in sensitivity to other contractile agents. Moreover, the effects of long-term quinapril therapy on both endothelium-dependent and endothelium-independent vascular relaxation mechanisms were studied. Since the arterial smooth muscle contractile response induced by a K^+ -free solution is known to differentiate clearly normotensive and hypertensive blood vessels (Arvola et al., 1992), and is also an indirect method for the assessment of vascular permeability, this response was included in the study protocol. The efficacy of the quinapril treatment was evaluated by atrial natriuretic peptide (ANP) determinations from plasma and ventricular tissue, the concentrations of which are known to correlate positively with cardiac hypertrophy (Kinnunen et al., 1990). Furthermore, platelets and lymphocytes were used as cell models to study the associated changes in $[Ca^{2+}]_i$.

Methods

Animals and experimental design

Male SHR of the Okamoto-Aoki strain and age-matched Wistar-Kyoto (WKY) rats were obtained from Møllegaard's Breeding Centre, Ejby, Denmark. The rats were housed 4-5 animals to a cage in a standard experimental animal laboratory (illuminated from 06 h 00 min to 18 h 00 min, room temperature $+22^{\circ}$ C), and had free access to drinking fluid (tap water) and food pellets (Ewos, Södertälje, Sweden). At ⁸ weeks of age the SHR were divided into two groups of equal mean systolic blood pressures, which were measured from unanaesthetized rats by the tail cuff method at $+28^{\circ}$ C (Model 129 Blood Pressure Meter; IITC Inc., Woodland Hills, Ca., U.S.A.). Beginning at the age of ¹⁵ weeks, SHR $(n = 10)$ were given quinapril 0.12 mg ml⁻¹ of drinking fluid (the average daily dose thus being 10 mg kg^{-1} body weight), while untreated SHR $(n = 12)$ and normotensive WKY rats $(n = 10)$ were kept on normal drinking fluid. Daily chow consumption was measured by weighing the pellets. Weekly indirect blood pressure measurements and the quinapril therapy continued for 15 more weeks until the animals were 30 weeks old. Thereafter, quinapril administration was withdrawn ¹ day before the rats were decapitated, exsanguinated and blood samples drawn into polystyrene tubes containing heparin (100 units ml⁻¹) as anticoagulant for $[Ca^{2+}]_i$ determinations, and chilled tubes on ice containing EDTA (2.7 mM) as anticoagulant for plasma ANP assays. The hearts were removed and weighed and the superior mesenteric arteries carefully excised and cleaned of adherent connective tissue. The experimental design of the study was approved by the Animal Experimentation Committee of the University of Tampere, Finland.

Mesenteric arterial responses in vitro

Four successive 3-mm-long standard sections of the mesenteric artery were cut, beginning 0.5 cm distally from the mesenteric artery-aorta junction. The rings were placed between stainless steel hooks and mounted in an organ bath

chamber in physiological salt solution (PSS) (pH 7.4) of the following composition (mM): NaCl 119.0 , NaHCO₃ 25.0, glucose 11.1, $CaCl₂ 1.6$, KCl 4.7, KH₂PO₄ 1.2, MgSO₄ 1.2, and aerated with 95% O_2 and 5% CO_2 . The rings were equilibrated for 1 h at $+37^{\circ}$ C with a resting tension of 1.5 g. The force of contraction was measured with an isometric force-displacement transducer and registered on a polygraph (FTO3 transducer, Model 7 E Polygraph; Grass Instrument Co., Quincy, Ma., U.S.A.). The presence of intact endothelium in vascular preparations was confirmed by observing an almost complete relaxation response to 1μ M acetylcholine (ACh) in $1 \mu M$ NA-precontracted rings.

Vascular preparation 1: After a 30 min stabilization period, concentration-response curves for NA and ³⁰ min later for potassium chloride (KCI), were cumulatively determined from the most proximal section of each mesenteric artery. In solutions containing high concentrations of potassium (20-125 mM), NaCl was replaced with KCI on an equimolar basis.

Vascular preparation 2: The next vascular ring was used to study the effect of organ bath calcium concentration on NA-induced contractions, i.e. the calcium-sensitivity of the rings during a-adrenoceptor agonist stimulation. A modification of the method described by Mulvany & Nyborg (1980) was applied. Briefly, after 30 min of stabilization the calcium stores of vascular rings were depleted by bathing them in a Ca^{2+} -free PSS for 40 min and by twice contracting them maximally with $10 \mu M$ NA during this period. Thereafter $10 \mu M$ NA-induced contractions were repeatedly elicited in increasing organ bath calcium concentrations (0.01-2.5 mM). After each contraction had developed fully, NA was rinsed from the baths with PSS containing the next concentration of calcium to be studied, the following contraction to $10 \mu M$ NA being induced in 2 min. When this procedure was completed, the same scheme of repeated 10μ M NA-induced contractions in increasing organ bath calcium concentrations $(0.01-2.5 \text{ mM})$ was elicited in the presence of 0.5 nM nifedipine.

Vascular preparation 3: Vascular relaxation responses to ACh, isoprenaline and sodium nitrite $(NaNO₂)$ were examined in the third section of each mesenteric artery. The rings were precontracted with $1 \mu M$ NA, and after the contraction had developed fully increasing concentrations of relaxing agent were added cumulatively to the organ bath. The next concentration of relaxing compound was added only after the previous level of relaxation was stable. The rings were allowed a 20-min recovery period in resting tension between the study of each relaxant.

Vascular preparation 4: Vascular endothelium was denuded from the most distal section of each mesenteric artery by gently rubbing with a jagged injection needle (Arvola et al., 1992). The absence of endothelium was confirmed with a complete lack of relaxation to $1 \mu M$ ACh in $1 \mu M$ NAprecontracted vascular rings. Thereafter chemical sympathectomy was performed by the method described by Aprigliano & Hermsmeyer (1976): the rings were denervated in vitro by exposing them to a buffer-free solution containing 1.2 mM 6-hydroxydopamine, and by vigorous gassing with nitrogen for 15 min, followed by a 2-h recovery period in normal PSS. After this maximal 125 mM KCl-induced contractions (serving as reference responses) were elicited, and after another 30 min the rings were exposed to K^+ -free buffer solution (pH 7.4), which was prepared by substituting $KH₂PO₄$ and KCl of normal PSS with Na $H₂PO₄$ and NaCl, respectively, on an equimolar basis. The omission of potassium induced gradual contractions in all vascular rings. After the contraction had reached ^a plateau, ¹ mM potassium was re-added and the subsequent relaxation registered.

After registration of responses all preparations were dried

overnight at $+100^{\circ}$ C and weighed. Vascular contractile responses were related to tissue dry weight. NA-induced contractions in different organ bath calcium concentrations were normalized by relating them to the maximal contractile response in 2.5 mm calcium in each arterial ring. The effect of nifedipine on NA-induced contractions in different organ bath calcium concentrations was calculated by relating the response in the presence of nifedipine to that without it. The relaxations were presented as percentage of pre-existing contractile force. In each ring EC_{50} was calculated from plots of the concentration of contractile agent versus the percentage of maximal response, or from plots of the concentration of relaxing compound versus the percentage of 1μ M NAinduced precontraction. The mean relaxation rate after maximal responses to ¹²⁵ mM KCl was calculated from force of contraction and the time required to return to resting tension after rinsing the vascular rings with normal PSS. The contractions induced by K^+ -free medium and the relaxation responses following the re-addition of potassium were normalized by relating them to the previously determined maximal KCI-induced (125 mM) contraction or tissue dry weight in each ring. After potassium repletion, the greatest reduction in smooth muscle contractile force during a ¹ min period was considered the maximal relaxation rate.

Morphological studies

From six animals in each study group, vascular rings were prepared for light microscopy from the most proximal part of the remaining section of each mesenteric artery. The rings were fixed in 2% glutaraldehyde at $+4\degree$ C and postfixed in 2% osmiumtetroxide. After washing, they were stained with 1% uranyl acetate and dehydrated with acetone series. Thereafter the samples were embedded in Epon (LX-112 Resin, Ladd, Burlington, Vt., U.S.A.). Thin $(2 \mu m)$ transverse sections were stained with 1% toluidine blue, and examined and photographed under light microscopy (Nikon Microphot-FXA, Japan). In each vascular ring the thickness of medial smooth muscle (determined as the mean medial thickness of four arterial wall quadrants) was measured from the photographs.

Atrial natriuretic peptide determinations

Left and right auricles were removed to be used for atrial ANP measurements, and the remaining atrial tissue was carefully cut separate from ventricular tissue. The ventricles were cut into superior (about 15-20% of total weight) and inferior parts, the latter being used for ventricular ANP determinations to avoid contamination of atrial tissue in these samples. All samples were blotted dry, weighed, and stored at -70° C until assayed.

Blood samples were centrifuged (2,000 g, 10 min, at + 4°C), and ANP extracted from plasma as previously described (Ruskoaho et al., 1989). ANP extraction from heart tissue was performed by homogenizing the atrial and ventricular samples with ³ ml of 0.3 M HCI as previously described (Ruskoaho & Leppaluoto, 1988). For the radioimmunoassay (RIA) the atrial and ventricular extracts were diluted 3×10^5 and 1.2×10^3 fold, respectively, with the RIA buffer. Then the tissue extracts and the plasma samples were incubated in duplicates of 100 μ I with 100 μ I of the specific rabbit ANP antiserum in the final dilution of $1:2.5 \times 10^4$. ANP was determined from plasma and tissue samples by RIA as earlier described by Ruskoaho et al. (1989). Tissue ANP is expressed as concentration per milligram tissue wet weight.

Measurement of intracellular free calcium in platelets and lymphocytes

The cytosolic free calcium concentration was measured as previously described (Pörsti et al., 1992). Briefly, whole blood was diluted 1:2 with RPMI-1640 medium (Flow Laboratories, Irvine, Scotland, U.K.) and 4 ml of the sample was layered on 3 ml of Ficoll-Paque solution (Pharmacia, LKB Biotechnology Inc., Piscataway, N.J., U.S.A.). After centrifugation $(25 \text{ min}, 120 \text{ g}, +20^{\circ}\text{C})$ the plasma was removed and platelets and lymphocytes were harvested from plasma-Ficoll interface. The cells were resuspended in 4 ml of RPMI-1640 medium, and 0.4 ml of ACD solution (8% citric acid, 2.2% trisodium citrate, 2.45% dextrose, pH 6.5) was added. Platelets and lymphocytes were separated by centrifugation (10 min, $100 g$, + 20°C), and lymphocytes were washed with RPMI-1640 and resuspended in HEPES medium (NaCl 145, MgSO₄ 5, glucose 10 and HEPES ¹⁰ mM; pH 7.4). The platelets were spun down from the supernatant (10 min, 500 g, + 20°C), washed twice with HEPES, and finally resuspended in this medium. The cell suspensions $(1-2 \times 10^9 \text{ platelets m}^{-1}, 3-4 \times 10^6 \text{ lymphocytes})$ ml^{-1}) were loaded with 50 μ M acetoxymethyl ester of quin-2 for 30 min at $+37^{\circ}$ C, and washed twice with HEPES to remove extracellular quin-2. Finally the cells were resuspended in + 37°C Hanks' balanced salt solution $(2-2.5 \times 10^8)$ platelets ml⁻¹; $1-2 \times 10^6$ lymphocytes ml⁻¹) containing 1.1 mM calcium, and fluorescence was recorded with a Shimadzu RF-5000 spectrofluorometer (Shimadzu Corp., Kyoto, Japan). The excitation and emission wavelengths were set at 339 nm and 492 nm, respectively. Calibration of the signal was performed basically according to the method described by Tsien et al. (1982). Maximal fluorescence was measured after 2μ M ionomycin and 5 mM $CaCl₂$ were added to the solution; minimal fluorescence after ²⁵ mM Tris-EGTA (pH 8.6) and 0.1% Triton XI00 were added.

Drugs

The following drugs were used: quinapril hydrochloride (Warner-Lambert Co., Ann Arbor, Mi., U.S.A.), acetylcholine chloride, calcium salt of ionomycin, 6 hydroxydopamine hydrobromide, isoprenaline hydrochloride, ammonium salt of heparin, synthetic rat $ANP₁₋₂₈$ (Sigma Chemical Co., St. Louis, Mo., U.S.A.), acetoxymethyl ester of quin-2, Triton X100 (Aldrich Chemical Co., Milwaukee, Wis., U.S.A.), noradrenaline hydrogentartrate (Fluka Chemie AG, Buchs, Switzerland), nifedipine (Orion Pharmaceutical Co., Espoo, Finland) and sodium nitrite (E. Merck AG, Darmstadt, Germany). Quinapril was dissolved directly in tap water. The stock solutions of the compounds used in the in vitro studies were dissolved in distilled water, with the exception of ionomycin (in absolute ethanol), quin-2 (in dimethylsulphoxide), nifedipine (in 50% ethanol) and 6 hydroxydopamine (directly in buffer-free PSS). All solutions were freshly prepared before use and protected from light.

Statistics

Statistical analysis was carried out using one-way analysis of variance (ANOVA), supported by Bonferroni confidence intervals in the case of pairwise comparisons between the study groups. When the data consisted of repeated observations at successive time points analysis of variance for repeated measurements was applied. The results are expressed as mean ± s.e.mean. The data were analyzed with BMDP Statistical Software (Los Angeles, Ca., U.S.A.).

Results

Blood pressure, heart weight, plasma and tissue ANP concentrations, intracellular free calcium, and body weight

The systolic blood pressure of SHR was already higher at the beginning of the study than in WKY rats. During the 7-week

period before quinapril administration, blood pressures in the two SHR groups were elevated equally. Quinapril treatment beginning at the age of 15 weeks reduced blood pressure in SHR to normotensive level during the follow-up period, while in untreated SHR the rise in blood pressure continued (Figure ¹ and Table 1). Cardiac hypertrophy was totally prevented in SHR by quinapril, relative heart weights of treated SHR not differing from those of WKY rats. Platelet and lymphocyte $[Ca^{2+}]$, measured by the fluorescent indicator quin-2, were comparable in WKY rats and quinapril-treated SHR, and significantly lower than in untreated SHR (Table 1). In addition, quinapril therapy reduced plasma and ventricular ANP, the concentrations in treated SHR being comparable to those in WKY rats and markedly lower than in untreated SHR (Figure 2). The total amounts of ANP in the ventricular tissue of untreated SHR, quinapril-treated SHR, and WKY rats were 157.4 ± 10.0 *** 38.3 ± 5.4 **, † † and 70.0 ± 5.6 ng, respectively (** $P \le 0.01$; ***P<0.001 compared with WKY rats; $\uparrow \uparrow \uparrow P$ <0.001 versus SHR). ANP content in the right atrium was similar in all groups, the concentration in the left atrium being higher in quinapril-treated than in untreated SHR (Figure 2).

SHR on oral quinapril gained somewhat less weight than untreated SHR and WKY rats (Table 1). However, no signs of compromised well-being of the animals (e.g. in appearance, activity, behaviour) were observed by our experienced experimental animals laboratory staff. In addition, average daily chow consumption was similar in the SHR groups: 11 ± 3 and 12 ± 3 g kg⁻¹ body weight daily in treated and untreated SHR, respectively.

Mesenteric arterial responses in vitro

When related to tissue dry weight, NA-induced maximal contractile force in isolated arterial rings was clearly lower in untreated SHR than WKY rats. However, 3-mm-long vascular rings from SHR, excised from a standard section of mesenteric artery, weighed more than those from WKY rats, and without relation to tissue weight maximal contractions were similar in these two strains. Untreated SHR had higher sensitivity to NA, i.e. lower EC_{50} values, than WKY rats (Figure ³ and Table 2). Contractile force generation to NA was reduced in SHR by quinapril therapy and was markedly lower than in WKY rats, whether related to tissue dry weight or not. In addition, sensitivity to NA was lowest in SHR on quinapril. Vascular rings of quinapril-treated SHR, too, weighed more than in WKY rats (Figure ³ and Table 2). The

Figure ¹ Systolic blood pressures in untreated spontaneously hypertensive rats (SHR, \bullet), SHR treated with quinapril (O) and untreated normotensive Wistar-Kyoto rats (WKY, Δ). The 15 weeklong quinapril treatment (10 mg kg⁻¹ body weight per day; indicated by the horizontal bar) of SHR was initiated at the age of ¹⁵ weeks and it effectively lowered blood pressure $(P \le 0.001$ versus untreated SHR, ANOVA for repeated measurements). Final systolic blood pressures did not significantly differ between quinapril-treated SHR and untreated WKY rats. Symbols indicate means with s.e.mean, $n = 10-12$ in each group.

tissue weight-related contractile force induced by high concentrations of KCl was also lower in untreated SHR than WKY rats, and without the relation maximal contractions were again similar in these groups. SHR on quinapril showed clearly attenuated KCI-induced contractions when compared with WKY rats, but only differed from untreated SHR at high KCl concentrations (80-125 mM). Sensitivity to KCl was comparable in untreated SHR and WKY rats, but was slightly higher in quinapril-SHR than in the other groups (Figure 3 and Table 2).

The effect of organ bath calcium concentration on $10 \mu M$ NA-induced contractions, i.e. the calcium sensitivity of the vascular rings during x-adrenoceptor stimulation, was similar in all three study groups (Figure 4). However, the inhibitory effect of 0.5 nM nifedipine on NA-evoked contractions in different organ bath calcium concentrations was lower in

Table ¹ Blood pressure, body weight and heart weight during the study, and intracellular free calcium concentrations at the close of the 22-week study

Variable	SHR	Group OSHR	WKY
Systolic blood pressure (mmHg) week 0 week 7 week 22	$164 \pm 2^*$ $196 \pm 2***$ 232 ± 3 ***	$162 \pm 3^*$ $197 \pm 2***$ 142 ± 3 + $+$	145 ± 4 149 ± 4 155 ± 5
Body weight (g) week 0 week 7 week 22	151 ± 3 316 ± 4 412 ± 5	158 ± 5 316 ± 5 377 ± 5 ***†††	159 ± 6 324 ± 6 430 ± 7
Heart weight $(g \text{ kg}^{-1}$ body weight)	3.5 ± 0.1 ***		2.9 ± 0.1
Intracellular free calcium concentration (nM) Platelets Lymphocytes	$105 \pm 2***$ 115 ± 3 ***	91 ± 3 † $90 + 4$ † † † † 1	83 ± 4 94 ± 4

Values are mean \pm s.e.mean; $n = 10-12$ in each group. SHR and QSHR, untreated and quinapril-treated spontaneously hypertensive rats, respectively; WKY, Wistar-Kyoto rats. The 15-week long quinapril treatment commenced at study week ⁷ when the animals were 15 weeks old.

*P<0.05, ***P<0.001 compared with WKY rats, $\uparrow P$ <0.05, $\uparrow \uparrow P$ <0.001 QSHR versus SHR (Bonferroni test).

Figure 2 Atrial natriuretic peptide (ANP) concentrations in ventricular tissue (a), plasma (b), and in right (c) and left atrial tissues (d) of untreated spontaneously hypertensive rats (SHR, hatched columns), SHR treated with quinapril (stippled columns) and untreated Wistar-Kyoto rats (WKY, open columns). Columns indicate means with s.e.mean, $n = 6-10$ in each group. Statistical analysis was by one-way ANOVA followed by the Bonferroni test for indi-
vidual pairs: *** $P < 0.001$ compared with WKY rats; $\uparrow P < 0.05$; $\uparrow \uparrow \uparrow P \leq 0.001$ quinapril-treated SHR versus untreated SHR.

WKY rats and quinapril-treated SHR than in untreated SHR (Figure 4).

The relaxation responses of endothelium-intact mesenteric arterial preparations induced by ACh, $NaNO₂$, and isoprenaline were greatly impaired in untreated SHR when compared with WKY rats. All these relaxations were markedly improved in SHR by quinapril treatment, the responses not differing from those of WKY rats. High concentrations of ACh $(10 \mu M)$ induced slight recontractions in untreated SHR, such phenomena being absent in WKY rats and quinapril-treated SHR (Figure ⁵ and Table 3). In addition, the rate of relaxation after washout of maximal (125 mM) KCI-induced contractions was similar in WKY rats and quinapril-SHR and markedly faster than in untreated SHR (Table 3).

In endothelium-denuded mesenteric arterial rings subjected to denervation in vitro with 6-hydroxydopamine, the time to onset of K+-free solution-induced contraction was longer and the plateau phase of the response was attained later in WKY rats and quinapril-SHR than in untreated SHR. When related either to the ¹²⁵ mM KCI-induced reference contractions or to tissue weight, maximal K^+ -free responses were lower in WKY rats and quinapril-SHR than in untreated SHR (Figure ⁶ and Table 4). The potassium relaxation response of endothelium-denuded denervated arterial rings, induced by re-addition of ¹ mm potassium upon maximal

Figure 3 Contractile responses (related to tissue dry weight) of isolated endothelium-intact mesenteric arterial rings from untreated spontaneously hypertensive rats (SHR, \bullet), SHR treated with quinapril (O) and untreated Wistar-Kyoto rats (WKY, Δ). (a) Cumulative concentration-response curves to noradrenaline. Contractile force generation was lower in SHR than WKY rats $(P<0.001)$. Quinapril-treated SHR showed reduced contractions when compared with untreated SHR $(P < 0.01)$ and WKY rats $(P<0.001)$. (b) Cumulative concentration-response curves to high concentrations of potassium chloride. Contractile force generation was again lower in SHR than WKY rats $(P < 0.001)$, and quinapriltreated SHR showed reduced contractions when compared with WKY rats $(P \le 0.001)$, but differed from untreated SHR only at the highest concentrations of potassium chloride $(80-125 \text{ mm}, P \le 0.01)$. Symbols indicate means with s.e.mean, $n = 8-10$ in each group. Statistical analysis was by ANOVA for repeated measurements.

K+-free contractions, was markedly impaired in untreated SHR when compared with WKY rats. Quinapril therapy clearly improved this response, the rate of potassium relaxation not differing between quinapril-SHR and WKY rats (Figure 6 and Table 4).

Morphological studies

Medial smooth muscle thickness, measured from mesenteric rings photographed under light microscopy, was moderately reduced in quinapril-treated SHR when compared with untreated SHR, but still remained clearly more pronounced

Table 2 Parameters of contractile responses and average medial thickness in isolated endothelium-intact mesenteric arterial rings

Variable	SHR	Group OSHR	WKY
EC_{50} Noradrenaline (nM) Potassium chloride (mM)	$419 \pm 39*$ 44 ± 1	1219 ± 254*†† $37 + 2$ *††	731 ± 88 42 ± 1
Maximal force $(g mg^{-1}$ tissue) Noradrenaline Potassium chloride	3.9 ± 0.3 *** 3.7 ± 0.2 ***	2.7 ± 0.3 ***† 2.8 ± 0.2 ***†	6.7 ± 0.5 7.2 ± 0.5
Maximal force (g) Noradrenaline Potassium chloride	2.7 ± 0.2 2.4 ± 0.1	1.6 ± 0.1 **†† 1.7 ± 0.1 ***††	2.5 ± 0.2 2.7 ± 0.1
Vascular ring dry weight (mg)	0.69 ± 0.04 ***	$0.63 \pm 0.06*$	0.38 ± 0.03
Average medial thickness (μm)	$117 + 3***$	103 ± 3 ***†	$77 + 4$

Values are mean \pm s.e.mean, $n = 8-10$ in each group, $n = 6$ for morphological studies. SHR and QSHR, untreated and quinapril-treated spontaneously hypertensive rats, respectively; WKY, Wistar-Kyoto rats. EC_{50} is the concentration of agonist producing 50% of maximal contractile response.
*P<0.05, **P<0.01, ***P<0.001 compared with WKY rats, †P<0.05, ††P<0.01 QSHR versus SHR (Bonferroni test).

Figure 4 Contractile responses of isolated endothelium-intact mesenteric arterial rings from untreated spontaneously hypertensive rats (SHR, \bullet), SHR treated with quinapril (O) and untreated Wistar-Kyoto rats (WKY, Δ). (a) Effect of organ bath calcium concentration on 10μ M noradrenaline-induced contractions. No significant differences were found between the groups. (b) Effect of 0.5 nM nifedipine on 10μ M noradrenaline-induced contractions in different organ bath calcium concentrations. Nifedipine inhibited

Figure 5 Cumulative relaxation responses of isolated endotheliumintact mesenteric arterial rings from untreated spontaneously hypertensive rats (SHR, \bullet), SHR treated with quinapril (O) and untreated Wistar-Kyoto rats (WKY, Δ). Relaxations were induced by acetylcholine (a), sodium nitrite (b) and isoprenaline (c) after full precontraction with 1 μ M noradrenaline. Quinapril-treated SHR and untreated WKY rats showed more pronounced relaxations than untreated SHR (P <0.05 for acetylcholine, P <0.001 for sodium nitrite and isoprenaline). Symbols indicate means with s.e.mean, $n = 8-10$ in each group. Statistical analysis was by ANOVA for repeated measurements.

than in WKY rats (Figure ⁷ and Table 2). The results of medial thickness in the study groups paralleled well with vascular ring dry weights (Table 2).

Discussion

In the present study, blood pressure was totally normalized and cardiac hypertrophy abolished in SHR by quinapril therapy, the results being consistent with previous investigations using other ACE inhibitors (Lee et al., 1991; Frohlich & Horinaka, 1991). The renin-angiotensin-aldosterone system thus seems to be one of the most important factors supporting elevated blood pressure in SHR. Recent investigations 0.01 0.05 0.2 0.8 2.5 have shown that the pathogenesis of hypertension in SHR Calcium (mM) may be related to the renin gene (Kurtz et al., 1990; Morris, 1991). Given the suggested central role of the renin gene, it is

contractions of WKY rats $(P < 0.05)$ and quinapril-treated SHR $(P<0.01)$ less effectively than those of untreated SHR. Symbols indicate means with s.e.mean, $n=8-10$ in each group. Statistical analysis was by ANOVA for repeated measurements.

Table 3 Parameters of relaxation of isolated endothelium-intact mesenteric arterial rings

Variable	SHR	Group <i>OSHR</i>	WKY
EC_{50}			
Acetylcholine (nM)	$27 \pm 4*$	11 ± 3 + +	12 ± 2
Sodium nitrite (μM)	459 ± 55 ***	165 ± 26 tth	174 ± 44
Isoprenaline (μM)	$94 \pm 22***$	1.2 ± 0.6 † † †	0.9 ± 0.3
Maximal relaxation $\frac{6}{6}$ of 1 μ M noradrenaline -induced precontraction)			
Acetylcholine	79 ± 5 *	$97 + 2$ + +	94 ± 3
Sodium nitrite	95 ± 2	$99 + 1$	96 ± 2
Isoprenaline	$53 + 4$ **	$77 + 5$	$87 + 4$
Mean rate of relaxation after washout of 125 mm KCI			
$(g mg^{-1}$ tissue min ⁻¹)	0.27 ± 0.02 ***	0.90 ± 0.11 †††	1.08 ± 0.11

Values are mean \pm s.e.mean, $n = 8-10$ in each group. SHR and QSHR, untreated and quinapril-treated spontaneously hypertensive rats, respectively; WKY, Wistar-Kyoto rats. EC₅₀ is the concentration producing 50% relaxation of 1 μ M noradrenaline-induced precontraction.

*P<0.05, **P<0.01, ***P<0.001 compared with WKY rats, p <0.05, tp <0.01, t + p <0.001 QSHR versus SHR (Bonferroni test).

Figure 6 Contractile responses induced by K^+ -free buffer solution (100% contraction represents the force attained by ¹²⁵ mM KCI) and the subsequent relaxation responses to re-addition of 1.0 mm K^+ in isolated endothelium-denuded and sympathectomized mesenteric arterials rings from untreated spontaneously hypertensive rats (SHR, *), SHR treated with quinapril (0) and untreated Wistar-Kyoto rats (WKY, Δ). The responses of WKY rats and quinapril-treated SHR did not differ, the rate of contractile force development being slower ($P \le 0.01$) and the rate of relaxation being faster ($P \le 0.05$) than in untreated SHR. Symbols indicate means with s.e.mean, $n = 6$ in each group. Statistical analysis was by one-way ANOVA followed by the Bonferroni test for individual pairs.

not surprising that inhibition of angiotensin II formation, the major effector of the renin-angiotensin system, was highly effective in lowering blood pressure and remodelling arterial function in the present study. Achieved normotension and reduced cardiac afterload also clearly reduced ventricular tissue ANP concentrations, which probably reflects diminished synthesis and storage of ANP, since hypertensioninduced ventricular hypertrophy in SHR is known to be associated with increased synthesis, storage and release of ANP (Arai et al., 1988; Ruskoaho et al., 1989). The finding that plasma ANP was similar in WKY rats and quinapril-SHR and markedly lower than in untreated SHR supports this conclusion. Elevated ANP content in the left atrium of SHR on quinapril, in turn, probably results from reduced ANP release, since the rate of ANP synthesis in atrial tissue of SHR is known to be constant (Kinnunen et al., 1991). Thus, the results on plasma and tissue ANP concentrations confirm the normalization of blood pressure in quinapriltreated SHR.

Weight gain was somewhat attenuated in SHR on oral quinapril, although chow consumption was comparable to that in untreated SHR. Previously, treatment with various other ACE inhibitors has been reported to result in reduced body weight in hypertensive rats (Adams et al., 1990; Harrap et al., 1990, Mulvany et al., 1991). The explanation of this phenomenon remains unclear. However, in addition to other

Table 4 Parameters of K⁺-free buffer solution-induced contractions and subsequent relaxations induced by 1.0 mm potassium in isolated endothelium-denuded and sympathectomized mesenteric arterial rings

Variable	SHR	Group <i>OSHR</i>	WKY
Contraction to 125 mm KCl $(g \text{ mg}^{-1})$ tissue)	4.6 ± 0.4	4.2 ± 0.4	4.9 ± 0.6
Potassium-free contraction Time to onset (min) Time to maximum (min)	4.2 ± 1.5 ** 73.3 ± 3.7 **	51.0 ± 5.7 † † 102.7 ± 6.5 ††	46.4 ± 9.9 96.2 ± 6.3
Maximal force $(g \, mg^{-1}$ tissue) $(% of 125 \text{ mm KCl})$	$2.6 \pm 0.3*$ $56.5 \pm 7.2*$	0.9 ± 0.2 † 23.7 ± 7.3	1.1 ± 0.4 22.4 ± 7.6
Potassium relaxation rate $(mg mg^{-1}$ tissue min ⁻¹) $(\%$ of 125 mm KCl min ⁻¹)	87 ± 20 * $2.0 \pm 0.5*$	354 ± 82 † 8.3 ± 2.01	504 ± 44 10.3 ± 0.9

Values are mean \pm s.e.mean, $n = 6$ in each group. SHR and QSHR, untreated and quinapril-treated spontaneously hypertensive rats, respectively; WKY, Wistar-Kyoto rats. *P<0.05, **P<0.01 compared with WKY rats, tP<0.05, ttP<0.01, QSHR versus SHR (Bonferroni test).

Figure 7 Light microscopy of representative mesenteric arterial rings from untreated spontaneously hypertensive rats (SHR, a), SHR treated with quinapril (b) and untreated Wistar-Kyoto rats (c). $A =$ adventitia, $M =$ media, $L =$ lumen; calibration bar = 100 μ m.

functions, angiotensin II acts as a growth factor in the cardiovasular system (Dzau et al., 1991). Moreover, enhanced responses to angiotensin II and other growth factors have been reported in both vascular smooth muscle cells and skin fibroblasts of SHR (Paquet et al., 1989; Guicheney et al., 1991). Thus, reduction of angiotensin II formation by

ACE inhibitors may affect growth of vascular and nonvascular cells in experimental animals, especially in SHR. Attenuated weight gain may also result from unspecific effects on other factors affecting growth, or from reduced plasma aldosterone concentration and the subsequent natriuresis and diuresis following long-term ACE inhibition (Säynävälammi et al., 1986).

of SHR (Furspan et al., 1989). The possibility that elevated results in higher values in SHR. In 8-wee
manifest hypertension basal $[Ca^{2+}]_{i}$, too, i
WKY rats (Sugiyama et al., 1990). Elevate
been found in platelets (Pörsti et al., 1992)
of SHR (Furspan et al., 1989). The possible QUINAPRIL AND ARTERIA

ACE inhibitors may affect growth of

cular cells in experimental animals,

Attenuated weight gain may also re

effects on other factors affecting grow

plasma aldosterone concentration and

rurersis WKY rats (Sugiyama et al., 1990). Elevated
been found in platelets (Pörsti et al., 1992)
of SHR (Furspan et al., 1989). The possibil $[Ca^{2+}]$ in these circulating blood cells might only be a QUINAPRIL AND ARTERIA:
ACE inhibitors may affect growth of
cular cells in experimental animals,
Attenuated weight gain may also re
effects on other factors affecting grow
plasma aldosterone concentration and
interests and The concentration of intracellular free calcium is a major factor determining arterial tone (Stull et al., 1991). Vascular smooth muscle cells in SHR are characterized by abnormal calcium handling already at the prehypertensive stage: although basal $[Ca^{2+}]}$ in 4-week-old animals is similar to that in WKY rats, stimulation with caffeine or angiotensin II results in higher values in SHR. In 8-week-old SHR with manifest hypertension basal [Ca²⁺]_i, too, is higher than in
WKY rats (Sugiyama *et al.*, 1990). Elevated [Ca²⁺]_i has also been found in platelets (Pörsti *et al.*, 1992) and lymphocytes secondary phenomenon to high blood pressure and shear stress has raised concern (Young et al., 1988). However, Oshima et al. (1991) reported that both basal and thrombinstimulated $[Ca^{2+}]_i$ in platelets and concanavalin A-stimulated $[Ca²⁺]$ in thymic lymphocytes of 4-week-old SHR are higher than in WKY rats. Thus, abnormalities in calcium metabolism appear to be prior events rather then subsequent to the development of hypertension in SHR, and elevated $[Ca²⁺]$ can be found in circulating and noncirculating cells $\mathcal{F}_{\mathbf{a}}$ can be found in circulating and noncirculating cells that are shielded from shear stress. In the present study, $[Ca^{2+}]$ was clearly higher in platelets and lymphocytes of SHR when compared with WKY rats, and was significantly reduced by quinapril therapy in both of these cell types in SHR. Sada et al. (1990) have recently reported that ACE inhibitor treatment both normalizes $[Ca^{2+}]_i$ and decreases Ca2'-dependent tone in vascular smooth muscle of SHR. Thus, the reduction in blood pressure following long-term ACE inhibitors is associated with improved cellular calcium regulation in SHR.

In the present study, quinapril treatment of SHR was started when the animals were ¹⁵ weeks old and their systolic blood pressures had risen to nearly 200 mmHg, to examine whether long-term ACE inhibition at this advanced stage can reverse the abnormalities of arterial function associated with genetic hypertension. Morphological studies of the vasculature showed that medial smooth muscle hypertrophy was slightly reduced in treated SHR, but still remained clearly more pronounced than in WKY rats, in spite of the marked blood pressure reduction by quinapril. Thus, the hypertension-induced thickening of the mesenteric arterial wall could be only moderately reversed by the present ACE inhibitor treatment, corresponding to previous reports in which structural vascular changes in SHR could be effectively prevented only by very early introduction of antihypertensive therapy (Lee et al., 1991).

The results presented here were obtained with selected segments of the mesenteric artery in vitro to study the effects of long-term ACE inhibition on arterial function. The fact that blood vessels from different parts of the vasculature may differ substantially must be kept in mind when relating the results to the whole vascular system. When smooth muscle contractions were induced by depolarizing the cell membrane with high concentrations of KC1, SHR showed comparable sensitivity but attenuated tissue weight-related force generation when compared with WKY rats. This type of 'forced' contraction depends mainly upon calcium influx through the voltage-dependent channels, a minor portion of the response resulting from the release of stored calcium (Johns et al., 1987; Karaki & Weiss, 1988). We have previously reported that maximal tissue weight-related contractions induced by both high concentrations of KCl and NA are similar in SHR and WKY rats (Pörsti et al., 1992). Those rats, however, were 10 weeks younger than the present 30-week-old animals, and an impairment of vascular contractions at the later and

more advanced stage of hypertension appears to be a likely explanation. Nonetheless, normalization of blood pressure in SHR by quinapril did not augment the KCI-induced contractile force generation of vascular rings to the level of WKY rats, but even further attenuated the response at higher KC1 concentrations. Thus, the reduced arterial contractile response of 30-week-old SHR may be attributed rather to properties of the hypertrophied vascular wall than high blood pressure per se. Another possible explanation for these deviations in the results between different studies may be inborn differences between SHR and WKY rats, since recent investigations have shown clear genetic dissimilarities between these two strains (Johnson et al., 1992; St. Lezin et al., 1992).

In addition to cell membrane depolarization and the subsequent calcium entry, liberation of endogenous NA from adrenergic nerve-endings and x-adrenoceptor stimulation participate in the contractile response evoked by a high concentration of KCL (Xiao & Rand, 1991). The relative proportion of endogenous NA in KCl-induced contractions seems more pronounced in mesenteric rings from normotensive rats, since after denervation in vitro with 6 hydroxydopamine, maximal responses were no longer greater in WKY rats than in SHR. Moreover, ACE inhibition is known to eliminate the angiotensin II-induced facilitation of NA release in SHR (Adams et al., 1990). Thus, the lower KCl-induced contractions in quinapril-treated SHR when compared with untreated SHR and WKY rats may also reflect diminished transmitter release from vascular adrenergic nerve endings.

Smooth muscle contractions were also induced by activating a-adrenoceptors with NA, which causes a rapid calcium release from the sarcoplasmic reticulum and prevents calcium re-uptake, the sustained contraction resulting from calcium influx through the receptor-linked channel (Johns et al., 1987; Karaki & Weiss, 1988). Sensitivity to NA was highest in untreated SHR, corresponding to the elevated $[Ca²⁺]$ in these animals. When compared with untreated SHR and WKY rats, both contractile force generation and sensitivity to NA were clearly reduced in quinapril-treated SHR. Freslon & Giudicelli (1983) and Lee et al. (1991) have reported attenuated responses to NA in captopril-treated SHR, the suggested mechanism being reduced vascular wall hypertrophy with lower smooth muscle mass following chronic ACE inhibition. Attenuation of pressor responses to infused NA has also been reported in lisinopril-treated essentially hypertensive patients (Malini et al., 1990). The present results, however, do not support the view that ACE inhibitor therapy attenuates arterial contractions by diminishing smooth muscle mass, since medial thickness of the mesenteric artery was only slightly reduced. Moreover, reduced smooth muscle mass is not equivalent to smaller contractions, since normotensive WKY rats with clearly lower medial thickness (and vascular ring weight) showed more pronounced responses than SHR. Interestingly, vascular sensitivity to depolarization with KCl was slightly higher in SHR on quinapril than in untreated SHR and WKY rats. Thus the lower sensitivity to NA in quinapril-treated SHR suggests an effect of chronic ACE inhibition on postsynaptic α adrenoceptor-mediated responses, the mechanism of which remains to be studied, but may be attributed to alterations in dihydropyridine-sensitive calcium channels (see below). In addition, differences in neuronal catecholamine uptake after ACE inhibition may have affected the results on mesenteric arterial NA sensitivity, since the present responses were not performed in the presence of a neuronal uptake inhibitor.

The fact that lower blood pressure alone does not explain reduced sensitivity to vasoconstrictors is supported by the study of Bund et al. (1991), who found increased sensitivity to NA in the parts of the arterial tree in SHR which were protected from hypertension by partial ligature. Recently Dohi et al. (1992) reported that perfusion with $0.1 \mu M$ angiotensin II stimulated the production of the potent vasoconstrictor peptide endothelin in SHR mesenteric arteries but not in those from WKY rats. Endothelin production, in turn, augmented pressor responses to NA, and was suggested to have an important role in the amplification of the pressor effects of the renin-angiotensin system in SHR. The possibility that quinapril-induced reduction of angiotensin II formation attenuates sensitivity to NA via reduced endothelin production remains to be studied.

The calcium sensitivity of NA-induced smooth muscle contractions was not altered by quinapril treatment in SHR and, moreover, no significant differences were found between SHR and WKY rats. However, the inhibitory effect of the dihydropyridine Ca2"-entry blocker, nifedipine, on these contractions was lower in normotensive WKY rats and quinapril-treated SHR than in untreated SHR, suggesting significant differences in voltage-dependent calcium entry. We have previously reported that the arteries of SHR are more sensitive to effects of dihydropyridines than those of WKY rats (Arvola et al., 1992; Pörsti, 1992). Rusch & Hermsmeyer (1988) have shown that the relative proportions of voltagedependent calcium currents are different in SHR and WKY rats. The long-lasting current, sensitive to dihyropyridines (Bean et al., 1986), is greater in SHR, while the transient dihydropyridine-resistant current predominates in WKY rats. Therefore, ACE inhibitor treatment seems to be associated with normalization of the function of voltage-dependent calcium channels in SHR, as suggested earlier by Sada et al. (1990).

Vascular endothelium is capable of controlling arterial tone by releasing many vasoactive substances, among them endothelium-derived relaxing factor (EDRF) (Vane et al., 1990; Moncada et al., 1991). Endothelial function in SHR has been reported to be impaired with smaller EDRFmediated attenuation of vascular contractile reponses and diminished endothelium-dependent relaxation (Arvola et al., 1992). Moreover, ACE inhibitor therapy has been reported to improve endothelial function in SHR (Clozel et al., 1990). Thus, the diminished responses to NA and KC1 in endothelium-intact mesenteric arterial rings from quinapril-treated SHR may also partially result from increased inhibitory action by endothelium or vascular contractions. In support of this, maximal ¹²⁵ mM KCI-induced contractions of endothelium-denuded and denervated rings were similar in both SHR groups.

In the present study, vascular relaxation responses to ACh, NaNO₂ and isoprenaline, each acting through different cellular pathways, were all normalized by chronic ACE inhibitor treatment in SHR. ACh relaxes arteries endothelium-dependently by releasing EDRF, which stimulates smooth muscle soluble guanylate cyclase, leading to an increase in intracellular cyclic guanosine monophosphate (Moncada et al., 1991). EDRF is probably nitric oxide (Moncada et al., 1991), the production of which is also the mechanism of action of endothelium-independent nitrovasodilators like NaNO₂ (Feelish, 1991). Since both endothelium-dependently and -independently produced nitric oxide-induced relaxations were enhanced after quinapril treatment, the EDRF pathway may not be improved per se but the enhancement could result from changes in ^a common final route distal from guanylate cyclase. In support of this, the relaxation mediated by β -adrenoceptor stimulation with isoprenaline, leading to increased intracellular cyclic adenosine monophosphate, was also markedly improved by quinapril. In addition, the relaxation rate after washout of maximal (125 mM) KCI-induced contraction was comparable in WKY rats and quinapril-treated SHR and clearly faster than in untreated SHR. Since the concentration of intracellular free calcium, a major factor determining arterial tone (Stull et al., 1991), was significantly reduced in SHR platelets and lymphocytes by quinapril, improved cellular calcium regulation remains a prime candidate to explain the augmented vascular relaxation responses. The discrepancy between the present relaxation results and the report of Clozel et al. (1990) who found that 4-days of cilazapril

therapy augmented relaxation responses to ACh but not to sodium nitroprusside in SHR, could result from the fact that endothelial function is first to recover following the reduction of blood pressure while prolonged therapy is required to induce alterations in vascular smooth muscle function.

Vascular contractions induced by $Na⁺$, K⁺-ATPase inhibition with a K+-free medium in endothelium-denuded denervated arterial rings result from sodium leak to the cell, which causes depolarization and increases calcium influx through voltage-dependent channels (Mulvany, 1985). We have previously shown that the K^+ -free contractions in these conditions are more pronounced in SHR when compared with WKY rats because of increased cell membrane permeability to sodium and enhanced voltage-dependent calcium entry (Arvola *et al.*, 1992). In the present study, the K^+ -free contractions of SHR after chronic ACE inhibition appeared identical to those in WKY rats. Thus, long-term quinapril administration seems to be associated with normalization of arterial cell membrane permeability in SHR. Furthermore, vascular $Na⁺$, K⁺-ATPase activity was evaluated indirectly by re-addition of potassium upon full K⁺-free mediuminduced contractions. The return of potassium activates Na⁺ K+-ATPase, leading to cell membrane repolarization and thereby smooth muscle relaxation (Bonaccorsi et al., 1977). In addition, the rate of potassium relaxation also reflects general relaxation mechanisms (e.g. contractile protein dephosphorylation, calcium sequestration and extrusion) (Johns et al., 1987), but our previous results suggest that potassium relaxation rate is indicative of $Na⁺$, K⁺-ATPase activity in rat mesenteric arterial smooth muscle (Arvola et al., 1992). The present results showed a normalized potassium relaxation rate in SHR after quinapril therapy, and thus

References

- ADAMS, M.A., BOBIK, A. & KORNER, P.I. (1990). Enalapril can prevent vascular amplifier development in spontaneously hypertensive rats. Hypertension, 16, 252-260.
- APRIGLIANO, 0. & HERMSMEYER, K. (1976). In vitro denervation of the portal vein and caudal artery of the rat. J. Pharmacol. Exp. Ther., 198, 568-577.
- ARAI, H., NAKAO, K., SAITO, Y., SUGAWARA, A., YAMADA, T., ITOH, H., SHIONO, S., MUKOYAMA, M., OHKUBO, H., NAKANISHI, S. & IMURA, H. (1988). Augmented expression of atrial natriuretic peptide gene in ventricles of spontaneously hypertensive rats (SHR) and SHR-stroke prone. Circ. Res., 62, 926-930.
- ARVOLA, P., PORSTI, I., VUORINEN, P., PEKKI, A. & VAPAATALO, H. (1992). Contractions induced by potassium-free solution and potassium relaxation in vascular smooth muscle of hypertensive and normotensive rats. Br. J. Pharmacol., 106, 157-165.
- BAUDIN, B. & DROUET, L. (1989). In vitro interactions between ramiprilat and angiotensin I-converting enzyme in endothelial cells. J. Cardiovasc. Pharmacol., 14, (suppl. 4), S37-S42.
- BEAN, B.P., STUREK, M., PUGA, A. & HERMSMEYER, K. (1986). Calcium channels in muscle cells isolated from rat mesenteric arteries: modulation by dihydropyridine drugs. Circ. Res., 59, 229-235.
- BONACCORSI, A., HERMSMEYER, K., APRIGLIANO, O., SMITH, C.B. & BOHR, D.F. (1977). Mechanisms of potassium relaxation of arterial muscle. Blood Vessels, 14, 261-276.
- BUND, S.J., WEST, K.P. & HEAGERTY, A.M. (1991). Effects of protection from pressure on resistance artery morphology and reactivity in spontaneously hypertensive and Wistar-Kyoto rats. Circ. Res., 68, 1230-1240.
- CALDWELL, P.R.B., SEEGAL, B.C. & HSU, K.C. (1976). Angiotensin converting enzyme: vascular endothelial localization. Science, 191, 1050-1051.
- CLOZEL, M., KUHN, H. & HEFTI, F. (1990). Effects of angiotensin converting enzyme inhibitors and of hydralazine on endothelial function in hypertensive rats. Hypertension, 16, 532-540.
- DOHI, Y., HAHN, A.W.A., BOULANGER, C.M., BÜHLER, F.R. & LOSCHER, T.F. (1992). Endothelin stimulated by angiotensin II augments contractility of spontaneously hypertensive rat resistance arteries. Hypertension, 19, 131-137.

suggest improved vascular $Na⁺K⁺-ATP$ ase activity following long-term ACE inhibition.

In conclusion, long-term ACE inhibitor therapy with quinapril effectively lowered blood pressure and abolished cardiac hypertrophy in SHR. The treatment was associated with normalization of (1) ANP concentrations in plasma and ventricular tissue, (2) arterial relaxation responses by endothelium-dependent and -independent mechanisms, (3) function of arterial dihydropyridine-sensitive calcium channels, (4) cell membrane permeability of vascular smooth muscle, and (5) concentration of intracellular free calcium in circulating platelets and lymphocytes. However, arterial contractile responses were not normalized but were attenuated in quinapril-treated SHR when compared with untreated SHR and WKY rats. The attenuated vascular contractions may be attributed to the prevailing vascular wall hypertrophy in spite of the considerable blood pressure reduction, while at the same time cellular calcium regulation and the functions of vascular endothelium, cell membrane and voltage-dependent calcium channels were normalized by quinapril in SHR. Thus, enhanced arterial relaxation and attenuated contractile responses may take part in the long-term antihypertensive effect of quinapril in this type of genetic hypertension.

This study was supported by the Reino Lahtikari Foundation (P.A.), the Academy of Finland, Medical Council (H.R., H.V.), the Sigrid Juselius Foundation (H.R.), and the Research and Science Foundation of Farmos (I.P.), Finland. Quinapril hydrochloride was kindly donated by Warner-Lambert Co., Ann Arbor, Mi., U.S.A. The excellent technical assistance of Mrs Tarja Arvela is sincerely acknowledged.

- DZAU, V.J., GIBBONS, G.H. & PRATT, R.E. (1991). Molecular mechanisms of vascular renin-angiotensin system in myointimal hyperlasia. Hypertension, 18, (suppl. II), II-100-II-105.
- FABRIS, B., CHEN, B., PUPIC, V., PERICH, R. & JOHNSTON, C.I. (1990). Inhibition of angiotensin-converting enzyme (ACE) in plasma and tissue. J. Cardiovasc. Pharmacol., 15, (suppl. 2), $S6 - S13$.
- FEELISCH, M. (1991). The biochemical pathways of nitric oxide formation from nitrovasodilators: appropriate choice of exogenous NO donors and aspects of preparation and handling of aqueous NO solutions. J. Cardiovasc. Pharmacol., 17, (suppl. $3)$, $25 - 33$.
- FRESLON, J.L. & GIUCIDELLI, J.F. (1983). Compared myocardial and vascular effects of captopril and dihydralazine during hypertension development in spontaneously hypertensive rats. Br. J. Pharmacol., 80, 533-543.
- FROHLICH, E.D. (1989). Angiotensin converting enzyme inhibitors. Present and future. Hypertension, 13, (suppl. I), I-125-I-130.
- FROHLICH, E.D. & HORINAKA, S. (1991). Cardiac and aortic effects of angiotensin converting enzyme inhibitors. Hypertension, 18, (suppl. II), 11-2-11-7.
- FURSPAN, P.B., RINALDI, G.J., HOFFMAN, K. & BOHR, D.F. (1989). Dietary calcium and cell membrane abnormality in genetic hypertension. Hypertension, 13, 727-730.
- GUICHENEY, P., WAUQUIER, I., PAQUET, J.L. & MEYER, P. (1991). Enhanced response to growth factors and to angiotensin II of spontaneously hypertensive rat skin fibroblasts in culture. J. Hypertens., 9, 23-27.
- HARRAP, S.B., VAN DER MERWE, W.M., GRIFFIN, S.A., MACPHER-SON, F. & LEVER, A.F. (1990). Brief angiotensin converting enzyme inhibitor treatment in young spontaneously hypertensive rats reduces blood pressure long-term. Hypertension, 16, 603-614.
- JOHNS, A., LEIJTEN, P., YAMAMOTO, H., HWANG, K. & VAN BREEMEN, C. (1987). Calcium regulation in vascular smooth muscle contractility. Am. J. Cardiol., 59, 18A-23A.
- JOHNSON, M.L., ELY, D.L. & TURNER, M.E. (1992). Genetic divergence between the Wistar-Kyoto rat and the spontaneously hypertensive rat. Hypertension, 19, 425-427.
- KAPLAN, H.R., COHEN, D.M., ESSENBURG, A.D., MAJOR, T.C., MERTZ, T.E. & RYAN, M.J. (1984). CI-906 and CI-907: New orally active nonsulfhydryl angiotensin-converting enzyme
- inhibitors. Fed. Proc., 43, 1326-1329. KARAKI, H. & WEISS, G.B. (1988). Calcium release in smooth muscle. Life Sci., 42, 111-122.
- KINNUNEN, P., TASKINEN, T., JARVINEN, M. & RUSKOAHO, H. (1991). Effect of phorbol ester on the release of atrial natriuretic peptide from the hypertrophied rat myocardium. Br. J. Pharmacol., 102, 453-461.
- KINNUNEN, P., TASKINEN, T., LEPPALUOTO, J. & RUSKOAHO, H. (1990). Release of atrial natriuretic peptide from rat myocardium in vitro: effect of minoxidil-induced hypertrophy. Br. J. Pharmacol., 99, 701-708.
- KURTZ, T.W., SIMONET, L., KARBA, P.M., WOLFE, S., CHAN, L. & HJELLE, B.L. (1990). Cosegregation of the renin allele of the spontaneously hypertensive rat with an increase in blood pressure. J. Clin. Invest., 85, 1328-1332.
- LEE, R.M.K.W., BERECEK, K.H., TSOPORIS, J., MCKENZIE, R. & TRIGGLE, C.R. (1991). Prevention of hypertension and vascular changes by captopril treatment. Hypertension, 17, 141-150.
- LEVY, B.I., BENESSIANO, J., POITEVIN, P. & SAFAR, M.E. (1990). Endothelium-dependent mechanical properties of the carotid artery in WKY and SHR. Role of angiotensin converting enzyme
- inhibition. Circ. Res., 66, 321-328. MALINI, P.L., STROCCHI, E., VALTANCOLI, G. & AMBROSIONI, E. (1990). ACE inhibition and pressor responsiveness to noradrenaline in hypertensive patients. J. Clin. Pharmacol., 30, $422 - 424$
- MOMBOULI, J.-V., NEPHTALI, M. & VANHOUTTE, P.M. (1991). Effects of the converting enzyme inhibitor cilazaprilat on endothelium-dependent responses. Hypertension, 18, (suppl. II), II-22-11-29.
- MONCADA, S., PALMER, R.M.J. & HIGGS, E.A. (1991). Nitric oxide: physiology, pathophysiology, and pharmacology. Pharmacol. Rev., 43, 109-142.
- MORRIS, B.J. (1991). Molecular genetics links renin to hypertension. Mol. Cell. Endocrinol., 75, C13-C18.
- MULVANY, M.J. (1985). Changes in sodium pump activity and vascular contraction. J. Hypertens., 3, 429-436.
- MULVANY, M.J. & NYBORG, N. (1980). An increased calcium sensitivity of mesenteric resistance vessels in young and adult spontaneously hypertensive rats. Br. J. Pharmacol., 71, 585-596.
- MULVANY, M.J., PERSSON, A.E.G. & ANDRESEN, J. (1991). No persistent effect of angiotensin converting enzyme inhibitor treatment in Milan hypertensive rats despite regression of vascular structure. J. Hypertens., 9, 589-593.
- OSHIMA, T., YOUNG, E.W. & MCCARRON, D.A. 1991. Abnormal platelet and lymphocyte calcium handling in prehypertensive rats. Hypertension, 18, 111-115.
- PAQUET, J.L., BAUDOUIN-LEGROS, M., MARCHE, P. & MEYER, P. (1989). Enhanced proliferating activity of cultured smooth muscle cells from SHR. Am. J. Hypertens,, 2, 108-110.
- PORSTI, I. (1992). Arterial smooth muscle contractions in spontaneously hypertensive rats on a high calcium diet. J. Hypertens, 10, 255-263.
- PORSTI, I., ARVOLA, P., WUORELA, H. & VAPAATALO, H. (1992). High calcium diet augments vascular potassium relaxation in hypertensive rats. Hypertension, 19, 85-92.
- RUSCH, N.J. & HERMSMEYER, K. (1988). Calcium currents are altered in the vascular smooth muscle cell membrane of spontaneously hypertensive rats. Circ. Res., 63, 997-1002.
- RUSKOAHO, H. & LEPPALUOTO, J. (1988). Immunoreactive atrial natriuretic peptide in ventricles, atria, hypothalamus, and plasma
- of genetically hypertensive rats. Cir. Res., 62, 384-394. RUSKOAHO, H., KINNUNEN, P., TASKINEN, T., VUOLTEENAHO, O., LEPPALUOTO, J. & TAKALA, T.E.S. (1989). Regulation of ventricular atrial natriuretic peptide release in hypertrophied rat myocardium. Effect of exercise. Circulation, 80, 390-400.
- SADA, T., KOIKE, H., IKEDA, M., SATO, K., OZAKI, H. & KARAKI, H. (1990). Cytosolic free calcium of aorta in hypertensive rats. Chronic inhibition of angiotensin converting enzyme. Hypertension, 16, 245-251.
- SAYNAVALAMMI, P., PORSTI, I., NURMI, A.-K., SEPPALA, E., METSA-KETELA, T., TUOMISTO, L., MANNINEN, V. & VAPAATALO, H. (1986). Inhibition of angiotensin converting enzyme with quinapril (CI-906): investigation of antihypertensive mechanisms in spontaneously hypertensive rats. J. Pharmacol. Exp. Ther., 237, 246-251.
- SCHRÖR, K. (1990). Converting enzyme inhibitors and the interaction between kinins and eicosanoids. J. Cardiovasc. Pharmacol., 15, (suppl. 6), S60-S68.
- ST. LEZIN, E., SIMONET, L., PRAVENCE, M. & KURTZ, T.W. (1992). Hypertensive strains and normotensive 'control' strains. How closely are they related? *Hypertension*, 19, 419-424.
- STULL, J.T., GALLAGHER, P.J., HERRING, B.P. & KAMM, K.E. (1991). Vascular smooth muscle contractile elements. Cellular regulation. Hypertension, 17, 723-732.
- SUGIYAMA, T., YOSHIZUMI, M., TAKAKU, F. & YAZAKI, Y. (1990). Abnormal calcium handling in vascular smooth muscle cells of spontaneously hypertensive rats. J. Hypertens., 8, 369-375.
- TSIEN, R.Y., POZZAN, T. & RINK, T.J. (1982). Calcium homeostasis in intact lymphocytes: cytoplasmic free calcium monitored with a new, intracellularly trapped fluorescent indicator. J. Cell. Biol., 94, 325-334.
- VANE, J.R., ANGGARD, E.E. & BOTTING, R.M. (1990). Regulatory functions of the vascular endothelium. N. Engl. J. Med., 323, $27 - 36.$
- WAEBER, B., NUSSBERGER, J., JUILLERAT, L. & BRUNNER, H.R. (1989). Angiotensin converting enzyme inhibition: discrepancy between antihypertensive effect and suppression of enzyme activity. J. Cardiovasc. Pharmacol., 14, (suppl. 4), S53-S59.
- WIEMER, G., SCHOLKENS, B.A., BECKER, R.H.A. & BUSSE, R. (1991). Ramiprilat enhances endothelial autocoid formation by endothelium-derived bradykinin. inhibiting breakdown of
Hypertension, 18, 558-563.
- XIAO, X.H. & RAND, M.J. (1991). Mechanisms of vasoconstrictor responses to KCI in rat isolated perfused tail arteries: interaction with the a2-adrenoceptor agonist UK14304. Eur. J. Pharmacol., 196, 133-136.
- YOUNG, E.W., BUKOSKI, R.D. & McCARRON, D.A. (1988). Calcium metabolism in experimental hypertension. Proc. Soc. Exp. Biol. Med., 187, 123-141.

(Received September 2, 1992 Revised November 16, 1992 Accepted December 1, 1992)