



# (–)-CGP 12177-induced increase of human atrial contraction through a putative third $\beta$ -adrenoceptor

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1 The inotropic effects of (–)-4-(3-*t*-butylamino-2-hydroxypropoxy)benzimidazol-2-one ((–)-CGP 12177), an antagonist for  $\beta_1$ - and  $\beta_2$ -adrenoceptors as well as an agonist for  $\beta_3$ -adrenoceptors, were investigated on paced preparations of isolated right atrial appendages obtained from patients without advanced heart failure undergoing open heart surgery.

2 In the presence of (–)-propranolol (200 nM), (–)-CGP 12177 increased contractile force with a  $-\log EC_{50}$ , M, of 7.3. The maximum effects of (–)-CGP 12177 amounted to 15% and 11% of the effects of (–)-isoprenaline (400  $\mu$ M) and of CaCl<sub>2</sub> (6.75 mM) respectively.

3 (–)-Bupranolol 1  $\mu$ M, an antagonist with a  $pK_B$  of  $\sim 7.5$  for  $\beta_3$ -adrenoceptors, antagonized surmountably the positive inotropic effects of (–)-CGP 12177 (in the presence of 200 nM (–)-propranolol) with an apparent  $pK_B$  of 7.3.

4 The potent positive inotropic effects of (–)-CGP 12177 and their resistance to blockade by (–)-propranolol but antagonism by (–)-bupranolol are consistent with the existence in human atrial myocardium of a minor third  $\beta$ -adrenoceptor population, possibly related to  $\beta_3$ -adrenoceptors.

**Keywords:** Human atrium; (–)-CGP 12177; positive inotropic effects; antagonism by (–)-bupranolol;  $\beta_3$ -adrenoceptors

## Introduction

In mammalian heart the coexistence of a third  $\beta$ -adrenoceptor population, in addition to  $\beta_1$ - and  $\beta_2$ -adrenoceptors, has been suggested. The proposal was based on the properties of certain non-conventional partial agonists, the *in vitro* cardiostimulant potencies of which in isolated tissues of rat, guinea-pig and cat were considerably lower than their corresponding affinities for  $\beta_1$ - and  $\beta_2$ -adrenoceptors (Kaumann, 1973; 1989). In man, evidence for a third cardiac  $\beta$ -adrenoceptor population is elusive. The non-conventional partial agonist, pindolol, can cause tachycardia in man (Man In't Veld & Schalekamp, 1981) and it has been suggested that this may be due in part to activation of a third sinoatrial  $\beta$ -adrenoceptor population (Kaumann, 1989). However, Kaumann & Lobnig (1986) failed to detect positive inotropic effects of (–)-pindolol in human isolated atrium, presumably because the efficacy of (–)-pindolol for cardiac atypical  $\beta$ -adrenoceptors is low compared to other non-conventional partial agonists (Kaumann, 1983; Arch & Kaumann, 1993).

It is becoming increasingly clear that several non-conventional partial agonists have agonistic properties through native  $\beta_3$ -adrenoceptors (e.g. adipose tissue) (reviewed by Arch & Kaumann, 1993) as corroborated with cloned and transfected  $\beta_3$ -adrenoceptors (Emorine *et al.*, 1989). However, there is still uncertainty as to whether the third  $\beta$ -adrenoceptor proposed to function in mammalian heart is identical with the cloned  $\beta_3$ -adrenoceptor or is a distinct atypical  $\beta$ -adrenoceptor.

To address the question of the existence of a third  $\beta$ -adrenoceptor population in human heart the potent non-conventional partial agonist (–)-CGP 12177 was chosen as a tool because (i) it exhibits similar potencies as a cardiostimulant in several feline heart regions (Kaumann, 1983; 1989) and an agonist for native  $\beta_3$ -adrenoceptors (reviewed by Arch & Kaumann, 1993), including those of man (Lönqvist *et al.*, 1993), as for cloned human  $\beta_3$ -adrenoceptors (Emorine *et al.*, 1989; Blin *et al.*, 1993), and (ii) its intrinsic activity for cardiac atypical  $\beta$ -adrenoceptors is larger than that of pindolol (Kaumann, 1983; see also review of Arch & Kaumann, 1993).

As expected for a non-conventional partial agonist (Kaumann, 1989), the affinity of (–)-CGP 12177 for the cloned human  $\beta_3$ -adrenoceptors is around two orders of magnitude lower than for human  $\beta_1$ - and  $\beta_2$ -adrenoceptors (Blin *et al.*, 1993). Both atypical  $\beta$ -adrenoceptors and  $\beta_3$ -adrenoceptors are resistant to blockade by (–)-propranolol at concentrations that saturate up to 99% of both  $\beta_1$ - and  $\beta_2$ -adrenoceptor populations (Harms *et al.*, 1977; additional evidence reviewed in Arch & Kaumann, 1993) but are blocked by (–)-bupranolol (Walter *et al.*, 1984; Kaumann, 1989; Langin *et al.*, 1991; Blin *et al.*, 1994). Experiments were therefore carried out in the absence and presence of (–)-propranolol alone and in combination with (–)-bupranolol.

## Methods

Right atrial appendages were obtained from 11 patients undergoing surgery at Papworth Hospital, 10 for coronary artery bypass grafts and one for aortic valve replacement. Seven of the patients with coronary heart disease received  $\beta$ -adrenoceptor blockers for at least 3 months until and including the day of surgery. Sex, age and  $\beta$ -adrenoceptor blocker used were: 4 males (58, 60, 67 and 75 y atenolol), 2 males (58 and 60 y metoprolol) and one female (44 y atenolol). The patient with aortic valve replacement (male 64 y) and 3 male patients (56, 57 and 71 y) with coronary artery disease did not receive treatment with a  $\beta$ -adrenoceptor antagonist. Some of the patients had also been prescribed some of the following drugs: aspirin, isosorbide mononitrate, nifedipine, nicardipine, diltiazem, bezafibrate, enalapril, amiodarone, ranitidine and cimetidine. After excision, the appendages were immediately placed in modified oxygenated Krebs solution at room temperature containing (mM): Na<sup>+</sup> 125, K<sup>+</sup> 5, Ca<sup>2+</sup> 2.25, Mg<sup>2+</sup> 0.5, Cl<sup>-</sup> 98.5, SO<sub>4</sub><sup>2-</sup> 0.5, HCO<sub>3</sub><sup>-</sup> 29, HPO<sub>4</sub><sup>2-</sup> 1, EDTA 0.04 and equilibrated with 95% O<sub>2</sub>/5% CO<sub>2</sub>. The appendages were sectioned into 2 to 3 strips and set up to contract at 1 Hz in an apparatus with a 50 ml bath (Blinks, 1965) in the solution described above supplemented with (mM): Na<sup>+</sup> 15, fumarate 5, pyruvate 5, L-glutamate 5, glucose 10 at 37°C. The tissues were attached to Swema SG 4-45 strain gauge transducers and force

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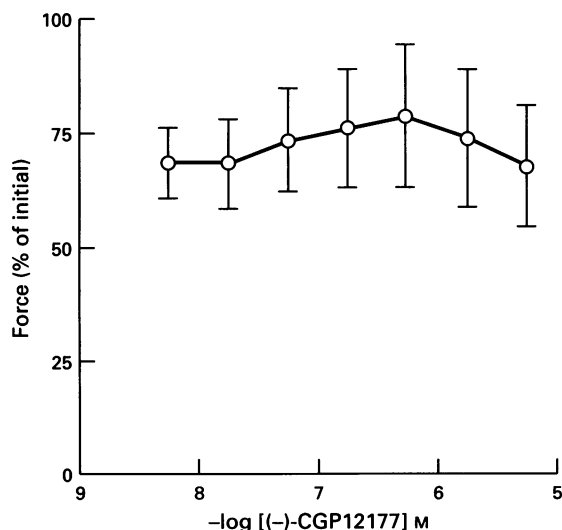
recorded on a Watanabe polygraph. The strips were driven with square-wave pulses of 5 ms duration and of just over threshold voltage. After the determination of a length-tension curve, the length of each strip was set to obtain 50% of the resting tension associated with maximum developed force.

A single cumulative concentration-effect curve to (-)-CGP 12177 was determined for each strip in the absence of (-)-propranolol, in the presence of (-)-propranolol 200 nM and/or in the presence of both (-)-propranolol 200 nM and (-)-bupranolol 1  $\mu$ M. Antagonists were present for 45 min before a curve was begun. Whenever possible, depending on size of the atrial appendage, the three curves were obtained on strips dissected from the same atrial appendage. The experiments were concluded by the administration of a  $\beta$ -adrenoceptor saturating concentration of (-)-isoprenaline (400  $\mu$ M) and after an equilibrium response to (-)-isoprenaline was established, by raising the  $Ca^{2+}$  concentration to 6.75 mM. To assess whether blockade by (-)-bupranolol was surmountable, the maximum effects of (-)-CGP 12177 in the absence and presence of (-)-bupranolol were computed as a percentage of the responses to both (-)-isoprenaline (400  $\mu$ M) and 6.75 mM  $Ca^{2+}$ . The concentration-ratio of (-)-CGP 12177 in the presence and absence of 1  $\mu$ M (-)-bupranolol was calculated at the  $EC_{50}$  levels using data obtained from two strips in the same atrial appendage. All results are expressed as mean  $\pm$  s.e. mean.

The following drugs were gifts: (-)-CGP 12177 hydrochloride from Dr Lee Beeley (SmithKline Beecham, Welwyn, UK) and (-)-bupranolol from Dr Klaus Sandrock (Sanol, Monheim, Germany). (-)-Isoprenaline hydrochloride and (-)-propranolol hydrochloride were purchased from Sigma Chemical Co. (Poole, Dorset, UK).

## Results

(-)-CGP 12177 6 nM depressed atrial force by  $30 \pm 7\%$ ; 20 nM did not cause further depression (Figure 1). There was a tendency for depression of atrial force to be reduced between 60 and 600 nM, but this effect was not significant. Further higher concentrations (2–6  $\mu$ M) again caused depression (Figure 1). (-)-Propranolol (200 nM) depressed atrial force by  $42 \pm 8\%$  ( $n=11$  strips) (not shown). The joint administration of (-)-propranolol 200 nM and (-)-bupranolol 1  $\mu$ M depressed atrial force by  $39 \pm 7\%$  ( $n=8$  strips) (not shown). The variable de-



**Figure 1** Concentration-effect curve to (-)-CGP 12177. Pooled results of 2 strips from 2 patients not treated with a  $\beta$ -adrenoceptor antagonist and 7 strips from 6 patients chronically treated with a  $\beta$ -adrenoceptor antagonist.

pression of contractile force induced by the 3 compounds is likely to be due to blockade of  $\beta_1$ -adrenoceptors, activated by small amounts of noradrenaline released from intra-atrial nerves with each pacing stimulus (Blinks, 1966).

(-)-CGP 12177 caused small but significant concentration-dependent positive inotropic effects in the presence of 200 nM (-)-propranolol (Figures 2–4, Table 1). These effects reached equilibrium in approximately 5 min (Figures 2 and 3). A prolonged exposure to a single (-)-CGP 12177 concentration (100 nM) revealed slow fade of the positive inotropic response (Figure 2). Concentrations of (-)-CGP 12177 equal to and greater than 600 nM tended to depress contractile force (Figures 2–4), probably as a result of fade induced by lower concentrations administered cumulatively. The effects of (-)-CGP 12177 in the presence of 200 nM (-)-propranolol did not differ significantly on atria obtained from patients chronically treated or not treated with  $\beta$ -adrenoceptor antagonists (Figure 4, Table 1).

(-)-Bupranolol (1  $\mu$ M) in the presence of 200 nM (-)-propranolol, antagonized the positive inotropic effects of (-)-CGP 12177 in a surmountable manner (Figures 3 and 4, Table 1). (-)-CGP 12177 20  $\mu$ M did not depress contractile force in the presence of (-)-bupranolol (and (-)-propranolol) (Figures 3 and 4).

## Discussion

The positive inotropic effects of (-)-CGP 12177 point for the first time to the existence of atypical  $\beta$ -adrenoceptors (plausibly  $\beta_3$ -adrenoceptors) in human heart. This assertion is based on the potency of (-)-CGP 12177, the resistance of these effects to blockade by (-)-propranolol and the antagonism of these effects by (-)-bupranolol, as will be discussed in detail. The possible relationship of human atrial atypical  $\beta$ -adrenoceptors to  $\beta_3$ -adrenoceptors, the question of fade and the apparent lack of influence of chronic treatment of patients with  $\beta$ -adrenoceptor blocking agents will also be examined.

### *The potency of (-)-CGP 12177*

The lipolytic potency on human fat ( $-\log EC_{50}$ ,  $M$ , = 7.3–7.8 Lönnqvist *et al.*, 1993) and positive inotropic potency of (-)-CGP 12177 (in the presence of 200 nM (-)-propranolol) in human atrium ( $-\log EC_{50}$ ,  $M$ , = 7.3) are similar, suggesting, but not proving, mediation through the same receptors in the 2 tissues. In feline heart tissues the potencies of ( $\pm$ )-CGP 12177 as a cardiostimulant ( $-\log EC_{50}$ ,  $M$ , between parentheses) in right ventricular papillary muscle (7.3), left atrium (7.9) and sinoatrial node (7.8) (Kaumann, 1983; Arch & Kaumann, 1993) are also similar to those of (-)-CGP 12177 for human atrium, suggesting that the receptors involved are species homologues.

### *Resistance to blockade by (-)-propranolol*

The marginal stimulant effects that appeared to be elicited by 60–600 nM (-)-CGP 12177 (Figure 1) could conceivably be the net result of stimulant effects, mediated through a third  $\beta$ -adrenoceptor population, and depressant effects due to a still progressing blockade of  $\beta_1$ -adrenoceptors activated by small amounts of noradrenaline released with each pacing stimulus. Equilibrium blockade of  $\beta_1$ -adrenoceptors with 200 nM (-)-propranolol would therefore be expected to abolish the stimulant effects of neuronally-released noradrenaline and reveal stimulant effects of (-)-CGP 12177 unopposed by its own blocking effects of  $\beta_1$ -adrenoceptors. The trend of a smaller maximum cardiodepression caused by (-)-CGP 12177 (30%) compared to that induced by (-)-propranolol (42%) is in line with the above explanation. As expected, the positive inotropic effects of (-)-CGP 12177 became more prominent in the presence of 200 nM (-)-propranolol. Furthermore, (-)-CGP

12177 appeared to be at least as potent in the presence as in the absence of (-)-propranolol, consistent with mediation through  $\beta_3$ -adrenoceptors.

While (-)-propranolol is slightly but significantly selective for  $\beta_2$ -adrenoceptors ( $pK_B=8.9$ ,  $pK_i=9.15$ ) compared to  $\beta_1$ -adrenoceptors ( $pK_B=8.5$ ,  $pK_i=8.2$ ) both in isolated human atrium (Gille *et al.*, 1985) and cloned and transfected human receptors (Blin *et al.*, 1993) it has considerably lower affinity for cloned and transfected human  $\beta_3$ -adrenoceptors ( $pK_i=6.8$ , Blin *et al.*, 1993).

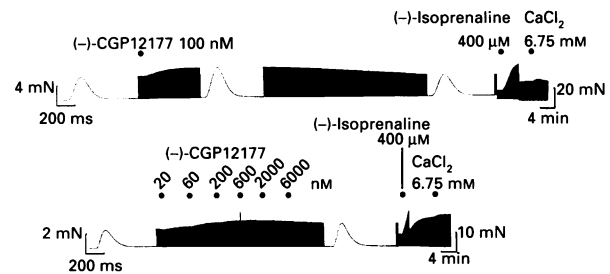
(-)-Propranolol is also a weak partial agonist in cloned and transfected human  $\beta_3$ -adrenoceptors with a  $-\log EC_{50}$ ,  $M=5.8$  for adenylyl cyclase stimulation (Blin *et al.*, 1993) which could presumably be related to the high receptor density ( $2 \times 10^5$  receptors per transfected cell). It is noteworthy in this context to recall that in feline left atrium ( $\pm$ )-propranolol ( $1 \mu M$ ) has actually been shown to cause a small but conspicuous increase in contractile force when stimulated with pulses of barely threshold intensity (Blinks, 1967), perhaps suggesting that feline atrial myocardium has a higher density of atypical  $\beta$ -adrenoceptors than human atrium. Unlike the thin feline atrial tissues used by Blinks (1967), viable preparations of human right atrial appendage are thicker and have a highly variable and irregular anatomy which requires a pacing current that also releases sufficient amounts of norepinephrine to activate to a variable extent  $\beta_1$ -adrenoceptors. This difference between feline and human atrial preparations is a factor that precludes the visualisation of very small stimulant effects by some non-conventional partial agonists. From the reviewed evidence it becomes apparent that  $200 \text{ nM}$  (-)-propranolol, the concentration used here, saturates  $\beta_1$ - and  $\beta_2$ -adrenoceptors by 96% and 99% respectively, ruling out their involvement in the mediation of the effects of (-)-CGP 12177. The observation that the positive inotropic potency of (-)-CGP 12177 appears to be at least as high in the presence of (-)-propranolol as in its absence would be expected if the receptors were  $\beta_3$ -adrenoceptors, for which (-)-propranolol has low affinity.

#### Antagonism by (-)-bupranolol

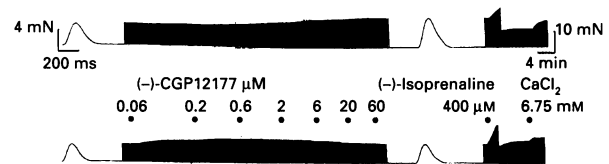
(-)-Bupranolol blocked the effects of (-)-CGP 12177 with an apparent  $pK_B$  of 7.3, a value identical to its binding  $pK_i$ , similar to a  $pK_B$  of 7.7 for this ligand on cloned and transfected human  $\beta_3$ -adrenoceptors (Blin *et al.*, 1993; 1994) and similar to  $pK_B$  values for this ligand of 7.3–7.5 for rat adipose  $\beta_3$ -adrenoceptors (Langin *et al.*, 1991). The agreement of these constants is consistent with competition of (-)-CGP 12177 and (-)-bupranolol for a receptor that resembles the cloned  $\beta_3$ -adrenoceptor.

#### Are human atrial receptors for (-)-CGP 12177 $\beta_3$ -adrenoceptors?

As discussed above, the potency of (-)-CGP 12177, the ineffectiveness of (-)-propranolol and the blockade by (-)-bupranolol taken together are quantitatively consistent with the existence of  $\beta_3$ -adrenoceptors in human atrium. In addition, estimates of the binding affinity of (-)-CGP 12177



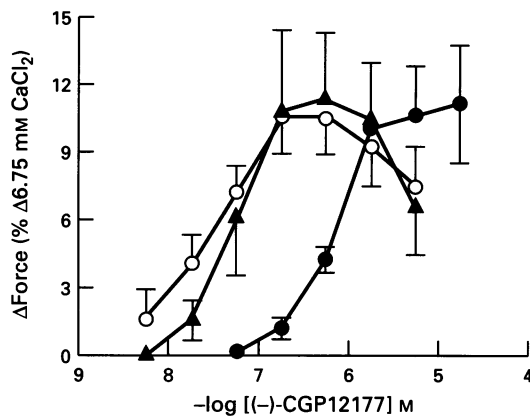
**Figure 2** Time course of the inotropic effects of (-)-CGP 12177 observed in the presence of (-)-propranolol,  $200 \text{ nM}$ . Shown are original recordings obtained from 2 atrial strips of a 58 y male patient with coronary artery disease, chronically treated with (-)-atenolol. Top tracings: effects of  $100 \text{ nM}$  (-)-CGP 12177. Bottom tracings: cumulative concentration-effect curve to (-)-CGP 12177. The experiments were terminated by the administration of (-)-isoprenaline  $400 \mu M$  followed by increasing the  $\text{CaCl}_2$  concentration to  $6.75 \text{ mM}$ . Notice that the amplification was reduced before and again after the administration of (-)-isoprenaline by a final factor of 5.



**Figure 3** Surmountable antagonism by (-)-bupranolol of the positive inotropic effects of (-)-CGP 12177. Original recordings from 2 atrial strips of a 58 y male patient with coronary artery disease, chronically treated with metoprolol. Top tracing: strip incubated with both (-)-propranolol,  $200 \text{ nM}$  and (-)-bupranolol,  $1 \mu M$ . Bottom tracing: strip incubated with (-)-propranolol  $200 \text{ nM}$ ; calibrations as in top tracing. The dots refer to indicated drug additions to both strips. For further details see Figure 2.

**Table 1** Comparison of the effects of (-)-CGP 12177 in atria from non- $\beta$ -blocker-treated patients (non- $\beta B$ ) and patients treated with  $\beta$ -blockers ( $\beta B$ )

	Non- $\beta B$ (n=4) 5 strips	$\beta B$ (n=7) 6 strips
(-)-Propranolol ( $200 \text{ nM}$ )		
$-\log EC_{50}$ (M)	$7.16 \pm 0.17$	$7.46 \pm 0.12$
Maximum effect (% of (-)-isoprenaline $400 \mu M$ )	$15.8 \pm 3.9$	$13.7 \pm 2.3$
(-)-Propranolol ( $200 \text{ nM}$ ) plus (-)-bupranolol ( $1 \mu M$ )	2 strips	6 strips
$-\log EC_{50}$ (M)	5.56, 6.22	$6.17 \pm 0.07$
Maximum effect (% of (-)-isoprenaline $400 \mu M$ )	28, 6.5	$17.7 \pm 1.7$
$\log$ ((-)-CGP 12177 concentration-ratio) caused by (-)-bupranolol	1.82, 0.79	$1.30 \pm 0.05$



**Figure 4** Cumulative concentration-effect curves to (-)-CGP 12177 obtained in the presence of (-)-propranolol 200 nM (▲, ○) and both (-)-propranolol 200 nM and (-)-bupranolol 1  $\mu$ M (●). Shown are data from 5 strips from 4 patients not treated with a  $\beta$ -adrenoceptor antagonist (▲), 6 strips from 6 patients chronically treated with a  $\beta$ -adrenoceptor antagonist (○) and 8 strips (●, a pool of 2 strips from 2 patients not treated with a  $\beta$ -adrenoceptor antagonist and 6 strips from 6 patients chronically treated with a  $\beta$ -adrenoceptor antagonist).

( $pK_i=7.1$ ) for cloned human  $\beta_3$ -adrenoceptors (Blin *et al.*, 1993) as well as the binding affinity of [ $^3$ H]-CGP 12177 for  $\beta_3$ -adrenoceptors of human omental fat ( $pK_D=7.6$ , Revelli *et al.*, 1993) also agree with the inotropic potency of (-)-CGP 12177 for human atrial receptors, suggesting that the latter are  $\beta_3$ -adrenoceptors. One would therefore expect to find mRNA for  $\beta_3$ -adrenoceptors in human atrium. However, although some authors have reported evidence for the location of mRNA for human  $\beta_3$ -adrenoceptors in a variety of tissues including gallbladder, colon, fat and neuroepithelioma cells (Krief *et al.*, 1993; Revelli *et al.*, 1993; Granneman *et al.*, 1993; Granneman & Lahners, 1994), Krief *et al.* (1993) also found mRNA for  $\beta_3$ -adrenoceptors in human heart, especially in left atrium, but always accompanied by mRNA for uncoupling protein, a marker of brown fat, and attributed the  $\beta_3$ -adrenoceptor mRNA as located in fat tissue surrounding the atria. However, Krief *et al.* (1993) did not formally exclude expression of  $\beta_3$ -adrenoceptor mRNA by other specialized cells; these cells could well be cardiomyocytes. Others failed to localize  $\beta_3$ -adrenoceptor mRNA in any human tissue, not even in fat (Thomas & Liggett, 1993), presumably because of technical differences with other authors. Thus, there is scope for further attempts to locate mRNA for the cloned  $\beta_3$ -adrenoceptors in human atrium and the present lack of this evidence of human atrial mRNA does not exclude the possibility that the positive inotropic effects of (-)-CGP 12177 are mediated through these receptors.

Three criteria have been proposed (Arch & Kaumann, 1993) which should be fulfilled for an effect to be considered as mediated through  $\beta_3$ -adrenoceptors. The effect should be (1) produced or mimicked by a non-conventional partial agonist, (2) resistant to blockade by blockers of  $\beta_1$ - and  $\beta_2$ -adrenoceptors and (3) produced or mimicked by agonists selective for  $\beta_3$ -adrenoceptors. Criteria (1) and (2) have been fulfilled but not (3) because the compound BRL 37344, selective for  $\beta_3$ -adrenoceptors especially in murine systems, causes a positive inotropic effect on human isolated atrium which is blocked by 100 nM (-)-propranolol with a potency consistent with mediation through  $\beta_2$ -adrenoceptors (preliminary experiments, Arch & Kaumann, 1993). A small residual effect of BRL 37344, mediated through human atrial atypical  $\beta$ -adrenoceptors, may have escaped attention. In this context, Wheeldon *et al.* (1994) have reported that the ester BRL 35135, which is completely demethylated to BRL 37344 *in vivo*, causes tachycardia in healthy volunteers that is resistant to blockade with the  $\beta_1$ -adrenoceptor-selective antagonist, bisoprolol but greatly

reduced by nadolol (presumably through blockade of sinoatrial  $\beta_2$ -adrenoceptors). A very small but significant BRL 35135-evoked tachycardia (3 beats per min relative to pre-dosing heart rate, coupled with a 4 beats per min fall in controls) was resistant to blockade by nadolol (Wheeldon *et al.*, 1994) and could be mediated through  $\beta_3$ -adrenoceptors because the affinity of nadolol for  $\beta_3$ -adrenoceptors is particularly low (Emorine *et al.*, 1989). Assuming that the nadolol-resistant marginal tachycardia reported by Wheeldon *et al.* (1994) is mediated through sinoatrial  $\beta_3$ -adrenoceptors, one would perhaps expect other full agonists for  $\beta_3$ -adrenoceptors to cause only minor increases in heart rate through these receptors.

It should be emphasised that even non-conventional partial agonists should have sufficient efficacy in order to allow the detection of significant stimulant effects. For example (-)-pindolol has a lower intrinsic activity (compared to (-)-isoprenaline) than (-)-CGP 12177 on both feline cardiac tissues (Kaumann & Blinks, 1980; Kaumann, 1983) and cloned human transfected  $\beta_3$ -adrenoceptors (Blin *et al.*, 1993) which may explain why it has not been possible to detect positive inotropic effects in human atrium with (-)-pindolol (Kaumann & Lobnig, 1986).

#### Fade of the (-)-CGP 12177 responses

The positive inotropic response to 100 nM (-)-CGP 12177 faded slowly and some depression of contractile force was also observed with 2–6  $\mu$ M (-)-CGP 12177 during cumulative administration, suggesting desensitization. These experimental observations would appear to be inconsistent with an involvement of  $\beta_3$ -adrenoceptors which, unlike  $\beta_2$ -adrenoceptors that undergo desensitization through several mechanisms, were initially reported to be resistant to short-term desensitization (Granneman, 1992; Nantel *et al.*, 1993; Liggett *et al.*, 1993). Recent evidence is emerging, however, showing that  $\beta_3$ -adrenoceptors can desensitize following a 1 h (Chaudhry & Granneman, 1994) as well as a 24 h exposure to (-)-isoprenaline (Chambers *et al.*, 1994; Nantel *et al.*, 1995) as a function of cell type (Chaudhry & Granneman, 1994; Nantel *et al.*, 1995). Desensitization of  $\beta_3$ -adrenoceptors was assessed by a reduction of adenylyl cyclase stimulation (Chaudhry & Granneman, 1994; Chambers *et al.*, 1994; Nantel *et al.*, 1995), a reduction of cyclic AMP-dependent protein kinase activity (Nantel *et al.*, 1995) and a reduction of  $G_s$ -protein levels (Chambers *et al.*, 1994). Directly relevant to the fade of the positive inotropic responses to (-)-CGP 12177 is the report of Chaudhry & Granneman (1994) that pretreatment of cells containing transfected human  $\beta_3$ -adrenoceptors with (-)-CGP 12177 also induces reduction of adenylyl cyclase stimulation mediated through these receptors. Therefore, the fade of the positive inotropic response of (-)-CGP 12177 is also consistent with mediation through  $\beta_3$ -adrenoceptors.

#### Lack of influence of chronic $\beta$ -adrenoceptor blockade

The small number of tissues studied did not reveal a difference between the positive inotropic responsiveness to (-)-CGP 12177 in atria obtained from patients treated or not treated with the  $\beta_1$ -adrenoceptor-selective antagonists, atenolol and metoprolol. Work from the author's laboratory has previously shown that chronic treatment of patients with  $\beta$ -adrenoceptor blocking agents, usually selective for  $\beta_1$ -adrenoceptors, causes atrial inotropic hyperresponsiveness mediated through  $\beta_2$ -adrenoceptors (Kaumann *et al.*, 1989; Hall *et al.*, 1990), 5-HT<sub>4</sub> receptors (Sanders *et al.*, 1995) and histamine H<sub>2</sub> receptors (Kaumann *et al.*, 1995), as well as a higher incidence of experimental atrial arrhythmias mediated through both  $\beta_1$ - and  $\beta_2$ -adrenoceptors (Kaumann & Sanders, 1993), and 5-HT<sub>4</sub> receptors (Kaumann & Sanders, 1994). Because the positive inotropic responses to dibutyryl cyclic AMP in atrial (Hall *et al.*, 1990) and to forskolin in atrial myocytes (Sanders *et al.*, 1995) are not modified by chronic blockade of patients with  $\beta$ -

adrenoceptor blocking agents, it appears that intracellular cross-talk occurs between  $G_s$  protein-coupled receptors (i.e.  $\beta_1$ - and  $\beta_2$ -adrenoceptors, 5-HT<sub>4</sub> receptors and H<sub>2</sub> receptors) that affects their coupling to effectors including adenylyl cyclase. The atrial atypical  $\beta$ -adrenoceptors activated by (-)-CGP 12177 appear not to participate in this cross-talk between the other  $G_s$  protein-coupled receptors, which is modified by chronic blockade of  $\beta_1$ -adrenoceptors, but more evidence is necessary to substantiate this initial finding.

### Conclusion

The positive inotropic effects of (-)-CGP 12177 are consistent with the existence of atypical  $\beta$ -adrenoceptors in human at-

rium. The argument that these receptors resemble the cloned  $\beta_3$ -adrenoceptor requires further experimental verification including the, as yet, unknown effects of the physiological agonist noradrenaline.

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