# Adenosine-5'-O-(2-thiodiphosphate) is a potent agonist at $P_2$ purinoceptors mediating insulin secretion from perfused rat pancreas

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1 The effects of a  $P_2$  purinoceptor agonist, adenosine 5'-O-(2-thiodiphosphate) (ADP- $\beta$ -S) have been studied on insulin secretion and flow rate of the isolated perfused pancreas of the rat.

2 In the presence of a moderately stimulating glucose concentration (8.3 mM), ADP- $\beta$ -S (4.95–495 nM) evoked a biphasic insulin response in a concentration-dependent manner. A comparison of relative potency between ADP- $\beta$ -S and adenosine 5'-triphosphate (ATP) showed that ADP- $\beta$ -S was 100 times more potent than ATP. On the other hand, in the presence of a non stimulatory glucose concentration (4.2 mM), ADP- $\beta$ -S (165 nM) did not modify the basal insulin secretion.

3 ADP- $\beta$ -S, at concentrations effective on insulin secretion and also at higher concentrations (1.65 and 16.5  $\mu$ M), provoked an increase of the pancreatic flow rate in a concentration-dependent manner.

4 Our results show that ADP- $\beta$ -S is a potent insulin secretory P<sub>2</sub> purinoceptor agonist. As it is resistant to hydrolysis it might be useful in studying the effect of activation of the P<sub>2</sub> purinoceptor of  $\beta$  cells on insulin secretion *in vivo*.

# Introduction

Adenine nucleotides can influence numerous biological processes by acting on specific receptors on the cellular surface (Burnstock & Brown, 1981; Gordon, 1986). Previously we have shown that exogenous adenosine triphosphate and diphosphate (ATP and ADP) stimulated insulin release from rat pancreatic  $\beta$  cells, an effect mediated by P<sub>2</sub> purinoceptor activation (Loubatières-Mariani *et al.*, 1979; Chapal & Loubatières-Mariani, 1981).

 $P_2$  purinoceptors have been subdivided into  $P_{2x}$  and  $P_{2y}$ largely on the basis of the rank order of agonist potency of structural analogues of ATP (Burnstock & Kennedy, 1985). The agonist potency order at  $P_{2x}$  purinoceptors is  $\alpha_{,\beta}$ -methylene ATP > ATP  $\approx$  2-methylthio ATP whereas at  $P_{2y}$  purinoceptors the order is 2-methylthio ATP  $\gg$  ATP  $\geq \alpha_{,\beta}$ methylene ATP. According to this classification we have characterized the  $P_2$  purinoceptor present on rat  $\beta$  cells as a  $P_{2y}$ subtype, 2-methylthio ATP being more potent than ATP in stimulating insulin secretion (Bertrand *et al.*, 1987).

ADP analogues with modification on the terminal phosphate have been reported to be more effective (Burnstock *et al.*, 1984) or selective (Hourani *et al.*, 1988)  $P_{2y}$  receptor agonists. Furthermore, in contrast to 2-methylthio ATP, these ADP analogues are more resistant to ectonucleotidases than natural agonists (Welford *et al.*, 1986).

In the present study, we have investigated the effects of adenosine-5'-O-(2-thiodiphosphate) (ADP- $\beta$ -S), a phosphorothioate analogue of ADP, on insulin secretion from the isolated perfused pancreas of the rat. The insulin secretory effect of ADP- $\beta$ -S was compared with that of ATP, taken as reference in previous experiments. The present work shows that ADP- $\beta$ -S is a very potent agonist at P<sub>2y</sub> purinoceptors mediating insulin release.

## Methods

Our experiments were performed on male Wistar rats fed *ad libitum* and weighing 330 to 350 g. The surgical procedure for the rat isolated perfused pancreas has been described previously (Loubatières *et al.*, 1969; Bertrand *et al.*, 1986). The pancreas was perfused at  $37.5^{\circ}$ C with a Krebs Ringer bicar-

bonate buffer containing pure bovine serum albumin (fraction V)  $2gl^{-1}$  and glucose 8.3 or 4.2 mM; the pH was about 7.4. Each organ was perfused at a constant pressure (Bertrand *et al.*, 1987).

ADP- $\beta$ -S or ATP, was infused for 30 min from time 45 min. Samples were taken every min during the first 6 min, then at 8, 10, 15, 20 and 30 min. Insulin in the pancreatic effluent was assayed by the method of Herbert *et al.* (1965) using the antibody supplied by Miles Laboratories (Paris). [<sup>125</sup>I]-insulin was obtained from International CIS (Gif-Sur-Yvette, France). Pure rat insulin (Novo, Copenhagen, Denmark) was used as the reference standard, the biological activity of which was 22.3  $\mu$ u ng<sup>-1</sup>. The intra- and inter-assay variations were respectively 9 and 13.5%.

## Analysis of results

For the kinetics of insulin output rate and flow rate the results for each point are expressed as changes in relation to the value at time 45 min taken as 100%. Data are expressed as mean  $\pm$  standard error of the mean (s.e.mean).

In order to establish the concentration-response curves for insulin secretion and flow rate, we determined respectively the increase of mean insulin output and flow rates over the 30 min of nucleotide infusion as follows: (nucleotide AUC – control AUC)/30 (AUC = area under the curve). The values obtained were plotted as a function of the logarithm of ADP- $\beta$ -S or ATP concentrations.

For statistical studies of changes in pancreatic flow rate, the AUC were submitted to analysis of variance followed by the multiple comparison test (Zar, 1974).

## Drugs

Adenosine-5'-triphosphate (ATP) and adenosine-5'-O-(2-thiodiphosphate) (ADP- $\beta$ -S) were obtained from Boehringer Mannheim. ATP was the sodium salt and ADP- $\beta$ -S was the lithium salt.

# Results

# Effect of adenosine-5'-O-(2-thiodiphosphate) on insulin secretion

In the presence of 8.3 mM glucose (controls), insulin release increased slightly with time (Figure 1).

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**Figure 1** Effects of increasing concentrations of adenosine-5'-O-(2-thiodiphosphate) (ADP- $\beta$ -S) on insulin secretion from the isolated perfused pancreas of the rat: ( $\bigcirc$ ) 49.5 nM (n = 4); ( $\blacktriangle$ ) 165 nM (n = 7); ( $\bigcirc$ ) 495 nM (n = 7), controls ( $\diamondsuit$ ) (n = 6). The insulin output rate (ng min<sup>-1</sup>) at 45 min for each set of experiments was:  $35.25 \pm 4.32$ ;  $30.20 \pm 5.45$ ;  $31.47 \pm 4.20$ ;  $32.91 \pm 8.09$  respectively. Each point represents the mean with s.e.mean shown by vertical lines.



Figure 2 Concentration-response curves for adenosine-5'-O-(2-thiodiphosphate) (ADP- $\beta$ -S,  $\bullet$ )- and adenosine 5'-triphosphate (ATP, O)-induced insulin secretion. Each point represents the mean of 4-7 experiments and vertical lines indicate the s.e.mean. Solid lines represent the calculated regression lines.



**Figure 3** Effects of adenosine-5'-O-(2-thiodiphosphate) (ADP- $\beta$ -S) on pancreatic flow rate of the rat: (a) ( $\bigcirc$ ) 49.5 nM (n = 4); ( $\bigoplus$ ) 495 nM (n = 7); ( $\triangle$ ) 16.5  $\mu$ M (n = 6); controls ( $\diamondsuit$ ) (n = 6). (b) Concentration-response curve. Each point represents the mean with vertical lines showing s.e.mean.

The effects of ADP- $\beta$ -S were studied at concentrations ranging from  $1.65 \times 10^{-9}$  to  $1.65 \times 10^{-5}$  M. At 1.65 and 16.5 nM ADP- $\beta$ -S did not significantly affect insulin release. In the range 49.5–495 nM, ADP- $\beta$ -S evoked a biphasic insulin response which was concentration-dependent (Figure 1). The kinetics of the insulin response were qualitatively similar to those of the response elicited by ATP (Loubatières-Mariani *et al.*, 1979). When it was used at 1.65 or 16.5  $\mu$ M, insulin responses were not significantly different from those observed with 495 nM.

The concentration-response curves for ADP- $\beta$ -S and ATP are shown in Figure 2. For each compound we carried out a linear regression analysis from the values of increase of mean insulin output rate. A comparison of potency was performed by the parallel line assay method (Armitage, 1980). The two concentration-response curves did not deviate significantly from parallelism; ADP- $\beta$ -S was 100 fold more potent than ATP with [65–150] for 95% confidence limits. In the presence of a non stimulatory concentration of glucose (4.2 mM), ADP- $\beta$ -S at 165 nM, (the concentration inducing the half-maximum effect in the presence of glucose 8.3 mM) did not influence basal insulin output rate. The insulin output during the 30 min of ADP- $\beta$ -S infusion was 10.0 + 1.9 ng versus 9.8 ± 1.2 ng in the controls.

# Effect of adenosine-5'-O-(2-thiodiphosphate) on pancreatic flow rate

In the absence of ADP- $\beta$ -S the pancreatic flow rate decreased slightly with time (Figure 3a).

ADP- $\beta$ -S at 1.65 and 16.5 nM did not significantly modify the flow rate. At concentrations effective on insulin secretion (49.5–495 nM), it induced a progressive and slight increase of the pancreatic flow rate (Figure 3a) which reached a maximum 8–10 min after the start of the infusion and remained sustained. ADP- $\beta$ -S at the highest concentration tested (16.5  $\mu$ M) induced a vasodilator effect which was more pronounced. With ADP- $\beta$ -S 49.5 nM, 165 nM, 495 nM and 16.5  $\mu$ M the AUC were, respectively, 3044 ± 54 (NS), 3118 ± 71 (P < 0.05), 3183 ± 63 (P < 0.01), and 3364 ± 63 (P < 0.001) versus controls (2945 ± 17). The effect of ADP- $\beta$ -S on the mean flow rate was concentration-dependent at the tested concentrations in the range 49.5 nM-16.5  $\mu$ M (Figure 3b).

The effects of ATP on flow rate were studied at concentrations ranging from 0.165 to  $165 \,\mu$ M. With ATP 0.165  $\mu$ M the flow rate was not modified. At the higher concentrations (1.65–49.5  $\mu$ M) the flow rate responded differently according to the pancreas; it was either not changed or slightly increased. At 1.65, 4.95 and 49.5  $\mu$ M the AUC were respectively 3089  $\pm$  85 (NS), 3110  $\pm$  102 (NS) and 3215  $\pm$  107 (NS) versus 2940  $\pm$  16 in controls. Only the concentration of 16.5  $\mu$ M induced a significant increase of the flow rate: the area under the curve was  $3241 \pm 110$  (P < 0.05) versus controls. This effect was not observed at the highest concentration tested (165  $\mu$ M): the AUC was 2941  $\pm$  84.

#### Discussion

This study shows that ADP- $\beta$ -S, like ATP, induces a biphasic insulin release when rat isolated pancreas is perfused in the presence of a moderately stimulatory concentration of glucose (8.3 mm). On the other hand, ADP- $\beta$ -S itself is ineffective on basal insulin secretion in the presence of a non stimulatory glucose concentration (4.2 mm). Thus, this agent is a potentiator of glucose-induced insulin release. Previous results have demonstrated that ATP or ADP, which were ineffective with glucose at a concentration of 4.2 mm (Bertrand et al., 1989) stimulated insulin release in the presence of glucose 8.3 mm, via P, purinoceptors (Loubatières-Mariani et al., 1979); the  $P_2$  purinoceptor involved was characterized as a  $P_{2y}$  subtype, since 2-methylthio ATP was more potent than ATP (Bertrand et al., 1987). The present work shows that an ADP analogue, ADP- $\beta$ -S, is a potent insulin secretory agent in the presence of a stimulatory glucose concentration. ADP- $\beta$ -S, at concentrations ranging from 4.95 × 10<sup>-8</sup> M to 4.95 × 10<sup>-7</sup> M induced a concentration-dependent response and was 100 times more potent than ATP. Like 2-methylthio ATP, ADP- $\beta$ -S exhibits a much higher potency than ATP at  $P_{2y}$  purinoceptors of the  $\beta$ cell. Whereas 2-methylthio ATP is degraded at the same rate as ATP, ADP- $\beta$ -S has been reported to be resistant to degradation (Welford et al., 1986). However, the high potency of ADP- $\beta$ -S on  $\beta$  cells appears not to be related to its stability, since another stable analogue of ADP,  $\alpha,\beta$ -methylene ADP, has been shown to display nearly the same activity as ATP on insulin secretion (Chapal & Loubatières-Mariani, 1981). Furthermore no correlation has been reported between the rate of breakdown of an agonist and its pharmacological potency at  $P_{2y}$  receptors (Welford *et al.*, 1986). ADP- $\beta$ -S has been shown to be more potent than ATP or ADP at  $P_{2y}$  purinoceptors involved in relaxation of the guinea-pig isolated taenia coli (Burnstock *et al.*, 1984) and in activation of the turkey erythrocyte phospholipase C (Boyer *et al.*, 1989). On the other hand, ADP- $\beta$ -S was equipotent with ATP or ADP at  $P_{2x}$ purinoceptors mediating contraction of the guinea-pig urinary bladder and vas deferens (Burnstock *et al.*, 1984; Fedan *et al.*, 1986). Since ADP- $\beta$ -S appears to be a more potent agonist at the  $P_{2y}$  purinoceptor, our results provide further pharmacological evidence for a  $P_{2y}$  purinoceptor on rat  $\beta$  cells.

We have previously shown that the pancreatic vascular bed was transiently constricted by ATP or ADP at very high concentrations (>165  $\mu$ M) (Chapal & Loubatières-Mariani, 1983). The agonist potency order of ATP and its structural analogues on the decrease of flow rate:  $\alpha,\beta$ -methylene ATP >  $\beta,\gamma$ methylene ATP > 2-methylthio ATP > ATP indicated the involvement of a P2x purinoceptor (Chapal & Loubatières-Mariani, 1983; Bertrand et al., 1987). In our study, ADP-B-S, even at the highest concentrations, elicited in contrast, an increase in pancreatic flow rate which was concentrationdependent from  $4.95 \times 10^{-8}$  M. Nevertheless, it should be noted that ADP- $\beta$ -S at the concentration (495 nm) inducing a maximum effect on insulin secretion, did not induce a maximum vasodilator effect, since a much more pronounced vasodilatation was observed at the highest concentration tested (16.5  $\mu$ M). A slight but significant vasodilator effect occurred with ATP only at  $16.5 \,\mu\text{M}$  but could not be observed at the high concentration of  $165 \,\mu M$ . The disappearance of the vasodilator effect could be explained by the opposing vasoconstrictor effect of ATP, via P<sub>2x</sub> purinoceptors, which becomes apparent at high concentrations, as previously shown (Chapal & Loubatières-Mariani, 1983); such a mechanism has also been proposed in the mesenteric bed of the rat in which tone has been increased by noradrenaline (Ravelic & Burnstock, 1988). In fact, ATP can mediate vessel relaxation or constriction through endothelium  $P_{2y}$  purinoceptors and smooth muscle  $P_{2x}$  purinoceptors respectively (Burnstock, 1987; Pearson & Gordon, 1989) but it could also act indirectly, after hydrolysis into adenosine, on P1 purinoceptors mediating vasodilatation. Concerning the pancreatic vascular bed, adenosine has been reported to increase the flow rate by acting on P<sub>1</sub> purinoceptors (Soulaymani et al., 1985). However, it seems unlikely that vasodilatation elicited by ADP- $\beta$ -S involves an action via adenosine, since this ADP analogue is resistant to hydrolysis. So ADP- $\beta$ -S, a stable and more specific  $P_{2y}$  agonist evoked, at the concentrations used, only a vasodilator effect, whereas ATP exhibited more complex effects.

We have previously suggested that ATP and ADP, via  $P_2$  purinoceptor activation, could exert an important role in the control of the  $\beta$  cell by potentiating acetylcholine (Bertrand *et al.*, 1986) and glucose (Bertrand *et al.*, 1989) stimulations. Furthermore we have shown that 2-methylthio ATP infused directly into the dog pancreatico-duodenal artery (this procedure was used because of the rapid metabolism of this analogue) induced an insulin secretion sufficient to provoke a reduction of glycaemia (Ribes *et al.*, 1988). Since ADP- $\beta$ -S is a more stable and potent insulin secretory  $P_{2y}$  purinoceptor agonist, it might therefore be a useful agent to stimulate insulin secretion and decrease glycaemia *in vivo*.

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