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# Glucose responsive insulin production from human embryonic germ (EG) cell derivatives

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# Abstract

Type 1 diabetes mellitus subjects millions to a daily burden of disease management, life threatening hypoglycemia and long-term complications such as retinopathy, nephropathy, heart disease, and stroke. Cell transplantation therapies providing a glucose-regulated supply of insulin have been implemented clinically, but are limited by safety, efficacy and supply considerations. Stem cells promise a plentiful and flexible source of cells for transplantation therapies. Here we show that cells derived from human embryonic germ (EG) cells express markers of definitive endoderm, pancreatic and  $\beta$ -cell development, glucose sensing, and production of mature insulin. These cells integrate functions necessary for glucose-responsive regulation of preproinsulin mRNA and expression of insulin C-peptide *in vitro*. Following transplantation into mice, cells become insulin and C-peptide immunoreactive and produce plasma C-peptide in response to glucose. These findings suggest that EG cell derivatives may eventually serve as a source of insulin producing cells for the treatment of diabetes.

# Keywords

Diabetes; stem; pancreas; endoderm; transplantation; development

The promise of a cellular therapy for type 1 diabetes has been sparked by the introduction of novel immunosuppressive regimens used in conjunction with cadaveric islet transplantation [1]. However, scarcity of cadaveric islets motivates the search for an alternate source of glucose-responsive insulin-producing (GRIP) cells. Pluripotent stem cells are a promising source for cellular based therapies. Spontaneous insulin production by mouse and human ES cell derivatives [2–5], as well as induced expression following manipulation of *in vitro* growth conditions [6–11] or genetic modification [12–14] have been reported.

Human embryonic germ (EG) cells are pluripotent stem cells derived from primordial germ cells [15]. Like ES cells, EG cells differentiate *in vitro* to form embryoid bodies (EBs) comprised of mature cell types and rapidly proliferating progenitor cells. Outgrowth of cells from disaggregated human EBs yields embryoid body-derived (EBD) cell cultures that proliferate robustly with a normal diploid karyotype and express progenitor and differentiated

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cell markers [16]. EBD culture LVEC has been differentiated into cells of the musculoskeletal lineages in vitro [17]. In this report we describe conditions under which LVEC cells express markers of definitive endoderm, pancreatic development and function. These cells achieve a GRIP phenotype *in vitro* and *in vivo*.

# MATERIALS AND METHODS

#### Cell culture

LVEC cells were plated on type I collagen coated plates at  $1.9 \times 10^4$  cells/cm<sup>2</sup> and grown in 5 mM glucose, 5% fetal calf serum, basic fibroblast growth factor, insulin like growth factor I, vascular endothelial growth factor, epidermal growth factor, hydrocortisone, ascorbic acid, gentamycin, and amphotericin (EGM2MV, Clonetics) as described [16]. Day of plating is D0, media was replaced on D1, 3, 6 and 9. Mean cell number (n=3 counts) was determined by automated counting of cell nuclei (Nucleocounter, New Brunswick Scientific). Viability was determined by incubation with 0.4% solution of Trypan blue (Sigma).

## **Glucose Exposure in vitro**

Cultures were supplemented daily to 5 mM glucose, 1 hr prior to RNA harvest, media was adjusted to 5mM or 20mM. To test for glucose responsive insulin release, on D6 and 8, cells plated in triplicate were incubated 2 hrs in media supplemented serially with 5 mM, 20 mM then 5 mM glucose or equivalent concentrations of mannitol. C-peptide levels were determined by using the 1-2-3 Ultrasensitive human C-peptide ELISA kit (Mercodia/Alpco), readings were done in duplicate. Significance was determined by 2-tailed paired Student's T-test.

#### **Reverse Transcriptase-Polymerase Chain Reactions**

cDNA was synthesized by using oligo (dT) primers in a standard Moloney Murine Leukemia Virus reaction. Twenty to 35 cycles of PCR were carried out with 1 min. each for denaturation at 95°C, annealing and polymerase at 72°C. Oligonucleotide primer sequences, number of cycles and annealing temperatures are provided (Supplementary Table 1). Amplimers were resolved on 1–3% agarose gels, imaged by using a BioRad Chemidoc XRS and DNA sequence confirmed. All reactions were performed at a minimum in biological duplicate. The mRNA levels of preproinsulin and Cyclophilin A were determined by using Taqman® gene expression assays Hs00355733\_m1 and Hs9999904\_m1, respectively. Mean levels (3–5 readings/ sample) of insulin were normalized to mean levels of Cyclophilin A. Significance was determined by 2-tailed heteroscedastic Student's T-test. Threshold cycle (Ct) numbers are reported in Supplementary Table 2.

#### Immunocytochemistry

Staining LVEC at high cell density was carried out at D1, 6 and 8. LVEC cells and cultured human cadaveric islets were disaggregated by incubation in 0.25% trypsin/EDTA for 5–10 min. at 37°C. Cells were resuspended in calcium/magnesium free Dulbecco's phosphate buffered saline (DPBS) and affixed to glass microscope slides by using a cytospin. LVEC cells were grown at low density on glass chamber slides coated with type I collagen. Cells were fixed in ice-cold 4% paraformaldehyde (PFA) in DPBS for 4 min., washed in 10 mM glycine in DPBS, incubated in DPBS, 0.3% Triton-X100, 1% BSA, 5% animal serum for 30 min. at room temperature, then incubated overnight at 4°C in primary antibody: guinea pig anti-porcine insulin (DAKO), rabbit anti-human C-peptide (Linco). Rabbit anti-glucagon (Zymed), rabbit anti-somatostatin (Zymed), goat anti-SOX17 (R&D Biosystems), goat anti-FOXA2 (R&D Biosystems), rabbit anti-SOX7 (Santa Cruz). Secondary antibodies were conjugated to Alexa-488 or -555 (Invitrogen). Cells were counterstained with 4',6-diamidino-2-phenylindole

(DAPI). Quantitative analyses were performed by manual counting stained cells in 4 or more random fields.

# Immunohistochemistry

Five to 8µ sections of human pancreas and mouse tissues following LVEC cell injection were blocked in 10% animal serum, 1% BSA in DPBS for 1 hr at room temperature. Sections were stained with antibodies developed against human C-peptide (Linco), porcine insulin (DAKO) or pan cytokeratin (Chemicon) overnight at 4°C. Secondary antibodies were fluorescently labeled or conjugated to horseradish peroxidase (DAKO). Cells were counterstained with DAPI or hematoxylin.

#### **Cell transplantation**

NOD/LtSz-*Prkdc<sup>scid</sup>*/J mice fed ad libitum were given an intraperitoneal (IP) injection of 125 mg/kg body weight streptozotocin (STZ) in 0.1M sodium citrate pH 4.5 or citrate alone. Blood glucose levels were monitored to establish diabetes onset. To facilitate cell tracking but minimize cell toxicity, 20% of LVEC cells at  $2.0 \times 10^4$  cells/cm<sup>2</sup> were labeled by incubation with 500 ng/ml Hoechst 33342 (Sigma) and 5  $\mu$ M Vybrant DiD (Invitrogen) for 1 hr. Cells were resuspended in calcium/magnesium-free DPBS at a concentration of  $10^7$  cells/ml. Animals were anesthetized by inhalation of 3–5% Enthrane. Approximately 0.1 ml cells were injected into the spleen or mixed with an equal volume of Matrigel<sup>TM</sup> and injected under the kidney capsule. An IP glucose tolerance test (2 g glucose/kg BW) was performed 22 days after splenic injection. Glucose > 600 mg/dL was plotted as 600 mg/dL. Human C-peptide was determined by using ELISA. Readings for each animal were made in duplicate (n= 4 animals). A 2-tailed heteroscedastic Student's T-test was used to determine significant difference in blood glucose concentration. A 2-tailed paired Student's T-test was used to determine significant difference in significance of C-peptide values. Thirty days following cell injection kidneys were harvested.

# RESULTS

#### LVEC cells express markers of glucose sensing, insulin production, and processing

Proliferating LVEC cells express low or undetectable levels of insulin mRNA. When LVEC cells were plated at  $1.9 \times 10^4$  cells/cm<sup>2</sup> and allowed to increase to  $9 \times 10^4$  cells/cm<sup>2</sup> (Supplementary Fig. 1) expression of preproinsulin (INS), glucose transporter 2 (GLUT2), glucokinase (GCK), ATP-sensitive inward rectifier potassium channel 11 (KIR6.2) and prohormone convertase 1/3 (PC1/3) mRNA was detected throughout the time course. INS and KIR6.2 mRNAs were not detected on D1 but were detected by D6 (Supplementary Fig. 2). >90% of adherent cells remained viable (data not shown).

On D8, approximately 5% of LVEC cells express cytoplasmic insulin protein (17/355) (Fig. 1A) or C-peptide (14/270) (Fig. 1C). With limited disaggregation prior to staining, most insulin + or C-peptide+ cells appeared in multicellular clusters. Fewer insulin (3.8%, 8/208) and C-peptide (3.8%, 13/340) positive cells were present on D6 and no staining was observed on D1 (data not shown). No expression of glucagon or somatostatin (Fig. 1E,G) was detected.

# LVEC cells express transcription factors involved in the development of endoderm and endocrine pancreas

The mRNA expression of endoderm and endocrine pancreas transcription factors were detected during the 10 day time course (Supplementary Fig. 2). This includes sex determining region Y-box 17 (SOX 17), paired box gene 6 (PAX6), paired box gene 4 (PAX4), NK2 transcription factor related, locus 2 (NKX2.2), neurogenin 3 (NGN3), islet 1 (ISL1), hepatocyte nuclear factor  $4\alpha$  (HNF $4\alpha$ ), hepatocyte nuclear factor  $1\alpha$  (HNF $1\alpha$ ), homeobox HB9 (HB9), forkhead

box A2 (FOXA2), neurogenic differentiation factor 1 (NEUROD1) and pancreatic and duodenal homeobox 1 (PDX1). Expression of NK6 transcription factor related, locus 1 (NKX6.1) was not detected. SOX17, ISL 1, HNF1 $\alpha$ , HB9 and PAX6 expression was detected on D1, 6 and 8. PAX 4 expression was detected on D1 and 8 but not 6. NKX2.2, NGN3 and FOXA2 were expressed on D6 and 8. HNF4 $\alpha$  was expressed on D6. NEUROD was expressed on D1 and PDX1 was expressed on D5.

#### LVEC cells express markers of definitive endoderm

Immunocytochemical staining was done to determine the frequency and co-expression of the early endodermal markers FOXA2, SOX17, sex determining region Y-box 7 (SOX7), and the ductal epithelial marker cytokeratin 19 (CK19). At low cell density (<1.9×10<sup>4</sup> cells/cm<sup>2</sup>) nearly all LVEC cells express FOXA2 (Fig. 1I). Approximately 68% (97/141) of LVEC are FOXA2 +/SOX17+, 21% (33/152) are SOX17+/SOX7-, and 30% (45/152) are SOX17+/SOX 7+ (Fig. 1J). Coexpression of SOX17 and SOX7 suggests a population of visceral endoderm. Approximately 38% (37/97) of the FOXA2+/SOX17+ cells express CK19 (Fig 1K).

#### INS mRNA and C-peptide levels are glucose responsive in vitro

To assess glucose responsiveness we compared INS mRNA expression levels when cultures were exposed to 5 mM or 20 mM glucose (Fig. 2A). There was no significant difference in INS mRNA expression at D6 with respect to glucose concentration. However, when supplemented to 20 mM INS mRNA peaked at D8 and was elevated 2.9-fold ( $22.64\pm8.33$  to  $66.32\pm15.56$ , P<0.01) compared to cells supplemented to 5 mM. This expression level is 1000-fold lower than levels observed in the adult pancreas.

We next investigated C-peptide release in response to glucose concentration. At D6 and 8 we exposed cells serially to 5mM, 20 mM and then 5 mM glucose. C-peptide increased 5-fold  $(0.35\pm0.08 \text{ pmole/L} \text{ to } 1.8\pm0.26 \text{ pmole/L}, P<0.05)$  in 20 mM glucose then decreased (0.43  $\pm0.06 \text{ pmole/L}$ ) when re-exposed to 5 mM glucose (Fig. 2B). This pattern of release occurred only on D8 and was not due to an osmolar effect since it did not occur with 20 mM mannitol (data not shown).

#### LVEC cells engraft and produce C-peptide when transplanted under the kidney capsule

LVEC cells expressing low levels of INS mRNA and undetectable levels of INS protein were suspended in Matrigel<sup>TM</sup> and injected under the kidney capsule of normoglycemic mice. Cells immunoreactive to the C-peptide antibody were scattered within the matrix and in duct-like epithelial structures opening into a central lumen (Fig 3A). All of these structures stained positively for cytokeratins and often appear to branch (Fig 3B).

#### Human C-peptide accumulation in blood following injection of LVEC cells

Mean glucose levels of untreated (no STZ, n=3 animals), mock treated (STZ, no cells, n=3 animals) and cell treated animals (STZ, cells, n=5 animals) were 107.8±10.3, 127.8±18.8 and 161.0±44.2 mg/dL, respectively, at time of transplantation. Glucose levels of STZ-treated animals were elevated compared to untreated animals (P<0.001, data not shown). Approximately 2 weeks after LVEC cell administration into the spleen, human C-peptide became detectable in the plasma of 4 of 5 animals injected with a mean (omitting the non-responder) of  $3.8\pm1.4$  pmole/L. This level increased in all 4 responding animals at 22 days to a mean of  $6.6\pm1.5$  pmole/L (Fig 4A). Failure to detect human C-peptide in the non-responder and in mock injected negative control animal plasma establishes the species-specificity of our ELISA (data not shown). Mean blood glucose concentration of the cell-treated animals was not different than mock-treated controls.

At 22 days, an IP glucose tolerance test (IPGTT) was performed on the 4 human C-peptide immunoreactive animals. Mean C-peptide level decreased from  $6.95\pm1.65$  pmole/L to  $1.7\pm0.5$  pmole/L following overnight fast concomitant with a fall in blood glucose (P<0.01). Following glucose administration, mean C-peptide level increased at 90 min. to  $14.9\pm2.5$  pmole/L (P<0.01) then decreased between 90 and 180 min (P<0.01). A second peak of  $25.6\pm2.9$  pmole/L was observed at 240 min. (P<0.001) followed by a decrease to  $14.7\pm2.0$  pmole/L at 360 min. (P<0.001) (Fig 4B). There was no difference in the blood glucose levels between the cell- and mock-injected animals (Data not shown). Islands of insulin-immunoreactive cells in responding animals were of human origin based on co-localization of Hoechst 33342-labeled nuclei and DiD-labeled cell membranes and cytoplasm (Fig 4C–D). Labeled insulin negative cells were also detected in the spleen of responding animals. No labeled cells were detected in the non-responding animal (data not shown). This finding is consistent with a mixed cell population observed *in vitro*.

# DISCUSSION

A cure for type 1 diabetes requires a closed loop system of continuous glucose monitoring coupled to insulin delivery. For a cellular treatment, this implies functional integration of gene products involved in glucose sensing and mature insulin production. We have demonstrated that LVEC cells express markers of definitive endoderm, pancreatic development and  $\beta$ -cell function and provide evidence of integrated glucose sensing and insulin production *in vitro* and *in vivo*.

Definitive endoderm identified by coexpression of FOXA2 and SOX17 in 60–80% of differentiated human ES cells [18] is comparable to our finding of 68% in LVEC cultures. SOX17 expression in the absence of SOX7 has also been used to mark definitive endoderm following human ES cell derivation [18]. The 21% SOX17+/SOX7- population present in LVEC cultures may be a subpopulation of cells coexpressing FOXA2 and SOX17.

NKX6.1 was the only transcription factor not detected. NKX6.1 deficient mice develop a reduced number of mature  $\beta$  cells, but those that form are capable of replication at the same rate as wild type [19]. NKX6.2 has been shown to partially compensate for NKX6.1 activity in NKX6.1 deficient mice. However,  $\beta$  cells still form in NKX6.1/NKX6.2 double mutants, albeit in reduced numbers [20].

In the pancreas CK19 is expressed by ductal epithelia and marks stem/progenitor cell potential [21,22]. CK19 expression has been used to track epithelial-to-mesenchymal transition of human islet-derived precursor cells from a ductal CK19+ INS- phenotype to a INS+ phenotype [23] as well as differentiation of non-endocrine epithelial cells of adult human pancreas into  $\beta$ -cells [22]. The CK19+ definitive endoderm population (38% FOXA2+/SOX17+/CK19+) may be precursors to INS+ cells but this requires confirmation by lineage tracing. CK19 immunoreactivity accounts for virtually 100% of pan cytokeratin immunoreactivity *in vitro* (data not shown). Transplanted LVEC cells acquire an INS+ cytokeratin+ epithelial phenotype, similar to that observed in human fetal pancreas [24].

When LVEC cells were exposed to high glucose INS mRNA increased 2.9-fold on D8, suggesting integration of glucose sensing and insulin production at the single cell level. This is supported by glucose responsive C-peptide release on D8. These results are consistent with 2- to 5-fold increases in INS mRNA levels observed in HIT-T15 insulinoma cells and isolated rat islets [25].

LVEC cells were transplanted into mildly hyperglycemic mice to expose them to potential regenerative signals while minimizing glucotoxicity. Following splenic transplantation, human C-peptide was detectable by D12 and reached a mean of 6.6 pmole/L in approximately 3 weeks.

This is below the human fasting range of 170–660 pmole/L [26] but established that processed insulin produced by LVEC cells can enter the circulation. Following glucose administration, blood glucose levels increase followed by biphasic release of C-peptide. The peak C-peptide level of 25.6 pmole/L at 240 min is below the human stimulated C-peptide range of 500–3000 pmole/L [26] and stimulated levels of 532–1618 pmole/L [27] observed from 2000 human islet equivalents transplanted under the kidney capsule of NOD-SCID mice. However, these levels exceeded the  $6.1\pm1.2$  pmol/L C-peptide observed after glucose stimulation of mice transplanted with human neurosphere-derived insulin-producing cells [28]. Although C-peptide levels are at the low end of our assays reported range, statistical analyses of our technical and biological replicates confirms the significance of our findings.

Although there are two peaks of C-peptide following IPGTT, the kinetics of insulin release are delayed and of lower magnitude compared to that observed in rodents or humans. This may be a result of low percentage of LVEC cells with GRIP function, inefficient engraftment, incomplete terminal differentiation comparable to fetal rat [29] and fetal human islets [30] or hyperglycemia causing a loss of insulin gene expression, content, and/or secretion [31].

We have demonstrated glucose responsive insulin production *in vitro*, both at the level of mRNA and mature protein release. Concordantly, in animal models, we demonstrate that LVEC cells can form insulin and cytokeratin expressing duct-like structures, as well as release processed insulin in response to blood glucose. These findings represent a crucial first step towards the development of an expandable source of cells that may be used for cellular therapies for type 1 diabetes.

# Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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#### Figure 1.

Immunocytochemical staining of LVEC cells and human islet cells. A–H, Disaggregated D8 LVEC cells (A,C,E,G) and cadaveric islets (B,D,F,H) stained for: A–B, insulin (INS); C–D, human C-peptide (C-PEP); E–F, glucagon (GLU); G–H, somatostatin (SOM). I–K, LVEC cells stained for: I, FOXA2, J, SOX17 and SOX7, K, SOX17 and Cytokeratin 19 (CK19). Nuclei counterstained with DAPI. Scale bar: 20 µm.

Clark et al.



#### Figure 2.

LVEC cell preproinsulin mRNA expression and C-peptide release. A, Normalized INS mRNA expression on Y-axis, day of RNA harvest on X-axis. Media supplemented to 5 mM (diagonal) or 20 mM (solid) glucose prior to RNA harvest. Significant difference between INS mRNA levels in 20mM and 5 mM glucose on D8 indicated by \*\*, P<0.01. B, Human C-peptide released into media. Glucose concentrations indicated on X-axis, C-peptide values reported as mean  $\pm$ s.d on Y-axis. Significant difference between 5mM and 20 mM indicated by \*, P<0.05.

Clark et al.



# Figure 3.

LVEC cells in Matrigel<sup>TM</sup> 30 days after transplantation under the kidney capsule. Immunoreactivity to: A, human C-peptide, B, Pan cytokeratin. Nuclei counterstained with hematoxylin. Scale bar: 50  $\mu$ m. Clark et al.



#### Figure 4.

Human C-peptide in transplanted mice. A, Mean individual plasma C-peptide on Y-axis by black box, days following transplantation on X-axis. B, mean C-peptide of responders by black boxes on left Y-axis. Blood glucose of one animal by unshaded bars and right Y-axis. On X-axis, NF, not fasting, 0, overnight fast, 30–360, minutes following glucose challenge. Significant differences in C-peptide by \*\* and \*\*\*, for P<0.01 and P<0.001, respectively. C, insulin immunoreactivity of splenic LVEC cells overlayed on a phase contrast image. D, fluorescent imaging of section in C, human cells stained with Hoechst 33342 nuclear (blue) and DiD lipid (red) dyes. D, Parallel section stained with negative control antibody. Scale bar: 50  $\mu$ m.