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## VALVULAR DISEASES OF THE HEART WITH SPECIAL REFERENCE TO THE PATHOGENESIS OF OLD VALVULAR DEFECTS \*

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The primary object of this investigation is to trace the development of old valvular defects. This involves a detailed study of all forms of acute endocarditis, especially with reference to the manner of healing. We have available for study 280 cases of valvular heart disease, not including those of syphilitic origin.

We have classified the valvular diseases as follows:

I. Rheumatic endocarditis

acute
recurrent or chronic

II. Bacterial endocarditis

acute {

primary
secondary
subacute

III. Old valvular defects

inflammatory {
 Group 1

calcified nodular — Group 3

congenital

IV. Syphilis of the aortic valve

I. RHEUMATIC ENDOCARDITIS

1. ACUTE RHEUMATIC ENDOCARDITIS. A summary of eighteen cases of this condition is given in Table 1. The diagnosis is based upon the gross appearance of the lesions on the valves. Although there are no fundamental differences, it is convenient to distinguish

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rheumatic and bacterial vegetations. The former are small, firm, discrete or fused to form a narrow ridge, and translucent to pale red in color. Their consistence is such that they do not become detached to form emboli. Bacterial vegetations are relatively large and vary in color from red to white. They are of soft consistence and portions readily break off to form emboli. The microscopic differences will be discussed later. Transition forms are occasionally seen, and frequently both types of vegetations are found in the same heart or even on the same leaflet. The cases classed as rheumatic are those in which no typical vegetations of bacterial type are found.

Seven of the eighteen patients were suffering with multiple acute arthritis at the time of death and were therefore typical clinical cases of acute rheumatic fever. Five others had clinical signs of systemic infection but had no arthritis. In the light of the postmortem findings these may also be considered acute rheumatic fever, since it is well known that rheumatic endocarditis may exist without arthritis. The case of chorea belongs definitely to the rheumatic group.

But there are five cases in which the endocarditis was an accidental postmortem finding. In Nos. 24-364 and 25-411 there are no clinical data. In the case of acute poliomyelitis, the rheumatic lesion may be interpreted as an independent terminal infection; but in the two cases of acute endometritis there is a strong suggestion that the endocarditis was produced by the organisms responsible for the uterine infection. Rheumatic endocarditis does occur secondary to infectious processes though much less frequently than the bacterial type.

Acute pericarditis was present in every case that died primarily of rheumatic fever, and this complication seems to be largely responsible for death in the acute stage.

Coincident with the formation of the vegetations there is a diffuse inflammation of the marginal part and often of the entire leaflet. The leaflet shown in Fig. 1 is opaque throughout; its capillaries are greatly dilated, and there are several small hemorrhages. Microscopically this leaflet shows an extensive lymphocytic exudate throughout. This diffuse distribution of the inflammation in the acute stage is important in the interpretation of the old valve defects to be discussed later on.

1	endocardikis
TABLE	rheumatic
	Acute

Number	Age in years	Sex	Duration	Acute arthritis	Sepaia without arthritis	Acute peri- carditis	Valves involved	Aschoff bodies	Cause of death	Glomerulo- nephritis
10-92	14	н	2 wks.	1	:	1	mitral	+	chorea	1
15-83	28	н	several months	+	:	+	mitral	1	rheumatic fever	2
16-272	23	M	1/13	ı	+	+	mitral	+	rheumatic fever	
16-326	18	M	6	1	:	I	mitral	1	acute poliomyelitis	6
17-106	4	н	3 wks.	+	:	+	mitral	,	rheumatic fever	1
20-319	31	M	3 wks. +	+	:	+	mitral, aortic	1	rheumatic fever	6
22-185	9	н	2 mos.	+	:	+	mitral, tricuspid	+	rheumatic fever	6
22-209	28	ĹЧ.	3 days	1	:	I	aortic	1	acute endometritis	   1
22-595	0	н	3 wks.	1	+	+	mitral, aortic, tricuspid	+	rheumatic fever	۰.
23-354	13	M	2 mos. +	1	+	+	mitral	+	rheumatic fever	۰.
24-IB	15	ы	3 mos.	+	:	+	mitral, aortic	+	rheumatic fever	~
24-275	34	M	3 wks.	+	:	+	mitral	+	rheumatic fever	1
24-364	6	W	2	1	:	1	mitral	+	undetermined	1
25-163 <b>8</b>	16	M	3 mos.	1	+	+	mitral, aortic	+	rheumatic fever	~
25-17I	61	M	2 mos.	+	:	÷	mitral, aortic, tricuspid	+	rheumatic fever	۰.
25-207	31	ы	8 days	I	:	ı	mitral	1	acute endometritis	1
25-319	3 mo.	M	3 days	1	+	I	mitral	1	rheumatic fever, meningocele	1
35-411	23	۲ų	\$	1	:	1	mitral	+	acute lysol poisoning	1

2. RECURRENT OR CHRONIC RHEUMATIC ENDOCARDITIS (Table 2). In this group all hearts are included that show acute lesions of rheumatic type along with thickened scarred leaflets. It is not possible to make an anatomic distinction between chronic and recurrent forms but this may sometimes be done clinically.

Clinical Features. In this group of eighteen patients, thirteen gave a definite history of one or more attacks of acute arthritis, and of these, two had arthritis at the time of death. The history was incomplete in four cases.

Sixteen patients were suffering from chronic cardiac disease, and of these, five died apparently of cardiac failure without any clinical signs of a terminal infection, two of lobar pneumonia, one from a bleeding gastric ulcer and one from an anesthetic. Of the remaining seven, five had clinical findings suggesting an active infection, but did not have arthritis, and two had typical rheumatic fever at the time of death.

The two patients that had no signs of chronic cardiac disease died suddenly, one from a gunshot wound, the other from an undetermined cause.

A case of this group may be recognized clinically when the symptoms and signs of an active rheumatic infection are present in association with the evidences of an old valvular defect. These conditions were fulfilled in only six cases, and even these were difficult to distinguish clinically from subacute bacterial endocarditis.

Gross Pathology. The vegetations are identical grossly with those of the acute rheumatic type described above. In nine hearts, only the previously thickened valves showed acute vegetations; but in three hearts the vegetations were found on the normal valves and not on the defective ones. In six hearts both kinds of valves showed vegetations, and in nine hearts, therefore, acute lesions were found on valves not previously diseased. In a recurrent infection there seems to be a definite tendency for more valves to become involved.

The appearance of the affected thin leaflets corresponds entirely to the acute rheumatic type; but on the thickened leaflets the vegetations are usually not prominent and are easily overlooked (Fig. 2). The situation of the vegetations is the same as in the acute type.

Considering both acute and chronic changes, the mitral valve was affected in 17 instances, the aortic in 14, the tricuspid in 6 and the pulmonary in 1. The mitral alone was involved in 3 cases, but no other valve was affected singly. There is evidently a greater tendency for the original infection to attack the mitral value. (Table 2, mitral valve defect 17, aortic valve defect 8) (cf. also Table 1, mitral 19, aortic 7).

Structure of Rheumatic Lesions.<sup>1</sup> The stages preliminary to the appearance of the vegetations are not known with certainty since the disease is recognized only when they are present. In association with the smallest vegetations there is already a widespread inflammation throughout the marginal part of the leaflet. In 25-319 (Table 1) the clinical duration was only three days and the vegetations were few and very small. Portions of the leaflets between vegetations show many fibroblasts and polymorphonuclear leucocytes, as well as edema. In well developed cases, the margins of the leaflets apart from the vegetations may show a structure such as is shown in Fig. 3, *viz.*, many large fibroblasts, a few lymphocytes and polymorphonuclears, and an intact surface endothelium.

The smallest vegetations vary somewhat in structure, depending upon the relative proportion of fibroblasts, hyalin, and serous and cellular exudate. The most common type is shown in Fig. 4 (righthand side). There is a dense collection of fibroblasts near the surface with a little hyalin at the surface. A few polymorphonuclears and lymphocytes are present. On the left-hand side of Fig. 4, the vegetation contains a large amount of hyalin. The endothelium is detached over the central part of the vegetations.

In some vegetations hyalin is a very prominent constituent (Fig. 6). It forms in masses within the leaflet and breaks through the endothelium.

A typical well formed vegetation is elevated from the surface and sometimes pedunculated (Fig. 7). The core is formed chiefly of fibroblasts, but there is a varying amount of serous exudate (edema) and cellular exudate (lymphocytes). Small capillaries are always present. There is a surface layer of hyalin under which the fibroblasts are somewhat more closely packed than elsewhere (Fig. 8). The surface endothelium is largely detached over the hyalin. In some places small platelet thrombi form on the rough surface (Fig. 5). Underneath the vegetation there is a marked inflammatory reaction, characterized by extensive perivascular lymphocytic infiltration and numerous small fibroblasts.

The vegetations seem to be merely localized swellings on the leaflet

Cause of death Acute pericar- merulo- ditia heatons ritia
ar pneumonia, F.
C. F.
+
previously involved
at time of death
time of death
of acute arthritis *
cardiac
Sex
Age in years
lumber

TABLE 2 Recurrent rhoumatic endocarditis

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1	1	1	<b>~</b>	1	1	•	e-	e-	
1	1	I	1	1	1	1	1	1	
I	+	1	+	+	1	+		1	k.
C.F.	acute pericarditis, C. F.	C.F.	C. F., acute pericarditis	C. F.	2	C. F., rheumatic fever	C. F., gastric ulcer hemorrhage	anesthetic, C. F.	I. S chiefly insufficienc
+	+	1	+	+	1	+	+	1	j.
575	400	ğ	550	800	325	300	8 8	50 200	sfly steno
mitral, tricuspid	mitral, aortic	mitral, aortic, tricuspid, pulmonary	mitral, aortic	aortic, mitral	mitral	mitral, aortic	tricuspid	mitral	v. S. I. = chie
aortic, I <sub>s</sub> , mitral, S. I.	mitral, I. S.	mitral, S., aortic, I. S., tricuspid, S., pulmonary, I. S.	mitral, S. I.	aortic, I <sub>s</sub> , mitral, I <sub>1</sub>	mitral, S. I.	mitral, Is	aortic, Ia	mitral, Sa	I = insufficiency
1	+	1	+	1	~	+	I	ı	oeis.
I	1	1	1	1	~	1	1	1	S = sten
7 mos.	2 yrs., several later	8 yrs.	1 mo.	2 mos.	8	4 yrs.	2	т то.	rdiac failure.
7 mos.	1 mo.+	8 yrs.	I mo.	6	2	1 уг.	several yrs.	IO YFB.	nd: C. F ca
W	ы	M	ы	M	FI	ГЦ ГЦ	M	M	Lege
23	14	40	48	35	33	15	36	41	
21-253	22-28	23-153	<b>2</b> 3-161	23-480	24-519	24-28	35-112	25-62I	

The deree of standards or insufficiency is indicated by the subnumbers r, s, s. c.

\* Months or years preceding death.

## VALVULAR DISEASES OF THE HEART

due to an uneven intensity of the inflammatory reaction. What appears grossly to be a single vegetation is usually found microscopically to be a series of small confluent vegetations (Fig. 5).

Different degrees of intensity of the inflammatory reaction are to be noted. In 25-163a the marginal part of the leaflet is involved throughout its cross-section and there is a hyaline layer on both surfaces (Fig. 9). The fibroblasts are large and numerous and some multinucleated forms are seen (Fig. 10). There are many mitotic figures.

The fibroblasts are the most conspicuous cells in a rheumatic lesion. They develop from the fixed connective tissue cells of the leaflet. They may appear as spindle-shaped, branched or rounded with abundant cytoplasm. The reaction is the same as in proliferative inflammation elsewhere. The cell body enlarges and becomes rounded. Cell division occurs repeatedly. Frequently multinucleated fibroblasts are seen. In one valve, 25–163a, a number of typical Aschoff nodules are found.<sup>2</sup> As far as one may judge from transition forms, the multinucleated cells, separate or in Aschoff nodules, are derived from fibroblasts.

Rheumatic inflammation is chiefly proliferative in character but it is not uncommon to find a few polymorphonuclears in the earlier lesions; and small lymphocytes are numerous, especially in the leaflet below the vegetation. The lymphocytes tend to collect around the capillaries. Areas of serous exudate (edema) are often seen in the vegetations and elsewhere, and this is one cause of the swelling.

Dense hyaline material is found constantly on the surface of fresh vegetations. Some small vegetations consist chiefly of hyalin (Figs. 4 to 6). It may also be found deep within the substance of the leaflet apart from vegetations (Fig. 11). It seems to be chiefly a coagulated exudate and not a product of tissue disintegration. When the hyalin breaks through the endothelium, platelets may accumulate upon it (Fig. 5). A platelet thrombus cannot be distinguished from this hyaline material except by its position. Fibroblasts may be found scattered through the hyalin but they are usually not so numerous as elsewhere.

The reaction in the leaflet apart from the vegetations is very important in determining the subsequent effects upon the valve. The marginal part of the leaflets, especially of the mitral and tricuspid

-	
1	
3	
i.	
2	
•	

TABLE 3 Acute primary bacterial endocarditis

choff Glomerulonephritis		- mild acute exudative	1			1		- glomerular abscess	1		1	- embolic	- embolic
9 <sup>4</sup> 9		<u> </u>   .	<u> </u> 	   								 	
Derici				+	' 							 	+
Valves involved	mitral	mitral	mitral	mitral	aortic	mitral	mitral	aortic	mitral, aortic	aortic	mitral, aortic	aortic	all four
Arthritis, time before death	6	6	I	6	6	1	6	1	6	6	1 mo., still present	I mo.	2 wks., still present
Duration	2 days	I wk.	5 wka.	IO days	3 wka.	2 Wk8.	5 days	3 wks.	6 days	5 wks.	4 wks.	4 wks.	2 wks.
Sex	W	Έų	ы	M	W	W	F	M	F	M	M	н	٤
Age, in years	42	31	55	54	43	35	19	61	34	18	78	βı	43
Number	11-128	14-209	14-232	15-159	1 5-39 I	16-54	16-128	17-31	19-197	202	21-124	22-148	17-213

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	Primary disease Giomerulonephritis	titis media -	cute endometritis	uberculosis with cavities (amyloid)	bar pneumonia acute diffuse	rysipelas subacute diffuse	cute endometritis	ostoperative peritonitis	cute endometritis	bdominal tumor	cute endometritis	ernicious anemia	arcinoma of stomach -	ostoperative peritonitis	eritonitis (carcinoma of –
	Aschoff nodules		~				<sup>60</sup>	"	"						
	Acute pericardi-	+	1			     1			1	+			1	+	1
فيستخدمها والمتعادين والمتعاد والمتعالية المراجع والمتعادين والمتعادي والمتعادي والمتعادي والمتعادي	Valves involved	mitral	mitral	mitral	aortic	aortic, mitral	mitral	mitral	mitral	mitral	mitral	mitral	aortic	mitral	mitral, aortic
	Arthritis, time before death	1	-	6	б утв.	4 yrs.	6	6	٩	has chronic arthritis	6	2	6	7	٩
	Duration	s days	ro days	•	4 wks.	2 wks.	ı wk.	م	a few days	ه.	a few days	٩	ه	9 days	6.
	Sex	н	Ľ4	ы	M	M	Ĩ4	M	ы	ĨL,	ы	M	M	н	X
	Age, in years	7	33	31	39	30	23	62	23	38	38	39	47	46	ŞÓ
	Number	10-59	12-18	13-16	14-255	16-89	16-308	16-358	16-381	17-233	17-248	18-39	18-53	19-94	20-200

TABLE 4 Acute secondary bacterial endocarditis

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20-388 $8$ $F$ $r$ many in past amittal $          20-438$ $6g$ $M$ $1 wk$ . $7$ $mitral        20-4386gM1 wk.7mitral        21-373fF4 wks.7         21-373fF0 wks.7         21-373fF0 wks2 mos.   -$	20-267	25	ί±ι	6	6	mitral, tricuspid	1	1	acute endometritis	acute diffuse
20-428 $65$ $M$ $iwk.$ $7$ mitral $$ $         21-150$ $21$ $F$ $4wks.$ $7$ $nitral       21-33736Fawks.7nitral       21-33736M10ards2nros.nitral       21-34746F0nitral        22-13446F0nf        22-13446F0nf        22-13423F107           22-13423F107                                      -$	20-388	38	ы	۴	many in past 2 yrs.	mitral	1	I	leukemia	1
21-150 $11$ $1$ $4$ wks. $?$ mitral $   -$ <th< td=""><td>20-428</td><td>65</td><td>М</td><td>I WK.</td><td>6</td><td>mitral</td><td>1</td><td>1</td><td>influenzal pneumonia</td><td>I</td></th<>	20-428	65	М	I WK.	6	mitral	1	1	influenzal pneumonia	I
21-37 $36$ $F$ $3$ wks. $7$ aottic $   -$	21-150	31	н	4 wks.	6	mitral	I	1	acute endometritis	1
$21-307$ $54$ $M$ $10 \ days$ $2 \ mos.$ $mitral$ $  -$ <th< td=""><td>21-237</td><td>36</td><td>F</td><td>3 wks.</td><td>6</td><td>aortic</td><td>I</td><td>1</td><td>acute endometritis</td><td>1</td></th<>	21-237	36	F	3 wks.	6	aortic	I	1	acute endometritis	1
$2^{2-1}34$ $46$ $F$ $q days$ $?$ $mitral          2^{2-1}4068M???mitral  -<$	21-307	54	M	ro days	2 mos.	mitral	1	1	primary hypertension	I
22-140 $68$ $M$ $?$ $?$ $?$ $mitral         22-23031F???mitral+     23-23231F??mitral        23-23231F??mitral       23-23231F?mitral  -$	22-134	46	F	9 days	4	mitral	1	1	influenzal pneumonia	1
$22-230$ $3$ $F$ $\gamma$ $\gamma$ mitral, acrited $+$ $-$ peritonitis $ 23-352$ $31$ $F$ $1$ wk. $\gamma$ mitral, acrited $ \gamma$ generative fever $\gamma$ $24-212$ $26$ $M$ $\gamma$ $\gamma$ mitral, acrite, tricuspid $+$ $ \gamma$ multiple sclerosisembolicitie $24-506$ $26$ $M$ $\gamma$ $\gamma$ mitral, acrite, tricuspid $ -$ thrombosis of cavernous sinus $ 24-745$ $12$ $M$ $\gamma$ $\gamma$ mitral, acrite, tricuspid $  -$ thrombosis of cavernous sinus $ 24-745$ $12$ $M$ $\gamma$ $\gamma$ mitral, acrite, tricuspid $  -$ thrombosis of cavernous sinus $ 24-745$ $12$ $M$ $\gamma$ $\gamma$ $\gamma$ $      24-745$ $13$ $M$ $\gamma$ $\gamma$ $\gamma$ $      24-745$ $13$ $M$ $\gamma$ $\gamma$ $         24-745$ $13$ $M$ $\gamma$ $\gamma$ $                               -$ <td>22-149</td> <td>68</td> <td>M</td> <td>ę</td> <td>6</td> <td>mitral</td> <td>1</td> <td>I</td> <td>carcinoma of prostate</td> <td>I</td>	22-149	68	M	ę	6	mitral	1	I	carcinoma of prostate	I
23-35331F1 wk.?mitral, aortic-?gcarlet fever?24-31326M?-mitral, aortic, tricuspid+-multiple sclerosisembol24-56626M???mitral, aortic, tricuspid1trombosis of cavernous sinus24-74512M???mitral, aortic, tricuspid1-124-74513M???mitral, aortic, tricuspid125-10368M???mitral+-1infected wound	22-229	23	н	å	٤	mitral	+	1	peritonitis	I
24-313     26     M     ?     -     mitral     +     -     multiple sclerosis     embol       24-566     26     M     ?     ?     mitral, aortic, tricuspid     -     -     thrombosis of cavernous sinus     -       24-745     13     M     ?     ?     mitral, aortic, tricuspid     -     -     thrombosis of cavernous sinus     -       24-745     13     M     ?     ?     mitral     -     -     -     -     -     -       25-103     68     M     ?     ?     mitral     +     -     infected wound     -     -	23-252	31	F	ı wk.	4	mitral, aortic	1	\$	scarlet fever	6
24-56626M???mitral, aortic, tricuspidthrombosis of cavernous sinus-24-74512M???M124-74512M????mitral<	24-212	26	M	\$	1	mitral	+	1	multiple sclerosis	embolic
24-745     12     M     ?     ?     mittal     -     -     acute osteomyelitis     -       25-103     68     M     ?     ?     mittal     +     -     infected wound     -	24-566	26	M	4	4	mitral, aortic, tricuspid	ı	1	thrombosis of cavernous sinus	1
25-103 68 M ? ? mitral + - infected wound -	24-745	13	M	å	4	mitral	I	I	acute osteomyelitis	1
	25-103	68	W	ۍ	e-	mitral	+	I	infected wound	t

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valves, nearly always shows a diffuse inflammation. Rarely this is of an acute proliferative character (Figs. 9 and 10); but more frequently it is of a more chronic type with large numbers of small fibroblasts, prominent blood vessels and some lymphocytes (Fig. 12). The inflammation may extend through the distal half of the valve (Fig. 1) or even to its attached margin. A section through the center of the opaque part of the leaflet shown in Fig. 1 shows a lymphocytic infiltration with many small fibroblasts. It is easy to understand how this lesion may give rise to a thickened scarred valve in the course of healing.

The structure of the vegetations in the recurrent cases is identical with that of the acute rheumatic lesions except that in general the lesions on defective valves are less active. There are usually fewer lymphocytes, smaller fibroblasts and more collagenous fibers. Healing processes are more in evidence and healed or partially healed vegetations are found along with the active ones. The valve underlying the vegetation is composed largely of scar tissue (Fig. 13).

Healing of Rheumatic Lesions. Relatively few persons die during the acute stage of rheumatic endocarditis. Death is usually due either to deformities of the valves that occur in the course of healing or to the subsequent development of a bacterial endocarditis on the diseased leaflets. Evidences of healing were found in all the recurrent and in two of the acute cases (24-364 and 24-1a) of rheumatic endocarditis. In the vegetations the first change noted is the formation of many new collagenous fibers along with a decrease in the size of the fibroblasts. These cells soon recede to the size of fixed tissue cells, and in the denser parts of the scar they usually disappear entirely. The central part of the vegetation becomes a scar-like structure. The lymphocytes emigrate or disintegrate. The peripheral hyaline layer becomes more homogeneous and glassy (Figs. 14 and 15) and remains in this condition indefinitely. It is not absorbed and does not become organized. Hyalin in the deeper parts of the vegetation or in the body of the leaflet may likewise persist indefinitely or it may become calcified. Within the hyaline masses there are very few fibroblasts and these disintegrate without forming collagenous fibers (Fig. 15). The end result of healing of a rheumatic vegetation is scar tissue sometimes with a thin hyaline layer on its surface. In the body of the leaflet healing results in an

increased amount of fibrous tissue which commonly assumes the appearance of a scar. This topic will be discussed further in connection with old valvular defects.

### II. BACTERIAL ENDOCARDITIS<sup>3</sup>

This group includes all cases of active endocarditis except the rheumatic and the syphilitic. The vegetations are larger and softer than the rheumatic type. Their consistence is such that portions may become detached to form emboli. Bacteria are commonly present in the vegetations and in the circulating blood, but they cannot be demonstrated in all cases. There are no fundamental distinctions from rheumatic endocarditis, and lesions of the rheumatic type are present in a large percentage of the hearts of this group; but all hearts in which some of the vegetations are large and soft have arbitrarily been classified as bacterial.

I. ACUTE BACTERIAL ENDOCARDITIS. On clinical grounds it is convenient to classify all cases of less than six weeks' duration as acute and those of longer continuance as subacute. The acute cases may be further subdivided into those in which endocarditis is the only prominent clinical finding (*primary*) and those in which endocarditis is definitely overshadowed by some major illness which causes death (*secondary*).

a. In the *primary* group (Table 3) there are thirteen cases. The clinical picture is that of severe septicemia with or without physical signs of endocarditis. One death was due to cerebral embolism. Associated infections, presumably secondary to the septicemia, were found in four cases, *viz.*, bronchopneumonia, meningitis and pericarditis.

The vegetations are usually large and soft, but some small firm lesions of rheumatic type were occasionally seen. Ulceration of the leaflets was present in only one instance. In ten of the thirteen hearts only one of the valves was involved.

Only four hearts were available for microscopic study of the valves. Two of these showed necrosis of the marginal part of the leaflet with large platelet thrombi, and an exudate of polymorphonuclears and lymphocytes within the valve. In both of these, areas of inflammation of rheumatic type were found on the inner surface of the leaflet midway between the free and attached margins.

	Glomerulonephritia	6	1	1	1	subacute diffuse	embolic and mild acute diffuse	acute diffuse	mild acute diffuse	embolic	acute diffuse	acute diffuse
	Rheu- matic lesions		:	:	:	+	:	+	1	:	+	1
	Duration chronic valvular disease	:	:	6	:	-	~	0	2 yrs.	0	:	0
	Pericardi- tis	1	1		1	1	1	1	acute	1	plo	1
i	Aschoff bodies	1	1	1	1	1	1	1	1	1	1	1
ditis	Weight of heart, in grams	393	normal	530	310	460	675	640	normal	675	525	575
Subacute bacterial endoca	Arthritis, time before death	several attacks	2	1	continuous during attack	1	6	a few years	6	1	20 yrs., 13 yrs., many other attacks	several attacks
	Old valvular defect	1	ı	aortic, Ia	1	mitral, S. I. aortic, S. I.	aortic, Is	aortic, Ia	mitral, S <sub>8</sub>	mitral, Is	1	aortic, I <sub>s</sub> , mitral, S. I.
	Valves involved	mitral	mitral	aortic	mitral	mitral, aortic	aortic	mitral, aortic	mitral	mitral	mitral	aortic, mitral
	Duration acute symptoms	3 mos.	3 mos.	4	IO WKS.	3 mos.	٩	4 mos.	7	3 mos.	6 mos.	3 mos.
	Sex	F	М	М	M	M	M	M	M	M	Ŀц	M
	Age, in ycars	42	25	36	46	33	39	33	63	48	35	35
	Number	10-73	10-76	10-164	12-76	12-131	13-100	13-165	13-180	13-189	13-190	14-49

TABLE 5 Subacute bacterial endocarditis

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	1		acute diffuse	1	mild acute diffuse	embolic	1	embolic	acute diffuse	6-	embolic	embolic
+	+	:	+	:	:	+	+	+	1	1	:	+
0	0	•	:	0	6	•	:	:	:	6	15 mos.	2 yrs.
1	1	1	1	I	1	1	1	acute	acute and old	'	1	1
1	1	1	1	1	1	1	1	1	1	1	1	+
620	475	575	normal	480	425	723	normal	<b>6</b> 4	243	680	574	350
one	6	1	6	I	6	9 mos.	6	6	1	6	21 MOS.	2 yrs. (chorea)
aortic, Ia	aortic, I <sub>9</sub> , mitral, S. I.	mitral	1	aortic, S <sub>s</sub> , mitral, I <sub>1</sub>	mitral, I. S., aortic, S. I.	aortic, S. I., mitral, I <sub>1</sub>	ł	I	1	aortic, S. I.	mitral, Sa	mitral, I <sub>1</sub>
aortic	aortic, mitral	mitral	mitral	aortic, mitral	mitral, aortic	aortic, mitral	mitral, aortic	mitral	mitral	aortic	mitral, tricuspid	mitral, tricuspid
ó mos.	3 mos.	ó mos.	g wka.	ó mos.	6	g mos.	6 mos.+	5 mos.	3 mos.	2 mos.	10 wks.+	2 mos.+
М	W	M	н	W	ц	M	M	M	Ч	W	W	íu,
43	55	35	39	42	35	34	59	45	Q	бı	33	11
14-207	15-30	15-81	15-97	15-176	15-209	15-312	15-393	16-124	16-152	16-203	16-251	16-295

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TABLE 5 — continued

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I	embolic, severe	chronic diffuse	I	acute diffuse			I	I	6	embolic, severe	embolic and acute diffuse	embolic, severe	embolic	embolic	ŧ
+	+	+	+	1	:	1	+	:	+	+	+	+	+	:	1
:	:	:	:	2 yrs.	:	:	:	:	several yrs.	:	:	:	:	:	:
1	acute	1	1		1	acute			old	1	acute	1	1	,	old
1	1	1	1	1			1	+	1	1	1	+	1	1	1
325	365	435	480	620	314	450	625	330	010	380	340	420	<u>8</u>	<u></u>	enlarged
I	1	2 yrs., 1 yr.	Ĩ	6	6	6	1	1	12 yrs., 8 yrs., 5 yrs., 2 yrs.	sh mos.	e	1	2	1	35 утв.
I	1	1	1	aortic, Is	1	I	1	1	mitral, I <sub>1</sub> , aortic, I <sub>2</sub>	1	I	I	1	1	1
aortic	mitral, tricuspid	mitral	aortic	aortic, tricuspid	aortic, tricuspid	aortic	aortic, mitral	mitral	mitral, aortic	mitral, aortic	mitral	mitral, aortic	mitral	mitral	mitral
6 wks.	8 mos.	ه	2 mos.	2	6 wks.	7	ó mos.	7 wks.	2 mos.	54 mos.	ó§ mos.	4 mos.	٢	7 mos.	2 mos.+
M	н	M	M	W	W	M	M	M	M	£1	M	W	M	X	M
55	33	29	66	16	51	63	43	16	38	13	18	55	53	34	So
19-141	191-61	19-264	19-273	19-276	20-88	20-122	20-165	20296	20-326	20-344	20-368	21-45	21-65	21-283	21-414

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Glomerulonephrittis	لا	6	g	1	Ĩ	1	6	chronic diffuse	acute diffuse	ł	embolic	embolic	embolic
Rheu- matic lesions	:	+	•	1	+	1	:	+	+	+	1	:	+
Duration chronic valvular disease	:	:	0	:	4 yrs.	:	3 yrs.+	:	:	9 yrs.	6	:	IO YTB.
Pericardi- tis	1	1	1	I	I	1	1	acute	1	acute	I	1	1
Aschoff bodies	1	I	I	1	I	1	1	I	1	I	I	1	I
Weight of heart, in grams	450	545	490	245	660	675	450	<b>610</b>	575	725	550	300	580
Arthritis, time before death	3§ mos.	8 yrs.	1	1	4 yrs., 8 mos.	~	~	٩	1	g yrs.	several attacks past few yrs., 12 wks.	I	20 yrs., 11 mos.
Old valvular defect	1	1	mitral, Is	1	aortic, I. S., mitral, I <sub>1</sub>	1	aortic, Is	1	I	aortic, S. I.	aortic, S. I.	1	aortic, I. S.
Valves involved	mitral	aortic, mitral	mitral, aortic	tricuspid	aortic, mitral	aortic	aortic	aortic, mitral	aortic	aortic, mitral	aortic, mitral	tricuspid	aortic
Duration acute symptoms	14 wks.	IO WK8.	14 wks.	6 wks.	4	6	6	5 mos.	~	3§ mos.	7 wks.+	5 mos.	11 mos.
Sex	M	м	M	M	M	M	M	M	M	M	M	M	M
Age, in years	36	42	38	55	So	41	31	43	45	46	76	30	39
Number	21-468	21-513	21-559	22-217	22-287	22-418	22-465	22-554	23-390	23-484	23-508	24-4	24-91

TABLE 5 — continued

## CLAWSON, BELL AND HARTZELL

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icated by	tiency is ind	is or insuffic	of stenos	The degree	niefty insufficiency.	nosis. I. S. = cl	S. I. = chiefly ster	insufficiency.		- stenosi	Legend: S
+	r6 yrs.	1	1	575	16 yrs., 1 yr., several between	mitral, S <b>a</b>	mitral, aortic	6 wks.	X	ŞI	11-122
+	~	old	I	350	8 attacks past 12 yrs., present now	mitral, I. S., aortic, Is	mitral, aortic	3 mos.	۲ų	30	25-589
	:	acute	I	420	1	1	pulmonary	ó wks.	X	42	25-362
:	:	'	1	125	has chorea	1	mitral	6 wks.	ы	4	25-142
1	:	1	1	400	1	1	mitral, tricuspid	61 mos.	ы	30	<b>24-8</b> 07
+	:	acute	1	380	4 mos.	1	aortic	4 mos.	F	01	24-770
+	3 yrs.	1	+	255	chorea, 3 yrs., 7 mos., 5 mos.	mitral, I <sub>1</sub>	mitral	S mos.+	ы	14	24-769
+	:		1	550	1	1	aortic	3§ mos.	M	35	24-605
+	:	old	1	330	7 yrs., 11 wks. to present	1	aortic, mitral	II wks.	ы	33	<b>24-24</b> I
+	:	old	1	Séo	I	I.	aortic, mitral	7 mos.	M	59	<b>24-</b> 12I
		+            +           3 yrs.         +            +            +            +	old         · · ·         +           old         · · ·         +           -         · · ·         +           -         · · ·         +           -         · · ·         +           -         · · ·         +           acute         · · ·         +           -         · · ·         +           acute         · · ·         +           -         · · ·         · · ·           old         ? · · ·         · · ·           be or insufficiency is indicated by         +         +	-         old         · · ·         +           -         old         · · ·         +           -         -         -         +         +           +         -         3 yrs.         +         +           +         -         3 yrs.         +         +           -         acute         · · ·         +         +           -         -         -         3 yrs.         +           -         acute         · · ·         +         -           -         -         -         · · ·         -         -           -         -         -         · · · ·         · · ·         -         -         -           -         -         -         · · · · ·         · · · ·         · · · ·         · · · ·         · · · ·         · · · ·         · · · ·         · · · ·         · · · · ·         · · · ·         · · · ·         · · · · · ·         · · · · · ·         · · · · · ·         · · · · · · ·         · · · · · · · · · · ·         · · · · · · · · · · · · · · · · · · ·	560         -         old         · · ·         +           330         -         old         · · ·         +           530         -         -         old         · · ·         +           530         -         -         -         · · ·         +           350         -         -         -         · · ·         +           380         -         acute         · · ·         +         +           380         -         acute         · · ·         +         +           400         -         acute         · · · ·         +         -         -         -         +         +           380         -         acute         · · · ·         -         · · ·         +         -	-         560         -         old          +           7 yrs., I wks.         330         -         old          +           to present         330         -         old          +           -         550         -         -         -         +         +           -         550         -         -         -         +         +           -         550         -         -         -         +         +           chorea, 3 yrs.,         255         +         -         3 yrs.         +           7 mos., 5 mos.         380         -         acute          +           4 mos.         380         -         acute          +           -         -         400         -         -          -           has chorea         125         -         -              flag attacks past         350         -         acute                flag yrs., I yr., n         575         -         -         <	$  560$ $ old$ $\cdots$ $+$ $ 7$ yrs., $ri$ wks. $330$ $ old$ $\cdots$ $+$ $  550$ $   +$ $  550$ $  3$ yrs. $+$ $  550$ $  3$ yrs. $+$ $  380$ $ acute$ $\cdots$ $+$ $  4$ mos., $5$ mos. $380$ $ acute$ $\cdots$ $+$ $   4$ mos. $380$ $ acute$ $\cdots$ $+$ $   4$ mos. $380$ $ acute$ $\cdots$ $+$ $   4$ acute $\cdots$ $        4$ acute $\cdots$ $  \cdots$ $          \cdots$ $        \cdots$ $          \cdots$ $        \cdots$ $ \cdots$ $         \cdots$ $\cdots$ $\cdots$ $        -$	acrtic, mitral56c-old+acrtic, mitral-7yrs., 11 wks.33o-old+acrtic, mitral55o+acrtic55o+acrtic55o+acrtic55o+mitralmitral, I1rhos., 5 mos.38o-acute+acrtic4 mos.38o-acute+acrtic4 mos.38o-acute+mitral,4 mos.38omitral,400mitral,mitral,pulmonarypulmonary<	7 mos.       aortíc, mitral       -       -       -       560       -       old       · · ·       +         11 wka.       aortíc, mitral       -       7 yrs., 11 wka.       330       -       old       · · ·       +         3 mos.       aortíc       -       -       7 yrs., 11 wka.       330       -       old       · · ·       +         3 mos.       aortíc       -       -       -       550       -       -       -       +       +         5 mos.       aortíc       -       -       4 mos.       305       +       -       3 yrs.       +       +       +       -       -       -       -       +	M7 moe.aortic, mitralsofo-old $\cdots$ +F11 wks.aortic, mitral-7 yrs., 11 wks.330-old $\cdots$ +M3 $\frac{1}{3}$ mos.aortic, mitral $\frac{7}{100}$ $\frac{3}{50}$ - $\frac{1}{01}$ $\frac{1}{1}$ +M $\frac{3}{4}$ mos.aortic $\frac{5}{50}$ - $\frac{1}{2}$ $\frac{1}{1}$ +F $\frac{5}{6}$ mos.mitral, I $\frac{7}{7}$ mos., $\frac{3}{5}$ mos. $\frac{3}{2}$ +- $\frac{3}{2}$ +++F $\frac{6}{6}$ mos.mitral,- $\frac{4}{100}$ $\frac{3}{2}$ +- $\frac{3}{2}$ +++F $\frac{6}{6}$ mos.mitral,- $\frac{4}{100}$ $\frac{1}{2}$ $\frac{4}{20}$ - $\frac{4}{20}$ - $\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$ M $\frac{6}{0}$ wks.mitral $\frac{1}{2}$ <	59     M     7 mos.     aortic, mitral     -     -     -     560     -     old      +       23     F     11 wka.     aortic, mitral     -     7 yrs., 11 wka.     330     -     old      +       35     M     3j mos.     aortic     -     -     7 yrs., 11 wka.     330     -     old      +       35     M     3j mos.     aortic     -     -     -     -     -     +     +       14     F     5 mos.+     mitral     mitral, I,     7 mos., 5 mos.     350     -     -     -     -     +       100     F     4 mos.     aortic     -     4 mos.     380     -     3 yrs.     +       20     F     6 wks.     mitral,     -     4 mos.     380     -     3 yrs.     +       20     F     6 wks.     mitral,     -     -     -     -     -     -     -     -     -       20     F     6 wks.     mitral,     -     -     -     -     -     -     -     -     -     -     -     -     -     -       20     F     6 wks.

In the two others there were large fresh soft thrombi with an extensive exudative reaction within the leaflet. The leucocytes were chiefly polymorphonuclears. There was some proliferation. Numerous bacteria were found in the thrombotic material of one of these.

b. Twenty-seven cases of secondary acute bacterial endocarditis (Table 4) were studied. The clinical symptoms were always those of the major illness. The endocarditis was not recognized clinically in any case, but perhaps it might have been diagnosed in some had more attention been given to the heart. The heart lesion was not considered by the pathologist as the main cause of death in any instance. In this group are seven cases of puerperal sepsis following induced abortion. The inclusion of this disease presumably explains the preponderance of females.

In twenty cases there was clinical evidence of septicemia which was attributable to the major illness, but in the remaining seven the usual signs of infection were absent.

The mitral valve was affected twenty-five times, the aortic five times and the tricuspid once. More than one valve was involved in only four cases. In only one heart was the acute lesion found on a previously thickened valve. The vegetations cannot be distinguished grossly from those of subacute bacterial endocarditis. In general, however, they are fewer in number. Ulceration of a leaflet was found only once.

Six hearts of this group were available for microscopic study of the valves. Four showed a large soft thrombus with necrosis of the leaflet and a purulent exudate within the valve. In one of these the single vegetation was 1 cm. in diameter. Bacteria were very prominent in another.

In the fifth and sixth cases there was very little exudate, the lesions being of proliferative type with prominent evidences of healing.

The lesions of acute bacterial endocarditis do not differ in any essential respects grossly or microscopically from those of the subacute bacterial type. Any distinction that is made must therefore be based chiefly on clinical data.

2. SUBACUTE BACTERIAL ENDOCARDITIS. Seventy-four cases of this group have been studied (Table 5). The literature on this form of endocarditis has previously been reviewed by one of us.<sup>4</sup> These cases correspond clinically with subacute bacterial endocarditis as defined by Libman.<sup>5</sup>

The duration of symptoms in our series was as follows: 6 weeks to 3 months, 27; 3 to 4 months, 9; 4 to 5 months, 2; 5 to 6 months, 9; 6 to 7 months, 7; 7 to 8 months, 3; 8 to 9 months, 1; 10 to 11 months, 3; indefinite duration, 13. All the patients died within one year of the first appearance of symptoms.

Thirty-one of the seventy-four patients gave a history of one or more attacks of *acute arthritis*, and in eleven of these the fatal illness began with such an attack. A valvular lesion associated with acute arthritis may therefore be of the subacute bacterial type. The number of attacks varied from one to eight, and some occurred as long as twenty years before death. Twenty-four patients had never had arthritis, and in the nineteen others the history was indefinite on this point.

Relation to Previous Valvular Disease. Twenty-three patients gave a definite history of chronic valvular disease. In fifteen the duration was from one to sixteen years, and in eight the exact duration was unknown. Fifteen of these twenty-three patients gave a history of acute rheumatic fever which apparently caused the valvular defect.

In thirty-four instances the leaflets were grossly thickened and scarred, indicating a previous inflammation; but, since a considerable amount of scar tissue may form during the course of a subacute case, only extreme thickening can be considered positive anatomic evidence of a previous old valve defect. In forty cases there was no clinical evidence of old valve defect and the valves were not notably thickened. Apparently over half the subacute cases begin on previously normal valves. It is to be noted that when old defective valves are present in these hearts they always show an active inflammation. Apparently they are more susceptible to infection than normal leaflets.

In several instances the endocarditis appeared to develop secondarily to some other infectious process, *viz.*, otitis media (2 cases), lupus erythematosus (1), empyema (1), tonsillitis (1).

In the 74 hearts the mitral was diseased in 56, the aortic in 44, the tricuspid in 9 and the pulmonary in 1. A single valve was affected in 38 instances; mitral 22, aortic 13, tricuspid 2, pulmonary 1. The most frequent combination was mitral and aortic, 29 hearts.

Gross Appearance of Values. The diagnostic feature is the large soft vegetation, but the appearance of the values varies widely with the

number and size of the vegetations, and the extent of ulceration, thickening and calcification. Ulceration with loss of substance of the leaflet was present in thirty-two hearts. The term "ulcerative" endocarditis can properly be applied only to this number. The ulcers vary from a diameter of a few millimeters to complete destruction of a leaflet. They are more frequently found on the aortic valve. In three cases there was perforation of a leaflet, and in two there were ulcers penetrating to the right auricle from the aortic area.

Varying degrees of calcification of the valves were noted in twentyfive hearts. Calcium is deposited in the thrombotic material and in the old hyaline scar tissue. In the former position it is commonly present in moderate amounts, such as to give a gritty feel when cut; in the latter position, however, it is often of bony density. Calcium is readily deposited in the larger thrombi independently of the stage of healing. Frequently it is found in definitely active vegetations and even in association with bacteria.

In addition to the larger vegetations, small firm vegetations of the rheumatic type can be seen grossly in about three-fourths of the hearts, if a careful search is made for them. Sometimes one valve shows only rheumatic vegetations, but usually both types are found on the same leaflet.

Situation of the Lesions in Active Endocarditis. (a) Aortic value. In acute rheumatic endocarditis the vegetations were always found on the ventricular surface of the leaflet in a line about one-third the distance from the free to the attached margin. This corresponds to the line of contact of the leaflets when the value is closed. In recurrent rheumatic endocarditis the situation of the vegetations was the same except in one case in which they were found only on the free margin of one leaflet. In twenty-one cases of the subacute bacterial type, the vegetations occupied the same position as in the rheumatic form, but in twelve other cases they extended from this line around the free edge onto the aortic surface. In one case they were found only on the free margin of the leaflet.

(b) Mitral value. In the acute rheumatic type the line of vegetations was always on the auricular surface, 1 to 2 mm. from the free margin, with one exception in which the vegetations were larger and extended over the free margin onto the chordae. In the recurrent type the vegetations occupied the same position as in the acute type with two exceptions, in one of which they were on the free margin only and in the other on the ventricular surface only, near the free margin. In eighteen cases of the subacute bacterial type the vegetations extended from a line 1 to 2 mm. back of the free margin for varying distances upon the auricular surface. In thirteen other cases they extended from the auricular surface around the free margin onto the ventricular surface. In five hearts the vegetations were found only on the ventricular surface of the aortic leaflet of the mitral, extending from the central part of its surface toward the free margin. In all five of these the adjacent aortic leaflet also showed similar vegetations. A vegetation on this aortic leaflet may strike against the central part of the ventricular surface of the aortic leaflet of the mitral.

(c) Tricuspid value. Acute lesions of both types were always found on the auricular surfaces of the leaflets near the free margin.

(d) In the single instance in which the *pulmonary value* was involved, the lesion was of bacterial type and affected the margins as well as both surfaces of the leaflets.

*Microscopic Structure.* In forty-six hearts the valves were studied microscopically, one or two areas from each valve. Both exudative and proliferative forms of inflammation are usually found in the sections examined from each heart; but frequently one type of reaction predominates. Both types may be found in the same leaflet. The proliferative reaction is most common.

The exudative lesions are similar to acute exudative inflammation in other tissues. Rarely they are definitely purulent in character. The leucocytes are either polymorphonuclears or mononuclears. In one valve a number of embolic abscesses were found (Fig. 16). The thrombus overlying an exudative lesion is fresh and soft.

Proliferative inflammation is seen more frequently than the exudative. In the valve underneath the thrombus are large numbers of fibroblasts with relatively few leucocytes. The fibroblasts may be small and separated by a considerable number of collagenous fibers (Fig. 17); or they may be large with only a minimum of intercellular fibers (Fig. 18). In slowly progressive or healing lesions the fibroblasts tend to be smaller and the intercellular collagenous fibers more prominent. In sixteen hearts the proliferative lesions were prominent and the exudative inconspicuous. In five hearts large multinucleated fibroblasts, such as occur in Aschoff bodies, were found (cf. Fig. 18). The histologic structure of the lesions in the valves seems to have no direct relation to the clinical course of the disease.

Necrosis of part of a leaflet is frequently seen. Ulceration is a direct result of necrosis.

In addition to the bacterial lesions just described, which predominate in these hearts, lesions of the rheumatic type were found in thirty-five of the forty-six that were examined microscopically. These vegetations have the same structure as those found in typical rheumatic endocarditis. In four hearts the tricuspid valve showed typical gross rheumatic vegetations but none of the bacterial type. Usually both types are found on the same valve. The rheumatic lesions may be continuous with the bacterial. The rheumatic vegetations were active in 22 hearts, healing in 9, and both active and healing in 4. In the 35 cases with rheumatic lesions 18 gave a positive history of rheumatic fever, 9 a negative history, and in 7 the history was incomplete. In the 31 cases with positive history of rheumatic fever, rheumatic lesions were present in 18 and absent in 5 (8 not examined). In 11 cases that began with acute arthritis. rheumatic lesions were present in 7 and absent in 2 (2 not examined). It cannot be said that the rheumatic vegetation is pathognomonic of rheumatic fever since it is found in three-fourths of subacute bacterial cases.

Evidences of healing are found in a great majority of these valves, and often the signs of active inflammation have largely disappeared. There may be active inflammation in one part of a leaflet and advanced healing in another part. In the leaflet itself the fibroblasts decrease in size while many new collagenous fibers are being formed. The leucocytes emigrate or disappear. The final result is dense scar tissue underlying a hyaline thrombus (Fig. 19).

The thrombus may soften and disintegrate, especially when it contains a large proportion of leucocytes. Portions may become detached to form emboli. Those portions that remain permanently attached to the leaflet soon become homogeneous in structure. They may persist indefinitely in this condition, or they may become calcified. Calcification may give rise to hard nodular masses or to diffuse hardening. Organization is rarely seen, and seems never of sufficient extent to convert a thrombus into scar tissue. The most serious valvular defects result from necrosis and sloughing, but some deformities are due to the contraction of scar tissue. The importance of bacterial endocarditis in the production of old valvular defects will be discussed in a subsequent paragraph.

#### III. OLD VALVULAR DEFECTS<sup>6</sup>

This group includes cases of chronic valvular disease in which there were no clinical indications of active endocarditis, and in which the valves showed gross thickening and scarring. In 114 of the 130 cases of this group death was due to cardiac failure. In the 16 remaining cases the immediate cause of death was as follows: coronary sclerosis, 2; primary hypertension, 2; intestinal obstruction, 1; pyemia, 1; tuberculosis, 1; Addison's disease, 1; peritonitis, 1; suicide, 1; hemorrhage from gastric ulcer, 1; luetic aortitis, 1; cirrhosis of liver, 1; embolism of the stenosed mitral orifice, 1; and undetermined, 2.

The mitral valve was diseased in 95, the aortic in 82, the tricuspid in 13, the pulmonary in 3. The mitral alone was involved in 44, the aortic alone in 32, the tricuspid alone in none, the pulmonary alone in 3. The aortic and mitral were both diseased in 50 cases. The aortic, mitral and tricuspid valves were all three involved in 12 cases.

There were thirty-seven cases of pure mitral stenosis (*i.e.*, extreme stenosis with negligible insufficiency), and twelve cases with varying degrees of mitral insufficiency in which stenosis was negligible. In forty-three other hearts the mitral was both stenosed and insufficient, the stenosis dominating in thirty-five, the insufficiency in eight. In three hearts in which the mitral only was diseased, the lesion was not severe enough to cause any functional disturbance. In nineteen hearts an adherent pericardium was found, and in some of these it was the chief cause of the cardiac failure.

There were twenty cases of pure aortic stenosis, and seventeen with varying degrees of insufficiency without stenosis. In forty-one hearts the aortic valve was both stenosed and insufficient, the stenosis dominating in twenty-eight, the insufficiency in thirteen. In four hearts the lesion caused no functional disturbance. Aortic stenosis is not a rare type of chronic valvular disease.

The tricuspid lesions were usually of mild degree. The three pulmonary lesions were pure stenosis of congenital type. Patients with mitral stenosis died at an earlier average age than those with aortic stenosis. In forty-three cases in which the mitral lesion was chiefly or entirely stenosis with a normal aortic valve, the average age at death was 41.7 years. In twenty-nine cases in which the aortic lesion was chiefly or entirely stenosis, with a normal mitral valve, the average age at death was 55.8 years.

The duration of symptoms of chronic valvular disease of all types was as follows: less than 1 day, 5 cases; 1 day to 3 months, 18; 3 to 6 months, 8; 6 to 12 months, 12; 1 to 2 years, 15; 2 to 3 years, 9; 3 to 4 years, 11; 4 to 5 years, 4; 5 to 10 years, 13; 10 to 20 years, 9; 20 to 34 years, 3; indefinite number of years, 4; and unknown duration, 14. With respect to the duration of symptoms there are no important differences between mitral and aortic stenosis.

There was a positive history of one or more attacks of rheumatic fever in fifty of the 130 patients, and a negative history in thirty. In fifty cases there was no mention of rheumatic fever. In one negative case the symptoms began after an attack of tonsillitis.

In sixteen cases of pure mitral stenosis without pericardial adhesions and without involvement of other valves, the average weight of the heart was 441 gm.; minimum weight 270 gm.; maximum 680 gm. The enlargement is chiefly right ventricular hypertrophy.

In thirteen cases of pure aortic stenosis without pericardial adhesions and without involvement of other valves, the average weight of the heart was 705 gm.; minimum 475 gm.; maximum 1130 gm.

The average weight of the heart in all the cases of chronic valvular disease was 580 gm.

Adherent pericardium (old adhesions) was found in nineteen cases, and acute pericarditis in six.

The most frequent gross change in the valves is thickening and stiffening with resulting loss of elasticity and narrowing of the orifice; but often there is retraction and curling with insufficiency which may be more pronounced than stenosis. The leaflets of the aortic valve are often fused together at the aortic attachment where they come into contact.

Calcification is a very common change in old defective valves, being present in varying degree in eighty-five of the 130 cases. The calcium is either distributed diffusely or in the form of large nodular masses. Diffuse calcification was found in the mitral in forty-one instances and in the aortic in thirty. The calcium is deposited in the hyaline scar tissue within the leaflet.

Seventy-three of the 130 hearts of this group had been preserved and were available for careful gross and microscopic study. The remaining fifty-seven were described in the necropsy protocols, but no material except pieces of ventricular muscle was kept. Tables 6, 7 and 8 were made from the seventy-three preserved specimens. These hearts have been arranged in three groups for convenience of description: Group 1, in which the thickened valves are incompletely healed; Group 2, in which the valves are thickened and stiffened from newly formed fibrous tissue but show no unhealed areas; Group 3, in which the thickening of the leaflets is due chiefly to large calcareous nodules.

## GROUP 1. INCOMPLETELY HEALED VALVES 30 Cases (Table 6)

The unhealed areas can usually be seen with the unaided eye, but often they are more readily recognized with a small hand lens. In eleven hearts they appeared as small firm pale vegetations, usually in the form of a slightly elevated ridge but sometimes very conspicuous (Fig. 20). Some of these valves are not distinguishable grossly from the recurrent rheumatic group, but usually the lesions are less prominent. In three hearts there were large ulcerated areas covered by a thin layer of thrombus (Fig. 22). In the remaining sixteen hearts the lesions appeared as small roughened denuded areas (Fig. 24).

*Microscopic Structure.* The thickened valves of this group are composed largely of dense fibrous tissue, often hyaline in structure, such as results from the healing of inflammatory processes in any tissue. But sections cut through the unhealed areas show a recognizable rheumatic or bacterial lesion in some stage of healing. It may be a well defined elevated vegetation, easily recognized as rheumatic. The one shown in Fig. 25 has a core composed of dense fibrous tissue in which capillaries are still present, and the surface hyaline layer is conspicuous. The one shown in Fig. 26 is of dense hyaline structure, but the surface hyaline layer may still be recognized on one side. A microscopic section of the vegetations seen in

	Aschoff	bodien	1		1	1	1	1	1	1	1	I	6	1	+	1
		Incomplete healing	mitral, raw arca	raw area	vegetations	thrombus on large ulcer	mitral, raw arca	tricuspid, vegetations; aortic, raw area	thrombus on large ulcer	mitral, aortic, vegetations	raw arca	thrombus on large ulcer	raw arca	raw arca	mitral, raw arca	aortic, raw area
944 emo	Calcareous	nodules	1	1	ł	I	I	I	1	1	1	I	1	I	1	aortic, mitral
. manuala	Deri-	cardial adhe- sions	1	1	1	1	+	1	1	1	1	1	1	I	1	I
	Weight	of heart in grams	540	250	350	400	400	370	325	795	350	320	510	550	550	715
- Juni		pul- monary	1	1	1	1	1	I	1	I	I	I	1	1	1	ł
	ves	tri- cuspid	I,	1	1	I	1	0	1	1	I	1	1	I	Sı	1
	Val	aortic	ທີ	1	1	1	S. I.	Iı	1	I. S.	1	1	I	1	S. I.	Ŝ
how		mitral	S. I.	S. I.	ľ	I. S.	ຶ່	ŝ	S,	S. I.	Sı	S. I.	S	S,	S	o
	Acute arthritia.	time before death	20 yrs.	~	6 yrs., 3 yrs.	2	12 yrs., 8 yrs., 2 yrs.	2	several attacks	28 yrs.	IO YIB.	4	6	6	6	4
	•	Duration	ó yrs.	•	ı yr.	16 mos.	4 yrs.	2 yrs.	٩	3 yrs.	27 mos.	7	3 yrs.	<b>и уг.</b>	3 <del>1</del> yrs.	4 yrs.
		Sex	M	M	M	W	W	W	M	M	M	M	M	M	M	M
	Are. in	years	45	47	34	54	37	30	49	53	39	46	45	51	бı	65
		Number	10-0	10-142	11-131	13-117	13-168	14-20	I 5-323	15-324	16-16	16-185	19-26	19–286	20-I 57	20-250

TABLE 6 Groud 1. Incomblete healine Old defective valves. CLAWSON, BELL AND HARTZELL

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. 2, 3.	ficiency is indicated by the subnumbers z	ee of stenosis or insuf	The degr	ency.	v insuffic	- chieđ	. I.S.	y stenosli	. S. I chieff.	I – insufficiency	nosis.	S = ste	Legend:
	vegetations	1	I	300	1	t	-	0	2	6	M	<u>%</u>	25-328
1	aortic, mitral, raw areas	1	1	600	ı	I	I.S.	S. I.	~	5 yrs.	M	33	25-322
1	vegetations	1	1	375	I	I	1	0	~	هـ	н	38	24-613
1	vegetations	1	ı	365	1	1	ı	S. I.	۰.	۰.	X	6	24-482
1	vegetations		1	430	1	I	1	0	2	۰	ы	43	24-307
+	raw area	1	1	550	1	1	S. I.	I. S.	I	31 mos.	M	42	23-324
	raw area	1	1	850	1	1	S,	1	5 yrs.	S yrs.	X	35	23-142
'	vegetations	1	1	350	1	1	I	S,	٢	9 mos.	ы	41	101-22
'	raw arca	1	1	410	1	1	1	S,	ę	\$	E4	Ş	21-485
1	raw arca	1	1	550	I	1	1	S. I.	4	7 mos.	Έ4	58	21-473
1	mitral, vegetations		+	§	1	1	I.S.	I. S.	o yrs.	6 wks. 2	M	46	<b>2</b> 1-416
1	raw area	aortic	1	475	1	1	I,	1	o yrs.	IO YIS. 2	M	53	21-285
'	tricuspid, vegetations			325	1	0	1	S. I.	1	2 wks.	н	53	21-259
	mitral, aortic, raw arca	aortic		825	1	1	I. S.	I. S.	9 yrs., 13 yrs., yrs., 3 yrs.	3 yrs. 1	M	37	20-463
1	raw area, one leafiet	aortic, mitral	1	720	1		ŝ	0	o yrs.	5 mos. 4	M	57	20-433
1	aortic, vegetations	1	1	370	I	I	o	പ്പ	2	12 hrs.	ы	31	20-358

Fig. 20 is shown in Fig. 21. It consists of a rather thick layer of old hyaline thrombus resting on dense scar tissue. It suggests a healed bacterial type of lesion because of the thickness of the thrombus.

The raw areas show a variety of microscopic appearances. Occasionally fibroblasts are to be seen and there are other signs of low grade activity. Usually there are no signs of active inflammation. A layer of hyaline thrombus rests upon dense fibrous tissue (Fig. 27) or upon hyaline scar tissue (Fig. 28).

In one instance (25-322) the leaflet underlying the raw area showed areas of necrosis and numerous polymorphonuclear leucocytes as well as dense fibrous tissue. The ulcer shown in Fig. 22 likewise shows an active exudative inflammation within the substance of the valve (Fig. 23). Neither of these patients had any clinical signs of active endocarditis. They died apparently from the valvular defect and not from toxemia. The two hearts shown in Figs. 20, 21, 22 and 23 as well as one other are interpreted by us as old valvular defects resulting from subacute bacterial endocarditis. The other hearts of this group are considered to have developed from the rheumatic type of endocarditis.

There was a history of rheumatic fever in eleven of this group of thirty patients. The mitral valve was involved alone in 18; the aortic alone in 4; mitral and aortic, 6; mitral, aortic and tricuspid, 3. In four hearts there were calcareous aortic nodules characteristic of Group 3. In seventeen hearts one or more valves were partly calcified.

## GROUP 2. THICKENED VALVES COMPOSED OF DENSE FIBROUS TISSUE; NO UNHEALED AREAS 28 Cases (Table 7)

In this group the valves have the same gross appearance and microscopic structure as those of Group 1 except that there are no areas of incomplete healing. All signs of active inflammation are absent except occasionally a little perivascular lymphocytic infiltration in the central part of the leaflets. The leaflets are composed of dense fibrous tissue which is often hyaline in appearance. At the surface one frequently sees a thin hyaline layer that suggests the surface hyaline layer of a rheumatic vegetation (Fig. 29). The valves of this group usually show areas that correspond in structure to the undoubted healed rheumatic lesions found in recurrent rheumatic endocarditis (Fig. 15). The histologic structure, therefore, offers strong support for the interpretation of these valves as healed rheumatic endocarditis. The clinical and gross pathologic features parallel the cases of Group 1 in which this interpretation seems amply justified.

There was a history of acute arthritis in thirteen of the twentynine cases of this group. The mitral valve was involved alone in 12; the aortic alone in 2; mitral and aortic in 10; mitral, aortic and tricuspid in 5. The calcareous aortic nodules characteristic of Group 3 were found in two hearts.

## GROUP 3. CASES OF AORTIC STENOSIS DUE TO CALCAREOUS NODULES; NO SATISFACTORY EVIDENCE OF INFLAMMATORY ORIGIN

#### 15 Hearts (Table 8)

In the fifteen hearts of this group, ten were pure stenosis and in the other five stenosis predominated but there was some insufficiency. There is a very marked thickening and stiffening of the leaflets due to large calcareous nodules within them (Fig. 30). The portions of the leaflets between the nodules are of normal thickness. There is usually fusion of the adjacent edges of the leaflets where they are attached to the aorta. The nodules are found on the aortic surfaces of the leaflets but when very large they cause projections on the ventricular surfaces also. The most frequent site is near the aortic attachment but they usually extend well out into the leaflet, frequently to its free margin. In one instance a row of nodules extended about 2 cm. up the root of the aorta. In twelve of the fifteen hearts there were similar nodules in the central part of the ventricular surface of the aortic leaflet of the mitral and frequently there was a continuous row of nodules from the aortic leaflet to those on the mitral.

The root of the aorta is almost invariably free of arteriosclerotic lesions. The nodules are of whitish color, never yellowish. There seems to be no relation between these nodules and the atheromatous lesions so frequently seen on the valves.

The surface endothelium is usually intact over the nodules but occasionally it is denuded so that the calcareous material is ex-

	Ace in			Acute arthritie time		Val	lves		Weight of	Old peri-		Anched
Number	years	Ser	Duration	before death	mitral	aortic	tricuspid	pulmonary	heart, in grams	cardial adhesions	Calcareous nodules	bodies
16-212	72	M	14 yrs.	14 yrs., several attacks since	Ŝ	I. S.	1	1	700	+	1	+
17-139	33	íц.	IS YFB.	1	S. I.	I	1	1	525	1	I	1
18-67	33	М	7 mos.	IO YIB., 5 YIB.	ŝ	S. I.	1	1	750	1	1	1
18-124	32	۴ų	18 mos.	12 YIS., 9 YIS.	-	I	1	1	675	+	I	o.
19-58	39	М	4 yrs.	1	S. I.	Iı	1	1	585	1	1	ı
19–120	43	۲ų	6 mos.	29 yrs., 16 yrs., 3 yrs.	ທີ	S. I.	S. I.	1	çoo	1	1	1
19-145	16	Ĩ4	7 yrs.	1	S. I.	S. I.	S. I.	1	400	1	1	1
20-452	32	M	3 yrs.	5 yrs., 4 yrs.	S	I. S.	Iı	1	500	+	1	1
20-459	64	ы	8 yrs.	1	S. I.	Iı	Iı	1	410	I	1	1
21–205	22	F	4	6	0	I,	1	1	490	I	1	+
21-478	38	M	2 mos.	3 yrs.	S. I.	S. I.	ı	1	400	I	1	1
22-147	47	M	several years	6	ß	S.I.	ı	1	600	1	aortic, mitral	1
22-300	28	Μ	6 yrs.	٩	S. I.	1	1	1	550	1	1	ı
33-309	39	Μ	6 yrs.	1	Ŝ	1	1	I	ŞIO	I	I	1

TABLE 7 Old defective taives. Group 2. Complete healing

CLAWSON, BELL AND HARTZELL .

8 I, 2, 3.	i by the subnumber	y is indicated	or insufficienc,	of stenosis o	The degree	fficiency.	chiefly insu	chiefly stenosis. I. S. =	ncy. S. I. =	I = insufficie	- stenosis.	Legend: S
1	1	1	595	1	1	I. S.	Iı	6	t yrs.	Ĩ4	64	25-666
1	1	1	420	I	1	1	I. S.	7 yrs., 6 yrs., 2 yrs.	2 yrs.	E4	21	25-655
1	I	1	§	1	1	1	S. I.	B	3 mos.	W	39	25-574
1	1	1	360	1	1	1	Sı	ł	a yrs.	F	45	25-389
1		1	χ 8	1	1	1	S	28 yrs., 10 yrs.	3 yrs.	F	44	34-29
	1	+	óió	1	1	I.S.	I. S.	22 YTS.	t yrs.	W	43	24-I4
1	aortic	+	1150	1	1	II.	1	I	o yrs.	M	22	<b>2</b> 3-741
	1	1	850	1	1	S	I	s yrs.	5 yrs.	W	35	23-I42
1	1		350	1	1	1	ŝ	date (?)	5 mos.	۲. ۲	48	23-135
+	1	+	550	1	1	S. I.	I. S.	S yrs.	1 mos.	M	43	101-22
1	1	1	550	1	S. I.	I.	s.	8 yrs, 5 yrs.	5 yrs.	M	72	22-480
1		1	550		1	1	ŝ	6	any years	M	48	22-476
1	1	1	640	1	1	ŝ	S	many attacks 25 yrs. to 3 yrs.	o yrs.	M	ŞI	22-365
1	I	+	645	1	1	0	I,	I	ł yrs.	M	68	22-354

posed. The position of the nodules in no way corresponds to the vegetations of active endocarditis. Mönckeberg  $^7$  finds that they originate within the fibrous layer of the leaflets which is continuous with the wall of the aorta.

*Microscopic Structure.* The nodules consist chiefly of masses of calcium. When decalcified a homogeneous material remains. It has not been determined what kind of tissue calcifies. Surrounding the calcium there is usually some loose connective tissue, containing fat both within the cells and in the stroma, such as is found in atheromatous areas in the aorta. There are also areas of hyaline fibrous tissue. Often the adjacent tissue is very vascular and contains many mononuclear leucocytes, a reaction which may be interpreted as a change preliminary to the replacement of the calcium by bone. In one valve true cartilage and bone were found. A similar reaction is often seen in the calcified mitral leaflets of an ordinary mitral stenosis in which no calcified nodules are present.

Our material is not sufficient to enable us to trace the development of these aortic nodules. They were found in the aortic valves in twelve out of 100 adults dead of primary hypertension. Their incidence in other diseases has not been studied by us. Mönckeberg<sup>7</sup> believes that they begin as small calcified areas in the fibrous layer of the valve leaflet near the aortic attachment and gradually increase in size and number until an aortic stenosis may develop. He considers them entirely unrelated to inflammations of the valves.

These calcareous aortic nodules were found in four hearts of Group 1 and two hearts of Group 2 (see Tables 7 and 8), in fifteen out of fifty-four cases of subacute bacterial endocarditis and in three cases of recurrent rheumatic endocarditis. Whether they are the result of the inflammation in these valves or merely accidentally associated with it was not determined. It is to be noted that they were present in one person only 22 years old (23-741, Table 7).

Small calcified nodules are sometimes found in thickened leaflets at the site where vegetations occur. These seem not to be related to the aortic nodules just described, although they cannot be distinguished microscopically.

Calcareous nodules similar to those on the aortic valves are found occasionally on the ventricular surface of the marginal leaflet of the mitral at its attachment to the ventricle. These may occur independently of any other lesion in any valve.

N. L.	5	Age, in	-	Acute arth-		Valv	5		Weight of	Old peri-		Acho
Number	Nex	yoars	Duration	ritis, time before death	mitral	aortic	tricuspid	pulmonary	beart, in grams	cardial adhesions	Calcareous nodules	bodies
15-38	M	<b>6</b> 6	g wks.	I yr.	0	S. I.	1		çoo		aortic, mitral	1
18-38	ы	70	r hr.	e-	0	S. I.	1		425	1	aortic, mitral	1
18-143	M	51	IO YIS.	21 YTS.	1	Ŝ	1	1	ç	1	aortic	1
18-167	M	So	1 yr.+	6	0	S,	1	.	780	1	aortic, mitral	1
19-93	M	40	2 mos.	1	0	S		1	760		aortic, mitral	+
19-213	M	68	3 wks.	1		ŝ	1	1	óso	1	aortic	1
21-40	M	59	2 yrs.	6	0	S. I.	1	1	795	1	aortic, mitral	1
<b>2</b> 1-433	M	14	ı yr.	1	0	ຶ່	1	1	475	1	aortic, mitral	1
22-99	М	So	2	6	0	ŝ	•	1	Sốo	1	aortic, mitral	
23-112	М	56	7 yrs.	6	0	S. I.	1	1	575	1	aortic, mitral	+
23-236	M	70	20 YT5.	ځ	0	S,	1	I	50 20	1	aortic, mitral	1
23-320	×	4	6	ځ	0	S,	1	1	1130		aortic, mitral	+
25-82	M	64	2 yrs.	٩	1	S. I.	1	1	725	+	aortic	1
25-IO4	М	38	2 yrs.+	1	o	ŝ	1	1	575		aortic, mitral	1
25-586	М	66	1 yr.+	2	o	Ŝ	i	1	30	+	aortic, mitral	
Legend: S	- stenosis.	I = insufi	liciency. S. I. =	chiefly stenosis.	I.S. = ch	niefiy insuffici	ancy. The	degree of st	enosis or insu	ufficiency is	indicated by the subnumber	ra 1, 2, 3.

TABLE 8 Old defective valves. Group 3. Calcified nodular type 227

The average age of the twenty-one cases with aortic nodules is 54.5 years. Excluding the three youngest cases the average is 58 years. Apparently this type of valvular disease usually does not produce symptoms until late in life.

Nineteen of the seventy-three hearts with old valvular defects that are listed in Tables 6, 7 and 8 were examples of aortic stenosis (chiefly or entirely stenosis) without involvement of any other valve, and it is to be noted that in seventeen of these the aortic defect was due to calcareous nodules. Aortic stenosis in the absence of involvement of any other valve is therefore usually due to calcareous nodules.

#### DISCUSSION

The initial stages of acute endocarditis are not definitely known. It has not been recognized in the absence of vegetations. There is a diffuse inflammation throughout the part of the leaflet adjacent to the free margin in the earliest stages, but it is not known whether this precedes the vegetations or vice versa. The study of serial sections from early cases, however, gives one a strong impression that the inflammation begins within the leaflet and extends to the surface, resulting in a vegetation. When only a few vegetations are present they are almost invariably situated on the inner surface along the line where the leaflets come into contact, but when there are many they often cover both surfaces of the leaflet, especially near its free margin. It may be inferred, therefore, that the trauma of contact has some causal relation to the first vegetations but not to those that form subsequently. It is now known that normal valves are supplied with blood vessels (Bayne-Jones,<sup>8</sup> L. Gross,<sup>9</sup> Kerr<sup>10</sup>) and that it is therefore anatomically possible for bacterial emboli to lodge within the valves as was maintained by Köster.<sup>11</sup> Rosenow<sup>12</sup> and others. We have no new observations as to the route of the primary infection except the finding of numerous bacterial emboli in one valve (Fig. 16).

In five hearts with aortic bacterial lesions the only mitral vegetations were situated on the central part of the outer surface of the aortic leaflet. In these instances the mitral lesion probably resulted from contact with an infected aortic leaflet.

To understand the structure of old defective valves it is very im-

portant to note that in the acute stages the vegetation is not the only lesion but that there is a diffuse inflammation of the leaflet, always in its distal part and often extending well toward its attached margin (Figs. 1 and 12). This is the reason why an old defective valve leaflet is commonly thickened throughout, with the maximum involvement near the free margin.

Rheumatic vegetations are largely proliferative in character. There are some lymphocytes and occasionally a few polymorphonuclears, but most of the cells are fibroblasts. There is practically no necrosis or ulceration and there is no organization since there is almost no material to be replaced. Lymphocytes are numerous in the valve apart from the vegetations. Healing occurs readily and always results in thickening of the leaflet, since the fibroblasts form many new collagenous fibers. As in any healing inflammation the newly formed fibrous tissue contracts, compressing the blood vessels and forming scar tissue. In time the scar tissue becomes hyaline in structure and it frequently becomes calcified. The thin layer of hyaline material on the surface of fresh rheumatic vegetations can often be recognized in old defective valves long after all signs of active inflammation have disappeared (Fig. 29).

In recurrent rheumatic endocarditis there is either an activation of a latent infection or a reinfection. Fresh vegetations form on valves already thickened by a previous inflammation and fresh leaflets become involved. Each attack leaves the valves thicker and more rigid than they were previously.

It is only a short step from the recurrent rheumatic to the old defective valve. The inflammation subsides and the clinical picture changes from infection to valvular defect. There is often a striking gross resemblance between these two stages (Fig. 20), though they may be distinguished by the clinical history and microscopic structure. Partially or completely healed vegetations may be found (Figs. 25 and 26), and in the raw areas the remnants of rheumatic inflammation are readily recognized (Fig. 28). Twenty-seven of the old defective valves of Group 1 show incompletely healed lesions recognizable as rheumatic. When the valves are completely healed (Group 2) the evidence of a rheumatic origin is not so obvious; but they are strikingly similar in structure to known healed rheumatic lesions (e.g., those of recurrent rheumatic endocarditis, cf. Fig. 15 with Fig. 29), and they are parallel in clinical and gross pathologic

features to Group 1. Fifty-five of the seventy-three old defective valves are interpreted as of rheumatic origin.

Bacterial lesions differ from rheumatic only in the intensity of the inflammatory reaction. There are no sharp distinctions. Exudation is more abundant, the fibroblasts are more numerous, thrombi form on the injured areas and there is often necrosis and ulceration. Healing processes are found almost constantly but complete healing rarely occurs. The leaflet becomes fibrous and hyaline in certain parts. The thrombus soon becomes homogeneous. Portions may become detached. It may persist indefinitely as a hyaline thrombus or it may become calcified. We have found no evidence that organization occurs to any appreciable extent. Only three of the seventy-three old defective valves are interpreted by us as healed bacterial lesions, but even these were not clinical examples of bacterial endocarditis.

Rheumatic vegetations were found in three-fourths of the hearts of subacute bacterial endocarditis, and numerous transitions between the two types of vegetations were seen. Unless the improbable assumption is made that three-fourths of the subacute bacterial cases have a simultaneous acute rheumatic infection, it must be granted that rheumatic and subacute bacterial endocarditis are caused by the same organism.

Glomerulonephritis was found in 38 of 64 cases of subacute bacterial endocarditis. The type of glomerulonephritis was embolic in 19, acute diffuse in 13, subacute or chronic diffuse in 3, and a combination of embolic and acute diffuse in 3. Diffuse glomerulonephritis as a complication of subacute bacterial endocarditis is about as frequent as the embolic form. Baehr and Lande <sup>13</sup> called attention to this relationship in 1920.

Aschoff bodies were found in the different forms of endocarditis as follows: acute rheumatic, 61 per cent; recurrent rheumatic, 55 per cent; acute bacterial, o per cent; subacute bacterial, 8 per cent; old valvular defects, 10 per cent.

The calcified nodular type of old valvular defect may originate entirely independently of an inflammatory process, as Mönckeberg believes; but its frequent association with known inflammatory lesions has not been satisfactorily explained. It is noteworthy also that Aschoff bodies were found in the myocardium in three cases of this group.

#### SUMMARY

In addition to the vegetations in acute endocarditis there is a diffuse inflammation always in the free edge and often involving the greater part of the leaflet. This circumstance explains the uniform thickening so commonly seen in old defective valves.

Rheumatic vegetations are composed chiefly of fibroblasts, and in the process of healing they readily become converted into fibrous tissue. There is no ulceration and no organization. Fifty-five of seventy-three old defective valves are considered the result of rheumatic endocarditis, and in twenty-seven of these incompletely healed rheumatic lesions were recognizable.

Bacterial endocarditis is a more intense inflammation than the rheumatic. Proliferation predominates but exudation is often prominent. Large thrombi are formed on the raw surfaces and there is often ulceration. Healing consists in the conversion of the leaflet into scar tissue. Such portions of the thrombi as do not become detached persist indefinitely without becoming organized, although they may become calcified. Complete healing rarely occurs. Three of seventy-three old defective valves were interpreted as the result of bacterial endocarditis.

Transitions between rheumatic and bacterial vegetations are frequently seen. Rheumatic vegetations were found in association with bacterial in three-fourths of the cases of subacute bacterial endocarditis.

Fifteen of seventy-three old defective valves belong to the aortic calcified nodular group. The etiology of this type is unknown. There is no satisfactory evidence that it is of inflammatory origin, and it seems unrelated to atheroma. Aortic stenosis in the absence of disease of any other valve is usually of this form.

Stenosis is more frequent than insufficiency in old defective valves.

The only old pulmonary valve defects seen were of the congenital type (three cases of pulmonary stenosis).

An acute rheumatic endocarditis may terminate in several different ways: (a) death during the acute stage from toxemia; (b) partial or complete healing followed after a variable interval by the reappearance of fresh rheumatic vegetations (recurrent rheumatic endocarditis); (c) partial or complete healing followed by the formation of bacterial vegetations on the valves — a more active inflammation (subacute bacterial endocarditis); (d) slow incomplete healing giving rise to deformed leaflets on which rheumatic inflammation is still recognizable; (e) complete healing resulting in thickened, stiffened valves with smooth surfaces.

As to pathogenesis, 76 hearts with old valvular defects are interpreted as follows: 55 from rheumatic endocarditis, 3 from bacterial endocarditis, 15 (all aortic stenosis of the calcified nodular type) of undetermined origin and 3 (pulmonary stenosis) congenital.

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#### DESCRIPTION OF PLATES

#### PLATES 33-40

#### PLATE 33

- FIG. 1. 25-171. Acute rheumatic endocarditis. Ridge of small, firm vegetations near the edge on the auricular surfaces. Opacity of the leaflet above with prominent blood vessels and small hemorrhages.
- FIG. 2. 22-28. Recurrent rheumatic endocarditis. Thickened leaflets with a ridge of very small vegetations near the edge on the auricular surfaces.
- FIG. 3. 10-92. Early rheumatic lesion area between vegetations. Endothelium intact, many large fibroblasts, a few lymphocytes and polymorphonuclears.
- FIG. 4. 22-595. Early rheumatic vegetations. Closely packed fibroblasts. Abundant hyalin in one, a little in the other. A few polymorphonuclears and lymphocytes. Endothelium partly detached.

#### PLATE 34

- FIG. 5. 22-185. Rheumatic endocarditis. The multicentric character of the lesion is shown. Platelet thrombi have formed where the hyalin has broken through the endothelium. Under the vegetations there is a diffuse inflammatory reaction many small fibroblasts and extensive perivascular lymphocytic infiltration.
- FIG. 6. 22-185. Small vegetation composed largely of hyalin.
- FIG. 7. 18-204. Recurrent rheumatic endocarditis. A typical well formed fresh vegetation. Surface hyaline layer. Edema. Many fibroblasts. Central capillaries. The valve underneath shows scarring from a previous attack.
- FIG. 8. 10-92. Acute rheumatic endocarditis. Detail of surface vegetation. Surface hyaline layer. Zone of large fibroblasts. Serous exudate.

#### PLATE 35

- FIG. 9. 25-163a. Acute rheumatic endocarditis. Diffuse intense involvement of marginal part of leaflet. Hyaline layer on both surfaces. Numerous large fibroblasts.
- FIG. 10. 25-163a. Higher magnification of an area of Fig. 9.
- FIG. 11. 22-185. Acute rheumatic endocarditis. Cross-section of a leaflet showing hyalin in the central portion.
- FIG. 12. 22-185. Acute rheumatic endocarditis. Section of valve above the level of the vegetations showing a diffuse proliferative inflammation. Large numbers of small fibroblasts. Prominent blood vessels. Some lymphocytes.

#### PLATE 36

- FIG. 13. 25-631. Recurrent rheumatic endocarditis. Active vegetations on a thickened scarred valve. There is a little cellular exudate in the scar tissue underlying the vegetation.
- FIG. 14. 24-364. Acute rheumatic endocarditis. Vegetation in stage of healing. Scar tissue with retrogressive changes in fibroblasts. Homogeneous hyaline layer at surface.

- FIG. 15. 17-227. Recurrent rheumatic endocarditis. Healed vegetation. The surface hyaline layer of the vegetation blends with the hyaline fibrous tissue.
- FIG. 16. 17-28. Subacute bacterial endocarditis. Bacterial emboli in capillaries surrounded by a zone of polymorphonuclears (embolic abscess).

#### PLATE 37

- FIG. 17. 18-102. Subacute bacterial endocarditis. Proliferative inflammation within the valve. Large fresh soft thrombus with extensive deposits of calcium in its deeper part.
- FIG. 18. 21-513. Subacute bacterial endocarditis. Proliferative inflammation. Large closely packed fibroblasts (some multinucleated). Very few collagenous fibers.
- FIG. 19. 13-180. Subacute bacterial endocarditis; stage of healing. Hyaline thrombus; no organization. Valve largely converted into scar tissue.

#### PLATE 38

- FIG. 20. 25-328. Old valvular defect with incomplete healing. Ridge of vegetations near the margin of the thickened leaflet. See Fig. 21 for microscopic structure.
- FIG. 21. 25-328. Section through the ridge of vegetations shown in Fig. 20. Dense scar tissue underneath an old hyaline thrombus. Very little evidence of organization. This may represent a healed bacterial lesion.
- FIG. 22. 16-185. Old valvular defect with incomplete healing. Large ulcers covered by thrombus. Small denuded areas near the free margin. See Fig. 23.
- FIG. 23. Section of the large ulcer shown in Fig. 22. Hyaline thrombus; very little organization. Many leucocytes within the valve. Healing bacterial lesion.

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- FIG. 24. 15-324. Old valvular defect with incomplete healing. Denuded areas on the thickened leaflets.
- FIG. 25. 11-121. Old valvular defect with incomplete healing. Rheumatic vegetation with a dense connective tissue core. The surface hyaline layer is easily seen.
- FIG. 26. 25-328. Section of a healed vegetation composed of scar tissue. The superficial hyalin is visible on the left side. No organization.
- FIG. 27. 25-322. Old valvular defect with incomplete healing. Section through a raw area showing a thin layer of thrombus overlying dense fibrous tissue.

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- FIG. 28. 20-250. Old valvular defect with incomplete healing. Old hyaline thrombus resting on hyaline scar tissue.
- FIG. 29. 23-101. Old valvular defect with complete healing. Dense fibrous tissue in which a few capillaries are visible. A thin layer of hyalin at the surface suggesting the surface hyaline layer of a rheumatic vegetation.
- FIG. 30. 25-82. Old valvular defect, calcified nodular type (Group 3). Aortic valve seen from above.



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