Mixed-Species Biofilm Formation by Lactic Acid Bacteria and Rice Wine Yeasts[∇]

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We found that species combinations such as *Lactobacillus casei* subsp. *rhamnosus* IFO3831 and *Saccharo-myces cerevisiae* Kyokai-10 can form a mixed-species biofilm in coculture. Moreover, the Kyokai-10 yeast strain can form a biofilm in monoculture in the presence of conditioned medium (CM) from *L. casei* IFO3831. The active substance(s) in bacterial CM is heat sensitive and has a molecular mass of between 3 and 5 kDa. In biofilms from cocultures or CM monocultures, yeast cells had a distinct morphology, with many hill-like protrusions on the cell surface.

Biofilms are superficial microbial colonies found on solid surfaces at the solid-liquid interface. Studies of biofilm formation have primarily focused on biofilms formed by a single species of microorganism (5, 6, 8, 12). In natural environments, however, biofilms are thought to be composed of more than one species. Indeed, several investigators have done pioneering work on mixed-species biofilm formation (1, 3, 4, 7, 11, 16).

In the early period of traditional Japanese fermentation mashes to make rice wine and vinegar, experts recognized that lactic acid bacteria and yeasts coexisted in these mixtures, which contained steamed rice and rice koji (steamed rice grown with *Aspergillus oryzae*) (2, 10). Moreover, the steamed rice and rice koji in the mashes provide many solid surfaces. These observations prompted us to investigate the possibility that lactic acid bacteria and yeast can form a mixed-species biofilm.

Initially, we tested 10 strains of lactic acid bacteria and 13 strains of yeasts for their ability to form biofilms. Lactic acid bacterial strains B-1, B-56, L-14, L-54, and H-61 in Table 1 were isolated in our laboratory from yoghurt samples. *Saccharomyces cerevisiae* X2180-1A is a widely used laboratory yeast strain. Yeast strains designated Kyokai-[number] were kindly supplied by the Brewing Society of Japan. Other bacterial and yeast strains were obtained from stock culture centers.

To prepare seed cultures, lactic acid bacteria were grown in DeMan, Rogosa, and Sharpe broth (MRS; Becton, Dickinson and Co., Sparks, MD) at 30°C for 24 h. Yeasts were grown in YPD broth (Becton Dickinson and Co.) at 30°C for 24 h. Cells were cultured to stationary phase.

Quantification of biofilm formation was done using the conventional titer plate method with minor modifications (14, 15). To assay biofilm formation in monoculture, stationary-phase lactic acid bacteria or yeast cells were diluted 1:100 in fresh YPD (total, 200 μ l) and grown in microtiter plate wells. To assay biofilm formation in coculture, stationary-phase cultures of lactic acid bacteria and yeasts were diluted by 1:200 into fresh YPD broth (total, 200 μ l), mixed, and cocultured in microtiter plate wells. After inoculation, both mono- and coculture samples were incubated at 30°C for 24 h.

Alternatively, biofilms were formed on glass slides. To do this, either a 500- μ l monoculture of one cell type or 250- μ l monoculture of each cell type was added to 50 ml YPD in a beaker containing a glass slide and the chamber was incubated at 30°C for 24 h. After cultivation, the slide was washed three times with distilled water and dried at room temperature for 30 min. Dried biofilms on slides were Gram stained using the FAVOR-G SET-F kit (Nissui Pharmaceutical Co., Ltd., Tokyo, Japan) and examined under a microscope.

To prepare conditioned medium (CM), a 15-ml culture of *Lactobacillus casei* subsp. *rhamnosus* was transferred into 1,500 ml of YPD and incubated at 30°C for 24 h. Cells were removed by centrifugation (5,600 \times g for 20 min), and the supernatant was sterilized via passage through a 0.2-µm-pore-size sterile filter (Toyo Roshi Co. Ltd., Tokyo, Japan). The sterilized flowthrough was considered CM. Further fractionation of CM was performed by ultrafiltration with centrifugal filter devices with a 10-kDa normal molecular mass limit, 5-kDa normal molecular mass cutoffs (all from Millipore Co., Bedford, MA).

Light microscopic observation was performed using an Olympus BX60 equipped with a UPlanFl oil immersion lens (Olympus Co., Tokyo, Japan) and a DP90 digital camera (Olympus Co.). Scanning electron microscopy (SEM) was used to visualize the cell surface of the biofilm-forming yeast strain Kyokai-10. SEM was performed as described by Guzel-Seydim et al. (9). Biofilm samples were prepared on a glass slide as described, shaved off with a rubber spatula, suspended in 0.1 M sodium phosphate buffer, and fixed with 2% glutaraldehyde. The samples were observed using a Keyence VE-8800 scanning electron microscope (Keyence Co., Osaka, Japan).

We set out to test for the ability to form a mixed-species biofilm for every combination of each of 10 species of lactic acid bacteria and 13 strains of the yeast *Saccharomyces cerevi*-

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<i>S. cerevisiae</i> strain	Absorbance of crystal violet in ^a :										
	Monoculture	L. mesenteroides IAM 1064	P. acidilactici IAM 1233	L. paracasei subsp. paracasei IFO3533	L. sakei IFO3541	L. casei subsp. rhamnosus IFO3831	L. helveticus B-1	L. bulgaricus B-56	L. casei L-14	L. acidophilus L-54	S. cremoris H-61
None		0.036	0.048	0.022	0.020	0.049	0.040	0.035	0.024	0.022	0.029
X2180-1A	0.044	0.059	0.071	0.080	0.070	0.108	0.079	0.094	0.070	0.078	0.064
Kyokai-6	0.028	0.071	0.077	0.065	0.053	0.071	0.051	0.092	0.066	0.086	0.068
Kyokai-7	0.055	0.069	0.074	0.049	0.048	0.074	0.072	0.086	0.086	0.089	0.083
Kyokai-9	0.039	0.044	0.047	0.039	0.063	0.048	0.072	0.070	0.051	0.069	0.077
Kyokai-10	0.077	0.097	0.100	0.092	0.084	0.208	0.096	0.082	0.089	0.170	0.097
Kyokai-11	0.033	0.107	0.149	0.091	0.113	0.134	0.085	0.062	0.090	0.127	0.092
Kyokai-12	0.037	0.129	0.100	0.086	0.080	0.198	0.095	0.070	0.067	0.157	0.094
Kyokai-13	0.048	0.124	0.151	0.074	0.092	0.210	0.095	0.115	0.093	0.092	0.100
IAM 4125	0.040	0.035	0.051	0.057	0.047	0.038	0.040	0.043	0.044	0.042	0.035
IAM 4140	0.035	0.024	0.031	0.043	0.044	0.033	0.038	0.042	0.048	0.048	0.050
IAM 4178	0.030	0.025	0.031	0.039	0.038	0.031	0.036	0.026	0.065	0.046	0.041
IAM 4274	0.049	0.063	0.052	0.066	0.060	0.069	0.056	0.038	0.053	0.074	0.038
IAM 4954	0.028	0.022	0.039	0.046	0.043	0.028	0.038	0.053	0.040	0.035	0.053

TABLE 1. Amount of biofilm formation in coculture between lactic acid bacteria and yeasts

^a Numerals given in the table represent absorbance of crystal violet extracted from crystal violet-stained biofilms. Values in boldface represent combinations with distinct biofilm formation. Results are shown for the species *Leuconostoc mesenteroides*, *Pediococcus acidilactici*, *Lactobacillus paracasei*, *Lactobacillus sakei*, *Lactobacillus casei*, *Lactobacillus helveticus*, *Lactobacillus bulgaricus*, *Lactobacillus acidophilus*, and *Streptococcus cremoris*.

siae using the conventional titer plate method (14, 15). We observed distinct biofilm formation in seven combinations (Table 1). None of the lactic acid bacteria or yeasts formed biofilm in monoculture. However, some Kyokai yeast strains used in rice wine brewing did form biofilms when cocultured with suitable lactic acid bacterium partners. Culturing the cells in mixed populations had no significant effect on yeast or lactic acid bacterial cell numbers (data not shown).

To investigate possible interactions between lactic acid bacteria and yeasts, we cultured the yeast strains that had proved capable of forming biofilms (henceforth, "respondent yeasts") in monoculture in CM of partner lactic acid bacteria that had been grown in YPD medium. To our surprise, the respondent yeasts could form monospecies biofilms that reached biofilm mass levels similar to what was found for cocultures. The results obtained for the representative combination of *Saccha*- *romyces cerevisiae* Kyokai-10 cells with CM from *Lactobacillus casei* subsp. *rhamnosus* IFO3831 (hereafter, *L. casei* IFO3831) are shown in Fig. 1.

We next determined the effects of the heat treatment at 100° C for 10 min on the ability of the CM to induce biofilm formation in respondent yeasts. We found that for the representative combination of Kyokai-10 yeast with CM from *L. casei* IFO3831, a biofilm did not form in the presence of heat-treated CM, suggesting that the putative biofilm-forming factor(s) in CM is heat sensitive (Fig. 1). Similar results were obtained for all seven biofilm-competent combinations (data not shown).

In attempt to isolate the factor(s) that induces biofilm formation, untreated CM was fractionated using filter-type molecular sieves. The fraction with a molecular mass of between 3 and 5 kDa could induce biofilm formation of Kyokai-10 yeast (Fig. 2). These data are consistent with the idea that CM



FIG. 1. Biofilm formation between *Lactobacillus casei* subsp. *rhamnosus* IFO3831and *Saccharomyces cerevisiae* Kyokai-10. The ordinate shows the absorption of crystal violet (CV) extracted from CV-stained biofilms, an indicator of biomass. Black bar, coculture; gray bar, lactic acid bacterium in monoculture; white bar, yeast in monoculture; striped bar, yeast cultured in the CM from the bacterium; dotted bar, yeast cultured in heat-treated CM (100°C, 10 min). Error bars indicate standard deviations.



FIG. 2. Fractionation of biofilm-forming factor(s) using molecular sieves. The ordinate is as described for Fig. 1. CF, *S. cerevisiae* Kyo-kai-10 monoculture in CM from *L. casei* IFO3831. Black bars, without heat treatment; white bars, with heat treatment (100°C, 10 min). Error bars indicate standard deviations.



FIG. 3. Gram-stained biofilm formed between *L. casei* IFO3831 and *S. cerevisiae* Kyokai-10 made on a slide glass. (A) Micrograph focusing on the lower layer of the biofilm, which is comprised primarily of bacteria. (B) Micrograph focusing on the yeast cells (upper layer). Bars, 10 μm.

contains a signal molecule(s) produced by *L. casei* IFO3831 that induces biofilm formation in Kyokai-10 yeast.

We next examined the morphology of cocultured biofilms. Figure 3 shows a representative biofilm formed on the surface of a glass slide in the presence of YPD medium. Examination under a light microscope after Gram staining reveals that the biofilm is composed of both Kyokai-10 yeast cells and L. casei IFO3831 cells. The lactic acid bacterial cells appear to form a basal layer, with the yeast cells above them. Moreover, Gram staining revealed that the yeast cells have small protrusions on their cell surfaces. To confirm this, we further examined biofilm-forming yeast cells via SEM after scraping the cells from the glass slide. After biofilm formation in the presence of L. casei IFO3831, Kyokai-10 yeast cells took on an ordinal spherical morphology with many small, hill-like protrusions visible on the cell surface (Fig. 4A). In contrast, planktonic Kyokai-10 yeast cells did not have this type of protrusion on the cell surface but had bud scars (Fig. 4B). In the case of the monoculture biofilm in the presence of CM from L. casei IFO3831, Kyokai-10 yeast cells again took on an ordinal spherical morphology with many protrusions visible on the cell surface (Fig. 4C). Bud scars were detectable using calcofluor, but the small protrusions were not stained with calcofluor, consistent with the idea that they are a distinct morphological structure (data not shown). The micrographs shown in Fig. 4 are representative of what we observed for most yeast cells under the corresponding culture conditions.

To the best of our knowledge, ours is the first report that a

mixed-species biofilm can be formed between lactic acid bacteria and yeast strains isolated from rice wine brewing cultures. This seems likely to have relevance to traditional Japanese fermentation of rice wine or vinegar, as in those settings, the rice provides plenty of solid surfaces on which biofilms could be formed. Traditionally, fermentation of rice wine and rice vinegar is done in the open air, and it has been established that under these conditions, various lactic acid bacteria and yeasts coexist in high density beginning at an early period of fermentation (2, 10).

We have also demonstrated that a yeast-biofilm-forming factor(s) of relatively low molecular weight was produced by lactic acid bacteria such as *L. casei* subsp. *rhamnosus*. Some lactic acid bacteria are known to produce lantibiotics, or peptidederived bacteriocins. Lantibiotics are similar in molecular weight to what we found for the biofilm-forming factor(s). Unlike the factor characterized here, however, most bacteriocins are heat resistant (13). It seems likely that the biofilmforming factor(s) would differ from lantibiotics.

Based on what is known about bacterial and yeast behaviors, we reason that one or more signaling ligands are produced by lactic acid bacteria and received via a receptor on the surface of respondent yeast cells. Intracellular transduction of the signal presumably brings about formation of protrusions on the cell surface of the respondent yeast. We propose that the protrusions we observed on respondent yeast are necessary to help the yeast stick to a solid surface, thus facilitating formation of a biofilm.



FIG. 4. Detection of protrusions on the cell surface of biofilm-forming yeasts by SEM. (A) Yeast and bacterial cells from a mixed-species biofilm (*L. casei* IFO3831 and *S. cerevisiae* Kyokai-10). (B) Planktonic Kyokai-10 cells. Arrows indicate bud scars. (C) Yeast cells in the monoculture biofilm formed by Kyokai-10 in the presence of CM from *L. casei* IFO3831. Bars, 1 μm.

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