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# **Recent Advances in the Immunobiology of Ceramide**

# **Saumya Pandey**1, **Richard F. Murphy**1, and **Devendra K. Agrawal**1,2,3

*1Department of Biomedical Sciences, Creighton University School of Medicine, Omaha, Nebraska, USA*

*2Department of Internal Medicine, Creighton University School of Medicine, Omaha, Nebraska, USA*

*3Department of Medical Microbiology and Immunology, Creighton University School of Medicine, Omaha, Nebraska, USA*

## **Abstract**

Ceramide, a sphingosine-based lipid molecule, has emerged as a key regulator of a wide spectrum of biological processes such as cellular differentiation, proliferation, apoptosis and senescence. Sphingomyelinase-dependent hydrolysis of sphingomyelin, and *de novo* synthesis involving the coordinated action of serinepalmitoyl transferase and ceramide synthase, are the two major pathways involved in ceramide synthesis. Clustering of plasma membrane rafts into ceramide enriched platforms serves as an important transmembrane signaling mechanism for cell surface receptors. Ceramides have been implicated in apoptosis, stress-signaling cascades as well as ion channels. There is accumulating evidence that targeted manipulation of ceramide metabolism pathway has immense therapeutic potential and may eventually prove to be a boon in the design of novel strategies and development of innovative treatments for diverse conditions including cardiovascular diseases, cancer and Alzheimer's disease. As yet uncharacterized natural ceramide analogs and novel inhibitors of ceramide metabolism might prove to be potent drugs. In this review, we discuss significant advances that continue to provide intriguing insights into the complex cellular and molecular mechanisms underlying ceramide-mediated signaling cascades.

## **Keywords**

Apoptosis; Atherosclerosis; Cancer; Cardiovascular diseases; Ceramide; Ion channels; Neurodegeneration; Raft; Sphingomyelinase

## **Introduction**

Deciphering the complexities of ceramide-mediated transmembrane signaling has been a primary objective of numerous experimental studies in life sciences in recent years. Ceramides have emerged as critically important bioactive messengers playing significant roles in cellular differentiation, proliferation, apoptosis and senescence. Ceramide biosynthesis occurs *via* sphingomyelinase-dependent catabolism of sphingomyelins as well as by de novo synthesis (Hannun et al., 2001;Mathias et al., 1998). Ceramide-enriched membrane microdomains facilitate receptor reorganization and clustering, thereby amplifying the signaling, sometimes almost 100-fold as in the case of CD95(Kolesnick et al., 2000;Grassme et al., 2003). Ceramide has been implicated in diverse signaling cascades that involve protein kinases viz. SAPK, JNK

Address for correspondence: Devendra K. Agrawal, Ph.D., FAHA, FAAAAI, Professor of Biomedical Sciences, Internal Medicine, and Medical Microbiology and Immunology, CRISS II Room 510, Creighton University School of Medicine, 2500 California Plaza, Omaha, NE 68178, USA. Tel: (402) 280-2938; Fax: (402) 280-1421, E-mail: dkagr@creighton.edu

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(Verheij et al., 1996), PKC ζ (Bourbon et al., 1992), kinase suppressor of Ras (KSR) (Zhang et al., 1997), Raf (Huwiler et al., 1996), double stranded RNA-dependent protein kinase (PKR) as well as protein phosphatases such as PP2A and PP1 (Ruvolo et al., 2001;Chalfant et al., 1999). Ceramide-induced apoptosis usually involves the SAPK/JNK signaling pathway (Verheij et al., 1996). Ceramide production is enhanced in response to diverse stress stimuli such as cytokines, environmental stress and chemotherapeutic or anti-cancer drugs (Hannun and Obeid, 2002;Senchenkov et al., 2001;Spiegel and Milstein, 2002) (Figure 1). Numerous experimental and clinical studies reveal the significance of ceramides in pathophysiology of diverse disease conditions. The past few years have witnessed an upsurge of interest in the exploration of complex cellular and molecular mechanisms underlying ceramide-mediated signaling cascades. Identification and comprehensive characterization of ceramide analogs and inhibitors of ceramide metabolism as logical therapeutic targets may yield opportunities for pharmacological interventions and design of novel strategies that will undoubtedly lead to spectacular gains in our ability to fully understand the pathophysiology of diverse human diseases.

#### **Ceramide metabolism**

Sphingomyelinase-dependent hydrolysis of sphingomyelin and the *de novo* synthesis are the two major pathways of ceramide biosynthesis (Mathias et al., 1998;Hannun and Luberto, 2000;Riboni et al., 1997;Hannun, 1994) (Figure 2). Sphingomyelinases (SMases) catalyze the hydrolysis of sphingomyelin (ceramidephosphorylcholine) into ceramide and phosphorylcholine (Levade and Jaffrezou, 1999). SMases have been characterized as acid SMase, secretory SMase, neutral  $Mg^{2+}$  dependent SMase,  $Mg^{2+}$  independent neutral SMase, alkaline SMase and bacterial SMase-phospholipase C. Acid SMase deficiency has been implicated in the Niemann-Pick syndrome, secretory SMase in atherogenesis, neutral  $Mg^{2+}$ dependent SMase in atherosclerosis and apoptosis and alkaline SMase in colon carcinogenesis (Samet and Barenholz, 1999;Tabas, 1999;Chatterjee, 1999; Ghosh et al., 1998; Nilsson and Duan, 1999;Vazquez-Boland et al., 2001). Ceramide is generated from sphingomyelin located in the outer layer of plasma membrane by neutral  $Mg^{2+}$  dependent sphingomyelinase while same ceramide are formed from sphingomyelin in endo/lysosomes by acid SMase. Ceramidase catabolizes ceramide to form sphingosine. Ceramide can also be converted to sphingomyelin, glucosyl ceramide, galactosyl ceramide, ceramide-1-phosphate, and ceramide phosphoethanolamine (Hannun and Luberto, 2000;Riboni et al., 1997). *De novo* ceramide synthesis begins in the endoplasmic reticulum with the serine palmitoyltransferase-catalyzed condensation of serine and palmitoyl-CoA and a subsequent series of reactions produce ceramide on the cytosolic side of the ER ( Mandon et al., 1992;Hirschberg et al., 1993;Michael and Van Echten Deckert G, 1997;Cuvillier et al., 1996). Lip 1p, a novel subunit of the enzyme ceramide synthase, the active form of which has been recently purified from yeast, is a singlespan ER membrane protein required for ceramide synthase activity (Vallee and Riezman, 2005).

Sphingomyelin synthesis is dependent on the translocation of ceramide from the cytoplasmic to the luminal surface of the Golgi membranes (Futerman et al., 1990). Transport of ceramide by vesicular (COP II-dependent) and non-vesicular (CERT-dependent) mechanisms from its site of synthesis in the ER to the Golgi is a critically important step in sphingolipid biosynthesis (Perry and Ridgway, 2005).

The recent identification of Good-pasture antigen binding protein (GPBP) as the ceramide transporter protein CERT will certainly provide a better understanding of the molecular mechanisms involved in the regulation of ceramide transport (Raya et al., 1999). CERT, a cytoplasmic protein with a phosphatidylinositol-4-monophosphate-binding domain and a domain for catalyzing lipid transfer, is involved in the non-vesicular transport of ceramide from

the ER to Golgi apparatus for sphingomyelin synthesis (Kumagai et al., 2005;Fukasawa et al., 1999).

The non-vesicular transport involves the simultaneous binding of CERT, at ER-Golgi membrane contact sites, to both vesicle-associated membrane protein (VAMP)-associated protein (VAP) in the ER and PhosphatidylInositol-4-Phosphate at the Golgi apparatus via the FFAT (two phenylalanyl in an acidic tract) and PH (pleckstrin homology) domains, respectively. Ceramide is bound and transferred from the ER to the trans-Golgi via the START (steroidogenic acute regulatory protein-related lipid transfer) domain. Recruitment of CERT to ER occurs through interaction with VAP via the FFAT domain. At the ER, the CERT START domain extracts ceramide from the membrane bilayer, is released from the ER and transports ceramide across the cytoplasmic compartment to the cis/medial/trans-elements of the Golgi apparatus through interaction with phosphatidylinositol 4-phosphate via the PH domain. At the Golgi apparatus, ceramide is transferred into the membrane bilayer and CERT is released and recruited back to the ER to continue the cycle. Ceramide transport to the Golgi apparatus is coupled to sphingomyelin production by sphingomyelin synthase 1 on the luminal surface of the Golgi apparatus. Ceramide transport between the ER and the Golgi apparatus also occurs by COP II-dependent vesicular trafficking and utilizes glucosylceramide transferase and sphingomyelin synthase-1 for production of glucosylceramide and sphingomyelin respectively (Hanada et al., 2003;Wyles et al., 2002; Lowen and Levine, 2005; Tsujishita and Hurley, 2000).

## **Ceramide-dependent raft system**

Transbilayer lipid motion (flip-flop) and clustering of plasma membrane rafts into ceramideenriched platforms serves as a transmembrane signaling mechanism for cell surface receptors and probably constitutes a central element in the initiation of receptor signaling. Experimental studies have demonstrated CD95 signaling *via* ceramide-rich membrane rafts; acidsphingomyelinase (ASM)-released ceramide is essential for CD95 clustering (Grassme et al., 2001). Extracellularly oriented ceramide, released upon CD95-triggered translocation of ASM to the plasma membrane outer surface, enables clustering of CD95 in sphingolipid-rich membrane rafts as well as apoptosis induction; ASM deficiency, raft destruction or neutralization of surface ceramide prevented CD95 clustering and apoptosis, suggesting that CD95-mediated clustering by ceramide is a prerequisite to signaling and explained the importance of death.

Recent studies (Gulbins and Kolesnick, 2003) suggest that following relevant stimuli, ASM translocates into distinct plasma membrane sphingolipid-enriched microdomains termed rafts where it generates ceramide. Ceramide displays the unique biophysical property to selfassociate through hydrogen-bonding, thereby providing the driving force for coalescence of microscopic rafts into large membrane macrodomains that serve as platforms for protein concentration and oligomerization in transmitting signals across the plasma membrane (Figure 3). Ceramide-rich membrane rafts have been shown to mediate CD40 clustering, which appears a critical event in CD40-initiated cell signaling (Grassme et al., 2002). *Pseudomonas aeruginosa,* Rhinovirus, UV light, Cisplatin, CD20 and limitation of neutrophil life span by reactive oxygen species-mediated activation of death receptor signaling have been implicated in the induction of ceramide-enriched membrane platforms (Grassme et al., 2003;Charruyer et al., 2005;Lacour et al., 2004;Grassme et al., 2005;Scheel-Toellner et al., 2004;Abdel Shakor et al., 2004).

The first direct visual evidence for sphingomyelinase-induced formation of ceramide-enriched domains in sphingomyelin monolayer under precise control of the surface intermolecular packing has been provided recently (Fanani et al., 2002). Furthermore, it has been indicated

that lateral enzyme-specific out-of equilibrium organization of lipid domains represents a new level of signal transduction from local (nm) to long-range (μm) scales (Hartel et al., 2005). Cross-talk between lateral domain structures and dipolar electrostatic fields certainly adds new dimensions to the mechanisms of SMase-mediated signal transduction in biological membranes.

# **Immunobiological and immunopathological role of ceramide-mediated signaling**

Numerous experimental as well as clinical studies have recently focused on dissecting the complexities associated with ceramide-mediated transmembrane signaling and continue to provide substantial evidence regarding the role of ceramide as a key mediator in diverse cellular events in health and disease.

#### **Ceramide and apoptosis**

Ceramide-induced apoptosis often involves stress signaling cascades including protein kinases as well as protein phosphatases (Figure 4). It has been suggested that ceramide activates JNK *via* Rac-1, PKC ζ and TAK-1 (Brenner et al., 1997;Lozano et al., 1994;Shirakabe et al., 1997). Blockade of apoptosis in myeloid and lymphoid cells by using a dominant negative cjun mutant suggests a role for c-jun activation by JNK in ceramide-mediated cell death in these cells (Verheij et al., 1996). Ceramide activation of PKC ζ appears to be essential for SAPK pathways in some cell types since a dominant negative PKC ζ protein can block SAPK activation and inhibit anti-proliferative responses when cells are treated with ceramide. Direct activation of PKC ζ, involves ceramide binding to the cysteine-rich domain (Bourbon et al., 1992). Kinase suppressor of RAS (KSR) has been implicated as a mediator of the effects of ceramide on Ras, Raf and extracellular signal-regulated kinases (ERKs). TNF-alpha or ceramide analogs significantly increased KSR autophosphorylation and its ability to activate Raf-1. Low concentrations of natural ceramide also had similar effects *in vitro*. Threonine269, the Raf-1 site phosphorylated by ceramide-activated protein (CAP) kinase, is also recognized by KSR (Zhang et al., 1997). TNFα and ceramide induced activation of ERK1/2 and involves KSR and Raf-1. BAD enables ceramide-mediated apoptotic signaling via Ras and Raf-1 (Huwiler et al., 1996;Yan and Polk, 2001;Basu et al., 1998). Bax has been demonstrated to be a critical regulator of ceramide-induced apoptotic pathway, upstream of cytochrome c release. Antisense bax was found to inhibit cytochrome c release, poly (ADPribose) (PARP) cleavage and cell death in HL-60 cells; furthermore, ceramide induced mitochondrial translocation of Bax, and increased the ratio of Bax to Bcl-xl (Kim et al., 2001). Recent studies suggest that TNF-alpha-mediated mitochondrial generation of ceramide is involved in translocation of Bax to mitochondria and subsequent release of cytochrome c and cell death (Birbes et al., 2005). Moreover, ultraviolet light-induced acid sphingomyelinase activation is involved in conformational change of Bax at the mitochondrial membrane and subsequent release of cytochrome c (Kashkar et al., 2005). Activation of double-stranded RNAdependent protein kinase (PKR) by ceramide involves the phosphorylation of RAX, the cellular PKR activator; overexpression of RAX was found to sensitize cells to ceramide-induced apoptosis. Ceramide promoted eukaryotic translation initiation factor 2 alpha subunit  $(eIF-2\alpha)$  phosphorylation and was found to inhibit protein synthesis in a dose-dependent manner (Ruvolo et al., 2001). Ceramide can activate the p38 SAPK resulting in the phosphorylation of the transcription factors CREB and ATF-1 (Scheid et al., 1999). Guanine nucleotide-exchange factor Vav activation of the Rho GTPases has also been implicated in ceramide-mediated apoptosis. This process is p53 independent, but can be inhibited by Bcl2. Rac-1-mediated signaling cascades may be involved since dominant negative N17Rac1 prevents SAPK activation and suppresses apoptosis (Brenner et al., 1997;Gulbins et al., 1994). Ceramide-activated protein phosphatases PP1 and PP2A have been reported to mediate

the actions of ceramide in diverse cell types. Phosphatase inhibitors inhibit the ability of ceramide to cause dephosphorylation of PKCα, Akt/PKB, c-Jun and Bcl-2. Inhibition of PP1 with phosphatidic acid blocks ceramide-induced dephosphorylation of retinoblastoma protein (Rb) resulting in cell cycle arrest and apoptosis (Kishikawa et al., 1999). Ceramide also activates lysosomal protease Cathepsin D which is a ceramide-binding protein; cathepsin D participates in caspase-3 activation after translocation from the lysosomes (De Stefanis et al., 2002). Phospholipase A2 (PLA<sub>2</sub>) has been identified as a direct target of ceramide; binding of ceramide to the calcium-dependent lipid binding (CaLB) domain of PLA2 facilitates membrane docking of PLA<sub>2</sub> and release of arachidonic acid and prostaglandin synthesis (Huwiler et al., 2001).

Ceramide acts as a second messenger in regulating the apoptotic cascade. Many studies show that ceramide is a central player in CD95-triggered apoptosis. Acid sphingomyelinase-deficient cells fail to release ceramide upon CD95 stimulation and resist apoptosis, which is restored by addition of ceramide. CD95 stimulated hepatocytes of acid sphingomyelinase-deficient mice showed a significant reduction of apoptosis (Grassme et al., 2001; Kirschneik et al., 2000). Ceramide-enriched membrane platforms facilitate clustering of dispersed CD95 receptor trimers with subsequent activation of Caspase 8 and thus the induction of apoptosis (Grassme et al., 2001). Moreover, endothelial apoptosis, induced by inhibition of integrins  $\alpha V\beta 3$  and αVβ5, involves ceramide metabolic pathways (Erdreich-Epstein et al., 2005). Genetic deficiency of A-SMase delays and prevents developmental apoptosis of oocytes in mice, resulting in oocyte hyperplasia at birth. Also, cumulus cells surrounding the oocytes produce ceramide (Morita et al., 2000;Perez et al, 2005). Ceramide has also been implicated in the developmental death of neutrophils (Scheel-Toellner et al., 2004).

Recent studies implicate endogenous sphingosine kinase-1 (SK-1) as an important survival enzyme in MCF-7 breast cancer cells and link the biological consequences of knocking down the enzyme to its biological role as a regulator of sphingolipid metabolism. SK-1 knockdown by small interfering RNA caused cell cycle arrest and induced apoptosis (Taha et al., 2006). Cell death involved effector caspase activation, cytochrome-c release and Bax oligomerization in the mitochondrial membrane, thus, placing SK-1 knockdown upstream of the mitochondrial pathway of apoptosis. SK-1 knockdown induced significant increases in ceramide levels in whole cells and in mitochondria-enriched fractions of cells. Inhibition of de novo sphingolipid biosynthesis with myriocin significantly attenuated Bax oligomerization and downstream caspase activation after SK1 loss. A recent study demonstrates decreased levels of ceramide in lesional epidermis of psoriasis patients and this was associated with the downregulation of apoptotic signaling molecules such as  $PKC-\alpha$  and JNK, suggesting that decreased ceramide levels downregulate apoptotic pathway, leading to epidermal proliferation in psoriasis (Lew et al., 2006).

The effects of C2-ceramide and C6-ceramide on apoptosis in human HaCaT keratinocytes were examined and it was found that C6-ceramide induced apoptosis easily but C2-ceramide did not, indicating that these epidermal cells exhibit selective responses to the carbon length of the fatty acid of ceramide (Takeda et al., 2006). These studies revealed that the ceramide recycling pathway contributes to the C6-ceramide-induced apoptosis in HaCaT cells. Ceramide derivatives containing a lauroyl group, N-lauroyl-d-erythrosphingosine and N-lauroyl-derythro-C-20-sphingosine, may inhibit production of interleukin-4 in the activated T cells, via the downregulation of AP-1/NF-AT activation and PKC activity (Park et al., 2006). *De novo* ceramide biosynthesis has been reported to be involved in ATP-induced macrophage death in a caspase-dependent manner, thereby indicating a novel role for ceramide in P2X7-regulated cell death. Benzoylbenzoyl ATP, a potent P2X7 agonist, was found to mimic the effects of ATP on ceramide production in macrophages while ATP has the opposite effect. Ceramide accumulation was blocked by de novo ceramide biosynthesis inhibitors. ATP-induced

caspase-3/7 activation is dependent on ceramide generation (Raymond and Le Stunff, 2006). It has been recently shown that endogenous ceramides are key second messengers in interleukin-1β-induced apoptosis in pig thyroid cells through inhibition of adenylyl cyclase and ERK1/2 activation (El Btaouri et al., 2006). Dihydrotestosterone-dependent suppression of neutral sphingomyelinase activity has been found to reduce the concentrations of ceramide, increase sensitivity to alpha (1)-adrenoreceptor-mediated mitogenic signaling and facilitate norepinephrine-dependent smooth muscle growth in prepubertal and adult guinea pigs (Durham and Mawhinns, 2006).

Ceramide mediates tumor necrosis factor-related apoptosis-inducing ligand (TRAIL)-induced apoptosis via a redox mechanism (Dumitru and Gulbins, 2006). Splenocytes and other tumor cell lines respond to TRAIL treatment with activation of acid-sphingomyelinase, release of ceramide, formation of ceramide-enriched membrane platforms, and apoptosis. Acidsphingomyelinase-deficient splenocytes do not respond to TRAIL and addition of natural C16 ceramide restores death receptor DR5-clustering and apoptosis in the splenocytes. Ceramidemediated activation of mitochondrial p38 MAPK has been proposed as a potential mechanism for loss of mitochondrial transmembrane potential and apoptosis (Kong et al., 2005). Ceramideinduced apoptosis depends on mitochondrial respiratory function, cytochrome c release and caspase-3 activation in Hep-G2 cells. Ceramide-induced cell death has been attributed to hydrogen peroxide generation at the ubiquinone site of the mitochondrial respiratory chain and rapid decline of oxidation in the mitochondrial electron transport chain (Garcia-Ruiz, et al., 1997;Gudz et al., 1997;Quillet-Mary et al., 1997;Gentil et al., 2003). The interactions of ceramide with nitric oxide generated by endothelial nitric oxide synthase (NOS III) have also been implicated in cell death. NOS III is localized at both the plasma membrane and the Golgi complex through its ability to be myristoylated and palmitoylated (Voelkel-Johnson et al., 2005). Ceramide generation has been shown to lead to NOS III activation in numerous studies in the past few years. NOS III activation can involve ceramide generation by either acid or neutral sphinomyelinases, stimulated either by basic fibroblast growth factor (bFGF) in CHO-K1 cells (Goldkorn et al., 1998). It can also involve tumor necrosis factor-α (TNF-α) in HeLa cell clones transfected with NOS III under a tetracycline-responsive element (Barsacchi et al., 2003;Bulotta et al., 2001). NOS III activation by TNF-α requires stimulation of the phosphatidylinositol 3 kinase (PI3K)/Akt pathway while bFGF activated NOS III is independent of PI3/Akt activation. The neutral SMase-dependent activation of NOS III negatively regulates TNF-α induced apoptosis, while the acid SMase-dependent NO generation upregulates the mitogenic effect of bFGF. Many studies indicate that low physiological concentrations of NO reduce the generation of ceramide and are implicated in cell survival and differentiation. High levels of NO increase ceramide levels and contribute to cell death (Sciorati et al., 1999;Florio et al., 2003;Huwiler et al., 1999;Takeda et al., 1999).

## **Ceramide and ion channels**

There is growing interest in the implications of a relationship between ceramide and ion channels. Studies in recent times have shown the involvement of ceramide, produced through sphingomyelinase-mediated catalysis, in airway anion secretion of polarized Calu-3 cells (Ito et al., 2004). Short-circuit current measurement revealed that 0.1 μM isoproterenol-induced anion secretion is prevented by pretreatment with 0.3 U/ml SMase for 30 min from the basolateral but not the apical side, although basal and 1-ethyl-2-benzimidazolinone (a  $Ca^{2+}$ activated K+ channel opener)-induced short circuit current is unaffected. Forskolin and 8 bromo-cAMP were found to reproduce the effects of SMase. Furthermore, C2-ceramide, a cellpermeable analog, also represses the 8-bromo-cAMP-induced responses. Nystatin permeabilization studies confirmed that the SMase- and C2-ceramide-induced repressions are due to hindrance of augmentation of cystic fibrosis transmembrane conductance regulator (CFTR)-mediated conductance across the apical membrane. These data suggest that the

ceramide originating from basolateral sphingomyelin acts on activated CFTR from the cytosolic side, thereby hindering and resulting in reduction of transepithelial airway anion secretion. Ceramide interferes with the activities of maxi-K+ and voltage-gated K+ channels in various cells. Ceramide inhibits large-conductance Ca2+ activated potassium channels in vascular smooth muscle cells from small bovine coronary arteries, thereby exerting vasoconstrictory effect in coronary circulation (Li et al., 1999). Blockade of inwardly rectifying potassium current in rat pituitary GH(3) cells has also been reported (Wu et al., 2001).

Ceramide-induced oligodendrocyte depolarization involves inhibition of inwardly rectifying potassium currents *via* a Ras- and Raf-1-dependent pathway, which results in the phosphorylation of the inward rectifier K+ channel protein (Hida et al., 1998). A possible role for galactocerebroside in transmembrane signaling, in modulation of voltage-sensitive Ca2+ channels in the U-87 MG human glioma cell line has also been suggested (Joshi and Mishra, 1992). Inhibition of voltage-gated potassium channel Kv1.3 in Jurkat T lymphocytes by ceramide has been demonstrated recently (Gulbins et al., 1997); this effect of ceramide is mediated by tyrosine kinases. However, the precise biochemical mechanisms governing the regulation of ion channels by ceramide are still unknown.

#### **Ceramide in disease pathophysiology and therapeutics**

There has been an upsurge of interest in unraveling the roles of ceramide in the pathophysiology of human diseases including cardiovascular disorders, cancer and neurodegenerative disorders, chiefly Alzheimer's disease. Targeted manipulation of ceramide metabolic pathway as well as specific components in the ceramide-mediated signaling cascades may prove to be a promising strategy in disease treatment and therapy. Currently, numerous experimental studies are aimed at the identification of ceramide-based analogs and inhibitors of ceramide metabolism as possible drug targets.

#### **Ceramide and cardiovascular disorders**

Ceramide-mediated transmembrane signaling has been strongly implicated in vascular function by many researchers (Figure 5). Auge and colleagues demonstrated the critical role of the sphingomyelin-ceramide pathway in the oxidized low density lipoprotein (ox-LDL) induced smooth muscle cell proliferation and atherogenesis (Auge et al., 1996). Lactosylceramide (LacCer)-mediated plaque formation involves aortic smooth muscle cell proliferation (Chatterjee et al., 1997). *In vitro* cell proliferation of aortic smooth muscle cells by LacCer involves complex signaling mechanisms that involve the activation of NADPH oxidase and a mitogen activated protein kinase signaling cascade. There is evidence regarding significant role of Ras-GTP loading, MEK, Raf, p44MAPK cascade activation and c-fos expression as a potential mechanism in LacCer-mediated proliferation of aortic smooth muscle cells (Bhunia et al., 1996). Further studies to elucidate the precise role of LacCer in the pathogenesis of atherosclerosis revealed that specific activation of membrane-associated NADPH oxidase by LacCer generates endogenous superoxide which mediates aortic smooth muscle cell proliferation *via* activation of kinase cascade (Bhunia et al., 1997). Galactosyl transfer from UDP-galactose to Glucosylceramide is catalyzed by lactosylceramide synthase (UDP-Gal:GlcCer, β(1-4)-galactosyltransferase; GalT-2). LacCer has also been implicated in the TNF-α-induced expression of Nuclear Factor-κB and intercellular adhesion molecule (ICAM-1) in vascular endothelial cells by increasing the activity of GalT-2. LacCer was found to mediate laminar shear-induced superoxide production and ICAM-1 expression in human umbilical vein vascular smooth muscle cells. Preincubation of cells with the antioxidant Nacetylcysteine (NAC) was found to completely abolish the shear-induced superoxide production and significantly inhibit the ICAM-1 expression. Also, D-1-phenyl-2 decanoylamino-3-morpholino-1-propanol (D-PDMP), attenuates the shear-induced activation

of GalT-2, superoxide production and ICAM-1 expression (Yeh et al., 2001;Chatterjee, 1998). The triggering of an inflammatory reaction following activation of transcription factors NF-κB and AP-1 causes phenotypic modulation of medial vascular smooth muscle cells and their migration and subsequent proliferation in the intimal layer; increased extracellular matrix production by these vascular smooth muscle cells increases the volume of intimal tissue causing neointimal hyperplasia, ultimately leading to restenosis (Krueger et al., 2006;Mitra and Agrawal, 2006). The surface expression of Mac-1 or CD11/CD8 on human neutrophils is also stimulated by LacCer, ultimately leading to atherosclerosis. Ceramides have also been linked with vessel wall thickening, plaque formation as well as erosion and thrombosis (Auge et al., 1999;Mallat and Tedgui, 2001). Plasminogen activator inhibitor-1 release in thrombosis is also regulated by ceramide. Sphingomyelinase-mediated hydrolysis results in an increased efflux of cholesterol from LDL. Exogenous cell-permeable ceramide induces cardiomyocyte apoptosis *in vitro*, which contributes to myocardial ischemia/reperfusion injury (Soeda et al., 1995;Galle et al, 1991;Leventhal et al., 2001;Schissel et al., 1998;Bielawska et al., 1997). Induction of endothelial dysfunction in small coronary arteries by ceramide occurs via NADPH oxidase-mediated superoxide production and subsequent increase in peroxynitrite. NADPH oxidase activation by ceramide was associated with the translocation of  $p47$  (phox) subunit of NADPH oxidase to the cytoplasmic membrane (Zhang et al., 2003). Recent studies to determine whether sulfatides (3-sulfated galactosyl ceramides), the native ligands of L- and Pselectin, affect the development of intimal hyperplasia suggest that neutrophil accumulation on the subendothelial matrix or adherence of platelets mediated by adhesive interactions between L- or P-selectin with sulfatides may contribute to the development of intimal hyperplasia (Shimazawa et al., 2005). Neutrophil accumulation may be mediated by an increase in Mac-1 expression caused by the agonistic effects of sulfatides on the neutrophil membrane surface, or by an increase in L- and P-selectin ligands, resulting from the binding of sulfatides to the exposed subendothelial matrix. The proatherogenic properties of serine palmitoyl-CoA transferase (SPT) have been demonstrated recently (Hojjati et al., 2005). Intraperitoneal administration of myriocin in apoE-deficient mice inhibited SPT and decreased the levels of plasma sphingomyelin, ceramide, sphingosine and sphingosine-1-phosphate. Strategies aimed at inhibiting the activity of SPT could be an alternative treatment for atherosclerosis. Such findings provide considerable evidence for the role of ceramides in vascular biology.

## **Ceramide and cancer**

Various clinically important cytotoxic agents have been found to activate ceramide-mediated pathways in cancer cells. The anthracyline daunorubicin stimulates ceramide synthase activity and thus, promotes ceramide formation and apoptosis. Fuminosin B1, an inhibitor of ceramide synthase, inhibits daunorubicin-induced apoptosis. Daunorubicin increases ceramide levels by stimulating ceramide synthase in Jurkat E6.1 lymphoblastomic leukemia cells (Bose et al., 1995;Wang et al., 1991;Turnbull et al., 1999). Doxorubicin exposure increases ceramide levels in drug-sensitive MCF-7 breast cancer cells (Lucci et al., 1999). Cytotoxic properties of Vincristine and Vinblastine, vinca alkaloids, frequently used in the treatment of leukemia, have been suggested to be due to their ability to increase levels of cellular ceramide. Exposure of ALL-697 leukemia cells to vincristine causes apoptosis after a sustained increase in ceramide (Zhang et al., 1996). Paclitaxel, a drug that inhibits microtubule depolymerization and is effective against a number of solid tumors including ovarian and breast cancers, upon coadministration with exogenous ceramide, substantially inhibits cell proliferation and synergistically elicits apoptosis in Jurkat T cells as well as Tu 138 head and neck squamous cell cancer. The effects of Paclitaxel are linked to the *de novo* synthesis of ceramide in MDA-MB-468 and MCF-7 breast cancer cells. Furthermore, Paclitaxel-dependent cytotoxicity is abrogated by blocking ceramide production with L-cycloserine, an inhibitor of ceramide synthesis (Mc Closkey et al., 1996;Mehta et al., 2000). Tamoxifen, a triphenylethylene antiestrogen, blocks the conversion of ceramide to glucosylceramide, thereby promoting an

increase in cellular ceramide concentration (Cabot et al., 1996;Lavie et al., 1997). The synthetic retinoid, 4-(N-hydroxyphenyl) retinamide (4-HPR) increases the level of intracellular ceramide in drug-resistant neuroblastoma cell lines and the LNCaP prostate cancer cell line (Maurer et al., 1999).

#### **Ceramide and neurodegeneration**

Many workers have emphasized the role of ceramide in neurodegenerative diseases especially Alzheimer's disease. A recent study indicates a possible role of nuclear sphingomyelinase/ sphingomyelin-synthase balance in serum deprivation-induced apoptosis in HN9 10e embryonal hippocampal cell line (Albi et al., 2006). Treatment of cultured hippocampal neurons with ceramide causes death-associated protein kinase (DAP) activation and neuronal cell death (Pelled et al., 2002). Cultured neurons isolated from DAP kinase deficient mice were found to be quite resistant to ceramide-induced cell death, thereby strongly suggesting that DAP kinase might be a pivotal player in ceramide-mediated cell death in cultured neurons. Several studies have suggested that alterations in the trafficking and function of the endocytic pathway may cause a redistribution of several lysosomal hydrolases into early endosomes, leading to the overproduction of neurotoxic amyloid peptide. Abnormal endocytosis in post mitotic neurons can, in part, be attributed to alterations in sphingomyelin/ceramide metabolism, resulting in the intracellular accumulation of ceramide (Soreghan et al., 2003). O-methylserine dodecylamide (MSD), a lysosomotropic agent, disrupts the neuronal lysosomal proton gradient, leading to intra-neuronal ceramide accumulation. Perturbations in the intracellular transport of cholesterol and sphingolipids have been proposed to play a significant role in Alzheimer's disease. Recently, N-SMase and A-SMase have been strongly implicated in soluble oligomeric amyloid-β peptide (Aβ)-induced apoptosis. Enzymatic activity measurements, inhibition studies and antisense oligonucleotide strategy strongly suggest that soluble oligomers of Aβ (1-40) and Aβ (1-42) induce neuronal apoptosis *via* a redox-sensitive cytosolic calcium-dependent phospholipase  $A_2$ -arachidonic acid-dependent pathway, predominantly through the activation of both N-SMase and A-SMase (Malaplate-Armand et al., 2006). Ceramide has been implicated as a key mediator in photoreceptor apoptosis in rat retina neuronal cultures (German et al., 2006). Such studies strongly highlight the involvement of ceramide in neurodegeneration.

#### **Ceramide-based therapeutics**

Considerable interest persists in the identification and comprehensive characterization of ceramide analogs and novel inhibitors of ceramide metabolism as potential drugs. Ceramide analogs, applied directly to damaged arteries, can be strongly antiproliferative. In vivo, C6 ceramide-coated balloon catheters prevent stretch-induced neointimal hyperplasia in rabbit carotid arteries by inactivating ERK and AKT signaling and thereby inducing cell cycle arrest (Charles et al., 2000;Bourbon et al., 2001). Ceramidase inhibition seems to offer a promising therapeutic strategy for selective toxicity towards malignant cells; B 13, a potent ceramidase inhibitor, increases the ceramide content of tumor cells and induces tumor cell apoptosis in metastatic human colon cancer, without affecting the ceramide level or survival of normal liver cells (Selzner et al., 2001). The recent identification of a novel CERK (ceramide kinase) inhibitor, F-12509A olefin isomer K1, demonstrates the therapeutic potential of CERK inhibitors in the treatment of allergic diseases (Kim et al., 2005). Ceramide-mediated signaling has been implicated in tumor necrosis factor (TNF)-alpha-induced impairment of endothelindependent vasorelaxation in coronary arteries. Pretreatment of isolated bovine small coronary arteries with desipramine (10  $\mu$ M), an inhibitor of acid sphingomyelinase, restored the inhibitory effect of TNF-alpha on bradykinin- and A-23187-induced vasorelaxation. Furthermore, activation of acid sphingomyelinase by TNF-alpha enhances ceramide levels in coronary endothelium (Zhang et al., 2002). Endostatin-mediated increase in intracellular

ceramide levels in bovine coronary endothelial cells leads to enhanced superoxide production, suggesting a critical role of ceramide-mediated signaling in endostatin-induced endothelial dysfunction (Zhang et al., 2005). Recent studies with Fuminosin B1 and Myriocin in mesangial cells revealed that these inhibitors of the de novo synthesis pathway of ceramide prevent Lhomocysteine-induced ceramide formation and attenuate hyperhomocysteinemia-associated glomerular injury and proteinuria (Yi et al., 2004). Ceramide analogs and inhibitors of ceramide metabolism appear to be attractive targets for future therapy.

#### **Future perspectives**

The emergence of ceramide as a critically important bioactive messenger in diverse biological processes undoubtedly offers new opportunities to fully dissect the intricacies involved in ceramide-mediated signaling cascade. It is indeed intriguing how ceramide, a simple structural molecule, is able to regulate a wide spectrum of cellular events. The precise biochemical mechanisms involved in ceramide-enriched membrane platforms, receptor clustering and subsequent signal transduction need to be further analyzed. Innovative strategies targeting the components of ceramide metabolism may provide a better understanding of the role of ceramide in disease pathophysiology. Future research in the area of ceramide signaling may lead to the development of clinically useful diagnostic markers.

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#### **Figure 1.**

Ceramide production in response to diverse stress stimuli. Ceramide production is enhanced in response to environmental sress, ionic/Ultra Violet radiation, heat, hypoxia, reperfusion, cytokines and growth factors, tumor necrosis factor, interferon-gamma and interleukin-1-beta as well as chemotherapeutic agents/anticancer drugs, Daunorubicin, Adriamycin, Tamoxifen, Paclitaxel, 4-(N-hydroxyphenyl)retinamide (HPR), Vincristine and Vinblastine.



**Figure 2.** Schematic representation of ceramide metabolism.



**Figure 3.** Ceramide-dependent raft system. SM, Sphingomyelin.



#### **Figure 4.**

Schematic depiction of various components involved in ceramide-induced apoptosis. PKC ζ, Protein Kinase C zeta; JNK, c-Jun N-terminal Kinase; PP1, 2, Protein Phosphatase 1, 2; KSR, Kinase Suppressor of Ras; SAPK, Stress Activated Protein Kinase; CREB, cAMP Response Element Binding protein; ATF-1, Activating Transcription Factor.



#### **Figure 5.**

Implications of ceramide-mediated signaling in atherosclerosis. Ox-LDL, oxidized low density lipoprotein; GalT-2, UDP-Gal:GlcCer,β(1-4)-galactosyltransferase; D-PDMP, D-1-phenyl-2 decanoylamino-3-morpholino-1-propanol; GlcCer, Glucosylceramide; LacCer, Lactosylceramide; NAC, N-acetylcysteine, NF-κB, Nuclear Factor Kappa B; MAPK, Mitogen Activated Protein Kinase; ICAM, Intercellular Adhesion Molecule.