

often disagreement among pathologists when chromophobe carcinomas are examined.<sup>9</sup>

Adequate sampling of renal tumours is essential to exclude any heterogeneity, and in this case eight blocks from the renal tumour were examined. This may mean that an atypical area was missed but the metastatic tumour had the same morphology and immunoprofile as the tumour areas sampled, suggesting that this was not the case. DNA microsatellite analysis could be used to confirm this, but liver biopsy tissue was insufficient for this to be performed.

With an ever-expanding repertoire of immunohistochemical markers available, these have been applied to renal tumours in order to differentiate renal oncocytomas from malignant renal neoplasms. Examining the tumours at the ultrastructural level and looking for numerous mitochondria still remains the key to the diagnosis of renal oncocytomas. This case highlights that using these techniques can help classify but cannot predict malignant potential. With this in mind, renal oncocytomas should be considered as having a very low rather than no malignant potential.

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## Multiple adenomatoid tumours in the liver and peritoneum

Adenomatoid tumours are uncommon tumours, which were first described by Golden and Ash.<sup>1</sup> They occur most often in the male and female genital tracts, but have rarely been reported at other sites such as the omentum,<sup>2</sup> pleura,<sup>3</sup> heart,<sup>4</sup> small bowel mesentery<sup>5</sup> and adrenal gland.<sup>6</sup>

We report multiple adenomatoid tumours involving the peritoneum and liver. Our diagnosis was based on morphological examination, and was supported by histochemical, immunohistochemical and ultrastructural examinations.

### Materials and methods

Tissue was processed for frozen sections using a cryostat, and sections were stained with H&E.

Formalin-fixed paraffin wax sections of each tumour were stained with periodic acid-Schiff after diastase predigestion, in addition to H&E staining. Immunohistochemical staining for cytokeratins (CK) 5, 6, 8, 17 and 19 (clone MNF116, DAKO cytometry), CK5/6 (clone D5/16B4, DAKO cytometry), epithelial membrane antigen (EMA; clone E29, DAKO cytometry), epithelial antigen (clone BERE4, DAKO cytometry), calretinin (clone DAK-calret DAKO cytometry), mesothelial cell (clone human bone marrow endothelial (HBME)-1 DAKO cytometry), CD31 (DAKO) and CD34 (DAKO) was performed using an automated immunostainer (DAKO Autostainer, Ely, UK) and a labelled streptavidin-biotin method.

Electron microscopy was performed on tissue retrieved from paraffin-wax-embedded blocks, post-fixed in osmium tetroxide, and stained with uranyl acetate and lead citrate. Microscopy was performed on 80-90 nm sections using a Hitachi H600 transmission electron microscope (Hitachi, Wokingham, UK).

### Results

A woman in her 70s presented with coffee ground vomiting associated with malaena. She also had a history of *Helicobacter pylori* infection and eradication therapy, glaucoma and hypertension. There was no history of previous surgery. Her medication consisted of a proton pump inhibitor, a  $\beta$ -blocker and eye drops for glaucoma. There was no relevant family history.

An oesophago-gastro-duodenoscopy showed a chronic ulcer involving the lesser curve of the stomach and a positive campylobacter-like organism test. A biopsy specimen was taken, which showed the features of a gastric adenocarcinoma. A staging CT scan of the thorax and

abdomen showed a T2/T3 lesion, with no radiological evidence of local invasion or metastasis.

Staging laparoscopy was performed, which was followed 4 weeks later by a radical D2 gastrectomy with end-to-side Roux-en Y oesophago-jejunostomy reconstruction. The patient made a satisfactory and uneventful recovery, and she was discharged 3 weeks postoperatively.

The peritoneal lesions sampled during the laparoscopic staging procedure were located on the left side, below the dome of the diaphragm. They appeared pale and well circumscribed, and each measured 0.2 cm in diameter. They were sent for frozen section examination, with subsequent examination of paraffin wax sections.

Frozen section examination showed both the lesions to have an angiomatoid architecture, consisting of tubular channels lined by epithelioid and flattened cells, set in a fibrous stroma. Many cells had vacuolated cytoplasm and a signet-ring morphology, and these features were suspected to indicate adenocarcinoma, but paraffin wax section examination was required for a definitive diagnosis.

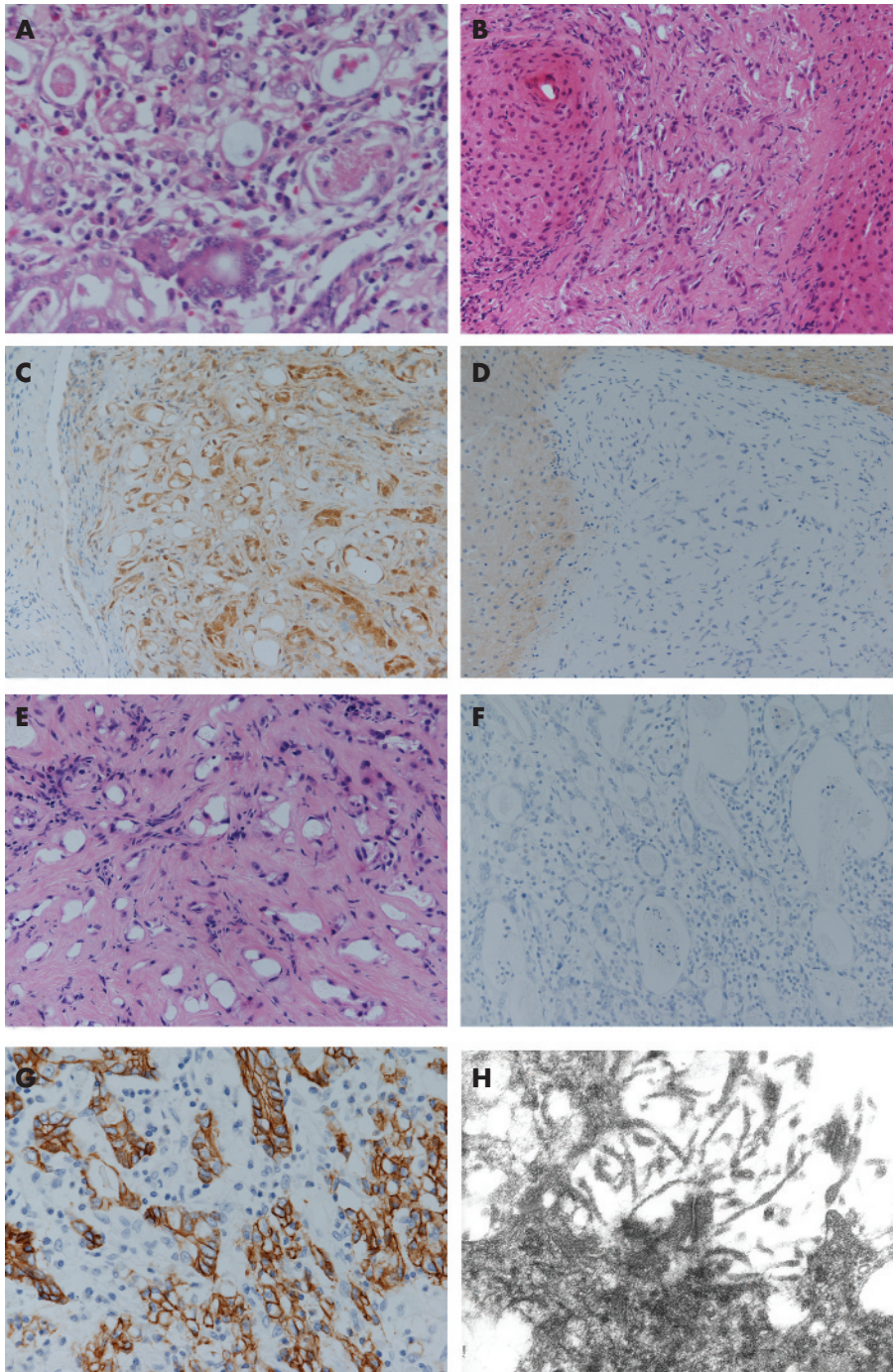
Further examination of H&E-stained paraffin wax sections showed similar features as those noted on frozen section examination (fig 1A), but there was a distinct lack of cytological atypia, and mitotic figures were not identified. These lesions appeared benign, and the possibility of them being of mesothelial derivation was considered. Immunohistochemical examination was requested, including a panel of mesothelial markers. Unfortunately, the material available was insufficient to perform the full set of markers on one of the peritoneal lesions. The morphological features, supported by immunohistochemistry, were diagnostic of adenomatoid tumours, and the possibility of them representing metastatic adenocarcinoma was therefore excluded.

The surgical team were now confident to proceed to gastrectomy, at which time a further lesion was detected, involving the surface of the posterior aspect of the left lobe of the liver. It appeared pale yellow and well circumscribed, similar to the peritoneal lesions, and measured 0.5 cm in diameter. On frozen section examination, it appeared unencapsulated, with a non-infiltrating and well-circumscribed margin, and with a morphology similar to that seen in the peritoneal lesions. Its circumscription, together with a lack of cytological atypia, led to an opinion that it was not malignant.

The architecture was angiomatoid, raising the possibility of it representing a vascular neoplasm, which was probably benign owing to a lack of cytological atypia (fig 1B). On frozen section examination, it was stated that the lesion appeared unusual, and hence paraffin wax sections were required to make a confident diagnosis.

The liver lesion had a histochemical and immunohistochemical profile identical to that of the peritoneal lesions, and the features were thought to be classic of an adenomatoid tumour (fig 1C,D).

Examination of the gastric tumour (fig 1E) showed a well-moderately differentiated adenocarcinoma, with focal penetration into the submucosa (stage pT1pN0pMx). Interestingly, the morphology of this tumour showed many similarities to the adenomatoid tumours from the peritoneum and liver. There was no evidence of lymphovascular space invasion, and none of the lymph nodes sampled showed any evidence of metastatic disease. A similar



**Figure 1** (A) H&E adenomatoid tumour peritoneum; (B) H&E adenomatoid tumour liver; (C) adenomatoid tumour from liver showing expression for calretinin; (D) adenomatoid tumour from liver showing no expression for BerEP4; (E) H&E gastric adenocarcinoma, note the similarity in the architecture to adenomatoid tumour; (F) gastric adenocarcinoma showing no expression for calretinin; (G) gastric adenocarcinoma showing expression for BerEP4; and (H) electron microscopy showing microvilli, and adenomatoid tumour from liver ( $\times 30\,000$ ).

panel of immunohistochemical markers was requested (fig 1F,G). Table 1 summarises the histochemical and immunohistochemical findings on examination of paraffin-wax-embedded sections.

Ultrastructural examination performed on the liver lesion showed prominent desmosomes, long microvilli on the luminal surface of tumour acini, and a collagenous stroma, typical of an adenomatoid tumour<sup>7</sup> (fig 1H).

## Discussion

Following the first descriptions of adenomatoid tumours in the literature,<sup>1</sup> there was much debate regarding the cell type of origin, and the

candidate cell has been proposed by different authors to be of mesothelial, mesonephric, müllerian and endothelial origin.<sup>7</sup> Adenomatoid tumours have subsequently been shown to consistently demonstrate mesothelial differentiation, following detailed histochemical, immunohistochemical and ultrastructural investigation, and therefore this benign tumour is now thought to be of mesothelial derivation.<sup>8</sup> They have most often been described in the genital region, particularly in the epididymis, Fallopian tube and uterus,<sup>7-9,10</sup> but are also described at other sites such as the omentum,<sup>2</sup> pleura,<sup>3</sup> small bowel mesentery<sup>8</sup> and adrenal gland.<sup>6</sup> The reason for an apparent predominance in the genital tract compared with other

mesothelial locations has not been explained. These tumours are classified as benign, owing to their indolent behaviour and lack of metastasis. They are usually solitary, and are most often discovered as incidental findings during radiological examination, surgery or autopsy.<sup>3</sup> Few case reports describe multiple adenomatoid tumours in individual patients.<sup>11-13</sup> None of these reports involve adenomatoid tumours occurring exclusively outside the genital tract, but one report does include an adenomatoid tumour of the appendix.<sup>12</sup>

We consider the diagnosis of adenomatoid tumour to be potentially problematic, especially when the peritoneum or liver is involved. Adenomatoid tumours have a distinct but

**Table 1** Histochemical and immunohistochemical findings of adenomatoid tumours from the peritoneum and liver, and of gastric adenocarcinoma

	First peritoneal lesion	Second peritoneal lesion	Liver lesion	Gastric tumour
PAS/D	–	–	–	+
MNF116	+	+	+	+
CK5/6	+	+	+	–
EMA	+	Focal+	+	+
BEREP4	–	–	–	+
Calretinin	+	+	+	–
HBME-1	NP	+	+	–
CD31	NP	–	–	NP
CD34	NP	–	–	NP

EMA, epithelial membrane antigen; HBME, human bone marrow endothelial; NP, not performed; PAS, periodic acid-Schiff.

varying morphology. Acinar, angiomatoid, cystic and solid histological patterns have been described, and many tumours also show a mixture of patterns.<sup>6</sup> All of the lesions which we describe showed acinar and angiomatoid architectural features, and they contained cells with a signet-ring morphology, resembling metastatic well-differentiated adenocarcinoma. Tumours were however well circumscribed, with no significant pleomorphism. Histochemical analysis of these tumours showed a lack of mucin, a feature aiding distinction from metastatic adenocarcinoma. The immunohistochemical profile was identical to that reported by other authors, who have described expression of adenomatoid tumours for broad-spectrum CKs, EMA, CK5/6, calretinin and HBME-1, and an absence of expression for BEREP4, CD31 and CD34.<sup>3,4,6,7</sup> We detected a similar pattern of membranous staining for HBME-1, and membranous and cytoplasmic staining for EMA, as described by other authors.<sup>7</sup> Ultrastructural examination of the liver lesion showed a collagenous stroma, prominent desmosomes and long microvilli on the luminal surface of tumour acini. These are the typical features of an adenomatoid tumour, as described by Dalahun.<sup>7</sup>

The adenomatoid tumour of the liver that we report was seen to be embedded in the hepatic parenchyma. This should not be interpreted as a sinister feature, as adenomatoid tumours have been described to be similarly embedded in the heart,<sup>4</sup> adrenal gland<sup>6</sup> and uterus,<sup>12</sup> even showing an infiltrating pattern at these sites.<sup>4,6</sup>

The angiomatoid architecture of the liver lesion on frozen section examination led to the suggestion that it represented a haemangioma. Immunohistochemistry was important in excluding this possibility, as only small capillaries showed expression of the vascular markers CD31 and CD34, and there was an absence of expression within lesional cells surrounding the tubular structures.

The occurrence of adenocarcinoma of the stomach, together with multiple adenomatoid tumours, is considered likely to be coincidental. The distinction from metastatic adenocarcinoma was important, and obviously a potential pitfall, as the patient was in the process of staging and treatment for a gastric adenocarcinoma. A mistaken diagnosis of metastatic adenocarcinoma would almost certainly have denied the patient surgery, which is potentially curative.

Considering the rarity of multiple adenomatoid tumours in the peritoneum and liver, in normal circumstances we would consider signet-ring-type cells in these locations in a patient with adenocarcinoma to be highly

suggestive of metastasis. It is, however, important to be aware of other tumours such as lymphoma, malignant melanoma, myeloma and epithelioid haemangioma,<sup>14</sup> in addition to adenomatoid tumour, all of which can have a signet-ring morphology.

A lack of cytological atypia does not necessarily help in distinguishing adenomatoid tumour from metastatic signet-ring-type adenocarcinoma, as the latter often appears non-infiltrative and cytologically bland. We consider the claw-like, angiomatoid architecture accompanying the signet ring cells of adenomatoid tumour to be a helpful pointer against metastasis. In such circumstances, it is not possible to make a definitive diagnosis at frozen section examination, or indeed on H&E-stained paraffin wax sections, as histochemical and immunohistochemical analyses of paraffin wax sections would be required to make an accurate diagnosis. Immunohistochemistry for calretinin, HBME-1 and BEREP4 easily distinguishes adenomatoid tumour from adenocarcinoma<sup>15</sup> (table 1).

Immunohistochemical and ultrastructural examinations were helpful in establishing a mesothelial nature for these lesions. Once the mesothelial nature of the lesions was established, they had to be distinguished from mesothelial hyperplasia and malignant mesothelioma. We are uncertain whether or not the adenomatoid tumours that we describe are related in some way to each other. The frequent coexistence of chronic inflammation and fibrosis with adenomatoid tumours has suggested to some authors that, in at least some cases, they may represent a peculiar form of nodular mesothelial hyperplasia.<sup>14</sup> Indeed, the multifocal distribution of our tumours could lend some support for this theory. Mesothelial hyperplasia has been reported to be associated with a form of insult to the peritoneum, such as a hernia, ectopic tubal pregnancy, cirrhosis and abdominal tuberculosis.<sup>5,16</sup>

We consider that these lesions are neoplastic rather than hyperplastic in nature, as they were nodular, with absence of any associated inflammation. They were also noted to have an angiomatoid and acinar architecture, characteristic of adenomatoid tumour, rather than a papillary architecture often associated with reactive mesothelial hyperplasia.<sup>2</sup> The unlikelihood of these lesions being hyperplastic is supported by the absence of any known insult to the peritoneum and liver. In addition, the liver and peritoneum separate from the tumours appeared normal.

The differential diagnosis of distinct mesothelial tumours within the liver and peritoneum

should also include well-differentiated papillary mesothelioma.<sup>2,3</sup> Reported cases have been seen mostly in the peritoneum of young women, and they are thought to represent a rare variant of mesothelioma with a low malignant potential. Histologically, they have a characteristic appearance, containing papillary formations with thin fibrovascular cores, lined by mesothelial cells exhibiting a minimal degree of cytological atypia. A further differential diagnosis is localised malignant mesothelioma, which is extremely rare and histologically identical to diffuse mesotheliomas.<sup>18–20</sup> We excluded these possibilities on morphological grounds, as our tumours did not have a papillary architecture and demonstrated a distinct lack of cytological atypia, with no evidence of necrosis.

Localised benign mesothelial tumours within the liver are extremely rare. On review of the literature, we found a single case of a benign cystic mesothelioma.<sup>21</sup> These tumours have also been described at sites outside the liver, and they occur infrequently following castration or menopause, which suggests a degree of hormonal independence. They are thought to be related to adenomatoid tumours, but are, however, dissimilar with regard to their presentation and pathological features. We report tumours in an elderly woman, which are negative for oestrogen receptor and are therefore unlikely to be hormonally responsive. The liver lesion described by Fleming, despite its mesothelial nature, does not resemble adenomatoid tumour, as it was large and partially cystic, measuring 8 cm in diameter and histologically highly vascular, containing cords of tumour cells with a hobnail appearance, separated by medium and large-sized vessels. It showed expression of markers HBME-1, calretinin and CK 5/6, confirming its mesothelial origin.

We do not advocate the use of histochemical, immunohistochemical analyses and electron microscopy in the investigation of all biopsy specimens of peritoneal nodules having signet-ring-type cells. If a suspicion of adenomatoid tumour is raised on morphological examination, then a panel consisting of epithelial, mesothelial and vascular markers is probably sufficient for diagnosis. In addition, ultrastructural examination is not necessary to routinely diagnose adenomatoid tumours. It was performed for our interest, as multiple adenomatoid tumours within the peritoneum and liver have not been described previously, and we therefore wished to confirm that the ultrastructural features are identical to those reported by other investigators.

The infrequent reporting of adenomatoid tumours involving mesothelial surfaces, despite the common frequency of abdominal surgery, is surprising, and this is probably an indication of their rarity, but it is possible that they may go undetected. The immunohistochemical and ultrastructural features are consistent with a mesothelial derivation, and this provides further evidence supporting the mesothelial origin of adenomatoid tumours. We conclude that adenomatoid tumour should be added to the list of lesions that may be falsely diagnosed as malignancy within the liver, such as macroregenerative nodule in cirrhosis, focal nodular hyperplasia and liver cell adenoma.

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## Plexiform intraneural granular cell tumour of a digital cutaneous sensory nerve

An intraneural location for benign granular cell tumours, as well as plexiform architecture with perineural localisation of granular cell tumours of the skin, has been described. We describe the first case of a plexiform intraneural granular cell tumour, morphologically akin to a plexiform neurofibroma. It presented in a 23-year-old woman who had multiple soft-tissue digital lesions on her right hand and one lesion on her left hand. The lesions presented with sensory neurological changes on physical examination. A plexiform architecture with an elongated mass with lobular growth, entirely encased within a fibrovascular connective tissue epineurial/perineurial coat, was noted. The histological findings of a monotonous polygonal and spindle cell proliferation with banal nuclear morphology and granular eosinophilic cytoplasm was typical of a granular cell tumour. The tumour was positive for the usual markers including periodic acid Schiff (PAS), S100 and CD68, and the intraneural location was demonstrated with recognition of the residual nerve bundles and myelinated axons on Luxol fast blue (LFB) staining. There was no history of neurofibromatosis type 1 or 2 in this patient. Recognition of this entity is important, as the natural history of this plexiform lesion is unknown, and the presence of multiple additional nodules in this patient requires further clinical follow-up.

Granular cell tumours are benign neoplasms of presumed peripheral nerve, Schwann cell origin. They have been described in numerous locations including the skin and soft tissue, breast, tongue, oesophagus and many other sites.<sup>1–4</sup> They have also been reported to be multiple in many cases<sup>1,3,5,6</sup> and associated with other malignant neoplasms.<sup>7</sup> Plexiform granular cell tumours have been described in the skin, which are characterised by a lobular growth pattern with perineural involvement,<sup>8</sup> but to the best of our knowledge, an entirely intraneural granular cell tumour with a plexiform pattern reminiscent of plexiform neurofibroma has not been described previously.

## Case report

A woman in her 20s, with no medical history or family history of neurofibromatosis type 1 or 2, presented to a plastic surgeon with multiple small nodules on the digits of her right hand and one nodule on her left hand. The lesions were found on the volar and dorsal surfaces of multiple digits. There was no known history of trauma to her hand. On physical examination, the lesions were smooth, mobile subcutaneous masses and there was a Tinel's sign, raising suspicion of cutaneous sensory nerve involvement. The patient consented to have one of the nodules from the dorsum of the right index finger removed for diagnosis, which, at the time of surgery, grossly appeared to be a sausage-shaped smooth tan–white mass measuring 0.8×0.2×0.2 cm.

## Materials and methods

The specimen was submitted in toto after being fixed in 10% neutral buffered formalin, and was processed in a routine fashion. In addition to H&E stains, PAS and PAS/LFB, immunohistochemistry was performed on the formalin-fixed, paraffin wax-embedded tissue using the liquid streptavidin–biotin complex immunoperoxidase method, with diaminobenzidine as

chromogen. S100, CD68 and epithelial membrane antigen immunostains were performed.

## Results

Microscopically, the lesion was an elongated mass with a plexiform architecture and was surrounded by a thin layer of epineurial or perineurial fibrovascular tissues with a small amount of normal adipose tissue around it (fig 1A). Within the lesion small remnants of the nerve were still intact, but most of the nerve was replaced by a proliferation of polygonal and spindle-shaped cells with voluminous pink granular cytoplasm. The nuclei were monotonous with small central nucleoli. There were no granular cells within the fibrovascular tissue or adipose tissue. There was no necrosis or mitotic activity. The entirely intraneural location of the proliferation and the plexiform, or multilobulated, architecture of the lesion was reminiscent of a plexiform neurofibroma. However, the lesion was entirely made up of granular cells, with no myxoid stroma or wavy neurofibroma type cells. Similar to a neurofibroma, the granular cells could be seen between the epineurial/perineurial nerve sheath and the central residual nerve bundle (fig 1B).

The lesion was examined with histochemical stains for PAS and a combined PAS/LFB to differentiate the granular cells from the myelin sheaths of the remaining axons in the nerve. The granular cells were strongly positive for PAS, demonstrating the granular cytoplasm, and the LFB demonstrated the remaining nerve bundles as well as individual axons scattered throughout the lesion (fig 2A). Granular cells could be seen inside the remaining nerve bundles. The presence of residual axons and sheaths throughout the lesion demonstrates the intraneural location of the lesion, rather than granular cells just surrounding small soft-tissue nerves. The lesion was also stained with an immunohistochemical marker for S100, which diffusely stained both the granular cells and the residual nerve bundles, with stronger staining of the granular cells (fig 2B). It was also stained for CD68, which stained the granular cells, but not the residual nerve bundles. The epithelial membrane antigen showed focal and faint staining of the epineurial or perineurial fibrovascular tissues surrounding the lesion.

## Discussion

Granular cell tumours in an intraneural location are rare. Four cases have been described previously, with two cases in the ulnar nerve, one in the breast and one in the S1 nerve root.<sup>9–12</sup> None of these had a plexiform pattern. The age range for patients presenting with these tumours is 16–66 years old. Some have been easily dissected off the nerve, with the majority of the intraneural growth in nerve twigs outside the major nerve trunks, whereas others could not be resected with nerve salvage.

We report the case of a 23-year-old patient with multiple nodules in the digits of both hands, one of which showed an entirely intraneural granular cell tumour with lobular plexiform architecture. The digital sensory cutaneous nerve was entirely involved and therefore removed. The remaining nodules in this patient have been asymptomatic to date, and are currently being followed. Multiple granular cell tumours in the same patient have been described previously.<sup>1,3,5,6</sup> Interestingly, the tumour described here had a lobular growth pattern mimicking a plexiform neurofibroma, with fibrovascular connective tissue