

ACUTE CORONARY SYNDROMES

Reversible microvascular dysfunction coupled with persistent myocardial dysfunction: implications for post-infarct left ventricular remodelling

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Background: Recent studies have shown that microvascular dysfunction after myocardial infarction is a dynamic phenomenon.

Aims: To evaluate the implications of dynamic changes in microvascular dysfunction on contractile recovery and left ventricular remodelling, and to identify the ideal timing of assessment of such microvascular dysfunction.

Methods and results: In 39 patients with a first myocardial infarction who underwent successful percutaneous coronary intervention, microvascular dysfunction was studied by myocardial contrast echocardiography (MCE) at 24 h, 1 week and 3 months after the procedure. Real-time MCE was performed by contrast pulse sequencing and intravenous Sonovue. 14 patients exhibited left ventricular remodelling at 3 months (>20% increase in left ventricular end-diastolic volume, group B), whereas 25 did not (group A). Microvascular dysfunction was similar in the two groups at 24 h and improved in group A only, being significantly better than that of group B at 1 week ($p<0.05$) and 3 months ($p<0.005$). Improvement in microvascular dysfunction was not associated with improvement in wall motion in the same segments. With multivariate analysis including all echocardiographic variables, microvascular dysfunction at 1 week was found to be the only independent predictor of left ventricular remodelling ($p<0.01$). With a cut-off value of 1.4, 1-week microvascular dysfunction predicts left ventricular remodelling with sensitivity and specificity of 73%.

Conclusions: Improvement in microvascular dysfunction occurs early after myocardial infarction, although it is not associated with a parallel improvement in wall motion but is beneficial in preventing left ventricular remodelling. Accordingly, 1-week microvascular dysfunction is a powerful and independent predictor of left ventricular remodelling.

Despite optimal infarct-related artery recanalisation by percutaneous coronary intervention (PCI) significant left ventricular dilatation occurs in about 30% of patients with acute and chronic myocardial infarction.¹ In these patients, microvascular dysfunction, as documented by intracoronary myocardial contrast echocardiography (MCE) performed soon after PCI, has been shown to be the most powerful independent predictor of left ventricular dilatation and the only predictor of cardiac death, reinfarction and heart failure.²

Microvascular dysfunction on MCE is documented as absent contrast opacification within a myocardial region, probably as the result of an obstructed microvascular network. Of note, lack of contrast opacification after PCI, a phenomenon known as "no-reflow", is associated with reduced coronary flow reserve of the culprit artery.³ Microvascular damage may be sustained when obstruction is associated with anatomical damage of post-ischaemic microvessels, or it may be reversible when it is due to functional changes in microvascular flow.^{4–5} Indeed, we have recently documented that microvascular dysfunction at intravenous MCE spontaneously improves within the first month of myocardial infarction in about 50% of cases.⁶

To explore the pathophysiological and clinical implications of dynamic changes in microvascular dysfunction on regional contractile dysfunction and on left ventricular remodelling, we applied a non-invasive, easily repeatable and bed-side technique, such as intravenous real-time MCE, to identify changes in microvascular dysfunction at 24 h and 1 week after PCI. We hypothesised that, given the dynamic nature of microvascular

dysfunction, the simultaneous analysis of temporal changes in myocardial and microvascular function at different times after successful primary PCI could identify peculiar forms of post-PCI dysfunctioning myocardium. Furthermore, we aimed to assess the timing for the MCE test to provide the best prognostic information, along with the ideal cut-off of MCE score able to predict left ventricular remodelling.

PATIENTS AND METHODS

Study population

In all, 39 patients (34 men, with a mean (SD) age of 59.1 (9.6) years) admitted to our coronary care unit with first ST elevation acute myocardial infarction undergoing successful PCI within 6 h of pain onset were enrolled in the study. Diagnosis of myocardial infarction was based on the following: typical chest pain lasting more than 30 min and unresolved by nitroglycerine; ST segment elevation >0.1 mV in at least two contiguous leads in the initial ECG. Exclusion criteria were: (1) cardiogenic shock or clinical instability; (2) inadequate echocardiographic image quality; (3) malignant life-threatening diseases; and (4) inability to give informed consent. The Ethics Committee of the Catholic University of the Sacred

Abbreviations: EDV, end-diastolic volume; MCE, myocardial contrast echocardiography; MCESI, myocardial contrast echocardiography score index; PCI, percutaneous coronary intervention; TIMI, thrombolysis in myocardial infarction; WMS, wall motion score; WMSI, wall motion score index

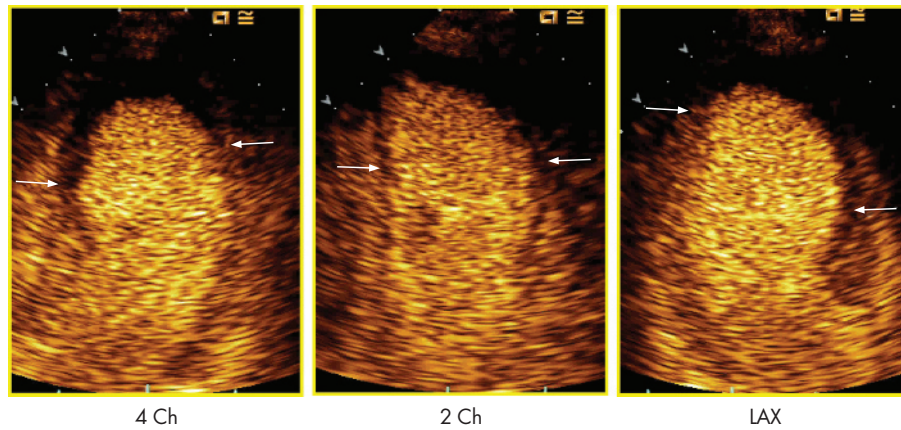


Figure 1 Example of myocardial contrast echocardiography image in 4 chamber (4 Ch), 2 chamber (2 Ch) and long axis (LAX) view. The microvascular network reached by the microbubbles is coloured orange, whereas a large area of microvascular dysfunction is shown in each view as a black area at the apex (within arrows).

Heart, Rome, Italy, approved the study and all patients gave informed consent to participate.

Recanalisation strategy

In all patients, catheterisation was performed by the percutaneous femoral approach. After diagnostic coronary angiography, intracoronary nitroglycerine 0.1 mg was given to reverse any possible epicardial spasm.

Then, in all patients, primary PCI with stenting of the infarct-related artery was performed according to the clinical protocol used at our institution. Glycoprotein IIb/IIIa receptor inhibitors were used in all patients. Coronary angiograms were stored on a compact disk for off-line analysis. Flow in the infarct vessel was graded by means of the thrombolysis in myocardial infarction (TIMI) flow classification. Successful PCI was defined as the restoration of TIMI 3 or 2 flow. Residual stenosis of the culprit artery after PCI was <20% in all patients.

Myocardial contrast echocardiography

Conventional echocardiography and MCE were performed in all patients within 24 h (19.9 (12.3) h) of coronary recanalisation, at 1 week and 3 months. In all patients, follow-up echocardiography was performed at 3 months for the evaluation of regional and global left ventricular function and volumes.

MCE studies were performed using real-time contrast pulse sequencing operating on a Sequoia ultrasound system

(Siemens, Berlin, Germany). Contrast pulse sequencing is a novel real-time MCE method that, thanks to the analysis of non-linear response of contrast bubbles in fundamental and higher harmonics, is able to provide an image with excellent signal to noise ratio and with particularly high sensitivity using a very low mechanical index.

Acoustic power and compression were maximised and gain settings were optimised at the onset of each study and held constant throughout. The focus was initially set at two thirds of the depth of the image, and then moved to the level of the myocardial segment to be examined. The definitive setting of the ultrasound images was optimised after initial contrast infusion, kept constant throughout the study and matched at follow-up MCE study.

The intravenous contrast used in this study was Sonovue (Bracco, Milan, Italy), a second-generation ultrasound contrast agent that consists of microbubbles containing sulphur hexafluoride surrounded by a phospholipid shell. The mean size and concentration of the microbubbles is 2.5 μm and $(1-5) \times 10^8/\text{ml}$, respectively. It is reconstituted by the addition of normal saline to the final solution of 5 ml. Sonovue was given intravenously at the rate of 2 ml/min.

Contrast images were acquired in apical four-chamber, two-chamber and long-axis view (fig 1); as soon as the myocardial videointensity had reached a plateau, a flash of ultrasound with very high mechanical index was given to destroy the

Table 1 Clinical characteristics of group A and B patients

	Group A (n = 25)	Group B (n = 14)	p Value
Sex (male)	22	12	NS
Age (years)	58.7 (8.9)	59.8 (10.7)	NS
TIMI 3 (%)	20	7	<0.05
Single-vessel disease	23	11	NS
Double-vessel disease	1	3	NS
Three-vessel disease	1	0	NS
Smoking	15	9	NS
Hypercholesterolaemia (%)	12	6	NS
Hypertension (%)	15	7	NS
Diabetes (%)	3	2	NS
Preceding angina (%)	7	2	NS
Time to reperfusion (min)	3.5 (2.5)	5 (5.2)	NS
Early Q waves	2.1 (1.9)	2.4 (1.2)	NS
Peak CK (U/ml)	2666.1 (1037.1)	4314.3 (1966.6)	<0.05
No-reflow at MCE	10	11	<0.05

CK, creatine kinase; MCE, myocardial contrast echocardiography; TIMI, thrombolysis in myocardial infarction. Values are number or mean (SD).

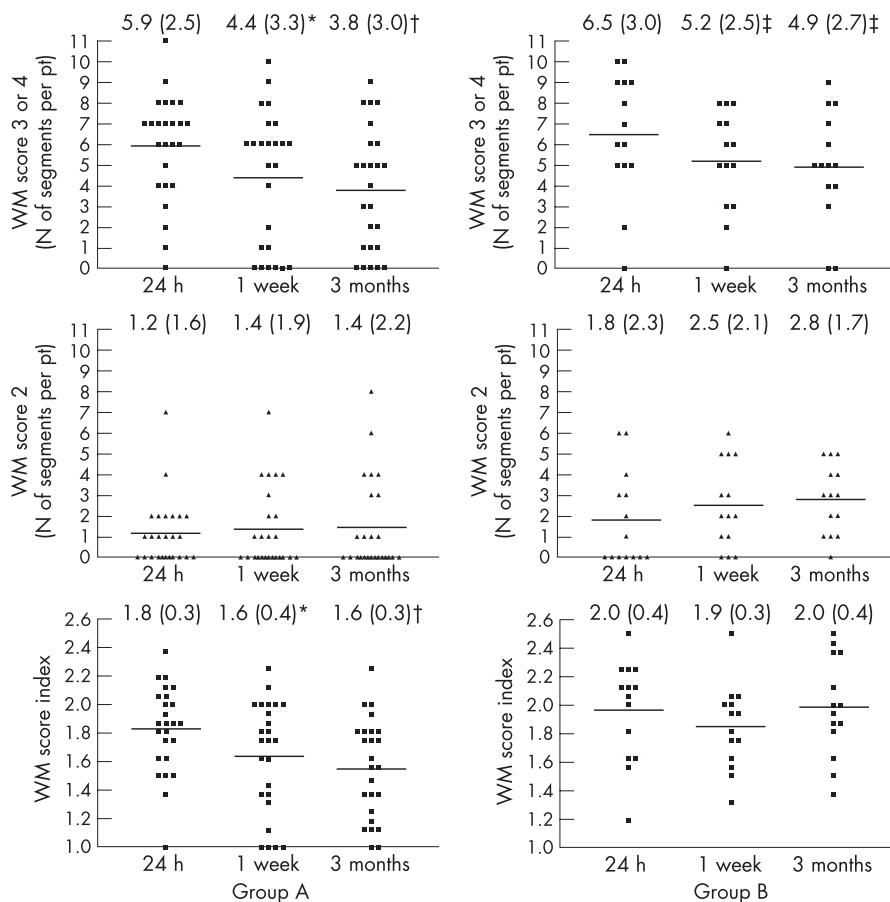


Figure 2 Number of segments per patient (pt) with wall motion (WM) score = 3 (akinetic) and 4 (dyskinetic) (top panels), WM score = 2 (hypokinetic) (middle panels) and WM score index (WMSI) (lower panels) at 24 h, 1 week and 3 weeks after percutaneous coronary intervention in group A (left panels) and B patients (right panels). Although the number of WM score 2 segments did not change over time in the two study groups, the number of WM score 3 and 4 segments was significantly reduced at 1 week (* $p < 0.005$ vs 24 h) and 3 months ($\dagger p < 0.001$ vs 24 h) in group A and, although to a lower extent, in group B ($\ddagger p < 0.05$ vs 24 h). WMSI had improved only in group A patients at 1 week (* $p < 0.005$ vs 24 h) and 3 months ($\dagger p < 0.001$ vs 24 h). Numbers at the top of each graph represent the mean (SD) for each dataset.

microbubbles in the sector, and then the replenishment of the bubbles was observed and digitally acquired and stored on a magneto-optical disk.

Data analysis

Two experienced observers who had no knowledge of the patients’ identity provided visual interpretation of the echocardiograms; disagreement was resolved by consensus. Images were randomised across time points and patients. Regional wall motion was semiquantitatively scored according to the recommendations of the American Society of Echocardiography⁷ (1 = normal; 2 = hypokinesia; 3 = akinesia; and 4 = dyskinesia) and a wall motion score index (WMSI) was calculated as the sum of the score of all segments divided by the total number of segments. The total number of akinetic and dyskinetic segments was also recorded for each patient. End-diastolic and end-systolic left ventricular volumes were calculated from four-chamber and two-chamber views using the modified Simpson biplane method. Ejection fraction was calculated from the formula (end-diastolic volume – end-systolic volume)/end-diastolic volume.

Myocardial opacification at MCE, the echocardiographic parameter of microvascular dysfunction, was visually assessed in each myocardial segment and semiquantitatively scored. A single perfusion score was assigned on the basis of both the change in myocardial signal intensity throughout the replen-

ishment curve and the degree of opacification at the peak contrast effect.⁸ Scores were graded as: 1, normal (homogeneous opacification approximating that of the normal region at peak and normal rate of increase in signal); 2, reduced (partial or reduced opacification compared with the normal region at peak and/or reduced rate of increase in signal intensity); and 3, absent (no opacification throughout the replenishment time). An MCE score index (MCESI) was calculated as the sum of the MCE score in each segment divided by the total number of segments. The number of non-perfused segments (MCE score = 3) was also recorded for each patient.

On the basis of MCE temporal changes, each myocardial segment with contractile dysfunction (WMS 3 or 4) was considered as showing: reflow (MCE score 1 or 2 at 24 h and at 1 week); sustained microvascular dysfunction (MCE score 3 at 24 h and at 1 week); or reversible microvascular dysfunction (MCE score 3 at 24 h but 1 or 2 at 1 week).

To assess intraobserver variability in MCE analysis, 16 MCE studies obtained in the first eight patients were independently reviewed by the same observer (LG) at a mean (SD) of 40 (10) days after initial scoring. Interobserver variability was assessed by comparing the readings of two observers (LG, AL). Intraobserver and interobserver variabilities of MCESI were 3.2% (2) and 4.2% (2) (absolute difference), respectively. For left ventricular volume analysis, intraobserver and interobserver variability was 3.4% (1) and 5.1% (2), respectively.

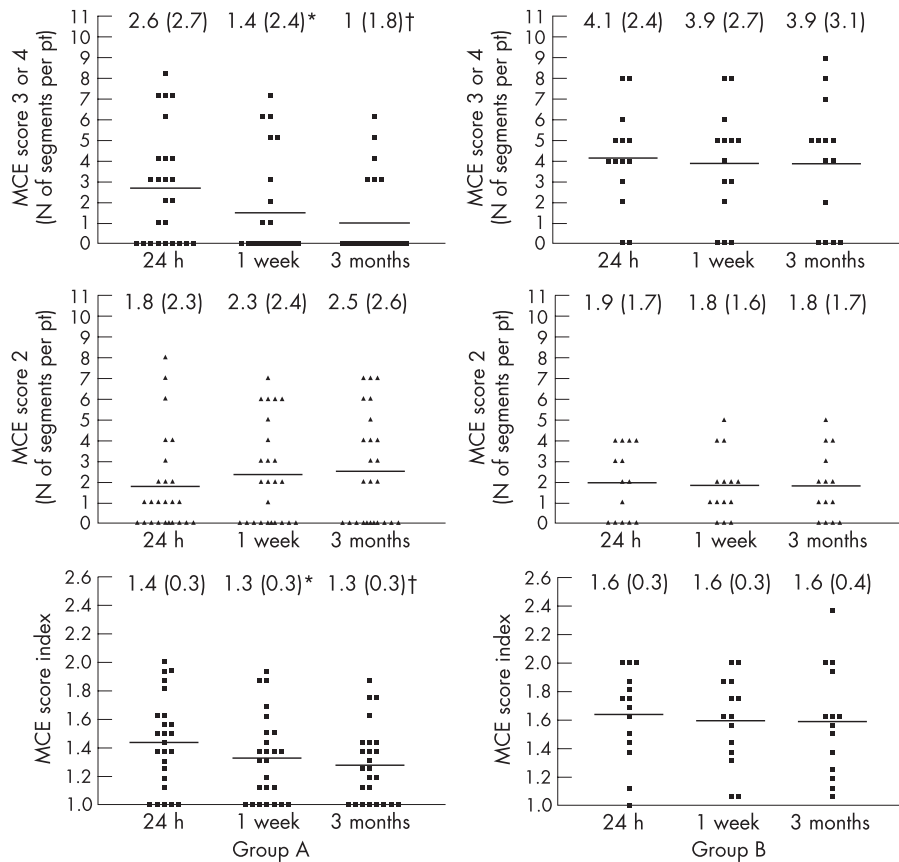


Figure 3 Number of segments per patient (pt) with myocardial contrast echocardiography (MCE) score = 3 (absent perfusion) (top panels), MCE score = 2 (reduced perfusion) (middle panels) and MCE score index (MCESI) (lower panels) for each patient at 24 h, 1 week and 3 weeks after percutaneous coronary intervention in group A (left panels) and B patients (right panels). Although the number of MCE 2 segments did not change over time in the two study groups, the number of MCE 3 segments and MCESI were significantly reduced at 1 week (* $p < 0.05$ vs 24 h) and 3 months († $p < 0.005$ vs 24 h) only in group A patients. Numbers at the top of each graph represent the mean (SD) for each dataset.

Statistical analysis

Statistical analysis was performed using an SPSS software package. Continuous variables were compared by Student's *t* test or Wilcoxon test and presented as mean (SD). Proportions were compared by χ^2 . Changes in continuous variables over time and comparison among groups were analysed using two-way analysis of variance for repeated measures and Scheffe's *F* test. Differences were considered significant at $p \leq 0.05$.

Bivariate correlation analysis was performed to compare WMSI and MCESI at 24 h and 1 week and their temporal changes (from 24 h to 1 week) and temporal changes in left ventricular volume (from 24 h to 3 months), and Pearson's correlation coefficient was calculated.

A multiple linear regression analysis was also performed to compare MCESI, WMSI, and number of non-perfused and akinetic segments in the prediction of left ventricular dilatation.

Receiver operating characteristic analysis was performed to estimate sensitivity and specificity on the basis of a wide range of cut-off points. Test performance was estimated by calculating the area under the curve. The optimal cut-off value was defined as that providing maximal accuracy in distinguishing between patients with and without left ventricular dilatation.

RESULTS

The study population comprised 39 patients with a first acute and chronic myocardial infarction, treated with primary PCI within 6 h of symptom onset (3.7 (2) h). According to previous studies,¹⁻⁹ our population was classified as patients without left

ventricular dilatation if, at the 3 month follow-up, EDV increased by $< 20\%$ (from 104.3 (30.7) to 106.7 (29.6); $p = \text{NS}$; group A) and as patients with left ventricular dilatation if EDV increased by $\geq 20\%$ (from 92.8 (22.4) to 136.9 (28.6); $p < 0.001$; group B). Table 1 summarises the clinical characteristics of groups A and B. Lower prevalence of TIMI 3 flow ($p < 0.05$), higher peak creatine kinase ($p < 0.05$) and higher prevalence of patients showing no reflow ($p < 0.05$) were observed in group B.

Temporal changes in myocardial and microvascular damage

Figure 2 shows the temporal changes in regional contractile dysfunction between 24 h after PCI, 1-week and 3-month follow-up in groups A and B. Although the number of segments with WMS 2 did not change over time in either group, the number of segments with WMS 3 or 4 had significantly decreased at 1 week ($p < 0.005$ vs 24 h) and at 3 months ($p < 0.001$ vs 24 h) in group A and, although to a lower extent, in group B ($p < 0.05$ at 1 week and 3 months vs 24 h). Notably, WMSI had improved in group A at 1 week ($p < 0.005$ vs 24 h) and at 3 months ($p < 0.001$ vs 24 h), but not in group B ($p = \text{NS}$). No difference in the extent of contractile dysfunction was observed in both groups between 1 week and 3 months.

Figure 3 shows the temporal changes in microvascular dysfunction in groups A and B. Although the number of segments with MCE score 2 did not change over time in either group ($p = \text{NS}$), the number of MCE 3 segments and MCESI had significantly decreased both at 1 week ($p < 0.05$ vs 24 h)

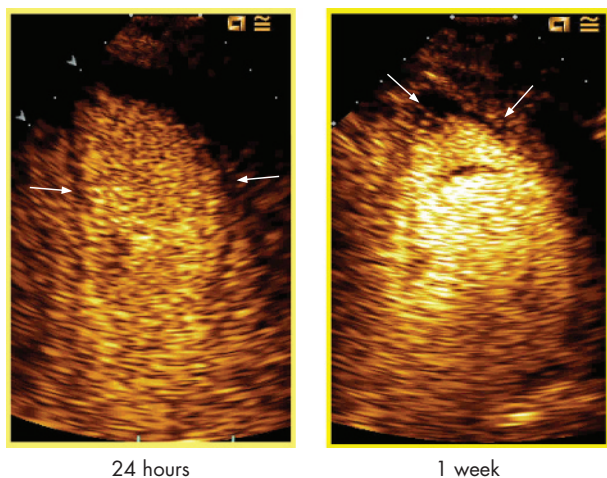


Figure 4 Example of myocardial contrast echocardiography (MCE) study in two-chamber view at 24 h and 1 week. A significant reduction in microvascular dysfunction (black area within arrows) is evident at 1 week compared with 24 h MCE.

and at 3 months ($p < 0.005$ vs 24 h) in group A, but not in group B ($p = \text{NS}$). No difference in the extent of microvascular dysfunction was observed in both groups between 1 week and 3 months.

Figure 4 depicts an example of the reduction in microvascular dysfunction extent as non-opacified area at MCE from 24 h to 1 week after PCI.

Figure 5 shows the correlation between temporal changes in microvascular dysfunction and contractile recovery, as changes in the number of dysfunctioning segments with different microvascular flow pattern (reflow, sustained and reversible microvascular dysfunction) in both groups of patients. Among segments showing reflow, the number of dysfunctioning segments (WMS 3 or 4) had decreased at 1 week ($p < 0.005$ vs 24 h) and at 3 months ($p < 0.001$ vs 24 h) in both groups. An additional reduction in the number of dysfunctioning reflow segments was observed between 1 week and 3 months in group A only ($p < 0.05$). Among segments showing either sustained or reversible microvascular dysfunction, the number of dysfunctioning segments did not change over time in either group.

Optimal timing for MCE and wall motion assessment in the prediction of left ventricular remodelling

At 24 h after PCI, groups A and B had similar WMSI and MCESI (fig 6). In contrast, patients of group A, compared with those of group B, exhibited lower MCESI at 1 week ($p < 0.05$) and lower WMSI ($p < 0.001$) and MCESI ($p < 0.005$) at 3 months (fig 6).

Linear regression analysis showed that, although WMSI did not correlate with changes in left ventricular volumes, MCESI at 24 h showed a weak and non-significant correlation with changes in left ventricular volume (from 24 h to 3 months;

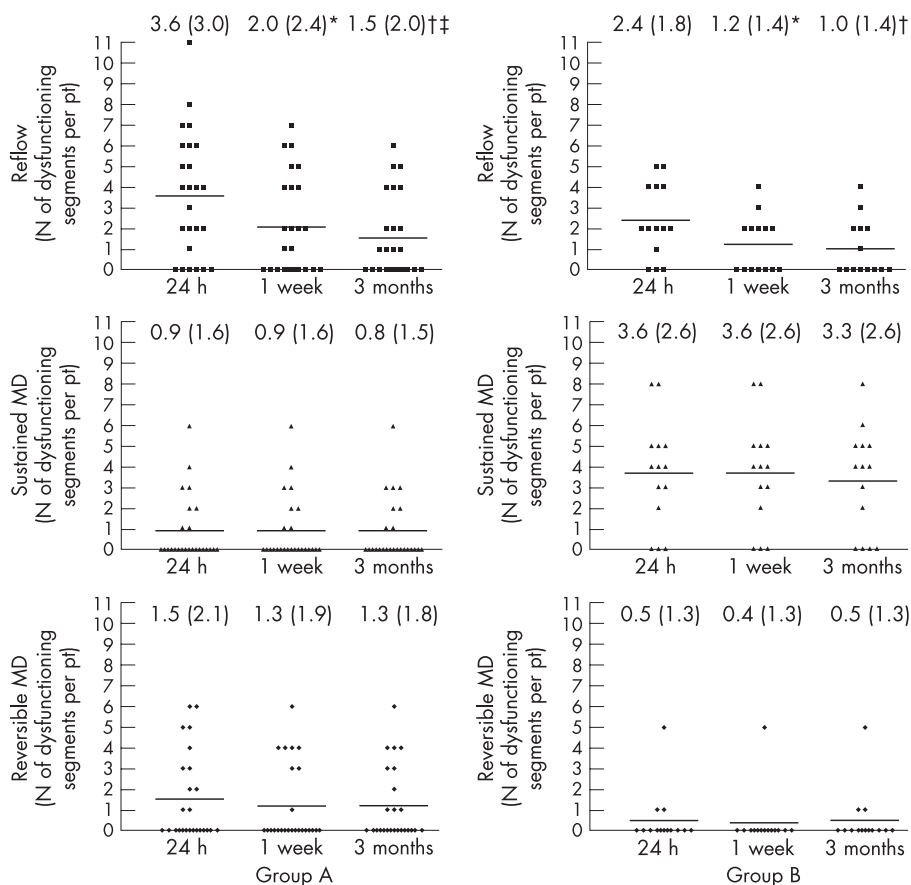


Figure 5 Number of dysfunctioning segments (wall motion score = 3 and 4) per patient (pt) with reflow (top panels), sustained microvascular dysfunction (MD) (middle panels) and reversible MD (bottom panels) in group A (left panels) and group B (right panels). The number of dysfunctioning reflow segments was reduced from 24 h to 1 week (* $p < 0.005$) and 3 months († $p < 0.001$) after percutaneous coronary intervention (PCI) in both group A and B patients. An additional reduction in the number of such dysfunctioning reflow segments was observed between 1 week and 3 months after PCI (†† $p < 0.05$) only in group A patients. The number of dysfunctioning with either sustained or reversible MD segments did not change over time in either group of patients. Numbers at the top of each graph represent the mean (SD) for each dataset.

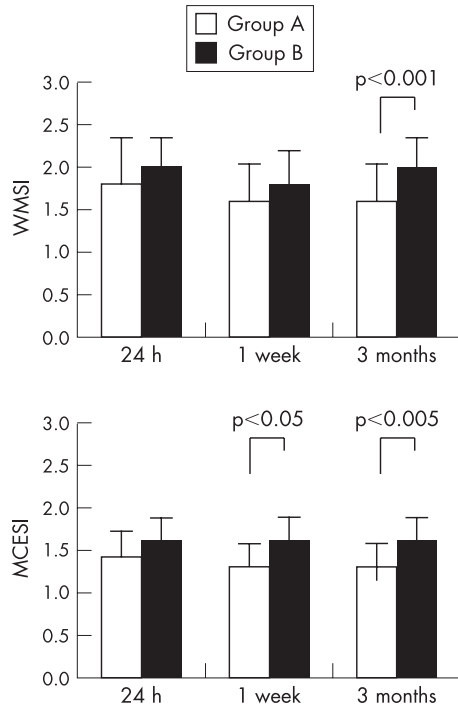


Figure 6 Differences between group A and B patients in wall motion score index (WMSI) (top panel) and MCE score index (MCESI) (bottom panel).

$r = 0.3$, $p = 0.08$), and that, at 1 week, MCESI significantly correlated with such changes ($r = 0.4$, $p = 0.006$). Interestingly, temporal changes in MCESI (from 24 h to 1 week) showed a significant correlation with temporal changes in left ventricular volumes ($r = 0.3$, $p = 0.05$).

On multivariate analysis that included echocardiographic variables of microvascular and myocardial dysfunction such as MCESI, WMSI, number of dyskinetic segments and number of non-perfused segments at 24 h and 1 week, only MCESI at 1 week was found to be predictive of left ventricular remodelling at 3 months ($p = 0.006$; $R^2 = 0.197$; table 2).

On receiver operating characteristic analysis, the best cut-off value of MCESI at 1 week in predicting left ventricular remodelling at 3 months was 1.4, with sensitivity and specificity of 73% (fig 7).

DISCUSSION

Our study shows that post-infarct dysfunctioning myocardial segments that spontaneously recover their function are only those with preserved microvascular integrity and reflow guaranteed at 24 h. Post-infarct microvascular dysfunction may spontaneously recover within the first week after primary

Table 2 Multivariate analysis

Variables	β	p Value
24 h MCESI	21.255	0.079
24 h WMSI	0.553	0.988
24 h non-perfused segments	-1.142	0.762
24 h akinetic segments	-0.132	0.940
1 week MCESI	33.285	0.006
1 week WMSI	-1.225	0.945
1 week non-perfused segments	-1.095	0.578
1 week akinetic segments	-0.540	0.744

MCESI, myocardial contrast echocardiography score index; WMSI, wall motion score index.

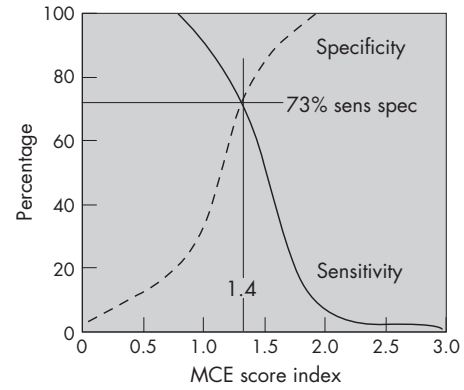


Figure 7 Receiver operating characteristic analysis curves of 1-week myocardial contrast echocardiography (MCE) score index showing the ideal cut-off of 1.4 with sensitivity and specificity of 73% in predicting left ventricular dilatation.

PCI; yet, such improvement is not paralleled by contractile recovery in the same segments. Interestingly, such segments with recovered microvascular patency but persistent myocardial dysfunction are associated with preserved left ventricular volumes at follow-up, thus significantly contributing to the prevention of left ventricular remodelling. Accordingly, in our study, microvascular dysfunction assessed 1 week after myocardial infarction, thus after the recovery of microvascular reflow, was the best predictor of left ventricular remodelling with sensitivity and specificity of 73% and a cut-off value of 1.4 for the MCESI.

Reversible microvascular dysfunction coupled with persistent myocardial dysfunction

It is well known that post-infarct microvascular integrity is a prerequisite to maintaining myocardial viability, so that contractile recovery of post-infarct dysfunctioning myocardium may occur only within regions of preserved microvascular network.¹⁰ This concept is confirmed by our current data showing that contractile dysfunction was reversible in most segments showing reflow, but in none of the segments showing sustained microvascular dysfunction. Furthermore, we report, for the first time, that microvascular integrity alone does not guarantee recovery of function as segments with reversible microvascular dysfunction did not show recovery of function. Although in this study we could not estimate the extent of myocardial necrosis, the presence of subendocardial or patchy necrosis may be responsible for the lack of contractile recovery of function of such segments with preserved microvascular integrity.¹¹

More importantly, although preserved microvascular integrity may not be sufficient to guarantee recovery of contractile function, our and previous studies show that such integrity is crucial to prevent adverse left ventricular remodelling. In fact, in accordance with Bolognese *et al.*,² we show that the extent of microvascular dysfunction is the best predictor of left ventricular remodelling. These authors assessed microvascular dysfunction with intracoronary MCE soon after primary PCI and report that microvascular dysfunction is the most important predictor not only of remodelling but also of cardiac death.² In our study, microvascular dysfunction assessed at 24 h was associated with left ventricular remodelling, although only reaching a statistically significant difference at 1 week MCE. In fact, the present data confirm our previous report of reversible microvascular dysfunction, as shown by the recovery of microvascular flow at MCE in some segments initially not perfused at 24 h.⁶ Although we do not have a definitive

explanation for this phenomenon, we postulate that it might be the result of resolution of potentially reversible mechanisms of microvascular obstruction such as arteriolar spasm, tissue oedema and cellular plugging.¹²

Dynamic changes in microvascular dysfunction and left ventricular remodelling

In this study, we showed that recovery of microvascular integrity within the first week after myocardial infarction has an important role in the prevention of left ventricular remodelling even in the absence of myocardial functional recovery. As a consequence of the association between preserved left ventricular volume and reversible microvascular dysfunction coupled with persistent myocardial dysfunction, microvascular patency status at 1 week after PCI was found to be the best independent predictor of left ventricular remodelling, being superior to wall motion abnormality assessment and to 24-h MCE.

In this study, we report, for the first time, that, the best time to perform a MCE study aimed at the prognostic stratification of patients after myocardial infarction is 1 week after PCI. These data assume critical clinical importance as, based on the information that the best prognostic value is given by MCE performed 1 week after PCI, 24-h MCE can be avoided and the test can be postponed to when the patient is clinically more stable.

We also report that the best cut-off value of MCESI is 1.4, associated with a sensitivity and specificity of 73%. This is the first time that a MCESI cut-off has been identified as able to predict the likelihood of a patient undergoing left ventricular dilatation, thus providing clinically important prognostic information in a measurable way.

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Competing interests: None.

Informed consent was obtained for publication of the patients' details in this report.

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