

## SCIENTIFIC REPORT

# Inhibition of experimental corneal neovascularisation by bevacizumab (Avastin)

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**Aim:** To evaluate the effect of topically administered bevacizumab (Avastin) on experimental corneal neovascularisation in rats.

**Methods:** Silver nitrate sticks (75% silver nitrate, 25% potassium nitrate) were used to perform chemical cauterisation on the corneas of 16 eyes from 16 male Long Evans rats. For the following 7 days, the 10 eyes in the treatment group were instilled with bevacizumab 4 mg/ml drops twice daily, whereas the 6 eyes in the control group received placebo (normal saline drops twice daily). Digital photographs of the cornea were analysed to determine the area of cornea covered by neovascularisation as a percentage of the total corneal area.

**Results:** In the bevacizumab-treated eyes, neovascularisation covered, on average, 38.2% (15.5%) (mean (SD)) of the corneal surface compared with 63.5% (5.0%) in the control group ( $p < 0.02$ , Mann–Whitney U test).

**Conclusion:** Topically administered bevacizumab (Avastin) at a concentration of 4 mg/ml limits corneal neovascularisation following chemical injury in the male Long Evans rat model.

Corneal neovascularisation leads to scar formation, lipid deposition, immune rejection of corneal grafts and, therefore, significant visual impairment.<sup>1</sup> It represents a major public health concern: worldwide, it is the common pathway to blindness from diseases such as trachoma and oncocerciasis, whereas in the US, 4% of the population has corneal neovascularisation.<sup>2–3</sup>

Vascular endothelial growth factor (VEGF) has been strongly implicated in corneal neovascularisation. Implanting a VEGF slow-release polymer in the rabbit cornea stimulated corneal neovascularisation.<sup>4</sup> Additionally, in experimental models of corneal neovascularisation, increased levels of corneal VEGF mRNA and protein levels, as well as increased levels of VEGF receptors, have been demonstrated.<sup>5–8</sup> In humans, pathological studies have demonstrated that VEGF and its receptors are present in higher concentrations in corneal buttons with corneal neovascularisation than in normal corneas irrespective of the cause of neovascularisation.<sup>9–10</sup>

Conversely, VEGF inhibition has been shown to reduce corneal neovascularisation. For example, controlled-release polyclonal anti-VEGF antibody pellets implanted intrastromally inhibit experimental corneal neovascularisation.<sup>3</sup> Additionally, a VEGF antagonist (the recombinant soluble form of the VEGF receptor Flt extracellular domain) or small interfering RNA against VEGF (or its receptors) inhibited herpes simplex-induced corneal neovascularisation in mice.<sup>11–13</sup>

Bevacizumab (Avastin) is a full-length humanised murine monoclonal antibody against the VEGF molecule (amino acid sequence is 93% of human origin and 7% of murine origin).<sup>14</sup> It is commercially available and is approved by the US Food and Drug Administration (FDA) for use in the treatment of

metastatic colorectal cancer, and phase III trials are underway for advanced breast and renal cancer.<sup>15–16</sup> Anecdotal experience and case series have shown promising results for systemic or intravitreal use for exudative age-related macular degeneration.<sup>17–22</sup> Good results of intravitreal Avastin in the treatment of proliferative diabetic retinopathy showing regression of retina and iris neovascularisation,<sup>23–24</sup> and macular oedema in central retinal vein occlusion have also been reported.<sup>25</sup>

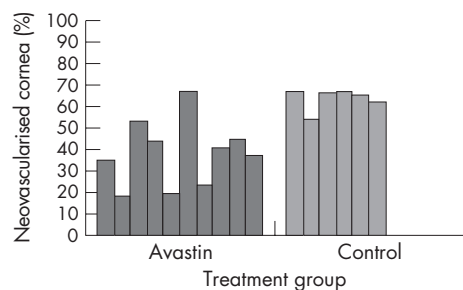
The purpose of this study was to evaluate the effect of topical administration of Avastin in the prevention of experimentally induced corneal neovascularisation in a rat model.

## MATERIALS AND METHODS

Sixteen male Long Evans pigmented rats weighing 200–250 g were used. Under general anaesthesia (induced by an intraperitoneally administered 94.7 mg/kg body weight ketamine hydrochloride and xylazine combination) supplemented by topical anaesthesia (0.5% proparacaine hydrochloride), the silver nitrate cauterisation technique described by Mahoney and Waterbury<sup>26</sup> was used to induce corneal neovascularisation. One cornea of each animal was cauterised by pressing an applicator stick (with a diameter of 1.8 mm) coated with 75% silver nitrate/25% potassium nitrate (Arzol Chemical, Keen, New Hampshire, USA) to the central cornea for 10 s under the operating microscope. Excess silver nitrate was removed by rinsing the eyes with 5 ml of a balanced salt solution and then gently blotting the eyes with tissue paper. To increase the reproducibility of the injuries, a single investigator (PK) cauterised all animals.

Following cauterisation, the rats were randomised to one of two groups: group 1 ( $n = 10$ ) received 4 mg/ml bevacizumab (Avastin) topically and group 2 ( $n = 6$ ) received saline. Both were administered topically twice daily for 7 days. Treatment started immediately after cauterisation in the two groups. All animals were anaesthetised as described above, and their corneas were evaluated by slit-lamp biomicroscopy on the third and sixth days. Corneal photographs were taken with  $\times 25$  magnification using a Nikon digital camera attached to the slit-lamp microscope on the seventh day. Neovascularisation of each cornea was evaluated using the technique described by Mahoney and Waterbury<sup>26</sup> by an examiner who was blinded to the treatment groups to minimise the observer bias. For each eye, the extent of burn stimulus response was scored as 0 (no blister, not raised above corneal surface), 1 (small blister, raised slightly above the surface), 2 (medium blister, raised moderately above the surface) or 3 (large blister). Only the corneas with a burn stimulus score of  $\geq 2$  were included in the calculation of the mean burn stimulus and neovascularisation scores in each group. The corneal surface covered with neovascular vessels was measured on the photographs as the percentage of the total area of the cornea. Image analysis of

**Abbreviation:** VEGF, vascular endothelial growth factor



**Figure 1** Normalised area of corneal neovascularisation in Avastin-treated ( $n=10$ ) and control eyes ( $n=6$ ) after 7 days of corneal cauterisation. The difference is significant ( $p<0.02$ , Mann–Whitney U test).

each cornea was performed using an image processing and analysis software program (Image J V.1.31, Wayne Rasband, Research Services Branch, National Institute of Mental Health, Bethesda, Maryland, USA). The area of neovascularisation was measured in terms of pixels and its ratio to the entire corneal area was determined as the percentage of corneal neovascularisation. A drawing of corneal blood vessels was made by one of the investigators to compare it with digital photos. This was carried out to ensure that no vascular area was missed during calculation. After scoring the burn stimulus and the percentage of neovascularisation for both groups, the animals were killed on the seventh day.

All the procedures involving animals were conducted in accordance with the Association for Research in Vision and Ophthalmology resolution on the use of animals in research. All animals were housed in individual cages and maintained under standard conditions. The experimental protocol was approved by the Institutional Animal Care and Use Committee of Tulane University Health Sciences Center, New Orleans, Louisiana, USA.

### Tissue preparation/histopathology

Following sedation using the intraperitoneally administered ketamine hydrochloride and xylazine combination (94.7 mg/kg body weight), enucleation was performed after the animals were killed. Immediately after enucleation, the globes were penetrated with a 27 G needle, 1.0 mm from the limbus at the 3 and 9 o'clock meridians to allow the fixative to fill the eyes rapidly. The eyes were prepared for histological examination using 10% formaldehyde. After fixation for 24 h, they were removed from the fixative, and corneas were dehydrated and sectioned. The corneas were then soaked in xylene and paraffin wax, embedded in paraffin wax and cut at 8  $\mu$ m for staining with H&E for light microscopy.

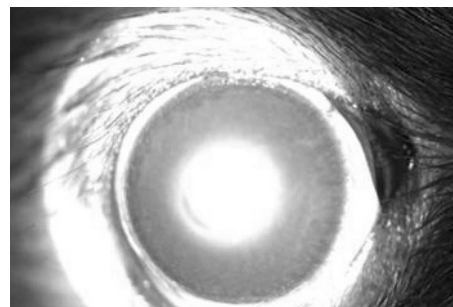
Sections were examined by dividing the corneas into two halves through the centre of the lesion and were evaluated with regard to the intensity of new vessels, polymorphonuclear leucocytes, oedema and fibroblastic activity. Light microscopic examination was performed on every section by an examiner who was blinded to the treatment groups.

### Statistical analysis

The Mann–Whitney U test was used for comparisons. Significance was defined as a  $p$  value  $<0.05$ .

### RESULTS

The burn stimulus score was  $\geq 2$  in all eyes. The mean burn stimulus scores were not statistically different between the treatment and the placebo groups ( $p>0.05$ , Mann–Whitney U test).



**Figure 2** Avastin-treated eye after 7 days of corneal cauterisation.

As fig 1 shows, in the bevacizumab-treated eyes there was less corneal neovascularisation than in the control eyes after 7 days of cauterisation. In bevacizumab-treated eyes corneal neovascularisation covered, on average, 38.2% (15.5%) (mean (SD)) of the corneal surface compared with 63.5% (5.0%) in the control group ( $p<0.02$ , Mann–Whitney U test). Therefore, bevacizumab decreased corneal neovascularisation by 40% (figs 2 and 3).

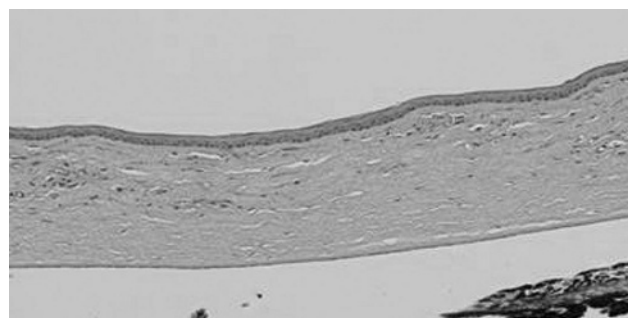
Light microscopy evaluation of the histological preparations was consistent with the slit-lamp evaluation. The bevacizumab-treated group had less neovascularisation and inflammation than the control eyes (figs 4 and 5). However, they still showed peripheral vascularisation of the cornea.

### DISCUSSION

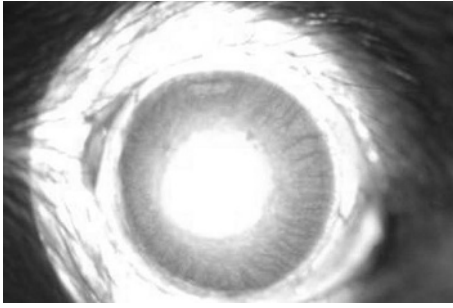
Although various compounds have been identified as inhibitors in experimental and clinical corneal neovascularization, including steroids,<sup>27–29</sup> non-steroidal anti-inflammatory drugs,<sup>30–32</sup> heparin,<sup>27, 33</sup> ciclosporin A,<sup>34</sup> methotrexate<sup>35</sup> and thalidomide,<sup>36</sup> steroids have been the mainstay of treatment for corneal neovascularisation and corneal graft rejection in clinical practice. Steroids, however, are not always effective and chronic use may cause glaucoma, as well as precipitate infection or cataract formation.

The prominent role of VEGF in the pathophysiology of corneal neovascularisation has been demonstrated in experimental models of corneal neovascularisation,<sup>4–8</sup> in experimental herpes simplex keratitis<sup>37</sup> and in studies from human corneal buttons.<sup>9, 10</sup> Additionally, VEGF antagonism, whether at the protein or mRNA level, has been shown to reduce corneal neovascularisation and improve corneal graft survival in experimental animals.<sup>5, 11, 12, 38, 39</sup>

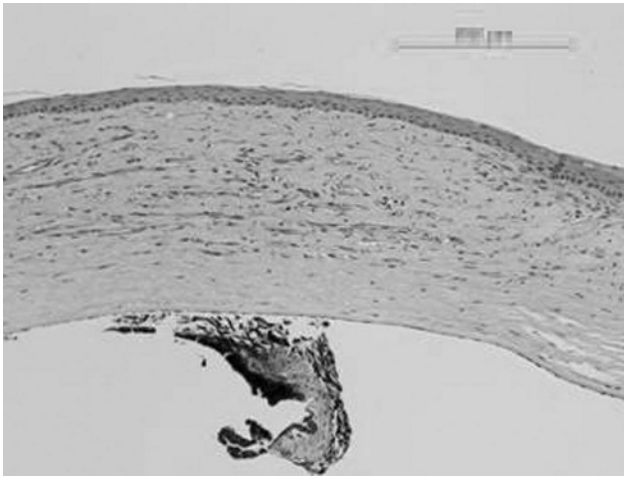
Our results suggest that Avastin (bevacizumab), a commercially available monoclonal anti-VEGF antibody, also inhibits corneal neovascularisation in this rat model of corneal neovascularisation.



**Figure 3** Control eye after 7 days of corneal cauterisation.



**Figure 4** Histology (cornea with neovascularisation and moderate inflammation) of the control eye.



**Figure 5** Histology (skip areas of vascularisation alternating with clear stroma) of the eye treated with Avastin.

Although our results were highly significant ( $p < 0.02$ , Mann-Whitney U test), inhibition of corneal neovascularisation was far from complete. There are several possible reasons for this. Firstly, it may be that twice daily administration is insufficient to effectively antagonise VEGF throughout the day: clearance of instilled bevacizumab through the tear outflow pathway may not allow binding of all available VEGF. Secondly, it is clear that cytokines other than VEGF (eg, transforming growth factor  $\alpha$  and  $\beta_1$ , and fibroblast growth factor) can induce corneal neovascularisation.<sup>3,9</sup>

Avastin has been used systemically for patients with advanced colorectal carcinoma and has been found to have a low incidence of significant adverse effects (induces mild to moderate hypertension and increases the rate of thrombosis in this patient population).<sup>40-42</sup> It is unlikely that the miniscule doses delivered by topical administration would produce such adverse effects, although such safety data are, as yet, preliminary.<sup>43</sup> Avastin has been injected intravitreally in humans, effectively controlling choroidal and retinal neovascularisation without inflammatory sequelae.<sup>18-20, 22-25, 44</sup>

We have shown that Avastin is efficacious in limiting corneal neovascularisation in an animal model. The next step is to use Avastin as an adjunct in a controlled clinical trial in the treatment of corneal neovascularisation and/or for high-risk corneal graft recipients.

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Competing interests: None.

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