

Differential colocalization of estrogen receptor β (ER β) with oxytocin and vasopressin in the paraventricular and supraoptic nuclei of the female rat brain: An immunocytochemical study

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Contributed by Bruce S. McEwen, December 29, 1997

ABSTRACT Evidence exists for the localization of the newly identified estrogen receptor β (ER β) within the rat paraventricular nucleus (PVN) and supraoptic nucleus (SON), regions which lack ER α . Presently, we investigate whether ER β -like-immunoreactivity (-ir) is found within cells of several major neuropeptide systems of these regions. Young adult Sprague–Dawley rats were ovariectomized (OVX), and 1 week later half of the animals received estradiol-17 β (E). Dual-label immunocytochemistry was performed on adjacent sections by using an ER β antibody, followed by an antibody to either oxytocin (OT), arginine-vasopressin (AVP), or corticotropin releasing hormone. Nuclear ER β -ir was identified within SON and retrochiasmatic SON, and in specific PVN subnuclei: medial parvicellular part, ventral and dorsal zones, dorsal and lateral parvicellular parts, and in the posterior magnocellular part, medial and lateral zones. However, the ER β -ir within magnocellular areas was noticeably less intense. OT-/ER β -ir colocalization was confirmed in neurons of the parvicellular subnuclei, in both OVX and OVX+E brains (\approx 50% of OT and 25% of ER β -labeled cells between bregma -1.78 and -2.00). In contrast, few PVN parvicellular neurons contained both AVP- and ER β -ir. As well, very little overlap was observed in the distribution of cells containing corticotropin releasing hormone- or ER β -ir. In the SON, most nuclear ER β -ir colocalized with AVP-ir, whereas few OT-/ER β -ir dual-labeled cells were observed. These findings suggest that estrogen can directly modulate specific OT and AVP systems through an ER β -mediated mechanism, in a tissue-specific manner.

The newly identified estrogen receptor β (ER β) has been shown to exist in rat (1), human (2), and mouse (3), but the physiological role(s) of this receptor remain(s) unknown. The ligand binding characteristics have been found to be generally similar to those of the “original” ER, now known as ER α , despite only a 55–60% homology in the C-terminal ligand binding domain of the two receptors (1–4). Likewise, ER β appears capable of activating the expression of an estrogen response element-containing reporter gene construct, in a hormone-dependent manner, at very low hormone concentrations (1–3). This finding is not surprising, considering that the DNA binding domains of the two isoforms are 95–97% homologous. However, the remaining domains of these two steroid receptors show no homology, and recent evidence suggests that ER α and ER β possess distinct transactivation functions (3, 5).

Another clue for a distinct role for this “second” ER may be its anatomical distribution. Although there appears to be some overlap, the distribution of the two receptor subtypes appear

to be quite different, based upon recent descriptions of ER β transcript localization in the rat (4). In the rat brain specifically, the paraventricular nucleus (PVN) and the supraoptic nucleus (SON) have been identified as having large concentrations of cells containing ER β mRNA (6, 7) or immunoreactivity (8). Although [³H]estrogen-concentrating cells have been identified in the rat PVN and SON (9–12), little or no ER α appears to be found in these regions of the rat brain (refs. 13 and 14; S.E.A., unpublished results). Considering that these nuclei contain neural systems that are known to be estrogen regulated, particularly oxytocin (OT) and vasopressin (15–17), the ER β may be a means for direct regulation. In the present study, we investigate possible colocalization of ER β -like immunoreactivity (-ir) with several neuropeptide systems of the rat PVN and SON: OT, arginine-vasopressin (AVP), and corticotropin releasing hormone (CRH).

MATERIALS AND METHODS

Animals. Animal-care maintenance and surgery were in accordance with the applicable portions of the Animal Welfare Act and the U.S. Department of Health and Human Services “Guide for the Care and Use of Laboratory Animals.” Young adult female Sprague–Dawley rats (Charles River Breeding Laboratories; 180–200 g, $n = 8$) were ovariectomized (OVX) under Metofane anesthesia. One week later, half of the animals received a 2-cm s.c. silastic implant of estradiol-17 β (E; 200 μ g/ml sesame oil) under Metofane anesthesia, whereas half were anesthetized but received no implant. Two days later, animals were deeply anesthetized with Metofane and transcardially perfused with 120 ml of ice cold 3.75% acrolein and 2% paraformaldehyde in 0.1 M sodium phosphate buffer (PB) (pH 7.4). We previously determined that this fixation protocol allows for the most sensitive detection of ER β via immunocytochemistry, in our rat model. Brains were immediately removed and postfixed in 2% paraformaldehyde in 0.1 M PB at 4°C overnight, transferred to 0.1 M PB, coronally sectioned at 40 μ m on a Vibratome, and stored in cryoprotectant (30% sucrose, 30% ethylene glycol in 0.1 M PB) at -20°C.

A separate group of OVX rats was administered colchicine 24 h before sacrifice to optimize CRH-ir. Briefly, these animals were anesthetized with sodium pentobarbital (50 mg/kg, i.p.) and securely placed in a stereotaxic frame (Kopf Instrument, Tujunga, CA). Colchicine (15 μ l of 6 μ g/ μ l saline; $n = 4$) was unilaterally infused intracerebroventricularly over 1 min, by using a Hamilton syringe, which was left in place for 3 min after

Abbreviations: ER β , estrogen receptor β ; PVN, paraventricular nucleus; SON, supraoptic nucleus; -ir, immunoreactivity; OVX, ovariectomized; E, estradiol-17 β ; AVP, arginine-vasopressin; CRH, corticotropin releasing hormone; OT, oxytocin; mpvPVN, medial parvicellular part, ventral zone; mpdPVN, medial parvicellular part, dorsal zone; lpPVN, lateral parvicellular part; B, bregma.

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fore, actual cell numbers were not determined for this nucleus. Quantified data from the PVN were compared between groups by using the Student's *t* test. The significance level was set at $P < 0.05$.

RESULTS

Large concentrations of cells demonstrating nuclear ER β -ir were observed within the PVN and the SON of the hypothalamus in both OVX and OVX+E animals. Scattered cells containing ER β -ir were also observed within the bed nucleus of the stria terminalis, the medial preoptic area, the PVN, and the anterior hypothalamus of both groups. In agreement with a recent study that used the same commercially available ER β antibody (8), this nuclear immunoreactivity was completely absent from sections that were exposed to the preabsorbed antibody and from sections incubated without the primary antibody.

Although nuclear ER β -ir was abundant within the PVN, it was not evenly distributed through the nucleus. Rostrally, the first ER β -labeled cells observed within the PVN were found between approximately B -1.50 and 1.60 (Fig. 1). Some light labeling was seen in the posterior magnocellular part, medial zone (pmmPVN), along with a few, more darkly labeled cells, dorsally, in the parvicellular area. A small cluster of cells demonstrating nuclear ER β -ir was also observed out in the rostral aspect of the posterior magnocellular part, lateral zone (pmlPVN). Cells demonstrating dark, well-defined nuclear ER β -ir were numerous by B -1.78. Concentrations of labeled cells were observed within the medial parvicellular part, ventral zone (mpvPVN), dorsal zone (mpdPVN), dorsal par-

vicellular part (dpPVN), as well as in the pmlPVN. The ER β -ir within the magnocellular region was noticeably less intense. ER β -labeled nuclei continued caudally through these PVN subregions, and extended into the lateral parvicellular part (lpPVN) at B -2.00 (Fig. 1).

Nuclear ER β -ir was first observed within the SON at approximately B -0.83. From this area, nuclear ER β -ir was observed through the extent of the SON, including the retrochiasmatic SON.

A good deal of overlap in the distribution of nuclear ER β -ir and OT-labeled cells was observed within the PVN and the SON. However, cellular colocalization of these two antigens was observed primarily in the PVN (Fig. 2 *A* and *B*). The largest concentrations of OT/ER β dual-labeled cells were located specifically within the mpvPVN, mpdPVN, and lpPVN of this nucleus, approximately between B -1.78 and -2.00. No significant differences in the number of single- or double-labeled cells were found between OVX or OVX+E animals (Table 1). Through this level of the PVN, a population representing just over 50% of the OT-labeled cells and 25% of the ER β -labeled cells demonstrated colocalization (Table 1). Cells containing OT-ir within the more caudal PVN were fewer in number, but the majority of these OT cells also contained ER β -ir. Although OT-labeled cells were fairly abundant in the rostral PVN, very little colocalization with ER β -ir was observed there.

Some areas of the PVN that contained distinct OT/ER β double-labeled cells had very few and in some cases no cell bodies demonstrating AVP-ir (Fig. 2 *C* and *D*). Although there were areas of overlap in the distribution of AVP- and ER β -ir within the PVN, as shown in Fig. 3, most of the cells demon-

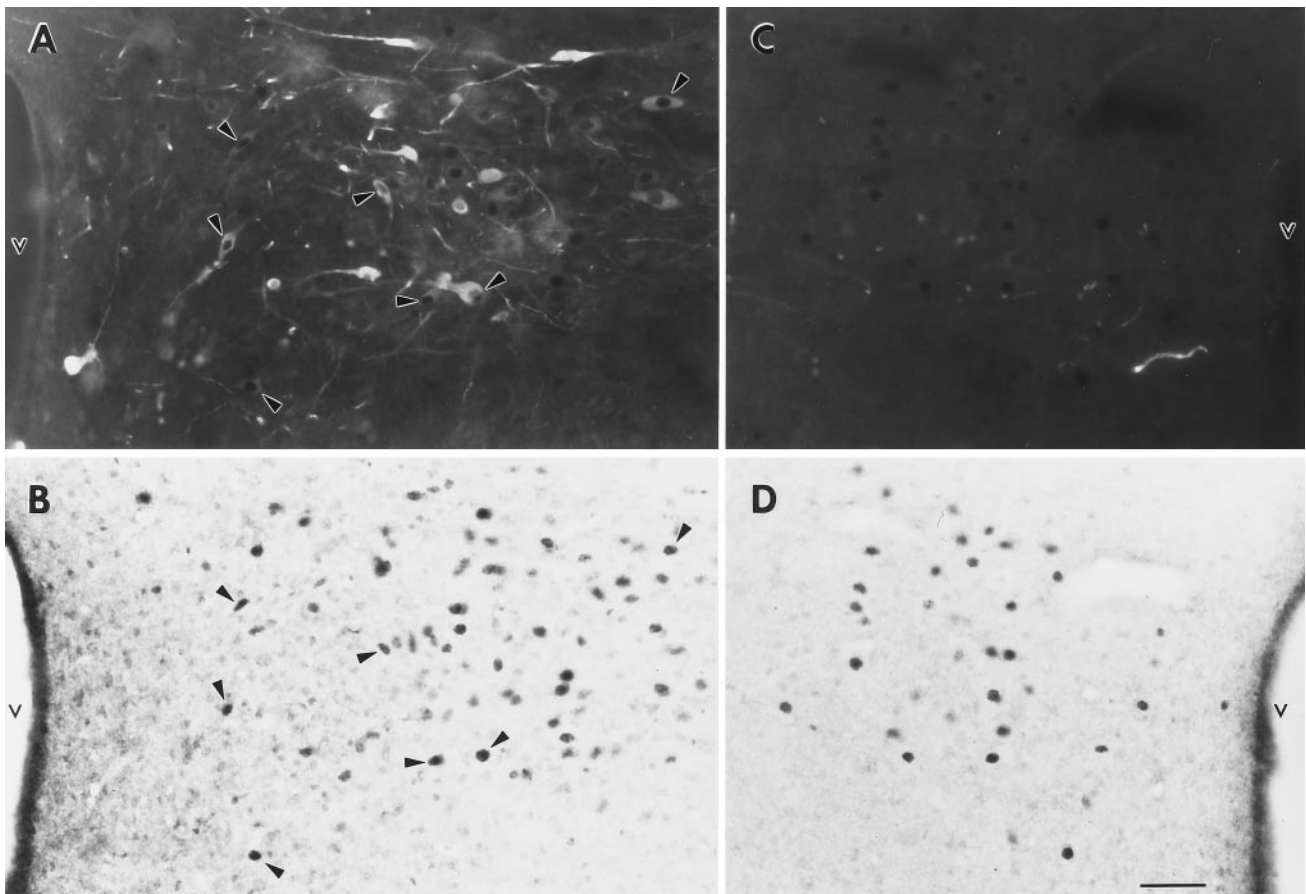


FIG. 2. Fluorescent OT-ir (*A*) and light-field nuclear ER β -ir (*B*) in the PVN of a 40- μ m-thick section at the level of approximately B -1.90. Arrowheads denote examples of dual-labeled cells (compare arrowheads in *A* and *B*). Note the absence of cell soma AVP-ir at a comparable level (*C*), where numerous cells containing nuclear ER β -ir are seen (*D*). Photomicrographs were taken at $\times 200$ under a Nikon light microscope and a 35 mm camera by using Kodak technical pan film. v, Third ventricle. (Bar = 40 μ m.)

Table 1. Immunoreactive cells in the parvicellular subnuclei of the PVN of the hypothalamus in the female rat

Group treatment	ER β	OT	ER β and OT	Colocalized, %	
				ER β	OT
OVX	114.50 \pm 45.08	66.87 \pm 18.22	33.13 \pm 8.53	28.93	49.54
OVX+E	141.67 \pm 31.26	54.25 \pm 16.62	29.33 \pm 3.62	20.70	54.06

Values represent mean (\pm SD) number of cells counted within a 40- μ m section representative of bregma levels -1.78 to -2.00 ($n = 4$ /group). No significant differences were found between groups.

strating dark nuclear ER β -ir were located ventral to the primarily magnocellular AVP-labeled cells. There were occasional ER β -labeled cells within the parvicellular regions that contained AVP-ir as well; however, the AVP-ir of these cells was consistently lighter in intensity than cells containing only AVP-ir.

Within the magnocellular regions of the PVN, where the majority of large, darkly labeled OT or AVP cells were located, nuclear ER β -ir was also observed (Fig. 3). However, the ER β -ir within these areas was consistently less intense compared with what was seen in the more ventral, parvicellular regions (Fig. 3B). Although found in the same vicinity, we could not identify individual magnocellular neurons that contained both ER β - and AVP- or OT-ir. Upon close inspection,

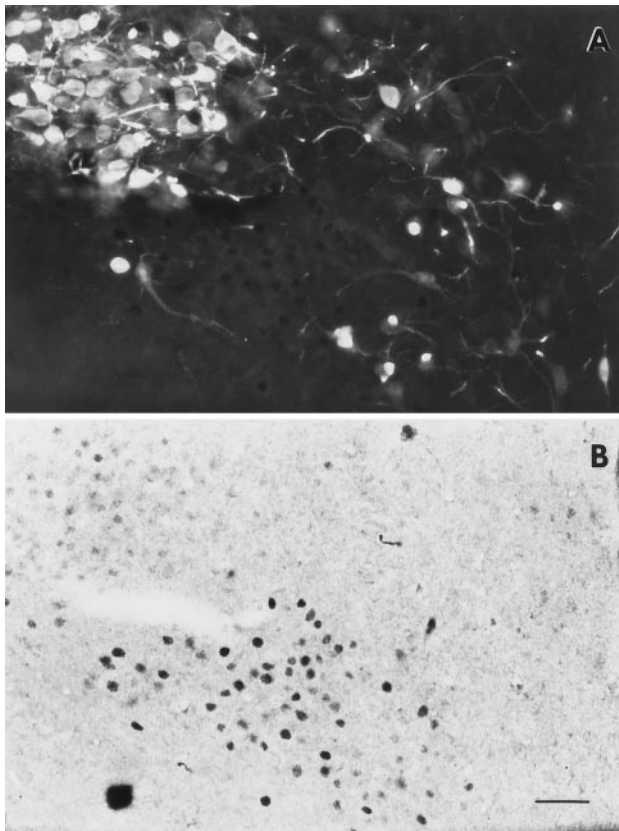


FIG. 3. Fluorescent AVP-ir (*A*) and light-field nuclear ER β -ir (*B*) in the PVN of a 40- μ m section, approximately at B -1.78 . Note the very dark, well-defined nuclear ER β -ir within the lower, central half of panel (*B*), which corresponds primarily to the medial parvicellular, ventral, and dorsal zones. In contrast, note the very light, yet distinct ER β -ir in the upper left corner of *B*, which corresponds to the posterior magnocellular part, lateral zone. Scattered cells containing AVP-ir were found in the parvicellular regions, but only an occasional cell appeared to contain both AVP- and ER β -ir (none demonstrated here). Most ER β -ir within the magnocellular area appeared to be located adjacent to, but not in, the AVP-ir magnocellular neurons. Photomicrographs were taken at $\times 200$ under a Nikon light microscope and a 35 mm camera by using Kodak technical pan film. (Bar = 40 μ m.)

the majority of cell nuclei containing ER β -ir were located adjacent to, but not within, the cytoplasmically labeled OT or AVP magnocellular neurons.

Different distributions were generally observed for cells containing CRH-ir or ER β -ir in the PVN (data not shown). Although both immunolabels were observed at similar levels, cells containing CRH-ir were generally located dorsal to receptor-labeled cells. Similar to AVP-ir in this nucleus, only a rare occasional parvicellular neuron was found that appeared to contain both CRH and ER β . Although colchicine treatment enhanced the intensity of the CRH-ir, it did not induce CRH labeling to any great extent within the region containing the majority of ER β immunopositive cell nuclei.

In the SON, more cells were observed to contain OT- or AVP-ir than ER β -ir. However, many of the ER β -labeled cells observed within this nucleus also contained AVP-ir (Fig. 4). In contrast, only occasional cells within the SON appeared to

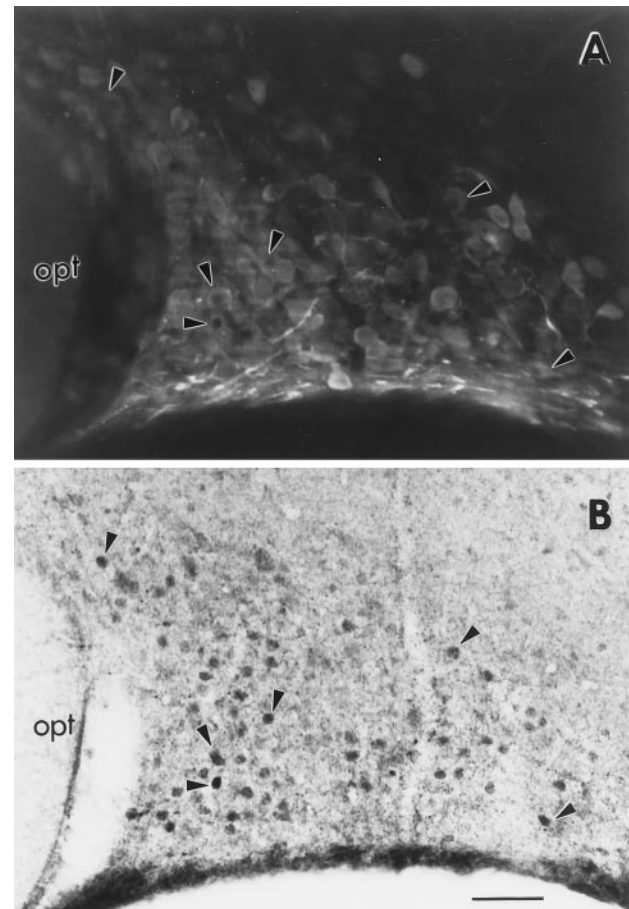


FIG. 4. Fluorescent AVP-ir (*A*) and light-field nuclear ER β -ir (*B*) in the SON of a 40- μ m section, at approximately B -1.08 . Arrowheads denote examples of dual-labeled cells (compare arrowheads in *A* and *B*). Throughout the SON, many of the ER β -labeled cells also contained AVP-ir. Photomicrographs were taken at $\times 200$ under a Nikon light microscope and a 35 mm camera by using Kodak technical pan film. opt, Optic tract. (Bar = 40 μ m.)

colocalize ER β - and OT-ir. As in the magnocellular PVN, due to the density of the magnocellular neurons within the SON, we were unable to get an accurate number or percentage of ER β -/AVP-ir or ER β -/OT-ir colocalized cells. However, as Fig. 4 demonstrates, much of the nuclear ER β -ir was found within AVP-labeled cells. Although cells containing OT-ir or ER β -ir were observed within the preoptic area, the OT-labeled cells were more dorsal and extended laterally from the third ventricle, whereas the receptor-labeled cells were more medial and ventral.

DISCUSSION

The findings of the present study demonstrate the localization of nuclear ER β -ir within discrete populations of OT or AVP-containing neurons in the female rat hypothalamus. Although ER β -ir appears to colocalize primarily with OT-ir in the PVN, it seems to be found primarily in AVP-ir-containing cells through the SON, including the retrochiasmatic aspect of this nucleus. These findings suggest that estrogens can directly act upon particular OT or AVP neurons, specifically via an ER β -mediated mechanism. Furthermore, the localization of ER β -ir within these populations of neurons in the rat, which do not demonstrate ER α -ir (13, 14), provides an explanation for previous observations of [³H]estrogen-concentrating cells in the rat PVN and SON (9–12), and perhaps for estrogen regulation of OT and AVP systems (15–17). Because very little overlap in the distributions of cells containing ER β -ir or CRH-ir was observed, the majority of CRH cells do not appear to contain nuclear ER β . Thus, we are currently investigating the neurochemical phenotype(s) of ER β -labeled cells which were not identified as OT or AVP labeled.

The distribution of ER β -ir that we are describing within the hypothalamus is in agreement with recent reports of ER β mRNA (6, 7) and immunostaining using the same commercially available antibody (8). The ER β -ir observed in the present study appears to be very specific, as antibody that had been preadsorbed with the synthesizing peptide did not result in any nuclear stain. This result has been recently demonstrated by Li *et al.* (8). Furthermore, the hypothalamic regions where the most abundant ER β -ir was seen (PVN and SON) do not correspond with ER α -ir distribution in the rat (refs. 13 and 14; S.E.A., unpublished results). Thus, the ER β antibody that we used does not appear to recognize ER α , confirming the claim of Affinity BioReagents (unpublished results). The affinity-purified antibodies to OT and AVP also appeared to be very specific, as demonstrated by the distinct distributions of OT- and AVP-ir within the PVN (Fig. 2).

The majority of OT-labeled neurons that demonstrate dark, nuclear ER β -ir are located within parvicellular neurons of the mpv-, mpd-, and lpPVN. Only a few neurons demonstrating light AVP-ir within these subnuclei of the PVN appeared to contain ER β -ir. In contrast, most of the nuclear ER β -ir observed within the magnocellular SON was found colocalized with cytoplasmic AVP-ir. Considering the general lack of ER α -ir within these two nuclei in the rat (13, 14), these findings suggest that estrogen directly regulates primarily OT-containing parvicellular neurons, but mainly AVP-producing magnocellular neurons, through the ER β . Although it was difficult to identify distinct nuclear ER β -ir within individual magnocellular neurons in the PVN, evidence exists for [³H]estrogen-concentrating magnocellular OT or AVP neurons there (9–11). It may be that these PVN magnocellular cells have a lower concentration of ER β as compared with the parvicellular or SON magnocellular estrogen targets that we have identified.

Although the majority of magnocellular cells of the PVN and SON project to the posterior pituitary, most of the neurons within the parvicellular subdivisions of the PVN form descending projections to the autonomic brainstem (i.e., dorsal vagal

complex) or spinal cord (20–22). It has been shown that about 70% of [³H]estrogen-concentrating neurons within the mpv- and lpPVN send axons directly to the medulla (12). However, a subgroup of parvicellular cells specifically within the middle third of the mpdPVN have been identified to project directly to the median eminence (23). The identification of distinct cellular colocalization between ER β -/OT-ir within the mpdPVN, as well as in the primarily descending projecting populations (in the mpv- and the lpPVN), suggests that estrogen may regulate anterior pituitary function as well as mediate specific autonomic functions through these ER β -containing cells. Furthermore, colocalization between ER β - and AVP- or OT-ir within magnocellular neurons in the SON provides a means by which estrogen can directly regulate the secretion of these neuropeptides from the posterior pituitary into the systemic circulation.

An interesting comparison can be made between our findings and those by a group that examined androgen receptor (AR) localization in OT or AVP-containing neurons in the male rat (24). Although approximately one-half of the OT neurons, but only about 5% of the AVP population, specifically within the mpvPVN were found to contain AR-ir, no OT or AVP-containing magnocellular neurons were found to contain AR-ir in the PVN nor the SON (24). Although we did not include male rats in the current study, we have observed a similar distribution of ER β -ir in both sexes (S.E.A., unpublished results). Whether the AR-containing cells in the parvicellular PVN are the same as those demonstrating ER β -ir, or represent the other “half” of the OT population, we cannot say at this time. Interestingly, in the rat bed nucleus of the stria terminalis and medial amygdala, the majority (\approx 90%) of AVP-containing cells appear to demonstrate both ER α -ir (14) and AR-ir (24). Thus, data from Zhou *et al.* (24), together with the present findings, indicate that a population of parvicellular OT neurons (and perhaps a small number of AVP cells) in the rat PVN can be directly modulated via androgenic and/or estrogenic action. However, magnocellular neurons appear to be directly regulated specifically via an ER-mediated action. The present findings indicate that direct estrogen regulation is likely to occur specifically through the ER β isoform.

Two to 3 days of estrogen exposure results in a decrease in nuclear ER α -ir in several brain regions (25, 26), whereas 1 h exposure, sufficient time for hormone-receptor binding, does not alter ER α -ir (26). These findings suggest a ligand-induced down-regulation of the ER α . We did not observe down-regulation of ER β in OVX+E compared with OVX groups based upon the immuno-intensity, or in the number of labeled cells. Together, these findings suggest that ligand-mediated regulation of ER β expression may differ from that of the ER α isoform. In addition, no significant hormone-mediated differences were found in the number of cells demonstrating OT-ir within the quantifiable parvicellular regions. This finding is in agreement with previous findings, which demonstrated that the OT-ir of cells found outside of the PVN and SON, but not within these nuclei, is sensitive to estrogen modulation (27).

Species differences in estrogen regulation of the PVN and SON systems may exist. For example, the majority of OT-containing magnocellular neurons within the guinea pig PVN and SON have been shown to demonstrate immunolabel against a rat mAb to ER (28), presumably to the α isoform. This result would be in sharp contrast with the rat, which does not appear to express ER α within these nuclei. Furthermore, not all of the OT-ir-containing cells in the rat PVN and SON appear to be estrogen targets. We are not certain whether the antibody used in the guinea pig experiment several years ago was specific to ER α , or whether it could cross react with the recently identified β isoform. To our knowledge, the ER β isoform has not yet been identified in the guinea pig. It will be interesting to see if, and when, identification will occur in this

species, and whether all species will eventually be found to contain the ER β .

In summary, the localization of ER β -ir within OT and AVP neurons of the PVN and SON demonstrates a likely means by which E can modulate these specific neuropeptide systems in the rat brain. In a broader sense, these data serve as an additional piece to the puzzle that has existed in the literature, namely the inconsistencies between the distributions of estrogen-concentrating cells and ER-ir. Thus, it now seems clear that it is via the ER β that OT neurons of the PVN concentrate [³H]estrogen. Future studies involving ER β distribution and regulation will undoubtedly uncover many more pieces to this puzzle.

We thank Dr. Wylie Vale of the Salk Institute for the generous donation of the CRH antibody, Dr. Lawrence Reagen for his insightful discussions and advice, and Dr. Miyuki Sadamatsu for her technical assistance on this project. This work was supported by National Institutes of Health Grants F32 NS10047 to S.E.A., NS07080 to B.S.M., and NS30105 to N.G.W.

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