

Since protein is required for the formation of pro-collagen the significance of Ravdin's work becomes obvious, yet it is remarkable that even when protein is deficient healing will proceed normally if methionine is present. Research of great interest in this respect has been going on for some time at the Royal College of Surgeons under the direction of Professor Slome, and has shown that the ill effects of x rays upon wound healing can be overcome by giving cystiamine.

I have quoted the biochemical influences at work in wound healing to indicate the complicated nature of such problems, and I would suggest that if research is to be undertaken along these lines in a clinical unit it is no good entrusting it to a clinician who dabbles in biochemistry. It is necessary to have the appropriate scientist attached to the unit. If he is medically qualified so much the better, partly because he will be more likely to be sympathetic to the clinicians and less likely to be diverted into purely scientific problems without direct application to patients, and partly because if he is given university status in the unit he can also be given an honorary contract with the hospital.

Training of the Young Surgeon

Bearing in mind the impact of science upon surgery, how should the young surgeon be equipped to meet the situation? Let me say straight away that I think it is a mistake to try to make him into a pseudo-scientist. He should be given the opportunity of acquiring a scientific mode of thought, an attitude of mind, so that faced with a problem in clinical practice he should know how to make accurate and "controlled" observations, if necessary designing a method of investigation appropriate to the problem; he should know how to collect his results and arrange them for analysis, recognizing the margins of error—that is, their reliability and value; he should be able to make logical deductions from these results which may lead to some general conclusion, perhaps with a practical application. In this way he may contribute in some degree to the science of surgery, or at any rate to the therapeutic art.

To enable him to acquire this scientific outlook he needs a certain basic knowledge of the preclinical sciences. He may be supposed to have acquired this as an undergraduate, but we all know how little of this knowledge survives even the first clinical year. So as a postgraduate he must experience the discipline of a laboratory for a period of two years—whether in a department of anatomy, physiology, pathology, biochemistry, or pharmacology doesn't much matter—or if he cannot afford the time for this he should have a really thorough revision course of about six months to give him a better appreciation of the subjects, towards which his own clinical experience will have helped him greatly.

The object of the course or of the laboratory experience is not the mere acquisition of knowledge, but rather to learn where and how to obtain what he may need later for working out his own problems. To live for two years in a laboratory gives a man something he can scarcely obtain from a course of study, however well planned it may be, though it need scarcely be added that it must be a course in which the student has a chance of doing things for himself in practical classes and in a dissecting-room, and in which much of the teaching is done by discussion rather than by lectures alone.

Let me repeat that it is a mistake to think that such a course of study is intended to give a man encyclopaedic knowledge. When he finds his clinical problem he will have to delve much more deeply in search of anatomical, biochemical, or pathological details which a course could not possibly be planned to cover. But his contact with scientific method, either in the laboratory or in the postgraduate course, should afford him guidance in clinical research, which may require laboratory methods as adjuvants but not as ends in themselves, thus distinguishing the work of the clinician from that of the pure scientist.

For the objective of the clinician, however scientific his bent, must always be the treatment of a patient; and it will be only by the results he obtains in the alleviation of suffering and, if possible, in the cure of disease that the success of his labours can be judged.

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ACQUISITION OF A B-LIKE ANTIGEN BY RED BLOOD CELLS

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In the past four years we have tested the blood of seven patients whose red cells undoubtedly possess a B antigen of some kind but whose serum contains an apparently normal β (anti-B). We have gradually come to recognize that the B-like antigen in these people is an acquired and not a genetic character and that it is probably connected with old age or disease, or both.

There have been several reports of peculiar B reactions which are referred to in the discussion below, but only two of them appear to be of the kind we are describing: both were briefly mentioned by Stratton and Renton (1958).

TABLE I.—Some Details of the Seven Patients

Patient	Age	Year of Death	ABO Group	Secretion and Lewis	Disease	Available Family	Agglutination Reactions of Routine β Sera with Patients' Cells
Mr. La. (Dundee) ..	85	1955	A ₁ (β)	Le(a-)	Legs amputated because of gangrene		About 1 in 3 positive
Mrs. Al. (New York) ..	87	1956	A ₁ (β)		Carcinoma of cervix	Child A ₁ (β), child O ($\alpha\beta$)	All positive (10)
Mr. Hol. (Sheffield) ..	86	1956	A ₁ (β)		" " colon		(8)
Mr. Ha. (Dundee) ..	77	1958	A ₁ L ⁽³⁾	Non-sec. (A, B, and H) Le(a+b-)	" " "	2 sons and 2 daughters, all A ₁ (β)	About 1 in 3 positive (12 out of 31)
Mrs. Tu. (Grimsby) ..	42	Alive	A ₁ (β)	Sec. (A and H, not B) Le(a-b+)	48 abscess of appendix, adhesions, obstruction, etc. 1957 cholecystectomy	Sister and brother A ₁ (β), child A ₁ (β), stillbirth A	All positive (19)
Mr. Ca. (Dundee) ..	61	..	A ₁ (β)	Sec. (A and H, not B) Le(a-)	Carcinoma of rectum	Sister and 2 brothers A ₁ (β), brother O ($\alpha\beta$), son O ($\alpha\beta$)	Few positive (9 out of 56)
Mrs. Fr. (Columbus) ..	68	1958	A ₁ (β)	Leta-	" " colon	Brother A ₁ (β), 2 daughters A ₁ (β), son O ($\alpha\beta$)	Nearly all positive (13 out of 14)

The peculiarity in each of the seven cases was recognized during grouping before possible transfusion. At an early stage in the investigation of several of the samples the possibility of chimerism was considered because in the positive tests with β many cells were left unagglutinated and this gave the appearance of a mixture of blood. However, the presence of β in the serum, the absence of signs of mixtures in other systems, and the fact that none of the patients is known to have had a twin ruled out the possibility of chimerism. Some details of the patients are given in Table I.

Serological Details

Red Cells

A striking fact is that all the patients are group A₁ however, the main peculiarity is that the red cells were agglutinated by some β sera. As can be seen from Table I, individual samples varied in the proportion of β sera with which they reacted. In order to make some comparison possible the β sera mentioned in the last column of the Table are confined to those kindly provided by the Blood Group Reference Laboratory; each serum is a pool from six donors who had not been artificially immunized.

The patients' cells never reacted as strongly with any β as did normal B cells. Table II shows that the strength of reaction of the patients' cells is not entirely dependent

TABLE II.—Reactions of Cells of Four Patients with Five β Sera

	Titre for Normal β Cells	Reactions with Undiluted β Cells			
		Cells			
		Mr. Ha.	Mrs. Tu.	Mr. Ca.	Mrs. Fr.
β 222 ..	256	-	++	-	++
β 227 ..	256	-	++	-	(+)
β 241 ..	128	+	+++	-	+++
β 243 ..	256	-	(+)	-	-
β 252 ..	256	++	+++	+	+++

on the strength of the β in these pooled sera. But, in general, the stronger the β the more likely it is to react with such cells; for example, the cells of Mrs. A₁ were agglutinated by all of 10 Reference Laboratory β but by only 27 out of the 45 unselected β from blood donors; again, the cells of Mr. Ca. were agglutinated by 9 out of 56 Reference Laboratory β , but by only 2 out of 360 unselected β sera.

The B-like antigen seems to have the same specificity in the different samples of cells, though it varies in quantity: Mr. Ca. was the weakest reactor of the seven patients, and the relatively few β sera that agglutinated his cells invariably agglutinated those of Mr. Ha., who was a little higher in the series; these same β sera were those which agglutinated most powerfully the cells of Mrs. Fr. and Mrs. Tu., who were strong reactors.

It has been mentioned that a large number of unagglutinated cells was a striking characteristic of the positive reactions with β sera; however, very few of the cells of Mrs. Tu., the strongest reactor, were left unagglutinated by β 252 (Table II) when the tests were done at 6° C. (Most of the tests were done at about 20° C., for in general the reactions were only slightly better at 6° C.) The fact that only a negligible number of the cells of Mrs. Tu. were left unagglutinated by extracts of *Dolichos binorus* (α_1) and *Uler europaeus* (anti-H) showed that, in this case at least, the same cells must be carrying A₁ and H as well as the B-like antigen.

Only the cells of Mrs. A₁ were tested with an antiserum made by a rabbit against human B cells: the result was the same as with human β —large agglutinates and many unagglutinated cells.

Inhibition tests in all but the first case (Mr. La. not tested) confirmed the specificity of the reaction with β sera: the reaction was strongly inhibited by saliva from B and AB secretors, but not at all by saliva from O and A secretors or non-secretors; the reaction was very weakly inhibited by saliva from B and AB non-secretors, and this was to be expected of a weak β -B reaction.

Elution tests, by the heating method, further confirmed the specificity of the reaction with β sera; these tests were done on five of the cases.

The cells of Mrs. Al. gave up β after exposure to a β serum capable of agglutinating them. The cells of Mr. Ha. gave up β after exposure to two β sera capable of agglutinating them; no β was given up after exposure to two β sera that did not agglutinate his cells. The cells of Mrs. Tu. gave up β after exposure to β 222 (Table II). The cells of Mr. Ca. gave up β after exposure to β 252 (Table I) but not after exposure to three β sera which did not agglutinate them. The cells of Mrs. Fr. gave up β after exposure to two β which had agglutinated them and to one that had not (β 243, Table II). Each elution test was controlled by normal A₁ cells and, as expected, no β was given up (in the tests on Mrs. Al. the control cells were group O).

On no occasion was enough β removed from the sensitizing serum for an appreciable fall in β content to be demonstrated.

The B-like antigen can fluctuate in strength: further samples from three of the patients taken after an interval of time showed the antigen to be weaker in two and stronger in one.

A third sample from Mr. Ha., taken a few days before he died, gave weaker reactions with β 241 and β 252 than did two earlier samples taken six and five weeks before. (The reactions shown in Table II are those of the second sample.) A second sample from Mr. Ca., taken three months after the first and two months after the local resection of his growth, failed to react with three β sera that had agglutinated his first sample. A second sample from Mrs. Tu., taken seven months after the first (recorded in Table II), reacted more strongly than before when tested with β 252 and β 243.

Attempts to wash the B-like antigen from red cells failed: after 12 washings the cells of Mrs. Tu. reacted as well as ever with β . Treatment of the cells with ficin increased the strength of their reaction with α and with β .

The cells of all seven patients were tested against AB sera (two sera with the cells of Mr. Hol., six or more with the cells of other patients): two of the patients showed a slight degree of polyagglutinability. The cells of Mrs. A1. were agglutinated by 5 out of 57 AB sera; but the B-like antigen was clearly present as well, for the cells were agglutinated by a much higher proportion of unselected β sera (27 out of 45). The cells of the second sample of Mrs. Tu. showed some polyagglutinability that had not been present in the earlier sample: they were weakly agglutinated by 12 out of 36 AB sera. The polyagglutination was not inhibited by B secretor saliva, as judged by tests with the most strongly reacting of these AB sera.

There was nothing unusual about the MNSs, P, Rh, Lutheran, Kell, Lewis, or Duffy groups of the patients.

The ABO groups of available relatives of the patients are given in Table I. Their significance is discussed below.

Serum

The β in the serum of the seven patients appeared normal. It could be strongly inhibited by B and AB secretor saliva but not by other salivas. Each serum was tested against six or more samples of B cells and six or more samples of A and O cells. One serum, that of Mr. Ha., has been tested against 70 samples of B cells and agglutinated them all.

Sera from the last four patients in Table I have been tested against each other's cells. Only one of the 16 tests was positive: the β of Mr. Ha. agglutinated the cells of Mrs. Tu. The negative reaction of the cells of Mrs. Fr. with her own and the other three sera was confirmed by elution tests.

At 24° C. the titre of the β in the serum of these four patients was: Mr. Ha. 32, Mrs. Tu. 8, Mr. Ca. 4, and Mrs. Fr. 2. Only the serum of Mrs. Fr. failed to react with B cells at 37° C. All four sera contained anti-T.

B substance was looked for in the serum of one of the patients, but none could be demonstrated: the serum of Mrs. Tu., after removal of the β , failed to inhibit a normal β -B reaction. Normal A_1 cells were unchanged after incubation for 16 hours at 37° C. in the serum of Mrs. Tu.

Saliva

Saliva was collected from three of the patients. Mr. Ha. was a non-secretor (of A, B, and H); Mrs. Tu. and Mr. Ca. are both secretors of A and H but not of B. All three salivas contained Le^a substance. None of the samples inhibited the positive reaction of β sera with cells of Mr. Ha. or Mrs. Tu.

Discussion

The presence of a B-like antigen in the red cells of the seven patients is proved by the reactions with β sera and by the specific inhibition of these reactions by saliva from secretors of B.

The serological behaviour of the seven patients is so alike and so characteristic that we are assuming that they all represent the same phenomenon.

The B-like antigen is an acquired character. This conclusion terms inescapable from the convergence of several lines of argument, none of which on its own is absolutely decisive.

1. Mrs. A1., Mr. Ca., and Mrs. Fr. all have O children, and their genotypes are therefore A_1O . This is the best evidence that they have no kind of B gene. Furthermore, no other example of the B-like antigen has been found in 19 available sibs or children of the patients (see Table I).

2. Against No. 1 it could be argued that the patients have some kind of B gene which is capable of expressing itself only in the presence of A: but if this were so several of the 15 group A sibs or children of the patients should have had the B-like antigen—but none of them did.

3. Mrs. Tu. and Mr. Ca. are secretors, and their saliva contains A and H but not B. Certain weak red-cell antigens corresponding to rare alleles of A and B are not detectable in the saliva of secretors; but an antigen of the strength of that of Mrs. Tu. would certainly be expected in the saliva were it inherited.

4. Experience with further samples of the cells of Mr. Ha., Mrs. Tu., and Mr. Ca. shows that the B-like antigen may be a transient character.

5. As is discussed below, the B-like antigen appears to be associated with age or disease or both.

The absence of blood group O from the list of patients is highly significant: excluding B and AB people, in whom the change we are describing could not be detected even if it could occur, the probability that seven consecutive people (each of whom happens to have an English or Scottish name) should all have the antigen A cannot be greater than 1 in 200. It remains to be seen whether the change can happen to A_2 as well as to A_1 . If further cases continue to be A_1 a total of 23 will have to be reached before the lack of A_2 becomes really significant. The change is probably independent of secretion, for one of the three patients from whom saliva was available was a non-secretor, while the other two were secretors.

We have not found any evidence that the β in the sera of the seven patients is abnormal. There is therefore no hint that certain people are predisposed to the antigen change by the absence of some component of the β complex.

Of peculiar B samples described in the literature all three can be distinguished from the kind we are now reporting by the absence of β from the serum or by the presence of B in the saliva; most differ in both respects (Mäkelä and Mäkelä, 1955; Moullec, Sutton, and Burgada, 1955; Yokoyama, Stacey, and Dunsford,

1957; Armstrong, Gray, Race, and Thompson, 1957; Levine, Celano, and Griset, 1958; Boorman and Zeitlin, 1958). In four of the six cases the antigen was proved to be inherited. Formaggio (1953) mentions in passing an AB with β in the serum, but no details are given. The two remaining cases look very like our seven. The following is taken from Stratton and Renton (1958).

"Case 28. Mrs. B. L. appeared to be AB β . Her A antigen was normal and her serum contained an apparently normal anti-B but no anti-A. Her cells were agglutinated at 16° C. by 13 out of 52 group A sera, and this agglutination was inhibited by the saliva of group B individuals only. Her cells were not agglutinated by 36 group AB sera.

"Case 29. Mr. H. R. also appeared to be AB β with a normal A antigen and apparently normal anti-B in the serum. His cells were agglutinated by 34 out of 36 group A sera at 16° C. The reactions varied from + to +++ in strength and were inhibited by group B saliva only. His cells were not agglutinated by 25 group AB sera. The reactions in this case were stronger than in the preceding one."

Dr. Stratton and Dr. Renton have kindly allowed us to quote further details about their patients. Mrs. B. L., aged 76 (in 1956), was suffering from a strangulated femoral hernia; one son was A β , the other appeared to be O, but his sample was infected and the results were not considered finally conclusive. Mr. H. R. died in 1956, aged 59; in 1946 he had carcinoma of the colon, and in 1956 a leg was amputated for gangrene; two brothers and a sister were group O and his wife and child were group B.

The A antigen is known to be affected by blood disease; this was demonstrated by van Loghem, Dorfmeier, and van der Hart (1957) and proved by Stratton, Renton, and Hancock (1958). The two patients so far reported were group A, but their red cells lost the faculty of being agglutinated by α . Such damage to an existing antigen seems easier to understand than does the acquisition, which we are describing, of a new one. It is striking that the acquired antigen should mimic that produced by the allele B, though had it not done so it would probably have escaped notice.

The acquisition of a B-like antigen by people of group A may be associated with age or disease or both. If the change could be brought about by disease alone it should have been recognized before in younger patients; the change certainly cannot happen to young or middle-aged healthy people, or it would surely have been recognized long ago in blood donors. Five of the seven patients had cancer; this could mean that the acquisition is associated with the disease or some condition secondary to the disease, such as anaemia or abnormalities of the plasma, or it could simply mean that cancer is a very common cause of the blood grouping of old people.

The observations here reported raise a number of questions that only more work may answer. We ought to know whether the change can happen to healthy old people. In any case, many more patients with the B-like antigen will surely be found, and biochemical investigation of the plasma as well as further serological studies may give some clue to the cause of this change.

Summary

Seven examples of blood group A β (β) are described which were peculiar because the red cells were agglutinated by a proportion of β sera. This reaction was inhibited by B and AB secretors saliva but not by

A or O secretors saliva. The β in the serum of the seven patients appeared to be normal. The saliva of three of the patients was tested: two of them were secretors and their saliva contained A and H but not B.

The absence of group O persons amongst the seven patients is highly significant.

Evidence is produced that the B-like antigen is not inherited but is an acquired character. The acquisition may be connected with old age or illness or both.

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A WEAK B ANTIGEN, PROBABLY ACQUIRED

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Variants of the B blood-group antigen are very much rarer than variants of A, and there are no clear-cut subgroups of B corresponding to A β and A γ . Race and Sanger (1958) reviewed the few cases mentioned in the literature, and Cameron *et al.* (1959) have, since the present investigation was completed, given an account of several cases which appear similar to the one here described; we are indebted to them for allowing us to read their paper before publication.

The patient, a married woman aged 57, was admitted to the Royal Sussex County Hospital in April, 1958, suffering from carcinoma of the colon, with liver metastases. She was initially grouped as A and transfused with group A blood without ill effects. When further transfusion was needed a new test appeared to show that the patient's group was AB. It